

November/Autumn: Reflections, News & Updates

[El Boletín Ahora En Español!](#)

Autumn, as you know, is a time of reflection and change. During this period, I would like to reflect on my vision for improving our district. When I say improve, I don't just mean polishing up our community (e.g., clearing up our Boulevard's sidewalks) or improving our infrastructure (e.g., expediting the traffic signal installation on Potomac View Rd). I also mean enhancing our community by building more green space, places for communities to get together and engage in outdoor activities.

Earlier this year, my staff met with Virginia Cooperative Extension, a wonderful organization that has existed since 1907, to put university knowledge into the hands of the residents. Their extension agents are educators who provide information, education, and tools that Sterling and other residents can use every day to improve their lives. These agents represent Virginia's two land-grant universities: Virginia State University and Virginia Tech and they have an office in Loudoun County. One of their focuses for Eastern Loudoun is suburban agriculture (e.g., community gardens) and healthy living.

The extension agents in Loudoun have just created a survey and invite you to tell them about matters important to our community. Please fill out the anonymous, [online survey](#). One of the ideas I have for Sterling is building a community garden or a few, but I'd like to know what other efforts you would like VCE to help bring to our

community. For those who would like to learn more about VCE, visit its [website](#) or call the Loudoun Office at (703) 777-0373.

Lastly, if you have any community or personal concerns, do not hesitate to contact my office.



Vote on November 8 or Vote Early in Sterling!

Neighbors, do you have a plan to vote on Tuesday, November 8th? Are you aware of everything that is on the ballot? Visit our [County website](#) for a list of candidates and questions on the ballot. Visit our [State website](#) to find your polling location.

If for some reason you cannot vote on November 8th, you most likely can vote early by mail or in person. See eligibility requirements for voting early [here](#). The county has extended the absentee voting in-person hours to include weekday evenings and the last two Saturdays before Election Day. You can vote early in person at the following locations:

- **Cascades Senior Center** (21060 Whitfield Place, Sterling): Mon-Fri, 4-8 pm, and Saturdays, Oct 29 and Nov 5, 9 am-5 pm.
- **Loudoun County Voter Registration and Elections Office** (750 Miller Drive, S.E., Suite C, Leesburg): Mon-Fri, 8:30-8 pm, Sat, Oct 29 & Nov 5, 8:30 am-5:00 pm.
- **Dulles South Multipurpose Center** (24950 Riding Center Drive, South Riding) Mon-Fri, 4-8 pm; and Sat, Oct 29 & Nov 5, 9 am-5 pm.

HealthCare.Gov Open Enrollment Period Starts TODAY, Nov 1!

If you're enrolled in an ACA or Obamacare health plan or need to enroll, you may go sign up or renew today for 2017 coverage. As you are probably familiar, insurance



companies can alter their plans and prices each year, and they often do. For this reason, it is very important for you to go on HealthCare.Gov and check for any changes planned for next year. You may also preview available plans and prices for next year [here](#).

I will be planning an enrollment fair with [ENROLL VA](#) nonprofit to provide free 1-on-1 assistance with the enrollment process. We will send out a news flash when we have more concrete details. In the mean time, if you need help with the enrollment process, please call either hotline at 703-840-4699 or 703-647-4748.

The enrollment period ends on January 31, 2017, however, if you want to enroll in or change your plan for coverage to start on January 1, you will need to sign up or renew by December 15, 2016.


How Do You *Envision Loudoun* in the Coming Years?

Envision Loudoun is a once-in-a-generation opportunity for everyone who cares about Loudoun, to work together, to understand our choices for the future and develop a new comprehensive plan that reflects our collective vision how we'd like to see Loudoun County in 20 years.

Let us know how you would like to see Loudoun County in the coming years. The process will address growth, land use, transportation, community facilities and amenities, economic development, and fiscal management. You can help the County come up with a New Comprehensive Plan that will serve as Loudoun County government's guiding document for land use and development for the foreseeable future.

