

spring 2022

ACTIVITY *guide*

LOUDOUN COUNTY DEPARTMENT OF PARKS, RECREATION & COMMUNITY SERVICES

creating
COMMUNITY

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loudoun.gov/prcs

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WHAT'S INSIDE

Events, Classes & Activities: April 1, 2022 - June 30, 2022

General Registration Begins February 11 • Senior Registration Begins February 10

NOTICE:

All programs will be conducted in accordance with guidelines from the Centers for Disease Control and Prevention, Virginia Department of Health and Loudoun County Health Department.

Classes & Activities

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COMMUNITY & RECREATION CENTERS

Across Your County



1. BLUEMONT COMMUNITY CENTER
2. CLAUDE MOORE RECREATION & COMMUNITY CENTER
3. DOUGLASS COMMUNITY CENTER
4. DULLES SOUTH RECREATION & COMMUNITY CENTER
5. LOUDOUN VALLEY COMMUNITY CENTER
6. LOVETTSVILLE COMMUNITY CENTER
7. LUCKETTS COMMUNITY CENTER
8. PHILOMONT COMMUNITY CENTER
9. STERLING COMMUNITY CENTER

General Registration Begins February 11



BLUEMONT COMMUNITY CENTER

33846 Snickersville Pike, Bluemont, VA 20135

540-554-8643

M-F 7:00am-6:30pm

LICENSED CHILDCARE PROGRAMS

CHILDCARE

(Ages 3-5) Looking for the perfect childcare solution? Our full and part-time childcare program provides a safe, healthy learning environment. Our staff is fully trained and implements strategies based on CDC guidelines. Call 540-554-4838 for availability and pricing information.

LICENSED PRESCHOOL

PRESCHOOL CLASSES FOR 2022-23 SCHOOL YEAR

(Ages 2.5-5) Bluemont Community Center offers a nine month preschool program from September-May. Classes are offered for 2.5 through 5 year old children. The State Department of Social Services requires proof of current immunizations, proof of age and a child care application form. Our program follows the National Association for the Education of Young Children's recommended Creative Curriculum Approach to Learning. Call Bluemont Community Center for available openings.

KIDS CLUB

(Ages 5-12) Bluemont Community Center offers a licensed afterschool program. Children can participate in indoor and outdoor activities including arts, games and sports. Children are able to complete their daily homework during dedicated times. Call Bluemont Community Center for available openings and registration information.

PRESCHOOL AGE PROGRAMS

HAPPY BIRTHDAY DR. SEUSS

(Ages 3-5) Let's celebrate by making a craft and a special treat in honor of Dr. Seuss. Bring a lunch and drink. Instructor: Linda Sapp.

306117-01	\$15	W	3/2	12:00pm-1:30pm
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COOKS & BOOKS

(Ages 3.5-5) Love to read as much as you love to cook? Your favorite books come to life through our delectable recipes. Bring a lunch and drink.

306103-01	\$15	F	3/4	12:00pm-1:30pm
306103-02	\$15	F	4/1	12:00pm-1:30pm
306103-03	\$15	F	5/6	12:00pm-1:30pm

AFTER SCHOOL FUN

(Ages 3-5) Extend your child's preschool day for fun activities. Bring a lunch and drink. Instructor: Linda Garcia.

306104-01	\$60	W	3/9-3/30	12:00pm-1:30pm
306104-02	\$45	W	4/6-4/27	12:00pm-1:30pm
306104-03	\$60	W	5/4-5/25	12:00pm-1:30pm

BON-API-TOTS

(Ages 3-5) Learn to follow easy recipes to share with family and friends. Bring a lunch and drink. Instructor: Linda Sapp.

306101-01	\$15	M	3/14	12:00pm-1:30pm
306101-02	\$15	M	3/28	12:00pm-1:30pm
306101-03	\$15	M	4/18	12:00pm-1:30pm
306101-04	\$15	M	5/9	12:00pm-1:30pm
306101-05	\$15	M	5/23	12:00pm-1:30pm

SOCCER, SHOT & GOAL

(Ages 3-5) This class is for the beginner soccer players. The focus will be on basic soccer skills and fundamentals. Bring a water bottle.

306111-01	\$16	M	3/14-3/21	3:30pm-4:30pm
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LITTLE LEPRECHAUNS

(Ages 3-5) Treats will be made by your little leprechauns in honor of St. Patrick's Day. Bring a lunch and drink. Instructor: Linda Sapp.

306108-01	\$15	Th	3/17	12:00pm-1:30pm
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PRESCHOOL FOOTBALL TRAINING CAMP

(Ages 3-5) Young football players will learn safety, throwing, catching, and running skills. Bring a water bottle.

306120-01	\$16	M	4/4-4/11	3:30pm-4:30pm
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HIP HOP HOORAY

(Ages 3-5) Get ready for Easter by painting eggs, playing games, and making springtime crafts. Bring a snack and drink. Instructor: Linda Garcia.

306105-01	\$60	Tu,Th	4/12-4/14	9:00am-12:00pm
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PRESCHOOL BASKETBALL

(Ages 3-5) Young players will develop skills in safety, passing, dribbling, shooting, and running. Bring a water bottle.

306109-01	\$16	M	4/18-4/25	3:30pm-4:30pm
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EARTH DAY PROGRAM

(Ages 3-5) Let's celebrate this day by making special Earth Day treats. Bring a lunch and drink. Instructor: Linda Sapp.

306119-01	\$15	F	4/22	12:00pm-1:30pm
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PRESCHOOL HOCKEY

(Ages 3-5) It's hockey season for preschoolers! The class will focus on basic hockey skills.

306102-01	\$16	M	5/2-5/9	3:30pm-4:30pm
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CINCO DE MAYO COOKIN'

(Ages 3-5) Celebrate Cinco de Mayo Day by making nachos and tacos for lunch. Bring a drink. Instructor: Linda Sapp.

306126-01	\$15	Th	5/5	12:00pm-1:30pm
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SPRING TRAINING TEE BALL

(Ages 3-5) Young baseball players will develop skills in safety, hitting, fielding, throwing, and running. Bring a water bottle.

306107-01	\$16	M	5/16-5/23	3:30pm-4:30pm
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ELEMENTARY AGE PROGRAMS

SCHOOL'S OUT CAMP

(Ages 5-12) Loudoun County Public Schools are closed for a student holiday. Join us at BCC for fun filled activities. Bring a lunch, snack, and drink for the day. Dress appropriately for outdoor play, weather permitting.

306211-01	\$46	M	3/7	7:00am-6:00pm
306211-02	\$46	Tu	5/3	7:00am-6:00pm

C.O.B.R.A SELF DEFENSE

(Ages 5.5-12) Learn the basics of self-protection with C.O.B.R.A Self Defense! Learn good strangers vs. bad strangers, awareness, and communication in this beginner self-defense class. Instructor: Jessica Harden.

306202-01	\$75	M,W	3/7-3/9	4:00pm-5:00pm
306202-02	\$75	M,W	4/4-4/6	4:00pm-5:00pm
306202-03	\$75	M,W	5/2-5/4	4:00pm-5:00pm

DESSERT CHEFS

(Ages 6-11) Let's prepare a special dessert to share with your family. Instructor: Linda Sapp.

306201-01	\$10	Th	3/10	4:00pm-5:00pm
306201-02	\$10	Th	4/7	4:00pm-5:00pm
306201-03	\$10	Th	5/12	4:00pm-5:00pm

IN THE KITCHEN WITH KIM

(Ages 6-10) Learn to make Irish Soda Bread. Each child will leave with their own baked bread. Instructor: Kim Labash.

306244-01	\$10	Th	3/17	4:00pm-5:00pm
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SPRING BREAK CAMP

(Ages 5-12) School is out for spring break. Join us for fun-filled days with games and other activities. Bring a lunch, snack, and drink each day. Call 540-554-8643 for more information.

306217-01	\$192	M-F	4/11-4/15	7:00am-6:00pm
306217-02	\$46	M	4/18	7:00am-6:00pm

ELEMENTARY PAINTING

(Ages 6-11) Want to learn how to paint? These painting lessons will demonstrate how to paint using several different techniques to create art in many different styles.

306215-01	\$16	W	4/20-4/27	4:00pm-5:00pm
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MIDDLE & HIGH SCHOOL PROGRAM**TEENS NIGHT IN**

(Ages 11-15) Hey besties! It's Teens Night In. Get a break from the stresses of school, homework, and home with an evening of friends. Grab your pals and hang at Bluemont Community Center. With lots of activities to offer like baking, games and more, it's bound to be a good time. Each additional child \$5. Instructor: Amanda Barr.

306301-01	\$10	F	3/18	6:30pm-8:30pm
306301-02	\$5	F	3/18	6:30pm-8:30pm
306301-03	\$10	F	4/22	6:30pm-8:30pm
306301-04	\$5	F	4/22	6:30pm-8:30pm
306301-05	\$10	F	5/6	6:30pm-8:30pm
306301-06	\$5	F	5/6	6:30pm-8:30pm

ADULT PROGRAMS**GET FIT WITH LINDA**

(Ages 18 & up) On-going full-body workout year round. Class consists of stretching, weights and cardio, all to great music. First class is free. Instructor: Linda Sapp.

306501-01	\$56	M,W,F	3/2-3/18	8:00am-9:00am
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C.O.B.R.A SELF DEFENSE

(Ages 18 & up) Learn the basics of self-protection with C.O.B.R.A Self Defense! Learn what does and doesn't work, situational awareness, parking lot safety and more with this self-defense class designed for adult women. Instructor: Jessica Harden.

306503-01	\$52	M	3/21	6:00pm-8:00pm
306503-02	\$52	M	4/18	6:00pm-8:00pm
306503-03	\$52	M	5/18	6:00pm-8:00pm

PAINTING WITH ACRYLICS

(Ages 18 & up) Always wanted to learn to paint, but were afraid to enroll in a class? Our program will help get you comfortable with basic painting techniques. Students must provide their own canvas, brushes, and acrylic paints.

306502-01	\$30	W	3/9-3/23	7:00pm-8:30pm
306502-02	\$30	W	4/13-4/27	7:00pm-8:30pm
306502-03	\$30	W	5/11-5/25	7:00pm-8:30pm

MULTI-AGE PROGRAMS**BEGINNER IMPROV**

(Ages 10-13) Do you enjoy being on stage? Do you enjoy comedy? Join BCC in a beginner's improv class. Learn public speaking tips, and quick thinking skills that you can use every day! Instructor: Amanda Barr.

306701-01	\$40	M	3/7-3/28	5:00pm-6:00pm
306701-02	\$30	M	4/4-4/25	5:00pm-6:00pm
306701-03	\$30	M	5/2-5/23	5:00pm-6:00pm

PARENT'S NIGHT OUT

(Ages 3-10) Join us for a fun-filled evening while you treat yourself to some "me" time. We will provide dinner and the fun. Each additional child \$10.

306709-01	\$20	F	3/4	6:00pm-8:30pm
306709-02	\$10	F	3/4	6:00pm-8:30pm
306709-03	\$20	F	4/8	6:00pm-8:30pm
306709-04	\$10	F	4/8	6:00pm-8:30pm
306709-05	\$20	F	5/13	6:00pm-8:30pm
306709-06	\$10	F	5/13	6:00pm-8:30pm

C.O.B.R.A SELF DEFENSE

(Ages 13-18) Learn the basics of self-protection with C.O.B.R.A Self Defense! Learn what does and doesn't work, situational awareness, social media safety and more with this self-defense class catered to teens. Instructor: Jessica Harden.

306704-01	\$95	M,W	3/14-3/16	5:00pm-6:30pm
306704-02	\$95	M,W	4/11-4/13	5:00pm-6:30pm
306704-03	\$95	M,W	5/9-5/11	5:00pm-6:30pm

**DOUGLASS COMMUNITY CENTER**

705 H East Market Street, Leesburg, VA 20176

703-771-5913

www.loudoun.gov/dcc

M-F 8:30am-9:00pm • Sa. 8:00am-4:00pm

PRESCHOOL AGE PROGRAMS**MY FRIST PRESCHOOL ADVENTURE**

(Ages 2.5-3) Join the adventure! Enjoy an exciting, physically active, and well-rounded experience. Enriching activities include story time, music, arts, and crafts.

304100-01	\$90	Tu,Th	3/1-3/31	9:30am-11:00am
304100-02	\$90	Tu,Th	4/5-4/28	9:30am-11:00am
304100-03	\$90	Tu,Th	5/3-5/26	9:30am-11:00am

STEPPING INTO SCHOOL

(Ages 3-4) This program is designed to help children make a successful transition to an independent experience. They develop social skills while exploring the alphabet, games, music, movement, and art with different themes.

304101-01	\$120	M,W,F	3/2-3/30	9:30am-11:00am
304101-02	\$120	M,W,F	4/4-4/29	9:30am-11:00am
304101-03	\$120	M,W,F	5/2-5/27	9:30am-11:00am

ACTIVE PLAYTIME

(Ages 2.5-4) Enjoy free play with balls, cones, hula-hoops, building blocks, tunnels, Imagination Playground blocks and more on your own. There will also be a craft corner with crayons, glue, paper and more. Great time for parents and children to play and socialize.

304103-01	\$20	M	3/14-3/28	3:30pm-5:00pm
304103-02	\$30	M	4/4-4/25	3:30pm-5:00pm
304103-03	\$30	M	5/2-5/23	3:30pm-5:00pm

WACKY WEDNESDAY

(Ages 1.5-3) Wacky Wednesday includes bounce houses, balance beams, riding animals, floor activities, and more. Activities are geared for walking toddlers to preschool age

304106-01	\$10	W	3/9	11:00am-12:30pm
304106-02	\$10	W	3/23	11:00am-12:30pm
304106-03	\$10	W	4/6	11:00am-12:30pm
304106-04	\$10	W	4/20	11:00am-12:30pm
304106-05	\$10	W	5/11	11:00am-12:30pm
304106-06	\$10	W	5/25	11:00am-12:30pm

SQUISHY, MESSY, STICKY ART-PARENT/TOT

(Age 2.5-5) You're going to get messy using slime, paints, play dough, shaving cream and much, much more! Your child will express themselves through finger painting, sponge art and more! Come explore the amazing world of art and leave the clean up to us!

304113-01	\$10	Th	3/10	12:30pm-1:30pm
304113-02	\$10	Th	4/7	12:30pm-1:30pm
304113-03	\$10	Th	5/12	12:30pm-1:30pm

ALL GROWN UP

(Ages 4-5) These 1 hour ballet, tap and jazz classes will be taught in the same wonderful baby ballerina way but will have a few changes to help get us more prepared for the big kid classes. Mommies and daddies will now be completely outside of the room and dress-up is no longer required to help us love dance. we already do! Plus. A show on stage like the big kids! Costume/Recital fee due in March. Leotard or tutu, tights and ballet shoes recommended.

Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

304130-01	\$288	Th	3/3-5/19	12:30pm-1:30pm
304130-02	\$288	F	3/4-5/20	5:30pm-6:30pm

Creative Dance Center, 43130 Amberwood Plaza, Suite 110, South Riding

304130-03	\$288	W	3/2-5/18	3:30pm-4:30pm
304130-04	\$288	F	3/4-5/20	12:30pm-1:30pm
304130-05	\$288	Sa	3/5-5/21	12:30pm-1:30pm

TINY TAP & TUTU

(Ages 2.5-3) Yes. We said tap for a 2-year-old and nothing could be better! Lots of tutu twirling and princess dancing too! Plus. A show on stage like the big kids! Costume/Recital fee due in March. Leotard or tutu, tights and ballet and tap shoes recommended.

Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

304131-01	\$288	Th	3/3-5/19	10:30am-11:15am
304131-02	\$288	F	3/4-5/20	4:30pm-5:15pm

Creative Dance Center, 43130 Amberwood Plaza, Suite 110, South Riding

304131-03	\$288	F	3/4-5/20	10:30am-11:15am
304131-04	\$288	Sa	3/5-5/21	10:30am-11:15am

TWIRLY TAP & JAZZY JAZZ

(Ages 3-4) Let's just do it all!! Ballet, tap and jazz all rolled into one super fun class! Plus, a show on stage like the big kids! Costume/Recital fee due in March. Leotard or tutu, tights and ballet and tap shoes recommended.

Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

304132-01	\$288	Th	3/3-5/19	11:30am-12:15pm
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Creative Dance Center, 43130 Amberwood Plaza, Suite 110, South Riding

304132-02	\$288	F	3/4-5/20	11:30am-12:15pm
304132-03	\$288	Sa	3/5-5/21	11:30am-12:15pm

BABY BALLERINA

(Ages 1.5-2.5) We'll princess parade our way into a world of ballet, one tippy toe

at a time! This action-packed class comes with a nap guarantee! I wonder who is going to have more fun? Mommy or me? Leotard or tutu, tights and ballet shoes recommended.

Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

304133-01	\$288	Th	3/3-5/19	9:30am-10:15am
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Creative Dance Center, 43130 Amberwood Plaza, Suite 110, South Riding

304133-02	\$288	F	3/4-5/20	9:30am-10:15am
304133-03	\$288	Sa	3/5-5/21	9:30am-10:15am

HAPPY BIRTHDAY DR. SEUSS

(Ages 4-7) Happy Birthday Dr. Seuss! Create crafts from Dr. Seuss's books: "Put me in the Zoo", "Green Eggs and Ham", and "The Foot Book". Your child will also prepare their own dinner with a special Dr. Seuss recipe. After dinner we will celebrate with a Birthday cake.

304102-01	\$10	W	3/2	5:00pm-8:00pm
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BUTTERFLY TREE

(Ages 3-4) Butterflies are such a beautiful sight to see. Make a butterfly tree to display in your home for the season.

304107-01	\$8	W	3/16	10:00am-11:00am
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LUCKY GOLD HUNT

(Ages 2-3) Try the Luck of the Irish and join us in a lucky gold hunt. Your child will hunt for gold coins and make a St. Patrick's Day craft. We will also enjoy a St. Patrick's Day treat.

304108-01	\$8	Th	3/17	10:00am-11:00am
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MY FIRST BIRD FEEDER CLASS

(Ages 3-5) Get ready to welcome your spring bird friends. Make bird feeders and a magnet for your refrigerator. Parent participation not required.

304109-01	\$10	F	3/25	12:30pm-1:30pm
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EGG-CELLENT GAMES

(Ages 3-5) Join us as we play games with eggs. Your child will have races with eggs on a spoon, bowl with eggs, and many more egg-citing egg games.

304115-01	\$8	W	3/30	12:30pm-1:30p
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RAINBOW POTS

(Ages 4-7) Let your child express their artistic side and paint pictures of the rainbow on a flowerpot to decorate your patio or flower garden for the season. Parent participation not required.

304118-01	\$12	F	4/22	3:30pm-4:30pm
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CINCO DE MAYO

(Ages 6-12) Let's celebrate Cinco De Mayo. Your child will make their own dinner and dessert. We will play games and to end the night of fun, we will break open a pinata. Parent participation not required.

304127-01	\$10	Th	5/5	5:00pm-8:00pm
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SPRING FLOWER FUN

(Ages 3-4) Learn about floriculture as we plant flowers for the Spring. Be prepared to get dirty with this hands-on activity. You will also get a flower to take home and plant. Parent participation required.

304116-01	\$8	Tu	5/17	12:30pm-1:30pm
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ELEMENTARY AGE PROGRAMS**JAZZ/HIP HOP - 5 WEEK OR 6 WEEK SESSION**

(Ages 6-10) Dancers learn basic jazz and hip-hop techniques, and a combo to show parents on the last day! Comfortable athletic clothing and sneakers recommended

Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

304214-01	\$120	Sa	3/5-4/9	9:30am-10:30am
304214-02	\$100	Sa	4/23-5/21	9:30am-10:30am

SPRING BREAK FUN

(Ages 5-12) School's Out! Camp is in! And our camp has it all! Activities include

LEGO's, games and puzzles, arts and crafts, video games, and plenty of time to chill with their friends. Please bring a packed lunch, snack, and drinks. Space is limited.

304222-01 \$275 M-F 4/11-4/18 7:30am-6:00pm

SCHOOL'S OUT REVOLUTION

(Ages 5-12) School's Out! Camp is in! And our camp has it all! Activities include LEGO's, games and puzzles, arts and crafts, video games, and plenty of time to chill with their friends. Please bring a packed lunch, snack, and drinks. Space is limited.

304234-01 \$50 M 3/7 7:30am-6:00pm

304234-02 \$50 Tu 5/3 7:30am-6:00pm

CARDBOARD RACE CAR FUN

(Ages 6-9) Let's get creative building a race car from a cardboard box. After making our cars we will race around the room with them. A pizza dinner will be served.

304202-01 \$15 F 5/13 5:00pm-9:00pm

MULTIAGE PROGRAMS

DANCE TEAM STYLE 6 WEEKS SESSIONS

(Ages 11 & up) Dance Team style incorporates elements of jazz, hip hop, leaps and turns in a precision routine. Get some exercise and have fun learning this style in our safe, "no judgement" dance space. Comfortable athletic clothing and clean sneakers recommended.

Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

304213-01 \$120 W 3/2-4/6 7:30pm-8:30pm

304213-02 \$120 W 4/20-5/25 7:30pm-8:30pm

TAP DANCE FOR FUN

(Ages 13 & up) Tap dance is fun for everyone. Whether you're just learning your shuffles and flaps, or you're already doing your Perdiddles and Maxi Fords, we can all Shuffle off to Buffalo! Fun music and fast rhythms help give you a wood workout, too! Comfortable athletic clothing and tap shoes recommended.

Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

304302-01 \$80 Tu 3/1-3/22 7:30pm-8:30pm

304302-02 \$80 Tu 3/29-4/26 7:30pm-8:30pm

304302-03 \$80 Tu 5/3-5/24 7:30pm-8:30pm

BALLET FOR TEENS/ADULTS

(Ages 13 & up) Ballet barre work, center technique, and short combinations are the basis for this Beginner level Ballet class. No prior experience required! Fitted athletic clothing and ballet shoes recommended.

Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

304507-01 \$80 Tu 3/1-3/22 8:00pm-9:00pm

304507-02 \$80 Tu 3/29-4/26 8:00pm-9:00pm

304507-03 \$80 Tu 5/3-5/24 8:00pm-9:00pm

FAIRY HOUSE FOR YOUR

(10 & up) Create a one-of-a-kind Fairy House for your Garden. Do you have a little girl at home that believes in magic? We'll supply the materials, or you can bring your own nature additions. Space in class is limited. Call 703-771-5913 for more information.

304513-01 \$10 Sa 3/12 12:00pm-3:00pm

FAMILY GAME NIGHT

(Age 3 & up) Games are a great way to have fun together while introducing some friendly competition. If you are looking for a night of fun being your family to DCC for game night.

304503-01 \$8 F 3/4 5:00pm-8:00pm

304503-02 \$8 F 4/1 5:00pm-8:00pm

304503-03 \$8 F 5/6 5:00pm-8:00pm

MOTHERSDAYTEAPARTY

(All Ages) Enjoy tea and cookies with mommy for Mother's Day. You and your child will make a craft together. Parent participation required.

304152-01 \$10 Sa 5/7 10:00am-12:00pm



LOUDOUN VALLEY COMMUNITY CENTER

320 West School Street, Purcellville, VA 20132

540-338-4122

www.loudoun.gov/loudounvalleycc

M-Th 7:00am-9:00pm • F 7:00am-6:00pm • Sa 8:00am-4:00pm

LICENSED PROGRAMS

CHILD CARE

(Ages 3-5) Are you looking for a community childcare solution for your family? LVCC offers full- time childcare 7am-6pm five days a week. Our licensed professionals provide a safe, healthy, learning environment that promotes the physical, social, and intellectual growth of children. Healthy breakfasts and snacks provided.

TWO.5 PRESCHOOL

Two.5 Preschool is the perfect first preschool experience for your young beginner! Social skills, music, crafts, sharing, and making new friends are all included in this wonderful toddler program. Children must be 2.5 to enter the program. To register call LVCC at 540-338-4122 or stop by School Street.

PRESCHOOL

(Ages 3-5) Our state-licensed, nine-month preschool program operates September through May and follows the Loudoun County School calendar. Our experienced staff will follow the Creative Curriculum program for the enrichment of your preschool student. Registration is currently available to all.

PRESCHOOL AGE PROGRAMS

If needed, bring a lunch and a water bottle to class. No class 4/11-4/15.

MATH MAGIC

(Ages 4-5) Get ready to have lots of fun and enrichment with numbers and math! We will learn basic math skills including number sense, counting, and addition and subtraction using real life examples!

301101-01 \$36 M 3/14-3/28 12:15pm-1:45pm

301101-02 \$36 M 4/4-4/25 12:15pm-1:45pm

301101-03 \$48 M 5/2-5/23 12:15pm-1:45pm

UNCLE WALT'S FAVORITE STORIES

(Ages 3-5.5) Join Ms. Elizabeth for the classic children's stories you know and love! Uncle Walt's favorites include animal adventures, princesses and kingdoms, and many other interesting characters! Plan on enjoying games, crafts, songs, and some outdoor play too.

301106-01 \$60 Tu 3/1-3/29 12:15pm-1:45pm

301106-02 \$36 Tu 4/5-4/26 12:15pm-1:45pm

301106-03 \$48 Tu 5/3-5/24 12:15pm-1:45pm

WIGGLES & GIGGLES KIDS YOGA

(Ages 3.5-5) This fun-filled program will help your child get moving and grooving through a combination of active-movement songs, games, fitness, stories, and engaging mindfulness activities. We will teach your child powerful tools that will

LATINO

festival



MAY 22
DOUGLASS COMMUNITY CENTER
WWW.LOUDOUN.GOV/DCCFESTIVAL

assist in the building strong physical and social-emotional foundations for years to come.

301108-01	\$60	Tu	3/1-3/29	12:15pm-1:45pm
301108-02	\$36	Tu	4/5-4/26	12:15pm-1:45pm
301108-03	\$48	Tu	5/3-5/24	12:15pm-1:45pm

KALEIDOSCOPE

(Ages 3.5-5) Expand your child's day in the enchanting world of Kaleidoscope! You will explore the world of books and engage in various activities that provide literacy enrichment. Kaleidoscope embraces the treasures of literature that will guide and support your child's creative literacy development.

301105-01	\$60	W	3/2-3/30	12:15pm-1:45pm
301105-02	\$36	W	4/6-4/27	12:15pm-1:45pm
301105-03	\$48	W	5/4-5/25	12:15pm-1:45pm

NATURE NUTS

(Ages 3-5) Children will have fun learning about birds, insects, and weather through stories, crafts, and outdoor adventures! We'll spend part of each class outside exploring the outdoors.

301111-01	\$60	W	3/2-3/30	12:15pm-1:45pm
301111-02	\$36	W	4/6-4/27	12:15pm-1:45pm
301111-03	\$48	W	5/4-5/25	12:15pm-1:45pm

KIDS' FITNESS FUSION

(Ages 3.5-5) This exciting fitness program is designed to help young children develop crucial balance and coordination skills to aid in building a strong foundation for all sports activities! Your child will love developing both small and large motor skills through active play, super fun activities, songs, and action-packed games.

301107-01	\$60	Th	3/3-3/31	12:15pm-1:45pm
301107-02	\$36	Th	4/7-4/28	12:15pm-1:45pm
301107-03	\$48	Th	5/5-5/26	12:15pm-1:45pm

JUST ART

(Ages 3.5-5) Does your child like to paint, draw, and create? Then Just Art is the perfect class for their self-expression! Each day is full of imagination and creation. Drawing, paper cutting, tissue, glue, collage, and so many things to create our masterpieces.

301110-01	\$48	F	3/4-3/25	12:15pm-1:45pm
301110-02	\$48	F	4/1-4/29	12:15pm-1:45pm
301110-03	\$48	F	5/6-5/27	12:15pm-1:45pm

SOCCER DRILLS & SKILLS

(Ages 3.5-5) Join Ms. Kate as we learn soccer basics. Learn foot skills, run drills, develop teamwork and perseverance. In addition to soccer, we will play other games that will help promote hand-eye coordination and sportsmanship. This will be a fast-paced class that will keep us moving and having a blast!

301109-01	\$48	F	3/4-3/25	12:15pm-1:45pm
301109-02	\$48	F	4/1-4/29	12:15pm-1:45pm
301109-03	\$48	F	5/6-5/27	12:15pm-1:45pm

SCHOOL'S OUT CHILD CARE PROGRAMS

SCHOOL'S OUT CAMP

(Ages 6-10) Looking for a safe, fun-filled day for your child when the schools are closed? We offer a full day of childcare, including all the fun activities your children enjoy. We use a full-size gymnasium, a moon-bounce, video games, arts and crafts, and a feature movie with popcorn. Please bring your children with their water bottles, snacks for the day, and their lunch. Dress children for indoor and outdoor activities. Call 540-338-4122 for more information.

301221-01	\$55	M	3/7	9:00am-5:00pm
301221-02	\$55	M	4/11	9:00am-5:00pm
301221-03	\$55	M	4/11	9:00am-5:00pm
301221-04	\$55	Tu	4/12	9:00am-5:00pm
301221-05	\$55	Th	4/14	9:00am-5:00pm
301221-06	\$55	F	4/15	9:00am-5:00pm

SCHOOL STREET MOVEMENT DANCE & MUSICAL THEATRE PERFORMING ARTS PROGRAMS

Face coverings are required for all dance classes, and dancers should bring a water bottle to class. Dancers will have an opportunity to perform in recitals at Franklin Park Arts Center. Instructor: Heather Orr

CREATIVE MOVEMENT BALLET & TAP

(Ages 4-7) Young dancers will have fun learning and exploring the joy of creative movement, ballet, lyrical, tap and jazz through storytelling, imagery, improvisation, use of props, music, and movement. Dancers will develop and learn the basic skills of dance, including developing gross and fine motor skills, building social skills, cognitive ability, and a love for the performing arts.

301205-01	\$196	M	3/28-6/6	4:45pm-5:45pm
301205-02	\$196	Th	3/31-6/9	4:45pm-5:45pm

EFX COMPETITION SENIOR HIP HOP CREW

(Ages 11-17) Senior Hip Hop Crew is a high energy group of talented dancers. This is an upbeat and fun class that focuses on building technique, strength, balance, coordination, and performance technique for the intermediate to advanced level dancer.

301206-01	\$225	Tu	3/29-6/7	6:00pm-7:15pm
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STARZ LYRICAL/JAZZ/BALLET/TAP

(Ages 6-9) Starz Lyrical/Jazz/Tap Dance Company is a fun class for beginner to intermediate dancer. Dancers will learn dance techniques while focusing on building strength, balance, coordination, and performance technique.

301208-01	\$196	Tu	3/29-6/7	4:45pm-5:45pm
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PERFORMANCE HIP HOP CREW

(Ages 7-15) Performance Hip Hop Crew is a high energy group of talented dancers. This is an upbeat and fun class that focuses on building technique, strength, balance, coordination, and performance technique for the beginning to intermediate level dancer.

301210-01	\$225	W	3/30-6/8	3:30pm-4:30pm
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INMOTION DANCE COMPANY

(Ages 10-17) InMotion Dance Company focuses on lyrical, ballet, and jazz dance technique for the intermediate to advanced level dancer. Dancers will learn proper dance technique in all dance styles as well as proper alignment, strength, balance, coordination, and performance technique.

301207-01	\$225	W	3/30-6/3	4:45pm-6:00pm
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HEALTH & FITNESS PROGRAMS

FITNESS CENTER

(Ages 16 & up) Come in and work out. Get back in shape or just tone up! New state-of-the-art fitness equipment.

Membership options:

(Adults 16-54)	\$150 for 6 months; \$275 for 1 year
(Seniors 55 & up)	\$100 for 6 months; \$150 for 1 year
(Students 16-24 with student ID)	\$100 for 6 months; \$150 for 1 year

SENIOR EXERCISE PASS

(Ages 55 & up) This pass allows for unlimited punch card fitness classes for one year at Loudoun Valley Community Center. Call 540-338-4122 for more details. \$300 for 1 year.

BOOT CAMP

(Ages 15 & up) A challenging program that focuses on improving your cardiovascular stamina and increasing your muscle tone and strength, while decreasing your body fat and changing your body composition. The program focuses on overall core strength and stability, as well as resistance and cardiovascular training. Flexibility and mobility are emphasized in each workout. What makes our program unique and successful is that every single day is different! Passes expire at the end of each month Instructor: Fitness Image Results

M,W,F	8:00am-9:00am
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4 Visits	\$52
8 Visits	\$96
10 Visits	\$110
Unlimited	\$120
Drop-In	\$15

TAI CHI

(Ages 16 & up) Tai Chi is a martial art that teaches strength, balance, relaxation, flexibility and mind-body unification involving a sequence of deliberate movements. Instructor: Bob Gardner

301515-01	(advanced)	\$110
Tu,Th	3/22-5/12	9:00am-10:00am
301515-02	(intermediate)	\$110
Tu,Th	3/22-5/12	10:00am-11:00am
301515-03	(beginner)	\$110
Tu,Th	3/22-5/12	11:00am-12:00pm

MUSCLE REPAIR & MOBILITY

(Ages 15 & up) Move more efficiently, prevent injury, and enhance your athletic performance through muscle repair. Myofascial release with deep stretch postures and sequences to activate weak, tight, muscles and improve posture. No weights required. Instructor: Fitness Image Results

Full Month:	\$60	Tu	8:00am-9:00am
Drop In:	\$20	Tu	8:00am-9:00am

PERSONAL TRAINING

(Ages 16 & up) LVCC offers personal training! To set up your appointment with our Certified Personal Trainer Jeff Strahan, contact Fitness Image Results at Jeff@firesults.com or 571-437-4350

Free 45-minute session with your membership.

1 session.....	\$80
4 sessions.....	\$304
8 sessions.....	\$576
12 sessions.....	\$816
Program Development Package	\$199

PUNCH CARD FITNESS

(Ages 16 & up) Join us at LVCC for any of the 6 Punch Card fitness classes. Purchase your card at LVCC or on-line for \$100 for 15 classes. If purchased online, you must activate your card at LVCC. You may pay a \$9 Drop-in Fee as another option for any of the Punch Card fitness classes at LVCC.

BARRE FITNESS

(Ages 16 & up) This is a mix of Barre, Pilates, and Yoga. Barre and Pilates exercises provide cardio and strength training, while gentle yoga poses offer stretching and flexibility for the entire body. No dance experience needed. This class is great for all levels!

Punch Card Pass	M	8:30am-9:30am
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YOGA

(Ages 16 & up) This punch card class is a Mixed Level Vinyasa Flow style yoga class for beginner to advanced students. We will incorporate cardio, strength, balance, flexibility, and meditation in a small class environment. Join us to transform your body and mind!

Punch Card Pass	Th	8:30am-9:30am
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FULL BODY STRENGTH

(Ages 16 & up) Reduce muscular tension, strengthen joints, and improve posture in this strength and stretch class. Improve your flexibility, balance, and overall strength by challenging your muscles using light weights in a low impact workout. Perfect for all fitness levels.

Punch Card Pass	W	8:30am-9:30am
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ZUMBA

(Ages 16 & up) Zumba fuses hypnotic Latin and international rhythms with easy-to-follow moves to create a one-of-a-kind fitness program. It is an exciting hour

of calorie-burning, body-energizing and inspiring movements designed to engage and motivate. All fitness levels welcome.

Punch Card Pass	Tu,W,F	9:30am-10:30am
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LOVETTSVILLE COMMUNITY CENTER

57 E. Broad Way, Lovettsville, VA 20180

540-822-5284

www.loudoun.gov/lovettsvillecc

M, W 7:00am-7:00pm Tu, Th 7:00am-8:00pm F 7:00am-6:00pm

PRESCHOOL AGE PROGRAMS

Please pack a nut-free lunch for all preschool age programs except Twos & Threes, Tumble Tots and Sporties 4 Shorties.

2s & 3s

(Ages 2-3) Music, art, stories, and socialization! This program is designed for children to attend without a parent. Children do not need to be potty-trained; however, staff members are not permitted to change diapers or clean up accidents. Instructor: Barbara Ray.

