



Loudoun County, Virginia

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NEWS RELEASE

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For Immediate Release
March 29, 2023

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Loudoun Offers Webinars on Parenting Strategies to Support Teens

The Prevention Alliance of Loudoun (PAL) will host two free educational webinars in April on parenting strategies to support teens. Visit loudoun.gov/mhsadsprevention for detailed information about each event and to register. The scheduled webinars are:

- **Thursday, April 13, 2023, 6:30-8:00 p.m., How to Talk About the Portrayal of Drug Use in Popular Media:** Learn how parents and caregivers can help teenagers navigate the social and cultural impacts of drug use as portrayed in popular media.
- **Thursday, April 20, 2023, 6:30-8:00 p.m., Supporting Adolescent Mental Health:** Learn how parents and caregivers can support teens' mental health and well-being.

Early registration is encouraged as space is limited.

Anyone who requires an accommodation for any disability in order to participate, including language assistance, should contact the Loudoun County Department of Mental Health, Substance Abuse and Developmental Services at 703-771-5155. Three days' notice is requested.

PAL is a coalition of youth, parents, Loudoun County agencies, nonprofit organizations and other community stakeholders dedicated to behavioral health awareness and substance use prevention efforts. PAL is coordinated by the Loudoun County Department of Mental Health, Substance Abuse and Developmental Services.

More information about PAL and Loudoun County's behavioral health wellness programs may be found at loudoun.gov/mhsadsprevention.

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