

JOIN US FOR A

SUICIDE PREVENTION FORUM



Strengthening Resiliency & Preventing Suicide During COVID-19: A Conversation with Experts

Join SPAN in a conversation on how we can all strengthen emotional wellbeing and resilience in these unprecedented times. The pandemic's economic and health impact has propelled public discussions on equity, isolation, mental health, and the importance of suicide prevention. A new national study of U.S. adults found 81% believe suicide prevention should be a national priority and 52% are more open to talking about mental health as a result of COVID-19.

Our panel will discuss how we can continue to build our individual and collective resiliency and equip you with some ways to talk about mental health with your friends, families, and neighbors.

This event is being held in recognition of September as National Suicide Prevention Awareness Month and Older Virginians Mental Health Month.



Speakers:

Dr. Stacey Hardy-Chandler, PhD, JD, LCSW

Director, Center for Children & Families
Co-Chair, RAISE, Alexandria's Trauma-Informed Network
Department of Community and Human Services
City of Alexandria

Dr. Ramfis Marquez, PhD, LPC

Director, Behavioral Health Department
GPW Health Center
A Federally Qualified Health Center
Serving the Greater Prince William Area

Moderator:

The Honorable Jane Woods

Chair, Northern Virginia Health Foundation
Former Virginia Secretary of Health and Human Services
Former Member of Virginia House of Delegates and Senate
Former Chair, SPAN & Former Vice-Chair, Fairfax-Falls CSB

Tuesday, Sept 29, 2020 | 6PM - 7:30PM

Via GotoWebinar

To register & join us, click [here](#)

For more information, contact carol.loftur-thun@fairfaxcounty.gov