302102-01	\$125	Tu,Th	3/1-3/31	8:30am-10:00am
302102-02	\$75	Tu,Th	4/5-4/28	8:30am-10:00am
302102-03	\$100	Tu,Th	5/3-5/26	8:30am-10:00am

TUMBLE TOTS

(Ages 2-3) Let's get ready to tumble! This class is for children and their parents to explore different activities using various pieces of gymnastics equipment. There will be a chance for your little one to tumble, climb and play. Parent participation is required. Instructor: Katharina Connor.

302115-01	\$7.50	Tu	3/1	10:15am-10:45am
302115-02	\$7.50	Tu	3/15	10:15am-10:45am
302115-03	\$7.50	Tu	3/29	10:15am-10:45am
302115-04	\$7.50	Tu	4/26	10:15am-10:45am
302115-05	\$7.50	Tu	5/10	10:15am-10:45am
302115-06	\$7.50	Tu	5/24	10:15am-10:45am

ART WITH HEART

(Ages 3-5) Is there any other way to make art in LOVETtsville?! Let's use our hands and minds and get creative! Instructor: Beth Metzger.

302108-01	\$14	W	3/2	11:30am-1:00pm
302108-02	\$14	W	3/30	11:30am-1:00pm

NATURE CREATIONS

(Ages 3-5) Let's explore the natural world and make something together! Instructor: Beth Metzger.

302114-01	\$14	F	3/4	11:30am-1:00pm
302114-02	\$14	F	4/1	11:30am-1:00pm
302114-03	\$14	F	5/6	11:30am-1:00pm

FAMILY STORYTIME

(Ages 0-6) Join us for a free program of stories, songs, movement, and other fun activities for children from birth to age six with an adult caregiver. Instructor: Beth Metzger.

302113-01	Tu	3/8	10:00am-10:45am
302113-02	Tu	3/22	10:00am-10:45am
302113-03	Tu	4/5	10:00am-10:45am
302113-04	Tu	4/19	10:00am-10:45am
302113-05	Tu	5/3	10:00am-10:45am
302113-06	Tu	5/17	10:00am-10:45am

STORYBOOK ART

(Ages 3-5) Enjoy a story and then get creative by doing a fun story-related arts and crafts project. Instructor: Christine White.

302107-01	\$14	Tu	3/8	11:30am-1:00pm
302107-02	\$14	Tu	4/19	11:30am-1:00pm
302107-03	\$14	Tu	5/3	11:30am-1:00pm

SPORTIES 4 SHORTIES

(Ages 3-5) Develop kicking, running, throwing and good sportsmanship in this fun athletic class made just for kids! Instructor: Melissa Blankenship.

302105-01	\$10	Tu	3/15	11:30am-12:15pm
302105-02	\$10	Tu	4/26	11:30am-12:15pm
302105-03	\$10	Tu	5/10	11:30am-12:15pm

LUNCH BUDDIES

(Ages 3-5) Come play and have lunch with your friends! Instructor: Christine White.

302100-01	\$14	W	3/9	11:30am-1:00pm
302100-02	\$14	W	4/20	11:30am-1:00pm
302100-03	\$14	W	5/11	11:30am-1:00pm

SHAM-ROCKS

(Ages 3-5) Come celebrate St. Paddy's Day! There will be crafts, a four-leaf clover hunt and a story. Instructor: Melissa Blankenship.

302144-01	\$14	F	3/11	11:30am-1:00pm
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LITTLE CHEFS

(Ages 3-5) It is no secret; kids love to cook! Chef Christine will cater to your tiny one's taste buds and cook up a treat to take home. Instructor: Christine White.

302106-01	\$16	M	3/14	11:30am-1:00pm
302106-02	\$16	M	4/4	11:30am-1:00pm
302106-03	\$16	M	5/2	11:30am-1:00pm

OCEAN EXPLORERS

(Ages 3-5) Take a dive in the deep blue sea! Children will explore different sea creatures, learn about their wet habitat, and complete a craft to take home. Instructor: Melissa Blankenship.

302110-01	\$14	W	3/16	11:30am-1:00pm
302110-02	\$14	W	4/27	11:30am-1:00pm
302110-03	\$14	W	5/18	11:30am-1:00pm

GAME CLUB

(Ages 3-5) Learn and play board games with your friends. We will play Candy Land, Checkers, Trouble and of course there will be LEGOS for the creative builders. Instructor: Barbara Ray.

302111-01	\$14	F	3/18	11:30am-1:00pm
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302111-02	\$14	F	4/29	11:30am-1:00pm
302111-03	\$14	F	5/20	11:30am-1:00pm

BOOK WORMZ

(Ages 3-5) Come join the fun as we explore the amazing world of books! Instructor: Barbara Ray.

302103-01	\$14	M	3/21	11:30am-1:00pm
302103-02	\$14	M	4/18	11:30am-1:00pm
302103-03	\$14	M	5/9	11:30am-1:00pm

ANIMAL KINGDOM

(Ages 3-5) Come join the fun as we explore different animals! Instructor: Melissa Blankenship.

302109-01	\$14	W	3/23	11:30am-1:00pm
302109-02	\$14	W	4/6	11:30am-1:00pm
302109-03	\$14	W	5/4	11:30am-1:00pm

PLAYGROUND FUN

(Ages 3-5) Come run around the playground and have lunch with your friends! Instructor: Beth Metzger.

302116-01	\$14	F	3/25	11:30am-1:00pm
302116-02	\$14	F	5/13	11:30am-1:00pm

MONDAY ADVENTURES

(Ages 3-5) Enjoy a new adventure each week! Instructor: Christine White.

302104-01	\$14	M	3/28	11:30am-1:00pm
302104-02	\$14	M	4/25	11:30am-1:00pm
302104-03	\$14	M	5/16	11:30am-1:00pm

EASTER FUN

(Ages 3-5) This special class promises to be an egg-citing time for your child! Easter crafts, stories and more! Instructor: Melissa Blankenship.

302126-01	\$14	F	4/8	11:30am-1:00pm
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EARTH DAY FUN

(Ages 3-5) Join us as we celebrate Earth Day! Students will learn about ways to help take care of the planet and complete a craft to take home. Instructor: Beth Metzger.

302112-01	\$14	F	4/22	11:30am-1:00pm
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ELEMENTARY AGE PROGRAMS

Ride the Loudoun County Parks, Recreation & Community Services van from the Lovettsville Elementary School to the Lovettsville Community Center. Must register for separate "Transportation Only" section. For more information contact LOVCC@loudoun.gov.

SPORTS UNLIMITED

(Ages 6-11) If your child is interested in extra gym time, this is the perfect class for them! The focus will be on coordination, strength, and cardiovascular fitness by using age-appropriate activities like circuit training and fun classic gym games including dodgeball. All fitness levels welcome!

302201-01	\$40	Th	3/3-3/24	2:45pm-3:45pm
302201-02	\$30	Th	4/7-4/28	2:45pm-3:45pm
302201-03	\$40	Th	5/5-5/26	2:45pm-3:45pm
302201-04	Transp. Only	Th	3/3-3/24	
302201-05	Transp. Only	Th	4/7-4/28	
302201-06	Transp. Only	Th	5/5-5/26	

JUNIOR CHEFS

(Ages 5-11) It's no secret, kids love to cook! Chef Christine will cater to your young one's taste buds and cook up a treat to take home. Instructor: Christine White.

302202-01	\$16	W	3/16	2:45pm-4:15pm
302202-02	\$16	W	4/6	2:45pm-4:15pm
302202-03	\$16	W	5/4	2:45pm-4:15pm
302202-04	Transp. Only	W	3/16	
302202-05	Transp. Only	W	4/6	

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SPRING BREAK CAMP

(Kindergarten - Fifth Grade) When schools are closed, structured activities help to keep your child safe, engaged, and learning! Join us for a week of fun! Instructors: Stephanie Bowles, Beth Metzger and/or Katharina Connor.

302206-01	\$45	M	4/11	8:00am-5:00pm
302206-02	\$45	Tu	4/12	8:00am-5:00pm
302206-03	\$45	W	4/13	8:00am-5:00pm
302206-04	\$45	Th	4/14	8:00am-5:00pm
302206-05	\$45	F	4/15	8:00am-5:00pm

MULTI AGE PROGRAMS**DROP-IN BASKETBALL**

(Ages 12 & up) Enjoy playing pickup basketball with others from the local community.

\$1/Youth, \$2/Adult	Tu, Th	3/1-5/31	6:00pm-8:00pm
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ADULT PROGRAMS**BOOT CAMP**

(Ages 16 & up) Are you bored with your workout? Are you not seeing the results you want? Then Fitness Image Results Boot Camp program is a perfect fit! Their instructors are highly qualified, motivational fitness professionals who will guide you and your body to a new you. Join our team now by enrolling in one of our monthly pass visit options! Instructor: Fitness Image Results.

Passes expire at the end of each calendar month

M,W	3/2-5/27	5:30pm-6:30pm
Tu,Th	3/3-5/28	8:00am-9:00am
Sa	3/5-5/28	8:00am-9:00am, 9:00am-10:00am
4 VISITS		\$52
8 VISITS		\$96
10 VISITS		\$110
Unlimited		\$120
2 Family Members Unlimited		\$200
Multi-Family Members Unlimited.....	\$250 (6 members max)	
Drop-in.....		\$15

BOLLYX-ZUMBA GOLD

(Ages 16 & up) This class combines several music styles that create a great workout! A total body fitness class for beginner to advanced levels. Instructor: Kelly Nash.

\$75/Fit Pass/\$9/Drop-in	Tu	3/1-5/31	9:30am-10:30am
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STRETCH & STRENGTH

(Ages 16 & up) Ideal for anyone and everyone! Expect to build strength and stretch with a series of Yoga and Pilates moves. Please bring a yoga mat and a water bottle. Instructor: Katharina Connor.

\$75/Fit Pass/\$9/Drop-in	M,W	3/2-5/25	3:00pm-4:00pm
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SENIOR PROGRAMS**PICKLEBALL**

(Ages 55 & up) Enjoy playing pickleball with others from the local community. Play takes place in our gymnasium and equipment for play is provided if needed!

\$20/Pickleball Pass/\$2/Drop-in

M	3/7-5/23	1:00pm-3:00pm
W	3/2-5/25	1:00pm-3:00pm

STRENGTH FOR SENIORS

(Ages 55 & up) This total body workout is a great way for participants to build strength, work on flexibility and focus on balance.

\$75/Fit Pass, \$9/Drop-in	Th	3/3-5/26	9:30am-10:30am
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**LUCKETTS COMMUNITY CENTER**

42361 Lucketts Road, Leesburg VA, 20176

703-771-5281

M, T, W, F 7:00-6:00 • TH 7:00 am-9:00pm
Lucketts@loudoun.gov

LICENSED PROGRAMS**PRESCHOOL**

(Ages 3-5) Now enrolling for preschool that starts on September 1, 2022. Our state-licensed 3 and 4-year-old preschool programs operate September through May. Our dedicated and experienced staff facilitate age-appropriate activities that foster a positive self-image in each child.

CHILD CARE

(Ages 3-5) Currently enrolling! Looking for the perfect childcare solution? Our full and half-time childcare program provides a safe, healthy learning environment guided by caring teachers in the historic and beautifully renovated Lucketts Schoolhouse. Hourly drop-in care is available on a space available basis.

CASA ACADEMY AT LUCKETTS

(Entering grades K-5) Join our wonderful after-school program for fun and enrichment that includes outside play, games, activities, crafts and homework help. The program enrolls year-round. Enrollment begins in March.

ACTIVITIES AT THE OLD WATERFORD SCHOOL

PRCS has begun offering programs in Waterford. See the Old Waterford section of this guide. To register, please call 703-771-5281 or email Lucketts@loudoun.gov. For more class details and project pictures visit craftschool.waterfordfoundation.org/classes

PARENT & CHILD PROGRAMS**MUSIC FOR KIDS**

"Music for Kids" is a special series of performances that introduces young listeners to the joys of music. Performances are interactive and children and families are encouraged to participate. All ages are welcome. Call 703-771-5281 for dates.

PRESCHOOL AGE PROGRAMS**MY FIRST PRESCHOOL**

(Ages 2-3) Begin the preschool experience at Lucketts! Your child will learn through play while engaging in a wide variety of activities that help with social skills. This class is designed to attend without a parent. Children do not need to be potty-trained. Parents will be called if a diaper change or accident happens. Staff

are not permitted to change diapers.

309183-01	\$120	M, W	3/2 – 3/30	9:15am-10:45am
309183-02	\$120	M, W	4/4 – 5/4	9:15am-10:45am

SPORTIES FOR SHORTIES

(Ages 3-5) Run, jump and play in this sports-based fitness program designed to enhance motor skills, hand-eye coordination and physical fitness. Children learn about teamwork and build skills at their own pace.

309188-01	\$36	M	3/14-3/28	12:00pm-12:45pm
309188-02	\$48	M	5/2-5/23	12:00pm-12:45pm

SPANISH FOR PRESCHOOLERS

(Ages 3-5) Students will learn the beginner basics of Spanish through different activities, songs and games!

309189-01	\$48	W	3/9-3/30	12:00pm-1:00pm
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LIL SHOW STOPPERS

(Ages 3-5) Children will learn to sing fun songs with props and choreography. At the end of the session, your little star will take the stage for a special performance.

309190-01	\$48	Th	3/10-3/31	12:00pm-1:00pm
309190-02	\$36	Th	4/7-4/28	12:00pm-1:00pm
309190-03	\$48	Th	5/5-5/26	12:00pm-1:00pm

YOGA 4 KIDS

(Ages 3-5) Yoga 4 Kids children will learn to practice yoga in a non-competitive and fun way.

309180-01	\$12	M	4/4	12:00pm-1:00pm
309180-02	\$12	M	4/18	12:00pm-1:00pm
309180-03	\$12	M	4/25	12:00pm-1:00pm

LET'S GET CREATIVE

(Ages 3-5) Let's Get Creative! Join us as we bring out your child's creativity using different art materials. Our creativity will include dancing, music & movement.

309181-01	\$48	W	5/4-5/25	12:00pm-1:00pm
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ELEMENTARY AGE PROGRAMS

VINTAGE GAMERS CLUB

(Ages 5-11) Go back in time and learn to play classic board games. Each week we will discover a new game and have a tournament to see who the master of the board game is.

309262-01	\$60	W	3/9-3/30	2:45pm-4:00pm
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SPRING BREAK CAMP

(Ages 6-11) Join us for fun-filled days of adventure, crafts, and games. Field trips planned for most days. Must register by March 22nd. Please pack a nut free breakfast, lunch, and snack.

309252-01	\$50	M	4/11	7:30am-6:00pm
309252-02	\$50	Tu	4/12	7:30am-6:00pm
309252-03	\$50	W	4/13	7:30am-6:00pm
309252-04	\$50	Th	4/14	7:30am-6:00pm
309252-05	\$50	F	4/15	7:30am-6:00pm
309252-06	\$50	M	4/18	7:30am-6:00pm

PARENTS NIGHT OUT - LEGO® LUNACY

(Ages 5-10) Enjoy a night out while your children go wild with Legos. We'll build, compete for prizes, play games and have dinner.

309261-01	\$25	F	4/8	6:30pm-9:30pm
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SPORTS PERFORMANCE PROGRAM

(Ages 8-12) Sports Performance program will work on participant's speed and agility. We will practice form and proper running, footwork and conditioning that will help you perform better at your desired sport. No class 4/13.

309256-01	\$72	W	4/6-4/27	5:00pm-6:00pm
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RECESS EXTENDED

(Ages 6-11) Let's play the rest of the day! Extend your child's recess afterschool

as we explore different P.E. games and recreational activities.

309259-01	\$72	M	5/2-5/23	2:45am-4:00pm
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MIDDLE SCHOOL PROGRAMS

LATE NIGHT AT LUCKETTS

(Ages 12-14) Drop your middle schoolers off for a night of fun at the Lucketts Community Center. Come hang out with us and play games, arts & crafts, listen to music and more. Snacks available for purchase. Don't miss it!

309453-01	\$25	F	5/20	7:30pm-10:00pm
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MULTI-AGE PROGRAMS

POUND WITH RIPSTIX

(Ages 16 & up) Become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and Pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out.

309525-01	\$50	Sa	3/5-3/26	11:30am-12:30pm
309526-01	\$15	Sa	3/5	11:30am-12:30pm
309526-02	\$15	Sa	3/12	11:30am-12:30pm
309526-03	\$15	Sa	3/19	11:30am-12:30pm
309526-04	\$15	Sa	3/26	11:30am-12:30pm

FLOW YOGA FOR EVERYONE

(Ages 16 & up) Connect your body, mind, and breath through yoga postures that build strength and improve flexibility and balance. Breathing and relaxation techniques will also be integrated into our classes.

309517-01	\$60	M	3/7-3/28	6:30pm-7:30pm
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SENIOR PROGRAMS

SENIOR BOOK CLUB

(Ages 55 & up) If you love to read, please join us for a lively discussion and light refreshments.

309609-01	Free	W	3/16	11:00am-12:00pm
309609-02	Free	W	4/20	11:00am-12:00pm



OLD WATERFORD SCHOOL

40222 Fairfax St PO Box 142, Waterford, VA 20197

540-882-3018

Waterford Craft School • Lucketts@loudoun.gov

ACTIVITIES AT THE OLD WATERFORD SCHOOL

To register, please call 703-771-5281, email Lucketts@loudoun.gov or visit loudoun.gov/webtrac. For more class details and project pictures visit crafts.school.waterfordfoundation.org/classes.

PRESCHOOL PROGRAMS

YOUNG AT ART

(Ages 3-5) Young at Art offers a fun way for preschoolers to develop creativity, sharpen fine motor skills and build confidence. We'll create masterpieces using a wide variety of art materials and look for inspiration in storybooks, nature and other cultures. Sessions run for 4 weeks.

309191-01 \$48 F 3/11-3/25 12:00pm-1:00pm

LET'S GET MOVING!

(Ages 3-5) Let's Get Moving! Join us as we explore different kinds of movement through dancing, playing games and more!

309192-01 \$48 F 5/6-5/27 10:30am-11:30am

SPORTIES FOR SHORTIES

(Ages 3-5) Run, jump, and play in this sports-based fitness program designed to enhance motor skills, hand-eye coordination and physical fitness. Children learn about teamwork and build skills at their own pace.

309194-01 \$48 F 4/1-4/29 5:00pm-5:45pm

MUSIC & MOVEMENT

(Ages 2-4) Come dance with us! This class will introduce your child to the basic elements of dance including rhythm and time all while dancing with the people we love. Parent participation is required.

309195-01 \$48 M 4/4-4/25 5:00pm-6:00pm

First child

309195-02 \$15 M 4/4-4/25 5:00pm-6:00pm

Each additional child

ELEMENTARY AGE PROGRAMS

COOKBOOK CLUB

(Ages 5-11) Come cook with us! Cookbook Club is a delicious way to learn reading, measuring, math and art disguised as tasty fun!

309266-01 \$20 Tu 3/15 2:45pm-4:00pm

309266-02 \$20 Tu 3/29 2:45pm-4:00pm

309266-03 \$20 Tu 4/5 2:45pm-4:00pm

309266-04 \$20 Tu 4/26 2:45pm-4:00pm

309266-05 \$20 Tu 5/10 2:45pm-4:00pm

309266-06 \$20 Tu 5/24 2:45pm-4:00pm

CRAFTING GALORE

(Ages 5-11) Come craft with us! Each class, students will use a different medium to create beautiful masterpieces and works of art.

309267-01 \$60 F 5/6-5/27 3:00pm-4:00pm

PARENTS NIGHT OUT

(Ages 5-11) Parents enjoy a night out while your children play an assortment of games and recreational activities, make crafts and more! Minimum of four participants to run.

309268-01 \$25 F 4/22 6:30pm-9:30pm

MULTI-AGE OFFERINGS

METALSMITHING - BEADED CHAIN

(Ages 16 & up) Waterford Craft School: Create an original pair of earrings and a

beaded chain necklace by selecting beads and stones in class, or by incorporating your own treasures. Please note there will be an additional materials fee payable to the instructor in class (approx. \$25 - \$125 depending on your selections.)

309757-01 \$175 Sa 4/2 9:00am-5:00pm

HISTORIC WATERFORD WALKING TOUR

(Ages 12 & up) Experience the Waterford National Historic Landmark on a guided walking tour beginning at the Old School and covering the entire 19th century village in about 90 minutes. Tours will run rain or shine, so come dressed for the weather and wear comfortable walking shoes. Children 12-17 are welcome to register and attend with a registered adult. Children under 12 may accompany adults at no additional charge.

309758-01 \$20 Su 4/3 3:30pm-5:00pm

309758-02 \$20 Su 5/8 3:30pm-5:00pm

SMALL MARKET OR GATHERING BASKET

(Ages 12 & up) Waterford Craft School: Learn to lay out the base, weave the sides, attach the rims and handles, and then lash a small Shaker-inspired basket made of reed and oak. Choose from two basket styles when you arrive. There is a Materials fee of \$40 payable to Waterford Craft School. Instructor: Karen Wychock.

309759-01 \$150 Su 5/8 9:00am-3:00pm

ADULT PROGRAMS

BASIC RUG HOOKING FOR BEGINNERS

(Ages 18 & up) Waterford Craft School: Learn the basics of rug hooking, from selecting the correct tools and wools to finishing the edges of your design. Students will work on a 5 x 5 primitive floral pattern using wool strips. Students will need to bring a 10" embroidery hoop to class. Please note there is a Materials fee of \$45 payable to Waterford Craft. Instructor: Caroline

309562-01 \$175 Sa 3/19 9:00am-5:00pm

MAKING A FLOORCLOTH FROM START TO FINISH

(Ages 18 & up) Waterford Craft School: In this one-day class, students will design a useful, 2 by 3 piece of painted canvas floorcloth - "one of the earliest forms of modern floor covering! When registering, select a background color of cream or yellow gold. Please note there is a Materials fee of \$75 payable to Waterford Craft School. Instructor: Grace Rochford.

309564-01 \$200 Sa 3/19 8:30am-5:30pm

THE BUSINESS OF ART

(Ages 18 & up) Waterford Craft School: Are you an emerging artist ready to launch a creative startup or a seasoned professional eager to develop your online presence? Join artist Paul Pendola in this interactive, 2-hour seminar(participate in person or by Zoom). Paul will give Artists and Makers of all types of practical advice on optimizing fairs and festivals and developing an online store. The session covers design layout, web hosting, payment processing, and more. Instructor: Paul Pendola.

309565-01 \$50 F 4/1 6:00pm-8:00pm

HAND SPINNING

(Ages 18 & up) Waterford Craft School: Using prepared wool roving, students will learn how to hand spin wool yarn. Spinning wheels will be provided for use. Students who have their own wheel may bring it; the instructor will determine if it is in good working condition for use in the class. Materials fee includes a drop spindle and roving from the instructor. There will be an additional materials fee payable to the instructor in class (\$25-\$125 depending on selection.). Instructor: Susan Withnell.

REGISTER ONLINE!

VISIT WWW.LOUDOUN.GOV/WEBTRAC

309566-01	\$300			
Sa		4/2		9:00am-5:00pm
Su		4/3		9:00am-3:00pm

INTRODUCTION TO HAND WOVEN CANE

(Ages 18 & up) Waterford Craft School: Learn the craft of hand-woven cane to replace the seat of a chair you bring to class. Class meets both Saturday & Sunday. Please note there is a Materials fee of \$40 payable to Waterford Craft School. Instructor: Pamela Foster

309568-01	\$300	Sa-Su	4/2-4/3	9:00am-5:00pm
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MINIATURE COPPER WEATHERVANE

(Ages 18 & up) Waterford Craft School: In this one-day class, make your own decorative miniature weathervane out of sheet copper, selecting either an angel, a horse, a dove, a pig, a chicken, or a fish design. Students will complete the project by creating a wooden base enhanced with Japanese shou sugi ban, a charring technique that originated in the 18th century. Please note there is a Materials fee of \$30 payable to Waterford Craft School. Instructor: Fred Eberly

309569-01	\$150	Sa	4/2	9:00am-3:00pm
309569-02	\$150	Su	4/3	9:00am-3:00pm

SPOON CARVING

(Ages 18 & up) Waterford Craft School: Learn basic greenwood spoon-carving techniques, including selecting the best trees for carving, breaking-down logs into usable spoon blanks, and practicing the basic axe and knife skills needed for safe and efficient carving. The small group format allows for safe and individualized instruction. Please note there is a Materials fee of \$25 payable to Waterford Craft School. Instructor: Paul Pendola

309573-01	\$175	Sa	4/2	9:00am-5:00pm
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INTRODUCTION TO BROOM MAKING

(Ages 18 & up) Waterford Craft School: Using natural materials, learn how to bind broomcorn to a sapling handle using a traditional American-style weave. Each student will hand-craft a cobweb broom and one or more hand brooms. There will be an additional materials fee payable to the instructor in class (\$25-\$125 depending on selection.). Instructor: Gary Robinson

309567-01	\$300			
Sa		5/7		9:00am-5:00pm
Su		5/8		9:00am-3:00pm

MULTI-LAYERED ACRYLIC LANDSCAPE PAINTING

(Ages 18 & up) Waterford Craft School: Working from direct observation in the National Historic Landmark of Waterford, VA, students will develop an acrylic landscape painting on canvas using a layered glazing method. This class includes a pre-recorded canvas prep Zoom (Students must prepare their canvas in advance of class), and the five-hour, in-person session. Please note: Students must purchase additional supplies in advance of class, which run approx. \$170 if you do not already own them. Please note there is a Materials fee of \$10 payable to Waterford Craft School. Instructor: David Bottini.

309570-01	\$175	Sa	5/7	9:00am-3:00pm
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SHAKER MARKET BASKET

(Ages 18 & up) Waterford Craft School: Weave a classic market basket. You will learn to lay out the base, weave the sides, attach the rims and handles, and then lash a Shaker-inspired basket made of reed and oak. You may choose to add color to your basket or keep it natural. There will be a variety of dyed reeds available for embellishment. Please note there is a Materials fee of \$45 payable to Waterford Craft School. Instructor: Karen Wychock

309571-01	\$175	Sa	5/7	9:00am-5:00pm
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SHAKER TRESTLE BASKET

(Ages 18 & up) Waterford Craft School: Learn to weave a Shaker-inspired basket made of reed and oak. You may choose to add color to your basket or keep it natural. There will be a variety of dyed reeds available for embellishment. Please note there is a Materials fee of \$45 payable to Waterford Craft School. Instructor: Karen Wychock

309572-01	\$175	Sa	5/7	9:00am-5:00pm
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STAINED GLASS 101 - BEGINNING & INTERMEDIATE

(Ages 18 & up) Waterford Craft School: Learn the basic skills in designing and constructing a stained-glass panel by soldering copper foil. You will leave the class with a stained-glass panel that you created! Class meets both Saturday & Sunday. Please note there is a Materials fee of \$75 payable to Waterford Craft School. Instructor: Michael Aylward

309574-01	\$325	Sa-Su	5/7-5/8	9:00am-5:00pm
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PHILOMONT COMMUNITY CENTER

36592 Jeb Stuart Road, Philomont, VA 20131

540-338-5882

<https://www.loudoun.gov/1656/Philomont-Community-Center>

M-F 8:30am-6:00pm

PRESCHOOL AGE PROGRAMS

MESSY MONDAY, WEDNESDAY, FRIDAY

(Ages 3-5) Have your child join us for some messy fun after preschool! Children will get creative using many various art mediums. Please pack a lunch and a water bottle. Instructor: Annamarie

311104-01	\$120	M,W,F	3/2-3/30	12:00pm-1:30pm
311104-02	\$110	M,W,F	4/1-4/29	12:00pm-1:30pm
311104-03	\$90	M,W,F	5/2-5/20	12:00pm-1:30pm

BUILDER'S TUESDAY, THURSDAY

(Ages 3-5) Come have some fun building with many different types of materials. Cardboard, foam, Legos, wood, plastic. What can you make? Please pack lunch and a water bottle. Instructor: Robin

311105-01	\$100	Tu,Th	3/1-3/31	12:00pm-1:30pm
311105-02	\$60	Tu,Th	4/5-4/28	12:00pm-1:30pm
311105-03	\$60	Tu,Th	5/3-5/19	12:00pm-1:30pm

PRE-K SPRING BREAK STEM ART

(Ages 3-5) Your little artist will participate in discovery and imagination as our teachers help them discover the art of science. Simple Stem Art activities for the littlest of learners that allow their imagination and creativity to run wild.

311208-01	\$55	M,T,W	4/11-4/14	9:30am-12:00pm
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ELEMENTARY AGE PROGRAMS

SPRING COOKIES DECORATING CLASS

(Ages 3-5) Join us for a fun cookie decorating class. Instructor: Kathy

311204-01	\$5	F	4/8	3:15pm-4:15pm
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MOTHERS DAY CRAFTS

(Ages 3-5) Join us to make some memorable Mother's Day crafts! Instructor: Kathy

311207-02	\$5	F	5/6	3:15pm-4:15pm
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SATURDAY, MAY 14
SEGRA FIELD



WWW.LOUDOUN.GOV/PRCSEVENTS



STERLING COMMUNITY CENTER

120 Enterprise Street, Sterling, VA 20164

703-430-9480

Fax: 571-258-3997

www.loudoun.gov/sterlingcc

M-F 8:00am-9:00pm, Sa 9:00am-5:00pm

PRESCHOOL AGE PROGRAMS

TOT DROP IN

(Ages 5 & under) Have fun in our indoor gym! Riding toys, balls, slides, and much more will be in the gym on weekday mornings. \$1.00 drop-in fee per child per visit. Call for more information.

303100-01	\$1	M-F	3/1-5/31	9:00am-12:00pm
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JUST FOR 2s & 3s – M,W,F

(Ages 2-3) A different theme will be explored each month. Children will learn through play and explore the world around them in a fun and safe environment. This will all be accomplished through arts and crafts, music, social interaction, sensory play, and games. Remember to pack a snack! Register in person at community center or call for more information

303186-01	\$144	M,W,F	3/2-3/30	9:30am-11:00am
303186-02	\$108	M,W,F	4/1-4/29	9:30am-11:00am
303186-03	\$144	M,W,F	5/2-5/27	9:30am-11:00am

PLAYING WITH MATH

(Ages 3-5) First Monday of the month. An instructor will lead participants through dramatic play scenarios based on a book or theme that will incorporate math skills such as number concepts, comparing, measuring, and patterning.

303110-01	\$6	M	4/4	11:15am-12:00pm
303110-02	\$6	M	5/2	11:15am-12:00pm

SILLY CHEFS

(Ages 3-5) First Wednesday of the month. Your kids can play with their food at the Sterling Community Center! Each class we let the little ones get creative with a fun food based activity. Sign up for one, two, or all three! Please notify us of any dietary restrictions at least two weeks in advance.

303103-01	\$7	W	3/2	11:15am-12:00pm
303103-02	\$7	W	4/6	11:15am-12:00pm
303103-03	\$7	W	5/4	11:15am-12:00pm

FUN WITH 5 SENSES

(Ages 3-5) First Friday of the month. A variety of activities and games for each theme will utilize all five senses. Participants will build observational skills and learn how to describe their experiences. Please notify us of any dietary restrictions at least two weeks in advance.

303132-01	\$6	F	3/4	11:15am-12:00pm
303132-01	\$6	F	4/1	11:15am-12:00pm
303132-02	\$6	F	5/6	11:15am-12:00pm

ANIMAL EXPLORATION

(Ages 3-5) Second Monday of the month. If your child has insatiable curiosity

about animals, they will love this class. Participants will learn about the physical characteristics, lifestyle, and location and impact of each animal's habitat. A variety of materials, including books and photographs will be used to create a craft or depiction of the animal.

303177-01	\$6	M	3/14	11:15am-12:00pm
303177-02	\$6	M	5/9	11:15am-12:00pm

CRAFTY KIDS

(Ages 3-5) Second Wednesday of the month. Create wonderful works of art to hang in your art gallery! Test new mediums and materials in this interactive class with friends.

303108-01	\$6	W	3/9	11:15am-12:00pm
303108-02	\$6	W	5/11	11:15am-12:00pm

MUSIC & MOVEMENT

(Ages 3-5) Second Friday of the month. Children will engage in a wide range of movement to expand the range of expressive possibilities. This class helps develop motor skills and rhythm by enabling children to communicate through movement and respond to music.

203188-01	\$6	F	3/11	11:15am-12:00pm
203188-02	\$6	F	4/8	11:15am-12:00pm
203188-03	\$6	F	5/13	11:15am-12:00pm

ABC ADVENTURES

(Ages 3-5) Third Monday of the month. A is for Adventure! Play interactive games, make personalized crafts, and have fun getting to know the letters of the alphabet. Each month focuses on different letters.

303136-01	\$6	M	3/21	11:15am-12:00pm
303136-02	\$6	M	5/16	11:15am-12:00pm

LITTLE SCIENTIST

(Ages 3-5) Third Wednesday of the month. Science projects and hands on activities will be explored with friends. This class will allow your little one to explore the world of science with a different experiment each week. The class will be led by our very own Mad Scientist!

303129-01	\$6	W	3/16	11:15am-12:00pm
303129-02	\$6	W	4/20	11:15am-12:00pm
303129-03	\$6	W	5/18	11:15am-12:00pm

EXO TOTS

(Ages 2-3) Come join us at Gwen Thompson Briar Patch Park and allow your child to explore and engage in some fun and easy exercises to get them active and moving.

Free	Th	3/17	11:15am-12:00pm
Free	Th	4/21	11:15am-12:00pm
Free	Th	5/19	11:15am-12:00pm

CREATIVE CLAY

(Ages 3-5) Third Friday of the month. Nothing is more fun for children than learning while they play. This class will use clay to teach letter and number sense as well as exploring topics such as animal habitats, replication, and pattern recognition through playing with clay. Children will strengthen fine motor muscles in their fingers and hands as they manipulate the clay.

303179-01	\$6	F	3/18	11:15am-12:00pm
303179-02	\$6	F	5/20	11:15am-12:00pm

THE VERY ARTSY STORY

(Ages 3-5) Fourth Monday of the month. Each session we will read an enjoyable book and then get creative by doing a fun story-related arts & crafts project.

303106-01	\$6	M	3/28	11:15am-12:00pm
303106-02	\$6	M	4/25	11:15am-12:00pm
303106-03	\$6	M	5/23	11:15am-12:00pm

MINI MONETS

(Ages 3-5) Fourth Wednesday of the month. Encourage your child to discover their inner artist at this hands on painting class. Participants will create inspired works of art while practicing their fine motor skills! Each month focuses on a different spring themed painting. Clear some wall space in your home gallery and prepare

to be impressed!

303178-01	\$6	W	3/23	11:15am-12:00pm
303178-02	\$6	W	4/27	11:15am-12:00pm
303178-03	\$6	W	5/25	11:15am-12:00pm

OCEAN EXPLORERS

(Ages 3-5) Fourth Friday of the month. Take a dive in the deep blue sea! Children will explore different sea creatures, learn about their wet habitats, and complete a craft to take home.

303189-01	\$6	F	3/25	11:15am-12:00pm
303189-02	\$6	F	4/22	11:15am-12:00pm
303189-03	\$6	F	5/27	11:15am-12:00pm

ECO ART

(Ages 3-5) Children will create art activities inspired by nature that use natural materials and develop an awareness for the environment. These eco-friendly activities are sure to excite your little ones.

303195-01	\$6	W	3/30	11:15am-12:00pm
303195-03	\$6	F	4/29	11:15am-12:00pm

ELEMENTARY AGE PROGRAMS

LET'S BUILD TOGETHER

(Ages 5-10) Open play using magnets, Legos, blocks, and some unconventional items. Building challenges strengthen those all-important critical thinking skills. Call for more information.

Free events

Sa	3/5	10:00am-11:00am
Sa	4/2	10:00am-11:00am
Sa	5/7	10:00am-11:00am

SCHOOL'S OUT CAMP: SPRING CRAFT & COOKING

(Ages 7-12) If you child enjoys working with their hands, and experiencing new things, then look no further. Participants will explore and develop their creative interests using a variety of mediums to make craft projects. We will also get "crafty" in the kitchen, exploring different foods, and fun ways to prepare them. Pack a lunch, water bottle, and two snacks daily; and remember to "dress for the mess". Please notify us of any dietary restrictions at least two weeks in advance. Call for more information.

