



The Loudoun County Area Agency on Aging (AAA) receives thousands of calls for information and assistance, Medicare counseling, caregiver support, health education and more each year.

As the needs of older adults and people with disabilities change over time, case management services help empower individuals to make informed long-term support choices.

Older adults and people with disabilities who may need services include:

- Individuals who require coordination of multiple services
- Older adults whose family or friends live outside of the area, or who are unable to coordinate and oversee services
- Older adults living alone and unable to access services without help

FAMILY EXPERIENCES

“Very valuable session - I received support and tools for dealing with our mother with Alzheimer’s disease.”

“I had case management support at the senior center. I received reassurance that I was on track with my caregiving and so much more. I was listened to and given information on community resources.”

“I received so much information that was helpful and given so much time to help me locate information that I needed to get started on my job searching venture.”

“Case Management Services did a great job connecting me to grief support groups as well as senior living.”



**LOUDOUN COUNTY
AREA AGENCY ON AGING**

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**LOUDOUN
COUNTY
AREA
AGENCY
ON AGING** **CASE
MANAGEMENT
SERVICES**

LOUDOUN.GOV/AAA
703-777-0257
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CASE MANAGEMENT SERVICES

- An invaluable resource in maintaining independence and enriching quality of life.
- Support older adults (60+) and people with disabilities (18+) who live in Loudoun County.

AVAILABLE SERVICES

- Information and referral assistance, for financial services, personal care, transportation, Medicare and Medicaid.
- Assistance with paperwork and understanding information from care providers.
- Advice on making informed long-term support choices and grief and loss counseling.

CASE MANAGERS

- Advocate for a loved one in a hospital or community setting at the request of a family member.
- Assist an older adult exploring local housing options.
- Provide resources for caregivers of a loved one with diagnosed cognitive impairment and memory disorders.
- Provide information about caregiver support groups, educational programs and resources.

To schedule an appointment with
a case manager, please call
703-777-0257

*Case Management Services are free and available
to Loudoun County residents.*

ELDER RESOURCES CASE MANAGEMENT STAFF

- Assess the individual's needs and provide information, options and education.
- Assist in planning for complex changes and needs.
- Advocate for resources to enhance an individual's quality of life and care.
- Provide on-going monitoring and follow-up as needed.

