

ADAPTIVE
RECREATION'S
GOT TALENT!
pg. 12



ADAPTIVE RECREATION

FALL 2021

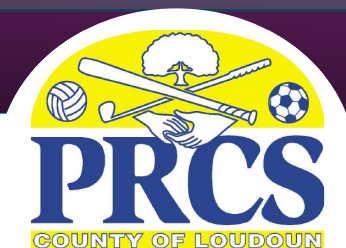


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COVID-19 NOTICE

All programs will be conducted in accordance with guidelines from the Centers for Disease Control and Prevention, Virginia Department of Health and Loudoun County Health Department. Due to uncertainties stemming from the pandemic, programs and services may require changes or modifications, including location, schedule, participant numbers and fees.

For the safety of participants and staff we will be implementing social distancing and require face masks.



THE ADAPTIVE RECREATION PROGRAM of Loudoun County Parks, Recreation and Community Services provides a variety of recreation and leisure opportunities for individuals of all abilities and skill levels.

PROGRAM LEVELS

LEVEL 1



Participants with mild disabilities

No assistance managing any terrain.
Can maintain their own personal hygiene without assistance.
Can follow multiple step instructions.
Able to convey feelings, desires and emotions.

LEVEL 2



Participants with moderate disabilities

No assistance with level surfaces.
Can maintain their own personal hygiene with verbal cues.
Can follow single step instructions.
Able to convey feelings, desires and needs with picture cues or ASL.

LEVEL 3



Participants with severe disabilities

Assistance or self propelled device.
Personal hygiene with some assistance.
Can follow instructions with assistance.
Able to convey feelings, desires and needs with picture cues or ASL.

LEVEL 4



Participants who are medically fragile

Full assistance and/or self propelled device.
Personal hygiene with full assistance.
Limited comprehension.
Able to convey feelings, desires and needs with full assistance.

WHY PROGRAM LEVELS?

The safety and well being of our participants is paramount and we want them to get the most out of every activity offered.

A participant may start our programs at a certain level but over time their life skills, mobility, and cognitive abilities may change.

We assign levels to our activities based on research and experience.

Please contact us if you have any questions about your participant.



PARTICIPANT CODE OF CONDUCT

Be respectful to peers, staff, volunteers and public.

Listen and follow all directions from staff and volunteers.

Stay with your assigned group and leader.

Keep hands and feet to self.

Use friendly language and tones of voice.

Use equipment and supplies appropriately.

NOTICE

It is the goal of the Adaptive Recreation program for all participants to have an opportunity for a safe and enjoyable experience. Failure to follow the code of conduct may result in verbal/written warnings, suspension or removal from future activities and programs. At any time, should Adaptive Recreation staff be concerned that a program or activity is not in the participant's best interest or well-being, staff will contact the participant and/or caregiver to discuss available options.

PROGRAM OUTLINE

PROGRAM VISION

To provide individuals of all abilities with opportunities to choose participation in leisure programs, which may enhance their quality of life and foster respect for and acceptance of diversity within the community.

PROGRAM MISSION

Our mission is to provide a safe, nurturing and fun environment for individuals of all abilities. We strive to create opportunities that foster individual growth and success; building partnerships with participants, families and the community for new, innovative, successful and inclusive opportunities.

PROGRAM IMPLEMENTATION

Adaptive Recreation staff categorize all activities by skill level in an effort to provide safe and successful activities for all participants, staff and volunteers. In order to maintain safety and success, we ask you to carefully consider your participants' needs.

ADAPTIVE RECREATION CONTACT

MARIA AUGER

Program Coordinator
Adaptive Recreation
703.771.5013
maria.auger@loudoun.gov

AMY BARKER

Program Specialist
Summer Camp, Aquatics
703.771.5010
amy.barker@loudoun.gov

CHRISTOPHER CAESAR

Program Specialist
Special Olympics
703.771.0438
christopher.caesar@loudoun.gov

MEGAN MCCULLOUGH

Inclusion Specialist
Adaptive Recreation
571.258.3488
megan.mccullough@loudoun.gov

MICHELLE WAUGH

Program Specialist
Arts for All Loudoun
703.737.8837
michelle.waugh@loudoun.gov

MODIFICATIONS

If you require a reasonable modification for any type of disability in order to participate in PRCS Adaptive Recreation activities, please contact
Maria Auger: 703.771.5013; maria.auger@loudoun.gov

ADVISORY BOARDS



FRIENDS OF ADAPTIVE RECREATION, INC. (FAR)

Volunteer board members meet to discuss events, community awareness, fundraising, advocacy and sponsorships. FAR welcomes community involvement. For more information please contact our Program Coordinator,
Maria Auger:
703.771.5013; maria.auger@loudoun.gov



