



COVID-19 UPDATES ~MAY 4, 2020~

Dear Sterling,

Beginning with the month of May, my office will start providing COVID-19 updates via email newsflash on Mondays, Wednesdays, and Fridays instead of daily.

We appreciate all of the positive feedback and comments that we have received over the last couple of months in response to the daily COVID-19 newsflash updates.

We will continue to welcome suggestions on information that would be helpful to the community during these difficult times, and are here to answer any of your questions.

As a reminder to the community, coronavirus (COVID-19) is an illness caused by a virus that spreads primarily from person to person. There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.

Stay home as much as possible and avoid close contact with others. Wear a face covering that covers your nose and mouth in public settings. Clean and disinfect frequently touched surfaces. Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.

Everyone is at risk of contracting COVID-19 and it is important that we all work together to slow the spread. ***Stay home, stay healthy, and stay safe.***

-Koran T. Saines-

Loudoun County Public Library Printing Face Shields for Health Workers and First Responders



Loudoun County Public Library (LCPL) is assisting front-line health workers and first responders in the county by manufacturing face shields using 3D printers. These face shields will be distributed through the county's Emergency Operations Center.

In addition to these organizations' efforts, since late March, the Loudoun community has donated more than 17,000 pieces of PPE, which has been distributed through the EOC.

[Learn More](#)

Messages to Our Spanish-Speaking Community Members

Below are brief messages that we have disseminated to our Spanish speaking audience.

Please share these text excerpts with your Spanish speaking family members, neighbors, community groups, and employees who may need this information.



The County has a "Spanish Resources" webpage on which a number of existing Spanish language resources are consolidated to assist our community partners with accessing and disseminating COVID-19 information in Spanish through their communication channels/networks to Spanish speaking residents in our community.

- [How to Translate Loudoun.gov into Spanish](#) - Video (Spanish)

- [How to Translate Loudoun.gov into Spanish](#) - Print Instructions (Spanish)
- [Spanish Language Resources](#) - Webpage

If staying home isn't safe, support is still available for domestic and sexual violence survivors.

Video: <https://bit.ly/3f9bSvh>

Don't be afraid to go to the hospital if you are having a life-threatening emergency. Call or text 911.

<https://bit.ly/3f4ufl6>

What to do if you are sick: Take steps to take care of yourself and help protect others in your home and community.

<https://bit.ly/2VLJqYN>

Si quedarse en casa no es seguro, hay apoyo disponible para sobrevivientes de violencia doméstica y sexual.

Vídeo: <https://bit.ly/3f9bSvh>

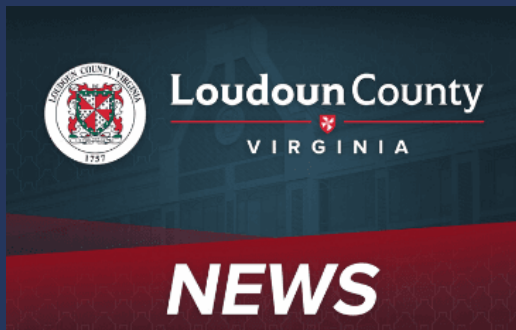
No tenga miedo de ir al hospital si tiene una emergencia potencialmente mortal. Llame o envíe un mensaje al 911.

<https://bit.ly/3f4ufl6>

Qué hacer si está enfermo: Tome pasos para cuidarse y ayudar a proteger a las personas en su hogar y su comunidad.

<https://bit.ly/2VLJqYN>

Loudoun Continues to Seek Monetary Donations for Personal Protective Equipment



Loudoun County is renewing its call for monetary donations to be used to purchase personal protective equipment (PPE) that can be distributed to long-term care facilities and other health care providers facing a critical need for PPE.

Monetary donations allow the county to use its buying power to purchase PPE in bulk to create a sustainable supply that

can be provided to Loudoun-based agencies, including those caring for people who are most vulnerable to COVID-19, such as the elderly.

[Find Out How to Donate Money or Gear](#)

Don't Put Off Urgent Medical Care

Determining when to go to the hospital or seek medical care can be a challenge, particularly during the COVID-19 pandemic. You may find yourself afraid to go, even when it's necessary. If you need emergency care, don't delay.

