Take time to become an even stronger dad.

Register <mark>ear</mark>ly!

Space is limited!



NATIONAL FATHERHOOD INITIATIVE®

A free 12-week program VIRTUAL Meetings | Weekly | 6 - 8:00 p.m.

Upcoming sessions:

April 16, 2024 - June 25, 2024 (Tuesdays) July 9, 2024 - September 24, 2024 (Tuesdays) October 8, 2024 - December 17, 2024 (Tuesdays)

Build your skills to become an even stronger dad.

"Twelve weeks and what an incredible experience! I learned so much from a phenomenal group of instructors and a great group of dads. It was truly an enlightening experience that I highly recommend to any dad no matter their situation. It's free, you have nothing to lose, and I promise you have so much to gain." ~ Shannon

"During a time when I needed it most, this class helped me put in perspective the most important responsibility I would ever have, being the best father ever. The class and the other fathers showed me the importance of not just showing up as a father but the importance of being present in my children's life. The class really taught me the most cherished and valuable things in life are the legacies I leave with my children." ~ Rick

"I would highly recommend this group to all fathers. It doesn't matter if you think you have it all together or if you are struggling under what feels like unbearable stress. The topics are relevant and the knowledge gained from learning new skills and a bit of self-reflection is worth the time spent." - Eric

Register now at <u>bit.ly/loudounfathers</u> **Questions? Email luther.miller@loudoun.gov** Or call 703-737-8188

If you require an accommodation to participate in this program, contact the department at 703-737-8237. Three days' notice is requested.