**Special
Olympics**
Virginia

SPECIAL OLYMPICS VIRGINIA LOUDOUN COUNCIL

Area 14 Special Olympics Council meets to provide support in areas of public relations, outreach, volunteer coordination and more. The council is open to and welcomes community involvement. For more information please contact:
christopher.caesar@loudoun.gov



ARTS FOR ALL LOUDOUN BOARD OF DIRECTORS

This volunteer board meets to plan future visual and performing events, workshops, community awareness and fundraising. Arts for All Loudoun strives to promote the creative power of the people. For more information please
contact:
Kellie Goossens:
540.338.7973; kellie.goossens@loudoun.gov
www.artsforallloudoun.org

FINANCIAL SUPPORT FOR PROGRAM PARTICIPANTS

For qualifying families financial support may be available in order to help with program participation. Limited scholarships are available from the Friends of Adaptive Recreation (FAR) Advisory Board as well as other County entities.

PROGRAM REGISTRATION OPTIONS:

IN PERSON at PRCS Leesburg Office:
742 Miller Drive SE
Leesburg, VA 20175

ONLINE with WebTrac:
www.loudoun.gov/webtrac

WEBTRAC INSTRUCTIONS

- 1 GO TO:
WWW.LOUDOUN.GOV/WEBTRAC
- 2 LOG IN WITH YOUR USERNAME AND
PASSWORD
- 3 ON THE UPPER LEFT CLICK "SEARCH"
AND SELECT "ACTIVITY
ENROLLMENT"
- 4 FIND YOUR ACTIVITY# AND TYPE IN
THE SIX-DIGIT# IN ACTIVITY NUMBER
BOX WITH SECTION "01"
- 5 ADD THE ACTIVITY TO YOUR CART AND
SELECT PARTICIPATING FAMILY MEMBER
- 6 PROCEED TO CHECKOUT PAGE
AND PAY THE FULL OR THE MINIMUM
BALANCE SHOWN
- 7 SUBMIT PAYMENT AND COLLECT
RECEIPT
- 8 YOU WILL RECEIVE A RECEIPT
THROUGH E-MAIL

FILES, CANCELLATIONS LATE FEES

PARTICIPATION FILE RENEWALS

Please continue to be diligent with the renewal process of your participant files. It is imperative for the safety of all that we maintain current information on all participants. When you receive a packet in the mail or email please complete and return all required information.
If you register for a program without updated forms you may not be allowed to participate in Adaptive Recreation activities until your file is updated with current paperwork.

UPDATE HOUSEHOLD & PARTICIPANT INFORMATION

Adaptive Recreation now has completely digital forms for participant use. Use links below to update participant forms and household information:
<https://lfportal.loudoun.gov/Forms/adaptiverecadultform>
<https://webtrac.loudoun.gov/wbWSC/webtrac.wsc/splash.html>

CANCELLATION AND REFUND POLICY

If you cancel a class 15 or more days before the start date, a full refund, minus a 15% administrative fee (maximum of \$15) will be offered. If you cancel an activity 14 or fewer days before the start date a refund of 50% will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email to the Program Coordinator, Maria Auger.

LATE FEES

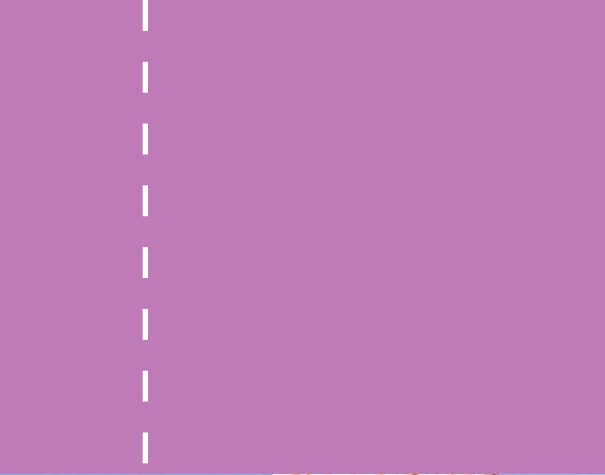
In an effort to provide quality customer service and efficiency, please note that a \$15 per participant late fee will be assessed for every fifteen minute time frame after the designated pick up time.
EXAMPLE: If pick up time is at 6:00pm and the participant is picked up between 6:01pm and 6:15pm a fee of \$15 will be assessed; between 6:16pm and 6:30pm a fee of \$30 will be assessed and so forth.

TRANSPORTATION

Space is limited! Transportation is handled on a "First come-First served" basis.

REGISTRATION DATES

Loudoun County Parks and Recreation Winter programs registration begins on August 13.



