Spring 2024

ACTIVITYquide

Loudoun Count Department of Parks, Recreation Community Services

Connecting All Communities

Spring Registration Genteral Registration - Feb. 8 Ioudoun.gov/PRCS

FOOD TRUCK FESTIVAL 27

61

6

- RUN YOUR PARKS
- REGISTRATION TIME



Register On PRCS Connect





fpring 2024

Spring is a season of new beginnings, and your Department of Loudoun County Parks, Recreation, and Community Services continues to innovate, bringing new recreational experiences for you and your family.



This past year we celebrated several milestones, including 40 years of our After-School Activities program CASA.

Steve Torpy

Today, CASA provides students with engaging activities at the end of the school day for nearly 2,600 children throughout the county. We also celebrated 20 years since the Banshee Reeks Nature Preserve opened to the public and the first year of the Loudoun County Area Agency on Aging Rhythm Makers Hand Chime. This innovative program is the country's only known hand chime group for individuals with early to moderatestage cognitive impairment and their caregivers.

On May 31, 2023, we were pleased to open a one-of-a-kind destination playground at the Douglass Community Center that features custommade structures and replicas that depict African-American history and culture. The playground is located on the Historic Douglass High School Campus.

Our theme of innovation and new beginnings continues with the highly anticipated construction of the Ashburn Recreation and Community Center which is anticipated to open in the summer of 2025- - and the design has started on the Western Loudoun Recreation Center.

Whether it's our award-winning parks, such as Hal and Berni Hanson Regional Park, or our creative partnerships, like the county's only book vending machines created with Loudoun County Public Libraries, we are discovering new ways to connect all communities through exceptional people, parks, and programs.

We look forward to this continued journey toward excellence, and new beginnings, with you. Warmest regards,



Steve Torpy, Director



Claude Moore Recreation & Community Center
Dulles South Recreation & Community Center
Round Hill Indoor Aquatic Center
Water Safety Courses

Adult Day Centers	Ę
Disease Prevention/Health Promotion	5
Senior Trips	5

ADAPTIVE RECREATION	Claude Moore Park	58
	Franklin Park	60
AQUATICS	Hal & Berni Hanson Regional Park	60
Claude Moore Recreation & Community Center	Lovettsville Community Park	63
Dulles South Recreation & Community Center	Potomac Green Neighborhood Park	63
Round Hill Indoor Aquatic Center		
Nater Safety Courses	RECREATION & COMMUNITY CENTERS	
	Claude Moore Recreation & Community Center	
AREA AGENCY ON AGING/SENIORS	Dulles South Recreation & Community Center	25
Adult Day Centers		
Disease Prevention/Health Promotion	SENIOR CENTERS	
Senior Trips	Ashburn Senior Center	40
	Carver Senior Center	42
COMMUNITY CENTERS	Dulles South Senior Center	45
Bluemont Community Center5	Senior Center at Cascades	48
Douglass Community Center7	The Senior Center of Leesburg	50
Loudoun Valley Community Center 10		
_ovettsville Community Center 12	SPORTS	
Lucketts Community Center16	Adult	67
Philomont Community Center18	Youth	65
Sterling Community Center		
	CHILDREN'S PROGRAMS	
EVENTS & TRIPS	CASA After-School Program (Grades K-5)	
ACILITIES & PARKS	Child Care (Ages 3-5)	
-AUILITIES & PARKS	Preschool (Ages 2.5-5)	
FRANKLIN PARK PERFORMING & VISUAL ARTS CENTER		
GENERAL INFORMATION & PHONE DIRECTORY	YOUTH/TEEN	
	Teen Services	
PARKS	YAS After-School Program (Grades 6-8)	80
Ashburn Park		
Sanshee Reeks Nature Preserve		

ADAPTIVE RECREATION	64	Claude Moore Park	
		Franklin Park	
AQUATICS		Hal & Berni Hanson Regional Park	
Claude Moore Recreation & Community Center	31	Lovettsville Community Park	63
Dulles South Recreation & Community Center	31	Potomac Green Neighborhood Park	63
Round Hill Indoor Aquatic Center	31		
Water Safety Courses	39	RECREATION & COMMUNITY CENTERS	
		Claude Moore Recreation & Community Center	
AREA AGENCY ON AGING/SENIORS		Dulles South Recreation & Community Center	
Adult Day Centers	54		
Disease Prevention/Health Promotion	54	SENIOR CENTERS	
Senior Trips	51	Ashburn Senior Center	40
		Carver Senior Center	
COMMUNITY CENTERS		Dulles South Senior Center	45
Bluemont Community Center	5	Senior Center at Cascades	
Douglass Community Center	7	The Senior Center of Leesburg	50
Loudoun Valley Community Center	10		
Lovettsville Community Center	12	SPORTS	
Lucketts Community Center	16	Adult	
Philomont Community Center	18	Youth	
Sterling Community Center	18		
		CHILDREN'S PROGRAMS	
EVENTS & TRIPS	70	CASA After-School Program (Grades K-5)	
FACILITIES & PARKS	0.4	Child Care (Ages 3-5)	
	84	Preschool (Ages 2.5-5)	
FRANKLIN PARK PERFORMING & VISUAL ARTS CENTER	76		
GENERAL INFORMATION & PHONE DIRECTORY	80	YOUTH/TEEN	
	02	Teen Services	
PARKS		YAS After-School Program (Grades 6-8)	
Ashburn Park	55		
Banshee Reeks Nature Preserve			

LOUDOUN Parks, Recreation and COUNTY **Community Services** VIRGINIA

General Registration Begins February 8



WHAT'S INSIDE

Events, Classes & Activities: March-May REGISTRATION BEGINS: General: Thursday, February 8 Senior Day & Overnight Trips: Wednesday, February 7 **Out of County: Thursday, February 15**

EVENT HIGHLIGHTS



- 29 Lovettsville Community Park, 10:30am
- **30** Franklin Park, 9:00am Bluemont Community Center, 10:00am Philomont Community Park, 10:00am & 8:45pm Sterling Community Center, 10:00am





SMALL & TALL BALL Lovettsville Community Center, 5:30pm

CLAUDE MOORE SPRING FEST Claude Moore Park, 10:00am

4-5 STAR WARS ESCAPE TRAIL

4

4

- Banshee Reeks Nature Preserve, 9:00pm JAZZ IN THE GRASS 4
- Sterling Community Center, 5:00pm
- **CINCO K 2024** Lovettsville Community Center, 8:00am
- LOUDOUN LATINO FESTIVAL
- Shenandoah Building Leesburg, 12:00pm FIELD DAY FUN & PUTT-PUTT PALOOZA 11 Douglass Community Center, 10:00am
- LoCo FOOD TRUCK FESTIVAL 11 Segra Field, 11:00am
- GARDEN PARTY 11
- Claude Moore Rec & Comm Center, 1:00pm FRIENDS OF CMP 5K TRAIL RUN 11
- Claude Moore Park, 8:00am YOUTH SKATE NIGHT
- 17 Douglass Community Center, 6:00pm
- PKU AWARENESS FAMILY FUN DAY 18 Douglass Community Center, 11:00am DIRT DAY 18
 - Claude Moore Park, 10:00am

General Registration Begins February 8



BLUEMONT COMMUNITY CENTER

33846 Snickersville Pike Bluemont, VA 20135 540-554-8643 • loudoun.gov/bluemontcc Monday-Friday 7:00am-6:30pm Closed for Memorial Day, 5/27 facebook.com/BluemontCommunityCenter

LICENSED PROGRAMS

CHILD CARE

(Ages 3-5) Bluemont Community Center offers quality early childhood programs. Our licensed professionals provide a safe, healthy learning environmen that promotes social, physical, and intellectual growth of children that follows the STREAMin3 curriculum. Childcare provides full-time care for children from 7:00am-6:00pm five days a week.

PRESCHOOL

(Ages 2.5-5) Bluemont Community Center offers quality early childhood pro-

grams. Our licensed professionals provide a safe, healthy learning environment that promotes social, physical, and intellectual growth of children that follows the					(Ages 3-5) You skills. Bring a v				, shooting and running
STREAMin3 cur	rriculum. Pre	school offers	part time care f	or children during a nine-	306109-01	\$24	W	4/10-4/24	4:00pm-5:00pm
regarding availa	ability and sc		iass days and f	ours vary; please inquire		ebrate the da			pie. We will make mini
	uemont Corr			-month after-school pro- n can participate in indoor	pies to share w 306106-01	100 s15	y. Bring a lunc M	h and water bottle 4/29	. Instructor: Linda Sapp 12:00pm-1:30pm
and outdoor act	tivities includ	ing arts, STE		sports. Children can com-				Y MASTERPIECE	
plete homework	k during ded	icated times.							lother's Day! Dads and nade gift for the special
SUMMER CAM					moms in their l	lives. This is a	wonderful op	portunity to spend	d quality time with your
Visit loudoun.go camp schedule				ne Camp Guide. Plan your	child while craf 306125-01	fting a persor \$15	al and meani F	ngful present. 5/3	12:00pm-1:30pm
		DDEOQU			CINCO DE MAY				
		PRESCH	OOL AGE		(Ages 3-5) Let Bring a water b				of Cinco De Mayo Day.
BON-API-TOTS					306126-01	\$15	M	5/6	12:00pm-1:30pm
(Ages 3-5) Mak lunch and wate				amily and friends. Bring a	SPRING TRAIN	IING TEE BAI			
306101-01	\$15	М	3/4	12:00pm-1:30pm				s in safety, hitting	, throwing and running.
306101-02 306101-03	\$15 \$15	M M	3/18 4/8	12:00pm-1:30pm 12:00pm-1:30pm	Bring a water b 306107-01	oottle. Instruc \$24	tor: Don Stinn W	ette 5/8-5/22	4:00pm-5:00pm
306101-04	\$15	M	5/20	12:00pm-1:30pm	300107-01	φ24	vv	5/0-5/22	4.00pm-5.00pm
CREATIVE STO			, , , , , , , , , , , , , , , , , , , 				ELEMENT	ARY AGE	
				orybooks. We will gather iscuss what your children	SCHOOL'S OUT				
				and a related art project.					Public Schools are off.
Bring a lunch a 306103-01	nd water bot \$15	tle. Instructor W	: Sue Colwell 3/6	12:00pm-1:30pm	water bottle.	mont for gall	ies, ciaits, all	u outuoor piay. Bi	ing a snack, lunch and
306103-02	\$15	W	3/20	12:00pm-1:30pm	306211-01	\$46	Tu	3/5	7:00am-6:00pm
306103-03	\$15	Ŵ	4/3	12:00pm-1:30pm	306211-02	\$46	F	4/5	7:00am-6:00pm
306103-04	\$15	W	4/17	12:00pm-1:30pm	306211-03	\$46	W	4/10	7:00am-6:00pm
306103-05	\$15	W	5/1	12:00pm-1:30pm					
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grams. Our licensed professionals provide a safe, healthy learning environment that promotes social, physical, and intellectual growth of children that follows the STREAMin3 curriculum. Preschool offers part time care for children during a nine-month program from September-May. Class days and hours vary; please inquire regarding availability and schedules. CASA ACADEMY (Ages 5-12) Bluemont Community Center offers a nine-month after-school pro- gram for elementary children in Loudoun County. Children can participate in indoor and outdoor activities including arts, STEM, games, and sports. Children can com- plete homework during dedicated times. SUMMER CAMPS Visit loudoun.gov/PRCSconnect in late February to read the Camp Guide. Plan your camp schedule early. Registration begins in March.	(Ages 3-5) Young players will learn basic passing, dribbling, shooting and running skills. Bring a water bottle. Instructor: Don Stinnette 306109-01 \$24 W 4/10-4/24 4:00pm-5:00pmBLUEBERRY PIE DAY (Ages 3-5) Celebrate the day by eating a slice of blueberry pie. We will make mini pies to share with your family. Bring a lunch and water bottle. Instructor: Linda Sapp 306106-01 \$15 M 4/29 12:00pm-1:30pmHANDMADE WITH LOVE - MOTHER'S DAY MASTERPIECE (Ages 3-5) Create a heartwarming surprise for Mom this Mother's Day! Dads and their children can come together to create a unique, handmade gift for the special moms in their lives. This is a wonderful opportunity to spend quality time with your child while crafting a personal and meaningful present.12:00pm-1:30pm 306125-01 \$15 F5/312:00pm-1:30pm
PRESCHOOL AGEBON-API-TOTS(Ages 3-5) Make easy and yummy treats to share with family and friends. Bring a lunch and water bottle. Instructor: Linda Sapp306101-01\$15M3/412:00pm-1:30pm306101-02\$15M3/1812:00pm-1:30pm306101-03\$15M4/812:00pm-1:30pm306101-04\$15M5/2012:00pm-1:30pm	CINCO DE MAYO COOKING (Ages 3-5) Let's make tacos and nachos for lunch in honor of Cinco De Mayo Day. Bring a water bottle. Instructor: Linda Sapp 306126-01 \$15 M 5/6 12:00pm-1:30pmSPRING TRAINING TEE BALL (Ages 3-5) Young players will develop skills in safety, hitting, throwing and running. Bring a water bottle. Instructor: Don Stinnette 306107-01 \$24 W 5/8-5/22 4:00pm-5:00pm
CREATIVE STORYTIMES(Ages 3.5-5) There are so many beautiful children's storybooks. We will gather around and read a story or two each session. They will discuss what your children enjoyed about different characters and the illustrations and a related art project.Bring a lunch and water bottle. Instructor: Sue Colwell 306103-01 \$15 306103-02 \$15 306103-03 \$15 306103-04 \$15 306103-04 \$15 306103-05 \$15 306103-06 \$15 306103-06 </th <th>ELEMENTARY AGESCHOOL'S OUT CAMP(Ages 5-12) Listed below are days that Loudoun County Public Schools are off. Join us at Bluemont for games, crafts, and outdoor play. Bring a snack, lunch and water bottle.306211-01\$46F4/57:00am-6:00pm306211-02\$46F4/57:00am-6:00pm306211-03\$46W4/107:00am-6:00pm</th>	ELEMENTARY AGESCHOOL'S OUT CAMP(Ages 5-12) Listed below are days that Loudoun County Public Schools are off. Join us at Bluemont for games, crafts, and outdoor play. Bring a snack, lunch and water bottle.306211-01\$46F4/57:00am-6:00pm306211-02\$46F4/57:00am-6:00pm306211-03\$46W4/107:00am-6:00pm

Register at loudoun.gov/PRCSconnect

ART & MOVEMENT

(Ages 3-5) Extend your child's day with creative art activities and movement. Great way to be social and meet new friends. Bring a lunch and water bottle

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306105-01	\$45	Th	3/7-3/21	12:00pm-1:30pm
306105-02	\$60	Th	4/4-4/25	12:00pm-1:30pm
306105-03	\$60	Th	5/2-5/23	12:00pm-1:30pm



MUSIC FO	R LITTL	E ONES
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(Ages 5 months-2.5) This program is designed to introduce music and movement								
to young children as well as the adults who care for them. Instructor: Kari Reed								
\$8	Tu	3/12	9:15am-9:45am					
\$16	Tu	4/2, 4/16	9:15am-9:45am					
\$16	Tu	5/7, 5/21	9:15am-9:45am					
	en as well as \$8 \$16	en as well as the adults wh \$8 Tu \$16 Tu	en as well as the adults who care for them. Ir \$8 Tu 3/12 \$16 Tu 4/2, 4/16					

AFTER-SCHOOL SCIENCE FUN

(Ages 3-5) Expand your child's mind and creativity with some super science fun. Bring a lunch and water bottle. Instructor: Sue Colwell

306104-01	\$30	Tu	3/12-3/19	12:00pm-1:30pm
306104-02	\$60	Tu	4/2-4/30	12:00pm-1:30pm
306104-03	\$30	Tu	5/7-5/14	12:00pm-1:30pm

TINYHOOD TOGETHER

)-	(Ages 1 mon	th-2.5 years) It	takes a vi	lage! Bring your	little ones to this group.
nt	Participants of	can look forward	d to conne	cting with each o	other through play-based
S	learning and	various sensory	activities. I	Devon Thom will	be leading this group.
n	306102-01	Free	Tu	3/19	9:00am-9:45am

306102-01	Free	Tu	3/19	9:00am-9:45am
306102-02	Free	Tu	4/9, 4/23	9:00am-9:45am
306102-03	Free	Tu	5/14, 5/28	9:00am-9:45am

PRESCHOOL BASKETBALL

DESSERT CHEFS

(Ages 5-11) Let's prepare a special dessert to share with family and friends. Bring a water bottle. Instructor: Linda Sapp

306201-01	\$15	Th	3/7	4:00pm-5:15pm
306201-02	\$15	Th	4/4	4:00pm-5:15pm
306201-03	\$15	Th	5/2	4:00pm-5:15pm

ART EXPLORATION

(Ages 6-10) Students will have an opportunity to explore a variety of art projects, while learning design principles and techniques. Instructor: Maria Nicklin					
306203-01 306203-02	\$32 \$32	Tu, Th Tu. Th	3/12-3/21 5/7-5/16	4:00pm-5:00pm 4:00pm-5:00pm	
	ΨOL	10, 111	0/1 0/10	noopin oloopin	

SPRING BREAK CAMP

(Ages 5-12) School is out for spring break. Join us for fun-filled days with games and other activities. Bring a lunch, snacks and a water bottle each day. M-F \$192 3/25-3/29 7:00am-6:00pm 306217-01

NATURE JOURNALING

(Ages 6-11) Become an explorer by writing about and drawing what you discover outdoors. Instructor: Maria Nicklin

306205-01	\$32	Tu, Th	4/9-4/18	4:00pm-5:00pm

FAIRY GARDEN FUN

(Ages 6-11) All you need is a little imagination to create your very own fairy garden. All supplies are provided to make this happen. Instructor: Maria Nicklin 306206-01 \$30 Tu. Th 4/23-4/25 4:00pm-5:00pm

ADULT

GET FIT WITH LINDA

(Ages 18 & up)	A fun ongoir	ng workout that c	ontinues year-i	round. The first class is
free. Instructor:	Linda Sapp			
306501-01	\$56	M, W, F	3/4-3/20	8:00am-9:00am

PAINTING WITH ACRYLICS

(Ages 18 & up) Always wanted to learn how to paint, but were afraid to enroll in a class? Our program will help you get comfortable with basic painting techniques. Students must provide brushes, canvas and acrylic paints. Instructor: Don Stinnette

306502-01	\$30	W	3/6-3/20	6:30pm-8:00pm
306502-02	\$30	W	4/10-4/24	6:30pm-8:00pm
306502-03	\$30	W	5/8-5/22	6:30pm-8:00pm

PUZZLEPALOOZA - TEAM JIGSAW CHALLENGE

(Ages 18 & up) Join us for an exhilarating afternoon of puzzling fun at our first-ever Puzzlepalooza! Teams of 2-4 will race against time and each other to complete a challenging 500-piece jigsaw puzzle. The same puzzle for all adds to the excitement and competition. Enjoy light refreshments while you puzzle away. Bring along your gently used puzzles (complete with all pieces) for a puzzle swap. Refresh your collection and share the joy of solving with others! Register early as spaces are limited and this event is expected to fill quickly! 4:00pm-6:00pm 306508-01

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$35per team F
                     4/12
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MULTIAGE

LINE DANCING 101

(Ages 18 & up) Come learn some of the basic steps and dances to one of the most popular dance crazes. Bring a water bottle. Instructor: Linda Sapp

306702-01	\$32	Th	3/7-3/28	8:00am-9:00am
306702-02	\$32	Th	4/4-4/25	8:00am-9:00am
306702-03	\$32	Th	5/2-5/23	8:00am-9:00am

PARENTS NIGHT OUT

(Ages 3-10) Let the kids join us for an evening of fun while you treat yourself to a night out. We will provide a snack and the fun. Bring a water bottle.

306709-01	\$15	F	3/22	6:00pm-8:30pm
306709-02	\$15	F	4/26	6:00pm-8:30pm
306709-03	\$15	F	5/24	6:00pm-8:30pm

GRILLED CHEESE DAY

(All Ages) It's National Grilled Cheese Day. What is your favorite? Join us for a hot grilled cheese sandwich at the community center. We will have all types of bread and cheese combinations for you to select.

Free 306701-01 4/12 12:00pm-1:30pm F

LIVE TO LINE DANCE

(Ages 15 & up) Now is your chance to learn and dance the evening away. Mike will instruct us through all the dances and then it is up to you to show off your moves. We will supply bottled water. 306703-01 \$20 4/19 6:30pm-9:00pm

FAMILY PAINT NIGHT

(Ages 3 & up) What a great way to spend an evening as Bluemont is offering an enjoyable family night of painting. Children and parents will have the opportunity to create a perfect summer painting. Children must be accompanied by a painting adult.

306708-01	\$15	F	5/17	6:30pm-8:00pm

SENIOR

TECH ASSISTANCE TUESDAYS

(Ages 55 & up) Need a hand with technology? Drop in at Bluemont Community Center's Tech Assistance Tuesdays! Mr. Brandon is ready to provide support for those specific tech hurdles you might be facing. Whether it's a question about your new phone, email setup, or another tech issue, this is your go-to spot for friendly, personalized help.

306601-01 Free Tu 3/12-4/16 8:00am-9:00am



Online Registration for Spring Programs starts Thursday, February 8 at 6:30am



Registration for Senior Trips starts online and in-person Wednesday, February 7 at 9:00am loudoun.gov/PRCSconnect



DOUGLASS COMMUNITY CENTER

407 East Market Street, Leesburg, VA 20176 703-771-5913 • loudoun.gov/douglasscc Monday-Friday 8:30am-10:00pm • Saturday 8:00am-4:00pm Closed for Memorial Day, 5/27 facebook.com/DouglassCommunityCenter

PRESCHOOL AGE

PRESCHOOL PROGRAM

(Ages 3-5) Douglass Community Center offers quality early childhood programs. Our licensed professionals provide a safe, healthy learning environment that promotes social, physical, and intellectual growth of children that follows the STREAMin3 curriculum. Preschool offers part time care for children during a ninemonth program from September-May. Class days and hours vary: please inquire with specific centers regarding availability and schedules.

MOON BOUNCE MONDAYS

(Ages 1.5-5) Mondays are all about the giggles and wiggles! Dive into the excitement with up to five bounce houses, stacking cups, and scooters. It's a morning of pure joy, creativity, and exploration for your little ones. Don't miss out on the fun because every bounce, stack, and scoot are a step towards a world of wonder - let the adventure begin!

M 3/4-5/20 10:00am-11:30am Free

BOUNCE-N-WIGGLE

(Ages 1.5-5) Get ready for a bouncing good time at Bounce and Wiggles! Our warm and inviting gym is the perfect place for your child to run, jump, and play to their heart's content. With tunnels to crawl through, play tents to hide in, a moon bounce to bounce on, and tons of colorful balls to toss around, your little one will never want to leave. And the best part? You get to join in on the fun too! This isn't a teacher-led class, so you can relax and watch your child(ren). Come bounce and wiggle with us today! \$3

Tu. Th. Sa 3/5-4/20 9:00am-10:30am

OREO COOKIE DAY

(Ages 1.5-3) Join the National Oreo Cookie Day craft class. Let your little ones explore creativity as they turn Oreo cookies into edible art. This hands-on experience promotes sensory play and fine motor skills in a delightful celebration. Come share the joy of crafting and savor the sweetness of National Oreo Cookie Day together! 304100-01 \$8 W 3/6 10:00am-11:00am

TOGETHER WE GROW

(Ages 3-5) This is an ongoing class that invites toddlers/pre-elementary ages along with their parent/guardian/caretaker. The classes are designed for all the little learners to enjoy the beauty of the arts and to allow them to be curious with the different art related styles. Art styles are creative and engaging for the budding little artist. Parent participation is required

304110-01	\$25	Th	3/7-3/28	10:15am-11:15am	
304110-02	\$25	Th	4/4-4/25	10:15am-11:15am	
304110-03	\$25	Th	5/2-5/23	10:15am-11:15am	

DOUGL ASS IMUNITY CEN

SPRING FLOWER FUN

(Ages 3-5) Join the celebration of National Plant Spring Flower Day! Dive into the beauty of the season by planting vibrant blossoms with our guided activity. Inspire a love for nature as you nurture your own little clay flowerpot, sowing seeds of joy and watching them bloom into a colorful springtime spectacle!

304104-01 \$10 3/12 10:00am-11:00am Tu

LUCKY GOLD HUNT

(Ages 1.5-3) Little ones are invited to explore a world of wonder as they search for shiny treasures. Join the excitement with age-appropriate activities, sparkly crafts, and a joyous hunt for golden surprises. This enchanting experience fosters curiosity, imagination, and the joy of discovery in our youngest adventurers. \$8 304101-01 F 3/15 10:00am-11:00am

BUNNIES, CHICKS, & DUCKS, OH MY

(Ages 2-3) This delightful class celebrates spring with adorable crafts. Children explore textures, colors, and shapes, crafting their own bunny, chick, and duck creations. Join us for a quack-tastic, chirp-worthy, and hoppy time! **304103-01** \$10 W 3/20 10:00am-11:00am

TINY HANDS ART ADVENTURES

(Ages 1.5-5) Unleash the magic of imagination as your tiny tots dip their fingers into a world of colors, textures, and boundless fun. This program is crafted to introduce the joy of creating through painting, molding clay, and crafting fostering early artistic expression that's as unique as each little artist.

	304107-01	\$6	F	3/22	11:00am-12:00pm
t	304107-02	\$6	F	4/26	11:00am-12:00pm
)	304107-03	\$6	F	5/24	11:00am-12:00pm

RAINBOW FUN

(Ages 2-3) Discover the magic of handprint rainbows and more exciting crafts. Unleash your creativity as you swirl, paint, and craft your way through a spectrum of fun. Join us for an unforgettable experience where every handprint tells a tale of vibrant joy!



GIGGLES & GARDENS

(Ages 2-4) You	r little one wi	II enjoy sense	ory play with s	eed sorting and playdough
garden creation	ns. Creative a	arts and craf	ts feature pape	er plate flowers and a col-
laborative gard	en collage.			
304105-01	\$8 [¯]	М	4/8	10:00am-11:00am

NATIONAL GRILLED CHEESE DAY

(Ages 4-6) Embark on a flavor adventure this National Grilled Cheese Day! Savor the gooey goodness of perfectly melted cheese sandwiched between golden, buttery bread. Dive into a world of culinary creativity while crafting your own cheesy masterpieces.

304102-01	\$10	F	4/12	12:30pm-2:00pm

DISCOVER & BUILD - TINY TOTS PLAYDATES

(Ages 1.5-5) Unleash your imagination and let the fun begin at this exclusive event! Dive into a world of creativity with our big blue blocks, where every child becomes an architect of their own play paradise. Watch as little hands stack and build, transforming the space into a vibrant wonderland!

304108-01	\$2	F	4/12	12:30pm-2:00pm
304108-02	\$2	F	4/19	12:30pm-2:00pm
304108-03	\$2	F	5/10	12:30pm-2:00pm
304108-04	\$2	F	5/17	12:30pm-2:00pm

SPLISH, SPLASH, RAINY CRAFTS

(Ages 3-5) Splash vibrant hues on umbrellas, creating your own portable masterpiece. Dive into a world of joy with crafts that celebrate the beauty of raindrops. Embrace the fun, rain, or shine! 11.00am 12.00

304136-01	\$10	IVI	4/15	11:00am-12:00pm

PUDDLE PICASSO PALS

(Ages 3-5) Young artists don rain boots to explore puddles, using water-based paints for creative expressions. The highlight is "pudding painting," where pudding becomes an edible canvas, blending sensory play with delicious creativity. From puddle-inspired paintings to collaborative chalk murals, every activity embraces the whimsy of rain. This unique class promises laughter, artistic exploration, and a delightful blend of outdoor play with tasty, messy fun.

304106-01	\$8	W	4/17	11:00am-12:00pm

MOMMY & ME DANISHES & COFFEE/JUICE

(All Ages) Join us for a heartwarming Mother's Day at our Mommy and Me Danish and Coffee event. Share sweet moments with your little ones over freshly baked Danishes and aromatic coffee. It's a delightful morning of love, laughter, and delectable treats. Create lasting memories on this special occasion. 304116-01 \$5 Su 5/12 9:30am-10:30am

ELEMENTARY AGE

KIDS IN THE KITCHEN MEATBALL DAY

(Ages 7-13) Get ready for a tasty adventure as Kids in the Kitchen celebrates National Meatball Day! In this fun culinary class, children become chefs, crafting delicious meatball subs from scratch. Guided by our instructor, young cooks learn basic kitchen skills, the joy of teamwork, and create their own flavorful masterpieces. Join us for a hands-on experience that blends learning and deliciousness, turning National Meatball Day into a memorable culinary celebration!