Come to a Learn & Listen Workshop from 6:30–8 pm and share your ideas in a fun, interactive and casual setting:

- Nov 7 – National Conference Center, 18980 Upper Belmont Pl., Leesburg
- Nov 14 – Washington Dulles Airport Marriott, 45020 Aviation Drive, Dulles

A green poster for 'Envision Loudoun' with white and yellow text. The title 'envision LOUDOUN' is at the top, with 'our county • our future' below it. The poster lists workshop dates and locations: Nov 7 (Mon.) at National Conference Center, Nov 14 (Mon.) at Washington Dulles Airport Marriott, Nov 15 (Tues.) at Clarion Inn, and Nov 16 (Weds.) at see website for details. It also includes a list of topics to discuss: neighborhoods, workplaces, shopping centers, recreation areas, streets, youth, and natural places. At the bottom, there is a photo of a group of people sitting around a table in a workshop setting.

envision
LOUDOUN
our county • our future

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envision our...
neighborhoods
workplaces
shopping centers
recreation areas
streets
youth
natural places
...future!

to learn more visit:
Envision-Loudoun.org
Facebook.com/EnvisionLoudoun
@EnvisionLoudoun

**WORKSHOPS:
LISTENING & LEARNING**

Join others who care about the future of Loudoun and share ideas through fun, interactive activities in a casual, small-group setting.

Attend the session most convenient to you.

Nov 7 (Mon.) 6:30-8:00pm
The National Conference Center
18980 Upper Belmont Place

Nov 14 (Mon.) 6:30-8:00pm
Washington Dulles Airport Marriott
45020 Aviation Drive

Nov 15 (Tues.) 6:30-8:00pm
Clarion Inn Historic Leesburg
1500 E Market Street

Nov 16 (Weds.) 6:30-8:00pm
see website for details

- Nov 15 – Clarion Inn Historic Leesburg, 1500 E Market St., Leesburg
- Nov 16 – Michael Lunsford Middle School, 26020 Ticonderoga Rd, Chantilly

The above workshops are part of Round 1 of community engagement series. There will be additional workshops in December, including one in Sterling.

Aaron Gilman is our Sterling representative on the Comprehensive Plan Stakeholders Group. At any of the workshops, he will be present along with other County stakeholders. Visit the [Envision Loudoun's website](#) to learn more.



Sterling Blvd Sidewalks Will Soon Be Fully Cleared Up!

If you noticed during the late summer, Aaron Gilman—President of the Sterling Foundation and longtime Sterling Park resident and supporter—started a community effort with Teen Serve Camp to clean up the sidewalks along Sterling Blvd. The project ended up being much more arduous than expected and they cleaned up as much as they could.

Our office reached out to VDOT for help and they responded. During the first week of November, VDOT will continue where the wonderful teens and Aaron Gilman left off. By mid-November, our sidewalks should be fully cleared and we should be able to ride our bikes and walk alongside our families with much more ease along the entire the Boulevard.

**You're
Invited**

Election Evening 2016

View student-generated
campaign commercials &
advocacy ads for the
upcoming general election.

When: *Wednesday, November 2nd, 2016*

Where: *Potomac Falls High School's
Auditorium*

Time: *Doors open at 6:30 PM*



Come enlighten
yourself with a fun,
information-filled evening!
Learn about the 2016
presidential candidates
through student-run
political advertisements.
Join us in choosing the
right president for America!

Election Evening 2016 - Nov 2

Come to a special event hosted by Potomac Falls HS and view student-generated campaign commercials & advocacy ads for the upcoming general election. AP Government students have been preparing for this event for nine weeks! This project is part of One to the World and project-based learning programs.

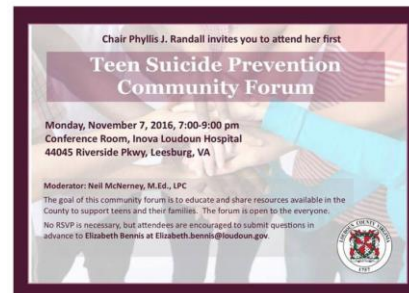
Come enlighten yourself with a fun information-filled evening! Learn about the 2016 presidential candidates through student-run political advertisements and join

them in choosing the right president for America! The event will take place in the auditorium at 6:30 pm.

Chair Randall Hosts a Teen Suicide Prevention Forum - Nov 7

Please join Chair Randall on her first Teen Suicide Prevention Community Forum on Monday, November 7 from 7-9 pm. The goal of the community forum is to educate and share resources available in the County to support teens and their families. There will be a panel of authorities, parents, students and concerned community members to discuss the topic and learn more about resources and preventative measures. The panel will be moderated by Neil McNerney, Licensed Counselor and Member of the Community Services Board.

The forum is open to everyone and will be held at Inova Loudoun Hospital, 44045 Riverside Pkwy in Leesburg. No RSVP is necessary. Attendees are encouraged to submit questions in advance by email to Elizabeth.Bennis@loudoun.gov.



