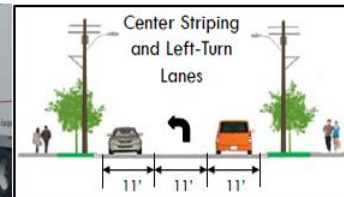


## April 2018: Sterling District Updates

[Leer el Boletin completo en Español](#)

At the March 22nd Board of Supervisors meeting the Board approved the following items for Sterling on a 9-0 unanimous vote!

- Funding to re-stripe and eliminate parking along Jennings Farm Drive and Maple Leaf Place. An issue that has plagued the Richland Acres and Westerly Community for quite some time. This project is expected to be completed come September 2018.



- The installation of a Pole Mounted Speed Display (PMSD) sign on Hardwood Forest Drive which runs through the Great Falls Chase community. The PMSD sign will help to inform motorists of their speed and has been shown to be effective in slowing down drivers. Installation of these signs are anticipated to occur sometime in late April or May 2018.



- A contract has been awarded to renovate the old child care center next to the **Sterling Community Center** to serve as a temporary community center during the coming renovations. At my request, the Building Blocks Academy property was **purchased** back in the fall of last year. This temporary community center will serve to fill the gap and ensure that services continue for Sterling residents while renovations of the current Sterling Community Center are completed.



## Sterling Project Clean Stream - April 7



Last year, the Sterling Foundation helped remove 1000 pounds of metal, 55 bags of trash, 22 bags of recycling bags and additional solid waste materials from the Cabin Branch tributary. They did this with the help of 55 volunteers. This year, they are cleaning a new stretch of Cabin Branch around Sterling Golf and Muddy Branch, which runs behind East Church Rd over to Dranesville Rd. ***This effort will not be possible without volunteers.***

There are in need of many volunteers. If you are interested, you can [learn more or pre-register here](#). Help by [sharing on Facebook](#). Encourage your friends and neighbors to sign up!

## 3rd Annual Spring Job Fair - April 21

I'm partnering with INMED Family & Youth Opportunity Center to hold a third annual Spring Job Fair on Saturday, April 21st at Claude Moore Recreation Center from 10 am to noon.

Attend and meet recruiters from the region's top employers from the region's top employers. Trade schools, apprenticeships and job readiness training will also be featured at this event. Bring your ID and resume and dress to impress.

[Pre-register here](#). Share and invite others on [Facebook](#). For more information, visit [www.opportunitycenter.us](http://www.opportunitycenter.us). If you have any questions, contact [Jacqueline.Pujol@loudoun.gov](mailto:Jacqueline.Pujol@loudoun.gov) or INMED Executive Director at [ccapece@inmed.org](mailto:ccapece@inmed.org). [Flyer here](#).



## Health & Wellness Expo & Healthy Kids Day - April 28

The following Saturday, April 28th, visit the Sterling Community Center from 10 am to 2 pm for a fun [Health & Wellness Expo and YMCA Healthy Kids Day](#). There will be a range of FREE health screenings, info and fun activities for children AND adults. Many local nonprofit organizations and healthcare providers will also be attending. Admission is free. Bring the entire family! If you have any questions, please email Ken Courter at [ken@kencourter.com](mailto:ken@kencourter.com).

Event flyer in [English](#) or [Spanish](#).

## Support a #SterlingStrong Fundraiser!

Born and raised in Sterling, Amber Kerico is participating in the Leukemia & Lymphoma Society (LLS) Campaign as part of the LLS Woman of the Year candidacy for 2018. She is organizing several events in Sterling through May ***in an effort to raise \$100,000 in 10 weeks***. View more info on [Amber's Facebook page](#).

Check out her [upcoming events!](#)

- **Dance, Fight, Zumba** - April 6th
- **Barbells & Burpees for Blood Cancer** - April 7th
- **Sterlingstrong 5k Run/Walk** - May 19th



You can read her full inspirational story [here](#). For information on her events or to donate, visit <https://sterlingstrongcure.com>.