303245-01	\$40	Tu	3/7	7:30am-6:00pm
303245-02	\$185	M-F	4/11-4/15	7:30am-6:00pm
303245-03	\$40	M	4/18	7:30am-6:00pm

MIDDLE SCHOOL PROGRAMS

STUDY HALL SNACK BAR

(Grades 6-8) Don't suffer alone, come join us for our Tuesday homework sessions at SCC. Serious students can come to us for homework help and we will provide them with a quiet workspace, assistance, and snacks. Bring us your homework problems, and we will do our best to help you solve them, or find someone who can. Don't be shy, give us a try! Registration is not required. We will not meet on days that Loudoun County Public Schools are closed.

Free	Tu	3/1-5/31	3:30pm-5:00pm
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TEEN DROP IN

(Grade 6-8) Stop by after school to play Foosball, video games, and board games or come and relax with your friends in a safe fun space.

Free	M-F	3/1-5/31	3:30pm-5:00pm
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MULTIAGE PROGRAMS

FAMILY CRAFT TIME

(All Ages) If you like to craft with your kids, but don't like the mess, come join us at SCC on Saturday mornings. You bring your creativity and artistic vision, we'll bring the supplies and ideas and clean up crew. Call for more information.

Free events

Sa	3/5	11:00am-12:00pm
Sa	4/2	11:00am-12:00pm
Sa	5/7	11:00am-12:00pm

PARENTS' ESCAPE NIGHT

(Ages 2-12) Head out for a night on the town while we take care of the little ones. Each month will have a different craft project for kids to make. They'll also have pizza, play games, & watch a movie! Ask about our potty training policy. \$15.00 for first child, \$13.00 for additional siblings. Call for more information.

303751-01	\$15	F	3/18	5:30pm-9:00pm
303751-02	\$13	F	3/18	5:30pm-9:00pm
303751-03	\$15	F	4/15	5:30pm-9:00pm
303751-04	\$13	F	4/15	5:30pm-9:00pm
303751-05	\$15	F	5/20	5:30pm-9:00pm
303751-06	\$13	F	5/20	5:30pm-9:00pm

ADULT PROGRAMS

LET'S TACO BOUT IT TUESDAY

(Ages 18 & up) Feeling overworked and stressed? Need a friendly ear to vent to? Come on in to unwind and enjoy some positive female company. Let's build a community one taco at a time ladies! Call 703-430-9480 to register.

Free events

Tu	3/15	7:00pm-8:30pm
Tu	4/12	7:00pm-8:30pm
Tu	5/10	7:00pm-8:30pm



CLAUDE MOORE RECREATION & COMMUNITY CENTER

46105 Loudoun Park Lane, Sterling, VA 20164
571-258-3600

<http://www.loudoun.gov/claudemoorerec>

Facility

M-F 5:00am-9:30pm • Sa-Su 8:00am-8:00pm

Kid Kare

M-F 8:30am-1:30pm • Sa 8:00am-12:00pm

Climbing Wall

M-F 4:00pm-8:00pm • Sa-Su 11:00am-7:00pm

Competition Pool

M-F 5:00am-9:15pm • Sa-Su 8:00am-7:45pm

Leisure Pool & Spa

M-F 9:00am-8:45pm • Sa-Su 11:00am-7:45pm

Auxiliary Wing

M-F 8:00am-5:00pm

11:00am-6:00pm on Easter Sunday, 4/17

11:00am-6:00pm on Memorial Day, 5/30

Spring Pass Sale May 9 through June 13

15% off Annual and 6 month passes

ADMISSION FEES

All admissions include age-appropriate access to the fitness center, group fitness classes, competitive pool, leisure pool, gymnasium, indoor track, and open time on the climbing wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase. A 15-percent discount is available for active duty and retired members of the military and first responders on annual, six-month, and monthly memberships, as well as daily and 25-admission passes.

Daily

2 & under	Free (plastic training pants required)
Ages 3 -17	\$4.00
Adults 18-54	\$6.00
Ages 55+	\$4.00
(Children 11 and under must be always supervised by an adult inside the facility. For children 5 and under and/or children wearing a life jacket, an adult must be in the water within arms-reach of the child.)	

Admission pass - 25 admissions no expiration

Ages 3-17 & 55+	\$88
Ages 18-54	\$132

Monthly Pass - unlimited use

Single Adult	\$50
Two Adults (family)	\$85
Family Dependent	\$15
Family	\$125
Senior/Youth	\$40
Senior Couple	\$65
Adult/Senior	\$75
Student	\$40

6 Month Pass- unlimited use

Single Adult	\$250
Two Adults (family)	\$450
Family Dependent	\$70
Family	\$575
Senior/ Youth	\$200
Senior Couple	\$350
Adult/Senior	\$400
Student	\$200

Annual Pass- unlimited use

Single Adult	\$450
Two Adults (family)	\$800
Family Dependent	\$125
Family	\$1000
Senior/Youth	\$350
Senior Couple	\$600
Adult/Senior	\$700
Student	\$350

GENERAL INFORMATION

FITNESS AREAS & TRACK AGE POLICY

Ages 16 and up can be unsupervised. Youth ages 12-15 must be supervised by an adult 16 years and older or have completed a Youth Fitness Orientation with a PRCS trainer. Ages 11 and under are not permitted unless they are in a programmed event or class.

CLIMBING WALL

Come climb our 30 foot high Freeform Climbing Wall! Children 11 and under must be supervised by an adult or be in a programmed event or class. All climbers must have a Climbing Wall Release Form on file, signed by a parent or guardian if under 18 years old.

FACILITY RENTALS

Rental options include a carpeted, multipurpose room, catering kitchen, gymnasium,

um, and small classrooms. Visit us for a tour and schedule your event. Payment is due at time of reservation.

KID KARE

Kid Kare is a drop-in child care service for members of Dulles South Recreation and Community Center and Claude Moore Recreation and Community Center. Kid Kare is available only to members with a six-month or annual passholders only while they are using the fitness and aquatic areas or taking a class.

AQUATICS & SAFETY PROGRAMS

Find information on Swim Lessons, Lifeguard Classes, and Aquatic Fitness in the AQUATICS section of this guide!

QUESTIONS ABOUT PROGRAMS?

Please contact cmrccprograms@loudoun.gov if you have any questions about programs listed in this guide.

PRESCHOOL AGE PROGRAMS

ITTY BITTY SONGS, PLAY & MORE!

(Ages 2-4) Bring your little one and make memories! Enjoy story time, songs, circle time, a themed activity and more! Parent participation required. Fee is per child and parents are free.

373111-01	\$28	F	3/4-3/25	10:00am-11:00am
373111-02	\$28	F	4/1-4/29	10:00am-11:00am
373111-03	\$28	F	5/6-5/27	10:00am-11:00am

PARENTS' NIGHT OUT - PRESCHOOL

(Ages 3-5) Parents, drop off your child to enjoy a fun night of crafts, pizza, the outdoors, and a movie to end while you enjoy a break! Additional child is 50% off.

373109-01	\$16	F	3/4	5:00pm-9:00pm
373109-02	\$16	F	3/18	5:00pm-9:00pm
373109-03	\$16	F	4/8	5:00pm-9:00pm
373109-04	\$16	F	4/22	5:00pm-9:00pm
373109-05	\$16	F	5/13	5:00pm-9:00pm
373109-06	\$16	F	5/27	5:00pm-9:00pm

PRESCHOOL DAYS OUT CAMP

(Ages 3-5) Schools Out? No Problem! Come to Claude Moore Recreation & Community Center for fun activities, games, crafts, time outside or in our gym and more! Bring a nut free lunch, 2 nut free snacks, and a water bottle. Don't forget to wear comfortable clothes and closed toe shoes.

373110-01	\$30	M	3/7	9:00am-2:00pm
373110-02	\$150	M-F	4/11-4/15	9:00am-2:00pm

ELEMENTARY AGE PROGRAMS

PARENTS' NIGHT OUT: ELEMENTARY

(Ages 6-12) Enjoy a night out or a relaxing night in while the children enjoy pizza, swimming, rockwall, crafts, games, and a movie to end the night. Additional child is 50% off.

373248-01	\$20	F	3/4	5:00pm-9:00pm
373248-02	\$20	F	3/18	5:00pm-9:00pm
373248-03	\$20	F	4/8	5:00pm-9:00pm
373248-04	\$20	F	4/22	5:00pm-9:00pm
373248-05	\$20	F	5/13	5:00pm-9:00pm
373248-06	\$20	F	5/27	5:00pm-9:00pm

ELEMENTARY SPRING DAYS OUT CAMP

(Ages 6-12) No school? No problem! Come enjoy your day with us at CMRCC! Kids will climb the rock wall, go swimming, play in the gym, play games, arts & crafts and more!

373231-01	\$40	M	3/7	7:30am-6:00pm
373231-02	\$200	M-F	4/11-4/15	7:30am-6:00pm
373231-03	\$40	M	4/18	7:30am-6:00pm
373231-04	\$40	Tu	5/3	7:30am-6:00pm



Pass

SALE!

15%
off

MAY 9 - JUNE 13

Annual & 6-month recreation center memberships discounted 15%

Dulles South Recreation
& Community Center
24950 Riding Center Drive
South Riding, Virginia 20152
571-258-3456

Claude Moore Recreation
& Community Center
46105 Loudoun Park Lane
Sterling, Virginia 20164
571-258-3600

Visit www.loudoun.gov/prcs or drop by for more information.

SPORT PROGRAMS

SOCCER SKILLS

(Ages 6-12) The Elementary Soccer Skills Program will go over the fundamentals of soccer and participants will learn how to properly kick, pass, shoot, and dribble the soccer ball.

373202-01 \$75 W 3/23-5/4 4:00pm-5:00pm

BASKETBALL BALL HANDLING

(Ages 6-12) The goal for our ball handling program is to get kids comfortable dribbling the basketball with their dominant hand as well as making movements while dribbling the basketball. We will have the children go through basic cone drills throughout the basketball court and gradually learning more dribble movements each day.

373222-01 \$75 Tu 3/15-4/26 4:00pm-5:00pm

373222-02 \$75 W 3/16-4/27 5:00pm-6:00pm

BASKETBALL SHOOTING

(Ages 6-12) Our goal is to improve elementary aged students basketball shooting form and to improve their confidence shooting the ball. We'll have the participants go through cone drills to simulate shots they would take in a game or in a practice setting.

373241-01 \$75 Th 3/17-4/28 5:00pm-6:00pm

ADVANCED BASKETBALL BALL HANDLING

(Ages 6-12) The goal for our ball handling program is to get kids comfortable dribbling the basketball with their dominant and nondominant hand as well as having kids make advanced movements while dribbling the basketball. We will have the children go through more advanced cone drills throughout the basketball court and gradually learn more advanced dribble movements each day.

373223-01 \$75 Th 3/17-4/28 4:00pm-5:00pm

PRIVATE BASKETBALL LESSONS

(Ages 6-17) Our private basketball training consists of 4 sessions, 45 minutes each and will be tailored to each client. Private lessons are on a first come, first served basis and enrollment is not guaranteed.

373249-01 \$150 4 sessions

FOOTBALL FUNDAMENTALS

(Ages 6-12) The football fundamentals program will teach all the basics and rules of football, we'll have participants run thru drills to improve their form and get them more comfortable in a football setting. Points we'll focus on include how to catch, how to throw, how to carry a football, how to run a route etc.

373220-01 \$75 M 3/21-4/25 4:00pm-5:00pm

TEEN PROGRAMS

TEEN LEADERSHIP

(Ages 13-17) This interactive educational program is filled with team-building activities, guest speakers, and a variety of service projects designed to give back to the community and help build work skills and ethic. Opportunities to practice interview skills and review resumes will also be provided. This program meets once a week for 8 weeks.

373404-01 \$25 W 3/23-5/18 6:00pm-7:30pm

ART CLASSES

JEWELRY MAKING WITH POLYMER CLAY

(Ages 18 & up) Learn everything about polymer clay, how to condition, cut, shape, bake, and sand. You will get to create your own unique jewelry, learn all the tips and tricks, and master a new craft that you can potentially pursue as a business! Polymer clay is easy to work with, inexpensive, and versatile. It can be made to mimic many other materials such as stone, gemstones and glass almost anything you can imagine can be created with polymer clay. The world of polymer clay is amazingly beautiful and you'll definitely enjoy your new craft and skill. Try out the class in our trial workshop on 3/17. Want to create a floral piece of jewelry? Join

us for our Floral Workshop on 5/21.

373500-01 \$145 Th 3/24-5/19 6:15pm-8:15pm

373500-02 \$145 F 3/25-5/20 12:00pm-2:00pm

373500-03 \$25 Th 3/17 11:00am-1:00pm

373500-04 \$25 Sa 5/21 10:00am-12:00pm

PIGMENT & WATER - AN INTRO TO WATERCOLOR

(Ages 16 & up) This is an excellent introduction to the unique world of watercolors! As one of the oldest art forms, watercolors can be incredibly versatile medium, not to mention a portable one. Whether you've never picked up a brush, or enjoy doodling and sketching, watercolor is a great next step to add a unique touch to your art, or to dip your toes into a creative outlet. Join this 8-week class to develop the skills you need to get started on your own watercolor journey.

Special Workshops: Floral Workshop and Landscape Workshop. Interested in trying out the class before signing up for all 8 weeks? Join us for our trial workshops on 3/10!

373703-01 \$90 W 3/23-5/18 6:30pm-8:30pm

373703-03 \$25 W 3/16 6:30pm-8:30pm

Floral Workshop

373703-04 \$25 W 5/25 6:30pm-8:30pm

Landscape Workshop

SKETCHBOOK TO TABLET

(Ages 12 & up) Sketchbook to Tablet is your introduction to intuitive digital art using the AutoDesk Sketchbook Program. You will develop skills for organizing your projects, rendering in digital more traditional styles, how to utilize tools unique to digital art, and how to familiarize yourself with techniques and skills to turn your tablet into your new favorite sketchbook. 8 weekly courses, and you'll be confident in your new skills to create your own digital masterpieces!

373719-01 \$70 Su 3/27-5/22 2:00pm-3:30pm

FITNESS TRAINING

PERSONAL TRAINING

(Ages 12 & up) We offer 30 and 60-minute individual and semi-private training packages to help you reach your health and fitness goals. Our team of certified personal trainers can provide as much help as necessary to develop a consistent & efficient workout plan to achieve their fitness goals and learn how to make exercise a life-long habit. Patrons may purchase 4, 8, or 12 personal training sessions which are all by appointment only.

ADULT GROUP FITNESS CLASSES

Group Fitness classes are included in long-term or day passes. Please check our website for the most up-to-date schedule.

BARRE

This class mixes elements from Pilates, yoga, and dance where the moves are choreographed to music. In each energizing and targeted workout, you'll use the barre and exercise equipment to sculpt, slim and stretch your entire body.

GLO - GENTLE LOW IMPACT

GLO is our specialty class focused on strength and mobility for those looking for a gentler workout routine.

H2O FIT

This class is low impact but high intensity FUN in the pool. H2O Fit combines cardio and strength training in the comfort and ease of the water. Fun routines and specific exercises are incorporated to improve coordination and joint stability.

HATHA YOGA

Traditional practice designed to restore the body and mind to a balanced state through a series of poses sequenced to detox the system and move energy through the body based on the science of yoga.

POUND

A full-body workout designed for all fitness levels, combining cardio, conditioning and strength training with Pilates-inspired movements. Light weight drumsticks (Ripstix) are provided to drum to the beat of fun and engaging music. This is a-high energy class open to all fitness levels.

YIN YOGA

Beautiful meditative practice designed to open fascia and joints by sitting quietly in poses 3 to 5 minutes. Class includes an hour of poses followed by an optional 15 minutes of meditation.

ZUMBA

A total workout combining all the elements of fitness, cardio, muscular endurance, balance and boosted energy with a serious dose of awesome every time you come to class.



DULLES SOUTH RECREATION & COMMUNITY CENTER

24950 Riding Center Drive, South Riding, VA 20152

571-258-3456

<http://www.loudoun.gov/dullessouthreccenter>

Facility Hours:

M-F 5:00am-9:30pm – Sa-Su 8:00am-8:00pm

Kid Kare:

M-F 8:30am-1:30pm/4:30pm-8:30pm • Sa 8:00am-12:00pm

Competition Pool:

M-F 5:00am-9:15pm – Sa-Su 8:00am-7:45pm

Leisure Pool & Spa:

M-F 9:00am-8:45pm – Sa-Su 11:00am-7:45pm
11:00am-6:00pm on Easter Sunday, 4/17
11:00am-6:00pm on Memorial Day, 5/30

Spring Pass Sale May 9 through June 13

15% off Annual and 6 month passes

Note: Dulles South Recreation and Community Center will be closed for annual maintenance 5/31-6/6. The Competition and Leisure pools will be closed for maintenance 5/31-6/13 (Call or follow up on Facebook for updates). This closure does not impact childcare

ADMISSION FEES

All admissions include age-appropriate access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the climbing wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase. A 15-percent discount is available for active duty and retired members of the military and first responders on annual, six-month, and monthly passes, as well as daily and 25-admission passes.

Daily

Under 2 & under Free (plastic training pants required)
Ages 3-17 \$4.00
Adults 18-54 \$6.00
Ages 55+ \$4.00
(Children 11 and under must be supervised by an adult at all times inside the facility. For children 5 and under and/or children wearing a lifejacket, an adult must be in the water within arms-reach of the child.)

Admission Pass (25 admissions no expiration)

Ages 3-17 & 55+ \$88
Ages 18-54 \$132

Monthly Pass (unlimited use)

Single Adult \$50
Two Adults (Family) \$85
Family Dependent \$15
Family \$125
Senior/Youth \$40
Senior Couple \$65
Adult/Senior \$75
Student \$40

6 Month Pass (unlimited use)

Single Adult \$250
Two Adults (Family) \$450
Family Dependent \$70
Family \$575
Senior/Youth \$200
Senior Couple \$350
Adult/Senior \$400
Student \$200

Annual Pass (unlimited use)

Single Adult \$450
Two Adults (Family) \$800
Family Dependent \$125
Family \$1000
Senior/Youth \$350
Senior Couple \$600
Adult/Senior \$700
Student \$350

GENERAL INFORMATION

FITNESS AREAS & TRACK AGE POLICY

Ages 16 and up can be unsupervised. Youth ages 12-15 must be supervised by an adult 16 years and older or have taken Youth Fitness Orientation. Ages 11 and under are not permitted unless in a programmed event or class.

CLIMBING WALL

Come climb our 40 foot high Freeform Climbing Wall! Open daily, Monday through Friday 4pm-8pm and Saturdays and Sundays 11am-7pm. Children 11 and under must be supervised by an adult or be in a programmed event or class. All climbers must have a Climbing Wall Release Form on file, signed by a parent or guardian if under 18 years old.

FACILITY RENTALS

Rental options are available in our gymnasium, conference room, and small classrooms. Visit us for a tour and to schedule your event. Payment is due at time of reservation.

KID KARE

Kid Kare is a drop-in child care service for members of Dulles South Recreation and Community Center and Claude Moore Recreation and Community Center. Kid Kare is available only to passholders with a six-month or annual pass only while they are using the fitness and aquatic areas or taking a class.

AQUATICS & SAFETY PROGRAMS

Find information on Swim Lessons, Lifeguard Classes, and Aquatic Fitness in the AQUATICS section of this guide!

PARENT & CHILD PROGRAMS

Parent/Guardian participation required for these classes

SOCCER FUN

(Ages 2-3) Join your little kicker and learn the fundamentals of soccer in this energized, fun class. They will have a blast running, kicking, passing, stopping, and scoring, all while playing fun games and activities. Instructor: Carol Johnson

305106-01	\$30	W	3/2-3/30	9:30am-10:00am
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LITTLE HOOPSTERS

(Ages 2-3) Join your little basketball player for some fun in the gym! Your child will begin to learn basic basketball skills in a fun, age-appropriate setting. Instructor: Carol Johnson

305117-01	\$30	W	3/2-3/30	10:30am-11:00am
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TINY TOT TUMBLING

(Ages 1-3) Join your toddler for this fun movement and tumbling time class. Skills introduced are tumbling, climbing, balancing, and bouncing to enable children to develop their gross motor skills using age-appropriate equipment. Children will also join instructor in a parachute game and a song. No class 3/7 and 4/11-4/15.

305101-01	\$24	M	3/14-3/28	9:30am-10:15am
305101-02	\$40	Tu	3/1-3/29	9:30am-10:15am
305101-03	\$24	M	4/4-4/25	9:30am-10:15am
305101-04	\$24	Tu	4/5-4/26	9:30am-10:15am
305101-05	\$32	M	5/2-5/23	9:30am-10:15am
305101-06	\$32	Tu	5/3-5/24	9:30am-10:15am

BABY PETITE BALLET

(Ages 2-3) Be prepared to move with your petite dancer and discover elements of dance and ballet vocabulary. Soft ballet shoes recommended. Parents should wear clothing that allow them to move comfortably. Instructor: Marisol Ortiz

305156-01	\$48	Sa	4/16-5/21	11:30am-12:00pm
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MUSIC & MOTION

(Ages 1-3) Get your toddler moving and shaking to some fun songs! This fun class will keep you hopping and bopping. Instructor: Carol Johnson

305113-01	\$24	M	5/2-5/23	9:30am-10:00am
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PARACHUTES BALLS & FUN!

(Ages 1-3) Join your little one in the gym for some fun with parachute games, balls, music, and movement. This is a great introductory class for the young toddler! Instructor: Kristy Swanson (M)

305115-01	\$24	M	5/2-5/23	10:15am-10:45am
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PRESCHOOL AGE PROGRAMS

PLAYGROUND GAMES

(Ages 3-5) Your child will join us in the gym for some old school fun. Meet new friends and learn fun games like Duck, Duck, Goose, parachutes games, relay races and more. No Classes 4/11-4/15. Instructor: Carol Johnson

305116-01	\$50	W	3/2-3/30	1:30pm-2:30pm
305116-02	\$30	Th	4/7-4/28	1:30pm-2:30pm

WONDERFUL WEDNESDAYS

(Ages 3-5) Join Miss Suman for some arts and crafts, games, songs, stories, and fun! Spend some time with friends and make new ones! Plan for indoor and outdoor activities. No Class 4/13. Instructor: Suman Khandelwal

305114-01	\$50	W	3/2-3/30	1:30pm-2:30pm
305114-02	\$30	W	4/6-4/27	1:30pm-2:30pm
305114-03	\$40	W	5/4-5/25	1:30pm-2:30pm

PRESCHOOL IS OUT CAMP

(Ages 3-5) Join us on your day off school for some extra fun! Make your own

crafts, play fun games and preschool aged activities. Students will have fun with math facts and play math games. Dress for both indoor and outdoor activities.

305122-01	\$30	M	3/7	9:00am-2:00pm
305122-02	\$150	M-F	4/11-4/15	9:00am-2:00pm

OBSTACLE COURSE GALORE

(Ages 3-5) Join this fun class! Challenge yourself with a fun, age-appropriate obstacle course! Have fun running, jumping, and climbing while improving coordination and balance. No Classes 4/11-4/15. Instructor: Carol Johnson

305149-01	\$30	M	3/7-3/28	1:00pm-2:00pm
305149-02	\$30	Tu	4/5-4/26	1:30pm-2:30pm

PARENT'S NIGHT OUT

(Ages 3-5) Enjoy a night out while your kids enjoy pizza, crafts, games, and a movie. Additional child 50% off.

305127-01	\$16	F	3/11	5:00pm-9:00pm
305127-02	\$16	F	4/8	5:00pm-9:00pm
305127-03	\$16	F	5/13	5:00pm-9:00pm

MONDAY FUN DAY

(Ages 3-5) Join us for an afternoon full of all things fun! We will play sports, games, tumble, dance, and laugh! Each week we will play a new sport or do some tumbling. We will also play games and dance to some fun music every Monday! This class is a great introduction to a preschool type setting. Children will have some free play but also learn to follow directions during our structured fun games. Come end your week with a ton of fun! No Class 3/7 and 4/11. Instructor: Kristy Swanson

305125-01	\$30	M	3/14-3/28	11:00am-12:00pm
305125-02	\$30	M	4/4-4/25	11:00am-12:00pm
305125-03	\$40	M	5/2-5/23	11:00am-12:00pm

ARABIC FOR PRESCHOOLERS

(Ages 4-6) Come and learn the basics of Arabic! Children will learn the alphabet and basics of the language in a fun way, while engaging in activities, songs, poems, and games! No Class 4/11-4/15. Instructor: Aida Hamad

305108-01	\$80	M	3/14-5/9	1:30pm-2:30pm
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ARABIC II FOR PRESCHOOLERS

(Ages 4-6) Take your Arabic one step further. This class is for children who have already completed Arabic for Preschoolers and want to move at a little faster pace. Children will learn the alphabet and basics of the language in a fun way, while engaging in activities, songs, poems, and games! No Class 4/11-4/15. Instructor: Aida Hamad

305109-01	\$80	W	3/16-5/11	1:30pm-2:30pm
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SPORTS MADNESS

(Ages 3-5) Learn a new sport each week! We will play basketball, soccer, football and more! Each class will introduce a sport in a fun, age-appropriate setting. No Class 4/11-4/15. Instructor: Carol Johnson

305104-01	\$30	W	4/6-4/27	1:00pm-2:00pm
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YOUTH PROGRAMS

AFTERNOON FUN

(Ages 5-8) Join Miss Suman for some arts and crafts, games, songs, stories and fun! Spend some time with friends after school in this fun class. Plan for indoor and outdoor activities. No Class 4/12. Instructor: Suman Khandelwal

305221-01	\$60	Tu	3/1-3/29	3:00pm-4:30pm
305221-02	\$36	Tu	4/5-4/26	3:00pm-4:30pm
305221-03	\$48	Tu	5/3-5/24	3:00pm-4:30pm

LEARN CHESS WITH SILVER KNIGHTS!

(Ages 6-12) Learn chess with Silver Knights! We've taught 100,000 children to play including state & national champions, but most students are beginners looking to learn a new skill and have FUN. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies. All skill levels are welcome! Call 571-367-3100 for more information. No class 4/12. Instructor: Silver Knights Enrichment.

305200-01 \$149 Tu 3/1-4/26 6:00pm-7:00pm

ENGINEERING DESIGN PROCESS

(Ages 8-18) In this class participants will learn about engineers and the engineering design process and will use it to solve a real-world problem in their community. Participants will use virtual reality systems and software applications to help them study, develop, and solve a real-world problem. Required equipment and materials included. Instructor: Youth Technology Network.

305206-01 \$200 W 3/2-4/6 4:00pm-5:00pm

SCHOOL'S OUT CAMP

(Ages 6-12) School's out? Come join DSRCC for a day of fun. Swimming in the pool, climb the climbing wall, games, arts, and crafts and more! Please pack a lunch, water bottle, swimming suit and towel. Instructor: Dulles South Camp Staff

305301-01 \$40 M 3/7 7:30am-6:00pm

305301-02 \$40 M 4/18 7:30am-6:00pm

305301-03 \$40 Tu 5/3 7:30am-6:00pm

MARTIAL ARTS FOR KIDS-TIGER

(Ages 3-6) Introduce your child to the fundamentals of Taekwondo! This provides so much more than physical fitness. Your child will learn the basics including kicking, punching, self-defense, balance, discipline, focus, respect, and group interaction. New exercises are introduced each week to help build a child's self-esteem and physical conditioning. Instruction provided by a World Taekwondo Federation certified instructor. Uniforms are recommended but not required. Instructor: Sang Mook Oh

305174-01 \$60 F 3/11-4/15 6:30pm-7:00pm

305174-02 \$60 Sa 3/12-4/16 12:30pm-1:00pm

PARENT'S NIGHT OUT

(Ages 6-12) Enjoy a night out while your kids enjoy pizza, crafts, games, and a movie. Additional child 50% off.

305204-01 \$20 F 3/11 5:00pm-9:00pm

305204-02 \$20 F 4/8 5:00pm-9:00pm

305204-03 \$20 F 5/13 5:00pm-9:00pm

MARTIAL ARTS FOR KIDS - WARRIORS

(Ages 6-12) Learn the fundamentals of Taekwondo! Children will learn the basics including kicking, punching, self-defense, balance, discipline, focus, respect and group interaction. New exercises are introduced each week to help build a child's self-esteem and physical conditioning. Instruction provided by a World Taekwondo Federation certified instructor. Uniforms are recommended but not required. Instructor: Sang Mook Oh

305274-01 \$60 Sa 3/12-4/16 1:15pm-1:45pm

ARABIC FOR CHILDREN

(Ages 6-9) Come and learn the basics of Arabic! Children will learn the alphabet and basics of the language in a fun way, while engaging in activities, songs, poems and games! No class 4/11-4/15. Instructor: Aida Hamad

305203-01 \$80 M 3/14-5/16 3:00pm-4:00pm

INTRODUCTION TO COMPUTER-AIDED DESIGN

(Ages 8-18) In this class participants will use computer-aided design software, 3D printers, and design thinking method - to create, customize, prepare, and print digital objects. Required equipment and materials included. Instructor: Youth Technology Network.

305205-01 \$200 M 3/14-4/4 4:00pm-5:30pm

NEW! BASICS OF FASHION & DESIGN

(Ages 9-12) Combine your love of fashion and design as you explore and learn how to express your inner artist! In this class your child will take the first steps in the skills needed to express their personal style, build their confidence, and mold their creativity while learning the fundamentals of fashion and design. Instructor: Gema Torres

305224-01 \$100 M,W 3/14-4/6 5:00pm-6:00pm

SPRING BREAK CAMP

(Ages 6-12) Over Spring Break come join DSRCC for a week of fun. Swimming in

the pool, climb the climbing wall, games, arts, and crafts and more! Some days of camp will be spent on outdoor adventures, including hiking. Instructor: Dulles South Camp Staff

305300-01 \$210 M-F 4/11-4/15 7:30am-6:00pm

PETITE BALLET I

(Ages 4-5.5) Young children will learn basic ballet vocabulary and creative dance to help develop musicality and a sense of artistry. Soft ballet shoes and attire recommended after first session. Instructor: Marisol Ortiz

305157-01 \$72 Sa 4/16-5/21 12:30pm-1:15pm

PETITE BALLET II

(Ages 5.5-7.5) Children will learn basic ballet vocabulary and creative dance to help develop musicality and a sense of artistry. Instructor: Marisol Ortiz

305158-01 \$72 Sa 4/16-5/21 1:30pm-2:15pm

BEGINNER - INTERMEDIATE BALLET

(Ages 6-8) This class is designed for children who have taken a class with Miss Marisol at Dulles South in the past or have previous dance training. Enroll in this class to experience and intermediate approach to ballet with intricate movement patterns, emphasis on the anatomically correct use of the body and a deeper appreciation for this art. Participants in this class may perform in a ballet performance on site at the end of the session. Ballet soft shoes recommended. Instructor: Marisol Ortiz

305207-01 \$72 Tu 4/19-5/24 5:30pm-6:45pm

INTRODUCTION TO CYBER SECURITY

(Ages 8-18) In this course participants will learn how to operate safely in cyberspace and how to become a cyber security professional. Required equipment and materials included. Instructor: Youth Technology Network.

305209-01 \$180 W 4/20-5/18 4:00pm-5:00pm

PERFORMANCE BALLET I

(Ages 5-6) Beginning Ballet and creative dance combined to help develop musicality, sense of artistry and self-discipline. Participants in this class may perform in a Ballet Performance on site at the end of the season. Soft ballet shoes and attire recommended after first class. Instructor: Marisol Ortiz

305123-01 \$72 W 4/20-5/25 4:30pm-5:30pm

PERFORMANCE BALLET II

(Ages 6-8) Beginning ballet and creative dance combined to help develop musicality, sense of artistry and self-discipline. Participants in this class may perform in a short story telling performance at the end of the session. Instructor: Marisol Ortiz

305243-01 \$72 W 4/20-5/25 5:30pm-6:30pm

KENDO FOR BEGINNERS

(Ages 11 and up) Kendo, the art of Japanese fencing, strives to bring one's mind, body, and spirit together as one. Introduction to Kendo emphasizes a strong understanding of Kendo basics, including etiquette, footwork, and basic strikes. This class will introduce Kendo and requires no experience. The expectation is participants move on to the regular kendo class after 1-2 semesters of the beginner's class. Instructor: Christie Eickhoff and Osamu Osawa

305208-01 \$72 F 3/4-5/20 7:00pm-7:45pm

KENDO- THE WAY OF THE SWORD

(Ages 11 and up) Kendo, the art of Japanese fencing, strives to bring one's mind, body, and spirit together as one. This class is for experienced Kendo participants who want to further their skills. Gi, hakama, and shinai are required, bogu is strongly encouraged. Christie Eickhoff and Osamu Osawa

305211-01 \$96 F 3/4-5/20 7:00pm-8:30pm

FITNESS TRAINING & PROGRAMS

PERSONAL TRAINING

(Ages 12 & up) We offer 30 and 60-minute individual and semi-private training packages to help you reach your health and fitness goals. Our team of certified personal trainers can provide customers with as much help as necessary to devel-

op a consistent & efficient workout plan, achieve their desired fitness goals, and learn how to make exercise a life-long habit. Customers can sign up for 4, 8, or 12 personal training sessions by appointment only.

INBODY TEST

(Ages 12 & up) Go beyond the scale with the InBody Test, a non-invasive body composition analysis that provides a detailed breakdown of your weight in terms of muscle, fat, and water on an InBody Result Sheet. Get results you can trust so you can reach your health and fitness goals. InBody tests can be scheduled or done on a walk-in basis. To schedule your InBody assessment, please contact dsrccprograms@loudoun.gov.

NUTRITION COACHING

(Ages 12 & up) We offer 30 and 60-minute individual and semi-private nutrition packages to help you reach your health and fitness goals. Our team of nutrition specialists can provide customers with as much help as necessary to develop consistent and effective eating plans, achieve their desired wellness and fitness goals, and learn how to make wellness a life-long habit. Customers can sign up for 4, 8, or 12 personal nutrition sessions by appointment only. Please contact dsrccprograms@loudoun.gov for more information.

TRANSFORMERS

(Ages 16 & up) Metabolic Conditioning to burn the maximum amount of calories while building muscle strength and endurance. The most effective workout you can get to increase metabolism and change your body composition.

305548-01	\$112.50	M,W	3/2-3/30	7:00am-8:00am
305548-02	\$85	M,W	3/2-3/30	9:00am-9:45am
305548-03	\$47	Th	3/3-3/31	5:15am-6:00am
305548-04	\$50	Sa	3/5-3/26	8:00am-9:00am
305548-05	\$100	M,W	4/4-4/27	7:00am-8:00am
305548-06	\$75	M,W	4/4-4/27	9:00am-9:45am
305548-07	\$50	Th	4/7-4/28	5:15am-6:00am
305548-08	\$62.50	Sa	4/2-4/30	8:00am-9:00am
305548-09	\$100	M,W	5/2-5/25	7:00am-8:00am
305548-10	\$75	M,W	5/2-5/25	9:00am-9:45am
305548-11	\$37.50	Th	5/5-5/26	5:15am-6:00am
305548-12	\$50	Sa	5/7-5/28	8:00am-9:00am
305548-13	\$125	Tu,Th	3/1-3/31	5:00pm-6:00pm
305548-14	\$125	Tu,Th	3/1-3/31	6:15pm-7:15pm
305548-15	\$112.50	M,W	3/2-3/30	5:15pm-6:15pm
305548-16	\$162.50	M,W,F	3/2-3/30	6:30pm-7:30pm
305548-17	\$125	Tu,Th	3/1-3/31	12:00pm-1:00pm
305548-18	\$50	F	3/4-3/25	5:15pm-6:15pm
305548-19	\$100	Tu,Th	4/5-4/28	5:00pm-6:00pm
305548-20	\$100	Tu,Th	4/5-4/28	6:15pm-7:15pm
305548-21	\$100	M,W	4/4-4/27	5:15pm-6:15pm
305548-22	\$162.50	M,W,F	4/1-4/29	6:30pm-7:30pm
305548-23	\$100	Tu,Th	4/5-4/28	12:00pm-1:00pm
305548-24	\$62.50	F	4/1-4/29	5:15pm-6:15pm
305548-25	\$100	Tu,Th	5/3-5/26	5:00pm-6:00pm
305548-26	\$100	Tu,Th	5/3-5/26	6:15pm-7:15pm
305548-27	\$100	M,W	5/2-5/25	5:15pm-6:15pm
305548-28	\$150	M,W,F	5/2-5/27	6:30pm-7:30pm
305548-29	\$100	Tu,Th	5/3-5/26	12:00pm-1:00pm
305548-30	\$50	F	5/6-5/27	5:15pm-6:15pm

L.I.F.T. - LOW IMPACT FITNESS TRAINING

(Ages 16 & up) Get the results you want with grounded exercises. These strength and cardio exercises are effective, low impact moves to work the total body. Improve strength, cardio, and flexibility while protecting your joints and tendons.