304202-01 \$20 Sa 3/9 2:00pm-5:00pm

NATIONAL POPCORN LOVERS DAY

(Ages 6-12) Embrace the crunch on National Popcorn Lovers Day! Join us for a popcorn-palooza, where kernels transform into delightful treats. From classic buttery goodness to creative flavors, savor the joy of this beloved snack while enjoying playing games in the Lounge, popping with fun and flavor for everyone! **304203-01** \$12 5:00pm-7:00pm Th 3/14

KIDS NIGHT IN, PARENTS NIGHT OUT

(Ages 6-13) An evening of fun and excitement for your children! With games, playground adventures, and creative crafts, your children are sure to have a blast. Please provide water bottles and snacks if desired, as dinner will be taken care of.

It's an opportunity for parents to enjoy a night out while the kids revel in a safe and

entertaining er	ivironment.			
304208-01	\$25	F	3/15	5:30pm-9:30pm
304208-02	\$25	F	4/19	5:30pm-9:30pm
304208-03	\$25	F	5/17	5:30pm-9:30pm

HAPPY CAMPER NO SCHOOL CAMP

(Ages 6-13) Happy Camper No School Camp offers gym time and fun games for an active break. Bring your packed lunch and water bottles to stay refreshed. Our experienced counselors lead team building challenges and arts and crafts, making Happy Camper the perfect choice to have fun and make new friends.

304205-01	\$150	M-F	3/25-3/29	7:30am-6:00pm
304205-02	\$30	F	4/5	7:30am-6:00pm
304205-03	\$30	W	4/10	7:30am-6:00pm

KIDS IN THE KITCHEN PEACH COBBLER DAY

(Ages 7-13) Brace yourselves for a flavorful escapade as Kids in the Kitchen joyously observes National Peach Cobbler Day! In this delightful culinary class, young participants will step into the shoes of chefs, creating scrumptious peach cobblers entirely from scratch. 11.20am_2.30nm 1/10

304206-01	\$20	Sa	4/13	11:30am-2:30pm

NATURE CLASS

(Ages 6-12) Welcome to Nature Class, where the wonders of the great outdoors come to life in two captivating sessions that will leave you inspired and connected to the world around you! Join us for an immersive journey into the heart of your local ecosystems, as we unravel the secrets of nature. From fluttering butterflies to towering trees, each session promises a deep dive into the diverse and fascinating life that thrives right in our own backyard.

EARTH DAY FUN

TEEN LOUNGE

(Ages 6-10) Engage in recycled art projects, create Earth-themed bracelets, and plant seeds to nurture environmental awareness. Play Earth Day Bingo and participate in a recycling relay race for hands-on learning.

304204-01 \$12 М 4/22 5:00pm-6:30pm

TEEN

(Ages 12-17) Join your friends in the Douglass Community Center Lounge, where an array of activities awaits. Immerse yourself in thrilling games, engage in computer play, catch the latest movies, indulge in various entertainment options, and more. This is the perfect opportunity to gather and enjoy a fun hangout experience. Don't miss out on the excitement!

M-Th 3/1-5/31 5:00pm-9:00pm Free

YOUTH FUTSAL DROP-IN

(Ages 13-18) Ready to kick it with your crew and show off your mad skills? Look no further – our Teen Futsal Drop-In Play is where the action is! Connect with other ballers who share your love for the game. Make new friends, vibe with your teammates, and celebrate epic goals and sweet moves together! During and/or after drop-in, be sure to check out the Teen Lounge. Please note: There is no organized individual or group training, instruction or coaching permitted during designated youth drop-in times.

3/1-5/31 6:00pm-8:00pm

YOUTH SPORTS DROP-IN

\$1

\$1

(Ages 11-18) Grab your sneakers, round up your friends and join us for basketball, volleyball, and/or the latest sensation, pickleball, your choice! Bond with friends, make new pals, and let's sweat it out together! During and/or after drop-in, be sure to check out the Teen Lounge. Please note: There is no organized individual or group training, instruction or coaching permitted during designated youth dropin times. \$1

M, W	3/4-5/29	4:00pm-6:30pm	
Tu, Th	3/5-5/30	4:00pm-5:30pm	

CRICUT CREATIONS - ST. PATRICK'S DAY T-SHIRTS

(Ages 13-18)	St. Patrick's Da	ıy is just arouı	nd the corner! Jo	in us to craft personalized
T-shirts using	our Cricut mad	chines. Pick y	our design, selec	t your favorite colors, and
witness your o	creation come	to life. Light s	nacks and refree	shments will be provided.
304305-01	\$10	W	3/13	5:00pm-6:30pm

CRICUT CREATIONS - HOPPING BOUQUET

(Ages 13-18) Unleash your creativity to craft a distinctive masterpiece to bring the essence of spring home with you. This hands-on experience allows participants to showcase their artistic flair while reveling in the beauty of the season through be provided.

(Ages 55 & up) Dive into the strategic world of bridge with Open Bridge Play! This session offers a unique opportunity for card game enthusiasts to engage in unstructured play. No formal instruction will be provided, so participants are encour-aged to bring their knowledge of the game. Join fellow enthusiasts for a dynamic and social atmosphere, where the cards are dealt, and the strategic brilliance of bridge takes center stage. It's open playtime to shuffle, deal, and enjoy the game. \$10 3/27 structured play. No formal instruction will be provided, so participants are encour-5:00pm-6:30pm 304515-01 \$3 W 3/13 10:30am-12:30pm 4/24 304515-02 \$3 W 10:30am-12:30pm \$3 5/15 304515-03 W 10:30am-12:30pm

a unique and charming paper floral creation. Light snacks and refreshments will 304306-01 **CRICUT CREATIONS - MOTHER'S DAY CARDS** (Ages 13-18) Prepare for Mother's Day! Come and join us in the delightful activity of crafting personalized Mother's Day cards, where you can infuse your creativity into each design, and add heartfelt messages and those extra special touches to make each card uniquely yours. Light snacks and refreshments will be provided. \$8 304307-01 W 5/8 5:00pm-6:30pm

ADULT

BASKETBALL DROP-IN

(Ages 18	3 & up) Get ready to ele	vate your soci	al life and stay in! Join	us in our newly
renovate	ed, full-size gymnasiun	n for some ex	khilarating basketball.	Come on over
and let t	he games begin.		•	
\$2	M W	3/1-5/20	7.30nm-10.00nm	

3/4-5/29 7:30pm-10:00pm

ADULT FUTSAL DROP-IN

(Ages 18 & up) Kick it Up a Notch! Join Our Adult Futsal Drop-In. Grab your sneał ers, round up your friends, and head to Douglass Community Center on Frida evenings for an exciting drop-in futsal experience. Come kick away the worries the day and let loose on the futsal court.

\$2 F 3/1-5/31 8:00pm-10:00pm

PICKLEBALL DROP-IN

(Ages 18 & up) Experience the newest craze in the game world - Pickleball! Gath your friends or make new buddies and head over to our newly renovated, full-siz gymnasium. Engage in some friendly yet intense matches of Pickleball and discov er why it's taking the sports scene by storm.

\$2	Sa	3/2-5/25	1:00pm-3:30pm
\$2	M, W, F	3/4-5/31	8:00am-10:30am
\$2	Tu	3/5-5/28	12:0pm-2:30pm

SENIOR

SENIOR SERVE & SOCIALIZE SPOT

(Ages 55 & up) The Senior Serve and Socialize Spot is a cozy space designed for seniors to relax and socialize after a game of pickleball. With comfortable seating, a selection of beverages, and a friendly atmosphere, this spot is perfect for seniors to unwind and connect with others. Whether you're catching up on the latest news or simply enjoying each other's company, the Senior Serve and Socialize Spot provides a welcoming environment to build connections and make new friends. M, W, F 3/4-5/31 10:30am-12:30pm 304600-01 Free

CHAIR YOGA

(Ages 55 & up) Discover tranquility with Chair Yoga! Join our soothing class, perfect for all fitness levels. Seated poses and gentle stretches enhance flexibility and relaxation. Experience the rejuvenating benefits without leaving your chair. Immerse yourself in a mindful journey that promotes wellness, flexibility, and a sense of calm. Elevate your well-being with Chair Yoga today.

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304514-01	\$5	M, F	3/4-3/29	10:30am-11:30a
304514-02	\$5	M, F	4/1-4/29	10:30am-11:30a
304514-03	\$5	M, F	5/3-5/31	10:30am-11:30a

CENTER

FREEDOM ART

(Ages 55 & up) This course emphasizes the exploration of various tools and artistic mediums for unrestricted artistic expression. Participants receive guidance but are encouraged to create based on their personal inspiration. No prior experience is required, and we embrace a free-flowing approach to the creative process. **304510-01** \$20 Th 3/7-3/28 11:30am-12:15pm 4/4-4/25 11:30am-12:15pm

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304510-01	\$20	Th	3/7-3/28	11:30am-12:15pm
304510-02	\$20	Th	4/4-4/25	11:30am-12:15pm
304510-03	\$20	Th	5/2-5/23	11:30am-12:15pm

BRIDGE OPEN PLAY

MULTIAGE

BEGINNER PICKLEBALL

(Ages 18 & up) Get ready to discover the joy of pickleball, a sport that combines the best elements of tennis, badminton, and ping pong. Our expert instructors will guide you through the basics, ensuring that every session is filled with laughter, learning, and a whole lot of energy

	icanning, and a		chergy.		
	304501-01	\$15	Tu	3/5	2:30pm-3:30pm
	304501-02	\$15	Tu	3/12	2:30pm-3:30pm
	304501-03	\$15	Tu	3/19	2:30pm-3:30pm
ak-	304501-04	\$15	Tu	3/26	2:30pm-3:30pm
day	304501-05	\$15	Tu	4/2	2:30pm-3:30pm
s of	304501-06	\$15	Tu	4/9	2:30pm-3:30pm
	304501-07	\$15	Tu	4/16	2:30pm-3:30pm
	304501-08	\$15	Tu	4/23	2:30pm-3:30pm
	304501-09	\$15	Tu	4/30	2:30pm-3:30pm
	304501-10	\$15	Tu	5/7	2:30pm-3:30pm
her	304501-11	\$15	Tu	5/14	2:30pm-3:30pm
ize	304501-12	\$15	Tu	5/21	2:30pm-3:30pm
0V-	304501-13	\$15	Tu	5/28	2:30pm-3:30pm

DCC BOOK CLUB

(Ages 16 & up) Dive into a world of literary wonders at the DCC Book Club! This program is not just about reading; it's about forging connections, exploring diverse perspectives, and celebrating the magic of storytelling. Join fellow book enthusiasts in a cozy and welcoming space where the pages come alive with discussions that go beyond the plot. Whether you're a seasoned reader or just starting your literary journey, this club is your passport to a community that values the art of words. 304506-01 Free W 3/6-5/29 2:00pm-3:00pm



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INTERMEDIATE PICKLEBALL

(Ages 18 & up) Get ready to elevate your game to new heights with our Intermediate Pickleball Program. Whether you're a seasoned player or just getting the hang of the game, our program is designed to take your skills to the next level. From precision shots to strategic gamenlay, we've got you covered

precision snot	s to strategic g	gamepiay, we	ve got you cov	rered.
304502-01	\$15	Th	3/7	2:30pm-3:30pm
304502-02	\$15	Th	3/14	2:30pm-3:30pm
304502-03	\$15	Th	3/21	2:30pm-3:30pm
304502-04	\$15	Th	3/28	2:30pm-3:30pm
304502-05	\$15	Th	4/4	2:30pm-3:30pm
304502-06	\$15	Th	4/11	2:30pm-3:30pm
304502-07	\$15	Th	4/18	2:30pm-3:30pm
304502-08	\$15	Th	4/25	2:30pm-3:30pm
304502-09	\$15	Th	5/2	2:30pm-3:30pm
304502-10	\$15	Th	5/9	2:30pm-3:30pm
304502-11	\$15	Th	5/16	2:30pm-3:30pm
304502-12	\$15	Th	5/23	2:30pm-3:30pm
304502-13	\$15	Th	5/30	2:30pm-3:30pm

PLAYGROUND CHRONICLES: A JOURNEY THROUGH BLACK HISTORY

(All Ages) Embark on an extraordinary adventure that transcends age boundaries! Our 45-minute classes are designed for all ages, inviting you to discover the rich tapestry of Black history interwoven into the very fabric of our playground. Unleash the spirit of exploration as we delve into the stories behind each playground piece. Every element carries a unique tale, connecting us to the remarkable individuals who have shaped Black history. Get ready to swing through time and slide into the past!

Free M 4/22-5/20 11:45am-12:30pm



LOUDOUN VALLEY COMMUNITY CENTER

320 West School Street Purcellville, VA 20132 571-367-8444 ● loudoun.gov/loudounvalleycc Monday-Thursday 7:00am-9:00pm ● Friday 7:00am-6:00pm Saturday 8:00am-4:00pm Closed for Memorial Day, 5/27 facebook.com/LoudounValleyCC

LICENSED PROGRAMS

CHILD CARE

(Ages 3-5) Loudoun County Parks, Recreation and Community Services currently offers quality early childhood programs. Our licensed professionals provide a safe, healthy learning environment that promotes social, physical, and intellectual growth of children that follows the STREAMin3 curriculum. Childcare is offered at select locations and provides full-time care for children from 7:00am-6:00pm five days a week.

PRESCHOOL

(Ages 2.5-5) Loudoun County Parks, Recreation and Community Services currently offers quality early childhood programs. Our licensed professionals provide a safe, healthy learning environment that promotes social, physical, and intellectual growth of children that follows the STREAMin3 curriculum. Preschool offers parttime care for children during a nine-month program from September-May. Class days and hours vary; please inquire with specific centers regarding availability and schedules.

SUMMER CAMPS

Your summer camp line up is at School Street! Go to loudoun.gov/PRCSconnect in late February for camp information. Plan your camp schedule early. Registration begins in March.

TODDLER & PARENT

MY TODDLER & ME

(Ages 1.25-3) Join us for a fun toddler plus adult experience! Children will be practicing early preschool skills such as coming together for circle time, singing together, sitting, and engaging in age-appropriate books. We will work on sharing and an art project. Toddlers will get a feel for their first preschool experience! A caregiver must attend class with their toddler. Instructor: Veronica

301115-01	\$23	Th	3/7-3/21	9:30am–10:15am
301115-02	\$23	Th	3/7-3/21	10:45am–11:30am
301115-03	\$30	Th	4/4-4/25	9:30am–10:15am
301115-04	\$30	Th	4/4-4/25	10:45am–11:30am
301115-05	\$38	Th	5/2-5/30	9:30am–10:15am
301115-06	\$38	Th	5/2-5/30	10:45am–11:30am

PRESCHOOL AGE

BUDDING SCIENTISTS

(Ages 4-5) Open your mind and explore the exciting world of science! Children will use their inquisitive minds as they take part in hands-on experiments to make observations, gather information, and guess what will happen while they learn basic scientific principles. Bring a lunch and water bottle to class. Monday and Friday classes have the same content, do not sign up for both days. Instructor: Erin

301104-01	\$60	F	3/1-3/22	12:15pm–1:45pm
301104-02	\$45	М	3/4-3/18	12:15pm-1:45pm
301104-03	\$75	М	4/1-4/29	12:15pm-1:45pm
301104-04	\$60	F	4/5-4/26	12:15pm-1:45pm
301104-05	\$60	F	5/3-5/24	12:15pm-1:45pm
301104-06	\$45	М	5/6-5/20	12:15pm-1:45pm

STAY & PLAY

(Ages 3-5) Get ready to have lots of fun with your preschool friends.

Outdoor time and indoor games and play! Bring a lunch and a water bottle to class. Instructor: Tiffany

301101-01	\$45	М	3/4-3/18	12:15pm-1:45pm
301101-02	\$75	Μ	4/1-4/29	12:15pm-1:45pm
301101-03	\$45	М	5/6-5/20	12:15pm-1:45pm

WALT'S FAVORITE STORIES

(Ages 3-5) Join Ms. Elizabeth for the classic children's stories you know and love! Uncle Walt's favorites include animal adventures, princesses and kingdoms, and many other interesting characters. Plan on enjoying games, crafts, songs, and some outdoor play too. Bring a lunch and a water bottle to class. Instructor: Elizabeth and Angela

\$30	Tu	3/12-3/19	12:15pm-1:45pm
\$75	Tu	4/2-4/30	12:15pm-1:45pm
\$45	Tu	5/7-5/21	12:15pm-1:45pm
	\$75	\$75 Tu	\$75 Tu 4/2-4/30

PRESCHOOL SPORTS CLUB

(Ages 3.5-5) Looking to stay active and learn a new sport? Join the Preschool Sports Club and learn the basics of a variety of sports, including baseball/softball, soccer, hockey, basketball and more! Students will learn everything they need to know to wow the crowd on the first day of practice. No classes: Spring Break March 25–29. Instructor: Daniel

301108-01 \$75 Tu 3/12-4/16 12:15pm-1:45pm

KALEIDOSCOPE

(Ages 3.5-5) Expand your child's day in the enchanting world of kaleidoscope! You will explore the world of books, engage in various activities that provide literacy enrichment. Kaleidoscope embraces the treasures of literature that will guide and support your child's creative literacy development. Bring a lunch and water bottle

to class. Instructor: Elizabeth and Angela					
301105-01	\$45	W	3/6-3/20	12:15pm-1:45pm	
301105-02	\$60	W	4/3-4/24	12:15pm-1:45pm	
301105-03	\$60	W	5/1-5/22	12:15pm-1:45pm	

WEDNESDAY LUNCH CLUB

(Ages 3.5-5) Extend your child's preschool day with a fun stopover with friends in Lunch Bunch! Lots of outdoor play and time. Bring a lunch and water bottle to class. Instructor: Veronica

301111-01	\$45	W	3/6-3/20	12:15pm-1:45p
301111-02	\$60	W	4/3-4/24	12:15pm-1:45p
301111-03	\$60	W	5/1-5/22	12:15pm-1:45p

PRESCHOOL PLAY TIME

(Ages 4-5) Grab your friends and bring your lunch while you stay after preschool and have a fun time playing games, being creative and playing outdoors. Bring lunch and a water bottle to class. Instructor: Tiffany

\$45	Th	3/7-3/21	12:15pm-1:45p
\$60	Th	4/4-4/25	12:15pm-1:45p
\$60	Th	5/2-5/23	12:15pm-1:45p
	\$60	\$60 Th	\$60 Th 4/4-4/25

BUDDING ARTIST

(Ages 4-5) Calling all little artists to explore different art mediums and some cool techniques. Create art projects with paint, paper collage, air drying clay, and more! Each month we will focus on a different theme, animals, landscapes, still-life's, holidays, and more! We will dive into one big project over the course of a few classes. Bring lunch and water bottle to class. Instructor: Molly

301103-01	\$60	F	3/1-3/22	12:15pm-1:45p
301103-02	\$60	F	4/5-4/26	12:15pm-1:45p
301103-03	\$60	F	5/3-5/24	12:15pm-1:45p

AMERICAN GIRL DOLL DAYS

(Ages 3.5-5) Join in this American Girl Doll Adventure for a 3-part series! Travel through time with historical dolls, explore "Lanie" who loves the outdoors along with other dolls who are her friends. Let's play games and make some crafts for our dolls! Bring your doll along for the adventure and have a great time American Girl Doll style! Instructor: Elizabeth L

301113-01	\$45 T	ĥ ·	4/18-5/2	12:15pm-1:45
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MULTIAGE

PARENTS NIGHT OUT

(Ages 4-10) Parents, enjoy a night out on the town while your children enjoy a movie, fun games, crafts, activities, and pizza dinner!

movie, iun gam	ico, ciaito, ac	uviues, anu	pizza uniner:	
301205-01	\$20	F	3/15	6:00pm-9:00p
301205-02	\$20	F	4/12	6:00pm-9:00p
301205-03	\$20	F	5/17	6:00pm-9:00p

ALADDIN-MUSICAL THEATRE SPRING BREAK CAMP

(Ages 7-16) Aladdin Theatre Drama Camp! Actors will have fun acting in this fun Drama Theatre camp. Come prepared to rehearse and perform the Aladdin Production! Actors will also get to create and explore set design, costumes, lighting and sound. A wonderful play showcase will be presented at the end of camp. We provide professional high quality arts education classes in a fun and positive atmosphere. Students should pack a lunch, snack and water bottle. This is a great camp for those interested in our Musical Theatre Troupe and SoHo Theatre program that starts in the Fall 2024! This camp is for all levels including beginner to advanced. For information contact Heather Orr at sohoperformingarts@gmail.com **301212-01** \$330 M-F 3/25-3/29 9:00am-3:30pm

DROP-IN BASKETBALL

Drop in for pickup basketball with other community players. Maximum of 8 players per session. Center is closed at 6:00pm on Fridays. Call for a detailed schedule in the evenings. \$1 ages 3-17 years

\$2 ages 18 & up

HEALTH & FITNESS

FITNESS CENTER :45pm :45pm (Ages 16 & up) Come in and work out. Get back in shape or just tone up! New state-of-the-art fitness equipment. Daily Admission: Adults (Ages 18-54)..... Seniors (55 & up)..... . \$3 . \$2 Students (16-24 with ID) \$2 5nm Monthly Pass: Adults (Ages 18-54)..... Monthly Pass: . \$30 ōpm Seniors (55 & up)..... . \$20 ōpm Students (16-24 with ID) \$20 6 Month Pass: Adults (Ages 18-54)..... Seniors (55 & up)..... . \$150 . \$100 Students (16-24 with ID) \$100 5pm Annual Pass: 5pm Adults (Ages 18-54) \$275 ōpm Students (16-24 with ID) \$150 SENIOR EXERCISE PASS (Ages 55 & up) This pass allows for unlimited punch card fitness classes for one vear at Loudoun Valley Community Center, Call for more details. \$300 for 1 year. 5nm BOOT CAMP 5nm (Ages 15 & up) A challenging program that focuses on improving your cardiovasōpm cular stamina and increasing your muscle tone and strength, while decreasing your body fat and changing your body composition. The program focuses on overall core strength and stability, as well as resistance and cardiovascular training. Every week is different! Every month is different! Join the Boot Camp team by enrolling in one of our monthly pass options. Passes expire at the end of each month. M, W, F 8:00am-9:00pm. Instructor: Fitness Image Results. 4 Visits \$57 5nm 10 Visits \$121 Unlimited.....\$132 Unlimited for 2.....\$220 Unlimited Family \$227 Drop-In......\$16 TAI CHI (Ages 16 & up) Tai Chi is a martial art that teaches strength, balance, relaxation,)ոՠ flexibility, and mind-body unification involving a sequence of deliberate move-Jpm ments. No Class 7/4.)nm Advanced 3/12-5/2 301198-01 \$110 Tu, Th 9:00am-10:00am 301198-03 \$110 Tu, Th 5/21-7/9 9:00am-10:00am Intermediate 301198-02 3/12-5/2 \$110 Tu, Th 10:00am-11:00am 301198-04 5/21-7/9 \$110 Tu, Th 10:00am-11:00am Beginner 301198-05 \$110 Tu. Th 3/12-5/2 11:00am-12:00pm 301198-06 \$110 Tu, Th 5/21-7/9 11:00am-12:00am PERSONAL TRAINING (Ages 16 & up) LVCC offers personal training! Contact "Fitness Image Results" at Jeff@fitnessimageresults.com or 571-437-4350 to set up your appointment with our Certified Personal Trainer, Jeff Strahan. Free 45 min session with your membership. . \$199 Program Development Package 1 Session \$120 8 Sessions......\$720

12 Sessions......\$960

PUNCH CARD FITNESS

(Ages 16 & up) Join us at LVCC for any of the 6 PUNCH CARD fitness classes. Purchase your card at LVCC or on-line for \$100 for 15 classes. If purchased online, you must activate your card at LVCC. You may pay a \$9 Drop-in Fee as another option for any of the PUNCH CARD fitness classes at LVCC.

SUPER 650

This punch card class that consists of a full-body workout that rapidly changes the shape of your body through a dynamic combination of strengthening and stretching of all 650 muscles in a single workout. The technique develops lean, strong and flexible muscles with immediate changes to your posture. This program rebalances the body, prevents and treats injuries and unlocks tight joints. This equipment-free workout leaves you feeling energized, youthful and healthy! Class is done in socks or bare feet and is appropriate for all fitness levels and genders. Punch Card Pass Μ 9:00am-9:45am Th Punch Card Pass 10:15am-11:00am

YOGA

This punch card class is a mixed level vinyasa flow style yoga class for beginner to advanced students. We will incorporate cardio, strength, balance, flexibility, and meditation in a small class environment. Join us to transform your body and mind! Punch Card Pass Th 8:00am-9:00am

ZUMBA

ZUMBA fuses hypnotic Latin and International rhythms with easy-to-follow moves to create a one-of-a-kind fitness program. It is an exciting hour of calorie-burning. body-energizing and inspiring movements designed to engage and motivate. All fitness levels welcome.

Punch Card Pass W. F 10:00am-11:00am



LOVETTSVILLE COMMUNITY CENTER

57 E. Broad Way, Lovettsville, VA 20180 540-822-5284 • loudoun.gov/lovettsvillecc Monday-Thursday 7:00am-8:00pm • Friday 7:00am-6:00pm Saturday 8:00am-4:00pm Closed for Memorial Day, 5/27 facebook.com/LovettsvilleCC

Please call center or visit loudoun.gov/lovettsvillecc for the most up to date drop-in gym schedule.

CHILD CARE

(Ages 3-5) Loudoun County Parks, Recreation and Community Services currently offers quality early childhood programs. Our licensed professionals provide a safe, healthy learning environment that promotes social, physical, and intellectual growth of children that follows the STREAMin3 curriculum. Childcare is offered at select locations and provides full-time care for children from 7:00am-6:00pm five days a week.

PRESCHOOL

Page 12

(Ages 3-5) Loudoun County Parks, Recreation and Community Services currently offers quality early childhood programs. Our licensed professionals provide a

safe, healthy learning environment that promotes social, physical, and intellectual growth of children that follows the STREAMin3 curriculum. Preschool offers parttime care for children during a nine-month program from September-May. Class days and hours vary; please inquire with specific centers regarding availability and schedules

PRESCHOOL AGE

Please pack a nut-free lunch for all 3-5 year old weekday programs

GAME CLUB

(Ages 3-5) Learn and play games with your friends! We will play Bingo, Barrel of Monkeys, memory games....and of course there will be LEGOS for the creative builders.

302111-01	\$15	F	3/1	11:30am-1:00pm
302111-02	\$15	F	4/5	11:30am-1:00pm
302111-03	\$15	F	5/3	11:30am-1:00pm

LIL GYMNASTICS

(Ages 3-5) This fun and exciting class will teach your preschool-aged child basic gymnastics and tumbling skills! This program is designed for beginners and will introduce essential and fundamentals of gymnastics.

302130-01	\$30	Sa	3/2-3/16	9:30am-10:30am
302130-02	\$30	Sa	4/6-4/20	9:30am-10:30am
302130-03	\$20	Sa	5/4-5/11	9:30am-10:30am

OCEAN EXPLORERS

(Ages 3-5) Take a dive in the deep blue sea! Children will explore different sea creatures, learn about their wet habitat, and complete a craft to take home.

302110-01	\$15	М	3/4	11:30am-1:00pm
302110-02	\$15	М	4/8	11:30am-1:00pm
302110-03	\$15	М	5/6	11:30am-1:00pm

TUMBLE TOTS

(Ages 2-3) Let's get ready to tumble! This class is for children and their guardians to explore different activities using various pieces of gymnastics equipment. There will be a chance for your little one to tumble, climb and play. Guardian participation is required.

302126-01	\$15	Tu	3/5-3/19	10:15am-10:45am
302126-02	\$20	Tu	4/2-4/30	10:15am-10:45am
302126-03	\$15	Tu	5/7-5/21	10:15am-10:45am
302126-04	\$15	Th	3/7-3/21	10:15am-10:45am
302126-05	\$20	Th	4/4-4/25	10:15am-10:45am
302126-06	\$15	Th	5/9-5/23	10:15am-10:45am

PINT-SIZED TUMBLING

(Ages 3-5) Lets get ready to TUMBLE! This class is a basic introduction to gymnastics tumbling skills. There will be a chance to tumble, climb and play!

			, -	
302148-01	\$15	Tu	3/5	11:30am-1:00pm
302148-02	\$15	Tu	4/9	11:30am-1:00pm
302148-03	\$15	Tu	5/7	11:30am-1:00pm

LIL BUSY BEES

(Ages 6 months-2) Bring your little one and make memories! Enjoy story time, songs, circle time, and more! Parent participation required. Fee is per child and parents are free.

