



Loudoun County, Virginia

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NEWS RELEASE

Office of the County Administrator, Public Affairs and Communications
1 Harrison Street SE, P.O. Box 7000, Leesburg, VA 20177-7000
703-777-0113 • Fax 703-771-5841

For Immediate Release
June 24, 2022

Media Contact: Glen Barbour, Public Affairs and Communications Officer
703-771-5086, Glen.Barbour@loudoun.gov

Loudoun County, Prevention Alliance of Loudoun Host Summer Wellness Fest July 9

Loudoun County, in partnership with the Prevention Alliance of Loudoun (PAL), will host the inaugural Summer Wellness Fest on Saturday, July 9, 2022, from 10:00 a.m. until 2:00 p.m. at the Sterling Community Center, 120 Enterprise Street in Sterling.

The Summer Wellness Fest is free and open to everyone and all ages. The event will feature music, food trucks, games, arts and crafts, and a variety of health and wellness vendors to offer members of the community the opportunity to learn about and connect with services over the summer.

Some of the participating agencies, organizations and vendors include:

- Aria Yoga and Wellness Center
- Bach to Rock
- Bike Loudoun
- Brown Beauties, LLC
- Equality Loudoun
- Global Local
- Inova Community Health
- Inova Nutritional Programs - Healthy Plate Club
- Just Neighbors
- Loudoun Abused Women's Shelter
- Loudoun County Department of Family Services
- Loudoun County Department of Mental Health, Substance Abuse, & Developmental Services
- Loudoun County Fire & Rescue
- Loudoun County Health Department
- Loudoun County Public Schools
- Loudoun Literacy Council
- Mr. Falafel Inc.
- Northern Virginia Community College
- Prevention Alliance of Loudoun (PAL)
 - PAL Youth
- Recovery Centers of America
- Row House
- Sterling Library
- STREST, LLC: The Stress Reduction Spot
- The Arc of Loudoun
- Veterans Moving Forward
- Virginia Department of Health - Tobacco Control Program

PAL is a coalition of youth, parents, Loudoun County agencies, faith-based organizations and other community stakeholders dedicated to mental health awareness and substance misuse prevention efforts. PAL leadership board members include representatives of the Loudoun County Department of Mental Health, Substance Abuse and Developmental Services, Loudoun County Public Schools, Loudoun County Sheriff's Office, Virginia Department of Health's Tobacco

Control Program and Virginia Foundation for Healthy Youth. For more information on PAL, visit loudoun.gov/mhsadsprevention or email prevention@loudoun.gov.

For more information on services offered by the Loudoun County Department of Mental Health, Substance Abuse and Developmental Services, visit loudoun.gov/mhsads or call 703-771-5155.

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