



COVID-19 Updates & Important Information
~JULY 22, 2021~

TOMORROW: Fox 5 DC's Zip Trip to Broadcast Live from Sterling



Join me and the Sterling community in welcoming Fox 5 News to the area for their live morning broadcast of the popular "Zip Trip" program!

Come on out to Cascades Overlook Town Center (21453 Epicerie Plaza, Sterling, VA, 20164)

TOMORROW as Fox 5 DC broadcasts LIVE from **6:00 am-10:00 am**.

Fox 5 DC will highlight Claude Moore Park, a number of local restaurants and shops, as well as businesses at Cascades Overlook Town Center. I will join Tucker Barnes at 6:30 am to discuss why I love my hometown of Sterling so much and I hope to see you there!

So come meet the Fox 5 team, support our local businesses and join me in showing the D.C. region what makes Sterling such a great place to visit, live, learn, work, and play!

Loudoun Seeking Public Input to Rename Route 7 and Route 50

Loudoun County is seeking public input for the renaming of Harry Byrd Highway (Route 7) and John Mosby Highway (Route 50). Members of the public are encouraged to visit the [renaming project page](#) to submit names for consideration.

Individuals should first use the county's [online tool](#) to check a proposed name against the naming criteria. In addition to meeting the local and state naming standards, the names should be appropriate to Loudoun County and northern Virginia history and culture, reflect the natural or cultural geography of Loudoun County, are not already used or sound like another street in Loudoun County, and are considerate, sensitive and respectful to all Loudoun County residents.

Then, individuals should submit names through an [online form](#), which is open **now through Friday, July 23, 2021**. The public submissions will be reviewed for regulatory compliance and to meet the local and state naming standards.

[Learn More](#)

Renaming Route 7 and Route 50

Submit new names
for consideration
July 12 - July 30, 2021.

LOUDOUN
COUNTY
VIRGINIA

loudoun.gov/renaming7and50

Protecting Family Members who are Not Vaccinated



You may be fully vaccinated against COVID-19, but children too young to get vaccinated still need to be protected.

Unvaccinated children two years of age and older should wear a mask in public settings.

People who have a condition or are taking medications that weaken their immune system may not be protected even if they are fully vaccinated. They should continue to take all precautions recommended for unvaccinated people, including

wearing a well-fitted mask, until advised otherwise by their health care provider.

[Read the latest guidance from the Centers for Disease Control and Prevention](#)

Variants of Concern

Health officials continue to emphasize that the best way to protect yourself and your family from COVID-19 is to get a vaccine, especially in light of the spread of variants of the virus that causes COVID-19.

These “variants of concern” are able to spread more easily and cause more severe illness. There are currently four COVID-19 variants of concern in the U.S. that are being closely monitored. These are Alpha (B.1.1.7), Beta (B.1.351), Gamma (P.1), and Delta (B.1.617.2). These four variants have all been identified in Virginia.



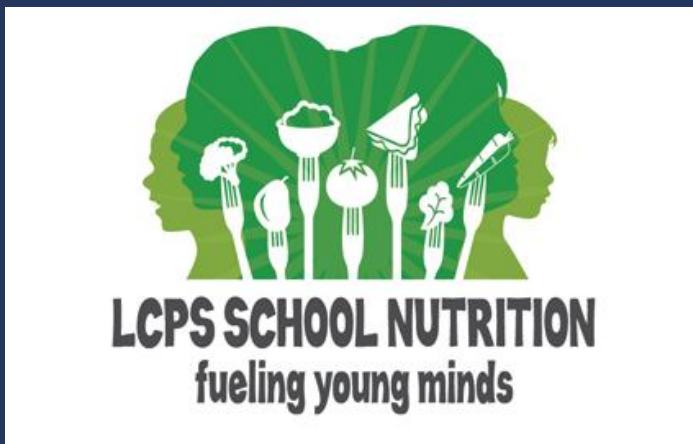
Variants of Concern

[Top 5 Things You Should Know about Variants](#)

1. Current COVID-19 variants of concern spread more rapidly and some cause more severe illness. Rapid spread could lead to more cases, more deaths, and could overwhelm hospitals and healthcare resources.
2. The more the COVID-19 virus circulates, the greater the chances that new mutations or variants can develop.
3. Variants of concern have been identified in Virginia and are likely more common in our communities than the number of reported cases suggest.
4. COVID-19 vaccines authorized for use in the United States are effective at protecting the American public from circulating variants of the COVID-19 virus.
5. Public health recommendations to slow the spread of the virus that causes COVID-19 will also work to protect us from these new variants.

