Claude Moore May 2024 Drop-In Gym Schedule

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
GYM A	GYM В	GYM A	GYM В	GYM A	GYM В	GYM A	GYM В	GYM A	GYM В	GYM A	GYM В	GYM A	GYM B
Pickleball 8am-11am	ODEN	Pickleball 5am-9:45am Cancelled 5/27 Fitness Class 10am-11am No class 5/27 Pickleball 11am-1pm	OPEN GYM	Pickleball 5am-1pm	OPEN GYM	Pickleball 5am-9:45am Fitness Class 10am-11am Pickleball 11am-1pm	OPEN GYM	Pickleball 5am-1pm	OPEN GYM	Pickleball 5am-10am Cancelled 5/3 Pickleball Play & Learn 10am-11am Cancelled 5/3 Pickleball for Beginners 11am-1pm Cancelled 5/3	OPEN	OPEN GYM Family Play 11am-1pm	
OPEN GYM	OPEN GYM	Program 5pm-6pm Ends 5/20 OPEN GYM		Program 4pm- 6:15pm Ends 5/21 OPEN GYM		OPEN GYM NEW! Pickleball 7pm-9pm		OPEN GYM		OPEN GYM Closed until 4pm on 5/3	GYM Closed until 4pm on 5/3	OPEN GYM	

** Please note up to 15 minutes may be required for setting up and breaking down equipement for scheduled programs**



LOUDOUN COUNTY DEPARTMENT OF PARKS, RECREATION & COMMUNITY SERVICES

If you require a reasonable accommodation for any type of disability or need language assistance to participate, please contact adaptrec@loudoun.gov, 703-777-0343, TTY-711. At least three business days of advance notice is requested; some accommodations may require more than three days of notice.

Full Court Closure, Friday, May 3 | 8:00am-3:30pm | No Pickleball
Spring Pass Sale May 13 - June 10
Memorial Day, Monday, May 27 | Holiday Hours 11:00am-6:00pm
Annual Shutdown May 28 - June 9 | Facility Closed

- CMRCC staff reserves the right to stop full court games at any time.
- Dunking or hanging on the rims is not permitted.
- Any children aged 11 or under must be supervised by a parent or guardian 16 years or older.
- Basketballs are provided at the front desk for those needing one and should be returned after play.
- Schedule is subject to change at any time. New schedules will be posted monthly.
- Organized team practices or any unauthorized coaching/lessons are not permitted with the exception of private rentals or recreation programs.

Open Gym - During open gym, patrons of all ages are welcome to use the gym to play basketball under the following stipulations: open gym is first-come, first-served, children aged 11 and under must be supervised by a parent or guardian 16 years or older, full court games are permitted at the discretion of management. Dunking or hanging on the rims is not permitted. All participants must pay the daily admission fee or have active passes. Players must abide by facility rules and respect CMRCC staff members.

Family Play (Parents with kids under the age of 12) - Gym is open for general use to families with younger children. Families may request to have the hoops lowered at the front desk. Basketballs are provided at the front desk if needed.

Pickleball - Players of all ages and skill levels are welcome. 3 courts will be open for play, a limited number of paddles and balls provided. All participants must pay the daily admission fee or have active passes. Players must abide by facility rules and respect CMRCC staff members.

Pickleball Play & Learn (Ages 16+) - If you are a beginner and just learning how to play pickleball, come join our instructor Kekee as she offers suggestions and guidance about the basic rules and movements of the game. Participants should pick up a Class Entrance Card from the front desk. (Max Capacity 12)

Fitness Class - Gentle Low Impact is a group fitness class focused on strength and mobility for those looking for a gentler workout routine. All participants must pay the daily admission fee or have active passes. Participants should pick up a Class Entrance Card from the front desk. (Max Capacity 20)

Programs - Reserved for seasonal recreational programs and individual lessons. Please see the front desk or Activity Guide online at www.loudoun.gov/PRCSconnect for current list of program activities available. Separate fees apply.

All programs listed above are open to active passholders and those who pay the daily admission fee for entry with the exception of those enrolled in recreation programs. Any disruptive, aggressive, or confrontational behavior will not be tolerated and may result in removal from the facility.

CMRCC staff reserves the right to cancel programs due to inappropriate behavior, unsportsmanlike conduct etc.

All participants are expected to follow facility rules, and inclusion for everyone is a must.

Participants MAY NOT exclude another player based on skill or age.

Please seek out a CMRCC Manager-On-Duty if you believe a player has not met the above-listed requirements.