DINNER & THE MOVIES FRIDAYS

(16+, Levels 1,2,3) Join us for a movie night!
Before the show enjoy dinner with great friends!
Restaurant is TBA and Movies at the theater will be decided closer to the date of the showing. Please bring money for dinner and snacks at the theater.

September 24	Activity # 141731-01
October 22	Activity # 141731-02
November 19	Activity # 141731-03

Drop Off:	5:30pm at Leesburg Office
Pick Up:	9:00pm at Leesburg Office
Fee:	\$30

DINNER & AN OUTDOOR MOVIE FRIDAYS

(16+, Levels 1,2,3) Join us for a movie night!
Before the show enjoy dinner with great friends!
Movies will be decided closer to the date of the showing. Dinner will be provided and served in the program room with social distancing.

September 10	Activity # 141730-01
October 8	Activity # 141730-02
November 5	Activity # 141730-03

Drop Off:	5:30pm at Leesburg Office
Pick Up:	9:00pm at Leesburg Office
Fee:	\$40



SPARE TIME BOWLING FRIDAYS

(16+, All Levels) Relax on a Friday afternoon with bowling! This program teaches the basics of the game, promotes socialization and community awareness. If you work at ECHO and need transportation to bowling on Friday, please report request while registering.

September 10	Activity # 141710-01
September 24	Activity # 141710-02
October 8	Activity # 141710-03
October 22	Activity # 141710-04
November 5	Activity # 141710-05
November 19	Activity # 141710-06

Drop Off:	2:15pm at Leesburg Office
Pick Up:	5:00pm at Leesburg Office

If you work at ECHO and need transportation to bowling on Friday, please report request while registering.
Bus departs at 2:15PM from ECHO on Fridays.

No transportation provided AFTER bowling. Participants must be picked up at the Leesburg Office unless registered for post bowling Dinner & a Movie program.

Fee:	\$30
Specialist:	Michelle Waugh



COOKING CLASSES

LEESBURG OFFICE

THURSDAYS 4:30pm-6:30pm

(Ages 16+, All levels) What's cooking? Come and create your skillet success story! We will be continuing preparing one skillet meals that are easy and delicious.

Fee: \$75

3 sessions

October 14, 21, 28

Activity# 141736-01

Specialist: Michelle Waugh



BUDDY WORKOUT

LEESBURG OFFICE

WEDNESDAYS 4:30pm-5:30pm

(Ages 18+, All levels) Buddy Workout is designed to empower each participant to work out. All workouts will be customized to meet your needs and goals. The workout session will focus on fitness and fun! Come work out alongside your friends!

Fee: \$45

6 sessions

Activity#141752-01

September 15, 22, 29

October 6, 13

Specialist: Chris Caesar





1.

1 APPLE OF MY EYE

(All Ages, All Levels) Join us for An Apple Harvest Festival, 12-acre farm play, animal feeding, live music, food, and fun. Lunch will be provided at the farm.

Dates: Saturdays, September 25
Drop Off: 11:00am at Leesburg Office
Pick Up: 5:00pm at Leesburg Office
Fee: \$65
Activity #: 141734-01
Specialist: Michelle Waugh



2.

2. RAVENWOOD FAIRE

(16+ Level 1 & 2) The Lord and Lady of Ravenwood invite all to share in a time of celebration as we welcome the new season. Ravenwood Faire is a festival celebrating the Medieval era with jousting, food, performers, vendors, music, and more. Bring money for souvenirs if you wish!

Date: Saturday, October 16
Location: Clear Brook, VA
Drop Off: 9:30am at Leesburg Office
Pick Up: 4:30pm at Leesburg Office
Fee: \$75
Activity #: 141733-01
Specialist: Michelle Waugh



3.

DINNER & THE ARTS

(Ages 18+ Level 1,2 & 3) Based on the heartwarming film, **Meet Me in St. Louis** is a rare treasure in the musical theatre canon. The musical includes seven of the best-loved songs from the film. Dinner included.

Date: Sunday, November 21
Location: Riverside Dinner Theater, VA
Drop Off: 10:30am at Leesburg Office
Pick Up: 6:30pm at Leesburg Office
Fee: \$140
Activity #: 141735-01
Specialist: Michelle Waugh



ADAPTIVE RECREATION'S GOT TALENT

(All Ages, All Levels) Do you like to perform? Variety shows are a fun way for participants to express themselves creatively! Rehearsals Saturdays with lunch provided and a final performance will be at Fall Festival, 10/30.

Dates: Saturdays, 9/18, 10/9, 10/23
Location: Leesburg Office
Drop Off: 11:00am at Leesburg Office
Pick Up: 2:30pm at Leesburg Office
Fee: \$85
Activity #: 141716-01
Specialist: Michelle Waugh

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