

ADAPTIVE RECREATION



Spring
2024



LOUDOUN COUNTY DEPARTMENT OF PARKS, RECREATION & COMMUNITY SERVICES

If you require a reasonable accommodation for any type of disability or need language assistance to participate, please contact adaptrec@loudoun.gov, 703-777-0343, TTY-711. At least three business days of advance notice is requested; some accommodations may require more than three days of notice.

PARTICIPANT CODE OF CONDUCT

- **BE RESPECTFUL TO PEERS, STAFF, VOLUNTEERS AND PUBLIC.**
- **LISTEN AND FOLLOW ALL DIRECTIONS FROM STAFF AND VOLUNTEERS.**
- **STAY WITH YOUR ASSIGNED GROUP AND LEADER.**
- **KEEP HANDS AND FEET TO SELF.**
- **USE FRIENDLY LANGUAGE AND TONES OF VOICE.**
- **USE EQUIPMENT AND SUPPLIES APPROPRIATELY.**

NOTICE

It is the goal of the Adaptive Recreation program for all participants to have an opportunity for a safe and enjoyable experience. Failure to follow the code of conduct may result in verbal/written warnings, suspension or removal from future activities and programs. At any time, should Adaptive Recreation staff be concerned that a program or activity is not in the participant's best interest or well-being, staff will contact the participant and/or caregiver to discuss available options.

PROGRAM LEVELS

LEVEL 1



Participants with mild disabilities

No assistance managing any terrain.
Can maintain their own personal hygiene without assistance.
Can follow multiple step instructions.
Able to convey feelings, desires and emotions.

LEVEL 2



Participants with moderate disabilities

No assistance with level surfaces.
Can maintain their own personal hygiene with verbal cues.
Can follow single step instructions.
Able to convey feelings, desires and needs with picture cues or ASL.

LEVEL 3



Participants with severe disabilities

Assistance or self propelled device.
Personal hygiene with some assistance.
Can follow instructions with assistance.
Able to convey feelings, desires and needs with picture cues or ASL.

LEVEL 4



Participants who are medically fragile

Full assistance and/or self propelled device.
Personal hygiene with full assistance.
Limited comprehension.
Able to convey feelings, desires and needs with full assistance.

FINANCIAL SUPPORT FOR PROGRAM PARTICIPANTS

For qualifying families financial support may be available in order to help with program participation. Limited scholarships are available from the Friends of Adaptive Recreation (FAR) Advisory Board as well as other County entities.

ADVISORY BOARDS



"Supporting individuals in their pursuit of Fun, Adventure & Recreation!"

FRIENDS OF ADAPTIVE RECREATION, INC. (FAR)

Volunteer board members meet to discuss events, community awareness, fundraising, advocacy and sponsorships. FAR welcomes community involvement. For more information please contact our Program Coordinator,
Maria Auger:
703.771.5013; maria.auger@loudoun.gov



**Special
Olympics**
Virginia

SPECIAL OLYMPICS VIRGINIA LOUDOUN COUNCIL

Area 14 Special Olympics Council meets to provide support in areas of public relations, outreach, volunteer coordination and more. The council is open to and welcomes community involvement. For more information please contact:
christopher.caesar@loudoun.gov



ARTS FOR ALL LOUDOUN BOARD OF DIRECTORS

This volunteer board meets to plan future visual and performing events, workshops, community awareness and fundraising. Arts for All Loudoun strives to promote the creative power of the people. For more information please contact:
Kellie Goossens:
540.338.7973; kellie.goossens@loudoun.gov
www.artsforallloudoun.org

FINANCIAL SUPPORT FOR PROGRAM PARTICIPANTS

For qualifying families financial support may be available in order to help with program participation. Limited scholarships are available from the Friends of Adaptive Recreation (FAR) Advisory Board as well as other County entities.

