

June 8-12, 2020

Mac Brownell Adult Day Center

200 Willie Palmer Way Purcellville, VA 20132 571-258-3402

Schedule of Virtual Programs

Monday, June 8

11:00am - Morning Circle & Exercise

2:00pm - Baking with Magie*

*Baked treats will be available for curbside pick up on Tuesday, June 9 between 9am-4pm. Please call ahead so we can prepare for pickup.

Tuesday, June 9

11:00am - Morning Circle & Exercise

2:00pm - Lavender Farm Tour

Wednesday, June 10

11:00am - Morning Circle & Exercise

2:00pm - The Price is Right

Thursday, June 11

11:00am - Morning Circle & Exercise

2:00pm - Cutting Horse with Heather

Friday, June 12

11:00am - Morning Circle & Exercise

2:00pm - ADC Sing-Off!

(**Virtual program links sent directly to participants**)

June 8 Mr. Television Day

On this day in 1948, the comedy show [Texaco Star Theatre](#) premiered on television. The emcee was [Milton Berle](#), who was nicknamed "Mr. Television" for his appearance on the program; for the last few seasons the show was even called *The Milton Berle Show*. Does this [sound](#) familiar? Did you know Milton was a child actor? He appeared in several silent films when he was young. His career spanned more than 80 years.

June 9 Donald Duck's Birthday

[Donald Fauntleroy Duck](#) was "born" on June 9, 1934, when he appeared in the cartoon *The Wise Little Hen*. Check out the [Donald Duck family tree](#) and [Donald Duck trivia](#).

June 10 Black Cow Day

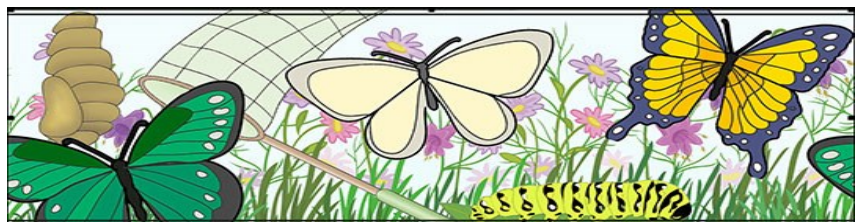
Frank J. Wisner, owner of Cripple Creek Brewing, served the first Black Cow Root Beer Float in Cripple Creek, CO, in 1893. Inspired by the moonlit view of the snow-capped Cow Mountain (which reminded him of vanilla ice cream on top of the pitch-black mountain), he added a scoop of ice cream to his root beer and began serving it as the Black Cow Mountain. Try making your own [Black Cow](#)!

June 11 Snow White Day

Since yesterday was Black Cow Day, make today Snow White Day. What is a Snow White you ask? It is a float made of lemon-lime soda and vanilla ice cream. The exact origins are unknown but it is a popular beverage in Asia. [Give it a try!](#)

June 12 Swiss Army Knife Anniversary

On this day in 1897, Karl Elsener patented what later became known as the Swiss army Knife, a multi-functional tool. Victorinox, the company Elsener founded, is still producing knives. The ever-popular Swiss army knife has even traveled into space with the space shuttle crew. Check out the [many uses](#) of one of these knives.



Nicole's Facts About The I Love Lucy Show

1. It all started with a radio program.

In 1948, CBS went to Lucille Ball in hopes to turn her popular radio show called "My Favorite Husband" into a television program. While the radio version originally featured Richard Denning as Lucy's husband, she told the network she'd agree only if her real-life husband (Desi Arnaz) was cast in the role. Originally, the network had their doubts, but ultimately they agreed (and we bet they're glad they did!).



2. A whopping 300 live audience members attended each taping.

No pressure. But the actors were so good that scenes very rarely had to be re-taped (meaning the audience often got a start-to-finish experience). This also helped Ball, who worked best when she had immediate audience feedback.



3. The actors who played Fred and Ethel hated each other in real life.

Say it ain't so! Sadly, William Frawley and Vivian Vance had to force themselves to be affectionate towards one another on the show. This conflict was so deep, that it even prevented them from spin-off success after the series ended, because they refused to work together.



4. Vance says her contract required her to always weigh 10 pounds more than Ball.

Although it's never been officially confirmed if this is a fact or just a joke. But perhaps it doesn't matter, because the two women remained friends even after their time on the show ended.