## Arte Flamenco & 50th Anniversary at Sterling Library

Sterling Library celebrates its 50th anniversary and first year in the current location with an exciting, high-energy, Rumba-style music performance by guitar maestro Ricardo Marlow and vocalist Hector Jose Marquez. Accompanied by Flamenco dancer Sara Jerez, performing intricate and percussive footwork. Also celebrating National Library Week. For all ages.

## Kudos to World View Ensemble!

Park View's World View ensemble is hitting the road! I hope you will join me in congratulating these students on their huge success! They will be going on a regional tour this month, hitting Montgomery College, Shenandoah University, JMU, Liberty University, Virginia Western Community College and Radford. The group, comprised of mixes popular American songs with music from South America, Europe, Asia, and anything that their creative minds come up with. Read their full story [here](#).



## Community Garden Plots Still Available at Heritage Farm Museum

The Loudoun Heritage Farm Museum located in Claude Moore Park in Sterling has community garden plots available for a fee starting April 1st. For more information or to rent a plot, please contact Christie Love at 571-258-3800 or email at [hfm.christie@gmail.com](mailto:hfm.christie@gmail.com).

## Tales from the Trails Lecture

The Sterling Foundation's Historical, Heritage and Preservation Committee (SHHPC) is presenting another lecture on the history of our Sterling on April 11th in concert with the Sterling Library. It will be held from 6:30 pm. – 8:30 pm. and will focus on travel through the area and its affects on growth from pre-revolutionary war times through today.



## Chair Randall's Substance Abuse Summit



Chair Randall invites you to her Substance Abuse Summit on Tuesday, April 17th from 9:00 am to 3:30 pm at the Northern Virginia Community College Waddell Theater, 21200 Campus Drive in Sterling. The focus will be on prevention, treatment, self-help, legal aspects and life after recovery. Loudoun County Government, public safety, nonprofit organizations, faith communities, private industry, health providers, recovering addicts and families will come together to hold breakout sessions to discuss openly about this epidemic. A free light breakfast and boxed lunch will be served. RSVP to Elizabeth Bennis at [elizabeth.bennis@loudoun.gov](mailto:elizabeth.bennis@loudoun.gov).

## Inova Becomes In-Network Provider for Cigna Exchange Customers

Cigna insurance purchased off the individual insurance marketplace or the "exchange" will now be able to access in-network services through Inova providers and facilities. This change will affect 45,000 Virginians, including many from Sterling and will be a huge benefit to customers as they will no longer need to drive long distances for care. View full [Loudoun Now](#) article. Customers interested in learning more about their coverage can visit [healthcare.gov](http://healthcare.gov).



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## Community Events!



### April 14: Community Yard Sale

From 8am-12pm - Second Saturday of the month, indoor yard sale at Sterling Community Center. Vendors must register and pay in advance. Registration includes a 10'x10' space, 6' table and 1 chair. Free admission for shoppers.

**April 14: Earth Day Cleanup** (all Ages) from 9am – 12 pm. Join Claude Moore Park and lend a helping hand in keeping the Park beautiful. Groups and individuals welcome! Please register by 4/6. Call 571-258-3700 to register.

**April 14: Sterling Blvd Cleanup** from 9am-12pm. Join the Sterling Foundation to help beautify our community! Meet at Briar Patch Park at 8:45 am and bring gloves. The rest is on them. Rain date: 4/21.

**April 29: 1. Make a Pet, Take a Pet** (all ages) From 1-3 pm, join Claude Moore Park to make a craft pet and visit the Loudoun Animal Services Mobile Pet Adoption Bus. Call 571-258-3700 for more information.

**May 5: Free Dental Clinic** - from 8 am to 3 pm at the Douglass Community Center in Leesburg, there will be a free dental clinic offering cleanings, extractions, fillings and other services. The appointment only. Pre-registration is required.

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## The Kids' Corner



### Kneehigh Naturalists at Claude Moore Park

(Ages 2-5 with a parent) On April 7 from 10:30-11:30 am, enjoy time outdoors with your kid(s). This month's theme is reptile meet and greet. Cost is \$7 per kid; register at [www.loudoun.gov/webtrac](http://www.loudoun.gov/webtrac) for activity #361103. Call 571-258-3700 for more information.

