

CLAUDE MOORE



PARK

Visitor Center & Discovery Room

21544 Old Vestals Gap Road
Sterling, Virginia 20164

571-258-3700

www.loudoun.gov/claudemoorespark

Hours of Operation

Grounds: Daily 7 AM to Sunset

Visitor Center & Discovery Room: Daily 9 AM - 5 PM

Park and Facilities Closed Christmas and Thanksgiving



Backyard Naturalist



Field Guide

Nature is all around us,
even in your own backyard
or a nearby park!

Explore the spaces around
you and look for birds,
mammals, bugs, and even
reptiles and amphibians.

See how many of these
creatures you can find.

You've probably heard...

The Daddy Longlegs is the most venomous spider in the world, but it's mouth is too small to break human skin.

This is completely false!

The truth is...

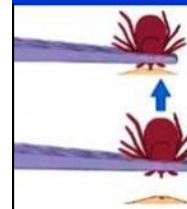
The Daddy Longlegs, or Harvestmen has no venom at all. In fact, they aren't even spiders! They are more closely related to scorpions, and are completely harmless. Most Harvestmen are actually scavengers, and will eat small bugs, plants, fungi, or fecal matter.

Tick ID Card

Actual Size Comparison



Tick Removal Tips



- ❑ Remove as quickly as possible.
- ❑ Use tweezers to grasp the head close to the skin.
- ❑ Pull gently.
- ❑ Use soap and water, or antiseptic on the bite.

...preventing tick bites

- ❑ Use a repellent containing no more than 30 percent DEET.
- ❑ Use repellents that contain permethrin on clothing.
- ❑ See your healthcare provider if you have symptoms of fever, rash, body aches or fatigue after a tick bite.

Insects & Arachnids



Wolf Spider



Cicada



Monarch Butterfly



Cave Cricket



Daddy Longlegs



Stink Bug



Praying Mantis



Honey Bee

Before you go out:

- ♦ Always go with a buddy.
- ♦ Apply bug repellent and sunscreen.
- ♦ Stay on the path. Ticks and biting bugs love tall grass.

Be kind to nature:

- ♦ Don't pick flowers or berries. These are food for wildlife, and in some places it is illegal to remove natural resources.
- ♦ View animals from a distance. If you try to grab them, they can get scared and try to protect themselves, usually by biting.
- ♦ Do not feed the wildlife. Human food will make them sick. They may also attack people if they are associated with food.
- ♦ Be sure to throw away any trash in the garbage. Remember: Leave only footsteps, take only memories.

Always check for ticks after any time you have been outdoors, even on cut grass.

Mammals



Chipmunk



Gray Squirrel



Raccoon



Red Fox



White-tailed Deer



Field Mouse



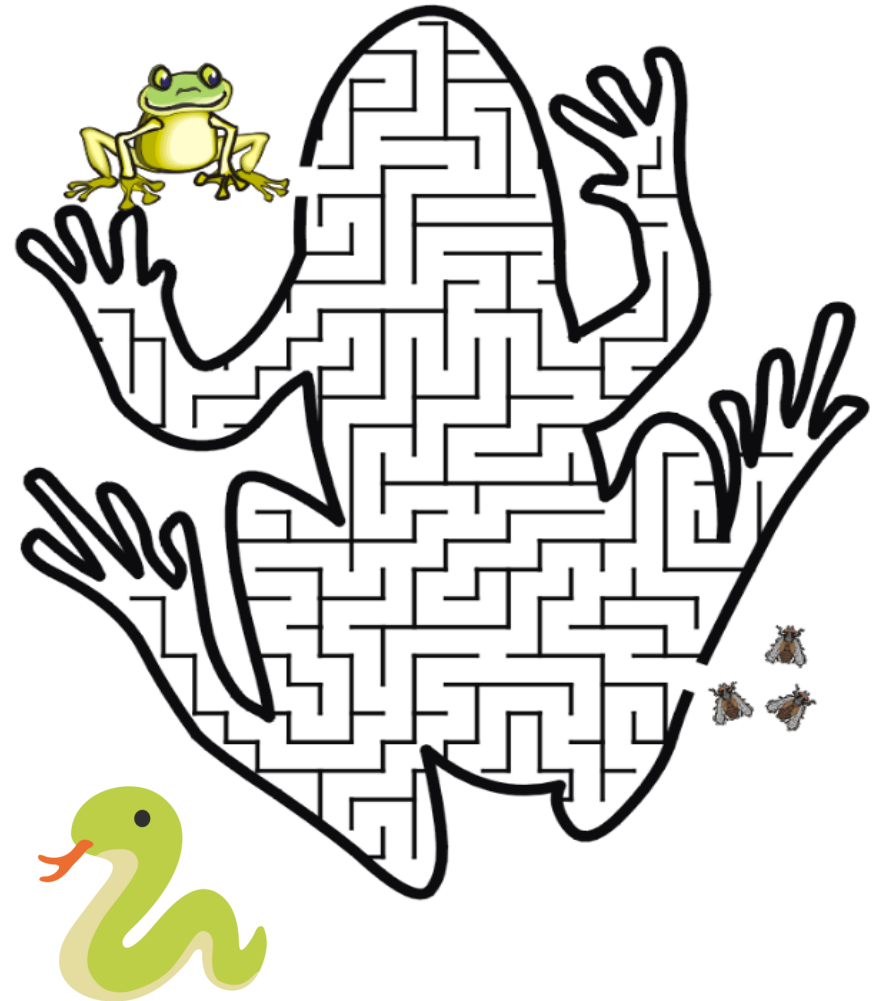
Virginia Opossum



Skunk

Frog Maze Fun!

This Frog is hungry! Can you help him find his food?



Many people are scared of snakes, but they are a very important part of our ecosystem. Snakes eat rodents that are often blood meals for ticks.

If there were no snakes, there would be many more ticks that would find you tasty!

Reptiles & Amphibians



Tree Frog



Red Cornsnake



Box Turtle



Green Frog



Eastern Ratsnake



Five-lined Skink



Spotted Salamander



Painted Turtle

Animal tracks can help you to figure out what has been in the area.

Can you find any tracks? Who do they belong to?



Birds



Crow



Cardinal



Red-shouldered Hawk



Chickadee



Sparrow



Blue Jay



American Robin



Downy Woodpecker

Make your own Pinecone Bird Feeder

1. Choose a pinecone that you like.
You can also use a cardboard tube.
2. Tie a 2' piece of yarn or string
securely to your pinecone.
3. Using a plastic knife, carefully spread
shortening or peanut butter all over the
pinecone. Try to coat all of the crevices.



4. Place your pinecone in
birdseed and roll to coat.

5. Hang your bird feeder on a
tree branch, and enjoy!

