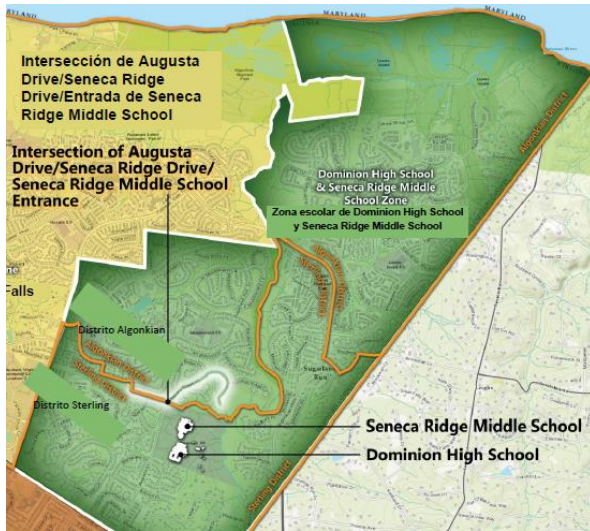


INSIDE STERLING

Koran T. Saines, Sterling District Supervisor

August Edition

Neighbors, I hope you've been having a great summer. I want to let you know I have read through all of the [survey](#) results thus far. Thank you to those who completed it and provided helpful feedback. I got a lot of positive comments about living in Sterling, which was great to hear. Residents also expressed some concerns, suggestions for improvement for our office and our newsletter, of which I am taking serious consideration. With regards to the newsletter, I found that some community members want to learn more of the **history and background of district-specific issues and upcoming projects**, and learn more about **local volunteer opportunities**. That said, I am attending to these two requests. I hope you enjoy this newsletter and find it to be more explanatory. A more informed community is a profitable community. Please share the newsletter to anyone who is not currently on the list serve. Thank you.



REMINDER: Seneca Ridge & Augusta Dr Postcards Due Aug 6th

Residents living in the school districts of Dominion High School and Seneca Ridge Middle School should have received a letter and postcard from my office regarding the options for helping alleviate some of the traffic concerns at the intersection of Seneca Ridge and Augusta Drive. Please mail in your

postcard by end of this week. We must receive the postcard by August 6th in order for it to count.



Shopping Plaza and W&OD Trail Community Meeting – Tuesday, August 9th, 6–8 pm

On Tuesday, August 9th from 6 pm to 8 pm, I am having a community meeting to discuss the Sterling Plaza shopping center redevelopment proposal and the upcoming W&OD trail safety enhancements coming this November. The meeting is taking place at Claude Moore Recreation Center in the multipurpose room. If you can, [RSVP](#) on my Facebook event site.

In case you haven't yet heard, the developer of the Sterling Plaza shopping center (where the Harbor Freight, Dollar Tree and Joe's Pizzeria is located), Atlantic Realty is looking to renew the plaza and add a relatively small amount of town home condominiums along Enterprise Drive. At the meeting, you will have the opportunity to hear from Atlantic Realty about its redevelopment plans in detail for the Sterling Plaza shopping center and ask questions. All Sterling residents are welcome and encouraged to attend so please come and make your voice heard.

Following the Shopping Plaza discussion, a NOVA Parks Regional Association representative will describe the W&OD trail safety improvements coming this winter and answer any questions from the public. These safety improvements came about due to a longstanding safety issue on the W&OD and Sterling Blvd intersection. To help remedy this situation, NOVA Parks has come up with some improvements and will be funding the project. Construction is set to begin in November 2016.

Along with NOVA Parks, representatives from VDOT, the Department of Transportation and Capital Infrastructure and I will be there to discuss options for a more permanent fix down the road. Come be a part of the discussion.

