

June 29 - July 3, 2020

EASTERN LOUDOWN

Adult Day Center

THE WEEKLY NEWSLETTER & CALENDAR CREATING COMMUNITY AMONG FAMILIES, PARTICIPANTS, & STAFF.



Celebrate America Week

This week, we are excited to Celebrate America in every afternoon!

Join us on Monday as we start-off our week with sight-seeing and virtual travel tour to several magnificent landmarks & parks across the USA. Tuesday afternoon, we'll play *I Love America* Jingo (make sure to print out the attached Jingo Card)! Wednesday, bring your tapping toes and lovely voices to sing along with our Musical Guest: Farris, who will be singing patriotic tunes. Thursday, we'll end the week with a fun 4th of July craft by Sian & interesting trivia from Stephanie!

The Center will be closed on Friday, July 3 in observance of 4th of July and we will not be hosting any virtual programming.



ELADC's June 29 - July 3, 2020 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	July 1	2	3
10:30-11:30AM- Daily Exercise	10:30-11:30AM- Daily Exercise	10:30-11:30AM- Daily Exercise	10:30-11:30AM- Daily Exercise	Center is Closed
2:00-3:00PM- Travel to Landmarks & Parks	2:00-3:00PM- I Love America Jingo (Card is Attached)	2:00-3:00PM- Musical Guest : Farris	2:00-3:00PM- Fourth of July Trivia & Crafts	 <i>Happy 4th of July</i>

The Virtual Programming information will be sent to Center Participants.



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Loudoun County's Virtual Support

COFFEE CHAT WITH LORI

If you are a caregiver for a loved one or if you are an older adult (60+) in need of support during this difficult time, connect virtually (*FaceTime or by phone*) over coffee with Lori. *To sign-up, send an email to aaasupport@loudoun.gov or call 571-233-2583*

LOUDOUN COUNTY AREA OF AGING VIRTUAL CAREGIVER SUPPORT GROUP

For caregivers of people with memory loss. For more information on how to join, please contact Erin.Nesbitt@loudoun.gov or call 703-777-0257.

LOUDOUN COUNTY LEESBURG ADULT DAY CENTER ALZHEIMER'S ASSOCIATION SUPPORT GROUPS

Contact Jaimee at 703-771-5334 for more information.

INFORMATION & ASSISTANCE & CASE MANAGEMENT SERVICES & CAREGIVER SERVICES

If you need to speak with someone regarding available services or need assistance connecting to services, you can reach an aging program specialist at 703-777-0257 and check us on the web www.loudoun.gov/aaa. If you have questions, please send an email to aaasupport@loudoun.gov for information.

MEDICARE COUNSELING

Help with Medicare is available via the Loudoun County Area Agency on Aging Medicare Helpline via phone at 703-737-8036. If you would like to be added to the Virginia Insurance Counseling & Assistance Program (VICAP) Medicare Memo email list for any Medicare updates or VICAP presentations, please email jane.bretzin@loudoun.gov.

ALZHEIMER'S ASSOCIATION HELPLINE 24/7

Call 1-800-272-3900

PARKINSON'S INFORMATION & RESOURCES

Parkinson.org has many opportunities for virtual training & information:

THE ALZHEIMER'S FOUNDATION OF AMERICA

Alzfdn.org is providing virtual community classes. National Toll-Free Helpline: 866-232-8484
Check out their [Events Calendar](#).

The Loudoun County Sheriff's Office (LCSO)

Provides Medication Prescription Pick-Up & Delivery Assistance

To participate residents must contact the LCSO at 703-777-1021 to request this service. Residents may call 24 hours a day, seven days a week. Deliveries will be made during normal business hours.



The Eastern Loudoun Adult Day Center

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