

EASTERN LOUDOUN

Adult Day Center

June 22-26, 2020

THE WEEKLY NEWSLETTER & CALENDAR CREATING COMMUNITY AMONG FAMILIES, PARTICIPANTS, & STAFF.

A Loudoun County Summer

This week we are excited to welcome SUMMER!

On Tuesday, join us for World Rainforest Day. We'll learn about the importance of Rainforests and their impact on the environment. Then we'll listen to Rainforest sounds! Ohh.. Is that sound a hundred frogs or a hundred crickets? Tune in to find out!

Summer always reminds us of fishing and Loudoun County has several great spots to go to throw in your line. This Thursday, we'll have fun with Sian leading *Story in Motion—Let's go Fishing!* You'll have so much fun, you'll be eager to find your own favorite fishing spot! Check out the [PRCS](#) website to find a convenient, fun and close by fishing pond in one of the beautiful Loudoun County Parks—Banshee Reeks Nature Preserves, Bles Park, Elizabeth Mills Riverfront Park, Franklin Park or Meadow Glen Park.

Finally, on Friday, we'll round out our week with a Summer Jingo. Make sure to print out the Jingo card attached to this email to play with us.

ELADC's June 22 - 26, 2020 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
22	23	24	25	26
10:30-11:30AM- Daily Exercise	10:30-11:30AM- Daily Exercise	10:30-11:30AM- Daily Exercise	10:30-11:30AM- Daily Exercise	10:30-11:30AM- Daily Exercise
2:00-3:00PM- PINK-Day Categories	2:00-3:00PM- Rainforest Day Sounds & Trivia	2:00-3:00PM- Musical Guests: Beth and Carol	2:00-3:00PM- Cat Fish Day Let's Go Fishing!	2:00-3:00PM- Summer Jingo

The Virtual Programming information will be sent to Center Participants.



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Loudoun County's Virtual Support

COFFEE CHAT WITH LORI

If you are a caregiver for a loved one or if you are an older adult (60+) in need of support during this difficult time, connect virtually (*FaceTime or by phone*) over coffee with Lori. *To sign-up, send an email to aaasupport@loudoun.gov or call 571-233-2583*

LOUDOUN COUNTY AREA OF AGING VIRTUAL CAREGIVER SUPPORT GROUP

For caregivers of people with memory loss. For more information on how to join, please contact Erin.Nesbitt@loudoun.gov or call 703-777-0257.

LOUDOUN COUNTY LEESBURG ADULT DAY CENTER ALZHEIMER'S ASSOCIATION SUPPORT GROUPS

Contact Jaimee at 703-771-5334 for more information.

INFORMATION & ASSISTANCE & CASE MANAGEMENT SERVICES & CAREGIVER SERVICES

If you need to speak with someone regarding available services or need assistance connecting to services, you can reach an aging program specialist at 703-777-0257 and check us on the web www.loudoun.gov/aaa. If you have questions, please send an email to aaasupport@loudoun.gov for information.

MEDICARE COUNSELING

Help with Medicare is available via the Loudoun County Area Agency on Aging Medicare Helpline via phone at 703-737-8036. If you would like to be added to the Virginia Insurance Counseling & Assistance Program (VICAP) Medicare Memo email list for any Medicare updates or VICAP presentations, please email jane.bretzin@loudoun.gov.

ALZHEIMER'S ASSOCIATION HELPLINE 24/7

Call 1-800-272-3900

PARKINSON'S INFORMATION & RESOURCES

Parkinson.org has many opportunities for virtual training & information:

THE ALZHEIMER'S FOUNDATION OF AMERICA

Alzfdn.org is providing virtual community classes. National Toll-Free Helpline: 866-232-8484
Check out their [Events Calendar](#).

The Loudoun County Sheriff's Office (LCSO)

Provides Medication Prescription Pick-Up & Delivery Assistance

To participate residents must contact the LCSO at 703-777-1021 to request this service. Residents may call 24 hours a day, seven days a week. Deliveries will be made during normal business hours.



The Eastern Loudoun Adult Day Center

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