

Preregistration is required

www.loudoun.gov/webtrac

**Session dates June 15, 2020-
June 26, 2020**

DULLES SOUTH SMALL GROUP OUTDOOR FITNESS

**This effective program is developed with
a combination of strength training and
high intensity cardio.**

**Small group size for personalized training with social
distancing measures in place. Be sure to check your
email after registration for important information.**

**ANY QUESTIONS OR CONCERNS, PLEASE
EMAIL ADRIENNE.LOPEZ@LOUDOUN.GOV**

**ADA-Loudoun County Department of Parks, Recreation, and Community Service is committed to complying with the
Americans with Disabilities Act (ADA). If you require a reasonable accommodation for and disability in order to
participate, please call 571-258-3456. Three days advance notice is requested.**

Registration begins

June 10 at noon

Transformers with Nick

Activity #405545-01

\$75

M,W,F 6/15-6/26

7:30am-8:30am

***Registration ends 6/12 at
2pm***

Activity # 405545-02

\$25

Wednesdays 6/10-6/17

9:00am-10:00am

Activity # 405545-03

\$25

Wednesdays 6/10-6/17

4:30pm-5:30pm

Transformers with John

Activity #405545-04

\$25

Tuesdays 6/16-6/23

5:30pm-6:30pm