Tippett Hill Meeting on Tuesday, August 16th, 6:30–8 pm

On Tuesday, August 16th, there will be a meeting held regarding Tippett Hill Drive at the Unitarian Universalist Congregation of Sterling (UUCS), located at 22135 Davis Dr #104, Sterling. This meeting will give neighbors of the community a chance to express any comments or concerns regarding traffic issues on Tippett Hill Drive and surrounding area.



A National Night Out in Sterling THIS Tuesday, Aug 2nd

Come out to support our Pembroke of Loudoun community in National Night Out. The national campaign promotes police-community partnerships and neighborhood camaraderie. The event will take place August 2nd from 6-8pm in the open field by 121 N. Fillmore Ave.



POLICE • COMMUNITY PARTNERSHIPS

Communities participate across thousands of communities from all 50 states, United States territories, Canadian cities, and military bases worldwide. Vice President Joe Biden has been a huge proponent of this movement and has encouraged others to join during a previous event, "... a chance to bring neighborhoods together with the men & women who protect them. The safety of our communities depend on both law enforcement and the citizens they serve, and tonight's events will enhance that cooperation."

Be sure to bring lawn chairs or blankets to sit on! There will be food, drinks, and ice cream as well as a moonbounce for the kids! Don't forget to enter the raffle and stick around for a chance to win special gift cards and giveaways! McGruff the Crime Dog will also make a special appearance with his officer friends for photo ops and introductions of the new community policing officers. Be a part of this national movement to recognize the importance in the connection between our fellow neighbors and our law enforcement!



Sterling Blvd Water Main, Phase 2 August Updates

Loudoun Water is still undergoing Phase 2 of the Sterling Blvd Water Main project. A summary of the project thus far and some of their activities for August are outlined below.

Progress to date includes:

- Garney installed ~4,200 feet of the 7,500 feet of pipe
- Garney removed the vault and appurtenances from the median of Sterling Blvd
- Garney installed a new vault and appurtenances by Laurel Avenue
- Garney's subcontractor, Capitol Tunneling, has completed the bore under the W&OD Trail, approximately 365' of a 500' bore under Greenthorn Avenue, and approximately 130' of the bore under W. Maple Avenue

Late this week and early next week, the focus of activities include:

- Garney's subcontractor, Capitol Tunneling, continuing boring activities under both Greenthorn Avenue and Maple Avenue
- Miscellaneous sidewalk and paving repairs and new construction by W&OD Trail
- Restoring signs at the Sterling Middle School and Sterling Golf and Swim Club

Work on the sidewalk extension north of the W&OD Trail is currently planned for the week of August 8th. To read the rest of Loudoun Water's work for August, visit their [website](#).

Help a Community Raise Funds to Replace its Old Retaining Wall

The Huntington Ridge II town home association is in need of local businesses to donate funds or partner with them to replace their retaining wall. The retaining wall that extends from 100 to 108 Giles Pl, has been falling apart over the years and is pulling the dirt and sidewalk away from the homes, leaving the Association with a significant liability. If you know of a business that may be interested in helping out or donating, please contact our office.



Cascades Farmer's Market every Sunday through November

Support our local farmers and vendors and buy local produce from the Cascades Farmer's Market! The event will be held at the Senior Center, 21060 Whitfield Place, from 9 am to 1 pm every Sunday through November.

20 local vendors regularly attend the market from around the region selling everything from fruit, vegetables, herbs, berries and plants to eggs, pasture-fed beef, chicken, lamb, goat, rabbit, turkey and even delicious pastries/cookies. Some of them include: Baguette Republic, Baker Pork, Millcreek Farm, Pleitez Produce and Greenheart Juice Shop.

For more information and a full list of vendors, [click here!](#)



Thank You Serve Camp and The Sterling Foundation

On July 19 and 21, hundreds of teens partnered with The Sterling Foundation to clear out the sidewalks along Sterling Blvd. If you've walked along Sterling Blvd, you'd have seen the sidewalks significantly narrowed by intrusive grass. Well, thanks to the Serve Camp teens, the sidewalks are now grass-free! The teens cleared out several truck loads-full of debris from the sidewalks.