Park View Craft Show - Nov 12

If you loved the Spring Craft Show or were not able to attend, make sure you come out to the Fall Craft & Vendor Show! An impressive amount of talented craft vendors will be present selling their wonderful crafts. You might just find the perfect holiday gift for your loved one!

The event will take place at the Park View HS gym from 10 am to 3 pm. For more info, visit the [Facebook event page](#).



Sterling Community Center Hosts a Senior Thanksgiving Dinner - Nov 17

On Thursday, November 17, seniors, age 50 and up, are welcome to come GOBBLE it up at the Sterling Community Center! Entertainment will be provided. The dinner is sponsored by the Sterling Community Center Advisory Board. Call 703-430-9480 for reservations. Donations are accepted.

View more events held at the Sterling Community Center on their [November newsletter](#).



Visit to Women Giving Back Store

Last month, my staff attended a luncheon at Women Giving Back's Store in Sterling with other elected officials. WGB is a nonprofit organization that supports women and children in crisis by providing them with great quality clothing, shoes, and accessories at no cost. Clients who qualify are generally in

shelters or transitional programs and working with a case worker. The store opens on the second Saturday of each month and by appointment.

Volunteers are an integral part of WGB. There are many volunteer opportunities available through the organization--including group or solo opportunities. Volunteer roles include providing onsite childcare, working directly with a woman in need as a shopping assistant, helping them select clothing while providing support and encouragement as well as sorting through donations in the warehouse and stocking and organizing our boutique. Please visit [WGB's website](#) and click on "Volunteers" to learn more.

Get Your Blood Pressure Screening Tested in Sterling



Inova Loudoun Hospital will be providing FREE blood pressure screenings throughout the month, for anyone in the community. They will be in Sterling on the following days:

Tuesday, Nov. 8, 9 a.m. – noon
Cascades Senior Center (21060 Whitfield Place, Sterling)

Monday, Nov. 21, 9 – 11 a.m.
William Watters House (22365 Enterprise Street, Sterling)

Tuesday, Nov. 22, 9 a.m. – noon
Cascades Senior Center (21060 Whitfield Place, Sterling)

To view other locations or get more info, call the Mobile Health hotline at 703-858-8818 or visit their [website](#).

Loudoun County Electronics Recycling Event - Nov 5

Recycle any of your electronics, including televisions, computers, servers, printers, copiers, stereos, DVD players, DVRs/cable television receivers, cell phones, power cords, cables, Christmas lights and many others at the Leesburg Park and Ride (19730 Sycolin Road, Leesburg) from 8:30 am to 2:30 pm.



There is a limit of 15 items per car and fees apply. [View details here.](#)



SOLARIZENOVA

'Solarize' Your Home - Attend a FREE Workshop!

Our County has partnered with the Northern Virginia Regional Commission (NVRC) and the Local Energy Alliance Program (LEAP) to promote the use of solar power in Loudoun

County homes and businesses.

Rooftop solar PV systems typically cost between \$10,000 and \$25,000 – prior to applying any federal tax credit. Solarize Loudoun is intended to help homeowners & business owners who are truly serious about purchasing a PV system, and by signing up you are requesting a free on-site solar assessment from our program installer. Now through November 30, Loudoun County residents can utilize Solarize NOVA to learn more about solar power options specific to their homes and take advantage of a streamlined installation and financing process. A complimentary home energy checkup is also being offered as a part of this program.

Attend a free informative workshop:

- **Mon, Nov 7; 6:30 p.m. – Cascades Library, 21030 Whitfield Place, Sterling**
- **Tues, Nov 22; 6:30 p.m. – Rust Library, 380 Old Waterford Road, N.W., Leesburg**

More information about the Solarize NOVA program is [online](#).



In 2016, the Loudoun Workforce Resource Center will be holding a series of Mini Career Fairs. Each event features 6-8 employers in targeted industries and provides excellent opportunities for career advancement or career change. These employers have entry, mid and senior-level job openings. The attending employers are looking to hire.