302108-01 302108-02 302108-03 302108-04 302108-05	\$15 \$15 \$15 \$15 \$15 \$15	F F F F	3/1 3/15 4/12 4/26 5/3	8:45am-9:45am 8:45am-9:45am 8:45am-9:45am 8:45am-9:45am 8:45am-9:45am
302108-05	\$15	F	5/3	8:45am-9:45am
302108-06	\$15	F	5/17	8:45am-9:45am

W

LUNCH BUDDIES

302100-02

(Ages 3-5) Play and have lunch with friends! 302100-01 \$15 W 3/6

\$15

General Registration Begins February 8

4/3

11:30am-1:00pm

11:30am-1:00pm

TWOS & THREE	\$			-	302109-03	\$15	W	5/15	11:30am-1:00pm
		nd socializati	on! This program	is designed for chil-	TOUGH TIKES				
dren to attend w	thout a parent.	Children do	not need to be po	otty-trained; however,	(Ages 3-5) Tougl				or kids! Each class has
staff members a forget to pack a			diapers or clear	n up accidents. Don't		ercises, easy to	o follow fur	n fitness activitie	s and then a sport style
302102-01	s100	Tu, Th	3/7-3/21	8:30am-10:00am	game. 302160-01	\$15	Th	3/21	11:30am-1:00pm
302102-02	\$180	Tu, Th	4/2-4/30	8:30am-10:00am	302160-02	\$15	Th	4/18	11:30am-1:00pm
302102-03	\$180	Tu, Th	5/2-5/30	8:30am-10:00am	302160-03	\$15	Th	5/16	11:30am-1:00pm
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302167-01	\$15	Th	3/7-3/21	9:30am-10:00am					
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302113-03	\$15	Th	5/2	11:30am-1:00pm	and crafts projec	:t.	-		-
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				/iggle Wormz classes	302103-01	\$15	F	3/22	11:30am-1:00pm
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		nd socializati	on! This program	is designed for chil-	TOUGH TIKES				
dren to attend wi	thout a parent.	Children do	not need to be po	otty-trained; however,					for kids! Each class has
			diapers or clear	up accidents. Don't		ercises, easy	to follow fur	n fitness activitie	es and then a sport style
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gymnastics activ	ities. Parents s				302103-03	\$15	F	5/17	11:30am-1:00pm
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PI DAY						-ull-l	Jay a	$\frac{1}{2}$	Day
	ΨιΟ	**	0,0	i noouni noopin				4 10	D
302105-02 302105-03	\$15 \$15	W	4/24 5/8	11:30am-1:00pm				-	ALL .
302105-01 302105-02	\$15 \$15	W	3/13 4/24	11:30am-1:00pm				1	in the l
piease send you 302105-01	r children in \$15	sneakers an W	d clothing that is a 3/13	asy to move in. 11:30am-1:00pm		AMP			
				with lots of running so		AMP	s A	1	200
Ages 3-5) Deve	lop kicking, r	unning, thro	wing and good sp	ortsmanship in this fun	50	Terrore	ik j	- IN	8 8
SPORTIES 4 SHO					SU	MME	D		
	007150					KC.S		30	
302106-03	\$18	М	5/13	11:30am-1:00pm		PRCS		A martine &	Sec. 9
302106-02	\$18	М	4/15	11:30am-1:00pm					the Contract
802106-01	\$18	М	3/11	11:30am-1:00pm	100	2024		- 00 P	
one's taste buds									
	no secret, kie	ds love to co	ok! Chef Christine	e will cater to your tiny				A	
LITTLE CHEFS					302128-01	CIΦ	1[]	4/11	11:30am-1:00pm
302117-03	\$15	F	5/10	11:30am-1:00pm	elephants! 302128-01	\$15	Th	4/11	11.20am 1.00pm
302117-02	\$15 \$15	F	4/12	11:30am-1:00pm		National Pet	Day! Explore	the world of va	arious pets from dogs to
802117-01	\$15 ¢15	F	3/8	11:30am-1:00pm	NATIONAL PET				
Ages 3-5) Come		•		11,000m 1.00mm	NATIONAL DET	DAV			
PLAY DAY			friandal		302107-02	\$15	W	5/22	11:30am-1:00pm
					302107-01	\$15	W	4/10 5/00	11:30am-1:00pm
802113-03	\$15	Th	5/2	11:30am-1:00pm	and crafts proje			4/10	
802113-02	\$15	Th	4/4	11:30am-1:00pm			d then get ci	eative by doing	a fun story-related arts
802113-01	\$15	Th	3/7	11:30am-1:00pm	STORYBOOK A				, , , , , , ,
			and whip up a tas						
BITE-SIZED BA					302129-01	\$15 [°]	Μ	4/1	11:30am-1:00pm
					will have a fun l	earning all al		nal and enjoy ma	aking a take home craft.
02167-03	\$20	Th	5/2-5/23	9:30am-10:00am		lore the ama	zing world o	f dinosaurs in t	his fun class! Your child
02167-02	\$20	Th	4/4-4/25	9:30am-10:00am	DINO-MITE!				
02167-01	\$15	Th	3/7-3/21	9:30am-10:00am	302100 00	ψισ	I	0/11	
			prepared for full in		302103-02	\$15 \$15	F	4/20 5/17	11:30am-1:00pm
				Wiggle Wormz classes s motor skills and early	302103-01 302103-02	\$15 \$15	F F	3/22 4/26	11:30am-1:00pm 11:30am-1:00pm
				iver to move about and	(Ages 3-5) Com 302103-01				
VIGGLE WORM		r lofanta '	o porcet or	warta maya abaytara l	BOOK WORMZ	o join the f		ro the are!	world of backet
	-								
02102-03	\$180	Tu, Th	5/2-5/30	8:30am-10:00am	302160-03	\$15	Th	5/16	11:30am-1:00pm
02102-01	\$180	Tu, Th	4/2-4/30	8:30am-10:00am	302160-02	\$15	Th	4/18	11:30am-1:00pm
602102-01	\$100	Tu, Th	3/7-3/21	8:30am-10:00am	302160-01	\$15	Th	3/21	11:30am-1:00pm
orget to pack a			igo diapers ur ule	սո սբ ստոտեուծ. Dun l	game.	נטוטוטדט, דמט			יס מחת נחסדו מ סטטוו סנצוש
				an up accidents. Don't					es and then a sport style
				m is designed for chil- potty-trained; however,	(Ages 3-5) Tour	nh Tikoe ie o	fitness class	designed just	for kids! Each class has
WOS & THREE				and a deat of the tar					
				· · · · · · · · · · · · · · · · · · ·	302109-03	\$15	W	5/15	11:30am-1:00pm
302100-03	\$15	W	5/1	11:30am-1:00pm	302109-02	\$15	W	4/17	11:30am-1:00pm

302167-01 302167-02 302167-03 BITE-SIZED BA (Ages 3-5) Com 302113-01 302113-02 302113-03 PLAY DAY (Ages 3-5) Com 302117-01 302117-02 302117-03 LITTLE CHEFS (Ages 3-5) It is one's taste buds 302106-01 302106-02 302106-03 SPORTIES 4 SH (Ages 3-5) Deve athletic class m please send you 302105-01 302105-02 302105-03 PI DAY (Ages 3-5) Cele 302116-01 SHAM-ROCKS (Ages 3-5) Com hunt and a story 302104-01 302104-02 302104-03 THINGS THAT M (Ages 3-5) This	le read your f \$15 \$15 \$15 \$15 he out and pla \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15	avorite story a Th Th Th Th with some F F ds love to coo o a treat to ta M M running, throw ids. This is a sneakers and W W W by baking a p Th t. Paddy's Da F riends for thi d much more M M M	3/8 4/12 5/10 ok! Chef Christin ke home. 3/11 4/15 5/13 ving and good sp very active class d clothing that is 3/13 4/24 5/8 oie with your frien 3/14 ay! There will be c 3/15 is fun and messy 3/18 4/29 5/20 us minds to explo	11:30am-1:00pm 11:30am-1:00pm 11:30am-1:00pm 11:30am-1:00pm 11:30am-1:00pm 11:30am-1:00pm 11:30am-1:00pm 11:30am-1:00pm 11:30am-1:00pm 11:30am-1:00pm 11:30am-1:00pm 11:30am-1:00pm 11:30am-1:00pm	and crafts proje 302107-01 302107-02 NATIONAL PET (Ages 3-5) It's elephants! 302128-01	y a story and story and st	d then get of W W Day! Explore Th Day Day aze cialt tive CS Cal vailable doun.g	4/1 reative by doing 4/10 5/22	t ips amp e os
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02167-01 02167-02	\$20				will have a fun l	earning all at	bout the anir		iking a take home craft.
802167-01	\$20	Th	5/2-5/23	9:30am-10:00am					nis fun class! Your child
	\$15	Th	4/4-4/25	9:30am-10:00am	DINO-MITE!				
ymnastics acti		Th	3/7-3/21	9:30am-10:00am					
	vities. Parent		repared for full in		302103-03	\$15	F	5/17	11:30am-1:00pm
				s motor skills and early	302103-02	\$15	F	4/26	11:30am-1:00pm
				Wiggle Wormz classes	302103-01	\$15	F	3/22	11:30am-1:00pm
		r infants and	a parent or carec	jiver to move about and		ie ioin the fur	h as we expl	ore the amazing	world of books!
VIGGLE WORM	17				BOOK WORMZ				
02102-03	\$180	Tu, Th	5/2-5/30	8:30am-10:00am	302160-03	\$15	Th	5/16	11:30am-1:00pm
302102-01 302102-02	\$180	Tu, Th	4/2-4/30	8:30am-10:00am	302160-01	\$15	Th	4/18	11:30am-1:00pm
019et to pack a 802102-01	\$100	ск. Tu, Th	3/7-3/21	8:30am-10:00am	game. 302160-01	\$15	Th	3/21	11:30am-1:00pm
orget to pack a			yo ulapers ur ule	απ υμ αυσιυσπιδ. DUΠ Ι	game.	voi visto, Eass	y to tollow lu	n nuncoo activitit	o and then a sport styl
				potty-trained; however, an up accidents. Don't					for kids! Each class haves and then a sport style
				am is designed for chil-	TOUGH TIKES	ab Tiliaa !-	fitness -l-	o doolanad had	for kidol Foch stars t
TWOS & THREE									
JUL I UU-UJ	\$15	vv	0/1	πιουαπ-πουμπ	302109-02	\$15 \$15	W	5/15	11:30am-1:00pm
302100-03		W	5/1	11:30am-1:00pm	302109-02	\$15	W	4/17	11:30am-1:00pm

302100-03	\$15	W	5/1	11:30am-1:00pm	302109-02	\$15	W	4/17	11:30am-1:00pm
502100-00	ψισ	**	0/1		302109-02	\$15 \$15	W	5/15	11:30am-1:00pm
TWOS & THREES	5					, -			
				is designed for chil-	TOUGH TIKES				
				otty-trained; however,					r kids! Each class has
			diapers or clear	up accidents. Don't		ercises, easy to	o follow fur	n fitness activities	and then a sport style
forget to pack a r 302102-01	1ut-free snack. \$100	Tu, Th	3/7-3/21	8:30am-10:00am	game. 302160-01	\$15	Th	3/21	11:30am-1:00pm
302102-01	\$100 \$180	Tu, Th	4/2-4/30	8:30am-10:00am	302160-01	\$15 \$15	Th	4/18	11:30am-1:00pm
302102-03	\$180	Tu, Th	5/2-5/30	8:30am-10:00am	302160-03	\$15	Th	5/16	11:30am-1:00pm
		,							· · ·
WIGGLE WORMZ					BOOK WORMZ				
				er to move about and	(Ages 3-5) Come				
				iggle Wormz classes notor skills and early	302103-01 302103-02	\$15 \$15	F F	3/22 4/26	11:30am-1:00pm 11:30am-1:00pm
gymnastics activi					302103-03	\$15	F	5/17	11:30am-1:00pm
302167-01	\$15	Th	3/7-3/21	9:30am-10:00am					
302167-02	\$20	Th	4/4-4/25	9:30am-10:00am	DINO-MITE!				
302167-03	\$20	Th	5/2-5/23	9:30am-10:00am					s fun class! Your child ing a take home craft.
BITE-SIZED BAK	ERS & BOOKS				302129-01	\$15	M	4/1	11:30am-1:00pm
(Ages 3-5) Come			d whip up a tasty	/ treat!	002120 01	ψισ		., .	rnooun noopm
302113-01	\$15	Th	3/7	11:30am-1:00pm	STORYBOOK AR				
302113-02 302113-03	\$15 \$15	Th Th	4/4 5/2	11:30am-1:00pm 11:30am-1:00pm			then get cr	eative by doing a	fun story-related arts
302113-03	\$15	111	5/2	11:30am-1:00pm	and crafts projec 302107-01	t. \$15	W	4/10	11:30am-1:00pm
PLAY DAY					302107-02	\$15 \$15	W	5/22	11:30am-1:00pm
(Ages 3-5) Come	out and play v	vith some fri	ends!						
302117-01	\$15	F	3/8	11:30am-1:00pm	NATIONAL PET D				
302117-02 302117-03	\$15 \$15	F F	4/12 5/10	11:30am-1:00pm 11:30am-1:00pm		ational Pet Da	ay! Explore	the world of vari	ous pets from dogs to
302117-03	φισ	Г	5/10	11.50am-1.00pm	elephants! 302128-01	\$15	Th	4/11	11:30am-1:00pm
LITTLE CHEFS					002120 01	φισ		יי די קד	
				will cater to your tiny	1			AL SAL	
one's taste buds				11,20om 1,00pm		0.04			
302106-01 302106-02	\$18 \$18	M M	3/11 4/15	11:30am-1:00pm 11:30am-1:00pm		024		-	
302106-03	\$18	M	5/13	11:30am-1:00pm		DCC	1	Carles	The state
					P	RCS		36	北部の
SPORTIES 4 SHO				terre en els la tiele form	SIL	MME	D		
				tsmanship in this fun ith lots of running so	30		r 🖓	- ANYS	Ann
please send your						AMPS		- 170F	THE WALL
302105-01	\$15	W	3/13	11:30am-1:00pm					ALC: IN
302105-02	\$15	W	4/24	11:30am-1:00pm			1	12	
302105-03	\$15	W	5/8	11:30am-1:00pm					
PI DAY					F	ull-D	av &	1/2	Dav
(Ages 3-5) Celeb	rate Pi Day by	baking a pie	with your friends	3!	1.000			/ -	
302116-01	\$15	Th	3/14	11:30am-1:00pm		Da	70 \$	k Fest	
SHAM-ROCKS						Da	ize c	x rest	
	celebrate St. F	Paddy's Davl	There will be cra	fts, a four-leaf clover		~		~	
hunt and a story.		addy o Day.				Spec	ialty	/ Cam	DS
302144-01	\$15	F	3/15	11:30am-1:00pm					
	,				Δ	danti	ive	Rec Ca	mn
MESSY MONDAY		nde for thie t	up and mosey o	lass to create slime,	~	uapu	IVC I	acc co	amp
bubbles, playdou			un anu messy c			DDC	C	Cuide	And and a state of the local division of the local division of the local division of the local division of the
302104-01	\$15	M	3/18	11:30am-1:00pm				np Guide	
302104-02	\$15	М	4/29	11:30am-1:00pm		Ava	ailable	Online	
302104-03	\$15	Μ	5/20	11:30am-1:00pm				ov/Camp	s
THINGS THAT M	OVF!					iouut		1996 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 -	and the second second
		d for curious	minds to explore	all things that move!		(Income)	start		国外部国
The world is in m	otion, full of liv	ing and nonl		move. Cars, animals,				bruary 10	
human bodies an	nd so much mo	re!				Printed Co	opies Avai	ilable Early Ma	rch (Basist)
302109-01	\$15	W	3/20	11:30am-1:00pm					
Register at I	oudoun.aa	v/PRCSc	onnect						Page 13

302109-01	\$15	W	3/20	11:30am-1:00pm	and the second se				
human bodies al	nd so much i	more!						ilable Early N	
(Ages 3-5) This o	class is desig			re all things that move! at move. Cars, animals,		Frid		bruary 1	6
THINGS THAT M	IOVE!					loud	loun.go	ov/Cam	ps reserves
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302104-02	\$15	M	4/29	11:30am-1:00pm		Δ,	vailable	Online	
302104-01	\$15	М	3/18	11:30am-1:00pm		PR	CS Car	np Guid	e 👘
pubbles, playdor	igh, paint an	d much mor	e!	ondoo to orodio onno,		00	CC C-	0.11	Provide State
MESSY MONDA' (Ages 3-5) Com		riends for th	is fun and messy	class to create slime,	~	uap	live	net t	amp
			0,10	r nooun noophi	Δ	dan	tive	Rec C	amn
302144-01	\$15	F	3/15	11:30am-1:00pm		ope	ciuit	Juli	
(Ages 3-5) Come hunt and a story		i. Paddy's Da	ay! There will be c	rafts, a four-leaf clover		Sne	cialty	y Cam	IDS
SHAM-ROCKS	a colobrata C	t Daddwa D	ovil Thoro will be a	rafte a four loof clover				1	
	φισ	111	5/14	ι ι συαπη ι συμπ		D	aze a	Fest	t
(Ages 3-5) Celet 302116-01	orate Pi Day I \$15	y baking a ı Th	pie with your frien 3/14	ds! 11:30am-1:00pm	1.00				
PI DAY						-ull-l	Jay a	$\frac{1}{2}$	Day
	ΨιΟ	**	0,0	i noouni noopin				4 10	D
302105-02 302105-03	\$15 \$15	W	4/24 5/8	11:30am-1:00pm				-	ALL .
302105-01 302105-02	\$15 \$15	W	3/13 4/24	11:30am-1:00pm				1	IT HAL
piease send you 302105-01	r children in \$15	sneakers an W	d clothing that is a 3/13	asy to move in. 11:30am-1:00pm		AMP			
				with lots of running so		AMP	s A	1	200
Ages 3-5) Deve	lop kicking, r	unning, thro	wing and good sp	ortsmanship in this fun	50	Terrore	ik j	- IN	8 8
SPORTIES 4 SHO			dan a d		SU	MME	D		
	007150					KC.S		30	
302106-03	\$18	М	5/13	11:30am-1:00pm		PRCS		A martine &	Sec. 9
302106-02	\$18	М	4/15	11:30am-1:00pm					the Contract
802106-01	\$18	М	3/11	11:30am-1:00pm	100	2024		- 00 P	
one's taste buds									
	no secret, kie	ds love to co	ok! Chef Christine	e will cater to your tiny				A	
LITTLE CHEFS					302128-01	CIΦ	1[]	4/11	11:30am-1:00pm
302117-03	\$15	F	5/10	11:30am-1:00pm	elephants! 302128-01	\$15	Th	4/11	11.20am 1.00pm
302117-02	\$15 \$15	F	4/12	11:30am-1:00pm		National Pet	Day! Explore	the world of va	arious pets from dogs to
802117-01	\$15 ¢15	F	3/8	11:30am-1:00pm	NATIONAL PET				
Ages 3-5) Come		•		11,000m 1.00mm	NATIONAL DET	DAV			
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					302107-01	\$15	W	4/10	11:30am-1:00pm
802113-03	\$15	Th	5/2	11:30am-1:00pm	and crafts proje			4/10	
802113-02	\$15	Th	4/4	11:30am-1:00pm			d then get ci	eative by doing	a fun story-related arts
802113-01	\$15	Th	3/7	11:30am-1:00pm	STORYBOOK A				, ,
			and whip up a tas						
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02167-03	\$20	Th	5/2-5/23	9:30am-10:00am		lore the ama	zing world o	f dinosaurs in t	his fun class! Your child
02167-02	\$20	Th	4/4-4/25	9:30am-10:00am	DINO-MITE!				
02167-01	\$15	Th	3/7-3/21	9:30am-10:00am	302100 00	ψισ	I	0/11	
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02102-01	\$180	Tu, Th	4/2-4/30	8:30am-10:00am	302160-02	\$15	Th	4/18	11:30am-1:00pm
602102-01	\$100	Tu, Th	3/7-3/21	8:30am-10:00am	302160-01	\$15	Th	3/21	11:30am-1:00pm
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02102-01	\$180	Tu, Th	4/2-4/30	8:30am-10:00am	302160-02	\$15	Th	4/18	11:30am-1:00pm
602102-01	\$100	Tu, Th	3/7-3/21	8:30am-10:00am	302160-01	\$15	Th	3/21	11:30am-1:00pm
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302116-01	\$15	Th	3/14	11:30am-1:00pm		D	aze a	& Fest	t
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			d clothing that is e			AMP	SA	100	Contraction of the second
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302117-01	\$15	F	3/8	11:30am-1:00pm	NATIONAL PET	DAY			
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			repared for full ir		302103-03	\$15	F	5/17	11:30am-1:00pm
vill capture you	r child's imag	gination while	developing gross	s motor skills and early	302103-02	\$15	F	4/26	11:30am-1:00pm
explore sensory	activities and	d gymnastics	equipment. Our	Wiggle Wormz classes	302103-01	\$15	F	3/22	11:30am-1:00pm
		r infants and	a parent or cared	iver to move about and			n as we explo	re the amazing	world of books!
VIGGLE WORM	Z				BOOK WORMZ				
02102-03	\$180	Tu, Th	5/2-5/30	8:30am-10:00am	302160-03	\$15	Th	5/16	11:30am-1:00pm
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				an up accidents. Don't					es and then a sport style
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802113-02	\$15	Th	4/4	11:30am-1:00pm			d then get ci	eative by doing	a fun story-related arts
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			and whip up a tas						
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					will have a fun l	earning all al		nal and enjoy ma	aking a take home craft.
02167-03	\$20	Th	5/2-5/23	9:30am-10:00am		lore the ama	zing world o	f dinosaurs in t	his fun class! Your child
02167-02	\$20	Th	4/4-4/25	9:30am-10:00am	DINO-MITE!				
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				Wiggle Wormz classes s motor skills and early	302103-01 302103-02	\$15 \$15	F F	3/22 4/26	11:30am-1:00pm 11:30am-1:00pm
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VIGGLE WORM		r lofanta '	o porcet er	warta maya abaytara l	BOOK WORMZ	o join the f		ro the are!	world of backet
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02102-01	\$180	Tu, Th	4/2-4/30	8:30am-10:00am	302160-02	\$15	Th	4/18	11:30am-1:00pm
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				an up accidents. Don't					es and then a sport style
				m is designed for chil- potty-trained; however,	(Ages 3-5) Tour	nh Tikoe ie o	fitness class	designed just	for kids! Each class has
WOS & THREE				and a deat of the tar					
				· · · · · · · · · · · · · · · · · · ·	302109-03	\$15	W	5/15	11:30am-1:00pm
302100-03	\$15	W	5/1	11:30am-1:00pm	302109-02	\$15	W	4/17	11:30am-1:00pm

Register at loudoun.gov/PRCSconnect

PARENTS NIGHT OUT - PRESCHOOL

(Ages 3-5) Enjoy a night out while your kids enjoy dinner, crafts, games and activities! Children must be potty-trained to attend. Staff members are not permitted to change dianers or clean un accidents

change ulapers o	i cieari up acci	utilis.		
302114-01	\$20	F	4/12	5:30pm-8:30pm
302114-02	\$20	F	5/3	5:30pm-8:30pm

BUNNY HOP

CENTER

COMM.

LOVETTSVILL

(Ages 3-5) Join	us for some	bunny fun! W	/e will dance to 1	he Bunny Hop and make
a craft to take I	nome.			
302127-01	\$15	F	4/19	11:30am-1:00pm

EARTH DAY FUN

(Ages 3-5) Join us as we celebrate Earth Day! Students will learn about ways to help take care of the planet and complete a craft to take home 302112-01 \$15 Μ 4/22 11:30am-1:00pm

FIN-TASTIC SHARKS!

(Ages 3-5) Exp	lore the myste	erious world o	f sharks in this	fin-tastic class! Your child
will create a fu	n shark craft	and learn all	about sharks.	
302163-01	\$15	Th	4/25	11:30am-1:00pm

SUMMER FUN

(Ages 3-5) This	fun class	will be	full of	crafts	and	activities	to get	your	little o	one
ready for summe	er!									
302122-01	\$15		Th	Ę	5/23		11:3	0am-	-1:00r	om

AROUND THE WORLD

(Ages 3-5) Join your friends and explore different cultures from around the world. Each class will learn simple words from each country, play a fun game from that country and do a craft.

302134-01	\$15	Tu	4/2	11:30am-1:00pm
302134-02	\$15	Tu	5/21	11:30am-1:00pm

ELEMENTARY AGE

KIDS GYMNASTICS

(Ages 6-8) This fun and exciting class will teach your elementary-aged child basic gymnastics and tumbling skills! This program is designed for beginners and will introduce essential and fundamentals of ovmnastics.

			5,5,	
302200-01	\$30	Sa	3/2-3/16	10:45am-11:45am
302200-02	\$30	Sa	4/6-4/20	10:45am-11:45am
302200-03	\$20	Sa	5/4-5/11	10:45am-11:45am

BASKETBALL SKILLS & DRILLS

(Ages 5-7) Learn basic fundamental movement skills and build overall motor skills Introduction to basic skills and concepts and principles of basketball. Instructor: Melissa Blankenship

nomp			
\$30	Tu	3/5-3/19	3:00pm-4:00pm
\$40	Tu	4/2-4/23	3:00pm-4:00pm
\$30	Tu	5/7-5/21	3:00pm-4:00pm
	\$30 \$40	\$30 Tu \$40 Tu	\$30 Tu 3/5-3/19 \$40 Tu 4/2-4/23

BASKETBALL SKILLS & DRILLS

\$2

(Ages 8-10)	See description	for Ages 5-7	. Instructor: Meliss	a Blankenship
302217-01	\$30	Tu	3/5-3/19	4:00pm-5:00pm
302217-02	\$40	Tu	4/2-4/23	4:00pm-5:00pm
302217-03	\$30	Tu	5/7-5/21	4:00pm-5:00pm

JUNIOR CHEFS

(Ages 5-11) It's no secret, kids love to cook! Chef Christine will cater to your young one's taste buds and cook up a treat to take home. Transportation from Lovettsville Elementary School available - please sign up for Sections 04-06 if needed. 302202-01 \$15 W 3/13 2:30pm-3:45pm 302202-02 \$15 4/17 W 2:30pm-3:45pm 302202-03 \$15 W 5/15 2:30pm-3:45pm 302202-04 \$2 W 3/13 2:30pm-2:45pm

4/17

W

302202-06	\$2	W	5/15	2:30pm-2:45pm

PARENTS NIGHT OUT

(Ages 6-11)	Enjoy a night	out while	your kids enjoy	dinner, crafts, games, and
activities!				
302203-01	\$20	F	4/12	5:30pm-8:30pm
302203-02	\$20	F	5/3	5:30pm-8:30pm

TEEN

CAMP HIGHROAD HIGH ROPES TRIP

(Ages 11-14) During LCPS Spring Break join the Lovettsville Staff and take a trip to Camp Highroad for zip lining, ropes obstacle course, and more! Pack a lunch and water bottle. 302317-01 \$80 W 3/27 10:00am-3:00pm

MULTIAGE

SEWING

(Ages 16 & up) Do you want to learn how to sew but don't know where to start? Learn basic sewing techniques and sewing machine operation.

302507-01	\$30	W	3/6-3/20	6:00pm-7:00pm
302507-02	\$40	W	4/3-4/24	6:00pm-7:00pm
302507-03	\$40	W	5/1-5/22	6:00pm-7:00pm

NEW MOMS GROUP

(All ages) Are you a new mom?! Would you like to find other moms that are interested in having fun together? Bring the little one(s) and enjoy some adult conver-

302120-01	Free	Th	3/7	11:00am-12:00pm
302120-02	Free	Th	3/21	11:00am-12:00pm
302120-03	Free	Th	4/4	11:00am-12:00pm
302120-04	Free	Th	4/18	11:00am-12:00pm
302120-05	Free	Th	5/2	11:00am-12:00pm
302120-06	Free	Th	5/16	11:00am-12:00pm
302120-07	Free	Th	5/30	11:00am-12:00pm

BOOKS & TEA

(Ages 18 & up) Join the LOVCC Books and Tea Club. We meet once a month to discuss the book club of choice and enjoy some tea and sweet treats! Email Chaira at chiara.early@loudoun.gov for more information!

ADULT

BITES & BREWS

(Ages 21 & up) Tour local breweries and wineries on the Lovettsville bus and grab a bite to eat from one of the food trucks! The bus departs from the Lovettsville Community Center at 3:00pm and returns at 8:00pm. Each trip will visit up to three locations! Cost covers transportation only.

302501-01	\$20	Sa	4/6	3:00pm-8:00pm
302501-02	\$20	Sa	5/11	3:00pm-8:00pm

BEGINNER PICKLEBALL LESSONS

(Ages 18 & up) Have you been wanting to learn more about pickleball, one of the fastest growing sports in the nation? This class will teach you the basics of pickleball including the rules, how to serve, and more.