Thank you Sterling Foundation for coordinating this entire effort and thank you to those who donated your supplies and materials to help make this a reality. I want to also thank Al's Towing for providing their manpower and trucks as well as VDOT for allowing the Sterling Foundation to dispose debris on your grounds.

If you live in Sterling Park and you want to support the Sterling Foundation, a 501c3 nonprofit whose mission is to upkeep the Sterling Park community, please consider

being a member for only \$20 a year. Visit their [webpage](#) for more details and to register.

To read a news article on Serve Camp and their work in Sterling Park, [click here](#).



New Restaurants and Stores Coming to Our District!

Have you been to our newest shopping center, Cascades Overlook off of Potomac View Rd and Benedict Drive just before the Target and the Toys R Us shopping center? Currently, a Harris Teeter and Chuy's restaurant are in operation at the center. If you haven't been, you should go and check it out!

This week, **Zoup!**, a fresh soup company is having their grand opening on Thursday, August 4th. They will be serving 12 soups rotating daily from 100s of recipes, as well as made-to-order salads and sandwiches. On August 15th, a new island-themed restaurant, **Ocean Blue** will be opening up and offering an array of sushi options. Ocean Blue will operate in two shifts from 11 am-3 pm and 5-9 pm. Read an interesting article of the soon-to-come restaurant [here](#).

Other restaurants and stores coming to the center are Cava Mezze Grill, Burton's Grill, Choolaah Indian BBQ, Greener Cleaners, Great Clips and much more that are still in negotiation. The opening dates for these businesses are still TBD. To stay updated on the development, visit their [website](#).



Loudoun County Bus Service Changes Effective August 1st

Loudoun County transit service changes will take effect starting August 1. These modifications will include changes to fares, routes, and schedule formats. To view a detailed list of these changes, visit www.loudoun.gov/buschanges. Take these changes in consideration and plan ahead when commuting.



Next County Home Improvement Program Seminar is August 3

Come take part in a free informational seminar that will provide information about the county's home improvement programs. The seminar will be offered at three different times throughout the day: 10:30 am, 12:30 pm, and 2:00 pm, at the Rust Library in Meeting Room A, located at 380 Old Waterford Road N.W. in Leesburg.

The programs that will be discussed include:

- The **Loudoun County Home Improvement Program (LCHIP)**: This program is available countywide to low-and-moderate-income homeowners who want to rehabilitate their primary residence.
- The **Eastern Loudoun Revitalization Program (LCHRP)**: This program is available to low-and-moderate-income homeowners who live east of Route 15 and meet eligibility requirements.
- The **Home Repair for the Elderly and Persons with Disabilities Program (HRED)** is available countywide to homeowners with income at/or below 50 percent of the Area Median Income and who meet eligibility requirements.

For more information about any of the programs or to register for the upcoming seminar, please contact Robert McCarthy of the Loudoun County Department of Family Services, at 703-777-0506 or via e-mail at Robert.McCarthy@loudoun.gov. Additional information about the programs is also available [online](#).

Celebrate PRCS' 50th Anniversary on Aug 13th

The Loudoun County Department of Parks, Recreation and Community Services is holding a 50th Anniversary Kickoff Celebration Saturday, August 13, 2016, from 4:00 pm to 9:00 pm at Franklin Park, 17501 Franklin Park Drive, Purcellville. Everyone is invited to enjoy live music, fabulous food, children's activities, giant inflatables, giveaways, fireworks and the launch of the PRCS 50th Anniversary Passport! [RSVP](#) on Facebook.



Gloucester Parkway to open August 4th!