305541-01	\$125	Tu,Th	3/1-3/31	3:00pm-4:00pm
305541-02	\$100	Tu,Th	4/5-4/28	3:00pm-4:00pm
305541-03	\$100	Tu,Th	5/3-5/26	3:00pm-4:00pm

GYM TO HOME

(Ages 16 & up) A workout focused on exercises that use the whole body and emphasize postural and core strengthening and stability. Resistance relies primarily on body weight with minimal and creative use of equipment, such that the program

can be performed away from the gym as well. Form is stressed to encourage proper movement patterns in your daily life.

305544-01	\$112.50	M,W	3/2-3/30	9:30am-10:30am
305544-02	\$75	M,W	3/2-3/30	12:00pm-12:45pm
305544-03	\$100	M,W	4/4-4/27	9:30am-10:30am
305544-04	\$75	M,W	4/4-4/27	12:00pm-12:45pm
305544-05	\$100	M,W	5/2-5/25	9:30am-10:30am
305544-06	\$75	M,W	5/2-5/25	12:00pm-12:45pm

WOMEN WITH WEIGHTS

(Ages 16 & up) This class is designed to introduce women to strength training exercise and techniques to build strong muscles, bones, and have confidence in the gym. The focus is on basic movement patterns and you will learn how to incorporate strength training into your existing fitness routine for better movement results.

305551-01	\$125	Tu,Th	3/1-3/31	9:30am-10:30am
305551-02	\$100	Sa	3/5-3/26	9:15am-10:15am
305551-03	\$100	Tu,Th	4/5-4/28	9:30am-10:30am
305551-04	\$62.50	Sa	4/2-4/30	9:15am-10:15am
305551-05	\$100	Tu,Th	5/3-5/26	9:30am-10:30am
305551-06	\$50	Sa	5/7-5/28	9:15am-10:15am

YOUTH FITNESS PROGRAMS

TEEN FITMIX

(Ages 12-16) Every class is a party! A unique combo of dance and movement choreographed to your favorite songs. Easy to follow routines that burn calories and improve coordination. All fitness levels will get a fun workout while building confidence and friendships.

305549-01	\$62.50	Tu	3/1-3/29	6:00pm-7:00pm
305549-02	\$50	Tu	4/5-4/26	6:00pm-7:00pm
305549-03	\$50	Tu	5/3-5/24	6:00pm-7:00pm

YOUTH YOGA

(Ages 12-16) Learn yoga poses, breathing, and relaxation exercises which cultivate a calm mind, increase strength, flexibility, and concentration. Perfect for all levels of experience and abilities.

305545-01	\$112.50	M,W	3/2-3/30	6:30pm-7:30pm
305545-02	\$100	M,W	4/4-4/27	6:30pm-7:30pm
305545-03	\$100	M,W	5/2-5/25	6:30pm-7:30pm

YOUTH FITNESS ORIENTATION

(Ages 12-15) The Youth Fitness Orientation is a one-hour class that will cover the basics of safe and effective exercise, equipment use, and gym etiquette. Upon successful completion of this orientation, a card will be issued that allows the card holder use of our fitness areas without a parent or guardian.

305550-01	\$45	Sa	3/5-3/5	8:30am-9:30am
305550-02	\$45	M	3/7-3/7	6:00pm-7:00pm
305550-03	\$45	Sa	4/2-4/2	8:30am-9:30am
305550-04	\$45	M	4/4-4/4	6:00pm-7:00pm
305550-05	\$45	Sa	5/7-5/7	8:30am-9:30am
305550-06	\$45	M	5/9-5/9	6:00pm-7:00pm

P.R. PERFORMANCE

(Ages 12-16) Learn to move well, increase strength, improve agility and coordination. Whether a beginner or advanced, the small group size allows for individualized and custom programming by a certified personal trainer. Earn the competitive advantage in your sport

305547-01	\$50	M	3/7-3/28	4:45pm-5:45pm
305547-02	\$62.50	Tu	3/1-3/29	4:45pm-5:45pm
305547-03	\$50	M	4/4-4/25	4:45pm-5:45pm
305547-04	\$50	Tu	4/5-4/26	4:45pm-5:45pm
305547-05	\$50	M	5/2-5/23	4:45pm-5:45pm
305547-06	\$50	Tu	5/3-5/24	4:45pm-5:45pm

GROUP EXERCISE

The following Land & Aqua Fit classes are included for passholders or with daily admission fees. Please check our web page and Facebook for the updated monthly schedule or sign up for the fitness newsletter to receive updates to the class schedule including changes or cancellations. Participants must be 16 years or older to participate in these classes. Stop by the front desk 30 minutes before the class starts and pick up a Class Entrance Card (CEC) which will be given to instructor to ensure spot in the class.

LAND FIT CLASSES

AEROBIC RHYTHM

(Ages 16 & up) Aerobic exercise choreographed to the music. This ultra fun dance workout will give you a full body cardio workout.

BARRE

(Ages 16 & up) Get a strong, lean body by mixing cardio and ballet. Barre is an upbeat workout with amazing results. A class that's suitable for all levels and experience.

BODY SCULPT

(Ages 16 & up) A total body and conditioning class using free weights, body bars, bands and your own body weight. Great for beginner to advanced.

CYCLE

(Ages 16 & up) Work on building your muscular and cardio endurance while rock-in' it out to your favorite music! Sprint and climb while navigating high intensity intervals.

DANCE FIT

(Ages 16 & up) A hi-lo impact dance class with Latin style. Learn Salsa, Samba, Merengue and more while getting a great workout.

GENTLE YOGA

(Ages 16 & up) "Easy does it." This class is ideal for anyone wanting a slower paced class. We will be gently opening and strengthening the body, connecting with our breath, and calming the mind. Great way to reset yourself for the rest of the day. Please bring a Yoga mat.

HATHA MORNING FLOW

(Ages 16 & up) An energizing flow to start your day. This class focuses on the fundamental system of pairing poses and breathing, as well as the practice of meditation. Appropriate for all levels and abilities. Please bring a Yoga mat.

HATHA YOGA

(Ages 16 & up) Hatha Yoga consists of the classic sun salutation, held postures, breathing practices, meditation, and a guided deep relaxation. You will learn how to balance effort and ease allowing you to discover the optimal flow of energy to achieve greater flexibility, strength, poise, and mental focus. Students are encouraged to explore each posture at their own pace without strain or judgment, always honoring the body. This class is designed for all levels. Please bring a Yoga mat.

HEART-CORE BARRE

(Ages 16 & up) Tame stress and condition your heart, body, and mind. A barre fusion class. Ballet inspired movements combined with elements of yoga, pilates, and cardio fitness deliver a full-body workout.

HIIT EXPRESS

(Ages 16 & up) Want big results in a short amount of time? Burn calories and get fit with this 30-minute-high intensity interval class

HIRT EXPRESS

(Ages 16 & up) High Intensity Resistance Training. Want all the benefits of interval training, but looking to build muscle? HIRT training puts the best of cardio and resistance training together.

KICKBOXING

(Ages 16 & Up) Increase stamina, improve coordination and flexibility, plus build muscle with this fun all-levels workout that combines martial arts techniques with cardio.

POUND WITH RIPSTIX

(Ages 16 & up) Become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out.

REFIT

(Ages 16 & up) Movement plus music experience that adds resistance training elements to give you a total body workout. Easy to learn movements, inspiring music and a calorie burning workout for all levels.

SOUTHSIDE BOOTCAMP

(Ages 16 & up) Join this fast-paced class that is appropriate for all fitness levels. The focus is on increasing strength and endurance using various training methodologies.

STRENGTH EXPRESS

(Ages 16 & up) This 45-minute class focuses on muscular strength and endurance. Create lean muscle that will increase your metabolism and shape your body.

STRONG HEART SLOW FLOW

(Ages 16 & up) A strong heart is a peaceful heart. Ease into your day with this moving meditation designed to soothe your mind and heart while stretching and strengthening your body. Suitable for all levels, this class will leave you feeling calm and focused, ready to start your week. Please bring a Yoga mat.

STRONG NATION

(Ages 16 & up) A revolutionary high-intensity workout led by music to motivate you to crush your ultimate fitness goals. NOT A DANCE CLASS!

SUNSET FLOW

(Ages 16 & up) Unwind and put aside the tensions of the day with this relaxing flow suitable for all levels. You will leave feeling focused and relaxed. Please bring a Yoga mat.

VINYASA YOGA

(Ages 16 & up) Build endurance, flexibility, and mental focus in this dynamic flow that synchronizes breath and movement. Please bring a Yoga mat.

ZUMBA

(Ages 16 & up) A dance party with high-tempo music and the latest dance moves from Salsa, Samba, Merengue and hip-hop, this class is guaranteed to whip you into shape and energize your day.

AQUA FIT PROGRAMS

AQUA-YOGA/PILATES

(Ages 16 & up) Find mindfulness in the perfect waters of the leisure pool. Yoga and Pilates movements to strengthen the body and mind. Class is suitable for all levels.

WATER FIT

(Ages 16 & up) Water Fit is a fun, fast-paced water class that combines cardio, core and strength all while using the water's resistance to create a low impact workout. This class is ideal for all fitness levels.

SENIOR PROGRAMS

DULLES SOUTH SENIOR CENTER

(Ages 55 & up) For information, look under "Loudoun County Senior Center at Dulles Senior Center" in this activity guide or call 571-258-3883.

SENIOR & ADULT DAY CENTERS

Across Your County



1. ASHBURN SENIOR CENTER
2. CARVER SENIOR CENTER
3. DULLES SOUTH SENIOR CENTER
4. SENIOR CENTER AT CASCADES
5. THE SENIOR CENTER OF LEESBURG
6. EASTERN LOUDOUN ADULT DAY CENTER
7. LOUDOUN COUNTY ADULT DAY CENTER AT LEESBURG
8. MAC BROWNELL ADULT DAY CENTER



ASHBURN SENIOR CENTER

20880 Marblehead Drive, Ashburn, VA 20147

571-367-8340

Monday-Friday 9:00am-5:00pm * Saturday 8am-12pm

The Ashburn Senior Center will be closed on 5/30.

Registration is not required, unless otherwise noted, for the following general interest activities for participants 55 and over. Also, they are free, unless otherwise noted, (although annual membership or daily drop-in fee applies).

All classes/activities are subject to change. Call the center for further details.

CARDS & GAMES

BINGO

Fee required. Alternating weeks/see monthly newsletter.

M ongoing 10:00am-11:00am, 12:30pm-1:45pm

CANASTA & MEXICAN TRAIN

W ongoing 10:00am-11:30am

O'HECK

F ongoing 1:30pm-4:30pm

PARTY BRIDGE

Tu & Th ongoing 1:30pm-4:30pm

POKER

W ongoing 1:30pm-4:30pm

MAH JONGG - AMERICAN VERSION

Tu ongoing 1:30pm-4:30pm

CULTURAL & SOCIAL ACTIVITIES

BOOK CLUB

Tu ongoing 11:00am-12:00pm

CONVERSATIONAL SPANISH

For those who would like to practice their Spanish skills this free activity offers a great opportunity to converse and discuss current topics while improving grammar skills.

Th ongoing 10:00am-11:00am

CREATIVE CORNER

Indulge your creative side with these easy-to-do craft projects. Fee required.

Dates vary ongoing 10:00am-11:00am, 2:00pm-3:00pm

CURRENT EVENTS DISCUSSION

Please bring an article, past or current, to discuss with the group.

F ongoing 10:00am-11:00am

GARDENING CLUB

Th ongoing 11:00am-12:00pm

KNITTING & CROCHETING CLUB

Socialize as you work on your own project or contribute to our collection of charitable donations to community hospitals, shelters and services that help those in need. Limited supplies available. Volunteer instructor often available.

M, F ongoing 10:00am-12:00pm

LUNCH BUNCH

There is no better way to get to know others and socialize than sharing a meal together. Join us as we explore local area restaurants. There is a small cost for transportation that varies with distance. Lunch is self-pay. Sign up at the front desk.

Dates vary ongoing 10:30am-1:30pm

OUT ON THE TOWN

Join us for scenic drives, picnics, farmers' markets, and other outings about town. There is a small cost for transportation that varies with distance. All activities are self-pay. Sign up at the front desk.

Dates vary ongoing 10:00am-1:30pm

SHOPPING SPREE

Shop local area stores like Walmart, Leesburg Premium Outlets, Patel Brothers and more. There is a small cost for transportation that varies with distance. All shopping is self-pay. Sign up at the front desk.

Dates vary ongoing 10:00am-12:00pm

EDUCATION & INFORMATION

INOVA BLOOD PRESSURE CHECK

Monitor your blood pressure and heart rate monthly with these free screenings.

3rd Tu ongoing 10:00am-12:00pm

THE ASHBURN STITCHERS

Bring a project of your own or choose a pattern from our stock and receive instruction on how to use a sewing machine to create your own look.

Tu ongoing 10:00am-12:00pm

LIBRARY OUTREACH SERVICES

Browse titles and check out books, DVDs, and CDs with the Loudoun County Public Library system as they visit the Ashburn Senior Center monthly.

1st Th ongoing 11:15am-12:00pm

LUNCH & LEARN

Guest speakers including dietitians, nurses and others provide information on a variety of topics to help keep us informed and engaged.

Dates vary ongoing 11:00am-12:00pm

MANDARIN INSTRUCTION

Learn beginning or intermediate Mandarin with native speakers in this free class.

Th ongoing 10:00am-11:00am

MEMOIR WRITING

Join Amanda from the Ashburn Library as she leads you on a journey to paint the mosaic of your life through stories.

4th Tu ongoing 10:00am-11:00am

PAINTING BASICS

Tu ongoing 1:30pm-3:00pm

W ongoing 1:00pm-2:00pm

SERVICES FOR SENIORS

Elder Resource Case Manager, Lori Stahl, from the Area Agency on Aging is available to offer confidential support and link seniors to community services and resources. Sign up at the front desk.

3rd M ongoing 9:00am-12:00pm

SPANISH INSTRUCTION

Whether you are a beginning student or want to brush up on your skills, join us for this 10-session class with native speaker, Francisco. Fee \$100. Registration required. Students will need to purchase a textbook.

344600-01 M 3/7-5/9 10:00am-11:00am

TECH TIME

Learn how to use Uber as your personal chauffeur or how to navigate your personal computer and phone with the guidance of a patient and knowledgeable instructor. Classes alternate between topic related lectures and drop-in consulting.

W ongoing 10:00am-11:00am

UKULELE INSTRUCTION

Have you always wanted to learn to play a musical instrument? Here's your chance! Bring your own ukulele or borrow one of ours (in class only) for a limited time. Sign up at the front desk.

Beginner M ongoing 11:00am-12:00pm
Intermediate M ongoing 1:00pm-2:00pm

EXERCISE ACTIVITIES

BADMINTON

Tu ongoing 12:00pm-2:00pm

CHINESE FOLK DANCE

Guided exercise with limited verbal instruction.

Th ongoing 11:00am-12:00pm

INTRO TO LINE DANCING – LEVEL 1

M ongoing 12:00pm-1:00pm

BEGINNER LINE DANCING – LEVEL 2

M ongoing 1:30pm-2:45pm

INTERMEDIATE LINE DANCING

F ongoing 10:00am-11:00am

BEGINNER PICKLEBALL INSTRUCTION

Th ongoing 1:00pm-2:00pm

BEGINNER PICKLEBALL OPEN COURT

Drop-in players rotate after each game.

Tu ongoing 9:00am-12:00pm, 2:00pm-4:30pm
Th ongoing 2:00pm-4:30pm
F ongoing 9:00am-12:00pm
Sa ongoing 8:00am-10:00am

INTERMEDIATE & ADVANCED PICKLEBALL OPEN COURT

Drop-in players rotate after each game.

M ongoing 12:00pm-4:30pm
W ongoing 12:00pm-4:30pm
Th ongoing 9:00am-1:00pm
F ongoing 12:00pm-4:30pm
Sa ongoing 8:00am-11:30am

PING PONG

M, W ongoing 9:00am-11:00am

REFIT

This mix of strength, balance, and cardio exercise will give you a full body workout. Fee \$100. Registration recommended. Drop-in \$13/class.

344600-03 Th 3/3-5/19 1:00pm-2:00pm

TAI CHI

Tu ongoing 11:00am-12:00pm
W ongoing 11:00am-12:00pm

YOGA

M ongoing 10:30am-11:30am
W ongoing 10:30am-11:30am

ZUMBA GOLD

Join us for this lower-intensity version of the typical Zumba class which utilizes Latin styles of music and dance. Fee \$100. Registration recommended. Drop-in \$13/class.

344600-02 M 3/7-5/23 10:00am-11:00am

SPECIAL EVENTS AT ASHBURN SENIOR CENTER

SPRING FLING CRAFT & SIDEWALK SALE

Bring your wares to sell or peruse the aisles for that perfect Easter gift!

344601-01

Tables: \$15/member, \$20/non-member Sa 4/9 9am-1:00pm

MOTHER'S DAY LUNCHEON

Join us as we celebrate mothers everywhere with music, food, and fun!

344601-02

\$2/member, \$5/non-member
Fr 5/6 11:30am-1:30pm



CARVER CENTER

200 Willie Palmer Way, Purcellville, VA 20132

571-258-3400

loudoun.gov/carver

Monday through Friday 9:00am-5:00pm • Saturday 8:00am-12:00pm.

SENIOR MEMBERSHIP (Ages 55 & up)

Senior participants may purchase twelve-month memberships or attend on a drop-in basis. The cost of many activities is included in the membership or drop-in fee. Any additional fees will be noted in the activity listing. Memberships are processed Monday through Friday between 9:00 and 2:00 pm. DROP-IN FEE \$2.00 Please note some activities are not open for drop-ins.

ARTS

BASIC WATERCOLOR

Learn the basics of watercolor techniques, no previous experience required. Materials provided. \$70 for members/ \$75 for non-members

330603-01

F 3/4-3/25 10:00am-11:30am

INTERMEDIATE WATERCOLOR

A continuation of basic watercolor with individual and group instruction. Must have taken a Basic Watercolor course previously. Paper provided. \$45 members/ \$50 non-members

330613-01

F 4/1-4/22 10:00am-11:30am

ADVANCED WATERCOLOR

Hone your watercolor skills through individual critiques and instruction. Must have taken previous watercolor courses. Paper provided. \$45 members / \$50 Non-members

330610-01		
W	3/2-3/23	1:15pm-2:45pm
330610-02		
W	4/6-4/27	1:15pm-2:45pm
330610-03		
W	5/4-5/25	1:15pm-2:45pm

PAINT YOUR OWN POTTERY

Paint your own pottery. Materials Provided. Pieces will be fired offsite and available for pick up the next week. \$20 for members/\$30 for non-members

330630-01		
Th	3/10	10:00am-11:30am
330630-02		
Sa	3/5	10:00am-11:30am
330630-03		
Th	4/14	10:00am-11:30am
330630-04		
Sa	4/16	10:00am-11:30am

HANDWORK & CRAFTING

Social and collaboration group. Share your knitting, stitching, crafting, and drawing skills!

330645-01		
Sa	3/5-5/28	8:30am-11:30am

MUSIC**CARVER MUSIC SCHOOL**

Learn basic music chords and notes, including how to read music sheets. Instruction by John Sanger

330608-01		
Tu	3/1-5/31	10:00am-11:00am

BASIC UKULELE

Learn the basics of Ukulele with Guy Masters. Instruments provided

330666-02		
W	3/2-5/25	1:00pm-2:00pm

UKULELE JAM SESSION

Enjoy group play in a low-key environment.

330691-01		
F	3/4-5/27	1:00pm-2:00pm

LUNCH & MUSIC

Enjoy live music from Chuck & Dan during lunch.

330649-01		
Tu	3/29	12:15pm-1:00pm
330649-02		
Tu	4/19	12:15pm-1:00pm
330649-03		
Tu	5/17	12:15pm-1:00pm

FITNESS & HEALTH**BALANCE & STABILITY**

Physical therapist design sequence of exercises designed to improve balance and stability. The music alone will brighten your day! Video instruction Wednesdays

330626-01		
M,W,F	3/2-5/27	11:15am-11:45am

BEGINNER LINE DANCE

Leader Carolyn Masters keeps things light and aims for group enjoyment. This

activity provides exercise as well as camaraderie.

330618-01		
M	3/7-5/23	1:00pm-2:00pm

NEW STUDENT LINE DANCE

For those with no line dancing experience

330615-01		
Th	3/3-5/26	1:00pm-2:00pm

SLOW & EASY LINE DANCE

Laid back line dancing for those with mobility issues

330686-01		
Th	3/3-5/26	11:15am-11:45am

INTERMEDIATE LINE DANCE

Must have previous line dancing experience

330689-01		
M,Th	3/3-5/26	2:00pm-3:00pm

TAI CHI

Slow-motion routines practiced in a group to promote strength, balance and flexibility. New students welcome. Instructor Trudy Weaver

330647-01		
Tu	3/1-5/31	9:00am-10:00am

QIGONG

(pronounced chi-gong) is a gentle practice of aligning breath, movement, and awareness during the practice of a series of standing movements. Video instruction Mondays.

330634-04		
M,W,F	3/2-5/27	10:00am-11:00am

BLOOD PRESSURE CHECKS

An Inova Health representative visits for free blood pressure checks and advice. 4th Thursday of the month

330633-01		
Th	3/24, 4/28, 5/26	10:00am-11:30am

STROKE AND CARDIAC AWARENESS

The Purcellville Fire Department visits with tips on how to recognize and give basic first aid for stroke and cardiac distress

330639-01		
W	5/11	1:00pm-2:00pm

GIANT HEALTH TALKS

A licensed dietitian from Giant Foods gives monthly educational talks on a variety of topics.

330605-02	Food Fighters	
W	3/2	1:00pm-2:00pm
330605-03	Spice It Up!	
W	4/6	1:00pm-2:00pm
330605-04	Healthy Living	
W	5/4	1:00pm-2:00pm

NVRC HEARING HELP

Northern Virginia Resource Center for Deaf and Hard of Hearing Persons offers free hearing screenings and advice.

330664-01		
M	3/28	10:00am-2:00pm
330664-02		
M	4/18	10:00am-2:00pm
330664-03		
M	5/23	10:00am-2:00pm

SPORTS & GAMES

CORN HOLE

Indoor Game

330616-01		
Tu	3/1-5/31	10:00am-11:45am
330616-02		
M	3/7-5/23	1:00pm-3:00pm

PING PONG

Enjoy this active indoor game, new players welcome!

330623-01		
M,W	3/2-5/25	9:00am-11:00am

PICKLEBALL

Indoor pickleball. New players welcome!

330625-01		
Tu	3/1-5/31	2:00pm-4:45pm
330625-02		
Th	3/3-5/26	3:15pm-4:45pm

BRAIN GAMES

Attendees are challenged with visual puzzle warmups followed by a series of group solved word games. Expect wisecracks and banter!

330628-01		
Th	3/3-5/26	9:45am-10:45am

PARTY BRIDGE

For more experienced bridge players

330631-01		
Th	3/3-5/26	1:00pm-4:45pm

BINGO

Monthly bingo

330640-01		
W	3/23	1:00pm-2:00pm
330640-02		
W	4/13	1:00pm-2:00pm
330640-03		
W	5/18	1:00pm-2:00pm

BEGINNER BRIDGE

Learn the rules and basic of this challenging card game. Experienced players are also welcome!

330648-01		
Tu	3/1-5/31	1:00pm-3:00pm

CARD PLAYERS

All card games welcome!

330650-01		
Tu	3/1-5/31	3:00pm-4:45pm

BOARD GAMES

Scrabble, Farkle, Uno, and more!

330641-01		
M-F	3/1-5/31	1:00pm-4:00pm

PUZZLES & ADULT COLORING

Word searches, crosswords and more. Materials provided

330653-01		
M-F	3/1-5/31	9:00am-11:00am

EDUCATIONAL

GENEALOGY BASICS

Learn the basics of genealogy research with help from the Purcellville Library. Meets 3rd Tuesday of the month.

330643-01		
Tu	3/15, 4/19, 5/17	11:00am-11:45am

LIBRARY OUTREACH

Rust Library visits to allow members to easily checkout and return books. 2nd Wednesday of the month

330644-01		
W	3/9, 4/13, 5/11	11:30am-12:00pm

DECLUTTERING FOR SENIORS

Carolyn Masters leads this class on how to declutter your home and life. No new sign ups after week 1.

330604-02		
Sa	3/5-5/14	9:00am-10:00am

BOOK CLUB

The Purcellville Library brings a new book each month. Meets every 2nd Tuesday

330617-01		
Tu	3/8, 4/12, 5/10	11:00am-11:45am

SERVICES FOR SENIORS

Lori Stahl offers advice and guidance on helpful area resources for seniors. 1st Monday of the month.

330614-01		
M	3/7,4/4,5/2	9:00am-12:00pm

TECH TUESDAY

The Purcellville Library visits to help members with common phone and tablet problems. First Tuesday of the month.

330668-01		
Tu	3/1, 4/5, 5/3	11:00am-11:45am

SOCIAL & SPECIAL EVENTS

CONGREGATE MEALS

Meals served in a group setting, donations welcome!

330646-01		
M-F	3/1-5/31	12:00pm-12:45pm

ANIMAL SHELTER EVENTS

Loudoun County Animal Shelter visits with adoptable animals and fun activities

330609-01	Bunny Crafting	
W	3/9	1:00pm-2:00pm
330609-02	Earth Day	
F	4/22	1:00pm-2:00pm

ST. PATRICK'S CELEBRATION

Enjoy lunch followed by live music and jokes with Tom Delaney

330667-02		
W	3/16	12:00pm-2:00pm

BARBERSHOP QUARTET

Live music with the Old Dominion Barbershop Quartet

330624-01		
F	4/1	1:00pm-2:00pm

MOTHER'S DAY TEA

Celebrate Mother's Day with tea and a sweet dessert.

330611-01		
F	5/6	1:00pm-2:00pm

ANIMAL DAY

Open to all ages! Come join us to meet animals from local 4-H groups, the Loudoun County Animal Shelter, Police Dogs, and more! This will be an outdoor event with a rainout date scheduled for June.

330619-01		
F	5/20-5/20	1:00pm-2:30pm



She lives alone and can no longer prepare her meals.
She could use someone to deliver a warm meal.
In less than one hour you could be that someone.



To volunteer for the Loudoun County Home Delivered Meals Program,
call 703-777-0257 or contact debra.bressler@loudoun.gov.
Home Delivered Meals program is administered by the Loudoun County
Department of Parks, Recreation & Community Services/Area Agency on Aging
www.giveitbacktoseniors.org

LUNCH & MOVIE

Monthly lunch and a movie

330654-01		
F	3/25	12:00pm-2:00pm
330654-02		
F	4/15	12:00pm-2:00pm
330654-03		
F	5/27	12:00pm-2:00pm



DULLES SOUTH SENIOR CENTER

24950 Riding Center Drive, South Riding, VA 20152
571-258-3883

Mon-Fri 9:00am-5:00pm; Sat 8:00am-12:00pm
Membership fee: \$32 resident; \$48 non-resident

The Dulles South Senior Center will be closed on 5/30/22

Unless otherwise noted, the following classes, activities, and programs are offered for free to participants ages 55 and older, although membership or drop-in fees apply. All classes/activities are subject to change. Call the center for further details.

FITNESS

YOGA FOR SENIORS

Enjoy the benefits of a life with Yoga. This class practices yoga while seated. Improve your strength, balance and flexibility. End this class with a good laugh.
M-W,F ongoing 10:30am-11:30am

MAT YOGA

Traditional Mat Yoga. Please bring your Yoga mat.
Th ongoing 10:30am-11:30am

JAY'S FITNESS CLASS

Join us for exercise & movement activities that will work your upper and lower body to improve your overall strength & fitness level including balance and hand-eye coordination.
F ongoing 1:00pm-2:00pm

EXERCISE EQUIPMENT ROOM

Get fit using the treadmill, bicycle, crank cycle, and free weights.
Daily ongoing 9:00am-4:30pm

TABLE TENNIS

Enjoy a game of ping pong with friends.
M-Th ongoing 12:30pm-4:30pm
F ongoing 2:30pm-4:30pm

BEACH BALL VOLLEYBALL

Volleyball is suited for individuals of all skill levels. Benefits include improving stress levels, cardiovascular health, joint flexibility, balance problems, and muscle tone. Not to mention, you will have loads of FUN!
M ongoing 1:15pm-3:00pm
Th ongoing 1:15pm-3:00pm

PICKLEBALL

The fastest growing sport in the U.S. has made its way to Dulles South Senior Center. Come drop in and play this indoor version of tennis played with a paddle and a whiffle ball. All skill levels are welcome to play. Call center for details.

TAI CHI

Join us in this beautiful form of exercise from the mainland of China. Class will begin in October.
Tu ongoing 10:00am-11:00am

FITNESS & CONDITIONING W/ROSHAN

Fitness & Conditioning is back with Dr. Roshan Patel, DPT. This exercise class will focus on both upper and lower extremity strengthening and is suitable for all fitness levels.
F ongoing 11:00am-12:00pm

DANCE

BEGINNING LINE DANCE

New to Line Dancing? Try this class to learn some basic line dance routines at a slower pace.
F ongoing 10:00am-11:00am

INTERMEDIATE LINE DANCE

Learn new line dance routines and have some fun.
Tu ongoing 11:00am-12:00pm

BEGINNER HULA

New to Hula and Polynesian Dance? Join us to learn the basic hula steps and movements. We will also build your hula dance repertoire. Stay for Polynesian Dance Fitness for a more low-impact exercise and learn new dances with the intermediate dance group. Get in the aloha spirit-bring a sarong or large scarf, a lei, or hair flower to wear if you have them.
Th ongoing 10:00am-10:30am

POLYNESIAN FITNESS DANCE

Hula, Tahitian Samoan dance styles, new and exciting dance workout inspired by the dances of the Pacific Islands. It is a 60-minute total body workout that isolates your larger muscle groups, increasing strength and definition to your core with specific emphasis on the abs, quads and arms.
Th ongoing 10:30am-11:30am

DANCE FITNESS

Take your line dance skills to a new level in this class that incorporates a combination of line dancing, salsa, cha-cha, tango and many other styles. Dance your way to fitness and fun!
M,W ongoing 11:00am-12:00pm

EDUCATION & INFORMATION

COMPUTER ONE-ON-ONE HELP

Computers help for beginners and more. If you are interested in learning how to use your phone, computer, or tablet to its fullest capacity, get help from different volunteers. Call the center to set up an appointment.

COMPUTER CLASS - TAUGHT IN KOREAN

Learn computer skills in a classroom environment with volunteer instructor. Class does not meet the first week of each month.
Th ongoing 10:30am-12:00pm

ADVISORY BOARD MEETING

Dulles South Senior Center Advisory Board meets the first Tuesday monthly.
1st Tu ongoing 1:00pm

SERVICES FOR SENIORS

See an Elder Resources Case Manager for confidential supportive assistance and questions for aging issues and situations. Sign up at the Dulles South Senior Center desk.

1st W	ongoing	10:30am-1:00pm
3rd W	ongoing	9:00am-12:00pm

INOVA MOBILE HEALTH SERVICES

Stop by and have your blood pressure and heart rate monitored monthly.

1st Tu	ongoing	9:00am-12:00pm
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CONVERSATIONAL ENGLISH W/JIM

Material Fee \$15

Tu & Th	3/2-5/31	10:00am-12:00pm
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GUM SPRINGS LIBRARY BOOK CLUB

Check out the book of the month from the staff office (or from the leader.) Read and return to discuss at the monthly meeting.

1st Th	ongoing	10:30am-11:30am
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MEMOIR WRITING

Ashburn Librarian leads this monthly memoir writing group at Dulles South Senior Center.

2nd Tu	ongoing	10:00am-11:00am
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CHILDREN'S LITERATURE BOOK CLUB W/DAVE

This club will focus on great youth literature and read books such as Alice in Wonderland, the Hobbit and more. Club meets twice a month for discussions.

1st & 3rd W	ongoing	10:30am-11:30am
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BIBLE STUDY

Daily	ongoing	10:00am-11:00am
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E-COMMENT

Seniors can record a 2-minute video message to the Board of Supervisors for their review.

W	ongoing	12:30pm
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GUEST SPEAKERS

Check monthly newsletter for guest speaker presentations on a variety of topics.

FINE ARTS**KNIT 'N' STITCH CLUB**

Bring your own supplies. Interested in learning to knit, crochet, or sew? Help is available from volunteer instructor.

Tu,Th	ongoing	11:00am-2:00pm
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CREATIVE WRITING WITH TRISH

This new Creative Writing program will meet virtually. A choice of writing prompts will be listed on screen. You'll write for 10-15 minutes using pen/pencil and paper or your computer. When the time is up, we'll join back on screen to share our work. Questions? Speak with Trish for more details.

W	ongoing	see newsletter for weekly times
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UKULELE BASICS

Interested in learning to play the ukulele? Come try it out. Bring your own ukulele or ukulele is available for use on a limited basis for a small fee.

Th	ongoing	2:00pm
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UKULELE CLUB

Enjoy the performances at our special events? Join our new Ukulele Club to practice your tunes with this collective group of players. This musical group will practice some familiar tunes, plus add a few new songs to every performance. Ukulele Basics available after club for those looking to brush up or get to know new skills.

Th	ongoing	1:00pm
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SOCIALIZING & ENTERTAINMENT**GAMES GALORE**

Start your week and weekend out right...PLAY! Jump start vocabulary with a good game of Scrabble, Rummikub, Canasta, Hand & Foot, and more.

Daily	ongoing	10:30am-4:30pm
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MAHJONG

Daily	ongoing	11:00am
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CANASTA

Tu,Th	ongoing	1:00 pm
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PARTY BRIDGE

F	ongoing	1:00pm-3:00pm
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BEGINNER BRIDGE

F	ongoing	3:00pm-4:00pm
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BINGO

Cards are \$1 each.

W	Dates vary	1:00pm-2:00pm
S	Dates vary	10:00am-11:00am

SHOPPING

Trips twice a month to Dulles Landing Shops including Walmart, Ross, Dick's, Home Goods and more. Call the center for dates & times of specialty shopping trips.

Dates vary	ongoing	10:15am-11:45am
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MONTHLY BIRTHDAY PARTY

Enjoy cake and celebrate the members' birthdays each month.

3rd W	ongoing	12:30pm
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WEEKLY MOVIES

Enjoy a movie on the big screen at the center.

Tu	ongoing	1:00pm-3:00pm
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**With WebTrac,
our online registration system, you can:**

- Request a new household account
- Retrieve your ID and password
- Search for activities by type, location, age, etc.
- Find details about an activity including price, date, etc.
- Enroll for most classes and activities
- Pay existing balances for licensed programs
- Print a transaction history
- Print a childcare statement
- Print old receipts
- Purchase performance tickets

Visit www.loudoun.gov/webtrac to search for activities or register.