302700-01	\$45	W	4/10-4/24	9:00am-10:00am
302700-02	\$45	W	5/8-5/22	9:00am-10:00am

PICKLEBALL

2:30pm-2:45pm

(Ages 18 & up) Enjoy playing pickleball with others from the local community. Play takes place in our gymnasium and equipment for play is provided if needed! \$20/Pickleball Pass, \$2/drop-in M, W 1:00pm-3:00pm onaoina

	SENIOR	
NEC		

SENIOR LUNCHES

(Ages 55 & up)	Come join	us for a home-	-cooked meal a	and socialization.
302620-01	\$15	Th	3/7	12:00pm-2:00pm
302620-02	\$15	Th	4/4	12:00pm-2:00pm
302620-03	\$15	Th	5/2	12:00pm-2:00pm

SENIOR LUNCH TRIPS

(Ages 55 & up)	Join us for a	lunch trip! I	Pay for lunch on	your own. Depa	art/Retu
Heritage Highla	nds Club Hou	lse			
	A 4 F	-	0// 0	44.00	0 00

302622-01	\$15	Tu	3/12	11:00am-3:00pm
302622-02	\$15	Tu	4/16	11:00am-3:00pm
302622-03	\$15	Tu	5/14	11:00am-3:00pm

SENIOR SOCIAL HOUR

(Ages 55 & up) Join ye	our fellow Lovettsville seniors for	⁻ coffee, conversation, gan
and more! These wee	kly gatherings are free and ope	n to the public!
Tu, Th	ongoing	10:00am-12:00p

STRENGTH FOR SENIORS

(Ages 55 & up) This total body workout is a great way for seniors to get started with strength training. The exercises focus on building total body strength with an emphasis on improving balance, stability and flexibility. Wear comfortable clothing and bring water. Instructors: Katharina Connor and Rick Reid. \$75/Fit Pass. \$9/drop-in

Th		ongoing	9:00am-10:00am

FITNESS

FITNESS CENTER

This full-body workout incorporates resistance training using free weights, resis-(Ages 16 & up) Come in and work out! Get back in shape or just tone up! New state tance bands, and your own body weight to sculpt and tone long, lean muscles. This of the art fitness equipment. Passholders may utilize Fitness Centers at Lovettsclass is paired with fun, upbeat music to elevate your heart rate and keep your ville, Loudoun Valley, and Sterling Community Centers. body burning calories throughout the day! Daily Admission:

Adults (Ages 18-54)	\$3
Seniors (55 & up)	\$2
Students (16-24 with ID)	\$2
Monthly Pass – unlimited use:	
Adults (Ages 18-54)	\$30
Seniors (55 & up)	\$20
Students (16-24 with ID)	\$20
6 Month Pass – unlimited use:	
Adults (Ages 18-54)	\$150
Seniors (55 & up)	\$100
Students (16-24 with ID)	\$100
Annual Pass – unlimited use:	,
Adults (Ages 18-54)	\$275
Seniors (55 & up).	\$150
	Adults (Ages 18-54) Seniors (55 & up) Students (16-24 with ID) Monthly Pass – unlimited use: Adults (Ages 18-54) Seniors (55 & up) Students (16-24 with ID) 6 Month Pass – unlimited use: Adults (Ages 18-54) Seniors (55 & up) Students (16-24 with ID)

BOOT CAMP

(Ages 16 & up) Are you bored with your workout? Are you not seeing the results you want? Then Fitness Image Results Boot Camp program is a perfect fit! Their a parent/guardian. Call for an updated schedule. instructors are highly qualified, motivational fitness professionals who will guide you and your body to a new you. Join our team now by enrolling in one of our ATHLETIC CONDITIONING monthly pass visit options! Passes can be purchased and used at both Lovetts-(Ages 11-15) A fitness class with plyometric training as well as strong focus on ville Community Center and Loudoun Valley Community Center. Instructor: Fitness dumbbell lifting. This class is limited to five participants to keep the training safe Image Results. and effective.

	Passes expire	at the end	of each month	
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Register at loudoun.gov/PRCSconnect

Passes expire at the end		302304-01	\$40	Tu	3/5-3/26	6:15pm-7:15pm
MW	 5:30nm-6:30nm		• •	IU	3/3-3/20	· · · · · · · · · · · ·
,	 	302304-02	\$40	Tu	4/2-4/30	6:15pm-7:15pm
-)		302304-03	\$40	Tu	5/7-5/28	6:15pm-7:15pm
Sa	 8:00am-9:00am		+			
4 Visits	 \$57					
8 Visits	 \$105					
10 Visits	 \$121					
Unlimited	 \$132					

302202-05

Unlimited for 2	\$220
Unlimited Family	\$275
Unlimited Seniors (Ages 55 & up)	
Drop-In	\$16

GROUP EXERCISE

(Ages 16 & up) The following exercise classes are included with a LOVCC Fit-Pass (\$75 for 10 visits) or \$9 Drop in. Please email lovcc@loudoun.gov or check turn: Facebook @LovettsvilleCC for the updated monthly schedule. All class participants should wear athletic clothing, bring a water bottle and a yoga mat. Athletic shoes are required for participation in all classes except yoga.

CORE & MORE

Improve your posture and build core muscle groups through a variety of exercises designed to strengthen your abdomen and back muscles while increasing your imes flexibility. Expect to train with a variety of equipment.

Dpm FIT4LIFE

This is a great introductory class to start your fitness journey! There is a combination with easy to follow aerobic moves, strength training exercises as well as balance and core training. Wear comfortable clothing and bring water.

POWER YOGA

This is a dynamic, Vinyasa yoga-based class. You will connect movement to breath, actively flowing through sun salutations and a variety of standing and balancing postures, followed by deeper stretches and other floor work. Modifications will be offered to make the class accessible to people from a range of experience levels. Expect to feel energized and refreshed after class!

SCULPT & TONE

STRENGTH & CARDIO \$2

This class is an optimal mix of strength, cardio and core exercises designed to \$2 give you a full body workout. We will use a variety of equipment and exercises that changes every three weeks. This class is a challenging mix of functional training to \$30 take your workout to the next level. 520

YOGA

Join this one hour flow style yoga class. All levels are welcome. In this practice you 50 will find yourself breathing and moving in various positions to release and expand 00 your body and your mind. After this practice you will feel completely centered and 00 relaxed

YOUTH FITNESS

YOUTH FITNESS ORIENTATION

(Ages 12-15) This 60-minute class (no workout involved) will teach your young adult what they need to know to work out at Lovettsville Community Center without

Page 15



LUCKETTS COMMUNITY CENTER

42361 Lucketts Road, Leesburg VA, 20176 703-771-5281 • loudoun.gov/luckettscc Monday-Wednesday 7:00am-6:00pm Thursday 7:00am-9:30pm • Friday 7:00am-6:00pm Closed for Memorial Day, 5/27 facebook.com/LuckettsCC

LICENSED PROGRAMS

CHILD CARE

(Ages 3-5) Lucketts Community Center offers quality early childhood programs. Our licensed professionals provide a safe, healthy learning environment that promotes social, physical, and intellectual growth of children that follows the STREAMin3 curriculum. Childcare provides full-time care for children from 7:00am-6:00pm five days a week.

PRESCHOOL

(Ages 3-5) Lucketts Community Center offers quality early childhood programs. Our licensed professionals provide a safe, healthy learning environment that promotes social, physical, and intellectual growth of children that follows the STREAMin3 curriculum. Preschool offers part time care for children during a ninemonth program from September-May. Class days and hours vary; please inquire regarding availability and schedules.

CASA ACADEMY

(Ages 5-12) Lucketts Community Center offers a nine-month after-school program for children attending Lucketts Elementary. Children can participate in indoor and outdoor activities including arts, STEM, games, and sports. Children can complete homework during dedicated times.

SUMMER CAMPS

Visit loudoun.gov/PRCSconnect in late February to read the Camp Guide. Plan your camp schedule early. Registration begins in March.

PARENT & CHILD

OPEN GYM

(Ages Infant-5) Experience endless fun and excitement with your little ones at our captivating, parent-supervised indoor play area! Our vibrant and stimulating equipment quarantees hours of entertainment

oquipinone guu			0	
309176-01	Free	M, Tu	3/4-3/26	8:30am-9:45am
309176-02	Free	M, Tu	4/1-4/30	8:30am-9:45am
309176-03	Free	M, Tu	5/6-5/28	8:30am-9:45am

PRESCHOOL AGE

STAY & PLAY

(Ages 3-5) The Stay and Play program is designed to provide a fun environment for children aged 3-5 years old. In our class, children will have the opportunity to engage in various activities that promote their social, cognitive, and physical develop-

ment. Led by	caring teachers,	the class	promotes creativity	and problem-solving.
309155-01	\$60	F	3/1-3/22	12:00pm-1:30pm
309155-02	\$60	F	4/5-4/26	12:00pm-1:30pm
309155-03	\$60	F	5/3-5/24	12:00pm-1:30pm

MAD SCIENCE MONDAYS

(Ages 3-5) Mad Science Mondays offers hands-on science exploration and creative fun for your child. Join us to spark curiosity and inspire young scientists! 12:00pm-1:30pm 309151-01 \$45 М 3/4-3/18

YOUNG AT ART

(Ages 3-5) Looking for a fun interactive art class for your preschooler? Join us for Young at Art, where kids aged 3-5 will explore creativity through colorful projects using various materials. They develop fine motor skills, self-expression, and imagination. Join us for a vibrant artistic journey!

309152-01 \$45 12:00pm-1:30pm W 3/6-3/20

MY FIRST PRESCHOOL

(Ages 2-3) Begin the preschool experience at Lucketts! Your child will learn through play while engaging in a wide variety of activities that help with social skills. We welcome children who are not yet potty-trained, although our staff is unable to assist with diaper changes. Rest assured, parents will be promptly contacted in case of a diaper change or accident.

309153-01	\$75	Tu, Th	3/7-3/21	9:15am-10:30am
309153-02	\$135	Tu, Th	4/2-4/30	9:15am-10:30am
309153-03	\$135	Tu, Th	5/2-5/30	9:15am-10:30am

LEGO MANIA

(Ages 3-5) Lego Mania is a fun and hands-on program that allows young children to explore and create with Lego building blocks. The program helps develop creativity, fine motor skills, and problem-solving abilities through simple building challenges and free-play sessions.

309154-01	\$45	Th	3/7-3/21	12:00pm-1:30pm

LITTLE STEM STARS

(Ages 3-5) Little Stem Stars will embark on exciting adventures in science, technology, engineering, and math. Through hands-on activities, they develop curiosity, problem-solving, and critical thinking skills. Join us for a journey of discovery and become a Stem Star.

309156-05 \$75 М 4/1-4/29 12:00pm-1:30pm

SPORTIES FOR SHORTIES

(Ages 3-5) Sporties for Shorties is a dynamic preschool P.E. class designed to introduce young children to the world of sports and physical fitness. Through engaging activities and games, children will develop fundamental movement skills, explore different sports, and foster a love for active play. Our focus on teamwork, sportsmanship, and age-appropriate equipment creates a positive and energetic environment.

309157-01 4/3-4/24 12:00pm-1:00pm \$48 W

LET'S GET CREATIVE

(Ages 3-5) Join us as we bring out your child's creativity using different art materials. Our creativity will include dancing, music, and movement.

309159-01 \$75 W 5/1-5/29 12:00pm-1:30pm

YOGA 4 KIDS

(Ages 3-5) Introducing Yoga 4 Kids. Enjoy playful yoga poses, mindfulness, and relaxation. It promotes physical health, emotional well-being, and social skills. Join us for a mindful adventure! 309158-01 \$36 Μ 5/6-5/20 12:00pm-1:00pm

ELEMENTARY AGE

GAMING CLUB

(Ages 6-11) Welcome to Gaming Club, the ultimate haven for gaming enthusiasts! Whether you're a fan of Minecraft, SmashBros, Super Mario, or any other popular games, this is the place to be. You will be able to explore digital and board games,

connect with fe	llow gamers	and have a bla	ast! Staff will pick c	hildren up from Luck-
etts Elementary	and walk t	nem over to th	e community cente	r after school
309276-01	\$45	W	3/6-3/20	2:45pm-4:00pm

school as we ex	's just play th plore differer	it P.E. game	s and recreation	ur child's recess after al activities. Staff will over to the community	the Month in pa	artnership wi cketts Comm	th the Loudou unity Center	un County Public while supplies la	n of our featured Book of c Library. Check out your ast. Don't forget to bring 12:00pm-1:00pm
center after scho		LICITICITICITY	anu wak uitiii (309535-01	Free	W	3/13 4/10	12:00pm-1:00pm
309292-01	\$60	W	4/3-4/24	2:45pm-4:00pm	309535-03	Free	W	5/8	12:00pm-1:00pm
NATURE SCAVE			ale con to t		STEP INTO THE				
hunt! Get ready chantment of the kiddos from Lucl	to spy on sq great outdoo ketts Elementa nmunity Cente	uirrels, unve rs. Our fanta ary after scho r. As for the	il funky feathers stic team will swo pol, leading them rest of our thrill-s	exhilarating scavenger , and bask in the en- pop in to gather up the on a merry journey to eekers, meet us at the des! 2:45pm-4:15pm	two remarkable promise a blen bus at the Luck for a flexible ad Historical Park	e sites with o d of discove ketts Commu venture. The and our May	ur Historic Wa ry, learning, a nity Center o April tour expl tour meande	alking Tours. Thi and camaraderie r Caravan to the lores 1.5 miles c rs through Histo	Incover the rich history of s immersive experiences e. Board our comfortable e site in your own vehicle of the C&O Canal National pric Downtown Leesburg. o take the bus as seating
	us for a day o arts and crafts			. We will play games in 9! Please pack a lunch,	309514-01 309514-02	\$10 \$10	Sa Sa	4/13 5/11	9:00am-12:00pm 9:00am-12:00pm
309282-01	\$55	Th	3/28	7:30am-6:00pm			SEN	IOR	
309282-02	\$55	F	3/29	7:30am-6:00pm	SENIOR SOCIA				
		MULTI	AGE			center. Join	us for free re		our Senior Social Hour at friendly conversations, a
BIRD HOUSE BU				ctivity! Build, decorate,	309603-01	Free	/! M, W	3/4-5/29	9:30am-11:30am
preparing simple	\$20 F! BASIC COO his is an exciti and delicious the essential	W KING FOR KI ng cooking (s meals. Ou skills they n	3/6 IDS class that introdu program is tailo	6:30pm-8:00pm bred to empower bud- en, fostering indepen- 6:30pm-8:00pm 6:30pm-8:00pm	of successful ga raderie of fellow of growing toge	ardening, sha v enthusiasts ether both pl il and will det Free Free Free Free Free	are stories am cultivate joy ants and frier ermine furthe W W W W W	id blossoming b in every seed so ndships. The clu er meetings as th 3/13 3/27 4/10 4/24	ime! Unearth the secrets looms, and let the cama- own. Discover the beauty ib will meet beginning in he garden progresses. 10:00am-12:00pm 10:00am-12:00pm 10:00am-12:00pm
	ate Earth Day fun activity for	and help plar all ages. No	green thumb req	den at the Old School- uired! Let's sow seeds preener. 9:00am-11:00am	(Ages 55 & up during a Senio tour caters to a lunch to enjoy low participants strengthen frier	 explore vib r Walking Tri all fitness lev amidst stunn s. It's more to adships in na 	rant paths and p to Meadow els, ensuring ing scenery, han a stroll; ture's splendo	nd discover sec vlark Botanical (a comfortable (a perfect backd it's a chance to	rets of diverse plant life Gardens. This accessible experience. Bring a sack lrop for a picnic with fel- o make connections and ucketts Community Cen- n by 2:00pm.
		ADUI	J		309601-01	\$15	Tu	4/9	9:00am-2:00pm
build strength, in will also be integ 309521-01 309521-02 309521-03 309521-04 309521-04 309521-05 DRUM CIRCLE (Ages 18 & up) connection. Brin	Connect your nprove flexibili grated into our \$36 \$12 \$12 \$12 \$12 \$12 \$12 Join our aduli g your own dr siasm. Experie	ty, and balan classes. Th Th Th Th Th th t drum circle um or use c	ce. Breathing and 3/7-3/28 3/7 3/14 3/21 3/28 e for a rhythmic ne of ours. No e	Igh yoga postures that d relaxation techniques 6:30pm-7:30pm 6:30pm-7:30pm 6:30pm-7:30pm 6:30pm-7:30pm 6:30pm-7:30pm					
Register at	loudoun.a	ov/PRCS	connect						Page 17

309516-01

BOOK CLUB

\$5

school as we e	t's just play th xplore differe	nt P.E. game	es and recreation	ur child's recess after al activities. Staff will over to the community	the Month in pa	artnership wi cketts Comm	th the Loudou nunity Center	un County Public while supplies la	n of our featured Book of c Library. Check out your ast. Don't forget to bring 12:00pm-1:00pm
center after sch	ool.			-	309535-02	Free	W	4/10	12:00pm-1:00pm
309292-01	\$60	W	4/3-4/24	2:45pm-4:00pm	309535-03	Free	W	5/8	12:00pm-1:00pm
hunt! Get ready chantment of the kiddos from Luc the Lucketts Cor	bark on a wild to spy on so e great outdoo ketts Element mmunity Cent	quirrels, unve ors. Our fanta ary after sch er. As for the	eil funky feathers stic team will swe ool, leading them	exhilarating scavenger , and bask in the en- oop in to gather up the on a merry journey to eekers, meet us at the des! 2:45pm-4:15pm	two remarkable promise a blen bus at the Luck for a flexible ad Historical Park Please call the	Join us on a sites with o d of discove xetts Commu venture. The and our May	journey throu ur Historic Wa ry, learning, a nity Center of April tour expl tour meande	gh time as we u alking Tours. Thi and camaraderie r Caravan to the lores 1.5 miles c rs through Histo	ncover the rich history of s immersive experiences e. Board our comfortable s ite in your own vehicle f the C&O Canal National ric Downtown Leesburg. to take the bus as seating
	n us for a day of arts and craft			. We will play games in ?! Please pack a lunch,	is limited. 309514-01 309514-02	\$10 \$10	Sa Sa	4/13 5/11	9:00am-12:00pm 9:00am-12:00pm
309282-01	\$55	Th	3/28	7:30am-6:00pm			SEN	IOR	
309282-02	\$55	F MULTI	3/29 AGE	7:30am-6:00pm	the community	Experience to center. Join	us for free re		our Senior Social Hour at friendly conversations, a
BIRD HOUSE BL					perfect way to a 309603-01	start your day Free	y! M. W	3/4-5/29	9:30am-11:30am
309713-01 FEED YOURSEL (Ages 11-14) TI preparing simpl	\$20 F! BASIC COC his is an excit e and deliciou the essential	W DKING FOR K ting cooking us meals. Ou skills they r	class that introdu r program is taild	6:30pm-8:00pm bred to empower bud- en, fostering indepen- 6:30pm-8:00pm 6:30pm-8:00pm	of successful ga raderie of fellow of growing toge	ardening, sha v enthusiasts ether both pl I and will det Free Free Free Free Free	are stories am s cultivate joy ants and frier termine furthe W W W W W	id blossoming b in every seed so ndships. The clu er meetings as th 3/13 3/27 4/10 4/24	ime! Unearth the secrets looms, and let the cama- own. Discover the beauty b will meet beginning in ne garden progresses. 10:00am-12:00pm 10:00am-12:00pm 10:00am-12:00pm
house. An easy,	rate Earth Day fun activity for	and help pla r all ages. No s, and make o Sa	green thumb req our world a little g 4/20	den at the Old School- uired! Let's sow seeds reener. 9:00am-11:00am	(Ages 55 & up during a Senior tour caters to a lunch to enjoy a low participants strengthen frier ter at 9:00am.) Explore vib r Walking Tri all fitness lev amidst stunr s. It's more t ndships in na The bus depa	rant paths ar p to Meadow rels, ensuring ning scenery, than a stroll; ture's splendo	nd discover sec vlark Botanical (a comfortable of a perfect backd it's a chance to	
		ADU	LT		309601-01	\$15	Tu	4/9	9:00am-2:00pm
build strength, ir will also be integ 309521-01 309521-02 309521-03 309521-04 309521-05 DRUM CIRCLE (Ages 18 & up) connection. Brin	Connect your nprove flexibil grated into ou \$36 \$12 \$12 \$12 \$12 \$12 \$12 \$12 \$12 \$12 \$12	ity, and balar r classes. Th Th Th Th Th Th It drum circl rum or use o	ce. Breathing and 3/7-3/28 3/7 3/14 3/21 3/28 e for a rhythmic one of ours. No e	gh yoga postures that d relaxation techniques 6:30pm-7:30pm 6:30pm-7:30pm 6:30pm-7:30pm 6:30pm-7:30pm 6:30pm-7:30pm					
Register at	loudoun.c	10v/PRCS	connect						Page 17

school as we e	et's just play t explore differe	ent P.E. game	es and recreation	ur child's recess after al activities. Staff will	the Month in pa book at the Luc your lunch, and	artnership wi cketts Comm we'll provid	ith the Loudon nunity Center e a sweet tree	un County Public while supplies la at!	n of our featured Book of c Library. Check out your ast. Don't forget to bring
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309292-01	\$60	W	4/3-4/24	2:45pm-4:00pm	309535-03	Free	Ŵ	5/8	12:00pm-1:00pm
	bark on a wile			exhilarating scavenger , and bask in the en-		Join us on a	journey throu	igh time as we u	ncover the rich history of s immersive experiences
chantment of th kiddos from Luc the Lucketts Co	ne great outdo cketts Elemen mmunity Cen	ors. Our fanta tary after sch ter. As for the	astic team will sw nool, leading them	oop in to gather up the on a merry journey to seekers, meet us at the	promise a blen bus at the Luck for a flexible adv Historical Park Please call the	d of discove ketts Commu venture. The and our May	ry, learning, a inity Center o April tour exp r tour meande	and camaraderie r Caravan to the lores 1.5 miles o ers through Histo	e. Board our comfortable site in your own vehicle f the C&O Canal National ric Downtown Leesburg. take the bus as seating
	n us for a day arts and craf			. We will play games in 9! Please pack a lunch,	is limited. 309514-01 309514-02	\$10 \$10	Sa Sa	4/13 5/11	9:00am-12:00pm 9:00am-12:00pm
309282-01	\$55	Th	3/28	7:30am-6:00pm			SEN	IOR	
309282-02	\$55	F	3/29	7:30am-6:00pm	SENIOR SOCIA	L HOUR			
		MULT	AGE			center. Join	us for free re		our Senior Social Hour at friendly conversations, a
BIRD HOUSE B				ctivity! Build, decorate,	309603-01	Free	M, W	3/4-5/29	9:30am-11:30am
309713-01 FEED YOURSEL (Ages 11-14) T preparing simpl ding chefs with dence and a life 309311-01 309311-02 EARTH DAY GA (All Ages) Celeb	\$20 FF BASIC CO This is an exci- le and delicion the essentia elong love for \$20 \$20 RDEN GATHE rate Earth Day	W OKING FOR H iting cooking us meals. Ou il skills they cooking. Th Th Th RING y and help pla	class that introdu ir program is tailo need in the kitch 4/11 5/9 ant a pollinator gai	er birdhouse. 6:30pm-8:00pm uces kids to the joy of bred to empower bud- en, fostering indepen- 6:30pm-8:00pm 6:30pm-8:00pm	of successful ga raderie of fellov of growing toge March and Apri 309602-01 309602-02 309602-03 309602-04 TRIP TO MEAD (Ages 55 & up during a Senior	ardening, sha v enthusiasts ether both pl I and will de Free Free Free Free OWLARK BC) Explore vit r Walking Tri	are stories am s cultivate joy ants and fried termine furthe W W W W DTANICAL GA orant paths a ip to Meadow	id blossoming b in every seed so ndships. The clu er meetings as th 3/13 3/27 4/10 4/24 RDENS nd discover sec /lark Botanical (me! Unearth the secrets looms, and let the cama- own. Discover the beauty b will meet beginning in ne garden progresses. 10:00am-12:00pm 10:00am-12:00pm 10:00am-12:00pm 10:00am-12:00pm
		s, and make Sa	our world a little g 4/20		lunch to enjoy a low participants strengthen frier ter at 9:00am.	amidst stunr s. It's more idships in na The bus dep	hing scenery, than a stroll; ture's splend arts at 9:15a	a perfect backd it's a chance to or! Meet at the L m and will returr	rop for a picnic with fel- make connections and ucketts Community Cen- by 2:00pm.
		ADU	LT		309601-01	\$15	Tu	4/9	9:00am-2:00pm
build strength, i will also be inte 309521-01 309521-02 309521-03 309521-04 309521-05 DRUM CIRCLE (Ages 18 & up) connection. Brin	Connect you mprove flexibi grated into ou \$36 \$12 \$12 \$12 \$12 \$12 \$12 \$12 \$12 \$12 \$12	ility, and balar ir classes. Th Th Th Th Th Ult drum circ drum or use	nce. Breathing and 3/7-3/28 3/7 3/14 3/21 3/28 le for a rhythmic one of ours. No e	ngh yoga postures that d relaxation techniques 6:30pm-7:30pm 6:30pm-7:30pm 6:30pm-7:30pm 6:30pm-7:30pm 6:30pm-7:30pm night of creativity and xperience needed just vibrant, inclusive com-					
Register at	loudoun	aov/PRCS	Sconnect						Page 17

7:00pm-8:00pm

3/20

W





PHILOMONT COMMUNITY CENTER

36592 Philomont Road, Philomont, VA 20131 540-338-5882 • loudoun.gov/philomontcc Monday-Friday 8:30am-6:00pm Closed for Memorial Day, 5/27 facebook.com/PhilomontCommunityCenter

PRESCHOOL AGE

BUILDERS TUESDAY & THURSDAY

(Ages 3-5) Come have some fun building with many different types of materials. cardboard, foam, Legos, wood, plastic. What can you make? Please pack lunch and a water bottle. Instructor: Robin

311105-01	\$60	Tu, Th	3/5-3/21	12:00pm-1:30pm
311105-02	\$90	Tu, Th	4/2-4/30	12:00pm-1:30pm
311105-03	\$70	Tu, Th	5/2-5/23	12:00pm-1:30pm

PCC SPRING BAKING CLASS

(Ages 3-5) Jo	oin us for a fun	baking series	. A special treat wil	I be baked each week.
Please send	your child with	a water bottle	e. Instructor: Kriste	n and Sarah
311204-01	\$30	W	3/6-3/20	12:00pm-1:30pm
311204-02	\$40	W	4/3-4/24	12:00pm-1:30pm
311204-03	\$40	W	5/1-5/22	12:00pm-1:30pm

ELEMENTARY AGE

SPRING BREAK – STEM CAMP

(Ages 6-9) Is your student interested in how things work? Small engines, robots, simple machines? In this class, younger students will indulge in hands-on STEM activities. Please send your students with a snack, water bottle and separate lunch. Dress for weather as students will play outdoors as well. Instructor: Mr. Jim 311206-01 \$125 W-F 3/27-3/29 9:30am-1:30pm

TEEN

NEW! TEEN PAINT NIGHT

(Ages13-18) Is your teen looking for a creative outlet to express themselves? Have them join our teen paint night. Our instructor will walk them step-by-step through the process of creating a beautiful work of art. All supplies included in the fee. Suitable for beginners. Join us for some fun, judgement-free creative time! 311203-01 \$40 Sa 3/2 6:00pm-7:30pm

FAMILY

NEW! FAMILY PAINT NIGHT

(Ages 8 & up) Is your family looking for some engagement away from screens? Looking to ignite your creativity? Join us for a family paint night! Our instructor will walk you step by step through the process of creating a beautiful work of art. All supplies included in the fee. Suitable for beginners. Join us for some wholesome family fun!

311202-01	\$40	F	4/12	6:30pm-8:00pm
311202-02	\$40	F	5/10	6:30pm-8:00pm

SENIOR

W

WALKING CLUB

Free

311208-01

(Ages 55 & up) Join us each Wednesday morning as we walk the length of Philomont Road (1.2 miles total). Enjoy the peacefulness that western Loudoun's gravel roads provide. Easy, flat walk. Suitable for beginners.

4/3-5/22 10:00am



STERLING COMMUNITY CENTER

120 Enterprise Street, Sterling, VA 20164 703-430-9480 • loudoun.gov/sterlingcc Monday-Friday 7:00am-9:00pm • Saturday 9:00am-5:00pm Closed for Memorial Day, 5/27 facebook.com/SterlingVaCommunityCenter

PRESCHOOL

SO MUCH PAINT SO LITTLE TIME

(Ages 3-5) First Friday of the month. Let's paint with a variety of different materials, not just paint and paintbrushes.