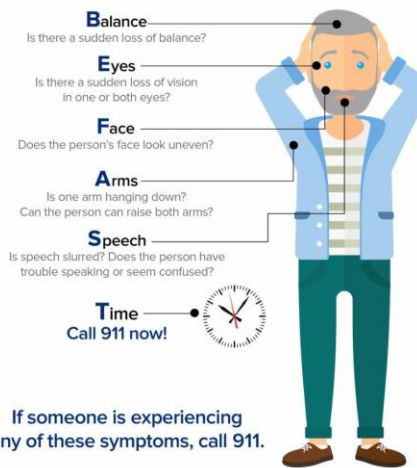
Now more than ever, it is important to keep yourself healthy. Keeping yourself healthy means addressing health problems as they arise. Getting urgent help when needed is especially important for strokes, heart attacks and life-threatening emergencies. Outcomes for these medical emergencies are tied to how quickly the patient receives care, so delaying getting treatment due to coronavirus fears can have serious consequences.

It has been reported that COVID-19 has caused strokes in younger people having mild coronavirus symptoms. See the attached photo to [know the signs of stroke](#).

[Learn More about the Emergency Warning Signs of Coronavirus](#)

Know the Signs of STROKE

B.E. F.A.S.T.



inova.org/stroke

INOVA

Business Resiliency Webinars

Innovation
lives here.
novaeda.org

In light of the current global pandemic, the Northern Virginia Economic Development Alliance (NOVA EDA) is taking action. NoVA EDA has announced the launch of a three-part, 12 session webinar series: "[Beyond COVID-19: NOVA Business Resiliency Webinars.](#)"

Created for NOVA businesses to ensure they have the latest and best possible information from a variety of experts, these webinars will focus on how to keep moving

forward during and after the current global pandemic. It will convene experts spanning issues such as government financing, staffing, technology readiness, healthy workplaces, new business and revenue models, customer retention, and more.

[Learn More](#)

Free Coronavirus Testing

The [ACHN](#) clinic provides free primary care for people who do not have insurance and are low income.

ACHN will start drive through COVID-19 testing every Saturday, beginning this Saturday, May 2nd from 2:00-3:00 pm at 44121 Harry Byrd Hwy, Ashburn VA 20147.

Patients can call [\(703\) 542-3366](tel:7035423366) or email contact@achnhealth.org to schedule a test.

ACHN will need to confirm that patients do not have health insurance and are low-income.



New Dates Added! Virtual Coffee with a Career Counselor



If you're wondering whether you should continue or even begin your job search during the coronavirus pandemic, the answer is YES!

Join one of the [Loudoun Workforce Resource Center's](#) GoToMeeting sessions for an overview of the current job market, resume tips and a Q&A discussion.

Each session will be facilitated by Ms. Stephanie Wolo, Employment Coach:

- Wednesday, May 13, 2020, 9:30 a.m. and 11:30 a.m.
- Wednesday, May 27, 2020, 9:30 a.m. and 11:30 a.m.

[Register Here](#)

Loudoun County's Information and Referral Line

Loudoun County's Information and Referral Line specialists help individuals and families better understand the range of options to assist them in making informed decisions.

Information and Referral specialists assess the situation and together with the caller, help to identify options to meet the primary service/resource needs. The County has one I&R Line specialist who speaks Spanish and if the employee is on another call, our contracted language line is used by the other call-takers. The message is in both English and Spanish.

Contact Information and Referral Monday-Friday, 8:30 am–5:00 pm at [703-777-0420](tel:703-777-0420) or [online](#).



United States Census 2020



Loudoun is making progress on responding to the census with 70.2% reporting completed as of April 29, 2020 as compared to 76.1% reporting in the 2010 Census. It's not too late! Please encourage others in our community to respond.

The safest time to respond to the 2020 Census is now, at home, and online. Simply visit www.2020Census.gov and click *Respond* to get started or a paper questionnaire will be delivered to your home this week.

Your response ensures the resources we are using now, including school meals and healthcare, to respond to situations like COVID-19 are available to all families for the next 10 years. It takes only 10 minutes by computer or smartphone, available in 13 languages, and your answers are confidential.

Please share this information with your neighbors, friends, and network so that Everyone Counts.

Pandemic Unemployment Assistance

The CARES Act includes a provision of temporary benefits for individuals who are not eligible for regular/traditional unemployment insurance.