SENIOR CENTER AT CASCADES

21060 Whitfield Place, Sterling, VA 20165

571-258-3280

Monday-Friday 9:00am-5:00pm • Saturday 8:00am-12:00pm

CARDS & GAMES

BINGO

Fee required - 15 games		
M	ongoing	12:50pm-1:50pm
TH	ongoing	10:30am-11:30am
F	ongoing	1:50pm-1:50pm

CANASTA

F	ongoing	10:00am-12:00pm
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DUPLICATE BRIDGE

Sanctioned game - Fee required		
M	ongoing	12:30pm-4:00pm

O'HECK

W	ongoing	10:00am-12:00pm
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PINOCHLE

Th	ongoing	11:00am-1:00pm
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PARTY BRIDGE

W	ongoing	1:00pm-4:00pm
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POKER

Th	ongoing	1:00pm-4:00pm
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BUNCO

1st F	ongoing	2:00pm-4:00pm
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MAH JONGG - AMERICAN VERSION

M	ongoing	1:00pm-3:00pm
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GAME TIME

Participate in board games and card games		
Th	ongoing	1:00pm-3:00pm
F	ongoing	2:00pm-4:00pm
Sat	ongoing	8:00am-12:00pm

CULTURAL & SOCIAL ACTIVITIES

BOOK CLUB

3rd Tu	ongoing	2:00pm-3:00pm
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INDIAN CULTURAL GROUP

Open to anyone interested in attending to celebrate Indian Culture		
W	ongoing	10:00am-11:00am

LEARN MANDARIN CHINESE

Open to anyone interested in learning mandarin Chinese		
Th	ongoing	10:00am-11:00am

MORNING REFRESHMENTS & FRIENDSHIP

M-F	ongoing	9:30am-10:30am
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CONVERSATIONAL SPANISH

For those who would like to practice their Spanish skills this free activity offers a great opportunity to converse and discuss current topics while improving grammar skills. Designed for the intermediate or advanced student. New students are always welcome! Instructor: Ana Mahoney		
Advanced	Tu	11:00am-12:00pm
Intermediate	Tu	10:00am-11:00am

KNIT & CROCHET GROUP

Join an active knit & crochet group to work on your own projects or make and donate items to benefit children and adults in the community facing illness or crisis.		
F	ongoing	9:30am-11:30am

CROCHET INSTRUCTION

M	ongoing	1:30pm-3:00pm
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MOVIE DAY

Recent releases shown on 8-foot screen.		
W	ongoing	12:30pm-2:30pm

SENIOR CENTER ADVISORY BOARD

3rd Th	on going	10:00am-11:30am
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EXERCISE ACTIVITIES

AEROBICS

M-F	ongoing	9:00am
M-F	ongoing	10:00am

BALLROOM DANCING

W	ongoing	11:00am-12:00pm
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INTRO TO LINE DANCING - LEVEL 1

Th	ongoing	10:00am-11:00am
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LINE DANCE STEP PREP - LEVEL 1

Th	ongoing	9:00am-10:00am
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BEGINNER LINE DANCING - LEVEL 2

M	ongoing	9:30am-10:30am
W	ongoing	10:15am-11:30am

IMPROVER/LOW INTERMEDIATE LINE DANCE - LEVEL 3

F	ongoing	1:15pm-2:30pm
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HAPPY YOGA

Tu, F	ongoing	10:30am-11:30am
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PICKLE BALL

Tu	ongoing	2:00pm-5:00pm
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Th ongoing 2:00pm-5:00pm

TAI CHI & QI GONG

Meditation in motion. Gentle martial arts for seniors, with breathing concentration exercises. Led by Mabel Chin and Marlene Burkgren. Tuesday class for Beginners. Tu, F ongoing 11:00am-12:00pm

SCOTTISH COUNTRY DANCE

If you enjoy Line Dancing or Aerobics, Scottish Country Dance is a fun exercise activity that will get you stepping. It's broken down into simple steps that are woven into a larger dance group.

M ongoing 10:30am-11:40am

SELF-HELP & RESOURCES

AARP DRIVER SAFETY PROGRAM- SAFE DRIVER

This two-day program may help to reduce the cost of your insurance. \$25, or \$20 for AARP members (non-members must pay additional drop-in fee) W & F TBA 10:00am-3:00pm

INOVA BLOOD PRESSURE CHECK

Loudoun Healthcare provides blood pressure checks and referrals. 2nd, & 4th Tu ongoing 9:00am-12:00pm

SERVICES FOR SENIORS

Elder Resources Case Manager Lori Stahl from the Area Agency on Aging is available to assist in linking seniors to community services and support. 1st & 3rd Tu ongoing 9:30am-12:00pm

TEEN TECH TUESDAY

Tu ongoing 2:30pm-3:30pm

WEEKLY PROGRAMS

Watch for information in the Senior Center Review (monthly newsletter distributed to all members) about weekly programs such as financial and estate-planning seminars, medical presentations and screenings and lectures on historical events and literary figures.

CLASSES

BEGINNING SPANISH II

This fun 10 session class is for the beginner student or student who needs to refresh his/her beginning skills. The class will take place Tuesdays from 1:00pm-2:15pm, March 8 - May 17. Pre-requisite: Beginner I or its equivalent. New students will need permission of instructor and to purchase an all-levels textbook (\$20) from instructor.

\$21/members \$41 non-members T 3/8-5/17 1:00pm-2:15pm

CONVERSATIONAL SPANISH ACTIVITY

For those who would like to practice their Spanish skills, this free activity offers a great opportunity to converse, read and discuss current topics while improving their grammar skills. Designed for the intermediate or advanced student. New students are always welcome! Instructor: Ana Mahoney

Intermediate Level: Tu ongoing 10:00am-11:00am
Advanced Level: Tu ongoing 11:00am-12:00pm

ESL CLASS

English as a Second Language Classes are offered to beginner and advanced members who are learning to speak English for the first time. Basic vocabulary and common phrases, inflection and proper grammar are taught to interested participants.

M ongoing 9:15am-10:15am

ZUMBA GOLD

Dance Fitness program with a Latin/International beat! Zumba Gold is geared toward active adults learning Zumba or those who prefer a low-impact version.

Instructor: Vivian Monroe

Drop-in \$12, or \$10/member
345601-01 Th ongoing 11:00am-12:00pm

SPECIAL EVENTS AT CASCADES

ST. PATRICK'S DAY LUNCHEON

Wear your green and join us for our annual St. Patrick's Day luncheon on Thursday, March 17 from 11:30am-1:00pm. Live music and traditional Irish food will be served. Lunch sign up is required for those who wish to partake.

Th 3/17 11:30am-1:00pm

PING PONG TOURNAMENT

Join us for this friendly singles competition. Medals will be awarded to 1st, 2nd, and 3rd places. Sign up is required.

\$5/members \$7/for non-members and at the door
Wed 4/6 10:00am-2:00pm

CULTURAL SPRING FLING

International Fashion will be on display at our Cultural Spring Fling. Our very own Cascades models will be sporting an outfit representing their cultural heritage. Interested models sign-up in the Cascades Senior Center office. Regular lunch will be served for those who sign up.

Wed 4/20 11:00am-1:00pm

CINCO DE MAYO

Cascades Senior Center is celebrating Latino heritage with the "Cinco De Mayo Fiesta" on Thursday May, 5th from 2:00pm-4:00pm. Enjoy chips and salsa and live entertainment. Tickets are \$7 or \$5 for member.

\$5/members \$7/for non-members and at the door
Th 5/5 2:00pm-4:00pm

MEMORIAL DAY LUNCHEON

We will have a special luncheon to honor those who have fallen in service to our country. Lunch sign up is required

Fri 5/27 11:30am-1:00pm



THE SENIOR CENTER OF LEESBURG

102 North Street, NW, Suite B, Leesburg, VA 20176

703-737-8039

M-F 9:00am-5:00pm; Sat 8:00am-12:00pm
The Leesburg Senior Center will be closed 5/30/22

ARTS & CRAFTS

CERAMICS HAND-BUILDING

Create your own hand-built art using the Ceramic Studio's slab roller, forms, and

tools. Kiln Fire and Glaze using Studio supplies.
M-F ongoing 9:00am-5:00pm

SEWING
For the beginner level. Sewing Machine provided. Bring in your sewing project. Assistance provided by Carol
M, F ongoing 9:00am-12:00pm

STITCH'N'B
Sew, knit, crochet, and needle work. Make new friends and share ideas. Assistance provided by Carol.
M,F ongoing 9:00am-12:00pm

ADULT COLORING CLASS
Please come join the adult coloring class every Tuesday from 10:30 am-11:30am for a relaxing and fun time. This group is led by Bob and supplies are provided in class to participants.
Tu ongoing 10:30am-11:30pm

ART STUDIO WITH CAROL
Share techniques and learn new skills from each other. Bring your own supplies and work with expert help from Carol.
M ongoing 12:30am-3:00pm

DRAWING WITH KAREN
Learn techniques and tricks as you learn how to draw with Karen. 4/12, 4/26, 5/10, 5/24.
2nd & 4th Tu ongoing 12:30pm

QUILT MAKERS CLUB
Come to chat and exchange ideas. Bring your own project to work on. Make use of the large tables to spread out your project.
1st ,3rd ,4th W ongoing 9:30am-12:00pm

CROCHET CLUB
Bring your hooks and yarn. Work together on your own projects.
M,F ongoing 9:00am-12:00pm

KNITTING
Bring your knitting needles and yarn.
W ongoing 1:00pm

WOODBURNING WITH MOKHTAR
Create art to hang on your walls using woodburning tools and a coloring technique.
327600-05 Tu 4/5-5/24 2:00pm-4:00pm

DANCE

LINE DANCE WITH MINDA
Learn new dances from all over the world. No partner required.
W ongoing 2:00pm
F ongoing 2:00pm

EDUCATIONAL

BEGINNING SPANISH WITH FRANCISCO
Take advantage of speaking Spanish with a native speaker. Learn from the beginning.
327600-04 \$80 M 3/21-5/9 1:00pm-2:00pm

INTERMEDIATE SPANISH WITH FRANCISCO
Take advantage of speaking Spanish with a native speaker. Intermediate class will create sentences then paragraphs and speak to each other.
327600-02 \$80 M 3/21-5/9 2:15pm-3:15pm

BEGINNING BRIDGE WITH SHERYL
Learn the game of bridge from an experienced instructor. Bidding and play of the hand.
327600-08 \$85 F 3/18-4/22 10:00am-11:30am

FITNESS

TOTAL BODY CONDITIONING
Learn ways to get fit and feel better doing low impact strength exercises and cardio moves. Special focus on exercising safely for those with special health concerns as well as balance training and fall prevention.
327600-04 \$42 F 3/18-4/8 1:00pm-2:00pm

BEGINNERS TAI JI QUAN
Slow movement to improve your balance and strength. Feel energized and sharpen your mind. Instructor: Zumei Feng
Tu ongoing 10:30am

TAI JI QUAN 24 FORMS
The standard simplified Chinese National Version. Improve your balance, healthy low impact exercise, gain muscle strength and feel energized and sharpen your mind, body and spirit with this ancient art. Instructor: Zumei Feng.
F ongoing 10:30am

FIT & FUN!
Workout seated and standing exercises for strength, flexibility and balance, as well as laughter and meditation for mental well-being. Make new friends in this caring and supportive group!
W,F ongoing 10:30am-11:30am

SIT & FIT WITH KAREN
A half hour dance party for those with limited mobility.
Tu, Th ongoing 10:30am

AEROBIC DANCE CLASS WITH LUELLA
Full body work out with emphasis on aerobics and fun. Bring a towel and water.
M ongoing 10:15am-11:00am

HEALTH, WELLNESS & INFORMATION

INOVA MOBILE HEALTH SERVICES
INOVA Nurse comes to give blood pressure checks. 1st Wednesday of the Month only.
1st W ongoing 10:00am-12:00pm

LET'S TALK CIRCLE OF SUPPORT
We are all in transition. We are all learning how to deal with the challenges of life. Join the Circle of Support. Mary Ellen will guide the discussion. On the 3rd Monday of the month.
3rd M ongoing 10:30am

ONE ON ONE SERVICES
Confidential support assistance. Provided by the Area Agency on Aging staff. 1st and 3rd Thursdays with Lori Stahl. Registration Required. Sign-up in the lobby.

LIBRARY OUTREACH
The Department of Library Services brings the library to you! Come and select your books, DVD's, and Books on Tape to take home for a month. Free Service on 3/28, 4/25, 5/23.
4th M 11:00am

MUSIC

UKE GROUP
For the more advanced players. Focusing on challenging

songs, strumming patterns and finger picking. This class is instructed by class members. Ukulele Lesson and ukuleles available for loan.

Th ongoing 1:00pm-2:30pm

GUITAR & HARMONIES WITH KURT

Discover harmonies and tight arrangements while having fun playing together.

F ongoing 1:00pm-2:00pm

ONGOING CLUBS & GROUPS

MAHJONGG

Tile tabletop games which can develop a challenge through tactics, observation, memory, adaptive strategies.

W ongoing 12:30pm

POKENO

Pokeno is like Bingo, a great time to connect, laugh and get to know some of the members at the center. Please come join us.

W ongoing 12:45pm

PHOTOGRAPHY CLUB

Interested in taking pictures? Come join our photography club. You never know when that next Kodak moment may be! Meeting on the 4th Friday of the Month.

4th F ongoing 10:00am-11:30am

PARTY BRIDGE

No partners needed. Stop by and play some bridge with friends.

Tu ongoing 1:00pm

LOUDOUN BRIDGE BUFFS

Duplicate Bridge Sanctioned ACBL Game. Fees Apply. Registration Required.

F ongoing 1:00pm

CURRENT EVENTS DISCUSSION

Come prepared to engage in stimulating conversation about County, State, National, and International News.

Th ongoing 12:30pm

RECREATION, SOCIAL & GAMES

EUCHRE

Card Game with friends old and new.

Tu ongoing 9:30am-12:00pm

TEXAS HOLD'EM

Tu,Th ongoing 9:00am-11:45am

RUMMIKUB

M-F ongoing 9:00am-4:30pm

OH HECK!

M ongoing 10:00am-12:00pm

MEXICAN TRAIN

Tu ongoing 10:00am-12:00pm

CANASTA - HAND & FOOT

M ongoing 1:00pm

Sat ongoing 9:30am

PINOCHLE

W ongoing 1:00pm-4:00pm

BINGO WITH BILLY

F ongoing 12:45pm-2:00pm

BIDWHIST

Card Game with friends old and new.

Tu ongoing 1:00pm-3:00pm

BILLIARDS

Make use of the two regulation slate billiard tables.

M-F ongoing 9:00am-4:30pm

WII BOWLING

Enjoy Wii Bowling Fun, with new and old friends!

M ongoing 12:45pm-1:45pm

PHASE 10

Tu ongoing 1:00pm

PICKLEBALL

Drop-in and play this indoor version of tennis played with a paddle and a wiffle ball. Space Limited to one court-4 players. Please note subject to change due to special event days.

Tu, Th 2:00pm-4:30pm
Sat 8:30am-11:30am

BADMINTON

Play this backyard sport in our dining room.

M,W ongoing 2:00pm-4:30pm

TABLE TENNIS

Regulation Ping-Pong Table.

W,Th ongoing 10-12:00pm

OUTINGS

SHOPPING

Rotating each week to Wegmans, Twice as Nice, Big Lots, and Dollar Tree and other local shops. Bus leaves at 12:45pm.

Tu ongoing 12:45pm

SPECIAL EVENTS AT THE LEESBURG SENIOR CENTER

ST. PATRICK'S PARTY

Wear your green! Celebrate the fun! Delectable corn beef and cabbage served.

327601-01 \$5 plus lunch donation
Th 3/17 11:30am-1:00pm

APRIL IN PARIS

Bus tour to Paris Virginia & the State Arboretum. Beret & Box Lunch provided.

327601-02 \$7 F 4/1 11:30am-1:30pm

CREPES IN APRIL

Bus ride to IHOP for dessert, Strawberry & Cream Crepes. Pay at IHOP about \$15.

327601-03 \$2 Th 4/7 1:00pm

EARTH DAY PLANT EXCHANGE

Bring in your plants for a plant exchange. Swap or give away your plants to someone else.

Free
327601-08 F 4/22 11:30am-1:30pm

MOTOWN MAY DANCE

Dance to the familiar tunes of the Motown sound. Mocktails & Hors d'oeuvres will be served. Dance to the tunes by D.J. Dion.

327601-07 \$10 F 5/13 7:00pm-9:00pm

REGIONAL & DISTRICT PARKS

Across Your County



1. BANSHEE REEKS
2. BLES PARK
3. CLAUDE MOORE PARK
4. FRANKLIN PARK & FRANKLIN PARK ARTS CENTER
5. LOVETTSVILLE COMMUNITY PARK
6. MICKIE GORDON PARK
7. PHILIP A. BOLEN MEMORIAL PARK



BANSHEE REEKS NATURE PRESERVE

Visitor Center: 21085 The Woods Rd., Leesburg, VA 20175
703-737-8894

www.loudoun.gov/bansheereeks

Seasonal Hours: March 8:00am-6:00pm, April-September 8:00am-8:00pm

Preserve Hours: Tu, W, Th, Sa, Su - Closed: M, F, County Holidays

BansheeReeks@loudoun.gov

NATURE HIKES & INTERPRETIVE PROGRAMS

FULL MOON HIKE

(Ages 5 & up) Experience the most unique guided hike offered at Banshee Reeks. Use Bionic Ears to listen for owls, coyotes, and other sounds of night life. Then enjoy a campfire and s'mores! Contact bansheereeks@loudoun.gov for private group rates. Preregistration required. Rain date is the following night.

367715-01	\$5	F	3/18	7:30pm-8:30pm
367715-02	\$5	Sa	4/16	8:30pm-9:30pm
367715-03	\$5	Su	5/15	8:30pm-9:30pm

BRANCHING OUT TREE HIKE

(Ages 5 & Up) Learn about local tree species from a nature instructor as you explore different locations throughout Banshee Reeks. Each hike will include tree identification, forest ecology and general nature knowledge.

367741-01	\$5	We	3/16	4:00pm-5:00pm
367741-02	\$5	We	4/20	4:00pm-5:00pm
367741-03	\$5	We	5/18	4:00pm-5:00pm

WILDFLOWER WALK

(All ages) Learn to identify local wildflowers and spring ephemerals from a trained guide. Expect to hike approximately 1-2 miles over varied terrain. Join each walk to see the seasonal changes in action! Contact bansheereeks@loudoun.gov to reserve group space. Meet at the Visitor's Center.

367746-01	\$5	Tu	4/19	11:00am-12:30pm
367746-02	\$5	Tu	4/26	11:00am-12:30pm
367746-03	\$5	Tu	5/3	11:00am-12:30pm
367747-01	\$5	Su	4/17	9:00am-10:30am
367747-02	\$5	Su	4/24	9:00am-10:30am
367747-03	\$5	Su	5/1	9:00am-10:30am

BACK IN TIME AT BANSHEE REEKS

(Ages 5 and up) Learn about the unique past at Banshee Reeks while hiking with a historian! Explore how the preserve got its name, who lived on the property, and what archeological findings can tell us about Loudoun County's rich history. Meet at the Visitor's Center. Pre-registration required.

367742-01	\$5	Tu	3/8	2:00pm-3:00pm
367742-02	\$5	Tu	4/12	2:00pm-3:00pm
367742-03	\$5	Tu	5/10	2:00pm-3:00pm

BIRDING FOR BEGINNERS

(Ages 10 & Up) Birding can be intimidating, so let us help get you started! Learn the basics of bird identification and what to look for in the field so that you can confidently call yourself a "birder". Binoculars NOT required. Identification guides

will be provided for use during the class. Each participant will take home their own field notebook, resource packet, and local bird list. Pre-registration required.

367786-01	\$10	Sa	3/5	8:00am-10:00am
367786-02	\$10	Sa	4/2	8:00am-10:00am
367786-03	\$10	Sa	5/7	8:00am-10:00am

RIGHT OFF THE BAT!

(All ages) Explore the secret life of bats with a conservation specialist and then hit the trail to experience them in person. See if you can spot one of the seven species found at the Preserve. Pre-registration required.

367711-01	\$5	Sa	3/26	7:00pm-8:00pm
367711-02	\$5	Sa	4/23	7:30pm-8:30pm
367711-03	\$5	Sa	5/21	8:00pm-9:00pm

OUTDOOR HIKING LEAGUE

(All ages) Join an outdoor instructor for a weekly guided hike along 20+ miles of trails that boast diverse ecosystems and unique wildlife. Expect to hike 1-2 miles at a leisurely pace. Rain cancels.

Free				
Th		3/3-5/26		9:00am-10:15am

STORYTIME GONE WILD

(Ages 0-8) There's never been a story time like this! We will put our bodies in motion as we explore nature stories and songs each week through interactive play. Classes take place outdoors. In the event of rain, class is held in the Annex.

Free				
Tu		3/22		9:00am-9:45am
Tu		4/26		9:00am-9:45am
Tu		5/24		9:00am-9:45am

JUNIOR NATURALIST PROGRAM

(Ages 6 & Up) Learn the secrets and skills of a novice Naturalist as you explore Banshee Reeks Nature Preserve. Starting at level one, grab a self-guided activity journal from the Visitor Center before you hit the trails. Receive prizes for every level. When you have finished all four levels, take the Junior Naturalist pledge to receive your official badge and get a special tour from a Master Naturalist.

Free				
Visitor's Center Hours		Tu-Th, Sat-Sun		9:00am-5:00pm

WOODLANDS ROOM EXPLORATION

Stop by the Visitors Center during open hours to explore local wildlife and learn about nature. Displays and activities rotate seasonally.

Free				
Visitor's Center Hours		Tu-Th, Sat-Sun		9:00am-5:00pm

IN THE GARDEN

LIL' SPROUTS KIDS GARDENING COURSE

(Ages 5-12) Learn to grow seedlings using different scientific methods and watch them flourish. Join this 5-week session to see your vegetables in action and eventually take them home to transplant into your own garden. Classes are held outdoors in the Demonstration Garden. Parent participation requested for children ages 5-6. Pre-registration required.

367220-01	\$65	Th	3/10-4/7	4:00pm-5:00pm
367220-02	\$65	Th	4/21-5/19	4:00pm-5:00pm

GARDEN DESIGN & PLANNING

(Ages 13 and up) Achieving the lush, healthy garden of your dreams requires thoughtful planning. Learn from our resident gardener how to design your space, prepare the soil, and plan your planting calendar based on your hardiness zone. In addition to practical tips, participants will take home planting schemes and seeds to get their garden started right away. Meet in the Annex. The second half of class takes place outdoors in our Demonstration Garden. Rain date is 3/20.

367570-01	\$20	Su	3/13	11:00am-1:00pm
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SUCCESSFUL SEEDLINGS

(Ages 13 and up) Get practical tips for growing early season plants from seed.

Learn about transplant care and water management when getting your plants established. Participants will make and take their own mini greenhouse pre-planted with seeds and compost. Meet in the Annex. A portion of class takes place outdoors in our demonstration garden. Rain date is 4/3.

367570-02 \$20 Su 3/27 11:00am-1:00pm

GARDENING FOR WILDLIFE

(Ages 13 and up) Our resident gardener will teach you how to create a beautiful garden that attracts birds, butterflies, and other native species. This class is not just for homeowners but for anyone with some outdoor space that can support local wildlife including porches, schoolyards, and businesses. Participants will help plant several container gardens at Banshee Reeks and take home their own potted plants and native seeds. Rain date is 5/1.

367570-03 \$20 Su 4/24 11:00am-1:00pm

LET IT GROW! GARDENING FOR FOOD AND FUN

(Ages 13 and Up) Learn practical tips for getting your summer vegetables growing through hands-on lessons in our demonstration garden. Our resident gardener will teach you how to prepare your garden for sun-loving veggies like peppers and tomatoes. Participants will take home seedlings that are ready to be transplanted. Class takes place outdoors. Meet in the Demonstration Garden. Rain date is 5/22.

367570-04 \$20 Su 5/15 11:00am-1:00pm

COME GROW WITH US

(All ages) Lend a hand and earn your green thumb! Join our resident gardener for lessons in the garden while you help our garden flourish. Prepare beds, spread compost, plant seedlings, and harvest early veggies. All food grown in the demonstration garden is donated to Loudoun Hunger Relief. Children must be accompanied by an adult. Contact bansheereeks@loudoun.gov to inquire about group volunteer opportunities.

Free
Su 3/6, 4/10, 5/29 9:00am-11am

INSTRUCTORS WANTED

Banshee Reeks Nature Preserve is looking for instructors who are willing to share their knowledge and talents with the community through experiential engagement, particularly history and nature activities. Scheduling is flexible and hours vary depending on instructor availability. Email bansheereeks@loudoun.gov for more information.



CLAUDE MOORE PARK

Visitor Center: 21544 Old Vestal's Gap Road, Sterling, VA 20164
Athletic Fields: 46150 Loudoun Park Lane
571-258-3700
www.loudoun.gov/claudemoorespark
Visitor Center/Discovery Room: Daily 9:00am-5:00pm
Park Hours: Daily 7:00am-Sunset

DROP OFF PROGRAMS

Children explore the world around them in both outdoor and indoor settings. Play games, make crafts, explore habitats, and more. Dress to be outside!

OUTDOOR CLASSROOM ADVENTURES

(Ages vary) Take part in a fun and exciting hands-on learning experience. All classes will take place entirely outdoors focusing on nature and the environment. Bring a nature journal to record the exciting things you find during your science adven-

ture! Please remember to dress for the weather. Classes take place every Tuesday.

Ages 7-9

361106-01 \$40 Tu 3/1-3/29 10:00am-11:30am

361107-01 \$32 Tu 4/5-4/26 10:00am-11:30am

Ages 9-12

361106-02 \$40 Tu 3/1-3/29 10:00am-11:30am

361107-02 \$32 Tu 4/5-4/26 10:00am-11:30am

SCOUT PROGRAMS

These programs meet most badge requirements. Adult must accompany scouts. Other times and badges available. Call 571-258-3700 for information and reservations. Leaders and chaperones are free. Minimum fees apply.

GIRL SCOUT BADGES & ACTIVITIES

Complete various badges or work on journeys while exploring the park. Whether it's related to nature, history, skills, or discovery, we can help you with a multitude of badges for Daisy, Brownie, Junior, or Cadette levels. Call for reservations.

Call ahead \$5 Days vary 3/1-5/31 10:00am-8:00pm

AMERICAN HERITAGE GIRLS BADGES

Traverse the park and enjoy the outdoors while learning skills. Many badges are available for all program levels. Multi-age level programs are also available. Call for reservations.

Call ahead \$5 Days vary 3/1-5/31 10:00am-8:00pm

CUB SCOUT ADVENTURES

Programs available for all Cub Scout levels. Fulfill some or all of the requirements for the core and elective adventures while enjoying the outdoors. Call for reservations.

Call ahead \$5 Days vary 3/1-5/31 10:00am-8:00pm

VOLUNTEER OPPORTUNITIES

CMP VOLUNTEER NATURE & HISTORY INTERNS

(Entering 8th grade-12th grade) Interested in nature or in hands-on discovery of life in historic times? Claude Moore Park is looking for students to work with park staff to accomplish assignments in a variety of areas including: nature study; habitat restoration; demonstrating daily skills from historic times and nature and history summer camps. Space is limited. Contact 571-258-3700, claudemoorespark@loudoun.gov, or check www.loudoun.gov/claudemoorespark for information and application. New volunteers apply by 4/8/21; Returning Interns by 3/25/21.

Free event 5/15-8/31

MULTIAGE HIKES & INTERPRETIVE PROGRAMS

For the following programs, children MUST be accompanied by a REGISTERED adult unless noted. Minimum numbers required to run programs; please register online in advance.

NATIONAL TAKE A WALK IN THE PARK DAY!

(All Ages) Yes, there really is such a thing and it is celebrated on March 30th! Join one of our Nature Instructors on an hour-long walk on the trails through Claude-Moore Park. All Ages welcome, children must be accompanied by an adult. Walks start promptly at 11am, 1pm, and 3pm.

Free
W 3/30

THE LANGUAGE OF FLOWERS

(Ages 10+) Discover the meaning of flowers. In Victorian times, friends would send nosegays (tiny bouquets) to each other filled with hidden messages. Why not learn the secret language of flowers and craft a small bouquet of silk flowers to share with a friend?

361725-01 \$5 S 3/12 10:30am-12:00pm

VOLUNTEER DAYS

(All ages) Help Claude Moore Park by volunteering! This is a great opportunity to volunteer without long term commitment. Join us on the second Saturday of every month and help with multiple projects around the park. Possible projects include invasive plant removal, gardening, trail maintenance, and more. Please dress to work outdoors (closed-toe shoes, long pants, sunscreen, etc.) Volunteers will meet at the Visitor Center at 10am.

Free events

Sa	3/12	10:00am-12:00pm
Sa	4/9	10:00am-12:00pm
Sa	5/14	10:00am-12:00pm

CMP OPEN HOUSES

(All ages) Take a step through over 200 years of history. Built in 1779, the Lanesville Ordinary is a nationally registered historic place that has seen Loudoun County grow but has not lost its charm. Visit Frogshackle Cabin and explore the many hands-on nature items. Feel furs, examine bones, and get an up-close look at many specimens.

Free events

Sa	3/12	1:00pm-3:00pm
Sa	4/9	1:00pm-3:00pm
Sa	5/14	1:00pm-3:00pm

WHAT'S GROWING IN SPRING CAMPFIRE

(All ages) Help welcome spring as we celebrate nature emerging all around us. Search for budding plants, signs of animals, and birds returning to nest. After exploring, return to a warm campfire to roast marshmallows (provided and individually packaged, Halal available). Ages 3 and under free but must be accompanied by registered adult. Pre-registration required for all ages.

361713-01	\$5	Sa	3/12	6:00pm-7:15pm
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FAMILY FISHING DAY

(All ages) Enjoy a relaxing morning fishing at our stocked ponds. Don't worry if you don't have equipment or experience. Staff will be available to provide assistance and bait. Poles are available on a first-come, first-served basis. Price is per child ages 4 and up and must be accompanied by an adult. Pre-registration required for all ages.

361718-01	\$5/participant	Su	3/20	10:00am-12:00pm
361718-02	\$5/participant	F	4/15	10:00am-12:00pm
361718-03	\$5/participant	Su	5/15	10:00am-12:00pm

FAMILY ARCHERY

(Ages 8 & up) Let the arrows fly with friends and family. Practice your aim while playing archery games. Children under 14 must be accompanied by an adult. Adults must be registered to participate. Must be present at start of program for safety session. Pre-registration required for all ages.

361715-01	\$15	Su	3/20	2:00pm-3:30pm
361715-02	\$15	F	4/15	2:00pm-3:30pm
361715-03	\$15	Su	5/15	2:00pm-3:30pm

TADPOLES & POLLIWOGS - COMMUNITY SCIENCE SERIES

(All ages) Enjoy a walk through the park while checking out the local bodies of water. Do a bit of stream monitoring with a Park Naturalist and see how many tadpoles you can find.

Free				
Sa	4/9	10:00am-11:00am		

SPRING STORY STROLL & CAMPFIRE

(All ages) Enjoy an enchanting story stroll through wooded trails. Stop along the trail to read, interact, and immerse yourself in the exciting story. After the stroll relax at a comfy campfire and roast delicious marshmallows (provided and individually packaged, Halal available). Pre-registration required for all ages. Children must be accompanied by a registered adult.

Free				
361710-01	F	4/15	1:00pm-2:30pm	

BABY ANIMALS & CAMPFIRE

(All ages) Discover how animals raise their young as you explore the park for

homes and dens. Find out how baby animals hide and how they keep themselves safe. Stop by the campfire after the walk for toasted marshmallows (individually packaged and provided, Halal available). Ages 3 and under free but must be accompanied by registered adult. Pre-registration required for all ages.

361724-01	\$5	F	5/20	7:00pm-8:15pm
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CELEBRATE GROWTH AT CMP

(All ages) Stop by the Visitor Center and take part in a celebration of all things growing, plant and animal alike! Check out the Visitor Center's Discovery Room for some self-guided games and activities 9am-5pm daily. Call 571-258-3700 for more info.

Location: Claude Moore Park Visitor Center

Free				
Daily	3/1-5/31	9:00am-5:00pm		

CREATE YOUR OWN OUTDOOR EXPERIENCE

(All ages) Have a special interest you would like to explore here at Claude Moore Park? Join together with a Park Naturalist and create your own unique park experience. Activities can range from campfires, hiking, fishing, and so much more. Want to combine activities and try a bit of everything? Ask us how! We work directly with you to make your experience truly unique. Call 571-258-3700 for more information.

Prices Vary				
Daily	3/1-5/31	9:00am-8:00pm		

CREATE YOUR OWN ART OR CRAFTING EXPERIENCE

(All ages) Work together with a Park Specialist to create your own unique crafting experience. Activities can range from historic crafts, toy making, knitting, crocheting, natural art, paper making, campfire cooking, and so much more. Want to combine activities and try a bit of everything? Ask us how! We work directly with you to make your experience truly unique. Call 571-258-3700 for more information.

Prices Vary				
Daily	3/1-5/31	9:00am-5:00pm		

COMMUNITY SCIENCE CORNER

(All ages) Come check out the Community Science Corner at the Visitor Center and help the park find out what's living around us. Grab a sightings sheet before you head out on the trails and tell us what you've found. Help us monitor our local wildlife. Adult and child versions available.

Free				
Daily	3/1-5/31	9:00am-5:00pm		

JUNIOR RANGER PROGRAM

(Ages 6 & up) Explore Park nature and history while you complete the activities in a booklet available at the Visitor Center. When you've finished all the tasks, take the Junior Ranger pledge, and receive your patch.

Pay at door	\$2.00 cash or check only			
M-F	3/1-5/31	9:00am-5:00pm		

DISCOVERY GROVE BIRTHDAY PARTY

(Ages 2 & up) Explore our exciting outdoor play space on your birthday! Play music, dig in the dirt, climb over logs, walk through a maze, and more. Staff will guide you through many fun age-appropriate activities to help celebrate your special day. Call for information and reservations.

Call ahead	\$85	Days vary	3/1-5/31	9:00am-5:00pm
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NATURE BIRTHDAY PARTY

(Ages 4 & up) Celebrate your birthday with outdoor style! Choose themes like: Reptiles, Nature Safari, Birds, etc. Can include visit with park's turtles & snake. Call for information and reservations.

Call ahead	\$100	Days vary	3/1-5/31	9:00am-5:00pm
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ADVENTURE BIRTHDAY PARTY

(Ages 7 & up) Up for a bit of adventure? Try out geocaching, choose your own adventure, or campfire fun. Can include visit with park's turtles & snake. Call for information and reservations.

Call ahead	\$135	Days vary	3/1-5/31	9:00am-5:00pm
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ARCHERY BIRTHDAY PARTY

(Ages 9 & up) Gather your friends for an exciting archery experience. Learn the basics and get shooting. Maximum 9 children. Call for information and reservations. Call ahead \$150 Days vary 3/1-5/31 9:00am-5:00pm

FIELD TRIPS FOR PRESCHOOL, ELEMENTARY, & HOMESCHOOL

(All ages) Have a group looking for some exciting science or history fun? Join a Park Naturalist for themed educational field trips. Call for information and reservations. Call ahead \$5 Days vary 3/1-5/31 9:00am-5:00pm

HISTORIC IMMERSIONS & NATURE EXCURSIONS

(All ages) Have a privately led experience in throughout the richly historic and fantastically natural areas of Claude Moore Park. Find out what life was like in our 1779 Lanesville farmhouse or enjoy an 1870s schoolhouse reenactment. Have a visit with our native reptiles or flip some logs to look for critters. Many topics available. Call for information and reservations. Call ahead \$5 Days vary 3/1-5/31 9:00am-5:00pm

GROUP CAMPFIRE

(All ages) Bring your group to join a Park Naturalist for some campfire fun. We'll build the fire and supply the marshmallows and sticks (provided and individually packaged, Halal available). Games and activities available, or just have us build and tend a fire for your special event. Call for information and to schedule. Call ahead Days vary 3/1-5/31 10:00am-9:00pm



FRANKLIN PARK

17501 Franklin Park Drive, Purcellville, VA 20132
540-338-7603
www.loudoun.gov/franklinpark
M-Su 7:00am-dusk

EARTH DAY EXTRAVAGANZA

(All ages) Celebrate Earth Day with us! Take a walk around the pond and visit different groups from the community to learn about various environmental and conservation topics. Enjoy music from our DJ, shop at our mini farmer's market, and learn how you can live a more sustainable life. Bring the whole family – there's something for everyone!
362422-01 Free/4 & underSa 4/23 10:00am-2:00pm
362422-02 \$5 Sa 4/23 10:00am-2:00pm

INSTRUCTORS WANTED

Franklin Park is looking for instructors who are willing to share their talents with the community through experiential engagement with children ages 4-13. Employment opportunities are typically during the spring, summer, and fall months and include leading activities such as archery, fishing, and leading summer day camp. Additional responsibilities may include assisting with facilitation of birthday parties and other on property events. Must have completed 9th grade to apply. Please call for more information.