5. The Vitameatavegamin Liquid Was Apple Pectin

This is one of the most popular scenes of the series, and perhaps in all of TV history. As Lucille Ball pretended to become increasingly drunk on the special product, she was actually downing a bunch of apple pectin. Lucille Ball didn't like filming the scene, and it was only years later that she admitted it was actually a very funny moment on the series.



Virginia's Music and Comedy Finds

[YouTube - Victor Borge Act 2](#)

[YouTube - Pinkard & Bowden "I Lobster But Never Flounder"](#)

[YouTube - Ray Stevens "Harry The Hairy Ape" \(Animated Music Video\)](#)

[YouTube - Ray Stevens "Along Came Jones"](#)

[YouTube - Jimmy Dickens "May The Bird Of Paradise Fly Up Your Nose"](#)

[YouTube - Phil Harris "The Thing"](#)

Franklin Park Arts Center Live Virtual Performance!

The Bright Star Touring Theatre is putting on a live, interactive performance hosted by Franklin Park Arts Center on Tuesday, June 9, 2020 @ 10am.

You must register by clicking the link:

[Bright Star Touring Theatre Performance Registration](#)



Caregiver Support Resources

One-on-One Virtual Meeting with Mac Brownell Adult Day Center Staff

If you or your loved one would like to chat or just say hello to the staff at Mac Brownell Adult Day Center please email us at DEPT-PRCS-MBADC@loudoun.gov with time and date you are available and we will schedule and respond with a GoToMeeting link. We would love to see you and hear how you are doing!

Coffee Chat with Lori

If you are a caregiver for a loved one or if you are an older adult (60+) in need of support during this difficult time, connect virtually (FaceTime or by phone) over coffee with Lori. To sign-up, send an email to aaasupport@loudoun.gov or call 571-233-2583

Leesburg Adult Day Center Alzheimer's Association Caregiver Support Group

Meets the **first Wednesday of the month** from 4pm – 5pm and will now be using the GoToMeeting online platform so you can either join in online or via telephone. For the telephone number or GoToMeeting Link, contact Jaimee Conner at 703-771-5334. The next meeting will be held Wednesday, **July 1**

Loudoun County Area Agency on Aging Caregiver Support Groups

For caregivers of people with memory loss will meet virtually on the **third Saturday of the month** with multiple time slot options in May, June and July. If you are interested in attending, you must pre-register in advance by contacting Erin Nesbitt at erin.nesbitt@loudoun.gov. Each support group will be limited to 8 participants and, to ensure we are meeting with everyone who needs it, there will be multiple time slot options for each group. The next virtual support group meeting will be held on Saturday, **June 20th**.

Carver Center Caregiver Support Group

Meets virtually using Zoom on the **fourth Thursday of every month** from 3:00PM to 4:00 PM. To participate, email the facilitator, Bobbi Carducci at bcarducci@comcast.net and she will send a reply email to you with the meeting ID#, link, and password. You will need to download zoom and the free version works fine. It can be accessed at: www.zoom.us The next meeting will be held Thursday, **June 25th**.

Loudoun County Sheriff's Office Prescription and Delivery Service

For Loudoun County senior residents who need prescription delivery services please contact the Loudoun County Sheriff's Office at 703-777-1021.

Information & Assistance & Case Management Services

If you need to speak with someone regarding available services or need assistance connecting to services, you can reach an aging program specialist at 703-777-0257. To reach the Loudoun County Area Agency on Aging case manager, please contact Lori at lori.stahl@loudoun.gov or via phone at 703-737-8741. Please check www.loudoun.gov/aaa for information as well as the site is updated regularly with resources and information to assist older adults and their caregivers.

Medicare Counseling

Help with Medicare is available via the Loudoun County Area Agency on Aging Medicare Helpline: 703-737-8036. If you would like to be added to the Virginia Insurance Counseling and Assistance Program (VICAP) Medicare Memo email list for any Medicare updates or VICAP presentations, please email jane.bretzin@loudoun.gov.

Alzheimer's Association Help & Support

alz.org - [National Capital Area Information and Resources](http://alz.org)
alz.org - [National Capital Area Chapter Virtual Programs](http://alz.org)

The Alzheimer's Foundation of America

Alzfdn.org <https://alzfdn.org/> is providing virtual activity sessions, community classes, activity tips as well as resources and helpful information for caregivers. Their National Toll-Free Helpline is 866-232-8484. Check out their Events Calendar here: <https://alzfdn.org/event/> and you can see videos of their previously recorded activity sessions through the link there to their Facebook page.