Be Prepared: Bring your Resumé
Dress to Impress: Interview Attire Recommended

NOVEMBER'S TARGETED INDUSTRY:
Seal the Deal
Retail/Seasonal

WHEN:
Monday, November 14, 2016
10:00am - 1:00pm

WHERE:
Shenandoah Building
2nd Floor
102 Heritage Way, N.E. - Leesburg, VA 20176
(703) 777-0150



EMPLOYERS ATTENDING:

- AMC THEATRES**
 - Film Crew
 - Retender
- CDS- COSTCO**
 - Sales Demonstrator
- CRAFTY STITCHES**
 - Sewing Instructor
 - Teaching Assistant
 - Sales Associate
- HOME GOODS**
 - Merchandise Associate
 - Merchandise Coordinator
- MACY'S**
 - Seasonal Sales Associate
 - Seasonal Support Associate
 - Seasonal Beauty Advisor
- NORDSTROM**
 - Sales Associate
 - Retailer
- TARGET**
 - Team Members:
 - Logistics
 - Guest Services
 - Sales Floor
- TOYS 'R US**
 - Sales Team Member
 - Stock Team Member
 - Cashier
- UNDER ARMOUR**
 - Sales Associate
- VERA BRADLEY**
 - Team Lead
 - Seasonal Sales Associate
 - Seasonal Stock Room Associate
- WOLF FURNITURE**
 - Customer Service Rep
 - Sales Consultant
 - Warehouse Worker

Loudoun Workforce Resource Center Retail/Seasonal Career Fair - Nov 14

If you're looking to add a little jingle to your pocket with a holiday retail job, plan to attend the Loudoun Workforce Resource Center's Retail/Seasonal Career Fair Monday, November 14th. The event will take place from 10:00 am to 1:00 pm on the second floor of the Shenandoah Building, 102 Heritage Way, N.E. in Leesburg.

Featured employers include: Target, Macy's, Nordstrom, Vera Bradley, Toys 'R' Us, Home Goods, Under Armor, AMC Theatres, CDS-Costco, Wolf Furniture and Crafty Stitches. View flyer or contact the Workforce Center at 703-777-0150 for more information.

Call for Artists for "Our Connection with Nature" Art Exhibit

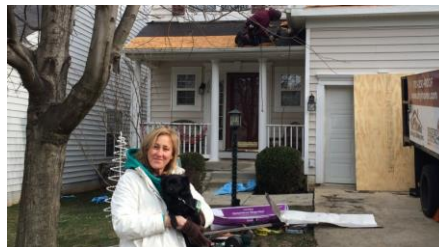
The Loudoun County Art Advisory Committee is issuing a call to artists who live or work in Loudoun County for an exhibition titled "Our Connection with Nature." The exhibition, which is intended to showcase how nature has been an inspiration to local artists, will be on display at the Loudoun County Government Center from November 8 to January 6, 2017.

Artists should indicate their interest in submitting an entry in the exhibition prior to November 7, by contacting Mita Mathur at Mita.Mathur@loudoun.gov. The entry form is [online](#). For more information, visit the [AAC webpage](#).



Free Roof for the Holidays!

[DryHome Roofing & Siding](#) in Sterling is accepting nominations for its "13th Annual Free Roof for the Holidays" program beginning November 1. A free roof will be awarded based on nominations DryHome receives from customers and the community through Dec. 1.



If you or an individual, family or nonprofit you know in Northern Virginia is in need of a roof repair, nominate him/her by emailing DryHome at info@dryhome.com. Nominators should include their name and phone number as well as the nominee's name, address, phone and reason why they are being nominated.

The Youth Corner

Teen Musicians Sought for Battle of the Bands.

Middle and high school student musicians in Loudoun County are invited to compete in a Battle of the Bands competition.



Performers at the annual Loudoun YouthFest are selected through a Battle of the Bands competition among middle and high school students residing in Loudoun County. Interested bands and soloists can [apply here](#). The deadline to apply is December 1, 2016. The winners will perform at the 2017 YouthFest, on June 17, 2017 at The Barn at One Loudoun, Ashburn. The overall winner will open for the festival's nationally-known headliner. For more information, visit: www.loudoun.gov/teens.

GIVE Tutoring on Saturdays from 12–2 pm at the Sterling Library a non-profit teen volunteer organization provides no-cost tutoring to K–6 students. Visit the [webpage](#) for more info.

Meet the Author: Tom Noll at the Sterling Library on Nov 10, 4:30 pm. Celebrate America Recycles Day at this theatrical reading with puppets of books in the Trash to Treasure series. Books will be for sale and signing.

November Opportunities - Get Involved!



5th Annual "Salute For Service" Loudoun County 5K Race for the Homeless: Come to Stone Bridge HS on Nov 5, 9 am for a race in honor of National Hunger and Homeless

Awareness Month. Net proceeds will be provided to homeless shelters and organizations supporting homeless in Loudoun and its surrounding counties.