FACILITY RENTALS

Franklin Park, located in western Loudoun County, spans over 200 acres of recreational space with athletic fields, hiking trails, an 18-hole disc golf course, stocked pond, leisure and lap pools and more. Our available rental spaces, such as pavilions, gazebos, athletic fields, pool tents and inflatables make Franklin Park the perfect location your next event. Payment is due at time of the reservation. Please call for more information.



SPORTS

All Programs are co-ed unless otherwise noted.

BASEBALL

BRIAR WOODS LITTLE LEAGUE BASEBALL CAMP

(Ages 8-11) The coaching staff of one of the elite programs in Loudoun County invites anyone ages 8-11 to a 3 hour baseball camp. Campers will be introduced to the finer techniques and mechanics of fielding, pitching, hitting and base running while working with the coaching staff and Falcon baseball players. Take the skills covered in this camp and apply them to your up and coming spring and summer seasons, and watch your child develop and reach their full potential.
Location: Briar Woods HS
321011-02 \$50 Sa 3/12 9:00am-12:00pm

BRIAR WOODS BASEBALL MIDDLE SCHOOL CAMP

(Ages 12-14) The coaching staff of one of the elite programs in Loudoun County invites anyone ages 12-14 to a 3 hour baseball camp. Campers will be introduced to the finer techniques and mechanics of fielding, pitching, hitting and base running while working with the coaching staff and Falcon baseball players. Take the skills covered in this camp and apply them to your up and coming spring and summer seasons, and watch your child develop and reach their full potential.
Location: Briar Woods HS
321012-02 \$50 Sa 3/12 12:00pm-3:00pm

BASKETBALL

GIANT BASKETBALL SPRING BREAK CAMP

(Ages 6-13) Former NBA player, Gheorghe Muresan and his coaches will teach the fundamentals of basketball. This camp will feature 1 on 1 skills, shooting, team play, defense skills, and competitions to further develop all-around players. Giant Basketball Academy is excited to bring a professional experience to children. For more information visit our website www.GiantBasketball.com.
Location: Brambleton MS
321021-02 \$200 M-F 4/11-4/15 9:00am-3:00pm

GIANT BASKETBALL 3V3 SPRING LEAGUE

(Ages 6-12) The league emphasizes fundamental skill development, team play, and positive participation to give your child a solid foundation of basketball knowledge. Teams will have 1 weekday practice and 1 game on Saturday per week, under the coaching of GBA Coaches. Please register by your preferred practice location. We do accept teammate requests. For more information visit our website: www.giantbasketball.com, email GBA@GiantBasketball.com.
Ages 6-8

Location: Hutchinson Farm ES

321023-03	\$200	Th	3/24-5/19	6:00pm-7:00pm
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Location: Legacy ES

321023-01	\$200	M	3/21-5/16	6:00pm-7:00pm
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321023-02	\$200	Tu	3/22-5/17	6:00pm-7:00pm
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Ages 10-12

Location: Hutchinson Farm ES

321024-03	\$200	Th	3/24-5/19	7:00pm-8:00pm
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Location: Legacy ES

321024-01	\$200	M	3/21-5/16	7:00pm-8:00pm
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321024-02	\$200	Tu	3/22-5/17	7:00pm-8:00pm
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Ages 8-10, Boys

Location: Buffalo Trail ES

321025-01	\$200	M	3/21-5/16	6:00pm-7:00pm
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Location: Legacy ES

321025-02	\$200	W	3/23-5/18	6:00pm-7:00pm
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321025-03	\$200	Th	3/24-5/19	6:00pm-7:00pm
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Ages 8-10, Girls

Location: Buffalo Trail ES

321026-01	\$200	M	3/21-5/16	7:00pm-8:00pm
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Location: Legacy ES

321026-02	\$200	W	3/23-5/18	7:00pm-8:00pm
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321026-03	\$200	Th	3/24-5/19	7:00pm-8:00pm
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COREY STITZEL SPRING BASKETBALL TRAINING

(Ages 7-18) Join Independence and former D1 coach, Corey Stitzel for spring basketball training. This training will focus on offensive skills and shooting techniques. This will make you a better offensive player for your spring/summer travel teams! Open to both boys and girls! Call Coach Corey with any questions 267-471-2774.

Location: Brambleton MS

321015-03	\$300	M	3/14-5/2	6:30pm-7:30pm
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SOCCER**BRAZILIAN UNITED SOCCER ACADEMY CLINIC**

(Ages 7-15) Many call it soccer. We call it passion. The Brazilian United Soccer Academy Camp (BUSA) aims to create the best environment to increase the footwork, tactical and physicality of the athlete. Enjoy a different way to learn soccer and develop your skills and learn from an international experienced coach. Please call 703-777-0343 for more information.

Location: East Gate Park, South Riding**(Age 7-10)**

321587-01	\$130	Su	4/3-5/22	9:00am-10:00am
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(Age 11-15)

321587-02	\$130	Su	4/3-5/22	10:00am-11:00am
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BRAZILIAN UNITED SOCCER ACADEMY CAMP

(Ages 4-6) Future Star is the perfect introduction to the fun world of soccer. Children are introduced to the basics of soccer in a play-oriented yet structured format, using child-friendly but realistic soccer equipment. Each child is given the opportunity to work within their ability level but taught in a group environment. Please call 703-777-0343 for more information.

Location: East Gate Park, South Riding

321588-01	\$130	Su	4/3-5/22	11:00am-11:50am
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TENNIS**LOUDOUN COUNTY TENNIS ACADEMY MIDDLE SCHOOL TENNIS LEAGUE-DEVELOPMENT MATCH PLAY**

(Ages 9-14) Loudoun County Tennis Academy (LCTA) is offering Middle School tennis players, boys or girls grades 6-8, an opportunity to play matches every Sunday against players from other middle schools in Loudoun County on High School tennis courts (HS courts will be updated on www.LCTAcademy.net). Development players can serve the ball in the box at less than 50% of the time, know the rules of tennis, can hit and rally ground strokes in the court less than 50% of the time, and have none or very little match play experience (league and tournament matches).

For more information go to (www.LCTAcademy.net) or email (jrosado@lctacademy.net). No match play on April 17th.

\$250	Su	3/20-5/15	2:00pm-4:00pm
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321590-01 Location: HS in the area - Trailside MS League**321590-02** Location: HS in the area - Farmwell Station MS League**321590-03** Location: HS in the area - Lunsford MS League**321590-04** Location: HS in the area - Stone Hill MS League**321590-05** Location: HS in the area - Belmont Ridge MS League**321590-06** Location: HS in the area - Blue Ridge MS League**321590-07** Location: HS in the area - Harmony MS League**321590-08** Location: HS in the area - Mercer MS League**321590-09** Location: HS in the area - Willard MS League**321590-10** Location: HS in the area - Brambleton MS League**321590-11** Location: HS in the area - Eagle Ridge MS League**LOUDOUN COUNTY TENNIS ACADEMY MIDDLE SCHOOL TENNIS LEAGUE-INTERMEDIATE MATCH PLAY**

(Ages 9-14) See description for LCTA MS Tennis League – Development. Intermediate players can serve the ball in the box at least 50% of the time, know the rules of tennis, can hit and rally ground strokes in the court 50% of the time, and have 2 or more years of match play experience (league and tournament matches). For more information go to (www.LCTAcademy.net) or email (jrosado@lctacademy.net). No match play on April 17th.

\$250	Su	3/20-5/15	12:00pm-2:00pm
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321591-01 Location: HS in the area - Trailside MS League**321591-02** Location: HS in the area - Farmwell Station MS League**321591-03** Location: HS in the area - Lunsford MS League**321591-04** Location: HS in the area - Stone Hill MS League**321591-05** Location: HS in the area - Belmont Ridge MS League**321591-06** Location: HS in the area - Blue Ridge MS League**321591-07** Location: HS in the area - Harmony MS League**321591-08** Location: HS in the area - Mercer MS League**321591-09** Location: HS in the area - Willard MS League**321591-10** Location: HS in the area - Brambleton MS League**321591-11** Location: HS in the area - Eagle Ridge MS League**LOUDOUN COUNTY TENNIS ACADEMY MIDDLE SCHOOL TENNIS LEAGUE-ADVANCED MATCH PLAY**

(Ages 9-14) See description for LCTA MS Tennis League – Development. Advanced players can serve the ball in the box consistently (at least 70%), know the rules of tennis, can hit and rally consistent ground strokes, and have many years of match play experience (league and tournament matches). For more information go to (www.LCTAcademy.net) or email (jrosado@lctacademy.net). No match play on April 17th.

\$250	Su	3/20-5/15	10:00pm-12:00pm
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321592-01 Location: HS in the area - Trailside MS League**321592-02** Location: HS in the area - Farmwell Station MS League**321592-03** Location: HS in the area - Lunsford MS League**321592-04** Location: HS in the area - Stone Hill MS League**321592-05** Location: HS in the area - Belmont Ridge MS League**321592-06** Location: HS in the area - Blue Ridge MS League**321592-07** Location: HS in the area - Harmony MS League**321592-08** Location: HS in the area - Mercer MS League**321592-09** Location: HS in the area - Willard MS League**321592-10** Location: HS in the area - Brambleton MS League**321592-11** Location: HS in the area - Eagle Ridge MS League**LOUDOUN COUNTY TENNIS ACADEMY-ORANGE BALL MATCH PLAY LEAGUE**

(Ages 8-10) Loudoun County Tennis Academy Orange ball Tennis League is an opportunity for boys and girls ages 8 to 10 to participate in match play. Youth levels from intermediate to advanced are encouraged to come have fun with their friends. Whether your child is an advanced player seeking more opportunities to compete or an advanced beginner seeking to improve match skills, LCTA Team Tennis has something for everyone. Kids will be grouped according to their level and will play round robin matches. For more information go to (www.LCTAcademy.net) or email (jrosado@lctacademy.net). No match play on April 17th.

Location: Independence HS, Ashburn

321593-01	\$250	Su	3/20-5/15	4:00pm-6:00pm
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POOLS

Across Your County



1. CLAUDE MOORE RECREATION & COMMUNITY CENTER
2. DULLES SOUTH RECREATION & COMMUNITY CENTER
3. FRANKLIN PARK POOL
4. ROUND HILL INDOOR AQUATIC CENTER
5. LOVETTSVILLE COMMUNITY CENTER OUTDOOR POOL



AQUATICS

CLAUDE MOORE & DULLES SOUTH RECREATION & COMMUNITY CENTERS

Facility Hours:

M-F 5:00am-9:30pm— Sa-Su8:00am-8:00pm

Kid Kare:

M-F 8:30am-1:30pm/*4:30pm-8:30pm • Sa 8:00am-12:00pm

*Evening hours available only at Dulles South

Competition Pool:

M-F 5:00am-9:15pm— Sa-Su8:00am-7:45pm

Leisure Pool & Spa:

M-F 9:00am-8:45pm— Sa-Su11:00am-7:45pm

Open 11:00am-6:00pm on Easter Sunday, 4/17 and Memorial Day, 5/30

SpringPass Sale May 9 through June 13

15% off Annual and 6 month passes

ADMISSION FEES

All admissions include age-appropriate access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the climbing wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase. A 15-percent discount is available for active duty and retired members of the military and first responders on annual, six-month, and monthly passes, as well as daily and 25-admission passes.

Daily

Under 2 & under Free (plastic training pants required)

Ages 3-17 \$4.00

Adults 18-54 \$6.00

Ages 55+ \$4.00

(Children 11 and under must be supervised by an adult at all times inside the facility. For children 5 and under and/or children wearing a lifejacket, an adult must be in the water within arms-reach of the child.)

Admission Pass (25 admissions no expiration)

Ages 3-17 & 55+ \$88

Ages 18-54 \$132

Monthly Pass (unlimited use)

Single Adult \$50

Two Adults (Family) \$85

Family Dependent \$15

Family \$125

Senior/Youth \$40

Senior Couple	\$65
Adult/Senior	\$75
Student	\$40

6 Month Pass (unlimited use)

Single Adult \$250

Two Adults (Family) \$450

Family Dependent \$70

Family \$575

Senior/Youth \$200

Senior Couple \$350

Adult/Senior \$400

Student \$200

Annual Pass (unlimited use)

Single Adult \$450

Two Adults (Family) \$800

Family Dependent \$125

Family \$1000

Senior/Youth \$350

Senior Couple \$600

Adult/Senior \$700

Student \$350

SWIM EVALUATIONS

Swim evaluations are recommended prior to a new enrollment in group swim classes. Please email the appropriate Center to request a date and time.

Claude Moore RCC – cmrccaquatics@loudoun.gov

Dulles South RCC – DSRCCAQUATICS@loudoun.gov

ROUND HILL INDOOR AQUATIC CENTER

17010 Evening Star Drive, Round Hill, VA 20141

571-258-3562

571-258-3564 (fax)

www.loudoun.gov/rhac

Facility Hours:

M-F 6:30am-9:00pm • Sa 8:00am-8:00pm • Su 12:00pm-6:00pm

*Please call or go to www.loudoun.gov/rhac for lane availability.

Round Hill Indoor Aquatic Center will be closed

3/1/2022-3/31/2022 for scheduled maintenance

Closed Independence Day 5/30/2022

ADMISSION FEES

Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

Daily

2 & under Free (Plastic training pants required)

Ages 3-17 \$2.50

Adults 18-54 \$3.00

Ages 55+ \$2.50

Admission Pass (25 admissions, no expiration)

2 & under Free

Ages 3-17 \$56

Ages 18-54 \$67

Ages 55+ \$56

PRIVATE SWIM LESSONS

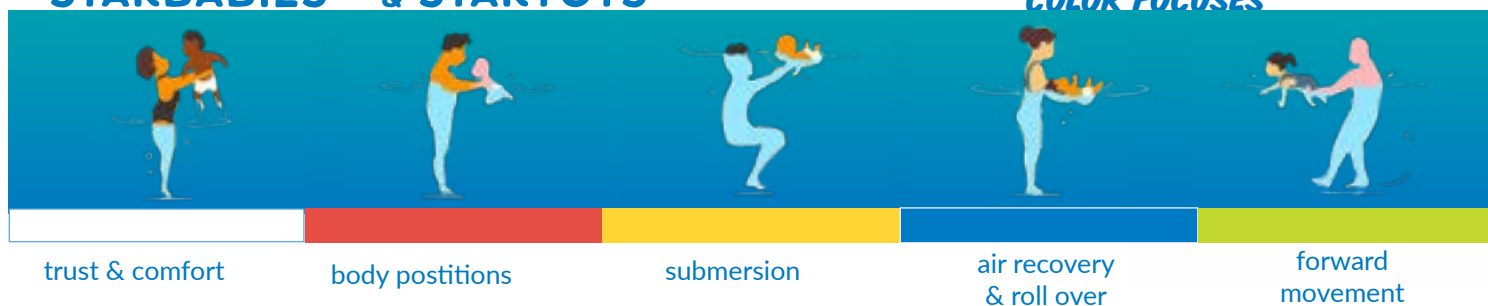
(All ages) Email rhac@loudoun.gov for information about private and semi-private swim lessons.

STARFISH SWIMMING™ curriculum

Please follow this color focus guide when selecting courses.

STARBABIES™ & STARTOTS™

COLOR FOCUSES



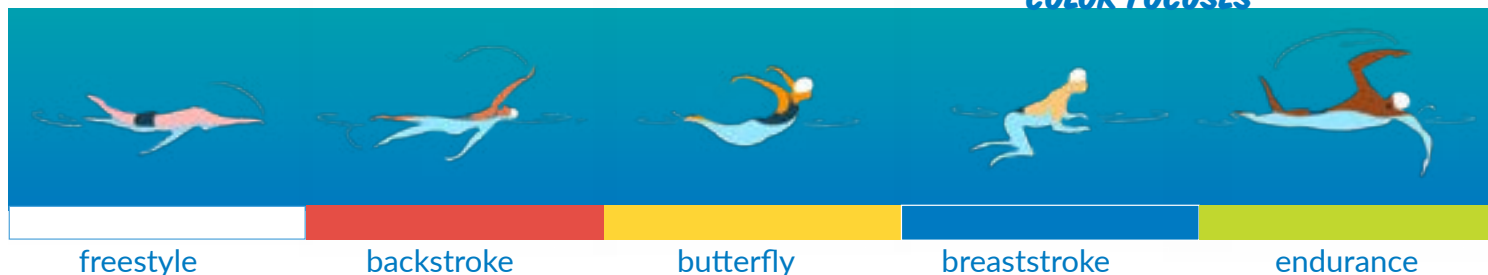
STARFISH STAR KIDS™ & SWIM SCHOOL™

COLOR FOCUSES



STARFISH STROKE ACADEMY™

COLOR FOCUSES



For full Starfish Swimming Curriculum™ please scan:



STARBABIES™ & STARTOTS™



PRIVATE & SEMI-PRIVATE LESSONS

Private and Semi-Private lessons are scheduled for 30-minute sessions and are dependent on the availability of instructors and pool availability. These lessons are on a first-come, first-serve basis. Semi-Private fees are per student. Please enroll on the interest list and you will be contacted when lessons become available; or contact the center for more information.

PRIVATE: 4 lessons \$150
SEMI-PRIVATE: 4 lessons \$100 per swimmer

**CLAUDE MOORE RECREATION
& COMMUNITY CENTER**
ACTIVITY NUMBER: 373073-01

**DULLES SOUTH RECREATION
& COMMUNITY CENTER**
ACTIVITY NUMBER: 305299-01

ROUND HILL AQUATIC CENTER
EMAIL: RHAC@LOUDOUN.GOV

STARBABIES

(Ages 6-18 months) This Parent/Child class will focus on building trust and confidence between children and parents in the water. Children will use toys, sing songs, and play games to splash and play as they learn elementary water safety skills and grow comfortable in the water with their parent.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373171

Sec	Fee	Day	Date	Time
01	\$90	Tu,Th	3/8-3/31	3:50pm-4:20pm
02	\$68	Tu,Th	4/5-4/28	3:50pm-4:20pm
03	\$90	Tu,Th	5/3-5/26	3:50pm-4:20pm

STARTOTS

(Ages 18 months-3 years) This Parent/Child class will focus on building trust and confidence between children and parents in the water. Children will use toys, sing songs, and play games to splash and play as they learn elementary water safety skills and grow comfortable in the water with their parent.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373271

Sec	Fee	Day	Date	Time
01	\$90	Tu,Th	3/8-3/31	4:30pm-5:00pm
02	\$68	Tu,Th	4/5-4/28	4:30pm-5:00pm
03	\$90	Tu,Th	5/3-5/26	4:30pm-5:00pm

Location: Round Hill Aquatics

Activity Number: 332160

Sec	Fee	Day	Date	Time
01	\$57	Sa	4/23-5/21	9:00am-9:30am



STARKIDS™

STARKIDS

(Ages 3-5) Students will practice submersion with recovery to the surface, breath control, jumping in and climbing out, as well as learning important safety skills and behavior around water. No Pre-requisites or swim evaluation needed for entry into this class. Progression to the next level is contingent on meeting the pre-requisites of the StarKids RED class.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373371

Sec	Fee	Day	Date	Time
01	\$45	M,W	3/7-3/16	5:10pm-5:40pm
02	\$45	M,W	5/2-5/11	5:10pm-5:40pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305275

01	\$45	M-Th	3/7-3/10	4:40pm-5:20pm
03	\$45	M-Th	4/4-4/7	4:40pm-5:20pm
04	\$45	M-Th	4/25-4/28	4:40pm-5:20pm
05	\$45	M-Th	5/9-5/12	4:40pm-5:20pm
06	\$45	M-Th	5/23-5/26	4:40pm-5:20pm

Location: Round Hill Aquatics

Activity Number: 332161

01	\$68	Tu,Th	4/5-4/28	4:00pm-4:30pm
02	\$90	Tu,Th	5/3-5/26	4:00pm-4:30pm

STARKIDS

(Ages 3-5) Students will practice front and back float, front and back streamline, and rolling by focusing on body positioning and air recovery in the water. Pre-requisites for this class: Go under water comfortably for 5 seconds with assistance, then come up to breathe, or a swim evaluation.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373372

Sec	Fee	Day	Date	Time
01	\$45	M,W	3/21-3/30	5:10pm-5:40pm
02	\$45	M,W	4/18-4/27	5:10pm-5:40pm
03	\$45	M,W	5/16-5/25	5:10pm-5:40pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305276

01	\$57	M,W	3/7-3/21	4:00pm-4:30pm
02	\$68	M,W	4/4-4/27	3:20pm-3:50pm
03	\$79	Tu,Th	3/1-3/22	4:00pm-4:30pm
04	\$68	Tu,Th	4/5-4/28	4:00pm-4:30pm
05	\$90	Tu,Th	5/3-5/26	4:00pm-4:30pm

Location: Round Hill Aquatics

Activity Number: 332162

01	\$68	Tu,Th	4/5-4/28	4:00pm-4:30pm
02	\$57	Sa	4/23-5/21	9:45am-10:15am
03	\$90	Tu,Th	5/3-5/26	4:00pm-4:30pm

STARKIDS

(Ages 3-5) This class focuses on forward movement and changing direction in the water, and will introduce treading water, swimming underwater, streamline kicking, arm pulls, combined kick and pull on front and back, and breath control. Pre-requisites for this class: Jump in, submerge, recover for air, roll onto back for 5 seconds.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373373

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/7-3/30	5:50pm-6:20pm
02	\$68	M,W	4/4-4/27	5:50pm-6:20pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305277

01	\$57	M,W	3/7-3/21	3:20pm-3:50pm
02	\$90	M,W	5/2-5/25	3:20pm-3:50pm
03	\$90	Tu,Th	3/1-3/24	4:40pm-5:20pm
04	\$68	Tu,Th	4/5-4/28	4:00pm-4:30pm
05	\$90	Tu,Th	5/3-5/26	4:40pm-5:20pm

Location: Round Hill Aquatics

Activity Number: 332163

01	\$68	M,W	4/4-4/27	4:00pm-4:30pm
02	\$68	Tu,Th	4/5-4/28	4:45pm-5:15pm
03	\$57	Sa	4/23-5/21	9:45am-10:15am
04	\$90	M,W	5/2-5/25	4:00pm-4:30pm
05	\$90	Tu,Th	5/3-5/26	4:45pm-5:15pm

STARKIDS

(Ages 3-5) This class focuses on rotary and integrated movement in the water. Students will practice kicking, pulling, streamline, side glide, and side breathing with the benchmark of swimming 10yds with some rotary breathing. Pre-requisites for this class: Jump in, submerge, recover for air, kick and pull forward 10 ft on front and back, change direction and return to wall, using swim-roll-swim to breathe technique.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373374

Sec	Fee	Day	Date	Time
01	\$90	M,W	5/2-5/25	5:50pm-6:20pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305278

01	\$57	M,W	3/7-3/21	5:30pm-6:00pm
02	\$79	Tu,Th	3/1-3/22	5:30pm-6:00pm
03	\$68	Tu,Th	4/5-4/28	5:30pm-6:00pm
04	\$90	Tu,Th	5/3-5/26	5:30pm-6:00pm

Location: Round Hill Aquatics

Activity Number: 332164

01	\$68	Tu,Th	4/5-4/28	4:45pm-5:15pm
02	\$90	Tu,Th	5/3-5/26	4:45pm-5:15pm



STARFISH SWIM SCHOOL™

SWIMSCHOOL

(Ages 6-12) This beginner clinic focuses on creating trust and confidence in the water through creative, fun activities. Students will practice submersion with recovery to the surface, breath control, jumping in and climbing out, as well as learning important safety skills and behavior around water. No Pre-requisites or swim evaluation needed for entry into this class.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373381

Sec	Fee	Day	Date	Time
01	\$45	M,W	3/7-3/16	6:40pm-7:10pm
02	\$45	M,W	5/2-5/11	6:40pm-7:10pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305279

01	\$45	M-Th	3/14-3/17	4:40pm-5:20pm
02	\$45	M-Th	3/28-3/31	4:40pm-5:20pm
03	\$45	M-Th	4/18-4/21	4:40pm-5:20pm
04	\$45	M-Th	5/2-5/5	4:40pm-5:20pm
05	\$45	M-Th	5/16-5/19	4:40pm-5:20pm

Location: Round Hill Aquatics

Activity Number: 332261

01	\$68	Tu,Th	4/5-4/28	5:30pm-6:00pm
02	\$90	Tu,Th	5/3-5/26	5:30pm-6:00pm

SWIMSCHOOL

(Ages 6-12) This clinic will practice front and back float, front and back streamline, and rolling from front to back to front while focusing on body positioning and air recovery in the water. Pre-requisites for this class: Assisted submersion, relaxed for 5 seconds; then come up to breathe or swim evaluation needed for entry into this class.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373382

Sec	Fee	Day	Date	Time
01	\$45	M,W	3/21-3/30	6:40pm-7:10pm
02	\$45	M,W	4/18-4/27	6:40pm-7:10pm
03	\$45	M,W	5/16-5/25	6:40pm-7:10pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305280

01	\$68	M,W	4/4-4/27	4:00pm-4:30pm
02	\$90	M,W	5/2-5/25	4:00pm-4:30pm
03	\$90	Tu,Th	3/1-3/24	4:00pm-4:30pm
04	\$68	Tu,Th	4/5-4/28	6:20pm-6:50pm
05	\$90	Tu,Th	5/3-5/26	4:00pm-4:30pm

Location: Round Hill Aquatics

Activity Number: 332262

01	\$68	Tu,Th	4/5-4/28	6:15pm-6:45pm
02	\$57	Sa	4/23-5/21	10:30am-11:00am
03	\$90	Tu,Th	5/3-5/26	6:15pm-6:45pm

SWIMSCHOOL

(Ages 6-12) This class focuses on forward movement and direction change in the water. Class will introduce treading water, swimming underwater, streamline kicking, arm pulls, combined kick and pull on front and back, and breath control. Pre-requisites for this class: Jump in, submerge, recover for air, roll onto back for 5 seconds.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373383

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/7-3/30	7:20pm-7:50pm
02	\$68	M,W	4/4-4/27	7:20pm-7:50pm
03	\$90	M,W	5/2-5/25	7:20pm-7:50pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305281

01	\$68	M,W	4/4-4/27	5:30pm-6:00pm
02	\$90	Tu,Th	3/1-3/24	6:20pm-6:50pm
03	\$68	Tu,Th	4/5-4/28	4:40pm-5:20pm
04	\$68	Tu,Th	4/5-4/28	6:20pm-6:50pm
05	\$90	Tu,Th	5/3-5/26	6:20pm-6:50pm

Location: Round Hill Aquatics

Activity Number: 332263

01	\$68	M,W	4/4-4/27	4:45pm-5:15pm
02	\$68	Tu,Th	4/5-4/28	5:30pm-6:00pm
03	\$57	Sa	4/23-5/21	9:00am-9:30am
04	\$90	M,W	5/2-5/25	4:45pm-5:15pm
05	\$90	Tu,Th	5/3-5/26	5:30pm-6:00pm

SWIMSCHOOL

(Ages 6-12) This class will practice kicking, pulling, streamline, side glide, and side breathing with the benchmark of swimming 10yds with some rotary breathing and overarm pulls. Class will introduce diving and survival floating. Pre-requisites for this class: Jump in, submerge, recover for air, kick-and-pull forward 10 ft on front and back, change direction and return to wall, using swim-roll-swim to breathe technique.

Location: Claude Moore Rec & Comm Ctr

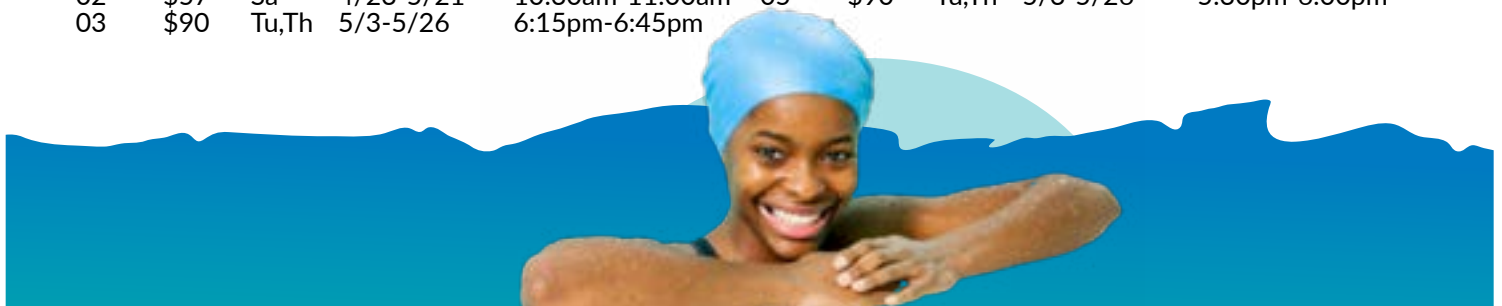
Activity Number: 373384

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/7-3/30	5:00pm-5:30pm
02	\$68	M,W	4/4-4/27	5:00pm-5:30pm
03	\$90	M,W	5/2-5/25	5:00pm-5:30pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305282

01	\$90	M,W	5/2-5/25	5:30pm-6:00pm
02	\$90	Tu,Th	3/1-3/24	5:30pm-6:00pm
03	\$68	Tu,Th	4/5-4/28	5:30pm-6:00pm
04	\$90	Tu,Th	5/3-5/26	6:20pm-6:50pm
05	\$90	Tu,Th	5/3-5/26	5:30pm-6:00pm



STARFISH SWIM SCHOOL™

Location: Round Hill Aquatics

Activity Number: 332264

01	\$68	Tu,Th	4/5-4/28	6:15pm-6:45pm
02	\$57	Sa	4/23-5/21	10:30am-11:00am
03	\$90	Tu,Th	5/3-5/26	6:15pm-6:45pm

TEEN SWIMSCHOOL

(Ages 13-17) This 45-min. beginning swim class for teens focuses on growing comfortable in the water while also learning essential water safety skills. Students will work on submersion with breath control and recovery to the surface, and front and back floating. No Pre-requisites or swim evaluation needed for entry into this class.

Location: Dulles South Rec & Comm Ctr

Activity Number: 305475

Sec	Fee	Day	Date	Time
01	\$85	M,W	3/7-3/21	7:40pm-8:25pm

TEEN SWIMSCHOOL

(Ages 13-17) This 45-min. intermediate-level class for teens focuses on forward movement in the water through learning gliding, arm and leg movements, and breath control; as well as water safety skills such as a survival float and treading water. Pre-requisites: Jump in, submerge, and recover for air, roll onto back for 5 seconds. Progresses into Teen StrokeSchool.

Location: Dulles South Rec & Comm Ctr

Activity Number: 305476

Sec	Fee	Day	Date	Time
01	\$102	Tu,Th	4/5-4/28	7:40pm-8:25pm

ADULT SWIMSCHOOL

(Ages 18 & Up) This 45-min. beginning swim class for adults focuses on growing comfortable in the water while also learning essential water safety skills. Students will work on submersion with breath control and recovery to the surface, and front and back floating. No Pre-requisites or swim evaluation needed for entry into this class.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373671

Sec	Fee	Day	Date	Time
01	\$136	M,W	3/7-3/30	6:30pm-7:15pm
02	\$102	M,W	4/4-4/27	6:30pm-7:15pm
03	\$136	M,W	5/2-5/25	6:30pm-7:15pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305575

01	\$119	Tu,Th	3/1-3/22	7:40pm-8:25pm
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ADULT SWIMSCHOOL

(Ages 18 & Up) This 45-min. intermediate-level class for adults focuses on forward movement in the water through learning gliding, arm and leg movements, and breath control; as well as water safety skills such as a survival float and treading water. Pre-requisites: Jump in, submerge, and recover for air, roll onto back for 5 seconds. Progresses into Adult StrokeSchool.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373672

Sec	Fee	Day	Date	Time
01	\$136	Tu,Th	3/8-3/31	7:40pm-8:25pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305576

01	\$102	Tu,Th	4/5-4/28	7:40pm-8:25pm
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STARFISH STROKE ACADEMY™

STROKE ACADEMY

(Ages 6-12) This class will focus on freestyle and backstroke, with an introduction to breaststroke and butterfly. Students will practice drills and learn techniques to develop efficient strokes. Pre-requisites: Start in side-glide, swim overarm pulls with kick 30 ft with rotary breathing, or pass a swim evaluation.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373481

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/7-3/30	5:45pm-6:15pm
02	\$68	M,W	4/4-4/27	5:45pm-6:15pm
03	\$90	M,W	5/2-5/25	5:45pm-6:15pm
04	\$90	Tu,Th	3/8-3/31	5:40pm-6:10pm
05	\$68	Tu,Th	4/5-4/28	5:40pm-6:10pm
06	\$90	Tu,Th	5/3-5/26	5:40pm-6:10pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305283

Sec	Fee	Day	Date	Time
01	\$57	M,W	3/7-3/21	6:20pm-6:50pm
02	\$68	M,W	4/4-4/27	6:20pm-6:50pm
03	\$90	M,W	5/2-5/25	6:20pm-6:50pm
04	\$79	Tu,Th	3/1-3/22	7:00pm-7:30pm
05	\$68	Tu,Th	4/5-4/28	7:00pm-7:30pm
06	\$90	Tu,Th	5/3-5/26	7:00pm-7:30pm

Location: Round Hill Aquatics

Activity Number: 332265

Sec	Fee	Day	Date	Time
01	\$68	M,W	4/4-4/27	5:30pm-6:00pm
02	\$57	Sa	4/23-5/21	11:15am-11:45am
03	\$90	M,W	5/2-5/25	5:30pm-6:00pm

STROKE ACADEMY

(Ages 6-12) This class will include a short review of freestyle and backstroke but will focus on learning the proper technique for breaststroke and butterfly. Pre-requisites: pass the Stroke School White/Red benchmarks, or pass a swim evaluation. Promotion to the next level is contingent on meeting the pre-requisites of StrokeSchool Green.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373482

Sec	Fee	Day	Date	Time
01	\$90	Tu,Th	3/8-3/31	6:00pm-6:30pm
02	\$68	Tu,Th	4/5-4/28	6:00pm-6:30pm
03	\$90	Tu,Th	5/3-5/26	6:00pm-6:30pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305284

Sec	Fee	Day	Date	Time
01	\$57	M,W	3/7-3/21	7:00pm-7:30pm
02	\$68	M,W	4/4-4/27	7:00pm-7:30pm
03	\$90	M,W	5/2-5/25	7:00pm-7:30pm
04	\$79	Tu,Th	3/1-3/22	6:20pm-6:50pm
05	\$90	Tu,Th	3/1-3/24	7:00pm-7:30pm
06	\$68	Tu,Th	4/5-4/28	7:00pm-7:30pm
07	\$90	Tu,Th	5/3-5/26	7:00pm-7:30pm

Location: Round Hill Aquatics

Activity Number: 332266

Sec	Fee	Day	Date	Time
01	\$68	M,W	4/4-4/27	6:15pm-6:45pm
02	\$57	Sa	4/23-5/21	11:15am-11:45am
03	\$90	M,W	5/2-5/25	6:15pm-6:45pm

STROKE ACADEMY

(Ages 6-12) This 45-minute class is the most advanced StrokeSchool class and will incorporate all four strokes, freestyle, backstroke, butterfly, while working on building endurance. Students will also practice starts and turns and racing dives. Pre-requisites: Able to perform multiple lengths of freestyle and backstroke during class and perform at least 4 strokes of butterfly in good form.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373483

Sec	Fee	Day	Date	Time
01	\$136	Tu,Th	3/8-3/31	6:50pm-7:35pm
02	\$102	Tu,Th	4/5-4/28	6:50pm-7:35pm
03	\$136	Tu,Th	5/3-5/26	6:50pm-7:35pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305285

Sec	Fee	Day	Date	Time
01	\$102	M,W	4/4-4/27	7:40pm-8:25pm
02	\$136	Tu,Th	3/1-3/24	7:40pm-8:25pm
03	\$136	Tu,Th	5/3-5/26	7:40pm-8:25pm

TEEN STROKE ACADEMY

(Ages 13-17) This 45-minute class will teach freestyle, backstroke, and breaststroke, as well as water safety skills. Pre-requisites: Must have achieved all SwimSchool benchmarks or have passed a swim evaluation.