303115-01	\$10	F	3/1	11:15am-12:00pm
303115-02	\$10	F	4/5	11:15am-12:00pm
303115-03	\$10	F	5/3	11:15am-12:00pm

JUST FOR 2's

(Age 2) A different theme will be explored each month. Children will learn through play and explore the world around them in a fun and safe environment. This will be accomplished through arts and crafts, music social interaction, sensory play, and games. Remember to pack a snack! Register in person at SCC. Ask about our toilet training policy. This program runs through the school year.

	rano ano agn c		
\$60	Tu, Th	3/4-3/31	9:30am-11:00am
\$100	Tu, Th	4/1-4/30	9:30am-11:00am
\$100	Tu, Th	5/1-5/31	9:30am-11:00am
	\$60 \$100	\$60 Tu, Th \$100 Tu, Th	\$100 Tu, Th 4/1-4/30

MINI BOOK CLUB

(Ages 3-5) First Monday of the month Discover new authors and interesting and unusual books. Become an illustrator and ask and answer questions about the books we are learning about.

303107-01	\$10	М	3/4	11:15am-12:00pm
303107-02	\$10	М	4/1	11:15am-12:00pm
303107-03	\$10	М	5/6	11:15am-12:00pm

JUST FOR 3's & 4's

(Ages 3-4) A different theme will be explored each month. Children will learn through play and explore the world around them in a fun and safe environment. This will be accomplished through arts and crafts, music social interaction, sensory play, and games. Remember to pack a snack! Register in person at SCC. Ask about our toilet training policy. This program runs through the school year. \$84 M, W, F 3/4-3/29 303102-01 9:30am-11:00am

303102-02	\$132	M, W, F	4/1-4/29	9:30am-11:00am	303116-01	\$10	W	4/24	11:15am-12:00pm
303102-03	\$144	M, W, F	5/1-5/31	9:30am-11:00am	303116-02	\$10	W	5/22	11:15am-12:00pm
MY TODDLER &		to meet our pre	eschool teache	r and explore the class-			ELEMENT	ARY AGE	
				t with other caregivers,					
				and create a supportive	SCHOOLS OUT				
community. \$3	.00 drop-in fe	е.							and experiencing new
303106-01	\$3	Tu, Th	3/5-5/30	11:15am-12:00pm					develop their creative We will also make sea-
									vater bottle. Remember
SENSORY FUN		of the meanth T							estrictions at least two
				rill use playdough to see bugh can be made up of	weeks in advan				
so many cool th				Juyii cali be made up or	303225-01	\$40	Tu	3/5	8:00am-5:00pm
303108-01	\$10	Win dy them a	3/6	11:15am-12:00pm	303225-02	\$200	M-F	3/25-3/29	8:00am-5:00pm
303108-02	\$10	W	4/3	11:15am-12:00pm	303225-03	\$40	F	4/5	8:00am-5:00pm
303108-03	\$10	W	5/1	11:15am-12:00pm	303225-04	\$40	W	4/10	8:00am-5:00pm
WEIRD & WON	DERFUL ANII	MALS					MIDDLE SC		
				it the strangest, coolest			WIDDLE 30		
		ound the world		nd unique crafts.	NOSTALGIC GA	MING			
303109-01	\$10	F	3/8	11:15am-12:00pm	(Ages 11-13) (Come join u	s every Thurso	lay as we take a	blast through the past
303109-02	\$10 \$10	F	4/12	11:15am-12:00pm	while we play a	ind learn ab			Call 703-430-9840 for
303109-03	\$10	F	5/10	11:15am-12:00pm	more information				
ALL AROUND 1	THE WORLD				303314-01	Free		3/1-5/31	5:00pm-6:00pm
		of the month. Le	earn about diff	erent countries and their	MIDDLE SCHO		,		
cultures as we								school for fun co	ooking, therapeutic arts
303110-01	\$10	М	3/11	11:15am-12:00pm					uired. We will not meet
303110-02	\$10	M	4/8	11:15am-12:00pm	on days that Lo				
303110-03	\$10	Μ	5/13	11:15am-12:00pm	303310-01	Free	,	3/4-3/25	5:00pm-6:00pm
SUPER SEEDS					303310-02	Free		4/1-4/29	5:00pm-6:00pm
	ond Wednesd	lav of the month	h We will he o	ne with nature and plant	303310-03	Free		5/6-5/20	5:00pm-6:00pm
seeds and grov				io marmatoro and plant					
303111-01	\$10	W	3/13	11:15am-12:00pm			MULT	IAGE	
303111-02	\$10	W	4/10	11:15am-12:00pm			moen	in tot	
303111-03	\$10	W	5/8	11:15am-12:00pm	CHESS CLUB				
WHAT IS AN EI		2 72							t encourages players of
			nd learn about	nsects through different					game of chess. Training
arts and crafts						•	ars. Call 703-4	30-9480 for mor 3/4-5/27	6:00pm-8:00pm
303112-01	\$10	M	3/18	 11:15am-12:00pm	303703-01	Free		5/4-5/21	0.00000-0.00000
303112-02	\$10	Μ	4/15	11:15am-12:00pm	CRICUT INTRO	DUCTION C	ASS		
303112-03	\$10	М	5/20	11:15am-12:00pm				lass to learn how	to use the Cricut. We
400 ADT					will be cultivatir	ng new proje	ects and new c	rafts. Please feel	free to bring items that
ABC ART	d Wadaaaday	, of the month	Lat's use the	alababat ta maka aama			· · ·		se call 703-430-9480
interesting and			LGI 2 026 116	alphabet to make some	303702-01	\$8	М	3/1-5/27	6:00pm-7:00pm
303113-01	\$10	W	3/20	11:15am-12:00pm	PARENTS ESC/	ОРЕ ИІСНТ			
303113-02	\$10	Ŵ	4/17	11:15am-12:00pm			night on the tr	wn while we tek	e care of the little ones.
303113-03	\$10	W	5/15	11:15am-12:00pm					ake. They'll play board
								Dinner included.	
				heelie te surler	303708-01	\$20	F	3/15	5:30pm-9:00pm
(Ages 3-5) Four ent states and			s use maps and	books to explore differ-	303708-02	\$20	F	4/19	5:30pm-9:00pm
303114-01	s10	ແຮຮວ. F	3/22	11:15am-12:00pm	303708-03	\$20	F	5/17	5:30pm-9:00pm
303114-01	\$10 \$10	F	4/26	11:15am-12:00pm		and so it is a	- Alling		
303114-03	\$10	F	5/24	11:15am-12:00pm	No. 1	1		The state	
					5 1	1.9			N. Y.
NIGHT OR DAY					Concession of the local division of the loca		-	- MIRLEY	Contraction of the local division of the loc
				interesting crafts as we	The Lines	-		245	and the second second
learn what's ab 303115-01	ove us on the \$10	e fourth Monday M	y of the month 4/22	11:15am-12:00pm		E Stan	St. Com		101 - 17 - TH
303113-01	φIU	IVI	4/22	11.10am-12:00pm	and the server		ALC: NO		The state of the s
ART INSPIRAT	ION								the second second
		ay of the Mont	th. Get inspired	d by famous artists and	the Particular and	Real Property	F- other and		THE THEFT
create your own					Participant.	Contraction of	Contraction of the local division of the loc	NAMES OF TAXABLE	

303102-02 303102-03	\$132 \$144	M, W, F M, W, F	4/1-4/29 5/1-5/31	9:30am-11:00am 9:30am-11:00am	303116-01 303116-02	\$10 \$10	W W	4/24 5/22	11:15am-12:00pm 11:15am-12:00pm
MY TODDLER 8 (Ages 18 month		meet our pre	eschool teache	r and explore the class-			ELEMENT	ARY AGE	
room, every Tue	esday and Thur	sday of the r	month! Connec	t with other caregivers,	SCHOOLS OUT	CAMP - SPR	ING CREATE	& CUUK	
your presence community. \$3.			idependence a	nd create a supportive	(Ages 5-11) If	your child en	joys working	with their hands	and experiencing new
303106-01	\$3	Tu, Th	3/5-5/30	11:15am-12:00pm					develop their creative We will also make sea-
SENSORY FUN					sonal snacks. F	Pack a nut-fre	ee lunch, two	snacks, and a w	ater bottle. Remember
				Il use playdough to see ugh can be made up of	to "dress for th weeks in advan		ease notity us	of any dietary re	estrictions at least two
so many cool th				ugh can be made up of	303225-01	\$40	Tu	3/5	8:00am-5:00pm
303108-01 303108-02	\$10 \$10	W	3/6	11:15am-12:00pm 11:15am-12:00pm	303225-02 303225-03	\$200 \$40	M-F F	3/25-3/29 4/5	8:00am-5:00pm 8:00am-5:00pm
303108-02	\$10 \$10	W W	4/3 5/1	11:15am-12:00pm	303225-04	\$40	W	4/10	8:00am-5:00pm
WEIRD & WONI	DERFUL ANIMA	ALS							
(Ages 3-5) Sec	ond Friday of t	he month. Le		t the strangest, coolest			MIDDLE SC	HOOL AGE	
and ugliest anin 303109-01	nals from arour \$10	nd the world I F	by doing fun an 3/8	d unique crafts. 11:15am-12:00pm	NOSTALGIC GA				
303109-02	\$10	F	4/12	11:15am-12:00pm					blast through the past Call 703-430-9840 for
303109-03	\$10	F	5/10	11:15am-12:00pm	more information	on.		-	
ALL AROUND T					303314-01	Free		3/1-5/31	5:00pm-6:00pm
(Ages 3-5) Seco cultures as we o				rent countries and their	MIDDLE SCHO				
303110-01	\$10	M	3/11	11:15am-12:00pm					ooking, therapeutic arts uired. We will not meet
303110-02 303110-03	\$10 \$10	M M	4/8 5/13	11:15am-12:00pm 11:15am-12:00pm	on days that Lo	udoun Count		ols are closed.	
505110-05	ψιυ	IVI	0/10	11.10am-12.00pm	303310-01 303310-02	Free Free		3/4-3/25 4/1-4/29	5:00pm-6:00pm 5:00pm-6:00pm
SUPER SEEDS	and Wodpoodou	of the ment	. Wo will be on	e with nature and plant	303310-02	Free		5/6-5/20	5:00pm-6:00pm
seeds and grow				e with hature and plant					
303111-01	\$10 \$10	W	3/13	11:15am-12:00pm			MULTI	AGE	
	\$10 \$10 \$10	W W W	3/13 4/10 5/8	11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	CHESS CLUB		MULTI	AGE	
303111-01 303111-02 303111-03	\$10 \$10	W W	4/10	11:15am-12:00pm	(All Ages) Come		ur free chess (club program that	t encourages players of
303111-01 303111-02 303111-03 WHAT IS AN EN	\$10 \$10 ITOMOLOGIST	W W ?	4/10 5/8	11:15am-12:00pm	(All Ages) Come all skill levels ar	nd ages to co	ur free chess o me out and pla	club program that ay and learn the g	game of chess. Training
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a	\$10 \$10 ITOMOLOGIST find out as we activities on the	W W get buggy an e third Monda	4/10 5/8 Id learn about in y of the month	11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar	nd ages to co I for beginner	ur free chess o me out and pla s. Call 703-4	club program that ay and learn the g 30-9480 for more	game of chess. Training
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's	\$10 \$10 ITOMOLOGIST if find out as we	W W ? get buggy an	4/10 5/8 Id learn about ii	11:15am-12:00pm 11:15am-12:00pm nsects through different	(All Ages) Come all skill levels ar will be provided 303703-01	nd ages to co I for beginner Free	ur free chess of me out and plant of the out and pl	club program that ay and learn the g 30-9480 for more	game of chess. Training re information.
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01	\$10 \$10 ITOMOLOGIST ⁴ if find out as we activities on the \$10	W W get buggy an hird Monda M	4/10 5/8 Id learn about in y of the month 3/18	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Come	nd ages to co I for beginner Free DUCTION CL e out to an in	ur free chess of me out and pla rs. Call 703-4 ASS ntroductory cl	club program that ay and learn the g 30-9480 for mor 3/4-5/27 ass to learn how	game of chess. Training te information. 6:00pm-8:00pm
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02	\$10 \$10 ITOMOLOGIST ⁴ if find out as we activities on the \$10 \$10	W W get buggy ar third Monda M M	4/10 5/8 Id learn about in y of the month 3/18 4/15	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Com- will be cultivatir	nd ages to co I for beginner Free DUCTION CL e out to an in ng new projec	ur free chess of me out and pla rs. Call 703-4 ASS ntroductory cl cts and new cl	club program that ay and learn the g 30-9480 for mor 3/4-5/27 ass to learn how rafts. Please feel	game of chess. Training e information. 6:00pm-8:00pm v to use the Cricut. We free to bring items that
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03 ABC ART (Ages 3-5) Third	\$10 \$10 if out as we activities on the \$10 \$10 \$10 \$10	W W get buggy an e third Monda M M M M	4/10 5/8 d learn about in y of the month 3/18 4/15 5/20	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Com- will be cultivatir	nd ages to co I for beginner Free DUCTION CL e out to an in ng new projec	ur free chess of me out and pla rs. Call 703-4 ASS ntroductory cl cts and new cl	club program that ay and learn the g 30-9480 for mor 3/4-5/27 ass to learn how rafts. Please feel	game of chess. Training te information. 6:00pm-8:00pm
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03 ABC ART	\$10 \$10 if out as we activities on the \$10 \$10 \$10 \$10	W W get buggy an e third Monda M M M M	4/10 5/8 d learn about in y of the month 3/18 4/15 5/20	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Com- will be cultivatir you would like t 303702-01	nd ages to co for beginner Free DUCTION CL e out to an in ng new project to create with \$8	ur free chess of me out and pla rs. Call 703-4 ASS ntroductory cl cts and new co n you. For mor	club program that ay and learn the g 30-9480 for more 3/4-5/27 ass to learn how rafts. Please feel e questions, plea	yame of chess. Training te information. 6:00pm-8:00pm to use the Cricut. We free to bring items that use call 703-430-9480
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03 ABC ART (Ages 3-5) Third interesting and 303113-01 303113-02	\$10 \$10 find out as we activities on the \$10 \$10 \$10 \$10 d Wednesday o educational art \$10 \$10	W W get buggy an e third Monda M M M M of the month.	4/10 5/8 d learn about ir y of the month 3/18 4/15 5/20 Let's use the a 3/20 4/17	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Comw will be cultivatir you would like f 303702-01 PARENTS ESC/ (Ages 5-12) He	nd ages to co I for beginner Free DUCTION CL e out to an in ng new project to create with \$8 APE NIGHT ad out for a r	ur free chess o me out and pla 's. Call 703-4 ASS ntroductory cl cts and new cl n you. For mor M night on the to	club program that ay and learn the g 30-9480 for more 3/4-5/27 ass to learn how rafts. Please feel e questions, plea 3/1-5/27 wn while we take	game of chess. Training e information. 6:00pm-8:00pm v to use the Cricut. We free to bring items that use call 703-430-9480 6:00pm-7:00pm e care of the little ones.
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303102-02 303102-03	\$132 \$144	M, W, F M, W, F	4/1-4/29 5/1-5/31	9:30am-11:00am 9:30am-11:00am	303116-01 303116-02	\$10 \$10	W W	4/24 5/22	11:15am-12:00pm 11:15am-12:00pm
(Ages 18 month		o meet our pre	eschool teache	r and explore the class-			ELEMENT	ARY AGE	
	is cherished a	s we foster ir		t with other caregivers, nd create a supportive	SCHOOLS OUT (Ages 5-11) If y				and experiencing new
303106-01 SENSORY FUN	\$3	Tu, Th	3/5-5/30	11:15am-12:00pm	interests using	a variety of n	nediums to cr	eate art projects.	I develop their creative We will also make sea- vater bottle. Remember
(Ages 3-5) First				Il use playdough to see		e mess." Pl			estrictions at least two
so many cool th	nings and we w		!	ugh can be made up of	303225-01 303225-02	\$40 \$200	Tu M-F	3/5 3/25-3/29	8:00am-5:00pm 8:00am-5:00pm
303108-01 303108-02	\$10 \$10	W W	3/6 4/3	11:15am-12:00pm 11:15am-12:00pm	303225-03	\$40	F	4/5	8:00am-5:00pm
303108-03	\$10	W	5/1	11:15am-12:00pm	303225-04	\$40	W	4/10	8:00am-5:00pm
WEIRD & WON			t'a laarn ahau	t the strangest, coolest			MIDDLE SC	HOOL AGE	
				d unique crafts.	NOSTALGIC GA	MINC			
303109-01	\$10	F	3/8	11:15am-12:00pm			every Thurso	lav as we take a	blast through the past
303109-02 303109-03	\$10 \$10	F F	4/12 5/10	11:15am-12:00pm 11:15am-12:00pm		nd learn abo			Call 703-430-9840 for
ALL AROUND T					303314-01	Free		3/1-5/31	5:00pm-6:00pm
(Ages 3-5) Seco	ond Monday of			rent countries and their	MIDDLE SCHOO)L MONDAY			
cultures as we 303110-01	\$10	M	3/11	11:15am-12:00pm					ooking, therapeutic arts
303110-02	\$10	М	4/8	11:15am-12:00pm	on days that Lo				uired. We will not meet
303110-03	\$10	Μ	5/13	11:15am-12:00pm	303310-01	Free		3/4-3/25	5:00pm-6:00pm
SUPER SEEDS					303310-02 303310-03	Free Free		4/1-4/29 5/6-5/20	5:00pm-6:00pm 5:00pm-6:00pm
(Ages 3-5) Seco seeds and grow				e with nature and plant		1100		0,0 0,20	ereepin ereepin
303111-01	\$10	W	3/13	11:15am-12:00pm			MULT	IAGE	
303111-02 303111-03	\$10 \$10	W W	4/10 5/8	11:15am-12:00pm 11:15am-12:00pm	CHESS CLUB				
			0,0			join us for o	ur free chess	club program tha	t encourages players of
WHAT IS AN EN			d loarn about ii	nsects through different	all skill levels ar	d ages to co	me out and pl	ay and learn the	game of chess. Training
arts and crafts					will be provided 303703-01			30-9480 for mol 3/4-5/27	e information. 6:00pm-8:00pm
303112-01	\$10	M	3/18	11:15am-12:00pm				0, 1 0, 21	ereepin ereepin
303112-02 303112-03	\$10 \$10	M M	4/15 5/20	11:15am-12:00pm 11:15am-12:00pm				laga ta lagra hau	, to use the Cright Ma
ABC ART	<i>Q</i> .o		0,20	· · · · · · · · · · · · · · · · · · ·	will be cultivatir	ig new proje	cts and new c	rafts. Please feel	to use the Cricut. We free to bring items that
(Ages 3-5) Thir			Let's use the a	alphabet to make some	you would like t 303702-01	o create witi \$8	n you. For moi M	re questions, plea 3/1-5/27	ase call 703-430-9480 6:00pm-7:00pm
interesting and 303113-01	\$10	u. W	3/20	11:15am-12:00pm	PARENTS ESCA				
303113-02	\$10	W	4/17	11:15am-12:00pm			night on the to	own while we tak	e care of the little ones.
303113-03	\$10	W	5/15	11:15am-12:00pm	Each month wil	I have a diffe	erent craft pro	ject for kids to m	nake. They'll play board
AMAZING AME	RICA				games. video ga 303708-01	ames and wa \$20	atch a movie. F	Dinner included. 3/15	5:30pm-9:00pm
			use maps and	books to explore differ-	303708-02	\$20	F	4/19	5:30pm-9:00pm
ent states and t 303114-01	neir national tr \$10	F	3/22	11:15am-12:00pm	303708-03	\$20	F	5/17	5:30pm-9:00pm
303114-02	\$10	F	4/26	11:15am-12:00pm		and the second second	-		
303114-03	\$10	F	5/24	11:15am-12:00pm	and all the second s	1110		CON TON	
NIGHT OR DAY			un alalis s s	internation 4	A CONTRACTOR OF THE OWNER OF THE	- 2		- Hally	State of the local division of the local div
(Ages 3-5) The learn what's ab				interesting crafts as we	The state	119		- SAR /	and the second
303115-01	\$10	M	4/22	11:15am-12:00pm	the state of			The second	STATE SAL
ART INSPIRATI	ON				and the second		60 -	- UG	Numperin Tak
(Ages 3-5) Fou	rth Wednesday			by famous artists and	allow a		- State		
create your own	i iun and creat	live art pieces			and the second sec	and the second second	STATISTICS.	SHOLD INCOME.	A DECEMBER OF A