[Register here.](#)

Redskins Blood Drive. The Washington Redskins and Inova Blood Donor Services will host a blood drive on Nov 5 from 7 am–4 pm at the Dulles Donor Center in 45745 Nokes Blvd, Suite 160 in Dulles. All presenting donors will receive a 2016 Redskins game day ticket and a limited edition Redskins T-shirt. Donors will also be able to meet Redskins Alumni and have a chance to win autographed merchandise.

To sign up, [click here.](#)

Help Make & Package Meals for Loudoun County Families on Nov 6. Did you know 12,500 children in Loudoun County struggle with hunger? Generosity Feeds, in partnership with local organizations, is committed to packing 2000 meals in two hours with the help of the community. Donate a hand Sunday, Nov 6 at Dominion High School beginning at 9:30 am. For additional info, [click here.](#)

Inova's 1st Annual Community Heart Walk. Inova Loudoun Hospital hosts its first Community Heart Walk in support of the American Heart Association on Saturday, November 12th at the Evergreen Sports Complex. Event activities will include a kids' zone with an obstacle course, bubble soccer, and games; a heart-healthy wellness fair complete with hands-on CPR lessons; food, music, and more! Registration and wellness fair begins at 8 am. [Learn more here.](#)

English Conversation Group. Practice your English at the Sterling Library on Thursdays at 6 pm with other non-native speakers in an informal setting. The Cascades Library also offers the class on Tuesdays at 7 pm and Wednesdays at 10 am.

Upcoming Events



Nov 6: Pancake Breakfast & Bake Sale. For only \$6, enjoy a delicious pancake breakfast with a side of eggs, sausage or bacon and fruit at the Sterling United Methodist Church. They will have pumpkin, chocolate chip or regular flavored pancakes! Stop by between 7:30–11:30 am. Proceeds will support their sponsored children in Sierra Leone.

Nov 9: "Ask the Expert" Lecture: Treating Neck and Back Pain. Inova Loudoun Hospital is offering this lecture, free and open to the public, from 6–7:30 pm. Neck and back pain is the number one reason for physician visits and one of the top reasons for missed time at work. Seating is limited. Register at inova.org/AskTheExpert or call 1-855-MY-INOVA (855.694.6682).

Nov 11: Producción, Seguridad Sanitaria y Mercadeo de Cultivos Hortícolas Este programa está preparado con el fin de educar a agricultores latinos principiantes y/o con experiencia sobre planificación, producción, irrigación, túneles de cultivo, seguridad sanitaria y mercadeo de frutillas y hortalizas étnicas. El evento es de 9:30–4 pm en el VSU Randolph Farm, 4415 River Road, Petersburg, VA. Habrá rides desde Leesburg. Póngase en contacto 5 días antes del evento con Beth Sastre, la Coordinadora del evento, al 703-777-0373 para un aventon o para reservar su espacio. [Haga clic aquí](#) para mas informacion.

Nov 13: All Ages Read Together AARTisans Event. AART is holding this special event featuring unique handcrafted items made by talented women. Don't miss out on a perfect opportunity to get your holiday shopping done early. The event is free and open to the public. There will be a raffle, a silent auction, wine and light refreshments. The event is from 2–5 pm at the Red Barn at River Farm, Firefly Hill Lane in Leesburg. View the flyer [online](#).

Nov 14–18: Link Coat Drive. The Sterling United Methodist Church is working with LINK to collect gently-used coats and winter apparel for the locally underserved. Clothing can be dropped off on any of the dates mentioned above from 8:30 am to 8:30 pm. More info can be found [here](#).

Nov 16: Dine Out Fundraiser at Joe's Pizzeria. Come to Joe's Pizza from 5–9 pm, if you're not a Sterling Foundation member yet, meet existing members and support ongoing community efforts. 10% of proceeds will go to the Sterling Foundation. Bring a friend!

Nov 19: International Games Day. Play board and video games with family and friends at 1 pm at the Cascades Library.

Nov 29: Health At Every Size with Michelle Market, LPC, CEDS. From 7–8:00 pm at Cascades Library (Meeting Room A), adults, come learn about the Health At Every Size (HAES) movement, why diets don't work and how to stop the war with your body by tuning into yourself.

Supervisor Koran T. Saines
Loudoun County Board of Supervisors
www.loudoun.gov/Sterling
703-777-0204

STAY CONNECTED:



Sterling District,
1 Harrison Street, S.E., 5th Floor, Leesburg, VA 20177

[About our service provider](#)

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