[Learn more about variants from the Virginia Department of Health](#)

Summer Meal Service Available to Families



School Nutrition Services will continue to provide meals to LCPS families during the summer months.

Summer walk-up meal service is held **every Monday from 9:00 am to 11:30 am.**

There are 23 schools open for Summer School walk-up service. Schools within the

Sterling District include:

- Dominion High School
- Park View High School
- Potomac Falls High School
- Rolling Ridge Elementary School

- Sugarland Elementary School

Bus Delivery

Buses will provide eight days of meals on the following dates:

- Monday, July 26, seven days of meals
- Monday, August 2, seven days of meals
- Monday, August 9, seven days of meals
- Monday, August 16, eight day of meals

To find the nearest meal delivery stop, please use the interactive online map found [HERE](#).

LCSO Update: DMV Connect

The Virginia Department of Motor Vehicles' DMV Connect is coming to Eastern Loudoun!

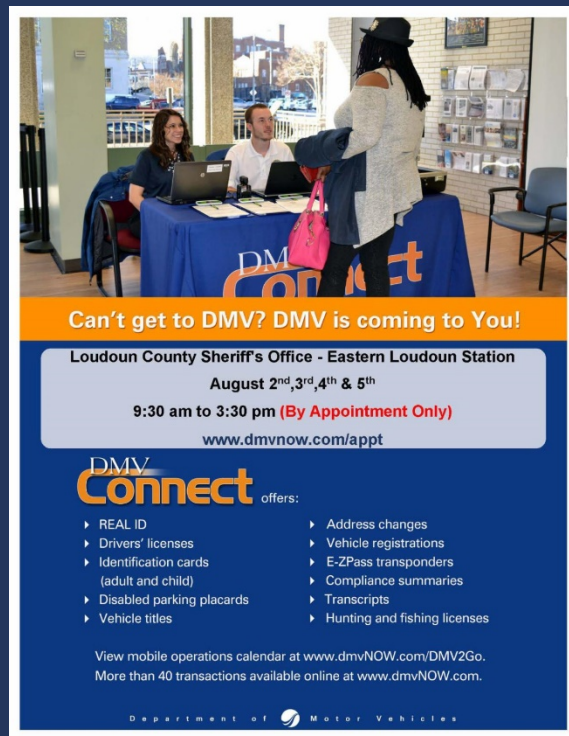
DMV Connect will be at the Loudoun County Sheriff's Office Eastern Loudoun Station on August 2, August 3, August 4, and August 5 from 9:30 am to 3:30 pm. The Eastern Loudoun Station is located at 6620 E Frederick Drive.

DMV Connect is **BY APPOINTMENT ONLY**. Please visit dmvnow.com/appt for more information.

DMV Connect is a service outreach program and serves Virginians who may not be able to travel to a DMV office.

DMV Connect teams can process REAL ID as well as conduct all other DMV transactions except vital records and testing.

See the flier for their full offering of services.



Can't get to DMV? DMV is coming to You!

Loudoun County Sheriff's Office - Eastern Loudoun Station
 August 2nd, 3rd, 4th & 5th
 9:30 am to 3:30 pm (By Appointment Only)
www.dmvnow.com/appt

DMV Connect offers:

- ▶ REAL ID
- ▶ Drivers' licenses
- ▶ Identification cards (adult and child)
- ▶ Disabled parking placards
- ▶ Vehicle titles
- ▶ Address changes
- ▶ Vehicle registrations
- ▶ E-ZPass transponders
- ▶ Compliance summaries
- ▶ Transcripts
- ▶ Hunting and fishing licenses

View mobile operations calendar at www.dmvNOW.com/DMV2Go.
 More than 40 transactions available online at www.dmvNOW.com.

Department of Motor Vehicles

County Offers Free Education & Support for Caregivers



The Loudoun County Area Agency on Aging (AAA) is offering free, virtual education sessions to help ease the burden and stress of caring for loved ones. The August/September series begins Tuesday, August 3, 2021. All sessions are held from 1:30 p.m. to 2:30 p.m.