### Fingerprint Art Camp

April 9, 7:30am-6pm (Ages 7-12) A day of painting fun! Participants will create a variety of art pieces using fingerprint techniques. Your student will learn how their simple fingerprint can become a multitude of insect, animals, plants, or even used as a backdrop for other art. Pack a lunch, water bottle, two snacks and dress for painting. Event takes place at Sterling Community Center. Register your child for \$40 by calling 703-430-9480.

**Family Archery on 4/9 & 4/14**

Come to Claude Moore Park with your kids (ages 8 and up) on Monday, 4/9, 1-3 pm or Saturday, 4/14 from 10am-12 pm. Register for \$15/child at [www.loudoun.gov/webtrac](http://www.loudoun.gov/webtrac), activity #361715. Children under 14 must be accompanied by an adult.

As part of **National Library Week** and in , the Sterling Library will hold an **Arte Flamenco** (*music and dance*) on April 14. **See event details.**

**Free Open Houses at Frogshackle Nature Cabin** at the Historic Laneville House, and Bridges One Room School in Claude Moore Park on Saturday, 4/14 from 1-3 pm.

#### **Summer Camps at Sterling Community Center**

Sign your kid up for summer camp! There are camps for different ages and of different themes, including STEM, archery, plants, geology, science and more! See [program flyer](#) here.

#### **Family Fishing Day on 4/29**

From 10am -12 pm, bring the family to go fishing at Claude Moore Park! Register at [www.loudoun.gov/webtrac](http://www.loudoun.gov/webtrac) for activity #361218 \$5 call 571-258-3700 for more information.

#### **Summer Camps & Youth Programs at GMU**

Looking for a summer camp for your kids? George Mason University offers a wide variety of summer camps and programs at its multiple campus locations in the areas of art, technology, academics, sports, recreation, radio, forensics, debate, and more. Visit [summercamps.gmu.edu](http://summercamps.gmu.edu) for more information.

#### **After Hours Teen Center at Cascades Library Welcomes Back 6th Graders**

**Cascades Library** is the place to be Fridaynights! There's a **different activity every week from 7-10 p.m.** for all middle and high school students to enjoy in a safe, supervised environment — plus free pizza, gaming, computers and art supplies. Get down with [DJ Joe Schwarz on April 13.](#)

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## **Don't Miss These Opportunities**

### **Paid Smithsonian Leadership Program - 4/9 Deadline**

The Smithsonian Latino Center's Young Ambassadors Program (YAP) is a nationally recognized program for graduating high school seniors that fosters the next generation of Latino leaders in the arts, sciences, and humanities via the Smithsonian Institution and its resources. The program consists of a week-long, all-expenses paid training and leadership seminar and a four-week internship with a \$2,000 program stipend. It takes place June 24–August 2, 2018 in Washington D.C. and internships in 17 cities across the U.S. and Puerto Rico. This is an opportunity to explore various career paths, networks, embrace your own cultural heritage, and grow your practical and leadership skills during a paid internship. Application deadline is April 9th. For more info or to apply, visit: <http://latino.si.edu/Education/YAP>. For questions, email [SLCEducation@si.edu](mailto:SLCEducation@si.edu).

### **Nursing Scholarships - 4/10 Deadline**

The Ladies Board of Inova Loudoun Hospital is accepting applications for nursing school tuition assistance. Scholarships are available to eligible students in various programs of study, including degrees at the associate, bachelor's, master's and doctoral levels. Last year's 53 scholarships ranged from \$1,000 to \$2,750 and totaled \$110,250. More information is available at <http://ladiesboard.org/scholarships> or at the Gift Shop at Inova Loudoun Hospital. The deadline to apply is April 10th.

**Supervisor Koran T. Saines**  
**Loudoun County Board of Supervisors**

[www.loudoun.gov/Sterling](http://www.loudoun.gov/Sterling)  
[703-777-0204](tel:703-777-0204)

STAY CONNECTED



Sterling District | 1 Harrison Street, S.E., 5th Floor, Leesburg, VA 20177

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