



Loudoun County, Virginia

www.loudoun.gov

NEWS RELEASE

Office of the County Administrator, Public Affairs and Communications
1 Harrison Street SE, P.O. Box 7000, Leesburg, VA 20177-7000
703-777-0113 • Fax 703-771-5841

For Immediate Release
April 14, 2023

Media Contact: Glen Barbour, Public Affairs and Communications Officer
703-771-5086, Glen.Barbour@loudoun.gov

Loudoun Offers Mental Health Education & Substance Abuse Prevention Programs in April and May

Loudoun County offers ongoing mental health education and substance abuse prevention programs. All programs are free, but seats are limited and registration is required, with the exception of Rapid REVIVE! The schedule of upcoming classes for April and May 2023 is as follows:

Mental Health First Aid

[Mental Health First Aid](#) offers training that teaches people how to identify, understand and respond to signs of mental illness and substance use disorders. The training also teaches the skills that someone needs to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. The trainings are usually held over a two-day period, with the class lasting for about three hours each day.

The next training of Adult Mental Health First Aid will be held:

- **May 8 & 9, 2023**, 12:00 p.m. – 4:30 p.m. each day. The in-person training will be at the Eastern Loudoun Services Center at 21641 Ridgetop Circle, Sterling

For details about the training and to register, visit loudoun.gov/mhfirstaid.

Opioid Overdose Reversal

[REVIVE!](#) is the opioid overdose and naloxone education program for the Commonwealth of Virginia. The training is free and anyone who uses opioids or knows someone who is using opioids is encouraged to attend a training. Loudoun County offers two versions of the program - Rapid REVIVE! and Virtual REVIVE!

Rapid REVIVE! is a shortened format that allows individuals to complete the training in six minutes. After watching a short video and then providing their contact information, participants receive free naloxone nasal spray. They may choose to receive naloxone by mail or arrange pickup. Rapid REVIVE! is available anytime. No registration is required.

- Visit loudoun.gov/rapidrevive for Rapid REVIVE! in English.
- Visit loudoun.gov/reviveespanol for Rapid REVIVE! in Spanish.

Virtual REVIVE! is a one-hour, scheduled training session that requires registration. Participants who complete the training are also eligible to receive free naloxone nasal spray. They may choose to receive naloxone by mail or arrange pickup.

The next scheduled training will be held:

- **April 28, 2023**, 12:00 – 1:00 p.m.

REVIVE! trainings can also be scheduled upon request. For details about the training and to register, visit loudoun.gov/revive.

Suicide Prevention Training

The [Question Persuade Refer](#) program offers training to help people recognize the warning signs of a suicide crisis and how to refer someone for professional help. The suicide prevention training teaches three simple steps that anyone can learn to help save a life from suicide; question, persuade and refer. The virtual training presentation lasts about one hour. Discussion and practice opportunities will follow the presentation.

The next class will be held:

- **April 27, 2023**, 7:00 – 8:30 p.m.

For details about the training and to register, visit loudoun.gov/suicidepreventiontraining.

For More Information

For more information on the prevention and intervention services offered by the Loudoun County Department of Mental Health, Substance Abuse and Developmental Services, visit loudoun.gov/mhsadsprevention or send an email to prevention@loudoun.gov.

#