EST.

The series includes the following sessions:

- **Tuesday, August 3**. "Providing Purpose and Safety for Wandering Behaviors" presented by Sally Gehl with the Eastern Loudoun Adult Day Center and Master Deputy Matthew Devaney with the Loudoun County Sheriff 's Office
- **Tuesday, August 10**: "How to Handle Caregiver Stress and Burnout" presented by Rachael Wonderlin, MS, with Dementia By Day.
- **Tuesday, September 21**: "Legal Planning for Caregivers" presented by Rory Clark, Esq., with The Legacy Elder Law Center.
- **Wednesday, September 29**: "When and Why to Consider Memory Care" presented by Rachael Wonderlin, MS, with Dementia By Day.

To sign up for these free, virtual sessions, [email aaasupport](mailto:aaasupport).

To learn more about AAA programs and community resources, visit loudoun.gov/aaa or call [703-777-0257](tel:703-777-0257) to speak with an aging programs specialist.

Novel Expressions Teen Art Contest

Take part in an epic virtual summer reading art contest for rising sixth- through 12th-graders.

Entering the contest is simple: Select a book from your summer reading and create a piece of artwork that expresses your feelings about any part of the story. For example, it could be a character that you feel a connection to or a scene that inspires you. The art can be a sketch or drawing, a painting, or mixed media.



The top three artists in both middle and high school divisions will be awarded gift cards and art supplies.

Submissions are accepted through 5:00 pm on Monday, August 16, 2021 by emailing it to artcontest@library.loudoun.gov.

[Get More Information](#)

REGISTER TODAY: Virtual Youth Mental Health First Aid Training July 27 & 28



Anyone interested in having a better understanding of mental illness is encouraged to sign up for the next Youth Mental Health First Aid training offered by Loudoun County. The class is designed for adults who interact with young people.

The class is scheduled for July 27 & 28, 2021, 12:00 -

3:00 p.m. each day.

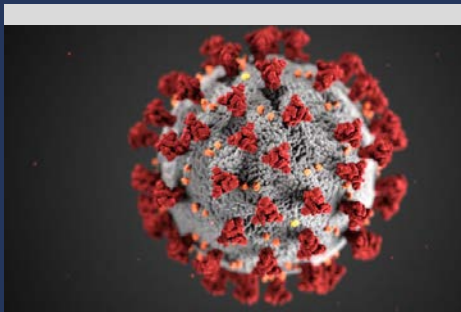
The deadline to register is July 23, 2021.

The free, virtual classes cover:

- Common signs and symptoms of mental illness.
- Common signs and symptoms of substance use.
- How to interact with a person in crisis.
- How to connect the person with help.
- Information on trauma, addiction and self-care.

Find details and a link to register at loudoun.gov/mhfirstaid.

Stay Informed!



The county continues to encourage everyone in the community to take steps to limit the spread of COVID-19, which include:

- Wear a mask/face covering ([see requirements](#))
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-

**LOUDOUN
COUNTY**
—  —
VIRGINIA

Loudoun County encourages residents to stay informed about COVID-19

- To receive email updates on COVID-19, visit loudoun.gov/coronavirus.
- Text **LCCOVID19** to **888777** to receive text alerts from Loudoun County about COVID-19.
- Envíe un mensaje de texto con **LCCOVIDESP** al **888777** para actualizaciones diaras relacionadas con el coronavirus (COVID-19) en el condado de Loudoun.

based hand sanitizer only if soap and water are not available.

- Avoid touching your eyes, nose and mouth.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home when you are sick.
- Avoid contact with sick people.
- Avoid non-essential travel.

Residents with questions about COVID-19 may call the Loudoun County Health Department's information line, 703-737-8300, or email health@loudoun.gov.

Supervisor Koran T. Saines

Sterling District Supervisor
Loudoun County Board of Supervisors
[703-777-0204](tel:703-777-0204)

[Loudoun County
Government](#)

[Sterling District
Supervisor Page](#)

[Email
Koran T. Saines](#)

STAY CONNECTED



Sterling District | 1 Harrison Street, S.E., 5th Floor, Leesburg, VA 20177

[Unsubscribe heather.smith@loudoun.gov](#)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by koran.saines@loudoun.gov powered by