303102-02 303102-03	\$132 \$144	M, W, F M, W, F	4/1-4/29 5/1-5/31	9:30am-11:00am 9:30am-11:00am	303116-01 303116-02	\$10 \$10	W W	4/24 5/22	11:15am-12:00pm 11:15am-12:00pm
MY TODDLER 8 (Ages 18 month		meet our pre	eschool teacher	and explore the class-			ELEMENTA	ARY AGE	
room, every Tue	esday and Thur	sday of the r	month! Connect	t with other caregivers,	SCHOOLS OUT	CAMP - SPR	ING CREATE	8. CUUK	
your presence community. \$3.			idependence a	nd create a supportive	(Ages 5-11) If	your child en	joys working	with their hands	and experiencing new
303106-01	\$3	Tu, Th	3/5-5/30	11:15am-12:00pm					develop their creative We will also make sea-
SENSORY FUN					sonal snacks. F	Pack a nut-fre	e lunch, two	snacks, and a w	ater bottle. Remember
				Il use playdough to see	to "dress for th weeks in advan		ease notify us	of any dietary re	estrictions at least two
all the fun and e so many cool th				ugh can be made up of	303225-01	\$40	Tu	3/5	8:00am-5:00pm
303108-01	\$10	Ŵ	3/6	11:15am-12:00pm	303225-02 303225-03	\$200 \$40	M-F F	3/25-3/29 4/5	8:00am-5:00pm 8:00am-5:00pm
303108-02 303108-03	\$10 \$10	W W	4/3 5/1	11:15am-12:00pm 11:15am-12:00pm	303225-04	\$40	W	4/10	8:00am-5:00pm
(Ages 3-5) Sec			et's learn about	the strangest, coolest		l I	MIDDLE SC	HOOL AGE	
and ugliest anin	nals from arour	nd the world I	by doing fun an	d unique crafts.	NOSTALGIC GA	MING			
303109-01 303109-02	\$10 \$10	F F	3/8 4/12	11:15am-12:00pm 11:15am-12:00pm					blast through the past
303109-03	\$10	F	5/10	11:15am-12:00pm	more information		ut some class	ac video games. C	Call 703-430-9840 for
ALL AROUND T	HE WORLD				303314-01	Free		3/1-5/31	5:00pm-6:00pm
(Ages 3-5) Seco	ond Monday of t			rent countries and their	MIDDLE SCHO	OL MONDAY			
cultures as we (303110-01	uiscover them t \$10	nrougn a cra M	3/11	11:15am-12:00pm					ooking, therapeutic arts
303110-02	\$10	М	4/8	11:15am-12:00pm	on days that Lo				uired. We will not meet
303110-03	\$10	Μ	5/13	11:15am-12:00pm	303310-01	Free	, ,	3/4-3/25	5:00pm-6:00pm
SUPER SEEDS					303310-02 303310-03	Free Free		4/1-4/29 5/6-5/20	5:00pm-6:00pm 5:00pm-6:00pm
	ond Wednesday / a variety of pla			e with nature and plant					
SEEUS AND UIUW									
303111-01	\$10	W	3/13	11:15am-12:00pm			MULTI	AGE	
303111-01 303111-02				11:15am-12:00pm	CHESS CLUB		MULTI	AGE	
303111-01 303111-02 303111-03	\$10 \$10 \$10	W W W	3/13 4/10				ur free chess (club program that	t encourages players of
303111-01 303111-02 303111-03 WHAT IS AN EN	\$10 \$10 \$10 \$10	W W W	3/13 4/10 5/8	11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar	nd ages to co	ur free chess o me out and pla	club program that ay and learn the ç	game of chess. Training
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a	\$10 \$10 \$10 ITOMOLOGIST? a find out as we activities on the	W W W get buggy an third Monda	3/13 4/10 5/8 Id learn about ir y of the month.	11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar	nd ages to con I for beginner	ur free chess on the out and place s. Call 703-4	club program that ay and learn the g 30-9480 for mor	game of chess. Training
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01	\$10 \$10 \$10 ITOMOLOGIST if find out as we activities on the \$10	W W W get buggy an third Monda M	3/13 4/10 5/8 Id learn about ir y of the month. 3/18	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01	nd ages to con I for beginner Free	ur free chess of me out and pla s. Call 703-4	club program that ay and learn the g 30-9480 for mor	game of chess. Training re information.
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a	\$10 \$10 \$10 ITOMOLOGIST? a find out as we activities on the	W W W get buggy an third Monda	3/13 4/10 5/8 Id learn about ir y of the month.	11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Come	nd ages to con I for beginner Free DUCTION CL e out to an in	ur free chess of me out and pla s. Call 703-4 ASS htroductory cl	club program that ay and learn the g 30-9480 for mor 3/4-5/27 ass to learn how	game of chess. Training e information. 6:00pm-8:00pm
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03	\$10 \$10 \$10 ITOMOLOGIST if find out as we activities on the \$10 \$10	W W W get buggy an third Monda M M	3/13 4/10 5/8 Id learn about ir y of the month. 3/18 4/15	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Com- will be cultivatir	nd ages to cou l for beginner Free DUCTION CL e out to an in ng new projec	ur free chess of me out and pla s. Call 703-4 ASS htroductory cl sts and new cl	club program that ay and learn the g 30-9480 for mor 3/4-5/27 ass to learn how rafts. Please feel	yame of chess. Training te information. 6:00pm-8:00pm to use the Cricut. We free to bring items that
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03 ABC ART (Ages 3-5) Third	\$10 \$10 \$10 ITOMOLOGIST find out as we activities on the \$10 \$10 \$10 \$10	W W get buggy an third Monda M M M M	3/13 4/10 5/8 d learn about ir y of the month. 3/18 4/15 5/20	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Com- will be cultivatir	nd ages to cou l for beginner Free DUCTION CL e out to an in ng new projec	ur free chess of me out and pla s. Call 703-4 ASS htroductory cl sts and new cl	club program that ay and learn the g 30-9480 for mor 3/4-5/27 ass to learn how rafts. Please feel	game of chess. Training e information. 6:00pm-8:00pm
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03 ABC ART (Ages 3-5) Third interesting and	\$10 \$10 \$10 ITOMOLOGIST find out as we activities on the \$10 \$10 \$10 \$10 \$10	W W W get buggy an third Monda M M M M	3/13 4/10 5/8 d learn about ir y of the month. 3/18 4/15 5/20 Let's use the a	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Com- will be cultivatir you would like t 303702-01	nd ages to cou for beginner Free DUCTION CLA e out to an in ng new projecto co create with \$8	ur free chess of me out and pla s. Call 703-4 ASS htroductory cl sts and new co you. For mor	club program that ay and learn the g 30-9480 for mor 3/4-5/27 ass to learn how rafts. Please feel e questions, plea	yame of chess. Training te information. 6:00pm-8:00pm to use the Cricut. We free to bring items that use call 703-430-9480
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303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03 ABC ART (Ages 3-5) Third interesting and 303113-01	\$10 \$10 \$10 ITOMOLOGIST find out as we activities on the \$10 \$10 \$10 \$10 \$10	W W W get buggy an third Monda M M M M	3/13 4/10 5/8 d learn about ir y of the month. 3/18 4/15 5/20 Let's use the a 3/20	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Comwill be cultivatir you would like f 303702-01 PARENTS ESC/ (Ages 5-12) He Each month will	nd ages to cou l for beginner Free DUCTION CLA e out to an in ng new projecto to create with \$8 APE NIGHT ad out for a r l have a diffe	ur free chess of me out and pla s. Call 703-4 ASS htroductory cl ts and new cl you. For mor M hight on the to rent craft pro	club program that ay and learn the g 30-9480 for mor 3/4-5/27 ass to learn how rafts. Please feel e questions, plea 3/1-5/27 wn while we take ject for kids to m	yame of chess. Training te information. 6:00pm-8:00pm to use the Cricut. We free to bring items that use call 703-430-9480 6:00pm-7:00pm
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303102-02 303102-03	\$132 \$144	M, W, F M, W, F	4/1-4/29 5/1-5/31	9:30am-11:00am 9:30am-11:00am	303116-01 303116-02	\$10 \$10	W W	4/24 5/22	11:15am-12:00pm 11:15am-12:00pm
MY TODDLER 8 (Ages 18 month		meet our pre	eschool teache	r and explore the class-			ELEMENTA	ARY AGE	
room, every Tue	esday and Thur	sday of the r	month! Connec	t with other caregivers,	SCHOOLS OUT	CAMP - SPR	ING CREATE	& CUUK	
your presence community. \$3.			idependence a	nd create a supportive	(Ages 5-11) If	your child en	joys working	with their hands	and experiencing new
303106-01	\$3	Tu, Th	3/5-5/30	11:15am-12:00pm					develop their creative We will also make sea-
SENSORY FUN					sonal snacks. F	Pack a nut-fre	ee lunch, two	snacks, and a w	ater bottle. Remember
				Il use playdough to see ugh can be made up of	to "dress for th weeks in advan		ease notity us	of any dietary re	estrictions at least two
so many cool th				ugh can be made up of	303225-01	\$40	Tu	3/5	8:00am-5:00pm
303108-01 303108-02	\$10 \$10	W	3/6	11:15am-12:00pm 11:15am-12:00pm	303225-02 303225-03	\$200 \$40	M-F F	3/25-3/29 4/5	8:00am-5:00pm 8:00am-5:00pm
303108-02	\$10 \$10	W W	4/3 5/1	11:15am-12:00pm	303225-04	\$40	W	4/10	8:00am-5:00pm
WEIRD & WONI	DERFUL ANIMA	ALS							
(Ages 3-5) Sec	ond Friday of t	he month. Le		t the strangest, coolest			MIDDLE SC	HOOL AGE	
and ugliest anin 303109-01	nals from arour \$10	nd the world I F	by doing fun an 3/8	d unique crafts. 11:15am-12:00pm	NOSTALGIC GA				
303109-02	\$10	F	4/12	11:15am-12:00pm					blast through the past Call 703-430-9840 for
303109-03	\$10	F	5/10	11:15am-12:00pm	more information	on.		-	
ALL AROUND T					303314-01	Free		3/1-5/31	5:00pm-6:00pm
(Ages 3-5) Seco cultures as we o				rent countries and their	MIDDLE SCHO				
303110-01	\$10	M	3/11	11:15am-12:00pm					ooking, therapeutic arts uired. We will not meet
303110-02 303110-03	\$10 \$10	M M	4/8 5/13	11:15am-12:00pm 11:15am-12:00pm	on days that Lo	udoun Count		ols are closed.	
505110-05	ψιυ	IVI	0/10	11.10am-12.00pm	303310-01 303310-02	Free Free		3/4-3/25 4/1-4/29	5:00pm-6:00pm 5:00pm-6:00pm
SUPER SEEDS	and Wodpoodou	of the ment	. Wo will be on	e with nature and plant	303310-02	Free		5/6-5/20	5:00pm-6:00pm
seeds and grow				e with hature and plant					
303111-01	\$10 \$10	W	3/13	11:15am-12:00pm			MULTI	AGE	
	\$10 \$10 \$10	W W W	3/13 4/10 5/8	11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	CHESS CLUB		MULTI	AGE	
303111-01 303111-02 303111-03	\$10 \$10	W W	4/10	11:15am-12:00pm	(All Ages) Come		ur free chess (club program that	t encourages players of
303111-01 303111-02 303111-03 WHAT IS AN EN	\$10 \$10 ITOMOLOGIST	W W ?	4/10 5/8	11:15am-12:00pm	(All Ages) Come all skill levels ar	nd ages to co	ur free chess o me out and pla	club program that ay and learn the g	game of chess. Training
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a	\$10 \$10 ITOMOLOGIST find out as we activities on the	W W get buggy an e third Monda	4/10 5/8 Id learn about in y of the month	11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar	nd ages to co I for beginner	ur free chess o me out and pla s. Call 703-4	club program that ay and learn the g 30-9480 for more	game of chess. Training
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's	\$10 \$10 ITOMOLOGIST if find out as we	W W ? get buggy an	4/10 5/8 Id learn about ii	11:15am-12:00pm 11:15am-12:00pm nsects through different	(All Ages) Come all skill levels ar will be provided 303703-01	nd ages to co I for beginner Free	ur free chess of me out and plant of the out and pl	club program that ay and learn the g 30-9480 for more	game of chess. Training re information.
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01	\$10 \$10 ITOMOLOGIST ⁴ if find out as we activities on the \$10	W W get buggy an hird Monda M	4/10 5/8 Id learn about in y of the month 3/18	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Come	nd ages to co I for beginner Free DUCTION CL e out to an in	ur free chess of me out and pla rs. Call 703-4 ASS ntroductory cl	club program that ay and learn the g 30-9480 for mor 3/4-5/27 ass to learn how	game of chess. Training te information. 6:00pm-8:00pm
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303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03 ABC ART (Ages 3-5) Third	\$10 \$10 if out as we activities on the \$10 \$10 \$10 \$10	W W get buggy an e third Monda M M M M	4/10 5/8 d learn about in y of the month 3/18 4/15 5/20	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Com- will be cultivatir	nd ages to co I for beginner Free DUCTION CL e out to an in ng new projec	ur free chess of me out and pla rs. Call 703-4 ASS ntroductory cl cts and new cl	club program that ay and learn the g 30-9480 for mor 3/4-5/27 ass to learn how rafts. Please feel	game of chess. Training te information. 6:00pm-8:00pm
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03 ABC ART	\$10 \$10 if out as we activities on the \$10 \$10 \$10 \$10	W W get buggy an e third Monda M M M M	4/10 5/8 d learn about in y of the month 3/18 4/15 5/20	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Com- will be cultivatir you would like t 303702-01	nd ages to co for beginner Free DUCTION CL e out to an in ng new project to create with \$8	ur free chess of me out and pla rs. Call 703-4 ASS ntroductory cl cts and new co n you. For mor	club program that ay and learn the g 30-9480 for more 3/4-5/27 ass to learn how rafts. Please feel e questions, plea	yame of chess. Training te information. 6:00pm-8:00pm to use the Cricut. We free to bring items that use call 703-430-9480
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03 ABC ART (Ages 3-5) Third interesting and 303113-01 303113-02	\$10 \$10 find out as we activities on the \$10 \$10 \$10 \$10 d Wednesday o educational art \$10 \$10	W W get buggy an e third Monda M M M M of the month.	4/10 5/8 d learn about ir y of the month 3/18 4/15 5/20 Let's use the a 3/20 4/17	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Comw will be cultivatir you would like f 303702-01 PARENTS ESC/ (Ages 5-12) He	nd ages to co I for beginner Free DUCTION CL e out to an in ng new project to create with \$8 APE NIGHT ad out for a r	ur free chess o me out and pla 's. Call 703-4 ASS ntroductory cl cts and new cl n you. For mor M night on the to	club program that ay and learn the g 30-9480 for more 3/4-5/27 ass to learn how rafts. Please feel e questions, plea 3/1-5/27 wn while we take	game of chess. Training e information. 6:00pm-8:00pm v to use the Cricut. We free to bring items that use call 703-430-9480 6:00pm-7:00pm e care of the little ones.
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03 ABC ART (Ages 3-5) Third interesting and 303113-01	\$10 \$10 if out as we activities on the \$10 \$10 \$10 \$10 \$10	W W get buggy an e third Monda M M M M of the month.	4/10 5/8 d learn about ir y of the month 3/18 4/15 5/20 Let's use the a 3/20	11:15am-12:00pm 11:15am-12:00pm nsects through different 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Comw will be cultivatir you would like f 303702-01 PARENTS ESC/ (Ages 5-12) He Each month wil	nd ages to co I for beginner Free DUCTION CL e out to an in g new project to create with \$8 APE NIGHT ad out for a r I have a diffe	ur free chess o me out and pla 's. Call 703-4 ASS ntroductory cl cts and new cl n you. For mor M night on the to erent craft pro	club program that ay and learn the g 30-9480 for more 3/4-5/27 ass to learn how rafts. Please feel e questions, plea 3/1-5/27 wn while we take ject for kids to m	game of chess. Training te information. 6:00pm-8:00pm to use the Cricut. We free to bring items that use call 703-430-9480 6:00pm-7:00pm
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303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03 ABC ART (Ages 3-5) Third interesting and 303113-01 303113-02 303113-03 AMAZING AME (Ages 3-5) Four ent states and t 303114-01 303114-02 303114-03 NIGHT OR DAY- (Ages 3-5) The	\$10 \$10 ITOMOLOGIST if find out as we activities on the \$10 \$10 \$10 \$10 d Wednesday of educational art \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10	W W get buggy an third Monda M M M of the month. W W W w month. Let's ees. F F F F	4/10 5/8 d learn about in y of the month 3/18 4/15 5/20 Let's use the a 3/20 4/17 5/15 use maps and 3/22 4/26 5/24 un doing some	11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Come will be cultivatir you would like f 303702-01 PARENTS ESC/ (Ages 5-12) He Each month will games. video g 303708-01 303708-02	d ages to co l for beginner Free DUCTION CLA e out to an in ng new project to create with \$8 APE NIGHT ad out for a r l have a diffe ames and wa \$20 \$20	ur free chess o me out and pla 's. Call 703-4 ASS ntroductory cl cts and new cl n you. For mor M night on the to erent craft pro	club program that ay and learn the g 30-9480 for more 3/4-5/27 ass to learn how rafts. Please feel e questions, plea 3/1-5/27 wn while we take ject for kids to m Dinner included. 3/15 4/19	game of chess. Training te information. 6:00pm-8:00pm v to use the Cricut. We free to bring items that use call 703-430-9480 6:00pm-7:00pm e care of the little ones. take. They'll play board 5:30pm-9:00pm 5:30pm-9:00pm
303111-01 303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03 ABC ART (Ages 3-5) Third interesting and 303113-01 303113-02 303113-03 AMAZING AME (Ages 3-5) Four ent states and t 303114-01 303114-02 303114-03 NIGHT OR DAY- (Ages 3-5) The learn what's abd 303115-01 ART INSPIRATI	\$10 \$10 ITOMOLOGIST' if find out as we activities on the \$10 \$10 \$10 d Wednesday of educational art \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10	W W W get buggy an e third Monda M M M of the month. W W W w month. Let's ees. F F F F I Let's have fu ourth Monday M	4/10 5/8 d learn about in y of the month 3/18 4/15 5/20 Let's use the a 3/20 4/17 5/15 use maps and 3/22 4/26 5/24 un doing some y of the month. 4/22	11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels ar will be provided 303703-01 CRICUT INTRO (All Ages) Come will be cultivatir you would like f 303702-01 PARENTS ESC/ (Ages 5-12) He Each month will games. video g 303708-01 303708-02	d ages to co l for beginner Free DUCTION CLA e out to an in ng new project to create with \$8 APE NIGHT ad out for a r l have a diffe ames and wa \$20 \$20	ur free chess o me out and pla 's. Call 703-4 ASS ntroductory cl cts and new cl n you. For mor M night on the to erent craft pro	club program that ay and learn the g 30-9480 for more 3/4-5/27 ass to learn how rafts. Please feel e questions, plea 3/1-5/27 wn while we take ject for kids to m Dinner included. 3/15 4/19	game of chess. Training te information. 6:00pm-8:00pm v to use the Cricut. We free to bring items that use call 703-430-9480 6:00pm-7:00pm e care of the little ones. take. They'll play board 5:30pm-9:00pm 5:30pm-9:00pm

303102-02 303102-03	\$132 \$144	M, W, F M, W, F	4/1-4/29 5/1-5/31	9:30am-11:00am 9:30am-11:00am	303116-01 303116-02	\$10 \$10	W W	4/24 5/22	11:15am-12:00pm 11:15am-12:00pm
(Ages 18 month		o meet our pre	eschool teache	r and explore the class-			ELEMENT	ARY AGE	
	is cherished a	s we foster ir		t with other caregivers, nd create a supportive	SCHOOLS OUT (Ages 5-11) If y				and experiencing new
303106-01 SENSORY FUN	\$3	Tu, Th	3/5-5/30	11:15am-12:00pm	interests using	a variety of n	nediums to cr	eate art projects.	I develop their creative We will also make sea- vater bottle. Remember
(Ages 3-5) First				Il use playdough to see		e mess." Pl			estrictions at least two
so many cool th	nings and we w		!	ugh can be made up of	303225-01 303225-02	\$40 \$200	Tu M-F	3/5 3/25-3/29	8:00am-5:00pm 8:00am-5:00pm
303108-01 303108-02	\$10 \$10	W W	3/6 4/3	11:15am-12:00pm 11:15am-12:00pm	303225-03	\$40	F	4/5	8:00am-5:00pm
303108-03	\$10	W	5/1	11:15am-12:00pm	303225-04	\$40	W	4/10	8:00am-5:00pm
WEIRD & WON			t'a laarn ahau	t the strangest, coolest			MIDDLE SC	HOOL AGE	
				d unique crafts.	NOSTALGIC GA	MINC			
303109-01	\$10	F	3/8	11:15am-12:00pm			every Thurso	lav as we take a	blast through the past
303109-02 303109-03	\$10 \$10	F F	4/12 5/10	11:15am-12:00pm 11:15am-12:00pm		nd learn abo			Call 703-430-9840 for
ALL AROUND T					303314-01	Free		3/1-5/31	5:00pm-6:00pm
(Ages 3-5) Seco	ond Monday of			rent countries and their	MIDDLE SCHOO)L MONDAY			
cultures as we 303110-01	\$10	M	3/11	11:15am-12:00pm					ooking, therapeutic arts
303110-02	\$10	М	4/8	11:15am-12:00pm	on days that Lo				uired. We will not meet
303110-03	\$10	Μ	5/13	11:15am-12:00pm	303310-01	Free		3/4-3/25	5:00pm-6:00pm
SUPER SEEDS					303310-02 303310-03	Free Free		4/1-4/29 5/6-5/20	5:00pm-6:00pm 5:00pm-6:00pm
(Ages 3-5) Seco seeds and grow				e with nature and plant		1100		0,0 0,20	ereepin ereepin
303111-01	\$10	W	3/13	11:15am-12:00pm			MULT	IAGE	
303111-02 303111-03	\$10 \$10	W W	4/10 5/8	11:15am-12:00pm 11:15am-12:00pm	CHESS CLUB				
			0,0			join us for o	ur free chess	club program tha	t encourages players of
WHAT IS AN EN			d loarn about ii	nsects through different	all skill levels ar	d ages to co	me out and pl	ay and learn the	game of chess. Training
arts and crafts					will be provided 303703-01			30-9480 for mol 3/4-5/27	e information. 6:00pm-8:00pm
303112-01	\$10	M	3/18	11:15am-12:00pm				0, 1 0, 21	ereepin ereepin
303112-02 303112-03	\$10 \$10	M M	4/15 5/20	11:15am-12:00pm 11:15am-12:00pm				laga ta lagra hau	, to use the Cright Ma
ABC ART	<i>Q</i> .o		0,20	· · · · · · · · · · · · · · · · · · ·	will be cultivatir	ig new proje	cts and new c	rafts. Please feel	to use the Cricut. We free to bring items that
(Ages 3-5) Thir			Let's use the a	alphabet to make some	you would like t 303702-01	o create witi \$8	n you. For moi M	re questions, plea 3/1-5/27	ase call 703-430-9480 6:00pm-7:00pm
interesting and 303113-01	\$10	u. W	3/20	11:15am-12:00pm	PARENTS ESCA				
303113-02	\$10	W	4/17	11:15am-12:00pm			night on the to	own while we tak	e care of the little ones.
303113-03	\$10	W	5/15	11:15am-12:00pm	Each month wil	I have a diffe	erent craft pro	ject for kids to m	nake. They'll play board
AMAZING AME	RICA				games. video ga 303708-01	ames and wa \$20	atch a movie. F	Dinner included. 3/15	5:30pm-9:00pm
			use maps and	books to explore differ-	303708-02	\$20	F	4/19	5:30pm-9:00pm
ent states and t 303114-01	neir national tr \$10	F	3/22	11:15am-12:00pm	303708-03	\$20	F	5/17	5:30pm-9:00pm
303114-02	\$10	F	4/26	11:15am-12:00pm		and the second second	-		
303114-03	\$10	F	5/24	11:15am-12:00pm	and all the second second	1110		CON STOR	
NIGHT OR DAY			un alalis s. s	internation 4	A CONTRACTOR OF THE OWNER OWNER OWNER OF THE OWNER OWNE OWNER OWNE	- 2		- Hally	State of the local division of the local div
(Ages 3-5) The learn what's ab				interesting crafts as we	The state	119		- SAR /	and the second
303115-01	\$10	M	4/22	11:15am-12:00pm	the state of			The second	STATE SAL
ART INSPIRATI	ON				and the second		60 -	- UG	Numperin Tak
(Ages 3-5) Fou	rth Wednesday			by famous artists and	allow a		- State		
create your own	i iun and creat	live art pieces			and the second sec	and the second second	STATISTICS.	SHOLD INCOME.	A DECEMBER OF A

303102-02 303102-03	\$132 \$144	M, W, F M, W, F	4/1-4/29 5/1-5/31	9:30am-11:00am 9:30am-11:00am	303116-01 303116-02	\$10 \$10	W W	4/24 5/22	11:15am-12:00pm 11:15am-12:00pm
MY TODDLER &		to meet our pr	eschool teache	r and explore the class-			ELEMENT	ARY AGE	
room, every Tue	esday and Thi	ursday of the i	month! Connec	t with other caregivers,				8 COOK	
			ndependence a	ind create a supportive	SCHOOLS OUT				and experiencing new
community. \$3. 303106-01	.00 drop-in tei \$3	e. Tu, Th	3/5-5/30	11:15am-12:00pm					develop their creative
		iu, iii	3/3-3/30	11.13am-12.00pm	interests using a	a variety of r	nediums to cr	eate art projects.	We will also make sea- vater bottle. Remember
SENSORY FUN		of the menth T	hie class wo w	ill use playdough to see					estrictions at least two
				hugh can be made up of	weeks in advan		,	, ,	
so many cool th				agn oan oo maac ap or	303225-01	\$40	Tu	3/5	8:00am-5:00pm
303108-01	\$10	Ŵ	3/6	11:15am-12:00pm	303225-02 303225-03	\$200 \$40	M-F	3/25-3/29 4/5	8:00am-5:00pm 8:00am-5:00pm
303108-02	\$10	W	4/3	11:15am-12:00pm	303225-03	\$40 \$40	F W	4/5 4/10	8:00am-5:00pm
303108-03	\$10	W	5/1	11:15am-12:00pm	505225-04	ΨτΟ	vv	110	0.00411 0.00011
WEIRD & WON							MIDDLE SC		
				t the strangest, coolest					
		_		nd unique crafts.	NOSTALGIC GA	MING			
303109-01 303109-02	\$10 \$10	F	3/8 4/12	11:15am-12:00pm 11:15am-12:00pm					blast through the past
303109-02	\$10 \$10	F	4/12 5/10	11:15am-12:00pm			out some class	sic video games.	Call 703-430-9840 for
	ψιυ	ı	0/10		more informatic 303314-01			2/1 E/01	5:00pm-6:00pm
ALL AROUND T	-				303314-01	Free		3/1-5/31	0.00hiu-0.00hiu
				erent countries and their	MIDDLE SCHOO)L MONDAY			
cultures as we 303110-01	\$10	i inrougn a cra M	3/11	11:15am-12:00pm					ooking, therapeutic arts
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					303310-01 303310-02	Free Free		3/4-3/25 4/1-4/29	5:00pm-6:00pm 5:00pm-6:00pm
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(Ages 3-5) Seco seeds and grow				e with nature and plant					
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303111-03	\$10	W	5/8	11:15am-12:00pm	CHESS CLUB				
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303111-03 What is an en	\$10 NTOMOLOGIS	W T?			(All Ages) Come all skill levels an	d ages to co	ome out and pl	ay and learn the g	game of chess. Training
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303102-02 303102-03	\$132 \$144	M, W, F M, W, F	4/1-4/29 5/1-5/31	9:30am-11:00am 9:30am-11:00am	303116-01 303116-02	\$10 \$10	W W	4/24 5/22	11:15am-12:00pm 11:15am-12:00pm
MY TODDLER 8 (Ages 18 month		o meet our pre	eschool teache	r and explore the class-			ELEMENT	ARY AGE	
room, every Tue your presence i community. \$3.	esday and Thu is cherished a .00 drop-in fee	rsday of the r s we foster ir	month! Connec ndependence a	t with other caregivers, and create a supportive		our child er	njoys working	with their hands	and experiencing new
303106-01 Sensory fun	\$3	Tu, Th	3/5-5/30	11:15am-12:00pm	interests using a sonal snacks. P	a variety of n 'ack a nut-fr	nediums to cre ree lunch, two	eate art projects. snacks, and a w	develop their creative We will also make sea- vater bottle. Remember
	exciting things	we can create	e with it. Playdo	ill use playdough to see ough can be made up of	weeks in advan 303225-01	ce. \$40	Tu	3/5	estrictions at least two 8:00am-5:00pm
303108-01 303108-02 303108-03	\$10 \$10 \$10	W W W	3/6 4/3 5/1	11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	303225-02 303225-03 303225-04	\$200 \$40 \$40	M-F F W	3/25-3/29 4/5 4/10	8:00am-5:00pm 8:00am-5:00pm 8:00am-5:00pm
WEIRD & WONI	DERFUL ANIM						MIDDLE SC		
				t the strangest, coolest					
and ugliest anin		_			NOSTALGIC GA	MING			
303109-01	\$10	F	3/8	11:15am-12:00pm			every Thursd	ay as we take a	blast through the past
303109-02	\$10 \$10	F	4/12	11:15am-12:00pm					Call 703-430-9840 for
303109-03 All Around T	\$10 THE WORL D	F	5/10	11:15am-12:00pm	more informatio 303314-01	n. Free		3/1-5/31	5:00pm-6:00pm
		the month Le	earn about diffe	erent countries and their					
cultures as we d					MIDDLE SCHOO			achool for fun or	aling therepoutie arts
303110-01	\$10	M	3/11	11:15am-12:00pm					ooking, therapeutic arts uired. We will not meet
303110-02	\$10	М	4/8	11:15am-12:00pm	on days that Lo				
303110-03	\$10	М	5/13	11:15am-12:00pm	303310-01	Free	ty i ubile ocho	3/4-3/25	5:00pm-6:00pm
					303310-02	Free		4/1-4/29	5:00pm-6:00pm
SUPER SEEDS					303310-03	Free		5/6-5/20	5:00pm-6:00pm
				ne with nature and plant					
seeds and grow				11,15cm 10,00cm				-	
303111-01 303111-02	\$10 \$10	W W	3/13 4/10	11:15am-12:00pm 11:15am-12:00pm			MULT	AGE	
303111-03	\$10	Ŵ	5/8	11:15am-12:00pm	CHESS CLUB				
000111 00	ψισ		0,0			ioin us for o	ur frag chass	club program that	t encourages players of
		'n							
WHAT IS AN EN	NTOMOLOGIST	'				nd arres to co	ome out and ol		name of chess Iraining
			nd learn about i	nsects through different					game of chess. Training e information.
	s find out as we	e get buggy ar			will be provided	for beginne	rs. Call 703-4	30-9480 for mor	e information.
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303102-02 303102-03	\$132 \$144	M, W, F M, W, F	4/1-4/29 5/1-5/31	9:30am-11:00am 9:30am-11:00am	303116-01 303116-02	\$10 \$10	W W	4/24 5/22	11:15am-12:00pm 11:15am-12:00pm
MY TODDLER 8									
				r and explore the class- t with other caregivers,			ELEMENT	ARY AGE	
				and create a supportive	SCHOOLS OUT	CAMP - SPF	RING CREATE	& COOK	
community. \$3.									and experiencing new
303106-01	\$3	Tu, Th	3/5-5/30	11:15am-12:00pm					develop their creative
									We will also make sea- vater bottle. Remember
(Ages 3-5) First	Wednesday of	the month T	his class we w	ill use playdough to see					estrictions at least two
				bugh can be made up of	weeks in advan		_		
so many cool th	nings and we w			-	303225-01	\$40 \$200	Ти	3/5	8:00am-5:00pm
303108-01	\$10	W	3/6	11:15am-12:00pm	303225-02 303225-03	\$200 \$40	M-F F	3/25-3/29 4/5	8:00am-5:00pm 8:00am-5:00pm
303108-02 303108-03	\$10 \$10	W	4/3 5/1	11:15am-12:00pm 11:15am-12:00pm	303225-04	\$40	W	4/10	8:00am-5:00pm
303100-03	φιυ	VV	5/1	11.15am-12.00pm					·
WEIRD & WONI							MIDDLE SC		
				t the strangest, coolest					
and ugliest anin 303109-01	nals from aroui \$10	nd the world I F	by doing fun ar 3/8	nd unique crafts. 11:15am-12:00pm	NOSTALGIC GA				
303109-02	\$10 \$10	F	3/8 4/12	11:15am-12:00pm					blast through the past
303109-03	\$10	F	5/10	11:15am-12:00pm	more informatic		out some class	sic video games.	Call 703-430-9840 for
					303314-01	Free		3/1-5/31	5:00pm-6:00pm
		ا مانده می ماند	awa alaa ut aliffa	worst accurate in a const the size					
(Ages 3-5) Seco cultures as we (erent countries and their	MIDDLE SCHOO				
303110-01	\$10	M	3/11	11:15am-12:00pm					ooking, therapeutic arts
303110-02	\$10	Μ	4/8	11:15am-12:00pm	on days that Lo				uired. We will not meet
303110-03	\$10	М	5/13	11:15am-12:00pm	303310-01	Free		3/4-3/25	5:00pm-6:00pm
SUPER SEEDS					303310-02	Free		4/1-4/29	5:00pm-6:00pm
	ond Wednesday	v of the montl	n. We will be or	ne with nature and plant	303310-03	Free		5/6-5/20	5:00pm-6:00pm
seeds and grow									
303111-01	\$10	W	3/13	11:15am-12:00pm					
							MULT	IAGE	
303111-02	\$10	W	4/10	11:15am-12:00pm			MULI	IAGE	
					CHESS CLUB	ioin us for o			t encourages players of
303111-02 303111-03 What Is an En	\$10 \$10 NTOMOLOGIST	W W ?	4/10 5/8	11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come		ur free chess	club program tha	t encourages players of game of chess. Training
303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's	\$10 \$10 NTOMOLOGIST s find out as we	W W ? get buggy ar	4/10 5/8 nd learn about i	11:15am-12:00pm 11:15am-12:00pm	(All Ages) Come all skill levels an will be provided	nd ages to co I for beginne	ur free chess ome out and pl rs. Call 703-4	club program tha ay and learn the g 30-9480 for mor	game of chess. Training re information.
303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a	\$10 \$10 ITOMOLOGIST s find out as we activities on the	W W ? e get buggy ar e third Monda	4/10 5/8 nd learn about i	11:15am-12:00pm 11:15am-12:00pm nsects through different	(All Ages) Come all skill levels an	nd ages to co I for beginne	ur free chess ome out and pl rs. Call 703-4	club program tha ay and learn the g 30-9480 for mor	game of chess. Training
303111-02 303111-03 WHAT IS AN EN (Ages 3-5) Let's arts and crafts a 303112-01	\$10 \$10 ITOMOLOGIST s find out as we activities on the \$10	W W get buggy ar e third Monda M	4/10 5/8 nd learn about i ny of the month 3/18	11:15am-12:00pm 11:15am-12:00pm nsects through different	(All Ages) Come all skill levels an will be provided 303703-01	nd ages to co I for beginne Free	ur free chess me out and pl rs. Call 703-4	club program tha ay and learn the g 30-9480 for mor	game of chess. Training re information.
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303102-02 303102-03	\$132 \$144	M, W, F M, W, F	4/1-4/29 5/1-5/31	9:30am-11:00am 9:30am-11:00am	303116-01 303116-02	\$10 \$10	W W	4/24 5/22	11:15am-12:00pm 11:15am-12:00pm
MY TODDLER 8 (Ages 18 month		o meet our pre	eschool teache	r and explore the class-			ELEMENT	ARY AGE	
room, every Tue your presence i community. \$3.	esday and Thu is cherished a .00 drop-in fee	rsday of the r s we foster ir	month! Connec ndependence a	t with other caregivers, and create a supportive		our child er	njoys working	with their hands	and experiencing new
303106-01 Sensory fun	\$3	Tu, Th	3/5-5/30	11:15am-12:00pm	interests using a sonal snacks. P	a variety of n 'ack a nut-fr	nediums to cre ree lunch, two	eate art projects. snacks, and a w	develop their creative We will also make sea- vater bottle. Remember
	exciting things	we can create	e with it. Playdo	ill use playdough to see ough can be made up of	weeks in advan 303225-01	ce. \$40	Tu	3/5	estrictions at least two 8:00am-5:00pm
303108-01 303108-02 303108-03	\$10 \$10 \$10	W W W	3/6 4/3 5/1	11:15am-12:00pm 11:15am-12:00pm 11:15am-12:00pm	303225-02 303225-03 303225-04	\$200 \$40 \$40	M-F F W	3/25-3/29 4/5 4/10	8:00am-5:00pm 8:00am-5:00pm 8:00am-5:00pm
WEIRD & WONI	DERFUL ANIM						MIDDLE SC		
				t the strangest, coolest					
and ugliest anin		_			NOSTALGIC GA	MING			
303109-01	\$10	F	3/8	11:15am-12:00pm			every Thursd	ay as we take a	blast through the past
303109-02	\$10 \$10	F	4/12	11:15am-12:00pm					Call 703-430-9840 for
303109-03 All Around T	\$10 THE WORL D	F	5/10	11:15am-12:00pm	more informatio 303314-01	n. Free		3/1-5/31	5:00pm-6:00pm
		the month Le	earn about diffe	erent countries and their					
cultures as we d					MIDDLE SCHOO			achool for fun or	aling therepoutie arts
303110-01	\$10	M	3/11	11:15am-12:00pm					ooking, therapeutic arts uired. We will not meet
303110-02	\$10	М	4/8	11:15am-12:00pm	on days that Lo				
303110-03	\$10	М	5/13	11:15am-12:00pm	303310-01	Free	ty i ubile ocho	3/4-3/25	5:00pm-6:00pm
					303310-02	Free		4/1-4/29	5:00pm-6:00pm
SUPER SEEDS					303310-03	Free		5/6-5/20	5:00pm-6:00pm
				ne with nature and plant					
seeds and grow				11,15cm 10,00cm				-	
303111-01 303111-02	\$10 \$10	W W	3/13 4/10	11:15am-12:00pm 11:15am-12:00pm			MULT	AGE	
303111-03	\$10	Ŵ	5/8	11:15am-12:00pm	CHESS CLUB				
000111 00	ψισ		0,0			ioin us for o	ur frag chass	club program that	t encourages players of
		'n							
WHAT IS AN EN	NTOMOLOGIST	'				nd arres to co	ome out and ol		name of chess Iraining
			nd learn about i	nsects through different					game of chess. Training e information.
	s find out as we	e get buggy ar			will be provided	for beginne	rs. Call 703-4	30-9480 for mor	e information.
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(Ages 3-5) Let's arts and crafts a 303112-01 303112-02 303112-03	s find out as we activities on the \$10 \$10	e get buggy ar e third Monda M M	ay of the month 3/18 4/15	11:15am-12:00pm 11:15am-12:00pm	will be provided 303703-01 CRICUT INTROI (All Ages) Come will be cultivatin	for beginne Free DUCTION CL e out to an i g new proje	ASS Introductory cl	30-9480 for mor 3/4-5/27 ass to learn how rafts. Please feel	e information. 6:00pm-8:00pm r to use the Cricut. We free to bring items that
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Register at loudoun.gov/PRCSconnect



CLAUDE MOORE & DULLES SOUTH RECREATION & COMMUNITY CENTERS

SHARED ADMISSION FEES

All admissions include age-appropriate access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the climbing wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase. A 15-percent discount is available for active duty and retired members of the military and first responders on annual, six-month, and monthly memberships, as well as daily and 25-admission passes.

