

Senior Membership (Ages 55 & up)

Senior participants may purchase twelve-month memberships - \$30 - or attend on a drop-in basis - \$2.
The cost of many activities is included in the membership or drop-in fee. Any additional fees are noted in the activity listing.

Special Events

Wed 9/4	10:30A-11:30A	Avoiding Scams!	Scams targeting seniors are becoming more and more prevalent. Join DFC Ethan Martin, Loudoun County Sheriff's Department, and learn how to recognize, avoid, and protect yourself against these insidious crimes.	
Mon 9/16	9:30A-1:30A	Franklin Park Fishing Trip	Join us for a FUN Fishing Trip to Franklin Park Pond. Rods, bait and instruction provided! Enjoy a boxed lunch at the pond!	130603-01 \$2 transportation 130603-02 Self drive
Fri 9/20	10:00A-12:00P	Pet Adoption Bus	Loudoun County Animal Services' Mobile Pet Adoption Bus will be at Carver! All animals on the bus are available for adoption and must go home right away. A purrfect opportunity to meet your forever furry friend! Did anyone mention ice-cream and popcorn too!	
Mon 9/16 Mon 10/7	12:45P-2:00P	Bob Ross Exhibit Excurion	Franklin Park Arts Center will present 24 original Ross works created during his time on "The Joy of Painting". This is the largest collection of Ross' paintings to ever be displayed at one time! Ride the bus to enjoy this unique opportunity to view his works.	130612-01 130612-02 \$2.00 Transportation
Fri 10/25	2:00P-3:00P	Volunteer Recognition	Carver Volunteers are invited to attend a Special Recognition to celebrate YOU! Enjoy Afternoon Tea, delicious cakes and gentle music.	130606-01
Weds 10/16	10:30A-11:30A	Estate Planning Presentation	What is Estate Planning? Who needs Estate Planning? What documents are needed? No matter how modest, everything you own is considered your estate. Charlotte Ceier will present an educational overview of the basics of Estate Planning.	
Fri 11/1	1:00P-3:00P	Halloween Dance	This is your chance, to take a stance, at our Halloween Dance! Costumes galore as you take to the floor, scary or cute, it's always a hoot!	130602-01 \$3 \$5 on the day
Fri 11/8	9:00A-5:00P	AARP Driver Safety Course	This class is an easy, convenient way to refresh your driving skills, so you'll be a safer, more confident driver. Plus, you could earn a multiyear discount on your auto insurance when you complete it! Check payment of \$15 AARP Members/\$20 Non-Members will be collected on arrival by instructor. Please make checks out to AARP.	130620-01
Fri 11/15	1:00P-2:30P	Thanksgiving Talent Show	Talented Carver members will share their talents for a memorable Thanksgiving celebration!	130613-01

Programs

Mon-Fri	12:00P-12:30P	Congregate Lunch	Must sign up in person or call 571-258-3407 24 hours in advance.	Ages 60+ donation Ages 55-59 \$4
M,Tu,Th,F	9:00A-12:00P	Cards	Canasta. Beginners welcome!	
1st/3rd Mon	9:00A-12:00P	Services for Seniors	Confidential assistance linking seniors to services.	
Mon Tues/Weds Fri	9:00A-10:30A 9:00A-10:00A 11:30A-12:00P	Ping Pong	New players always welcome!	
Mon/Wed	10:00A-11:00A	Volleyball (Beachball)	Games not scored--all ability levels welcome.	
Mon	10:30A-12:00P	Corn Hole	Enjoy this fun game inside!	
Mon/Thur/Fri	11:30A-12:00P	Walk With Ease	"Easy" walking, indoors or outside. Meet in the Fitness Room.	
Mon	12:30P-1:00P	Slow, Slow Line Dance	For seniors who have difficulty dancing fast or complicated steps.	
Mon	12:45P-1:45P	Local Excursions	Visit unique locations in western Loudoun.	\$1 transportation.
Mon	1:00P-2:00P	Farkle	Chat and laugh over a classic pastime.	
Mon	1:00P-2:00P	Beginner Line Dance	Provides exercise and camaraderie.	
Mon Wed/Fri	1:00P-2:00P 10:30A-11:30A	Qigong	Mindful breathing and slow, standing movements.	
Mon	2:00P-3:00P	Line Dance	Focusing on dancing to contemporary songs. \$2 drop in for non-members.	
Mon-Fri	1:00P-5:00P	Board Games	Scrabble, Rummikube, Dominoes.	
Tues	9:30A-10:30A	Tai Chi	Slow motion routines practiced in a group.	
Tues	9:30A-10:30A	Carver Music School	Learn basic music terms, scales and chords...and enjoy the health benefits of singing!	
Tues	10:30A-12:00P	Beginner Bridge	A gentle introduction to bridge basics.	