Location: Dulles South Rec & Comm Ctr

Activity Number: 305477

Sec	Fee	Day	Date	Time
01	\$136	M,W	5/2-5/25	7:40pm-8:25pm

ADULT STROKE ACADEMY

(Ages 18 & Up) This 45-minute class will teach freestyle, backstroke, and breaststroke, as well as water safety skills. Pre-requisites: Must have achieved all SwimSchool benchmarks or have passed a swim evaluation.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373673

Sec	Fee	Day	Date	Time
01	\$136	Tu,Th	5/3-5/26	7:40pm-8:25pm
02	\$102	Tu,Th	4/5-4/28	7:40pm-8:25pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305577

Sec	Fee	Day	Date	Time
01	\$136	Tu,Th	5/3-5/26	7:40pm-8:25pm



LIFEGUARD & TRAINING

ADULT & PEDIATRIC FIRST AID/CPR/AED

(Ages 12 & up) This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants and meets OSHA/workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion and must be taken on a PC or tablet with a high-speed Internet connection. Allow approximately 2 hours 30 minutes to complete the online portion. Upon successful completion of this course, you will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED valid for two years.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373495

Sec	Fee	Day	Date	Time
01	\$80	Sa	3/26	4:00pm-6:00pm
02	\$80	Sa	4/23	4:00pm-6:00pm
03	\$80	Sa	5/21	4:00pm-6:00pm

BABYSITTING TRAINING & CPR

(Ages 11-15) This class provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will teach participants basic child-care, leadership skills, how to develop a babysitting business and ways to keep themselves and others safe and help children behave. The course also includes first aid and Pediatric CPR training.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373496

Sec	Fee	Day	Date	Time
01	\$80	Su	3/13	9:00am-4:00pm

CERTIFIED POOL OPERATOR - CPO

(Ages 16 & up) This program covers state regulations, swimming pool calculations, filter types and filter selection, circulation systems and pumps, water chemistry and balancing, water testing, spas and warm water pools and aquatic facility management and safety.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373497

Sec	Fee	Day	Date	Time
02	\$350	Sa,Su	4/30-5/1	10:00am-6:00pm

LIFEGUARD INSTRUCTOR - LGI

(Ages 17 & up) Prepares Lifeguard instructor candidates to teach American Red Cross Lifeguard, Lifeguard Blended Learning, Shallow Water Lifeguard, Aquatic Attraction Lifeguard, Waterpark Skills, CPR/AED for Professional Rescuers and Bloodborne Pathogens Training. Prerequisites: Minimum age: 17 years, possess a current Red Cross certificate for LIFEGUARD/FIRST AID/CPR/

AED, complete the online session for the Lifeguard Instructor course and complete the pre-course session. A link to the online material will be provided.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373493

Sec	Fee	Day	Date	Time
01	\$360	F	3/4	5:00pm-9:00pm
		Sa-Su	3/5, 6	8:00am-6:00pm
02	\$360	F	4/1	5:00pm-9:00pm
		Sa-Su	4/2, 3	8:00am-6:00pm
03	\$360	F	5/6	5:00pm-9:00pm
		Sa-Su	5/7, 8	8:00am-6:00pm

LIFEGUARD REVIEW

(Ages 15 & up) With successful completion of this course, students will be recertified as a Lifeguard through the American Red Cross. To pass the swim test you must be able to complete a 300-yard swim, get a 10lb brick from the bottom of at least 9ft of water and be able to swim it to the side and tread water for 2 minutes with legs only. Bring a swimsuit and towel to every class. Attendance is mandatory. Must be on-time for all classes. Pre-requisites: Must hold a current American Red Cross Lifeguard Certificate and pass the swim test.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373492

Sec	Fee	Day	Date	Time
01	\$100	Sa,Su	3/5-3/6	9:00am-3:30pm
02	\$100	Sa,Su	5/7-5/8	9:00am-3:30pm

LIFEGUARDING WITH OXYGEN

(Ages 15 & up) With successful completion of this course, students will be certified as a Lifeguard through the American Red Cross. To pass the swim test you must be able to complete a 300 yard swim, get a 10lb brick from the bottom of at least 9ft of water and be able to swim it to the side and tread water for 2 mins with legs only. Bring a swim suit and towel to every class. Attendance is mandatory. Must be on-time for Pre-requisite test date and classes. Pre-requisites: Must be 15 by the last class. Must have passed the swim test at one of the pre-requisite test dates and have completed the online portion before the first day of class.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373491

Sec	Fee	Day	Date	Time
01	\$360	Sa,Su	3/19-3/27	9:00am-3:30pm
02	\$360	Sa,Su	4/16-4/24	9:00am-3:30pm
03	\$360	Sa,Su	5/14-5/22	9:00am-3:30pm

Location: Dulles South Rec & Comm Ctr

Activity Number: 305478

01	\$360	M,F-Su	3/4-3/7	9:00am-5:00pm
02	\$360	M,Tu,Sa,Su	4/9-4/12	9:00am-5:00pm
03	\$360	Sa,Su	4/30-5/8	9:00am-5:00pm



ADAPTIVE RECREATION

742 Miller Drive, Leesburg, VA 20177

703-737-8042

loudoun.gov/adaptiverec

Call for pick-up and departure times.

ARTS FOR ALL-LOUDOUN

Open to anyone who would like to work with Arts for Loudoun. We encourage people to join us and learn about VSA and the many opportunities that exist to volunteer with our programs. Please contact Michelle Waugh for more information.

Location: Franklin Park Visual & Performing Arts Center

4th M ongoing 7:00pm-9:00pm

FRIENDS OF ADAPTIVE RECREATION - FAR - ADVISORY BOARD, INC.

Volunteers meet monthly to discuss events, community awareness, fundraising and sponsorships. Newcomer's welcome. Please call Maria Auger at 703-771-5013 for more information.

Location: 742 Miller Drive Leesburg, VA 20177

4th F ongoing

INTEGRATION OPPORTUNITIES

Individuals with disabilities are entitled to recreation opportunities. Adaptive Recreation encourages its participants to integrate into all Loudoun County PRCS programs. Please call staff for any needed assistance or information. Please see updated program activities on our website, click on the Seasonal Guide link.

LOUDOUN COUNTY SPECIAL OLYMPICS COMMITTEE MEETING

Volunteers, athletes, coaches, committee members meet monthly. New members should call ahead for date, time, and location. Contact Chris.Caesar@loudoun.gov

GENERAL INTEREST

COOKING CLASS

(Ages 16 & up, All levels) Let's get ready for spring cooking! Fresh and simple recipes that you never want to stop making! Refreshingly healthy, we can savor the best of the season. Join us as we dive into delicious spring cuisine!

Location: 742 Miller Drive Leesburg, VA 20177

341762-01 \$75 Th 5/12-5/26 4:30pm-6:30pm

TAKE ME OUT TO THE BALL GAME

(All Ages, All Levels) VIP status with the Potomac Nationals. Join us in our own private suite with indoor and outdoor seating, kitchen space, a TV, food, and drinks. Bring money for souvenirs.

Location: 742 Miller Drive Leesburg, VA 20177

341712-01 \$100 Su 5/1 11:00am-7:00pm

FIELDS OF FLOWERS

(All Ages, Levels 1,2) Join us for a magical event that's fun for everyone. Burnside Farms plants more than 2.5 million tulips and daffodils on over 15 acres for one of the most spectacular pick-your-own events in North America!

Location: 742 Miller Drive Leesburg, VA 20177

341711-01 \$60 Sa 4/30 10:00am-4:00pm

COOK OUT & KAROKE

(Ages 16 & up, All Levels) Calling all music lovers for making this karaoke party the loudest and funniest. Please come, join us for food, dance, music, and most of all fun. Contact Michelle Waugh for more information.

Depart/Return: 742 Miller Drive Leesburg, VA

341716-01 \$45 Sa 5/14 11:30am-3:30pm

DINNER & A MOVIE

(Ages 16 & up, Levels 1, 2,3) Join us for a movie night! Before the show enjoy dinner with great friends! Movies will be decided closer to the date of the showing. Dinner will be provided. Movies & dinner will be indoor in the program room with social distancing and face coverings. If weather permits, we may move outdoors.

Location: 742 Miller Drive Leesburg, VA 20177

341713-01 \$40 F 3/11 5:30pm-9:00pm

341713-02 \$40 F 3/25 5:30pm-9:00pm

341713-03 \$40 F 4/8 5:30pm-9:00pm

341713-04 \$40 F 4/29 5:30pm-9:00pm

341713-05 \$40 F 5/13 5:30pm-9:00pm

COME FOR THE RIDES, STAY FOR THE MEMORIES

(Ages 18 & up, Level 1,2) Whether you're a kid, teen or adult, fun is always in season. With thrilling coasters, family-friendly shows, world-class dining and unique seasonal offerings, there's something for everyone. Spend two nights and 2 days with us in majestic Busch Gardens Williamsburg, meals and accommodations included the fun is no extra charge. Bring money for souvenirs if you wish.

341720-01 \$550 F-Su 5/6 - 5/8 10:00am-1:00pm

ARTS

SUCESSICAL - THE MUSICAL

(Ages 16 & up, Levels 1, 2) Come with us on a journey with Horton who hears a strange noise coming from a speck of dust and decides there must be someone on it. As He attempts to rescue the speck we will meet the Sour Kangaroo, the other animals in the jungle, Gertrude McFuzz, Mazie La bird, the bird girls and many more. We will begin the evening with dinner and then head to Franklin Park Arts Center for the Davinci Arts Showcase and then the most amazing musical of all.

Depart/Return: 742 Miller Drive Leesburg, VA 20177

341729-01 \$70 Sa 3/19 3:00pm-9:45pm

GLASS BLOWING

(Ages 18 & up, All Levels) Pick your own combination of colors and away you go. We will work closely with you as you shape and even try opening the glass with special glass blowing tools. This is a very fun class that gives you memories to last a lifetime. All supplies included.

Depart/Return: 742 Miller Drive Leesburg, VA 20177

341718-01 \$120 Sa 3/5 10:00am- 6:00pm

SPORTS

BUDDY WORKOUT

(Ages 16 & up, All levels) Buddy Workout is designed to empower each participant to work out. All workouts will be customized to meet your needs and goals. The workout session will focus on fitness and fun! Come work out alongside your friends!

Location: 742 Miller Drive Leesburg, VA 20177

341752-01 \$35 W 3/9-3/30 4:30pm-5:30pm

SPARE TIME BOWLING

(Ages 16 & up, All levels) Relax on a Friday afternoon with bowling! This program teaches the basics of the game, promotes socialization and community awareness. If you work at ECHO and need transportation to bowling on Friday, please report request while registering. Bus departs at 2:15PM from ECHO on Fridays. No transportation provided AFTER bowling. Participants must be picked up at The

Branch.

Location: The Branch Bowling Alley

341710-01	\$35	F	3/11	2:30pm-5:00pm
341710-02	\$35	F	3/25	2:30pm-5:00pm
341710-03	\$35	F	4/8	2:30pm-5:00pm
341710-04	\$35	F	4/29	2:30pm-5:00pm
341710-05	\$35	F	5/13	2:30pm-5:00pm



CAMP PROGRAMS

703-777-0343

camp@loudoun.gov

PARENTS NIGHT OUT

(Ages 5-12) Come check out our new Parents Night Out program at some of our CASA sites this Winter. We will be doing fun activities (STEAM, cooking, creative projects) as well as group games and serving dinner. \$20 per child. Must be registered in our CASA program for the 2021-2022 school year to participate. Email camp@loudoun.gov with any questions!

123100-06	\$20	F		
3/18	Catoctin Elementary	6:00pm-8:30pm		
123100-07	\$20	F		
4/29	Belmont Station Elementary	6:00pm-8:30pm		
123100-08	\$20	F		
5/13	Creighton's Corner	6:00pm-8:30pm		

SCHOOLS OUT CAMP

(Ages 5-12) Children's Programs will be hosting our Schools Out Camp at various locations across the county! We will be doing fun activities (STEAM, cooking, creative projects) as well as group games, outside time and more! \$40 per child. Email camp@loudoun.gov with any questions!

Location: Countryside Elementary

323001-01	\$40	M	3/7	7:30am-6:00pm
323001-02	\$40	M	4/18	7:30am-6:00pm
323001-04	\$40	Tu	5/3	7:30am-6:00pm

Location: Kenneth Culbert Elementary

323002-01	\$40	M	3/7	7:30am-6:00pm
323002-02	\$40	M	4/18	7:30am-6:00pm
323002-04	\$40	Tu	5/3	7:30am-6:00pm

Location: Little River Elementary

323003-01	\$40	M	3/7	7:30am-6:00pm
323003-02	\$40	M	4/18	7:30am-6:00pm
323003-04	\$40	Tu	5/3	7:30am-6:00pm

Location: Sanders Corner Elementary

323004-01	\$40	M	3/7	7:30am-6:00pm
323004-02	\$40	M	4/18	7:30am-6:00pm
323004-04	\$40	Tu	5/3	7:30am-6:00pm



SPECIAL EVENTS

MARCH

DR. SEUSS DAY CELEBRATION

(Ages 5 & under) Celebrate the birthday of Dr. Seuss! Read Dr. Seuss stories and enjoy zany games and activities with Seussian flair! Call 703-430-9480 for more information.

Location: Sterling Community Center

303706-01	\$4	Tu	3/1	11:00am-12:00pm
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NEW YORK YOUR WAY!

(All Ages) Enjoy New York Your Way! Spend the day shopping, visiting landmarks, seeing a show and enjoying the city! It's all up to you! We will travel by charter bus, leaving the Dulles South Recreation & Community Center at 5 a.m., and leaving NYC promptly at 7 p.m. This is a non-chaperoned event; minors MUST be accompanied by a parent. Call 571-258-3456 for more information.

Depart/Return: Dulles South Recreation and Community Center

305900-01	\$65	Sa	3/5	5:00am-12:00am
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HISTORIC ENCOUNTERS DAY

(All ages) Step into the past with Claude Moore Park, Loudoun Heritage Farm Museum, and the Virginia Piedmont Heritage Area Association as you as you engage in immersive historic activities. Different themes each event. 3/7 – Food. 4/11 – Technology. 5/3 – Entertainment. Go to <https://heritagefarmmuseum.org/> to register for a 2-hour time slot. Ages 3 and under free.

Location: Claude Moore Park Historic Area & Heritage Farm Museum

Per Person	\$10	Group rate	\$7.50 (4 or more), \$5 (20 or more)
M	3/7	10:00am-2:00pm	
M	4/11	10:00am-2:00pm	
Tu	5/3	10:00am-2:00pm	

8TH ANNUAL BLUEMONT SHAMROCK RACE 5K/10K

(All Ages) Run with the luck of the Irish in one of the most picturesque areas of Northern Virginia. The out and back course winds through scenic country roads of beautiful Western Loudoun County. Offering 5K and 10K distances, this race offers something for everyone. Register early to receive a commemorative shirt at www.bluemontshamrockrace.com or call 540-554-8643 for more information.

Location: Bluemont Community Center

Sa	3/12	9:00am-11:00am
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PARENTS NIGHT OUT

(Ages 4-9) Let's continue the St. Patrick's Day fun! We will have some "green" fun that includes crafts, games and a movie. Dinner will be provided. Preregistration required. Call: 540-338-5882 for more information.

Location: Philomont Community Center

311705-01	\$25	F	3/18	6:00pm-9:00pm
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ICE CREAM SUNDAES & A MOVIE

(All Ages) Enjoy a delicious ice cream sundae and then go Douglass Dunes where you and your family can enjoy playing in the sand while enjoying a classic movie. Pre-registration is required.

Spring Break

CAMP

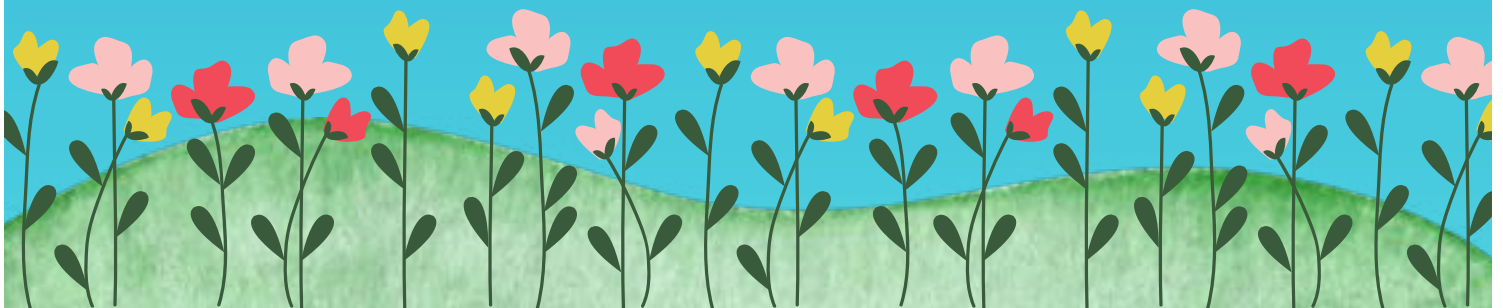
APRIL 11TH-15TH \$200

Ages 5-12
7:30am-6pm

- CRAFTS!
- GAMES!
- SCIENCE!
- COOKING!

ACTIVITY NUMBERS

COUNTRYSIDE ELEMENTARY	323001
KENNETH CULBERT ELEMENTARY	323002
LITTLE RIVER ELEMENTARY	323003
SANDERS CORNER ELEMENTARY	323004



CAMP@LOUDOUN.GOV

Location: Douglass Community Center				
304502-01	\$5	Sa	3/19	6:00pm-9:00pm
304502-02	\$5	Sa	4/23	6:00pm-9:00pm

GLAMOUR DAY – FOR GIRLS WITH DIFFERING ABILITIES

(All Ages) Come out and enjoy a day with the girls! Participants will enjoy a day of pampering that includes getting your hair and nails done. Don't miss it! Caregiver must be onsite for anyone who isn't completely self-sufficient. For more information, please call 703-771-5281 or email Lucketts@loudoun.gov.

Location: Lucketts Community Center				
309788-01	\$25	Su	3/20	2:00pm-5:00pm

THE POWER OF YOU!

(Ages 10-14) Come join us for this innovative, creative arts workshop, that includes art, movement and nature artistic practices that help to foster self-discovery & experiential learning. Preregistration Required. Minimum number of participants required.

Location: Philomont Community Center				
311114-01	\$25	F	3/25	6:00pm-7:30pm
311114-02	\$25	F	4/22	6:00pm-7:30pm
311114-03	\$25	F	5/20	6:00pm-7:30pm

DADDY-DAUGHTER DANCE

(Ages 3-12) Take your little princess out for a night to remember. Dress your best for dancing, refreshments, and a commemorative photograph! Register early as spaces are limited and this event usually fills! No on-site registration. \$20 for a couple, \$10 for each additional daughter.

Location: Lovettsville Community Center				
302706-01	\$20	Sa	3/26	5:30pm-7:30pm
302706-02	\$10	Sa	3/26	5:30pm-7:30pm

NATIONAL CRAYON DAY CELEBRATION

(Ages 3-5) Join us for the most colorful celebration of the year! Children will explore and create inspired works of art with crayons. This is a unique way for children to further develop their interest in art by creating and learning new things Call 703-430-9480 for more information.

Location: Sterling Community Center				
303707-01	\$4	Th	3/31	11:00am-12:00pm

APRIL

FAIRY FESTIVAL!

(Ages 2-12) *Outdoor Event* Join us for our very first Fairy Festival on April 2nd! Enjoy a scavenger hunt along a wooded magical trail decorated with fairy houses and gnome homes, a face painting and tattoo station, moon bounces, whimsical crafts, and a fairy house contest! Bring a fairy house you built at home to submit into the contest & participants will vote for their favorite houses during the event. The best one made will win a special prize! Don't forget to come dressed up, costumes are encouraged! Must register in advance. There will be no same day registration. Registration ends at 5pm April 1st or until full. Activities subject to change with covid policies. Call (571) 258-3456 for more information.

Location: Dulles South Recreation & Community Center				
305704-01	\$10	Sa	4/2	12:00pm-4:00pm

BREAKFAST WITH THE EASTER BUNNY

(All Ages) Come down to the Old Schoolhouse and meet the Easter Bunny! Enjoy an Epic Egg-Hunt, games, and a delicious continental breakfast. Bring your camera and take a picture with the Bunny. Event is outdoors and advanced Registration is required. For more information, call 703-771-5281 or email lucketts@loudoun.gov.

Location: Lucketts Community Center				
309741-01	\$ 5/person	Sa	4/2	8:00am-10:00am

CMRCC EGGSTRAVAGANZA

(All Ages) Join us for the Spring Eggstravaganza at CMRCC! The Egg Swim is an hour of fun in the pool with themed games and activities. Brunch with the Bunny will include an egg hunt followed by a light meal, crafts, games, and photo oppor-

tunities. Coffee is provided for adults during brunch. Can't make the event? please register for the Activity Kit to pick up. Prices listed below are for children over the age of 2 years/adult. Please register for everyone attending. Contact cmrccprograms@loudoun.gov for any questions.

Location: Claude Moore Recreation & Community Center				
373732-01	Egg Swim			\$10/6
Sa	4/2			10:00am-11:00am
373732-02	Egg Hunt & Brunch			\$12/5
Sa	4/2			11:00am-12:00pm
373732-04	Activity Kit			\$8
Sa	4/2			9:00am-5:00pm

SAND EGGHUNT WITH THE EASTER BUNNY

(All ages) Join the Easter Bunny and friends for doughnuts in the multi-purpose room after you hunt eggs in the sand. We will decorate Easter Eggs, visit with the Bunny, jump in our moon bounces, play spring games, and enjoy crawling through pop up tents. Remember to bring your camera! For more information call 703-771-5913. Advance registration required by 3/26.

Location: Douglass Community Center				
304702-01	\$5	Sa	4/2	10:00am-10:15am
304702-02	\$5	Sa	4/2	10:15am-10:30am
304702-03	\$5	Sa	4/2	10:30am-10:45am
304702-04	\$5	Sa	4/2	10:45am-11:00am
304702-05	\$5	Sa	4/2	11:00am-11:15am
304702-06	\$5	Sa	4/2	11:15am-11:30am

SCAVENGER EGG HUNT

(All Ages) Beginning April 4th, a dozen cardstock Easter eggs will be hidden in various locations around Sterling Community Center. You and your family are encouraged to walk together to find the eggs while recording their locations on our entry forms. Entry forms can be downloaded from our Facebook page or picked up at the Community Center. Completed entry forms can be dropped off at the center the week after Easter and exchanged for a free Spring-Fun-Pack filled with craft activities and treats. Call 703-430-9480 for more information.

Location: Sterling Community Center				
Free		Su-Su		4/4-4/11

SHINRIN-YOKU - FOREST BATHING

(Ages 13 & up) Relax your mind, revitalize your body, and rediscover yourself through this experiential wellness course set in nature. Participants will learn the core elements of "Shinrin-yoku", a therapeutic method developed in Japan to enhance wellbeing, health, and joy. The course includes a mindfulness workbook, sample practices and goalsetting exercises to establish your own personalized wellness routine. Meet in the Annex. Pre-registration required.

Location: Banshee Reeks Nature Preserve				
367510-01	\$25	Fr	4/8	10:00am-12:30pm

EGG-CELLENT ADVENTURE AT BOULDER CREST RETREAT

(All Ages) Join us for our incredible Annual Easter Egg Hunt beginning at 10:00am. This is a collaborative event with Bluemont Community Center's Staff, BCC Advisory Board, and Boulder Crest Retreat. Call 540-554-8643 for more information.

Location: Boulder Crest Retreat, Bluemont, VA				
Sa		4/9		10:00am-11:00am

DULLES SOUTH EGG HUNT!

(Ages 1-11) Come join the Dulles South Team for our annual Egg Hunt! Eggs will be divided by age group and the "hunt" will be led by a secret guest! Stay for some crafts and activities!

Location: Dulles South Recreation and Community Center				
305710-01	\$5	Tu	4/12	10:30am-12:00pm

PCC's FAMOUS FLASHLIGHT EASTER EGG HUNT- PRESCHOOL

(Ages 2-4) Bring a flashlight and hunt for eggs at dusk! This is a children/parents only hunt for a younger age. A special area will be mark off for this event. Hunt will begin at 8:00pm. Please arrive no earlier 7:30pm. Pay at the door \$10.00

Location: Franklin Park				
311703-02	\$8	Tu	4/12	8:00pm-8:30pm

PCC's FAMOUS FLASHLIGHT EASTER EGG HUNT

(Grades K-8th) Bring your flashlight and hunt for eggs in the dark! Hunt will begin at dark, plan to arrive no later than 8:30pm. Children will be separated into age groups. Parents are not permitted to assist children. Please call for weather decision on 4/11/21 Pre-registration is preferred. Call 540-338-5882 for more information. Pay at the door \$10.00

Location: Franklin Park

311703-01 \$8 Tu 4/12 8:45pm-9:15pm

EGGCELLENT ADVENTURES!

(All ages) Hop around our many stations focusing on Mother Nature's egg laying animals. All stations have been upgraded for an enhanced experience! Visit live egg laying animals and take part in eggciting activities. Stop by the campfire to roast marshmallows (provided and individually packaged, Halal available). Pre-registration required for all ages. Activities focused for ages 2-11. Rain date for all sections is 4/14. Call 571-258-3700.

Location: Claude Moore Park Discovery Grove

361719-01 \$5 W 4/13 10:00am-11:00am

361719-02 \$5 W 4/13 11:00am-12:00pm

361719-03 \$5 W 4/13 12:00pm-1:00pm

EGG HUNT

(Age 1-11) Don't miss the Lovettsville Community Center's annual egg hunt! The hunt will have a rolling group start by age. Crafts and games are included in the registration. Register early as spaces are limited and this event usually fills! No on-site registration.

Location: TBD

302702-01 \$5 W 4/13 10:30am-11:30am

LVCC EASTER EGG HUNT

(Ages 2-11) We're bringing you a morning that's full of fun and surprises, so make sure you celebrate Easter at Purcellville's most egg-citing event! Here's what to expect: Easter egg hunting- surprise from a very special guest, family activities, arts and crafts, and more! Bring your cameras for pictures with our special guest.

Location: Loudoun Valley Community Center

Free

301229-01 Th 4/14 10:00am-11:00am

PRESCHOOL BREAKFAST & EASTER HUNT

(Ages 2-5) Hop on over to Philomont Community Center for breakfast and an Egg Hunt! Continental Breakfast will be provided. Call 540-338-5882 for information. *weather permitting

Location: Philomont Community Center

311112-01 Free Th 4/14 10:00am-11:30am

ECOLOGY DAY

(All ages) Come to Claude Moore Park to participate in exciting and educational activities. Participants will have the opportunity to explore an outdoor nature play space, examine animal bones and skeletons, check out some macroinvertebrates, take part in pond and forest tours, meet live animals, and more. Ages 3 and under free with registered adult. Pre-registration required for all ages. Call 571-258-3700 for information.

Location: Claude Moore Park Visitor Center

361701-01 \$8 M 4/18 10:00am-12:00pm

361701-02 \$8 M 4/18 12:00pm-2:00pm

EGG HUNT & FUZZY BUNNIES

(Ages 2-10) This is an extraordinary egg hunt with a springtime petting zoo! Kids can pet bunnies, chicks, ducks, miniature goats, and more! Parents, don't forget your cameras! Age groups for hunting: 2-3 years old at 11:20am, 4-6 years old at 11:40am, and 7-10 years old at 12:00pm. Call 703-430-9480 for more information.

Location: Sterling Community Center

303701-01 \$6 Sa 4/20 11:00am-12:30pm

EARTH DAY CLEAN-UP & BIO BLITZ AT CMP

(All ages) Would you like the chance to help keep the park looking wonderful? How about helping with an ongoing science project? Look no further. Join us for the day

and lend a helping hand in our continuous effort to keep the park's trails, streams, and fields beautiful and clean while helping to identify the various flora and fauna living throughout the park. All participants and chaperones must register for this event by 4/15. Call 571-258-3700.

Location: Claude Moore Park Visitor Center

Free

361712-01 Sa 4/23 9:30am-12:00pm

FAMILY PAINT NIGHT

(All Ages) Bluemont is offering an enjoyable family night of painting. Children and parents will have the opportunity to create the perfect spring painting. A great gift for grandparents. Children must be accompanied with a painting adult. Call 540-554-8643 for more information.

Location: Bluemont Community Center

306708-01 \$10 F 4/22 6:30pm-8:30pm

PARENTS NIGHT OUT

(Ages 4-9) Let's celebrate the return of warmer weather in this spring themed night. Outdoor fun, crafts, dinner and a movie will be provided. Preregistration required. Call:540-338-5882 for more information.

Location: Philomont Community Center

311705-02 \$25 F 4/29 6:00pm-9:00pm

SKATING AT THE SCHOOLHOUSE

(All Ages) Join us as we turn our parking lot into a skating rink and skate the night away to great music. Food and drinks are available for purchase. Must bring own roller or inline skates. For more information, please call 703-771-5281 or email Lucketts@loudon.gov

Location: Lucketts Community Center

309791-01 \$5 Sa 4/30 7:30pm-10:00pm

MAY**BIG TRUCK DAY**

(All ages) Are you interested in big trucks and tractors?! Come and have a hands-on experience at Big Truck Day! You will be able to push buttons, beep horns, enjoy the bells, whistles and sirens as you climb on and explore various trucks, tractors and more! Lunch provided. Children must be accompanied by a parent. Children 2 & under free.*weather permitting Call 540-338-5882 for more information.

Location: Philomont Community Center

311700-01 \$5 Tu 5/3 12:00pm-2:00pm

PRCS ON THE GO

(All Ages) Meet us at Brambleton Park West for a free surprise pop-up event. You bring your family, we bring the equipment! Come out for moon bounces, stack cups, children's activities and crafts, chalk, and more under the sun. No registration required. Call 703-771-5913 for more information.

Location: Brambleton Park West

Free

Tu 5/3 11:00am-1:00pm

MOTHER'S DAY CELEBRATION

(Ages 3-5) Join us at SCC for a celebration of the value of Mothers! Let us treat you to tea as you decorate cookies and make a craft with your little one(s). Call 703-430-9480 for more information.

Location: Sterling Community Center

303731-01 \$6 Th 5/5 11:00am-12:00pm

MOVIE ON THE LAWN

(All Ages) Join Dulles South and bring a blanket or lawn chair and enjoy a family friendly movie under the stars! All children must be accompanied by a parent. Movie starts at dusk. Movie Title TBD closer to the date. Call 571-258-3456 for more information.

Location: Dulles South Recreation & Community Center

Free

F 5/6 8:00pm-10:00pm

CLAUDE MOORE SPRING FEST

(All ages) Join in an exciting celebration of all that Claude Moore has to offer. Check out the main stage for music and performances. Take part in chalk art, craft stations, historic and environmental demonstrations, moon bounces, community organization stations, live animals, and much more. For those 21+ feel free to relax in the Wine Garden (drink limits and fees apply). Claude Moore Park, Claude Moore Recreation and Community Center, and the Loudoun Heritage Farm Museum are proud to fill the park with loads of free and exciting activities for everyone to enjoy.

Location: Claude Moore Park Historic District

Free
Sa 5/7 10:00am-3:00pm

MOTHER'S DAY SENTIMENTAL STROLL

(All ages) Bring your mom for a special self-guided stroll through the woods as you celebrate the magic of motherhood through interactive activities along a marked trail. Grab a guide from the Visitor's Center to get started, then return with your completed booklet to claim a unique family keepsake. Pre-registration required by 5/2.

Location: Banshee Reeks Nature Preserve

367770-01 \$5 Sa 5/7 9:00am-4:00pm
367770-02 \$5 Su 5/8 9:00am-4:00pm

THE ANNUAL LUCKETTS SPRING YARD SALE

(All ages) Clean out your attic and basement and make some money! Or you can shop until you drop! Tables rent for \$10 each and buyers come for free. Call 703-771-5281 or email lucketts@loudoun.gov for more information.

Location: Lucketts Community Center

309735-01 \$10/Table Sa 5/7 7:00am-3:00pm

FAMILY FIELD DAY

(All Ages) Did somebody say Field Day!! Bring the family out and enjoy fun games. Snacks and Beverages available for purchase. Call 703-771-5281 email Lucketts@loudoun.gov for more information.

Location: Lucketts Community Center

309756-01 \$10/Family Sa 5/14 10:00am-2:00pm

JAMMIN' ON THE PORCH

(All Ages) Bring your lawn chairs or a blanket and enjoy some fabulous music. Preregistration is requested. Call 540-554-8643 for more information.

Location: Bluemont Community Center

Free
306702-01 F 5/20 6:30pm-8:30pm

MOVIE ON THE LAWN

(All Ages) Bring a blanket or lawn chair and enjoy a family-friendly movie under the stars. All children must be accompanied by a parent. Movie starts at dusk. Movie Title TBD closer to the date. Contact LVCC at 540-338-4122 for information.

Location: Loudoun Valley Community Center

Free
301726-02 F 5/20 8:00pm-10:00pm

DIRT DAY

(All ages) Get ready to get dirty with a variety of soil activities in this joint offering by the Loudoun Heritage Farm Museum and Claude Moore Park. Try mud art, explore home composting, grab a handful of worms, plant a flower to take home, and just get dirty digging. BE PREPARED TO GET MESSY! Go to <https://heritagefarmmuseum.org/> to register for a 2-hour time slot. Ages 3 and under free.

Location: Claude Moore Park Historic Area & Heritage Farm Museum

Per Person \$7.50 Group rate \$5 (4 or more)
Sa 5/21 10:00am-4:00pm

END OF THE YEAR PRESCHOOL BASH

(All Ages) What an exciting year. Join us in celebrating a great preschool year. We will have games in the Lounge, Free play in the Dunes, Moon bounce fun and scooters in the multipurpose room and hot dogs and snacks in the Activity classroom. Preregistration is required. Register by May 7th.

304701-01 \$5 Sa 5/21 10:00am-1:00pm

LOUDOUN COUNTY LATINO FESTIVAL

(All Ages) Join Douglass Community Center in celebrating and showcasing Latin American culture throughout Loudoun County. This free community event features live music and entertainment, food vendors, local businesses, non-profit and commercial vendors, and children's activities including crafts, moon bounces, stack cups, and more! For vendor or other information, contact Douglass Community Center at 703-771-5913 or visit www.loudoun.gov/dccfestival

Location: 102 Heritage Way NE, Leesburg, VA 20176

Free
Su 5/22 12:00pm-5:00pm

JUNE

FIRST ANNUAL PCC FAMILY 'CAMP-OUT!'

(All Ages. Must be accompanied by an adult) Come on out and join us for our first ever family 'camp-out' evening. Bring a blanket, a flashlight or lantern and join us for family fun in our outdoor park. We will have hotdogs, popcorn, s'mores and family friendly games. A great way to spend a Friday evening with your neighbors in the park!

Location: Philomont Park

311113-01 Free S 6/4 6:30pm-9:00pm

FAMILY FISHING FIESTA

(All ages) Cast away and try for the big one! Join friends and family for a fun-filled fishing adventure. Participate in drawings for prizes. Poles available on a first-come, first-served basis. Never fished before? Don't worry, staff will be available for assistance. Anyone can join in! Pre-registration required for all participants. Children must be accompanied by adult. Anyone fishing over the age of 16 requires a valid VA freshwater fishing license.

Location: Claude Moore Park Ponds

361755-01 \$5 Sa 6/11 9:00am-11:00am

NEW YORK CITY PRIDE!

(All Ages) Enjoy this ride to NYC whether you want to experience LGBTQIA+ PRIDE, or just wander around the city and enjoy touring on your own! It's all up to you! We will travel by charter bus, leaving the Dulles South Recreation & Community Center at 5 a.m., and leaving NYC promptly at 7 p.m. This is a non-chaperoned event; minors MUST be accompanied by a parent. Call 571-258-3456 for more information.

Depart/Return: Dulles South Recreation and Community Center

305902-01 \$65 Su 6/26 5:00am-12am





FRANKLIN PARK ARTS CENTER

36441 Blueridge View Lane, Purcellville, VA 20132

540-338-7973

M-Fr 9:00am-5:00pm

www.franklinparkartscenter.org

MARCH

MADCAP PUPPETS- STORY QUEST

(Ages 2 & up) Everett Hickenbottom, has spun 999 tales in as many nights for the queen. Now with one story left to tell he has no stories left! He recounts two adventurous tales, The Stolen Crown and Feet Water, before getting help from the audience to imagine one final wondrous story. Loads of audience participation an hilarious puppets.