PARTICIPANT FILE RENEWALS

Please be diligent with the renewal process of your participant files. For safety, it is important that we have the most up-to-date information on all participants. If you register for a program without up-to-date information and updated paperwork, you may not be allowed to participate.

CANCELLATION

Adaptive Recreation Trip refunds shall be processed minus a 25% administrative fee for all trips if the trip slot can be refilled by another participant. Slots not filled by another participant are not refunded. Customers may contact adaptrec@loudoun.gov for details.

If you need to cancel a class/program registration, and you can make the request 15 or more days before the start date, a full refund will be offered. If you cancel a class/program registration 14 or fewer days before the start date, a 50% refund will be offered. Cancellation requests must be submitted in writing. The request should be sent by email to Maria.Auger@loudoun.gov

Adaptive Recreation Overnight Trips: there are no refunds, although a refund minus an 25% administrative fee may be issued if the spot is resold. If a participant needs to forward a spot for medical reasons, please call 571-258-3050 or 571-258-3051 at least one week prior to trip.

LATE FEES

In an effort to provide quality customer service and efficiency, please note that a \$15 per participant late fee will be assessed every for every 15 minute time frame after the designated pick up time.

HOW^{to} REGISTER

using

PRCS
connect

- 1 Go to loudoun.gov/PRCSconnect
- 2 Log in with your username and password or create an account
- 3 On the upper left click "Search" and select "Activity Search"
- 4 Find your activity number, type the six-digit number in the Search/Activity Number box, or search by activity type and click "Search" at the bottom of the screen
- 5 Click on the "Add to Cart" squares for each session you wish to register for
- 6 Click on "Add to Cart" again at the bottom left of your screen
- 7 Select participating family member(s) and then click "Continue"
- 8 Answer any applicable program specific questions and agree to the "Notice to Participants" then click continue
- 9 Click on "Proceed to Checkout"
- 10 Click "Continue" to initiate the payment authorization process and generate a confirmation receipt

**ADAPTIVE
RECREATION**

Please Note: New Registration time of
6:30 am



SPARE TIME BOWLING

FRIDAYS

((Ages 16 & up, All levels) Relax on a Friday afternoon bowling! This program teaches the basics of the game, promotes socialization and community awareness. If you work at ECHO and need transportation to bowling on Friday, please report request while registering. The bus departs at 2:15pm from ECHO on Fridays. No transportation provided AFTER bowling unless registered for Movie Madness. The bus will depart between 5:00 pm & 5:15 pm for Movie Madness. Participants not registered for Movie Madness must be picked up at the bowling alley.

Location: The Bowlero Bowling Alley

341710-01 \$40 F 3/15 2:30pm-5:00pm

341710-02 \$40 F 3/29 2:30pm-5:00pm

341710-03 \$40 F 4/12 2:30pm-5:00pm

341710-04 \$40 F 4/26 2:30pm-5:00pm

341710-05 \$40 F 5/10 2:30pm-5:00pm

341710-06 \$40 F 5/24 2:30pm-5:00pm





MOVIE MADNESS

FRIDAYS

(Ages 16 & up, Levels 1, 2,3) Join us for a movie night! Before the show enjoy dinner with great friends! Movies will be decided closer to the date of the showing. Dinner will be provided. Movies & dinner will be indoors in the program room, If the weather permits, we may move outdoors.

Location:

742 Miller Drive Leesburg, VA 20177

341713-01 \$45 F 3/15 5:30pm-9:00pm

341713-02 \$45 F 3/29 5:30pm-9:00pm

341713-03 \$45 F 4/12 5:30pm-9:00pm

341713-04 \$45 F 4/26 5:30pm-9:00pm

341713-05 \$45 F 5/10 5:30pm-9:00pm

341713-06 \$45 F 5/24 5:30pm-9:00pm



COOKING CLASS

THURSDAYS

(Ages 16 & up, All levels) Get Inspired with the delights of a classic French meal. One of the most loved cuisines from around the world. Your meal will be a real crowd pleaser. Bon Appetit!

