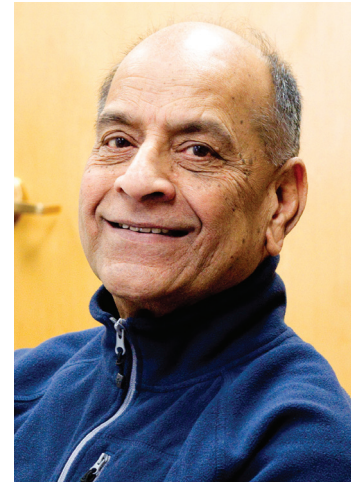


LOUDOUN COUNTY AREA AGENCY ON AGING PROGRAMS & SERVICES FOR OLDER ADULTS & ADULTS WITH DISABILITIES



The Loudoun County Area Agency on Aging (AAA) is the central point of contact for older adults (55+) and their families. The mission of the Area Agency on Aging is to foster independence and healthy aging, and improve the quality of life for older adults and their caregivers through comprehensive programs and services.

ADULT DAY CENTERS:

Provide licensed, supportive, social and therapeutic activities for people with memory loss or physical limitations. Transportation is available on a limited basis. Centers are located in Ashburn, Leesburg and Purcellville.

ADVISORY BOARDS:

Provide volunteer service opportunities on ten boards including the Commission on Aging (COA), which advises the County Board of Supervisors and AAA.

CAREGIVER SERVICES:

Offer educational seminars and training, provide a monthly support group and link caregivers to supportive community resources. Support is available for caregivers or other individuals who provide unpaid care to an older adult (60+) or a person with dementia (any age).

CASE MANAGEMENT SERVICES:

Connect older adults with a case manager who will advocate, monitor and provide supportive counseling.

CHORE CORPS:

Provides simple repairs and chores in and around the house for older adults and adults with disabilities.

COMMUNICATION, REFERRAL, INFORMATION & ASSISTANCE:

Links older adults, caregivers and adults with disabilities with supportive community services.

CONGREGATE MEAL PROGRAM:

Provides weekday lunches at senior centers (Leesburg, Purcellville, South Riding and Sterling) and housing sites (Wingler House, William Watters House and Madison House Apartments).

DISEASE PREVENTION & HEALTH PROMOTION:

Provides education and information to engage and empower older adults, people with disabilities and their caregivers to stay healthy longer.

ELDER ABUSE PREVENTION & INTERVENTION:

Connects survivors of elder abuse, neglect and financial exploitation to information, assistance, referrals and supportive services. Specialists are available to provide awareness presentations to the community. (over)



LOUDOUN.GOV/AAA
703-777-0257
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FAN CARE:

Reduces the risk of heat exhaustion by providing electric fans and air conditioners to income-eligible seniors.

HOME-DELIVERED MEALS:

Provide weekly noontime meals to older adults who are at nutritional risk and unable to leave home. Non-perishable and frozen meals may be available for eligible residents who live outside the delivery area.

NORTHERN VIRGINIA LONG-TERM CARE OMBUDSMAN PROGRAM:

Provides information on long-term care facilities in Northern Virginia, and advocates for recipients of long-term care services.

OPTIONS COUNSELING:

Empowers older adults and people with disabilities to make informed long-term-support choices with the assistance of a case manager.

SENIOR OUTREACH TO SERVICES (S.O.S):

Provides confidential assistance, linking older adults to services and supports in the community. Appointments are available at each senior center.



SENIOR CENTERS:

Provide a network of social, cultural, educational, wellness and fitness activities for independent seniors. Each center has its own calendar of events and offerings. All senior centers offer congregate meals. Centers are located in Leesburg, Sterling, Purcellville and South Riding.

SENIOR MEDICARE PATROL:

Educates beneficiaries to identify, report and prevent Medicare and Medicaid fraud and abuse. SMP volunteers are available for community presentations.

SENIOR TRIPS:

Offer fee-based day and overnight trips to exciting destinations for adults 55 and older.

VIRGINIA INSURANCE COUNSELING AND ASSISTANCE PROGRAM (VICAP):

Provides confidential help and advice about Medicare health insurance, long-term care insurance and the Medicare prescription drug program.

VOLUNTEER SERVICES:

Place volunteers of all ages and backgrounds into challenging, rewarding and interesting volunteer opportunities.

