



## Loudoun County, Virginia

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## NEWS RELEASE

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### **Dr. Ramia Gupta is New Medical Director of Loudoun Mental Health, Substance Abuse & Developmental Services**

Loudoun County announces the appointment of Dr. Ramia Gupta as medical director for the Department of Mental Health, Substance Abuse & Developmental Services (MHSADS). As medical director for MHSADS, Dr. Gupta will plan, organize and manage the medical component of the department's services. Her appointment was effective October 14, 2021.

Dr. Gupta is board-certified in psychiatry and forensic psychiatry and has extensive experience in public sector psychiatry, treating the severely mentally ill and those who are especially vulnerable.



"Dr. Gupta will play a key role in carrying out our mission to promote mental, behavioral, and developmental health and wellness. In her role, she will collaborate with our community partners to connect individuals and their families with services and supportive resources," said MHSADS Director Margaret Graham. "Dr. Gupta will also help our team with initiatives such as the [Crisis Intervention Team Assessment Center](#) and implementation of the [Marcus Alert](#) as prominent examples of such services."

Dr. Gupta holds faculty positions at Saint Elizabeths Hospital Psychiatry Residency and Forensic Psychiatry Fellowship Program, Department of Behavioral Health, Washington, D.C. She has also worked as an attending psychiatrist in both the Pre-Trial and Post Trial units, and the Forensic Outpatient Department. Dr. Gupta was also president of the medical staff at the hospital.

In 2016, the Chief Judge of the Superior Court of the District of Columbia appointed Dr. Gupta to the Commission on Mental Health. This judicial panel makes recommendations of civil commitment to the D.C. Superior Court. Dr. Gupta's advanced forensic training has allowed her to serve as an expert witness and provide witness testimony and forensic expertise in civil and criminal matters, involving the Department of Behavioral Health, the D.C. Superior Court and federal agencies.

Dr. Gupta is also Clinical Assistant Professor of Psychiatry and Behavioral Sciences at the George Washington University School of Medicine and Health Sciences. Additionally, she coordinates an annual mock trial with the Criminal Defense and Prison Advocacy Clinic at the Georgetown University Law Center. Dr. Gupta has also worked as a contract clinical psychiatrist to the Alexandria Community Services Board.

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After completing her undergraduate studies in India, Dr. Gupta furthered her studies in the U.S. She completed a forensic psychiatry fellowship at Georgetown University and a psychiatry residency at Saint Elizabeths Hospital. Dr. Gupta later served as chief resident and supervising and teaching faculty member in the hospital's forensic and civil division. She also completed a forensic psychiatry fellowship at Georgetown University Hospital and a psychoanalytic fellowship at the Baltimore Washington Center for psychoanalysis. She holds medical licenses in Washington, D.C. and Virginia. Dr. Gupta has served in various leadership capacities for the Washington Psychiatric Society and achieved the distinction of Fellow of the American Psychiatric Association.

Through MHSADS, Loudoun County provides services to individuals in the Loudoun community with mental health, substance use or developmental/intellectual disabilities. More information about the department's services is online at [loudoun.gov/mhsads](http://loudoun.gov/mhsads).

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