Location:

**742 Miller Drive Leesburg, VA 20177
341762-01**

\$95 Th 5/09 – 5/23 4:30pm-6:30pm



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FOLLOW THE YELLOW BRICK ROAD

(Ages 16 & up, Levels 1, 2) Come with us on a journey down the yellow brick road. When a tornado rips through Kansas, Dorothy and her dog, Toto, are whisked away in their house to the magical land of Oz. They follow the Yellow Brick Road toward the Emerald City to meet the Wizard, and in route they meet a Scarecrow that needs a brain, a Tin Man missing a heart, and a Cowardly Lion who wants courage. We will begin the evening with dinner in the private room at Magnolias and then head to Franklin Park Arts Center for the Davinci Arts Showcase and then we will get whisked away to the magical land of Oz. Please wear "Dressy Casual" clothing. Dinner is included. Bring money for souvenirs if you wish.

Depart/Return:

742 Miller Drive Leesburg, VA 20177

341729-01 \$95 Sa 3/9 3:30pm-10:00pm





RED MOOSE CABOOSE

(Ages 18 & up, Levels 1 & 2) Join us for a day & night full of history and excitement on the Strasburg Railroad. We will begin our trip with a unique dining car ride through the beautiful Amish country. Next, we will make our way to the iconic Red Caboose Inn and spend the night in the picturesque train car motel. All meals are included in this overnight trip. Bring money for souvenirs if you wish.

Depart/Return:

742 Miller Drive Leesburg, VA

341716-01 \$250 Sa-Su 3/23 9:30am-2:30pm

******Note this is overnight.**

SIP & SHARE SOCIAL

SIP & SHARE SOCIAL

(All Ages, All Levels) We would like to extend a cordial invitation to a Tea Party. Fine teas will be brewed, and delicate finger sandwiches shall be enjoyed. We will end our social with macaroon decorating. Bring money for extra macaroons if you wish.

Depart/Return:

742 Miller Drive Leesburg, VA 20177

341712-01 \$75 Sa 4/06 12:00pm – 5:00pm



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WILD & WOOLY

(All Ages, Levels 1,2) Join us for an amazing experience and hundreds of exciting new exotic animal friends at Catoctin Zoo's 50-acre park. We will also enjoy tortoise & parakeet feeding. Lunch will be provided. Bring money for souvenirs if you wish.

Depart/Return:

742 Miller Drive Leesburg, VA 20177

341711-01 \$80 Sa 4/13 10:00am – 5:00pm

CAVERNS & CHIP TOUR

(All Ages, Level 1) Take a tour with us through Virginia's Most Unique and Beautiful Caverns! It took millions of years to create this natural attraction. And now you can experience the beauty with friends. After the caverns we will take a behind the scenes tour of the Route 11 potato chip factory to see how potato chips are made and we may even get to taste a few. Lunch will be provided. Bring money for souvenirs if you wish.

Depart/Return:

742 Miller Drive Leesburg, VA

341720-01 \$75 Sa 5/4 9:00am – 5:00pm



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PUTT MANIA

(All Ages, All Levels) Fun for everyone come enjoy the day with 18-hole Miniature Golf Course at Lighthouse Pointe which features fountains, moguls, and stone traps, and then enjoy the batting cages. Lunch included at the venue.

Depart/Return:

742 Miller Drive Leesburg, VA

341718-01 \$65

Sa 5/18 10:00am- 3:00pm



**ADAPTIVE
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TEEN LOUNGE

SATURDAYS

(Ages 9-16, All Levels) Are you ready to relax in the new Teen Lounge at Douglass Community Center? Come socialize, play games, and more with your friends. Lunch will be provided.



Location: Douglass Community Center

**Sa 11:00am-4:00pm 03/2 \$75
341701-01**

**Sa 11:00am-4:00pm 04/20 \$75
341701-02**

**Sa 11:00am-4:00pm 05/25 \$75
341701-03**



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