



# Dulles South April Drop-In Gym Schedule



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY				
SCORE SIDE	SCREEN SIDE	SCORE SIDE	SCREEN SIDE	SCORE SIDE	SCREEN SIDE	SCORE SIDE	SCREEN SIDE	SCORE SIDE	SCREEN SIDE	SCORE SIDE	SCREEN SIDE	SCORE SIDE	SCREEN SIDE			
OPEN GYM	REC Programs  OR  OPEN GYM	REC Programs OR OPEN GYM	REC Programs  OR  OPEN GYM	OPEN GYM	REC Programs  OR  OPEN GYM	REC Programs OR OPEN GYM	REC Programs  OR  OPEN GYM	REC Programs OR OPEN GYM	REC Programs  OR  OPEN GYM	REC Programs OR OPEN GYM	REC Programs  OR  OPEN GYM	REC Programs	Adult Basketball Ages 18+ 8am-10am			
Fee Program 9am-12pm		Family Play Parents with kids under 12. 4pm-5pm		Fee Program 3pm-4pm		Family Play Parents with kids under 12. 4pm-5pm		Family Play Parents with kids under 12. 4pm-5pm		Family Play Parents with kids under 12. 4pm-5pm		OR				
Badminton Ages 16+ 12m-3pm				REC Programs  OR  OPEN GYM								OPEN GYM	REC Programs  OR  OPEN GYM			
REC Programs  OR  OPEN GYM		Youth Volleyball Ages 10-15 5pm-7pm		REC Programs OR OPEN GYM		Basket Ball Ages 16+ 5pm-7pm		REC Programs OR OPEN GYM		Badminton Ages 16+ 5pm-7pm		OR				
Adult Pickleball Ages 21+ 6pm-8pm		Beginner Volleyball Ages 16+ 7pm-9pm		Badminton Ages 16+ 7pm-9pm	REC Programs OR OPEN GYM	Master's Basketball Ages 30+ 7pm-9pm		Competitive Basketball Ages 18+ 7pm-9pm		OR  OPEN GYM	Intermediate/ Advanced Volleyball Ages 18+ 5-8PM					

Referees NOT provided.

DSRCC staff reserves the right to stop full court games at any time.

No organized team practices.

Full gym activities will move to half gym if there are not enough participants to use entire gym.

11 and under must be supervised by an adult.

Outside of the above scheduled activities, gym use is first come first served for open gym.

Schedule is subject to change at any time.

Fee Based Program: Prepaid programs offered at DSRCC

Age may be verified with valid ID for scheduled programs.

**\*\*Please note up to 15 minutes may be required for setting up and breaking down equipment for scheduled programs\*\***

**\*Please contact [Christopher.Barnett@loudoun.gov](mailto:Christopher.Barnett@loudoun.gov) for any concerns\***

**Effective Monday, April 1st**

**NO DROP-IN SPORTS**

**APRIL 6th**

ADA—Loudoun County Department of Parks, Recreation and Community Services is committed to complying with the Americans with Disabilities Act (ADA). If you require a reasonable

accommodation for any type of disability in order to participate, please call 571-258-3456. Three business days advance notice is requested

**Youth Volleyball (10-15):** all youth are welcome to play! 1 net will be set up at approximately 7'4" on the basketball court. This session is for players of all levels. Volleyballs are provided with an ID. All participants must pay the drop in fee or have membership. Players must abide by facility rules and respect DSRCC staff members. Youth volleyball players must vacate the court promptly at 7pm for staff to raise nets for next session.

**Beginner Volleyball (16+)** All players 16+ welcome however, focus will be for beginner players. 2 nets will be set up at approximately 7'11" on the basketball court. Volleyballs are provided with an ID. All participants must pay the drop in fee or have membership. Players must abide by facility rules and respect DSRCC staff members.

**Basketball (16+)** All players 16 and up welcome. Tuesday and Thursday nights will be half court. Basketballs provided with an ID. All participants must pay the drop in fee or have membership. Players must abide by facility rules and respect DSRCC staff members.

**Master's Basketball (30+)** Session is for adults 30+. Wednesday nights will be full court. Basketballs provided with an ID. All participants must pay the drop in fee or have membership. Players must abide by facility rules and respect DSRCC staff members.

**Competitive Basketball (18+)** Players between the ages 18-29 are able to come in for a full court pick-up basketball game. This activity is geared for players with playing experience and advanced skills. All participants must pay the drop in fee or have membership.

**Adult Basketball (18+)** Saturday mornings from 8am-10am will be reserved for adults. All participants must pay the drop in fee or have a membership.

**Intermediate/Advanced Volleyball (18+)** Session is for volleyball players with playing experience and more than basic skills. 2 Nets will be set up at a height of approximately 7'11" on the basketball court. Volleyballs are provided with an ID. All participants must pay the drop in fee or have membership. Players must abide by facility rules and respect DSRCC staff members. Court must be vacated promptly at 8pm.

**Badminton(16+)** Session is for players of all skill levels. Only half court games. All participants must pay the drop in fee or have membership. Players must abide by facility rules and respect DSRCC staff members.

**Adult Pickleball (21+)** Players of all skill levels welcome. Instructor Greg Najjar will help participants interested in learning basic skills. Those with pickleball experience are welcome to play games on additional courts. 3 courts will be open, limited number of paddles and balls provided. All participants must pay the drop in fee or have membership. Players must abide by facility rules and respect DSRCC staff members.

**Family Play (Parents with kids under the age of 12)** Create your own fun during Family Play! The gym is open for general use to families with younger children. A maximum of one badminton net will be set up during family play. All participants must pay the drop in fee or have membership. Players must abide by facility rules and respect DSRCC staff members.

**Open Gym** During open gym, the predominate sport will be basketball. Practicing skills that utilize volleyballs, soccer balls, footballs, etc may be allowed if space permits. No stationary equipment is allowed (unless approved by the DSRCC staff). Players must abide by facility rules and respect DSRCC staff members.

**DSRCC staff reserves the right to cancel programs due to inappropriate behavior, unsportsmanlike conduct etc. All participants are expected to follow center rules, and inclusion for everyone is a must. All above sessions are open to anyone who meets age and skill requirements. Participants MAY NOT exclude another player based on skill/age—please seek out a DSRCC manager if you believe a player has not met the above listed requirements.**

**\*Please contact [Christopher.Barnett@loudoun.gov](mailto:Christopher.Barnett@loudoun.gov) for any concerns\***