Gloucester Parkway will extend from Loudoun County Parkway to Pacific Blvd at the Nokes Boulevard intersection and will be open to the public Thursday, August 4th. The extension of 0.8 miles will consist of a four-lane divided highway, a new bridge over Broad Run, intersection improvements at Loudoun County Parkway (Route 607) and Pacific Boulevard (Route 1036), and trail and sidewalk improvements. Traffic signals are also being constructed at both of the intersections mentioned previously. The project was administered by VDOT along with the Design-build team of Dewberry and Shirley Contracting Company. The connection between the Ashburn and Sterling communities will provide congestion relief to any traffic along Waxpool Road, Route 28, and other area roads.



Dulles on the Runway!

PARTICIPANTS:

On Saturday, September 17th, join the Dulles community for a unique running experience and run a 5k or 10k on the runway of Dulles Airport!

This is your opportunity for the flattest, fastest course in the area. The full length portion of the runway will be closed off for runners to experience a flat, fast course and a unique look at the airport grounds, something you do not get to do every day! Run past planes and along the actual landing strip on this certified looped course.

Registration will held until September 13th, but be sure to register early as there is a limit of 2,500 runners. Participants registered **prior to August 17** will be guaranteed a 2016 Dulles Day 5k/10k Technical Shirt.

SPONSORS:

If you would like to be a Sponsor for this event, there are two opportunities available:

Bronze Medal Sponsor – \$1,500

- T-Shirts: Your logo will appear in a medium format on the race T-shirt that is given to each race participant. (The event is expected to sell out at 2,500 participants)
- Gift Bags: Company information, business cards, and/or giveaway items can be included in the registration bags that will be given to each race participant.
- Website: The race website www.dullesrunwayrun.org will include your logo and link to your website.
- Audio Acknowledgment: Dulles Airport Manager, Chris Browne, will announce you as a sponsor during his pre-race welcome remarks, and you will receive recognition during the awards program.
- Race Registration: Includes five complimentary race registrations.

Silver Medal Sponsor– \$2500

Includes **EVERYTHING in Bronze Medal Package PLUS**

- Start/Finish Line Banners: Your logo will be prominently displayed on the start and finish line banner.

For more information on sponsorships, contact Carol Welti, 703-572-8714.



Voter Registration Training

The Loudoun County Office of Elections reminds individuals and groups wishing to conduct voter registration drives that they are required to complete annual training. Certification from previous trainings will expire July 31 and new training must be completed after August 1.

The Office of Elections will be offering in-person voter registration drive training during the months leading up to the presidential election in November. Training also can be completed online.

Dates that training will be offered:

- Tuesday, August 9, 2016, at 11:00 am
- Thursday, August 25, 2016, at 2:00 pm
- Wednesday, September 7, 2016, at 10:00 am

The training will be held at the Loudoun County Office of Elections, 750 Miller Drive, S.E., Suite C, in Leesburg.

State law requires individuals or groups requesting 25 or more voter registration applications from the Virginia Department of Elections or local voter registration offices to register and receive annual training for conducting voter registration drives. The training provides important information regarding the responsibilities of voter registration drives and critical information to ensure voter registration drives are properly assisting voters in completing the registration process. In addition to in-person training, interested individuals can complete the training [online](#).

UPCOMING EVENTS



Upcoming Events

- **August 5:** Come out to the Rio Cantina on August 5th from 7:30–9pm to take a **ZUMBA Masterclass** from Maria Browning and Jose Canossa! The class will be held at 21800 Town Center Plaza, Sterling, VA. Be sure to check out @ZUMBANOVA for more information!
- **August 13:** Get rid of those unwanted items sitting in your garage and register for the **Community Yard Sale** at the Sterling Community Center from 8 am to noon. Registration includes a 10x10 site space, a 6 foot table, 1 chair and a general ad in a local classified section. Call 703-430-9480 for additional information.
- **August 16–21:** The **Carnival at One Loudoun** is returning for one more chance for summer fun! Experience over 40 different attractions including awesome adventure rides for all ages, classic carnival games, prizes, food & fun! Tuesday–Friday: 6 pm to 11 pm, Saturday: 1 pm to 11 pm and Sunday: 3pm to 11pm.