Spring Pass Sale May 13-June 10

15% off 6-month and annual passes

Daily

Ages 2 & under	Free (plastic training pants required in the pool)	
Agon 2 17		¢ ለ
Ages 18-54		\$6
Ages 55 & up		\$4
Children 11 and	under must always be supervised by an adult ins	ide the facility.
For children 5 and	d under and/or children wearing a life jacket, an a	dult must be in
the water within a	arms-reach of the child.	

Admission Pass - 25 admissions no expiration

Ages 3-17\$88	
Ages 18-54\$132	
Ages 55 & up	

Monthly Pass - unlimited use

Single Adult	\$50
Two Adults-same household	\$85
Family Dependent	
Family	
Senior	\$40
Senior Couple	
Adult & Senior	
Student	
	• •

6 Month Pass - unlimited use

Single Adult	\$250
Two Adults-same household	\$450
Family Dependent	\$70
Family	
Senior	\$200
Senior Couple	
Adult & Senior	\$400
Student	\$200

Annual Pass - unlimited use

Single Adult	\$450
Two Adults-same household	
Family Dependent	\$125

Family	\$1000
Senior/Youth	\$350
Senior Couple	
Adult/Senior	
Student	

SHARED GENERAL INFORMATION

FITNESS AREAS & TRACK AGE POLICY

Ages 16 and up can be unsupervised. Youth ages 12-15 must be supervised by an adult 16 years and older or have taken Youth Fitness Orientation. Ages 11 and under are not permitted unless in a programmed event or class.

CLIMBING WALL

Come climb at our Climbing Wall! Children 11 and under must be supervised by an adult or be in a programmed event or class. All climbers must have a Climbing Wall Release Form on file, signed by a parent or guardian if under 18 years old.

FACILITY RENTALS

Rental options are available in our gymnasium, multi-purpose room, and small classrooms. Visit us for a tour and to schedule your event. Payment is due at the time of reservation.

KID KARE

(Ages 1-11) Kid Kare is a drop-in childcare service available to paid visitors and passholders with children ages 1-11 years who are using the gym, pools or fitness areas or taking a fitness class.

\$4 per child, per visit with a 2-hour maximum. Fees: Free for 6-month and annual passholders.

AQUATICS & SAFETY PROGRAMS

Find information on Swim Lessons, Lifeguard Classes, and Aquatic Fitness in the AQUATICS section of this guide!



Kid Kare is open to all paid visitors with children ages 12 months - 11 years. Kids will have fun while parents/guardians exercise in the facility.

> \$4 per visit per child with a 2-hour maximum per visit.

And Kid Kare is FREE for all 6-month and annual pass holders.

KID KARE HOURS

Claude Moore Recreation & Community Center Monday-Friday 8:30am-1:30pm Saturday 8:00am-12:00pm

Dulles South Recreation & Community Center Monday-Friday 8:30am-1:30pm & 4:30pm-8:30pm Saturday 8:30am-12:00pm

General Registration Begins February 8



CLAUDE MOORE RECREATION & COMMUNITY CENTER

46105 Loudoun Park Lane, Sterling, VA 20164 571-258-3600 • loudoun.gov/claudemoorerec

Facility

Monday-Friday 5:00am-9:30pm • Saturday-Sunday 8:00am-8:00pm Kid Kare

Monday-Friday 8:30am-1:30pm • Saturday 8:00am-12:00pm **Climbing Wall**

Monday-Friday 4:00pm-8:00pm • Saturday-Sunday 11:00am-7:00pm LCPS Holidavs 11:00am-7:00pm

Competition Pool. Leisure Pool & Spa

Please visit loudoun.gov/PoolHours for the most up-to-date schedule.

Auxiliary Wing Monday-Friday 8:00am-4:00pm facebook.com/ClaudeMooreRecCenter

Open 11:00am-6:00pm on Easter Sunday, 3/31 Open 11:00am-6:00pm on Memorial Day, 5/27

Spring Pass Sale May 13-June 10

15% off 6-month and annual passes

LICENSED PROGRAMS

PRESCHOOL

(Ages 2.5-5) Loudoun County Parks, Recreation and Community Services currently offers quality early childhood programs. Our licensed professionals provide a safe, healthy learning environment that promotes social, physical, and intellectual growth of children that follows the STREAMin3 curriculum. Preschool offers parttime care for children during a nine-month program from September-May. Class days and hours vary; please inquire with specific centers regarding availability and schedules

CASA ACADEMY

(Ages 5-12) A nine-month after-school program for elementary children located at various community and recreation centers in Loudoun County. Children can participate in indoor and outdoor activities including arts, STEM, games, and sports. Children can complete homework during dedicated times.

PARENT & CHILD

TEENY TINY BOOK CLUB

(Ages 1-3) It's never too early to introduce your little one to the wide and wonderful world of children's literature! Each class will feature a different author and two of their books. Enjoy a group story reading and song with simple movements as you get to know other families of young children! Each participant will receive an activity to take home. Adult participation required. Fee is per child and adults are free. 3/4 373112-01 \$10 М 10:00am-10:45am

373112-02	\$10	М	3/18	10:00am-10:45am
373112-03	\$10	М	4/8	10:00am-10:45am
373112-04	\$10	М	4/22	10:00am-10:45am
373112-05	\$10	М	5/6	10:00am-10:45am
373112-06	\$10	М	5/20	10:00am-10:45am

MY FIRST ART CLASS

(Ages 1-3) Roll up your sleeves and come explore all that art has to offer! A truly "hands-on" experience that is sure to delight the senses, My First Art Class will introduce little creatives to a variety of art materials through process-based projects suitable for very young children. Adult participation required. Fee is per child and adults are free.

373113-01	\$15	М	3/11	10:00am-11:00am
373113-02	\$15	М	4/15	10:00am-11:00am
373113-03	\$15	М	4/29	10:00am-11:00am
373113-04	\$15	М	5/13	10:00am-11:00am

ITTY BITTY

(Ages 1.5-4) Bring your little one and make memories! Enjoy story time, songs, circle time, a themed activity and more! Adult participation required. Fee is per child and adults are free.

373111-01	\$20	Tu	3/12-3/19	10:00am-11:30am
373111-02	\$40	Tu	4/9-4/30	10:00am-11:30am
373111-03	\$30	Tu	5/7-5/21	10:00am-11:30am
373111-04	\$40	F	3/1-3/22	10:00am-11:30am
373111-05	\$30	F	4/12-4/26	10:00am-11:30am
373111-06	\$30	F	5/3-5/17	10:00am-11:30am

LITTLE STEPS INTO STEM

(Ages 3-5) Be your child's first lab partner and find out what you can discover together! We will dive into a variety of activities centering on math, engineering, technology, and science. Adult participation required. Fee is per child and adults are free

373114-01	\$15	W	3/6	10:00am-11:15am
373114-02	\$15	W	3/20	10:00am-11:15am
373114-03	\$15	W	4/17	10:00am-11:15am
373114-04	\$15	W	5/1	10:00am-11:15am
373114-05	\$15	W	5/15	10:00am-11:15am

MINI MASTERS

(Ages 3-5) Got a little DaVinci in the making? Eager to fan the flames of your child's artistic passion? Look no further! Our Mini Masters and their families will learn about a different famous artist every week with a story and an in-depth project that explores their life and work. Make your own mark on history! Adult participation required. Fee is per child and adults are free.

а	373115-01	\$15	W	3/13	10:00am-11:15am
al	373115-02	\$15	W	4/3	10:00am-11:15am
t-	373115-03	\$15	W	4/24	10:00am-11:15am
SS	373115-04	\$15	W	5/8	10:00am-11:15am
d	373115-05	\$15	W	5/22	10:00am-11:15am

PRESCHOOL AGE

SPORTIES 4 SHORTIES

(Ages 4-5) Develop kicking, running, throwing and good sportsmanship in this fun, athletic class made just for kids!

373125-01	\$10	Tu	3/12	1:30pm-2:15pm
373125-02	\$10	Tu	4/9	1:00pm-1:45pm
373125-03	\$10	Tu	4/23	1:30pm-2:15pm
373125-04	\$10	Tu	5/7	1:00pm-1:45pm
373125-05	\$10	Tu	5/21	1:30pm-2:15pm

CRAFTY CREW

GTR.

REC. & COMM.

(Ages 3-5) Let's get Crafty! Each program will feature seasonal themed crafts and onlare to encialize with their crow

	an opportunity	In hissenon	1015 LU SUCIAII.		v.
	373177-01	\$15	W	3/6	1:00pm-2:00pm
	373177-02	\$15	W	3/20	1:30pm-2:30pm
	373177-03	\$15	W	4/3	1:00pm-2:00pm
}	373177-04	\$15	W	4/17	1:30pm-2:30pm
	373177-05	\$15	W	5/1	1:00pm-2:00pm
1	373177-06	\$15	W	5/15	1:30pm-2:30pm

CLAUDE MOORE STAY & PLAY

(Ages 3-5) Stay with us and play! We will do small gym and playground activities for your preschooler. Instructor: Melissa Der

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373104-01	\$15	Th	3/7	1:00pm-2:00pm
373104-02	\$15	Th	3/21	1:30pm-2:30pm
373104-03	\$15	Th	4/4	1:00pm-2:00pm
373104-04	\$15	Th	4/18	1:30pm-2:30pm
373104-05	\$15	Th	5/2	1:00pm-2:00pm
373104-06	\$15	Th	5/16	1:30pm-2:30pm

PARENTS NIGHT OUT

(Ages 3-5) Parents enjoy a night out. Drop off your child for a fun night of crafts, pizza, the playground (weather permitting), and a movie to end the night while you take a break!

373109-01	\$16	F	3/15	5:00pm-9:00pm
373109-02	\$16	F	4/19	5:00pm-9:00pm
373109-03	\$16	F	5/17	5:00pm-9:00pm

DAYS OUT CAMP

(Ages 3-5) Schools Out? No Problem! Come to Claude Moore Recreation and Community Center for fun activities, games, crafts, time outside or in our gym and more!

373110-01	\$30	lu	3/5	9:00am-2:00pm

SPRING BREAK CAMP

(Ages 3-5) Schools Out? No Problem! Come to Claude Moore Recreation and Community Center for fun activities, games, crafts, time outside or in our gym and more! 373110-02 \$150 M-F 3/25-3/29 9:00am-2:00pm

ELEMENTARY AGE

ADVENTURE CHEFS

(Ages 7-12) Does your child love to cook? Our Adventure Chefs will explore their culinary curiosity by learning and cooking a variety of cuisines and dishes all while having tons of fun! Instructor: Melissa Derr

373175-01 ^ĭ	\$20	Μ	3/4	5:00pm-6:30pm
373175-02	\$20	М	4/22	5:00pm-6:30pm
373175-03	\$20	Μ	5/6	5:00pm-6:30pm

SPORT MADNESS

(Ages 6-11) Game on! The Sport Madness program will introduce and teach kids various team sports including soccer, basketball, kickball, handball and much more. Join us to explore a variety of sports!

373202-01	\$30	М	3/4-3/18	5:00pm-6:00pm
373202-02	\$30	Μ	4/8-4/22	5:00pm-6:00pm
373202-03	\$30	М	5/6-5/20	5:00pm-6:00pm

MESSY MONDAYS

(Ages 6-11) Does your child love to be messy and creative? Make a mess with us! Register your child to allow them to create AND make a mess with slime, bubbles, play dough paint and much more! Instructor Melissa Derr

5:00pm-6:30pm	
5:00pm-6:30pm	
5:00pm- 6 :30 5:00pm- 6 :30	

BASKETBALL BASICS

(Ages 5-7) The goal of Basketball Basics is to teach kids the fundamentals and basics of the game! Participants will have fun with basic cone drills and game scenarios. No class on 3/26.

373204-01	\$50	Tu	3/5-4/9	4:00pm-5:00pm
373204-02	\$50	Tu	4/23-5/21	4:00pm-5:00pm

BEYOND BASKETBALL BASICS

(Ages 8-12) Learn more about the game as we get deeper into ball movements and skills that go beyond the basics. No class on 3/26.

373205-01	\$50	Tu	3/ 5 -4/ 9	5:15pm-6:15pm
373205-02	\$50	Tu	4/ 2 3-5/2 1	5:15pm-6:15pm

RECESS EXTENDED

(Ages 6-11) Kids will have a blast extending recess after school and playing their favorite games including tag, kickball, four square, dodgeball, and many more fun and interactive activities. No class on 3/27.

373206-01	\$40	W	3/6-4/3	5:00pm-6:00pm

PARENTS NIGHT OUT

(Ages 6-11) Parents enjoy a night out. Drop off your child for a fun night of pizza, a trip to the climbing wall, the playground (weather permitting), and a movie to end the night.

373248-01	\$20	F	3/15	5:00pm-9:00pm
373248-02	\$20	F	4/19	5:00pm-9:00pm
373248-03	\$20	F	5/17	5:00pm-9:00pm

DAYS OUT CAMP

(Ages 6-11) Register now and don't miss this fun-packed camp! Campers will enjoy their break from school along with games, crafts, swimming, and time at the climbing wall. 373231-01 \$40 7:30am-6:00pm 3/5 Τu :30am-6:00pm

373231-02	\$40	F	4/5	7:30am-6:00pm
373231-03	\$40	W	4/10	7:30am-6:00pm

SPRING BREAK CAMP

(Ages 6-11) Register now and don't miss this fun-packed camp! Campers will enjoy their break from school along with games, crafts, swimming, and time at the climbing wall.

373231-04 \$200 3/25-3/29 M-F 7:30am-6:00pm

PAWS FOR ART BY ABRAKADOODLE- SPRING BREAK CAMP

(Ages 6-11) Calling all animal lovers! Make your favorite animals come to life using paint, collage, sculpture and more. If you LOVE animals and nature, then this is the camp for you! Campers will make two new art projects each day to take home. Same projects are created in AM and PM sessions. Call 571-367-3100 for more information. Instructor: Abrakadoodle

373700-01	\$1 90	M-F	3/25-3/29	9:00am-12:00pm
373700-02	\$1 90	M-F	3/25-3/29	1:00pm-4:00pm

ENGINEERING DESIGN PROCESS - SPRING BREAK CAMP

(Ages 8-11) This activity introduces participants to what engineers do and the process they use to create functional products and processes. If you enjoy brainstorming, problem solving, or are just interested in what engineers do, then this activity is for you! Instructor: Youth Technology Network

373701-01 \$300 M-F 3/25-3/29 9:00am-12:00pm

INTRODUCTION TO 3D MODELING & PRINTING - SPRING BREAK CAMP

(Ages 8-11) Use computer aided design software, 2D and 3D modeling processes, design thinking method, and 3D printing to produce a digital object. This activity is best for participants having limited to no CAD experience. All materials and equipment provided. Instructor: Youth Technology Network

373702-01	\$350	M-F	3/25-3/29	12:30pm-3:30pm
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TEEN

TEEN NIGHT

(Ages 12-17) Teen Night at Claude Moore Recreation and Community Center

makes a return on Friday nights. Come out once a month and enjoy activities like taken on a PC or tablet with a high-speed Internet connection. Allow approximately corn hole, Mario Kart, climbing wall, basketball and more. Pizza will be provided 2 hours 30 minutes to complete the online portion. Upon successful completion during the event. Drop ins are welcome of this course, you will receive a digital certificate for Adult and Pediatric First Aid/ CPR/AED valid for two years. īnač

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373308-01	\$20	F	3/1	5:30pm-9:15p
373308-02	\$20	F	4/12	5:30pm-9:15p
373308-03	\$20	F	5/3	5:30pm-9:15p

MULTIAGE

DOUBLES PICKLEBALL TOURNAMENT

(Ages 17 & up) Grab your	doubles partne	r and join us fo	or CMRCC's 2nd Doub
Pickleball Touri	nament. The	admission fee	is per participa	ant. Winners will each
ceive a vouche	er for 10 fre	e daily admission	ons to the faci	lity. For more informa
email jacob.be	asley@loude	oun.gov.		-
373506-01	\$5	Su	3/10	10:00am-1:00

3V3 BASKETBALL TOURNAMENT

(Ages 16 & up) Join us for our coed double elimination 3v3 basketball tournament! The admission fee is per team. Teams are guaranteed to play at least three games with the potential of playoffs and a championship game. For more information email lana.zjajo@loudoun.gov. Sa 373215-01 \$15 3/16 9:00am-12:00pm

FIRST AID COURSES

ADULT & PEDIATRIC FIRST AID/CPR/AED

(Ages 12 & up) This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants and meets OSHA/workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion and must be



15% OFF Annual & 6-mo. Passes

MAY 13-JUNE 10

CENTERS SOUTH RIDING STERLING

4:30pm-6:30pm

4:30pm-6:30pm

4:30pm-6:30pm

4:30pm-6:30pm

9:00am-4:00pm

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- **TWO MODERN. CONVENIENT RECREATION AND AQUATIC**
- **Dulles South Recreation** and Community Center
- **Claude Moore Recreation** and Community Center

5/11 Sa

(Ages 11-15) This class provides youth who are planning to babysit with the

knowledge and skills necessary to safely and responsibly give care for children

and infants. This training will teach participants basic childcare, leadership skills,

how to develop a babysitting business and ways to keep themselves and others

safe and help children behave. The course also includes first aid and Pediatric

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BABYSITTER'S TRAINING & PEDIATRIC FIRST AID/CPR

\$80

\$80

\$80

\$80

\$80

3/2

4/27

5/11

5/18

FITNESS TRAINING

PERSONAL TRAINING

CPR training.

373896-01

(Ages 12 & up) We offer 30 and 60-minute individual and semi-private personal training packages to help you reach your health and fitness goals. Our team of certified personal trainers can provide as much help as necessary to develop a consistent & efficient workout plan to achieve your fitness goals and to help make exercise a life-long habit. Patrons can sign up for 4, 8, or 12 personal training sessions by appointment only.Please contact katie.rubio@loudoun.gov or call (571)258-3600 for more information.



- Group Exercise Classes - Land & Water
- Cardio & Fitness Equipment
- Free Weights
- Competition & Leisure Pools
- Hot Tub Gymnasium
- Rock Climbing Walls
- And more!



GROUP EXERCISE CLASSES

(Ages 16 & up) Group Fitness classes are included in long-term or day passes. Six month and annual pass holders may sign up ahead of time. Spaces will be reserved in all classes for drop-in. Please check our website for the most up-todate schedule. Class Entrance Cards (CEC) can be obtained at the front desk thirty minutes before the start time of class. A copy of the monthly schedule can be found on our website, or at the front desk.

COMM. 60 **CLAUDE MOORE REC.**

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LAND FITNESS



ABSOGLUTELY

Shape, sculpt, strengthen your glutes, abdominals, thighs, and core muscles in this focused and energizing workout.

ADAPTIVE FIT

A class for teens and adults. We work on strength, cardio, mobility, agility, and balance. Taught by Jenny, a former social worker, the class focuses on improving fitness for everyone and specializes in working with special populations. Using her unique skills, Jenny designs the class to be fun and achievable for all fitness abilities.

BARRE

This class mixes elements from Pilates, yoga, and dance where the moves are choreographed to music. In each energizing and targeted workout, you'll use the barre and exercise equipment to sculpt, slim and stretch your entire body.

BELLY BLISS

This total body workout combines the movements of belly dance with strength training, cardio, flexibility, balance, and core conditioning. This is a great way to tone and strengthen your muscles, improve your flexibility, and boost your overall health and fitness

BODY BY KEKEE

This mix of yoga, strength and interval training will have you feeling great! Kekee uses AMRAP workouts to challenge you at your own pace.

BOOTCAMP

This circuit training class will you rotate through stations to work on muscles strength, endurance, cardio, and core. Great for all fitness levels.

CARDIO KICKBOXING

This high-energy, full body cardiovascular workout that blends boxing, martial arts techniques, and basic calisthenics to leave you sweating and feeling amazing!

CARDIO STRENGTH

A challenging mix of cardio machines with strength training and core work to give you the ultimate all in one workout!

CHAIR YOGA

Page 24

An adaptive Yoga practice that allows you to stay seated for most poses. Performing movements in the seated position enhances mobility and balance and allows for an improved range of motion. This class is best suited for seniors and beginners.

CIRCUIT FUSION

This 45-minute circuit training class will help you increase your lean muscle. shape your body, and increase your metabolism.

FIT FACTORY

Get in and out with this 45-minute strength training and power packed HIIT session on the fitness floor. This is a dynamic full-body workout making use of kettlebells, free weights, resistance bands, plyometrics, and loads of body weight exercises. This program is designed to be fun and challenging for a broad range of fitness levels

GENTLE. LOW IMPACT

GLO is our specialty class focused on strength and mobility for those looking for a gentler workout routine.

HATHA YOGA

Hatha Yoga consists of the classic sun salutation, held postures, breathing practices, meditation, and a guided deep relaxation.

PILATES FUSION

Get ready to improve mobility, flexibility, and core strength. Tone your physique and enhance the mind-body connection with a wide variety of calisthenics and resistance exercises to improve posture, balance, and stamina.

POUND

A full-body workout designed for all fitness levels, combining cardio, conditioning, and strength training with Pilates-inspired movements. Light weight drumsticks (Ripstix) are provided to drum to the beat of fun and engaging music. This is a high energy class open to all fitness levels.

POWER UP 60

Build, sculpt and tone your body with a high energy mix of resistance and interval training. Power Up 60 classes are led by certified personal trainers. Learn safe. effective techniques and form to optimize your training.

QIGONG FOR HEALTH

Start your Sunday with standing, stretching, breathing, and meditation with Ancient Qigong techniques.

TAI CHI/QIGONG

A practice of slow gentle movements and physical postures aiming to strengthen the whole body as well as the mind-body connection.

TAI CHI II

Long form Introduction, with refinement of Tai Chi principles into Intro to Pushing Hands. This class is designed for those who have been practicing Tai Chi/Qigong and are ready to move into more progressive movements.

VINYASA YOGA

Find your flow by stringing together relaxing and rejuvenating yoga poses. Power meets peace in learning to sync breath and movement. This practice is very fluid and is suitable for all levels.

WARRIOR WORKOUT

Challenge yourself in this fun and energetic class using battle ropes, kettlebells, agility ladders and more.

XTREME HIP HOP STEP

This 60-minute-high energy group cardio workout set to upbeat hip hop music will have you second kicks, punches, jumping jacks and more are guaranteed to raise your heartbeat to anaerobic levels and assure maximum caloric expenditure.

YIN YOGA

Beautiful meditative practice designed to open fascia and joints by sitting quietly in poses for 3 to 5 minutes. Class includes an hour of poses followed by an optional 15 minutes of meditation.

ZUMBA

A dance party with high-tempo music and the latest dance moves from Salsa. Samba, Merengue, and Hip Hop. This class is guaranteed to whip you into shape and energize your day.

AOUATIC FITNESS

DEEP WATER SPLASH

Join us in Deep Water Splash to add gentle impact cardio and resistance training to your fitness routine in the deep end of the pool. Participants must wear floatation belts and be able to swim.

H20 FIT

This class is Low Impact but High Intensity FUN in the pool. H20 Fit combines cardio and strength training in the comfort and ease of the water. Fun routines and specific exercises are incorporated to improve coordination and joint stabil



DULLES SOUTH RECREATION AND COMMUNITY CENTER

24950 Riding Center Drive, South Riding, VA 20152 571-258-3456 • loudoun.gov/dullessouthreccenter **Facility Hours**

Monday-Friday 5:00am-9:30pm • Saturday-Sunday 8:00am-8:00pm Kid Kare

Monday-Friday 8:30am-1:30pm; 4:30pm-8:30pm • Saturday 8:30-12:00pm **Climbing Wall**

Monday-Friday 4:00pm-8:00pm • Saturday -Sunday 11:00am-7:00pm LCPS Holidays 11:00am-7:00pm

Competition Pool

Monday-Friday 5:00am-9:15pm • Saturday-Sunday 8:00am-7:45pm Leisure Pool & Spa

Monday-Friday 9:00am-8:45pm• Saturday-Sunday 11:00am-7:45pm

Open 11:00am-6:00pm on Easter Sunday, 3/31 Open 11:00am-6:00pm on Memorial Day, 5/27

Spring Pass Sale May 13-June 10

15% off 6-month and annual passes

PARENT & CHILD

MUSIC AND MOTION

(Ages 1-3) Get your toddler moving and shaking to some fun songs! This fun class will keep you hopping and bopping. Parent/Guardian participation required Instructore: W/ Robocca Sameon E Sarah Kahl

	lebecca Jan	13011, 1 - Jaran	Παυπ	
305113-01	\$24	F	3/1-3/22	9:30am-10:00a
305113-02	\$18	W	3/6-3/20	9:30am-10:00a
305113-03	\$24	F	4/5-4/26	9:30am-10:00a
305113-04	\$30	W	5/1-5/29	9:30am-10:00a
305113-05	\$30	F	5/3-5/31	9:30am-10:00a

PARACHUTES BALLS AND FUN!