These individuals may include those who are self-employed, independent contractors, gig economy workers, clergy and those working for religious organizations as well as others who may not be covered by the regular/traditional UI program.

[Find Out More](#)

Northern Virginia Virtual Job Fair



Virginia Career Works – Northern Region, in partnership with Fairfax County Government and Loudoun County Government, is excited to announce a Virtual Job Fair on ***May 6th beginning at 10:00 am!***

The fair will focus especially on Healthcare positions, with some

additional opportunities for essential jobs such as transportation, retail, and facilities services.

[For More Information and How to Register](#)

Stress and Coping

The outbreak of COVID-19 may be stressful and overwhelming for some. Consider these resources for information for yourself and your family:

- [Coping with Stress During COVID-19 Outbreak](#)
- [Helping Children Cope with Stress During COVID-19](#)



- If you are experiencing a behavioral health crisis, Emergency Services are available 24 hours daily, seven days per week at [703-777-0320](tel:703-777-0320).
- For general information questions, [email Mental Health Services](#) or call [703-771-5155](tel:703-771-5155).

MADD Loudoun Virtual Walk & On-Line Auction May 16, 2020



Loudoun's annual 5K non-competitive Walk and Silent Auction Fundraiser (Walk Like MADD) will have some new twists this year due to the COVID-19 pandemic.

This year's auction will be done on-line. There is a reason that this year's event is being modified rather than being cancelled. While the pandemic has caused a curtailing of many activities, even during it the crime of impaired driving is proving to be an ongoing threat to our community.

Saturday May 16 at 9:00 am: Opening Ceremony (including the Star-Spangled Banner, loosening-up exercises, etc) (via Zoom)

- Following the Opening Ceremony, at approximately 10am, the virtual walk will start in all participants' respective neighborhoods. In light of the virtual nature of the event, should the weather on Sat May 16 be undesirable for walking, feel free to then do it on Sun May 17!

Sunday May 17 at 4:00 pm: Closing Ceremony (including the recognition of Victims, event teams, funds raised and awards (via Zoom)

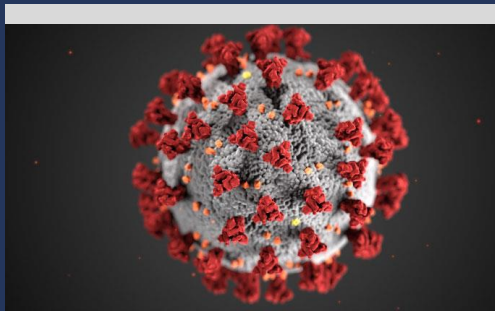
The on-line auction is already in progress. Register to take part in Walk Like MADD 2020 and you will receive an invitation to be a part of it!

[On-line registration](#) is open until 8:30 am on Sat., May 16th

Please contact Susan Cleveland (703-470-1053 or maddloudoun@aol.com) with any questions.

Stay Informed!

Keeping with the Board of Supervisors' policy, regularly scheduled meetings of the Board's [advisory boards, commissions and committees](#) are canceled while Loudoun County Public Schools are closed. The county will provide updated information on meeting status as this rapidly evolving situation continues. For the most current schedule, please visit loudoun.gov/calendar.



The county continues to encourage everyone in the community to take steps to limit the spread of COVID-

**LOUDOUN
COUNTY**
—  —
VIRGINIA

Loudoun County encourages residents to stay informed about COVID-19

19, which include:

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer only if soap and water are not available.
- Avoid touching your eyes, nose and mouth.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home when you are sick.
- Avoid contact with sick people.
- Avoid non-essential travel.

- To receive email updates on COVID-19, visit loudoun.gov/coronavirus.
- Text **LCCOVID19** to **888777** to receive text alerts from Loudoun County about COVID-19.
- Envíe un mensaje de texto con **LCCOVIDESP** al **888777** para actualizaciones diaras relacionadas con el coronavirus (COVID-19) en el condado de Loudoun.

Residents with questions about COVID-19 may call the Loudoun County Health Department's information line, 703-737-8300, or email health@loudoun.gov.

Supervisor Koran T. Saines

Sterling District Supervisor
Loudoun County Board of Supervisors
[703-777-0204](tel:703-777-0204)

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STAY CONNECTED



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[About Constant Contact](#)

Sent by koran.saines@loudoun.gov in collaboration with



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