August Opportunities

*Get Involved by Giving, Volunteering
or Becoming Informed Locally.*

INMED Opportunity Center Seeks Regular
Volunteers for the Following Programs:

- **After School Program Tutors:** Mon – Thur, 3 to 6 pm throughout the school calendar year.
- **English as a Second Language (ESL) teachers for beginner/interm. classes:** Classes run throughout the school calendar year, Saturdays, 10 am to 12 pm.



- **Educational/Support Groups Child Care Aids:** Groups meet twice a month at the Douglas Community Center, in Leesburg; from 5:30 to 7 pm; and twice a month at the INMED Opportunity Center, in Sterling, on Fridays, 6 to 7:30 pm.
- **Computer class teachers for beginner/intermediate classes:** Classes run throughout the school calendar year
- **Babysitting class teachers:** Classes run throughout the school calendar year.
- **Citizenship class teachers:** Classes run throughout the school calendar year.

Contact Volunteer Coordinator, Erin Lewis at elewis@inmed.org or 571-465-5996 if you're interested in volunteering or learning more.

Blood Donation Opportunities: Just a reminder that the blood supply in the DC region is critically low. If you are interested in donating, please visit the INOVA Donor Center, 45745 Nokes Boulevard, #160.

- Hours of Operation: Sunday- 10 am to 4 pm, Monday-noon to 8 pm, Tuesday-10 am to 6 pm, Wednesday- 10 am to 6 pm, Friday- 6 am to 4 pm, Saturday-8 am to 4 pm.

Put Your Business on the Map Workshop – Aug 2: Want to learn how to improve your business? Come to the "Put Your Business on the Map" Workshop! This event will allow local businesses to make sure their free Google business listing is up to date and complete. Please be sure to bring a laptop or tablet so you don't miss any of the information that will be offered! This hands-on session will be offered at the Mason Enterprise Center in Leesburg, 202 Church Street S.E. Suite #100, at 5:30 pm. This will be a free event and seating is limited so it will be on a first come first served basis. To register, please [click here](#).

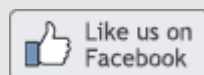
Robotic Joint Replacement Lecture: What's New in Hip & Knees? – Aug 10, 6 pm
Suffer from knee and/or hip pain? Join Dr. Nauman Akhtar, Board Certified Orthopedic Surgeon and Medical Director of Inova Loudoun Hospital's Joint Replacement Program, for an informative lecture and Q&A session about the latest advances in computer navigated and robotic-assisted hip and knee replacements. The lecture will be at Inova Loudoun Hospital, 44045 Riverside Parkway, Leesburg, in Conference Rooms A&B (South Lobby Entrance). Participation is free but seating is limited. To register [click here](#) or call 1.855.MY.INOVA (855.694.6682).

Join Mason's Fall Leadership Coaching Cohort!: George Mason will be holding a mentor coaching session for those who are interested in receiving a Professional Certificate in Leadership Coaching for Organizational Well-Being. Through this session you will be able to build resilience for improved adaptability, flexibility, and decision-making; leverage strengths for increased employee collaboration and problem-solving; cultivate coaching skills to enhance employee engagement, performance, and well-being; and develop coaching proficiency at an ICF credentialing standard of PCC (Professional Certified Coach) or higher. To get more information and register online, [click here](#) .

SVFC Information Session – Aug 21, 1 pm: Interested in volunteering for the Sterling Volunteer Fire Company? The SVFC will be holding an information session for all those interested on August 21 at 1 pm. Come out and help be a part of the community!

Supervisor Koran T. Saines
Loudoun County Board of Supervisors
www.loudoun.gov/Sterling
703-777-0204

STAY CONNECTED:



Sterling District,
1 Harrison Street, S.E., 5th Floor, Leesburg, VA 20177

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