Programs

3rd Tues	10:30A-12:00P	Haircuts	Six appointments by lottery, with six waitlist. Sign up one week ahead.	
3rd Tues	10:30A-12:00P	"Mane" Event	Share tips on how to tame your long hair.	
2nd Tues	10:45A-12:00P	Advisory Board	Monthly meetings which focus on fundraising/feedback.	
Tues/Thurs	11:00A-11:30A	Balance and Stability	Physical Therapist designed sequence of exercises.	
Tues	11:00A-12:00P	Tech Tuesdays	Individualized computer help from Loudoun County Library staff. 4th Tuesday will be "Resource Day" giving instruction on how to use certain Library apps.	
Tues	12:30P-2:00P	Creative Writing	For anyone interested in exploring the writing process.	
Tues	12:45P-2:15P	Intermediate Bridge	For those who know the basics.	
Tues Fri	12:45P-1:45P 10:45A-11:45A	Bingo	\$0.50 per card; various prizes.	
Tu/Th	2:00P-4:30P	Pickleball	Tennis-like game played with 2, 3 or 4 players.	\$2 drop in non-members
1st Tues	5:30P-7:30P	Monthly Movie!	Bring a snack and enjoy selected monthly movies.	
Tu	6:00P-8:00P	Handwork	Bring your own handwork.	
2nd/4th Tu	6:00P-7:45P	Social Dancing!	Basic Ballroom Dance instruction.	\$2 drop in non-members
1st Tues	6:15P-7:45P	Lyme Support Group	For anyone struggling with or caring for someone with Lyme Disease.	
Wed 9/11-11/20	10:00A-11:30A	Decluttering For Seniors	Declutter your home and your life and make more room for the important things. No new sign-ups after week 1.	130604-01
Wed	10:30A-11:00A	Fitness Equipment 101	Learn how to use the fitness equipment safely.	
Wed	10:30A-11:30A	Sing Along with Wiley	Old-fashioned favorites in a relaxed setting.	
Wed 11/6	10:30A-11:30A	Hearing Help	Cleaning/testing/resources. Blue Ridge Speech and Hearing. Pre-register 571-258-3400.	
4th Wed	10:30A-12:00P	Book Club	Monthly book discussions. Books provided.	

Programs

4th Wed	10:30A-1:30P	Bowling	Payment of \$3.00 per person and \$4.25 for shoe rental is due at the Village Lanes Bowling Center on arrival. Lunch on your own at the alley.	\$2.00 transportation.
2nd Wed	11:30A-12:00P	Library Outreach Visit	Loudoun County Library brings books/videos/periodicals.	
2nd Wed	12:00P-12:30P	Monthly Birthdays	Sign up and celebrate with your Carver friends!	
Wed	1:00P-2:00P	Basic Ukulele	Come learn eight basic chords with two basic strum patterns. Some loaner ukes available.	
Wed	1:00P-2:00P	Intermediate Ukulele	Graduates from the Basic Ukulele class learn more advanced chords and songs.	
Wed 10/2	1:00P-2:00P	Afternoon Tea	Free registration begins 2 weeks before event.	130607-02
Wed	12:30P-2:00P	Grocery Shopping	Transportation to local grocery establishments. Skips the 2nd Wednesday.	\$1 bus transportation
2nd Wed	12:30P-3:15P	Leesburg Shopping	Bus to Leesburg to shop.	\$2 bus transportation
Thurs	9:30A-10:30A	Harmony Singing Group	Folk songs and rounds to piano accompaniment. All levels welcome!	
4th Th	10:00A-12:00P	Blood Pressure checks	Inova Loudoun Healthcare--no appt. necessary. No drop in fee.	
Thurs	10:45A-11:45A	Bible Study	Non-denominational group.	
1st Thurs	11:00A-12:00P	Notary Public Services	Bring your documents for notarization from Purcellville Library staff.	
Thurs	12:30P-1:00P	Name That Tune	Guess the well-known tune before your opponents do!	
Thurs	12:45P-2:00P	Brain Games	Picture and word games in a group setting.	
Thurs	1:00P-5:00P	Bridge Group	Intermediate party bridge for experienced players.	
Thurs	1:00P-5:00P	Thursday Card Group	Canasta and Euchre.	
4th Th	3:00P-4:00P	Alzheimer's Support Group	Provides emotional, educational and social support for caregivers.	
1st Fri	11:15A-11:45A	Carver's Got Talent	Your chance to share your special talent by performing for your friends!	
1st Fri	12:00P-2:00P	Monthly Movie	Lunch & movie in Club Room. Order lunch by noon the day before.	Lunch - Ages 60+ donation Ages 55-59 \$4

Fee-Based Programs

Mon 9/9-9/30 Mon 10/21-11/18	12:30P-2:30P	Studio Drawing Class	Work from clothed models and still life, using right-brain as well as more traditional approaches. Students are encouraged to purchase the 4th edition of Drawing on the Right Side of the Brain. Drawing materials and paper provided. Instructor: Alice Power.	130605-01 \$50/\$58 non-member 130605-02 \$50/\$58 non-member
Fri 10/11-10/25	12:30P-2:30P	Holiday Cards	Apply your watercolor skills to holiday card-making in this mini session. Bring own supplies. Instructor: Alice Power. No class 11/29.	130609-01 \$30/\$36 non-member
Wed 9/11-10/2 Wed 10/16-11/6 Wed 11/20-12/18	12:30P-2:00P	Intermediate Watercolor	All materials provided. Instruction ends at 2:00P. Instructor: Alice Power	130611-01 \$40/\$48 130611-02 \$40/\$48 130611-03 \$40/\$48
Fri 9/6-9/27	12:30P-2:30P	Basic Watercolor	All materials provided. Instruction ends at 2:00P. Instructor: Alice Power	130610-01 \$50/\$58 non-member
Fri 9/13 Fri 10/18	10:00A-2:00P 10:30A-2:00P	Carver Lunch Bunch	Cracker Barrel, Winchester John's Family Restaurant, Rippon WV	130601-01 \$4 130601-03 \$4
M/W 9/9-10/9 M/W 10/21-11/25	5:15P-6:00P	Body Sculpting	Using resistance bands, Pilates balls and weights. Bring a mat. Jill Perla	130702-01 \$84 130702-02 \$84
Tu/Th/F 9/10-10/15 10/22-11/22	8:15A-8:45A	Core and More	A blend of upper and lower body exercises. Bring a mat. Instructor: Jill Perla	130715-01 \$100 130715-02 \$100
	Loudoun County Department of Parks, Recreation and Community Services is committed to complying with the Americans with Disabilities Act. If you need reasonable accommodations, please make the request to the appropriate program area at least two weeks prior to the program meeting date.			