



Loudoun County, Virginia

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NEWS RELEASE

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Heat Advisory Issued for Loudoun; Officials Offer Advice on How to Beat the Heat

The National Weather Service has [issued a heat advisory](#) that includes Loudoun County until 8:00 p.m., Tuesday, September 5, 2023. The weather service is forecasting temperatures in the upper 90s and heat index values as high as 102 degrees.

Loudoun County Cooling Centers

When the National Weather Service issues a heat advisory for Loudoun County, certain county facilities, including [Loudoun County Public Library branches](#), [Loudoun County community centers](#) and [recreation centers](#), serve as designated cooling centers. During normal business hours, the facilities provide air conditioning, water and a place to sit for residents who may need relief from the heat. In addition, the [Loudoun County Animal Shelter](#) will operate as a pet-friendly facility for residents who are seeking relief from the heat for their companion animals.

Guard Against Heat-Related Illness

In addition to avoid being outside for long periods of time, Loudoun County officials remind residents to take other precautions to prevent heat illnesses.

- **Hydrate:** Drink plenty of water.
- **If you have to go outside,** wear lightweight, light-colored clothing and avoid strenuous activities.
- **Do not leave children or pets in cars.**
- **Monitor your animals frequently** to ensure that they are not suffering. The Loudoun County Department of Animal Services offers [useful information on protecting your pets from the heat](#).
- **Check on your neighbors.** Anyone can suffer from heat-related illness, but people ages 65 and older and very young children are more susceptible to the effects of high heat and humidity.
- **Know the forecast:** Get updated weather information online from the National Weather Service (NWS) at weather.gov/lwx and on the NWS [Facebook](#) and [Twitter](#). You may also sign up for weather alerts through [Alert Loudoun](#).

More information about staying safe in excessive heat is online at loudoun.gov/heat.

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