Tickets	\$5	
Purchase Online: www.franklinparkartscenter.org		
W	3/2	10:00am

GOLD STAR CONCERT - THE MUSIC OF SIMON AND GARFUNKEL

This stunning acoustic show features the duo Swaringen and Kelli. Presented by the Friends of Franklin Park Arts Center.

Tickets	\$22	
Purchase online: www.franklinparkartscenter.org		
W	3/12	8:00pm

PLANETARIUM PROGRAMS

(Ages 4 & up) Step inside our inflatable dome planetarium to experience the wonder of space in these interactive programs. Set up on the stage of our theater, with mostly floor seating, the program lasts about 40 minutes.

Tickets	\$8	
Su	3/13	1:00pm, 2:00pm, 3:00pm, 4:00pm
Spring Equinox and Constellations		
Su	5/8	1:00pm, 2:00pm, 3:00pm, 4:00pm
Whats Up?		

ARTS FOR ALL LOUDOUN - SEUSSICAL JR.

(All ages) Join the all-inclusive cast of Arts For All Loudoun (formerly VSA Loudoun County) as they entertain you with this colorful show about the powers of friendship, loyalty, family and community. Horton the Elephant, the Cat in the Hat and all of your favorite Dr. Seuss characters spring to life onstage in Seussical Jr., a fantastical musical extravaganza!

Tickets - advanced sales	\$15-\$10-seniors and students
	www.ArtsForAllLoudoun.org
Tickets - at the door	\$20-\$15-seniors and students

F, Sa	3/18-3/19	7:00 pm
Su	3/20	3:00 pm
F, Sa	3/25-3/26	7:00pm
Su	3/27	3:00pm

MUSIC FOR DESSERT - JOANN KIM

(All ages) Break the boredom of your work week with these curated musical concerts that you can enjoy in person or from the comfort of your own home. Sixteen year old Joanna Kim's dream is to become a worldwide known musician that can perform different types of music for all types of people. She wants to create music and shows that have never been seen or done before.

Tickets	\$15 in person \$8 virtual/student
Purchase Online: www.franklinparkartscenter.org	
T	3/29 7:00pm

APRIL

MOVIE - WIZARD OF OZ

Celebrate the opening of our new art exhibit, "Merry Old Land of Oz" featuring Loudoun artists, then, enjoy this classic film! Costumes encouraged!

Tickets	Free	
Sa	4/2	2:30pm

FRANKLIN PARK BIG BAND

Franklin Park Big Band's Spring concert, after a two year hiatus!

Tickets:	\$10	
Su	4/3	2:00pm

BOB BROWN PUPPETS - TEDDY BEAR PICNIC

Mother Bear and Baby Bear set out on a picnic and meet all kinds of unexpected friends and foes. Crazy dancing frogs Fred and Ginger, Quincy the Caterpillar (who meets himself coming and going), and Artie the Ant (who almost ruins the picnic) are just a few of the delightful puppet pals in this enchanting show. Bring you favorite Teddy Bear or stuffed animal and enjoy a picnic after the show in our lobby, or outside (weather permitting).

Tickets	\$5	
Purchase Online: www.franklinparkartscenter.org		
W	4/13	10:00am

PLANETARIUM DAY

Step inside our inflatable dome planetarium to experience the wonder of space. Set up on the stage of our theater, the program lasts about 20 minutes and is appropriate for ages 4 & up, and is an introduction to our planetarium. This is held during Spring Break for Loudoun County Public Schools.

Tickets	\$3	
Purchase	Online: www.franklinparkartscenter.org	
Tu	4/14	10:00 am-12:00 pm, 2:00pm- 4:00pm

GOOSE CREEK PLAYERS PRESENTS - YOU CAN'T TAKE IT WITH YOU

Pulitzer Prize-winning comedy by George S. Kaufman and Moss Hart about an apparently crazy family that are not afraid to express themselves but are much deeper than it seems.

Tickets	\$15	
F, Sa	4/22-4/23	7:30pm
Su	4/24	2:00pm
F, Sa	4/29-4/30	7:30pm
Su	5/1	2:00pm

MAY

ASHBURN ACADEMY OF DANCE - ANNUAL BENEFIT CONCERT

Come enjoy an evening of dance with original works choreographed by the company dancers of the Edge Company, the resident contemporary company at Ashburn Academy of Dance.

Tickets	\$10
Purchase online: www.franklinparkartscenter.org	

Sa	5/7	2:00pm
MUSIC FOR DESSERT - THOMAS PANDOLFI & YOUNG SOLOISTS		
Tickets:	\$7	
Tu	5/10	7:00pm
ARM-OF-THE-SEA PUPPETS - DIRT: SECRET LIFE OF SOIL		
Fusing cutting-edge science and age-old puppetry, DIRT takes audiences on an extravagant journey of discovery into the ground beneath our feet.		
Tickets	\$5	
Purchase on-line: www.franklinparkartscenter.org		
W	5/11	10:00am

FRANKLIN PARK ARTS CENTER GALLERY

36441 Blueridge View Lane, Purcellville, VA 20132
Monday-Friday, 9:00am-5:00pm
Weekends during performances
www.franklinparkartscenter.org

UNDER THE IMAGINARY HAT

Artists with the program Davinci Studios will display artwork in all mediums in this annual exhibit. Davinci is a program sponsored by Arts For All (formerly VSA Loudoun) that encourages artists with disabilities.

Exhibit	F-Su	2/26-3/21	
Reception	Sa	3/19	5:30pm

MERRY OLD LAND OF OZ

This artist challenge exhibit celebrates the wonderful land of Oz and your memories, real or imagined, of this magical place. The iconic film, The Wizard of Oz and the musical Wicked might be your inspiration or perhaps it is a childhood memory associated with this classic story. Travel down the yellow brick road with us! Sponsored by Friends of Franklin Park Arts Center, this challenge exhibit will include monetary prizes!

Exhibit	Th-Su	3/30-5/1	
Reception	Sa	4/2	2:00pm

WESTERN LOUDOUN ART & STUDIO TOUR PREVIEW SHOW!

Artists on the 2022 Western Loudoun Art & Studio Tour will be exhibiting artwork to introduce you to their work before the 2022 in person Studio Tour. With more than 30 stops and 60 artists on the Studio Tour, you can't see them all in one weekend. Discover the artists and their artwork and then plan your route so you can be sure to see the ones that intrigue you the most! This is the first time we will be hosting a Studio Tour Preview Show – let us know what you think and maybe it will become an annual event.

Exhibit	F-Tu	5/6-5/31	
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WESTERN LOUDOUN ART & STUDIO TOUR

Visit www.wlast.org for a list of artists who will be exhibiting at Franklin Park Arts Center for the weekend. June 3-5, 2022 10:00am–5:00pm

CLASSES

BOB ROSS PAINTING WORKSHOP

(Ages 16 & up) You have seen Bob Ross create his paintings on PBS and YouTube, now it's time to paint your own masterpiece along with a certified Bob Ross instructor. Complete a 16 x 20 original painting through guided instruction. Please bring an empty pizza box to take home your painting and wear clothes that can get paint on them. Each workshop is limited to 10 people and you will complete your painting (Bubbling Stream, Season 3, episode 3) in 3 hours. Certified Instructor: Sandra Hill. All materials included in fee.

363753-05	\$85	Sa	4/9	11:00am-2:00pm
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LOUDOUN COUNTY AREA AGENCY ON AGING

742 Miller Drive SE, Leesburg, VA 20175

703-777-0257

M-F 8:30am-5:00pm

The Loudoun County Area Agency on Aging (AAA) is the central point of contact for seniors, caregivers, and their families. The mission of the agency is to foster independence and healthy aging, and improve the quality of life for older adults and their caregivers through comprehensive programs and services. AAA provides the following programs and services:

- Adult Day Centers
- Caregiver Services
- Case Management Services
- Congregate Lunch Programs
- Disease Prevention & Health Promotion
- Home Delivered Meals
- Information & Assistance
- Medicare Counseling
- Senior Centers
- Senior Cool Care
- Volunteer Opportunities

CAREGIVER SERVICES

FAMILY CAREGIVER EDUCATION SERIES

Our education series offers learning opportunities for older adults, caregivers and family members on topics related to aging. These programs enhance the ability of caregivers and family members to provide (informal) care for as long as appropriate. For more information about these programs, call 703-771-5407 or email aaasupport@loudoun.gov.

CAREGIVER SUPPORT GROUPS

Meets the first Wednesday of the month at 4:00pm at the Leesburg Adult Day Center (16501 Meadowview Court, Leesburg, VA 20175). For more information, call 703-331-5334.

Meets the third Saturday of the month at 10:00am at the Waltonwood (44141 Russell Branch Parkway, Ashburn, VA 20147). For information, call 703-771-5407.

VIRTUAL CAREGIVER SUPPORT GROUPS

Meets the third Saturday of the month. Please pre-register in advance by contacting Erin Nesbitt at erin.nesbitt@loudoun.gov.

Meets the first Wednesday of the month from 4:00pm-5:00pm. Please pre-register by calling Jaimee Conner at 703-771-5334.

Meets the fourth Thursday of every month from 3:00pm-4:00pm. Please pre-register by contacting Bobbi Carducci at bcarducci@comcast.net.

DISEASE PREVENTION & HEALTH PROMOTION

The Area Agency on Aging offers evidence-based disease prevention and health promotion programs and services for older adults, caregivers, and their families. The programs provide information and education to help older adults improve or maintain health-related quality of life through preventing, treating, and reducing the effects of chronic conditions.

LIVE WELL! WITH CHRONIC CONDITIONS & LIVE WELL! WITH DIABETES

Learn how to manage the challenges of living with or caring for someone with a chronic condition. This six-week workshop provides information, teaches practical skills, and gives people confidence and motivation. Topics to be covered include: nutrition and physical activity, dealing with difficult emotions, communication, how to get better sleep, and understanding medication. Healthy snacks and course materials will be provided. To find a workshop near you, call 703-771-5407 or send an email to aaasupport@loudoun.gov.

INFORMATION & ASSISTANCE

The Elder Resources team links older adults and their caregivers to supportive community services.

SENIOR CENTERS

ACTIVITIES & FEES

Four full-service senior centers and one senior activity center offer a variety of programs and activities for adults 55 and over. The annual membership fee is \$32/ person (\$48/non-residents). Members receive lower rates for trips and classes, a monthly newsletter and membership privileges at all senior centers. There is a cost of \$4/meal for adults under 60, and a suggested donation for adults 60 and over, for the congregate lunch program.

FACILITY RENTALS

Attractive rental space is available for groups of all ages at three full service senior centers in Leesburg, Sterling and Purcellville for meetings, family reunions, special events, birthday parties and more. Please call the individual senior center for further information.

ADULT DAY CENTERS LOCATIONS

Eastern Loudoun Adult Day Center (Ashburn):571-258-3232
Loudoun County Adult Day Center at Leesburg:.....703-771-5334
Mac Brownell Adult Day Center (Purcellville):.....571-258-3402

PARTICIPANTS

Our centers are open M-F from 7:30am-5:30pm to provide a safe, social and interactive environment for seniors with cognitive and/or physical disabilities who are unable to be home alone safely. Activities and services, designed to elicit success and enjoyment, include art and music therapy, individualized exercise, mentally stimulating games, assistance with personal needs, medication management, nutritious hot lunches and snacks, and health monitoring. Limited transportation is available to some areas. Fees are based on a sliding scale.

CAREGIVERS

Adult Day Centers provide respite for those needing support and time away from caregiving. Caregiver and Alzheimer's disease support groups are available to provide insight, guidance, companionship, and resources. Caregiver education programs are also available. For more information, call 703-771-5407 or email aaasupport@loudoun.gov.

SENIOR TRIPS

ABOUT

The Senior Trips Program is designed for independent adults 55 years of age or over. Day or overnight trips are available. All transportation is provided by Senior Center buses unless otherwise noted. Most trips have pick-up and drop-off points at Cascades Senior Center in Sterling, the Wal-Mart in Leesburg and the Carver

Center in Purcellville.

REGISTRATION

Registration is required for all trips. Sign up online with the activity number and WebTrac or in person at any PRCS office. Early registration is suggested since trips can fill quickly. Once you register, please note there are no refunds issued by the county. However, a refund minus an administrative fee may be issued if your seat is resold.

CONTACT

Contact the senior trip coordinator at 571-258-3050 - TTY 711 for more information.



LICENSED CHILDREN'S PROGRAMS

CHILD CARE

(Ages 3-5) Our full and half-time child care program provides a safe, healthy, learning environment with age-appropriate activities to promote the physical, social and intellectual growth of children. Healthy breakfasts and snacks are provided. Full-time hours are 7:00am-6:00pm Contact the center of your choice for more information and availability.

FEES

Full-time.....	7:00am-6:00pm	\$265 per week
Part-time.....	up to 30 hrs/wk.....	\$240 per week
Part-time.....	up to 20 hrs/wk	\$200 week
Drop-in.....	Space available basis.....	\$10 per hour
Non-refundable deposit		\$50/year
Late payment fee		\$25

LOCATIONS

Bluemont Community Center	540-554-4838
Dulles South Recreation & Community Center.....	571-258-3311
Loudoun Valley Community Center	540-338-5035
Lovettsville Community Center	540-822-5381
Lucketts Community Center.....	703-737-8841

PRESCHOOL

Our state-licensed, nine-month preschool program operates September through May. Classes offered for 2.5-5 year olds, but vary by location. Preschool registration is on a first come basis with priority to enrolled families. Pre-registration for returning preschool families will begin February 1 at 10:00 a.m. and will continue through February 11. Students enrolled in the current school year and their siblings are eligible to pre-register. Open registration for remaining preschool spots will begin February 15 at 10:00am until spaces are filled. Children are not enrolled until all required paperwork is completed and approved. Register

on Loudoun.gov/webtrac or call the center you'd like to enroll at for assistance.

LOCATIONS

Bluemont Community Center	540-554-8643
Claude Moore Recreation & Community Center.....	571-258-3500
Douglass Community Center.....	703-771-5913
Dulles South Recreation & Community Center.....	571-258-3456
Loudoun Valley Community Center	540-338-4122
Lovettsville Community Center.....	540-822-5284
Lucketts Community Center.....	703-771-5281
Philomont Community Center.....	540-338-5882

COMMUNITY CENTER AFTER-SCHOOL PROGRAMS

Select community centers offer state-licensed after-school programs for children in grades K-5 that follow the Loudoun County School calendar. Contact the center of your choice for current availability.

LOCATIONS

Bluemont Community Center	540-554-8643
Loudoun Valley Community Center	540-338-4122
Lucketts Community Center.....	703-771-5281

CASA - COUNTY AFTER SCHOOL ACTIVITIES

Age 5-Grade 5
703-737-8042
www.Loudoun.gov/CASA

2021-2022 CASA PROGRAM

This year, we will focus on nurturing participants' individuality through a variety of recreational opportunities including STEM and Literacy. Our creative and talented staff developed a system that will challenge your child to grow and learn in a positive environment. The activity schedule also includes homework and snack time. CASA follows the Loudoun County Public Schools (LCPS) calendar and may be subject to change in response to COVID-19 conditions.

SCHEDULE

CASA locations follow the Loudoun County School calendar run from conclusion of the elementary school day till 6:00pm.

LOCATIONS

There are over 40+ CASA locations throughout Loudoun County. Please contact us for availability.

CASA ACADEMY

CASA Academy is offered at designated Recreation and Community Center facili-

ties and provides an after-school option for students in elementary school. Each CASA Academy location will choose one specific theme for lessons during the entire school year (e.g., arts, music, STEM).

CASA Academy at Claude Moore Recreation & Community Center	540-258-3500
CASA Academy at Dulles South Recreation & Community Center	540-258-3456
CASA Academy at Philomont Community Center	540-338-5882

FEES

CASA Program fees	\$355/month/child
Non-refundable Deposit.....	\$50/child/due at registration



YOUTH SERVICES

703-777-0343

YAS - YOUTH AFTER SCHOOL PROGRAM

(Grades 6-8) YAS offers fun, exciting, recreational activities for middle school students including sports, games, arts & crafts, field trips, drama, tutoring, mentoring, STEM, book club, special events and intramural competitions, as well as time for homework, relaxing, and socializing in a safe supervised environment. Students have the opportunity to help plan activities and are encouraged to explore their interests. YAS is in middle schools and follows the Loudoun County Public School calendar. The program begins when the final bell rings and ends at 6:15pm.
Fee \$50/month

YAS LOCATIONS

Belmont Ridge MS, Blue Ridge MS, Brambleton MS (offers transportation to Stone Hill MS), Eagle Ridge MS, Farmwell Station MS, Harmony Middle (offers transportation to Blue Ridge MS), Harper Park MS, J.L. Simpson (offers transportation to Harper Park MS), Lunsford MS (offers transportation to Mercer MS), Mercer MS, River Bend MS, Seneca Ridge MS, Smart's Mill MS, Sterling MS, Stone Hill MS & Trailside MS.

LCPS offers transportation through ParentVue.

YOUTH ADVISORY COUNCIL

Members of the Loudoun Youth Advisory Council, have the opportunity to develop leadership skills, meet new people and be a voice for Loudoun's teens. Members work with local non-profits to plan special events, (e.g., Loudoun's Battle of the Bands and Step Up), work on community service projects, participate in leadership field trips, and promote teen-centered events. Spaces are limited in this competitive program; applications are accepted on a rolling basis. For more information and applications, please visit www.loudoun.gov/teens.

High School Teens interested in volunteering with PRCS can contact youthservices@loudoun.gov for information about opportunities and upcoming teen volunteer orientation sessions.

*PRCS facilities
are perfect for
family or group
events & meetings.*



For more information
**visit www.loudoun.gov/prcs, contact your local PRCS center
or park or call 703-777-0343.**



Are You Interested in the Future of Your Community? Consider Serving on PRCS Advisory Boards!

Parks, Recreation & Open Space Board (PROS)

PROS members are appointed by the Board of Supervisors. The board acts in an advisory capacity in recommending policies and procedures, and provides a forum for citizens' issues related to parks, recreation and open space. PROS representatives work with the Department of Parks, Recreation and Community Services staff to identify opportunities and make recommendations that will enhance and preserve parks, recreation and open space in the county.

Meetings are held at 7:30 a.m. on the first Saturday of the month. The public is invited.

Commission on Aging (COA)

COA representatives are appointed by the Board of Supervisors. The commission advises the Loudoun County Area Agency on Aging staff and the Board of Supervisors on matters of concern to older residents.

Meetings are held at 9:30 a.m. on the third Thursday of the month. The public is invited.

Advisory Commission on Youth (ACOY)

The Advisory Commission on Youth comprises members appointed by the Board of Supervisors, along with representatives from community agencies and student liaisons from public and private high schools. The role of ACOY is to advise the Board of Supervisors and PRCS staff on youth issues and to serve as a forum for community concerns. Members also work in conjunction with the Loudoun Youth Initiative (LYI) to foster programs and services necessary for the wholesome development of youth in Loudoun County.

Meetings are held at 7:00 p.m. on the fourth Monday of the month. The public is invited.

Local Advisory Boards

In addition to appointed boards, PRCS centers, parks, and specialty programs rely on volunteers to serve on local advisory boards. Most boards meet monthly and assist in the development, planning, and implementation of programs and activities. If you are interested in serving on a local board, contact the center, park, or program of your choice.



For more information, call 703-777-0343 or visit www.loudoun.gov/prcs.

PRESCHOOL PROGRAMS

SEPTEMBER 1, 2022 - MAY 31, 2023



*PREREGISTRATION 10AM, FEBRUARY 8-18
OPEN REGISTRATION 10AM, FEBRUARY 22

\$50 NON-REFUNDABLE
REGISTRATION DEPOSIT

BLUEMONT COMMUNITY CENTER	540-554-8643
CLAUDE MOORE RECREATION & COMMUNITY CENTER	571-258-3600
DOUGLASS COMMUNITY CENTER	703-771-5913
DULLES SOUTH RECREATION & COMMUNITY CENTER	571-258-3456
LOUDOUN VALLEY COMMUNITY CENTER	540-338-4122
LOVETTSVILLE COMMUNITY CENTER	540-822-5284
LUCKETTS COMMUNITY CENTER	703-771-5281
PHILOMONT COMMUNITY CENTER	540-338-5882

*PREREGISTRATION FOR RETURNING FAMILIES AND THEIR SIBLINGS.
MORE INFORMATION AT LOUDOUN.GOV/PRESCHOOL



LOUDOUN COUNTY DEPARTMENT OF PARKS RECREATION & COMMUNITY SERVICES

LOUDOUN.GOV/PRCS

FOR ACCESSIBILITY REQUESTS: CONTACT ADAPTREC@LOUDOUN.GOV, 703-777-0343, TTY: 711

GENERAL INFORMATION

what you need to know about...

WHERE TO FIND YOUR ACTIVITY GUIDE

Copies of the fall Activity Guide are available at PRCS centers and parks, as well as Loudoun County libraries and the County Government Center. The current issue is always available online at www.loudoun.gov/prcs, where you can sign up to receive text and email messages about PRCS events, registration and other news.

GENERAL REGISTRATION

Online and walk-in registration for senior activities only begins at 9:00am on 2/10/22 for county residents. Online registration for all activities begins at 12:01am on 2/11/22 for county residents. Walk-in registration at PRCS facilities begins on 2/11/22 for county residents during normal business hours for each location. Online registration begins at 12:01am on 2/21/22 for anyone not residing in Loudoun County (including seniors). Walk-in registration at PRCS facilities begins on 2/21/22 for anyone not residing in Loudoun County (including seniors) during normal business hours for each location.

ONLINE REGISTRATION

WebTrac is the online registration system for enrolling in PRCS activities, using a household identification number and password. A new household account can be requested online at www.loudoun.gov/webtrac. A new account number and password will be sent to your email address in two to five business days. With a household ID number and password, you can register and pay for most activities using VISA, Discover, or MasterCard. If you have forgotten your account information, you can retrieve your ID and password at www.loudoun.gov/webtrac. If you require additional assistance, please contact your local PRCS center/park or the administrative office before the first day of registration!

REGISTRATION FOR LICENSED PROGRAMS

Additional forms may be required for licensed programs. Please refer to the corresponding section in this activity guide or www.loudoun.gov/prcs/p for specific registration procedures for Licensed Preschool, CASA, YAS, Daze and Fest summer camps, Adaptive Recreation camp and licensed trip camps. Proof of participation for current school year will be required for families in the CASA Assistance Program (families approved for the Loudoun County Public Schools Free and Reduced Lunch Program).

PAYMENTS

Registration fees are due at the time of registration, unless otherwise noted. Online registrations must be paid by credit card. Cash, check, money order, or credit card payments can be made in person. Checks or money orders must be made payable to "County of Loudoun." Payments by check or money order can also be mailed to the PRCS administrative office. Do not send cash or credit card information by mail. Do not include supply fees in total paid. Supply fees are payable to the instructor at the first class.

TAX INFORMATION

A global childcare statement can be printed using WebTrac. The option is located under "my account" after logging into WebTrac. A statement can be printed for any calendar year; however, the desired tax year must be selected. Visit www.loudoun.gov/webtrac.

PROGRAM REFUNDS & CANCELLATIONS

Our goal is to ensure quality programs. If you are dissatisfied with the quality of a class/program in which you are currently enrolled, you may request a refund according to the following policy or policy provided by the specific program: Refund requests must be submitted in writing and include an explanation of why the participant is disappointed with the quality of the particular class/program. The written request should be dated and sent by email, fax, or mail directly to the facility manager or program manager offering the class/program. Only written requests will be accepted. The amount of any refund prorated based on the number of remaining class/program sessions.

If you need to cancel a class/program registration, and you make the request 15 or more days before the start date, a full refund will be offered - MINUS a 15% administrative fee (to a maximum of \$15). If you cancel a class/program registration 14 or fewer days before the start date, a 50% refund will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email, fax, or mail directly to the facility or program manager offering the class/program.

The Department reserves the right to cancel or change a class or activity due to insufficient enrollment or other reasonable cause. A full refund (including any applicable registration fee) will be offered.

FINANCIAL ASSISTANCE

For qualifying families, financial support may be available for reimbursement of the cost of certain Adaptive Recreation activities sponsored by Loudoun County PRCS. The major qualification for respite is MR diagnosis. For more information, call MR Services at 703-777-0377.

OUT-OF-COUNTY FEES

An additional 50 percent of fees will be charged for individuals residing outside of Loudoun County for annual senior center memberships.

NOTICE TO PARTICIPANTS

All activities of a physical nature involve some risk. By registering for a county-sponsored class requiring physical activity, you, as the participant or parent of a participant under the age of 18, assume the risk involved in participating in these activities. The Loudoun County Department of Parks, Recreation and Community Services is dedicated to providing safe facilities and equipment for all participants, as well as qualified instructional staff to enhance your experience.

Unless specifically declined, by registering for or participating in a PRCS-sponsored activity, participants give permission for the Loudoun County Department of Parks, Recreation and Community Services to use photographs and videos of themselves or their children for publicity in publications and other media, including social media, without limitation in order to increase community awareness of PRCS programs and services.

SUPPLIES & MATERIALS

The cost of supplies and materials is included in the class or activity fee, unless otherwise indicated. If a supply/material fee is listed for an activity, it must be paid directly to the instructor on the first day of class.

TRANSPORTATION

When transportation is provided, spaces are filled on a first-come, first-served basis.

TRIP POLICY

There will be no smoking or alcoholic beverages allowed on any vehicles used for Department trips including motor buses. Due to outside costs associated with arranging and booking trips, there will be no refund when a participant cancels a trip registration.

RENTALS

Rental space is available at most centers and parks including rooms, pavilions, and gyms for private parties, meetings, and other activities. Contact the preferred center or manned park directly for available dates, times and rental rates. For unmanned facilities, please call 703-777-0343.

VOLUNTEERS

For information on volunteer opportunities, including PRCS advisory boards and councils, please contact your local center, park or program representative,

or call 703-777-0343. Those interested in working with Loudoun residents with disabilities, including Special Olympics and Arts for All Loudoun, should call 703-771-5013 or 703-771-5010.

PROGRAM ACCESSIBILITY - ADA

The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA). If you require a reasonable accommodation for any type of disability in order to participate in PRCS activities, please contact the program or location manager (or PRCS administrative office). At least three business days advance notice is requested. Phone: 703-777-0343, TTY: 711, Email: adaptrec@loudoun.gov.

CLOSINGS/POSTPONEMENTS

In case of inclement weather, public holidays or emergencies, the Department will determine program cancellations or postponements. For more details, visit www.loudoun.gov/prcs, consult your parent handbook, or call the program location or PRCS Administration at 703-777-0343. For athletic field conditions, visit www.loudoun.gov/fieldstatus.go. For up-to-date announcements regarding County Government closings and cancellations, sign up for Alert Loudoun at www.loudoun.gov.

Questions? Give us a call!

ADMINISTRATIVE OFFICE

Main Number 703-777-0343
TDD/for deaf or hearing impaired TTY711

PROGRAMS & SERVICES

Adaptive Recreation 703-737-8042
After School Programs
CASA Grades K-5 703-737-8042
YAS Grades 6-8 703-777-0343
Area Agency on Aging/Senior Services 703-777-0257
Children's Programs and Camps 703-737-8042
Facilities Planning & Development 703-737-8992
Licensed Childcare/Preschool 703-737-8006
Sports, Youth & Adult 703-777-0343
Sports Postponements/Cancelations 703-777-0456
Youth Services 703-777-0343

CENTERS

Bluemont Community Center 540-554-8643
Carver Center 571-258-3400
Claude Moore Recreation & Community Center ... 571-258-3600

Douglass Community Center 703-771-5913
Dulles South Recreation & Community Center 571-258-3456
Dulles South Senior Center 571-258-3883
Eastern Loudoun Adult Day Center 571-258-3232
Franklin Park Arts Center 540-338-7973
Leesburg Adult Day Center 703-771-5334
Loudoun Valley Community Center 540-338-4122
Lovettsville Community Center 540-822-5284
Lucketts Community Center 703-771-5281
Mac Brownell Adult Day Center 571-258-3402
Philomont Community Center 540-338-5882
Senior Center at Cascades 571-258-3280
Senior Center at Cascades 571-258-3280
Sterling Community Center 703-430-9480
The Senior Center of Leesburg 703-737-8039

REGIONAL & STAFFED PARK SITES

Banshee Reeks Nature Preserve 703-737-8894
Claude Moore Park 571-258-3700
Franklin Park 540-338-7603
Philip A. Bolen Memorial Park 571-258-3487
Potomack Lakes Sportsplex 703-444-1459



FACILITIES

PRCS Administration

742 Miller Drive, SE
Leesburg, VA 20175
703-777-0343

Ashburn Park

43645 Partlow Road
Ashburn, VA 20147
703-777-0343

Ashburn Senior Center

20880 Marblehead Dr
Ashburn, VA 20147
571-367-8340

Banshee Reeks Nature Preserve

21085 The Woods Road
Leesburg, VA 20176
703-737-8894

Beth Miller Park

20270 Leier Place
Ashburn, VA 20147
703-777-0343

Bles Park

44830 Bles Park Drive
Ashburn, VA 20147
703-777-0343

Bluemont Community Center

33846 Snickersville Turnpike
Bluemont, VA 20135
540-554-8643

Brambleton Community Park

22388/22389 Belmont Ridge Road
Ashburn, VA 20148
703-777-0343

Byrne's Ridge Park

24915 Mineral Springs Circle
Aldie, VA 20105
703-777-0343

Carver Center

200 Willie Palmer Way
Purcellville, VA 20132
571-258-3400

Mac Brownell Adult Day Center

200 Willie Palmer Way
Purcellville, VA 20132
571-258-3402

Chick Ford & Ryan Bickel Fields

43950 Grace Bridge Drive
Ashburn, VA 20147
703-777-0343

Claude Moore Park

21544 Old Vestals Gap Road
Sterling, VA 20164
571-258-3700

Claude Moore Recreation and Community Center

46105 Loudoun Park Lane
Sterling, VA 20164
571-258-3600

Lanesville Heritage Area**Conklin Community Park**

25701 Donegal Drive, Chantilly, VA 20152
703-777-0343

Corner Hall Park (Kirkpatrick West)

41381 Gardenia Dr.
Aldie, VA 20105

Countryside Park

20756 Countryside Boulevard
Sterling, VA 20164
703-777-0343

Douglass Community Center

405 E. Market Street
Leesburg, VA 20175
703-771-5913

Dulles South Recreation and Community Center

24950 Riding Center Drive
South Riding, VA 20152
571-258-3456

Dulles South Senior Center

24950 Riding Center Drive
South Riding, VA 20152
571-258-3883

East Gate Park

43664 Tall Cedars Parkway
Chantilly, VA, 20152
703-777-0343

Eastern Loudoun Adult Day Center

45140 Bles Park Drive
Ashburn, VA 20147
571-258-3232

Edgar Tillett Memorial Park

21561 Belmont Ridge Road
Ashburn, VA 20147
703-777-0343

E.E. Lake General Store

18351 Railroad Street
Bluemont, VA 20135
703-777-0343

Elizabeth Mills Riverfront Park

44105 Heron Way
Leesburg, VA 20176
703-777-0343

Kephart Bridge Landing

43942 Riverpoint Drive
Leesburg, VA 20176
703-777-0343

Evergreen Mills Equestrian & Hiking Trail (currently closed)

21332 The Woods Road Leesburg, VA 20176

Evermoore Neighborhood Park

22395 Foundation Drive
Ashburn, VA 20147

Franklin Park

17501 Franklin Park Drive
Purcellville, VA 20132
540-338-7603

Franklin Park Performing & Visual Arts Center

36441 Blueridge View Lane
Purcellville, VA 20132
540-338-7973

Goshen Corner Park

41430 Braddock Road
Aldie, VA 20105
703-777-0343

Greg Crittenden Memorial Park

21401 Windmill Drive
Ashburn, VA 20147
703-777-0343

Gwen Thompson Briar Patch Park

21660 Sterling Boulevard
Sterling, VA 20164
703-777-0343



FACILITIES

Hampshire Park

21315 Smith Switch Road
Ashburn, VA 20147
703-777-0343

Keep Loudoun Beautiful Park 43055 Golf Club Road

Leesburg, VA 20176
703-777-0343

Leesburg Adult Day Center

16501 Meadowview Court
Leesburg, VA 20175
703-771-5334

Leesburg Annex Ballfield

102 North Street, N.W.
Leesburg, VA 20175
703-777-0343

Loudoun County Senior Center at Cascades

21060 Whitfield Place
Sterling, VA 20165
571-258-3280

Loudoun Valley Community Center

320 W. School Street
Purcellville, VA 20132
540-338-4122

Lovettsville Community Center

57 E. Broad Way
Lovettsville, VA 20180
540-822-5284

Lucketts Community Center

42361 Lucketts Road
Leesburg, VA 20176
703-771-5281

Lucketts Community Park 14560 James Monroe Highway

Leesburg, VA 20176
703-777-0343

Lyndora Park

43624 Lucketts Bridge Circle
Ashburn, VA 20148
703-777-0343

Meadow Glen Park

41574 Conejo Way Aldie, VA. 20105
703-777-0343

Mickie Gordon Memorial Park 23229 Carter's Farm Lane

Middleburg, VA 20118
703-777-0343

Moorefield Station community Park

43240 Clarendon Square
Ashburn, VA 20148
703-777-0343

Nell Boone Park

11756 Harper's Ferry Road
Purcellville, VA 20132 (Neersville)
703-777-0343

Old Waterford School

40222 Fairfax St #142-b
Waterford, VA 20197
540-882-3018

Philip A. Bolen Memorial Park

42405 Claudia Drive
Leesburg, VA 20175
571-258-3487

Philomont Community Center 36592 Jeb Stuart Road

Philomont, VA 20131
540-338-5882

Potomac Green Neighborhood Park

20750 Marblehead Drive
Ashburn, VA 20147
703-777-0343

Potomack Lakes Sportsplex

20280 Cascades Parkway
Sterling, VA 20164
703-777-0343

Ray Muth Sr. Memorial Park

20971 Marblehead Drive
Ashburn, VA 20147
703-777-0343

Round Hill Indoor Aquatic Center

17010 Evening Star Drive, Round Hill, VA 20141
571-258-3562

Scott Jenkins Memorial Park

39480 East Colonial Highway Hamilton, VA 20158
703-777-0343

Settle-Dean Cabin (no interior access)

25625 Loudoun County Parkway
Chantilly, VA 20152
703-777-0343

Shale Ridge Neighborhood Park

21335 Shale Ridge Court
Ashburn, VA 20147
703-777-0343

(Arcola) quarters for the enslaved (no interior access)

24837 Evergreen Mills Road
Sterling, VA 20166

Sterling Community Center

120 Enterprise Street
Sterling, VA 20164
703-430-9480

Sugarland Run Stream Valley Park

20750 Meadowland Lane
Sterling, VA 20165
703-777-0343

The Senior Center of Leesburg 102 North Street, N.W.

Leesburg, VA 20175
703-737-8039

Trailhead Park at Belmont Ridge

42555 Sungrove Terrace
Ashburn, VA 20148
703-777-0343

Trailside Park

20375 Claiborne Parkway
Ashburn, VA 20147
703-777-0343

Vestals Gap Overlook Park

45335 Century Blvd.
Sterling, VA, 20166
703-777-0343

Woodgrove Park

17020 Evening Star Drive
Round Hill, VA 20141
703-777-0343



CREATING COMMUNITY THROUGH PEOPLE, PARKS & PROGRAMS

Our mission is to provide outstanding recreational and leisure opportunities, outcome-focused community services, and stewardship of our natural resources to promote quality of life for Loudoun's residents and visitors. This activity guide is designed with you and your family in mind. Reach out to prcs@loudoun.gov with comments or suggestions.

El Departamento de Parques, Recreación y Servicios a la Comunidad puede brindarle asistencia en Español.

Por favor, llame al 703-777-0343 y solicite un intérprete.



creating
COMMUNITY



742 Miller Drive SE
Leesburg, VA 20175
703-777-0343/TTY 711
Monday-Friday
8:30am-5:00pm

