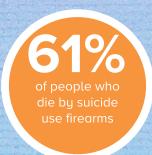
## Lock Meds. Lock Guns. Talk Safety.





Lock it up: Prevent suicides by restricting access to firearms and poisons.

Get free cable and trigger locks and locking pill bottles.

Talk it out: Learn how to have tough conversations about suicide and mental health that can help save lives.

Attend free Mental Health First Aid and REVIVE! opioid overdose education workshops.

To get locks for medications/firearms, or to sign up for workshops: call 703-737-8449 or email prevention@loudoun.gov

If you, or someone you know, is experiencing a mental health crisis:

- Call the Loudoun County Department of Mental Health, Substance Abuse and Developmental Services' Emergency Services 24/7 at 703-777-0320
- Contact the PRS CrisisLink Hotline at 1-800-273-TALK or text CONNECT to 85511
- In an emergency, call 911 and ask for a Crisis Intervention Team deputy or officer







## **Medication Storage Safety**

- Secure your prescription and over the counter medications (use locking pill bottles or lock boxes)
- Keep an inventory of all medications
- Properly dispose of unused, unwanted, or expired medications
- Take medications strictly as directed
- Talk to your children about the dangers of overdose and prescription drug abuse

## **Firearm Storage Safety**

- Keep firearms locked (use cable and trigger locks)
- Keep firearms unloaded when not in use
- Store ammunition separately from firearms
- Keep the muzzle pointed in a safe direction
- Keep your finger off the trigger
- Treat every firearm as if it were loaded
- Keep out of reach of children





