

## Loudoun County Area Agency on Aging

# VIRTUAL FAMILY CAREGIVER EDUCATION SERIES

#### **KNOW THE 10 WARNING SIGNS**

April 6, 2021 • 2 pm – 3 pm EST Presented by the Alzheimer's Association - National Capital Area Chapter

#### **MEDICARE FOR CAREGIVERS**

April 13, 2021 • 1 pm – 2 pm EST Presented by Mary Lou Wilkins, Loudoun County Area Agency on Aging

#### **HEALTHY LIVING FOR BRAIN AND BODY**

May 4, 2021 • 2 pm – 3 pm EST Presented by the Alzheimer's Association - National Capital Area Chapter

### EMBRACING THEIR REALITY: HOW TO BETTER COMMUNICATE IN DEMENTIA CAREGIVING

May 19, 2021 • 1:30 pm – 2:30 pm EST Presented by Rachael Wonderlin, MS, Dementia By Day

Hosted by the Loudoun County Area Agency on Aging

## TO REGISTER FOR THESE FREE, VIRTUAL PROGRAMS,

please send an email to aaasupport@loudoun.gov