(Ages 1-3) Join your little one in the gym for some fun with parachute games,

10:15am-10:45am

10:15am-10:45am

9:30am-10:15am

10:15am-10:45am

10:15am-10:45am

10:15am-10:45am

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9:30am-10:15am

10:00am-10:45am

9:00am-9:45am

9:30am-10:15am

10:00am-10:45am

balls, music and movement. This is a great introductory class for the young toddler! Parent/Guardian participation required. Instructors: W-Rebecca Samson, F-Sarah Kabli

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3/1-3/22

3/6-3/20

4/3-4/24

4/5-4/26

5/1-5/29

5/3-5/31

3/4-3/18

3/12-3/1

3/7-3/21

4/1-4/29

4/2-4/30

4/4-4/25

5/6-5/20

5/7-5/28

5/2-5/30

TINY TOT TUMBLING

305115-01

305115-02

305115-03

305115-04

305115-05

305115-06

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\$24

\$32

\$40

(Ages 1-3) Join your toddler for this fun movement and tumbling time class. Skills introduced are tumbling, climbing, balancing, and bouncing to enable children to develop their gross motor skills using age-appropriate equipment. Children will also join the instructor in a parachute game and a song. Parent/Guardian participation required. Instructors: M-Sarah Kabli. Tu/Th-Becca Samson

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MONDAY MINGLE

(Ages 1-3) Join your toddler in some unstructured play time! Make new friends and reconnect with old in this hour of fun in a preschool room setting. This will be unstructured time with toys and friends to get your little one used to preschool while they are still with you! Parent/Guardian participation required. Instructor: Sarah Kahli

305131-01	\$24	М	3/4-3/18	10:30am-11:30am
305131-02	\$40	М	4/1-4/29	10:30am-11:30am
305131-03	\$24	М	5/6-5/20	10:30am-11:30am
			1/1 I/E0	rerectant ritectan

MINI CRAFTY CORNER

(Ages 2-3) Spend some time with your little one getting creative! You and your child will get to create their own craft, socialize with friends old and new, practice their colors, and enhance their fine motor skills! Activities may be messy! Parent/ Guardian participation required. Session themes- March: St. Patrick's Day, April:

Bunnies, May: S	Spring. Instru	ctor; Sarah K	abli	
305148-01	\$15	Th	3/14	10:00am-10:45am
305148-02	\$15	Th	4/11	10:00am-10:45am
305148-03	\$15	Th	5/16	10:00am-10:45am

LITTLE HOOPSTERS

(Ages 2-3) Join your little basketball player for some fun in the gym! Your child will begin to learn basic basketball skills in a fun, age-appropriate setting. Parent/ Guardian participation required. Instructor: Rebecca Samson 305121-01 \$24 W 4/3-4/24 10:15am-10:45am

BABY PETITE BALLET

(Ages 2-3) Be prepared to move with your petite dancer and discover elements of dance and ballet vocabulary. This is a parent/child class. Soft ballet shoes recommended. Parents should wear clothing that allows them to move comfortably. Instructor: Marisol Ortiz

305156-01 \$70 Sa 4/6-5/18 11:30am-12:00pm

COOKIES WITH MOM

Jam (Ages 2-3) We're celebrating moms! Join your little one in making a Mother's Day craft and then enjoy some cookies together. Please let us know at least one Jam week prior to class if you have any allergy or dietary restrictions by emailing carol. Jam Jam iohnson@loudoun.gov. Instructor: Sarah Kabli Jam 305137-01 \$15 Th 5/910:00am-11:00am

GTR. FUN FRIDAY

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SOUTH REC.

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(Ages 3-5) This is a class full of all things FUN! We will play sports, games, tumble, dance, and laugh! Each week we may play a new sport, do some tumbling, read a story, play games and/or dance to some fun music! This fun class is a great intro to a preschool type setting. Children will have some free play but also learn to follow directions during our structured fun games. Instructor: Sarah Kabli

305117-01	\$40	F	3/1-3/22	11:15am-12:15pm
305117-02	\$40	F	4/5-4/26	11:15am-12:15pm
305117-03	\$50	F	5/3-5/31	11:15am-12:15pm

FIRST KICKS WITH COACH MATEO

(Ages 3-5) Learn the fundamentals of the sport in an age appropriate, fun environment. Your little kicker will learn dribbling, passing, stopping, and scoring, all through fun games and activities. Instructor: Mateo Leach

305110-01	\$40	F	3/1-3/22	1:30pm-2:30pm
305110-02	\$30	Th	3/7-3/21	12:00pm-1:00pm
305110-03	\$30	Th	3/7-3/21	1:30pm-2:30pm
305110-04	\$40	Th	4/4-4/25	12:00pm-1:00pm
305110-05	\$40	Th	4/4-4/25	1:30pm-2:30pm
305110-06	\$40	F	4/5-4/26	1:30pm-2:30pm
305110-07	\$50	Th	5/2-5/30	12:00pm-1:00pm
305110-08	\$50	Th	5/2-5/30	1:30pm-2:30pm
305110-09	\$50	F	5/3-5/31	1:30pm-2:30pm

SPRING STEM

(Ages 3-5) Learn about the science of flowers, animals, weather and all sorts of fun spring-themed elements through STEM challenges, stories and crafts. No Classes 3/25-29. Instructor: Mai Aladle

305133-01	\$40	F	3/1-3/22	1:30pm-2:30pm

ARABIC FOR PRESCHOOLERS

(Ages 4-6) Come and learn the basics of Arabic! Children will learn the alphabet and basics of the language in a fun way, while engaging in activities, songs, poems and games! Class will meet twice a week for one hour throughout the session to allow children to progress with the language. No Classes 3/25-3/29. Instructor: Aida Hamad

305108-01	\$220	M, W	3/4-5/22	1:30pm-2:30pm

MATH & SNACK

(Ages 3-5) Join us for some fun with math! Your child will prepare a special snack and use their snack of the day to practice their counting, sorting, comparing, and measuring skills. Activities may also include reading a math-related story and playing math games. Snack projects will contain egg, milk, nuts, soy, corn, etc. Inform instructor of any allergies 2 weeks before program starts. Doctor's authorization required for Epi-Pen to be onsite. Instructor: Sarah Kabli 1.20nm-2.300m

305145-01	\$30	IVI	3/4-3/18	1:30pm-2:30pm

OBSTACLE COURSE GALORE

(Ages 3-5) Join this fun class! Challenge yourself with a fun, age-appropriate obstacle course! Have fun running, jumping, and climbing while improving coordination and balance.

305149-01	\$30	М	3/4-3/18	1:30pm-2:30pm
305149-02	\$50	Tu	4/2-4/30	1:30pm-2:30pm
305149-03	\$50	W	5/1-5/29	1:00pm-2:00pm

PRESCHOOL IS OUT CAMP

(Ages 3-5) Join us on your day off of school for some extra fun! Make your own crafts, play fun games and preschool aged activities. Students will have fun with math facts and play math games. Pack a peanut free lunch, snack and water bottle. Dress for both indoor and outdoor activities. $0.00 \text{ m}_2.00 \text{ m}_3$ 205122-01 ¢30 Tu

305122-01	\$3U	IU	3/0	9:00am-2:00pm

AESOP'S FABLES

(Ages 3-5) Discover valuable life lessons such as sharing, honesty and perseverance through Aesop's classic fables, including: The Boy Who Cried Wolf, The Lion and the Mouse, and The Tortoise and The Hare. Instructors: Mai Aladle and Sarah Kabli

305136-01 \$30

3/6-3/20 11:00am-12:00pm

BLAZIN' BASKETBALL

(Ages 3-5) Join us for some basketball FUN-damentals! Learn to dribble, shoot, and pass all in a fun, age-appropriate, action-packed class! 30

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305107-01	\$30	W	3/6-3/20	1:30pm-2:30pm
305107-02	\$50	М	4/1-4/29	1:30pm-2:30pm
305107-03	\$40	Tu	5/7-5/28	1:00pm-2:00pm

DINOSAUR ADVENTURES

(Ages 3-5) Calling all dinosaur fans! Join Miss Sarah for some prehistoric fun. We will read stories, play games, and do crafts to help us learn more about dinosaurs. Instructor: Sarah Kabli

305119-01	\$30	W	3/6-3/20	1:30pm-2:30pm

WONDERFUL WEDNESDAYS

(Ages 3-5) Join Miss Suman for some arts and crafts, games, songs, stories and fun! Spend some time with friends and make new ones! Plan for indoor and outdoor activities. Please pack a peanut free snack and water bottle. Instructor: Suman Khandelwal

305114-01	\$30	W	3/6-3/20	1:30pm-2:30pm
305114-02	\$50	W	5/1-5/29	1:30pm-2:30pm

STORYTIME STEM

(Ages 3-5) Let's explore the world of STEM through our beloved nursery rhymes and fairy tales. We will explore ways to keep Humpty Dumpty from breaking after falling, build sturdy homes for little piggies to stay safe from the big bad wolf and much more! Instructor: Indira DeSilva

305135-01	\$30	Th	3/7-3/21	11:00am-12:00pm
305135-02	\$50	Th	5/2-5/30	11:00am-12:00pm

STORY MAKERS

(Ages 3-5) Let's be authors of our own adventures! We will come up with new stories and create our own story books! Instructor: Indira DiSilva 305141-01 \$30 Th 3/7-3/21 1:30pm-2:30pm

SPACE EXPLORERS

(Ages 3-5) Join us to learn about planets, stars, constellations and much more through stories, crafts, and experiments. Instructor: Indira DeSilva 305160-01 \$20 Tu 3/12-3/19 1:30pm-2:30pm

SPORTS MADNESS

(Ages 3-5) Learn a new sport each week! We will play basketball, soccer, football and more! Each class will introduce a sport in a fun, age-appropriate setting.

305104-01	\$20	Tu	3/12-3/19	1:30pm-2:30pm
305104-02	\$40	W	4/3-4/24	1:30pm-2:30pm
305104-03	\$30	М	5/6-5/20	1:00pm-2:00pm

PARENTS NIGHT OUT

(Ages 3-5) Enjoy a night out while your kids enjoy pizza, crafts, games, and a movie. Call 571-258-3456 for more information.

305127-01	\$16	F	3/15	5:00pm-9:00pm
305127-02	\$16	F	4/12	5:00pm-9:00pm
305127-03	\$16	F	5/10	5:00pm-9:00pm

BUG-MANIA - MINI ARTISTS BY ABRAKADOODLE

(Ages 3.5-5) In this session our mini artists will be inspired to create multimedia artwork highlighting different fascinating creatures that buzz through the air, crawl on the ground, or magically morph into something beautiful. They will learn about colors, shapes, and forms as they explore different art materials such as paints, modeling compounds, and other fun art materials. We will ignite your child's imagination each week with a new art project to take home. No class 3/30 for Spring Break. Instructor: Abrakadoodle

Sa 305161-01 \$160 3/16-5/11 10:30am-11:15am

PRESCHOOL SPRING BREAK CAMP

(Ages 3-5) Join us on your day off of school for some extra fun! Make your own crafts, play fun games and preschool aged activities. Students will have fun with

math facts and play math games. Pack a peanut free lunch spack and water CREATIVE KITCHEN

				nch, snack and water	CREATIVE KITC	HEN			
bottle. Dress fo	or both indoor	and outdoor	activities.						od. Children will learn
305102-01	\$30	M	3/25	9:00am-2:00pm					stick, bagel bear, veg-
305102-02	\$30 \$20	Tu	3/26	9:00am-2:00pm					one week prior to class
305102-03 305102-04	\$30 \$30	W Th	3/27 3/28	9:00am-2:00pm 9:00am-2:00pm	gov. Instructor: I			ns by emailing ca	arol.johnson@loudoun.
305102-05	\$30	F	3/29	9:00am-2:00pm	305134-01	\$40	Th	4/4-4/25	11:00am-12:00pm
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ITTLE DETECT									
				detectives solve mys-			h t t t		
nstructor: Sara		iuren wii wo	ork together to sor	ve their own mystery.					s the process! We will ng our imagination and
805139-01	\$50	М	4/1-4/29	1:30pm-2:30pm	creativity to life.				ig our imagination and
					305109-01	\$40	Th	4/4-4/25	1:30pm-2:30pm
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ndira DiSilva	anu y unougi	1 3101103, 610		01033 4/3. 111311 00101.					entists and their inven- e light bulb, and even
805129-01	\$40	Tu	4/2-4/30	1:30pm-2:30pm	ancient inventio				
					305125-01	\$40	F	4/5-4/26	1:30pm-2:30pm
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ages 3-5) Join Sarah Kabli	i us iui a spli	ng menned s	iory and craft! Instr	uctors: Mai Aladle and		-	will learn ba	sic hallet vocabul	ary and creative dance
305143-01	\$40	W	4/3-4/24	11:00am-12:00pm					ballet shoes and attire
					recommended a	after the first s	session. Instr	uctor: Marisol Or	tiz
THE REASONS					305157-01	\$70	Sa	4/6-5/18	12:15pm-1:00pm
				e a close look at each o Fall, Skate into Win-	STORY HOUR A				
				ermitting, we may go			d make a cr	aft that goes wit	h the book. Meet new
outside. Instruc	ctor: Sarah Ka	ıbli							ving simple directions.
305124-01	\$40	W	4/3-4/24	1:30pm-2:30pm	Instructor: Sarah				1 00 0 00
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305102-01	\$30	M	3/25	9:00am-2:00pm	about food and learn to make fun snacks like rainbow on a stick, bagel bear, veg etable coral garden and more! Please let us know at least one week prior to clas				
305102-02	\$30	Tu	3/26	9:00am-2:00pm					
305102-03 305102-04	\$30 \$30	W Th	3/27 3/28	9:00am-2:00pm 9:00am-2:00pm			ary restrictio	ons by emailing ca	rol.johnson@loudoun.
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teries! In the la	ast class, child	dren will wo	rk together to sol	ve their own mystery.	(Ages 3-5) Do y	ou know the	best part of	creating art? It is	s the process! We will
Instructor: Sara								we can use to brin	g our imagination and
305139-01	\$50	М	4/1-4/29	1:30pm-2:30pm	creativity to life.				
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305129-01	\$40	Tu	4/2-4/30	1:30pm-2:30pm	ancient inventior				
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305143-01	\$40	W	4/3-4/24	11:00am-12:00pm				of artistry. Soft b ructor: Marisol Ort	allet shoes and attire
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				o Fall, Skate into Win-	STORY HOUR A	ND CRAFTS			
ter, Spring into	Spring, and S	Swim into Su		ermitting, we may go	(Ages 3-5) Read	d a story and	l make a cra	aft that goes with	the book. Meet new
outside. Instruc				-	friends, relax he	earing a story	, and make		ing simple directions.
305124-01	\$40	W	4/3-4/24	1:30pm-2:30pm	Instructor: Sarah				4.00
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Free Admission

DRAW LIKE A FAMOUS ARTIST

305111-01	\$50	Th	5/2-5/3		1:30pm-2:	20nm
masternieces	inspired by the	em Instructo	r [.] Indira DeSi	lva		
(Ages 3-5) W	e will learn abo	out famous a	artists from a	round the	world and	create

DRAMATIC CLASSICS

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SOUTH REC.

DULLES

(Ages 3-5) Students will jump into an interactive story time featuring timeless clas- sics such as the Three Little Pigs, Jack and the Beanstalk, and Little Red Riding							
Hood. Using costumes, puppets, and crafting props we will recreate the classics through dramatic play. Instructor: Mai Aladle							
305130-01	\$50	E	5/3-5/31	1:30pm-2:30pm			
303130-01	φυυ	I	5/5-5/51	1.30pm-2.30pm			

SCIENCE ADVENTURES

(Ages 3-5) Join us for hands-on experiments that engage the child's curiosity! They will learn basic science concepts, practice following instructions, and explore the world around them. Instructor: Sarah Kabli 305138-01 \$30 Μ 5/6-5/20 1:30pm-2:30pm

ELEM	IENTA	RY A	GE

BIG KICKS WITH COACH MATEO

(Ages 6-9) Lear	'n and practic	e your soccer	skills! Refine your f	fundamentals and get
ready for the S	eason! Instru	ctor: Mateo Le	each	
005005 04	\$40	-	0/1 0/00	

305225-01	\$48	F	3/1-3/22	3:15pm-4:15pm
305225-02	\$48	F	4/5-4/26	3:15pm-4:15pm
305225-03	\$60	F	5/3-5/31	3:15pm-4:15pm

MAGNUS CHESS ACADEMY

(Ages 6 to 12) Learn chess with Magnus Academy, five-time world champion Magnus Carlsens academy! We've taught 100,000 children to play including state & national champions, but most students are beginners looking to learn a new skill and have FUN. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies. This in-person club includes free online extras including weekly practice tournaments, a Chesskid Gold membership (\$69 value) and an event with a chess celebrity. Last year's guests were World Champion Magnus Carlsen and Judit Polgar (the best female chess player of all time). All chess supplies provided, All skill levels are welcome. No class 3/26. Instructor: Magnus Chess Academy

305200-01	\$259	Tu	3/5-5/28	5:00pm-6:00pm
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SCHOOL'S OUT CAMP

(Ages 5.5-12) School's out? Come join DSRCC for a day of fun. Swimming in the pool, climb the climbing wall, games, arts and crafts, and more! Please pack a lunch, water bottle, swimming suit and towel.

305301-01	\$40	Tu	3/5	7:30am-6:00pm
305301-02	\$40	F	4/5	7:30am-6:00pm
305301-03	\$40	W	4/10	7:30am-6:00pm



ADVANCED SOCCER WITH COACH MATEO

(Ages 10-13) Take your soccer skills to the next level and be ready to hit the fields this spring. Up your agility, passing, touch, and instincts through proven drills and ne Instructor: Matoo Loach

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305226-01	\$24	Tu	3/12-3/19	4:00pm-5:00pm
305226-02	\$60	Tu	4/2-4/30	4:00pm-5:00pm
305226-03	\$48	Tu	5/7-5/28	4:00pm-5:00pm

PARENTS NIGHT OUT

(Ages 6-12) Enjoy a night out while your kids enjoy pizza, crafts, games, the pool, and a movie

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305204-01	\$20	F	3/15	5:00pm-9:00pm
305204-02	\$20	F	4/12	5:00pm-9:00pm
305204-03	\$20	F	5/10	5:00pm-9:00pm

BUG-MANIA - YOUNG ARTISTS BY ABRAKADOODLE

(Ages 6-11) Our young artists will be inspired to create multimedia artwork highlighting different fascinating creatures that buzz through the air, crawl on the ground, or magically morph into something beautiful. They will explore different art materials such as paints, modeling compounds, and other fun art materials. We will ignite your child's imagination each week with a new art project to take home. No class 3/30. Instructor: Abrakadoodle

305216-01	\$168	Sa	3/16-5/11	11:30am-12:30pm

SPRING BREAK CAMP

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(Ages 5.5-12) Over Spring Break come join DSRCC for some spring fun! Swim in the pool, climb the climbing wall, play games, make arts and crafts and more! Please pack a lunch, water bottle, swimming suit and towel each day.

305300-01	\$40	М	3/25	7:30am-6:00pm
305300-02	\$40	Tu	3/26	7:30am-6:00pm
305300-03	\$40	W	3/27	7:30am-6:00pm
305300-04	\$40	Th	3/28	7:30am-6:00pm
305300-05	\$40	F	3/29	7:30am-6:00pm

ENGINEERING DESIGN PROCESS - SPRING BREAK CAMP

(Ages 8-11) Interested in becoming an engineer? This activity introduces participants to what engineers do and the process they use to create functional products and processes. If you enjoy brainstorming, problem solving, or just interested in what engineers do then this activity is for you! All materials and equipment provided. Instructor: Youth Technology Network

305214-01 \$300 M-F 3/25-3/29 9:00am-12:00pm

PAWS FOR ART BY ABRAKADOODLE - SPRING BREAK

(Ages 6-11) Calling all animal lovers! Make your favorite animals come to life using paint, collage, sculpture and more. If you LOVE animals and nature, then this is the camp for you! Campers will make two new art projects each day to take home. *Same projects are created in both sessions. Instructor: Abrakadoodle

05217-01	\$190	M-F	3/25-3/29	9:00am-12:00pm
05217-02	\$190	M-F	3/25-3/29	1:00pm-4:00pm

3D SCIENCE EXPLORATION - SPRING BREAK CAMP

(Ages 8-11) Be immersed in a 3D exploration of earth and space science, life science, physical science, geography, and social sciences. All materials and equipment provided. Instructor: Youth Technology Network

305215-01 \$350 M-F 3/25-3/29 12:30pm-3:30pm

INTERMEDIATE PERFORMANCE BALLET

(Ages 8-10) This class is designed for children who have taken a class with Miss Marisol at Dulles South in the past or have previous dance training. Enroll in this class to experience an intermediate approach to ballet with intricate movement patterns, emphasis on the anatomically correct use of the body and a deeper appreciation for this art. Participants in this class may perform in a ballet performance on site at the end of the session. Participants in this class must get prior permission from instructor to register. Email Carol.Johnson@loudoun.gov for more information. Ballet soft shoes recommended. Instructor: Marisol Ortiz 305248-01 \$96 Tu 4/2-5/21 5:30pm-6:45pm

PERFORMANCE BALLET I

(Ages 5-6) Beginning Ballet and creative dance combined to help develop musicality, sense of artistry and self-discipline. Participants in this class may perform a Ballet Performance on site at the end of the season. Soft ballet shoes and attir recommended after first class. Instructor: Marisol Ortiz 305123-01 \$96 W 4/3-5/22 4:30pm-5:30pm

PERFORMANCE BALLET II

(Ages 16 & up) This class is designed to introduce women to strength training exercise and techniques to build strong muscles, bones, and have confidence in the (Ages 6-8) Beginning ballet and creative dance combined to help develop musicality, sense of artistry and self-discipline. Participants in this class may perform in gym. The focus is on basic movement patterns. You will learn how to incorporate a short story telling performance at the end of the session. Soft Ballet shoes and strength training into your existing fitness routine for better movement results. attire recommended after the first session. Instructor: Marisol Ortiz 305243-01 \$96 W 4/3-5/22 5:30pm-6:30p

PERFORMANCE BALLET III

(Ages 9-11) Get yourself into your old or new ballet slippers and train or refine your skills in classical ballet. Little or no experience needed. Give it a try! Participants in this class may perform in a ballet performance on the last day of the session. Soft ballet shoes and attire recommended. Instructor: Marisol Ortiz

305249-01 \$96 W 4/3-5/22 6:30pm-7:30pm PETITE BALLET II

(Ages 5.5-7) Children will learn basic ballet vocabulary and creative dance to help develop musicality and a sense of artistry. Soft ballet shoes and attire recommended after the first session. Instructor: Marisol Ortiz

305158-01	\$70	Sa	4/6-5/18	1:15pm-2:00

MULTIAGE

KENDO FOR BEGINNERS

(Ages 11 & up) Kendo, the art of Japanese fencing, strives to bring one's mind, body, and spirit together as one. Introduction to Kendo emphasizes a strong understanding of Kendo basics, including etiquette, footwork and basic strikes. This class will provide an introduction to Kendo and requires no experience. The expectation is participants move on to the regular kendo class after 1-2 semesters of the beginner's class. Instructor: Christie Eickhoff and Osamu Osawa **305208-01** \$64 F 4/5-5/24 7:00pm-7:45pm

KENDO - THE WAY OF THE SWORD

(Ages 11 & up) Kendo, the art of Japanese fencing, strives to bring one's mind, body, and spirit together as one. This class is for experienced Kendo participants who want to further their skills. Gi, hakama, and shinai are required, bogu is strongly encouraged. Christie Eickhoff and Osamu Osawa \$64 F 4/5-5/24 7:00pm-8:30pm 305211-01

FITNESS TRAINING

PERSONAL TRAINING

(Ages 12 & up) We offer 30 and 60-minute individual and semi-private training packages to help you reach your health and fitness goals. Our team of certified personal trainers can provide customers with as much help as necessary to develop a consistent & efficient workout plan, achieve their desired fitness goals, and learn how to make exercise a life-long habit. Customers can sign up for 4, 8, or 12 personal training sessions by appointment only. Please contact dsrccprograms@ loudoun.gov or call (571)258-3456 for more information.

INBODY TEST

(Ages 12 & up) Go beyond the scale with the InBody Test, a non-invasive body Got 45-minutes? Take the time to make it count with our high-intensity strenght composition analysis that provides a detailed breakdown of your weight in terms and conditioning class designed to transform your body. of muscle, fat, and water on an InBody Result Sheet. Get results you can trust so you can reach your health and fitness goals. InBody tests can be scheduled or CYCLE done on a walk-in basis. To schedule your InBody assessment, please contact dsrccprograms@loudoun.gov or call (571)258-3456.

YOUTH FITNESS ORIENTATION

(Ages 12-15) The Youth Fitness Orientation is a one-hour class that will cover the basics of safe and effective exercise, equipment usage, and gym etiquette. Upon

successful completion of this orientation, a card will be issued that allows the card holder use of our fitness areas without a parent or quardian

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in	305555-01	\$45	Sa	3/2	9:00am-10:00am
ire	305555-02	\$45	Sa	4/6	9:00am-10:00am
	305555-03	\$45	Sa	5/4	9:00am-10:00am

WOMEN WITH WEIGHTS

305529-01	\$90	M, W	3/4-3/20	11:00am-12:00pm
305529-02	\$120	M, W	4/1-4/29	11:00am-12:00pm
305529-03	\$120	M, W	5/1-5/29	11:00am-12:00pm
		305529-02 \$120	305529-02 \$120 M, W	305529-02 \$120 M, W 4/1-4/29

GROUP EXERCISE CLASSES

(Ages 16 & up) The following Land & Aqua classes are included with an admission pass or membership. Classes are available to patrons 16 years and older. All class participants will be required to receive a Class Entrance Card (CEC) to participate in fitness classes. CEC can be obtained at the front desk thirty minutes before the start time of a class. A copy of the monthly schedule can be found on our website, or at the front desk.

LAND FITNESS

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BARRE

Barre is a low-impact workout that focuses on the entire body to help strengthen muscle and improve posture.

Aerobic exercise choreographed to great music. This ultra-fun dance workout will

BODY SCULPT

AEROBIC TONING

give you a full body cardio workout.

A total body and conditioning class using free weights, body bars, resistance bands and your own body weight. Great for beginner to advanced.

CARDIO KICKBOXING

This is a high-energy, full-body cardiovascular workout that blends boxing, martial arts techniques, and basic calisthenics to leave you sweating and feeling eneraized!

CORE POWER

Work on building your muscular and cardio endurance while rockin' it out to your favorite music! Sprint and climb while navigating high intensity intervals. All cycling classes are beginner friendly.





DANCE FIT

COMM.

A hi-lo impact dance class with Latin style. Learn Salsa, Samba, Merengue and more while getting a great workout.

FIT MIX

Fit Mix is a mix of arm, leg toning, core strength, balance, boxing & easy to follow cardio dance (Zumba and Bolly X) done to awesome music. This is a fun, total-body workout!

GENTLE YOGA

"Easy does it". We will be gently opening and strengthening the body, connecting with our breath, and calming the mind.

GENTLE YOGA WITH BREATHING PRACTICES

This gentle class will incoporate slower paced movements that focus on alignment, strength, balance, and flexibility. Yogic breathing pactices will be introduced with Mudras and Bandha to imporve lung capacity.

HATHA MORNING FLOW

An energizing flow to start your day. This class focuses on the fundamental system of pairing poses and breathing, as well as the practice of meditation. Appropriate for all levels and abilities.

HATHA YOGA

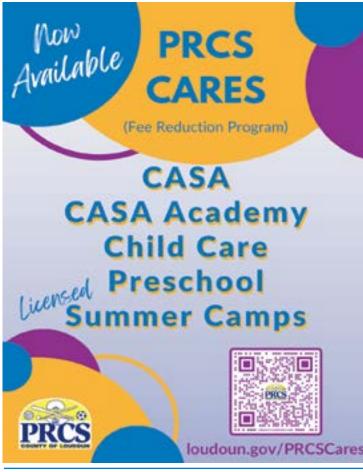
Hatha Yoga consists of the classic sun salutation, held postures, breathing practices, meditation, and a guided deep relaxation. This class is designed for all levels.

HIIT EXPRESS

Want big results in a short amount of time? Burn calories and get fit with this high intensity interval class.

HIRT EXPRESS

High Intensity Resistance Training (HIRT). Want all the benefits of interval training, but looking to build muscle? HIRT training puts the best of cardio and resistance training together.



MOVING WARRIOR YOGA

Find your inner strength with this Hatha yoga flow. This class combines strength, stability, and varied intensity. Suitable for all levels.

POWER CARDIO

Increase your stamina and burn calories during this fun and powerful cardio workout set to amazing music.

SCore!

Designed to strengthen the abs, glutes, and back muscles through a variety of exercises set to fun music. Suitable for all levels.

SCore! & MORE

All the core work and stretching you love from SCore! Class with a bonus 15-minutes focused on upper body strength.

SLAY

Want to burn calories even after your workout? Come meet SLAY!! A high intensity mix of cardio and weight training for a targeted heart rate. Burn fat and build muscle at the same time. Suitable for all levels.

STRENGTH EXPRESS

This 45-minute class focuses on muscular strength and endurance. Create lean muscle that will increase your metabolism and shape your body.

STRONG NATION

A revolutionary high-intensity workout led by music to motivate you to crush your ultimate fitness goals. NOT A DANCE CLASS!

SUNDAY SOUL YOGA

rise and energize with this full body flow to stretch and strengthen your muscles. With a focus on breath and body awareness, you will be guided through a hatha flow that will wake up the mind and body, so you'll be ready to enter the rest of your day with vitality.

SUNSET FLOW

Unwind and put aside the tensions of the day with this relaxing flow suitable for all levels. You will leave feeling focused and relaxed.

VINYASA YOGA

Find your flow by stringing together relaxing and rejuvenating yoga poses. Power meets peace in learning to sync breath and movement. This practice is very fluid and suitable for all levels.

YOGALATES

Yogalates is a mixture of Yoga and Pilates. You will get a workout that increases core strength and improves posture while increasing flexibility and reducing stiffness.

ZUMBA

A dance party with high-tempo music and the latest dance moves from Salsa, Samba, Merengue and hip-hop, this class is guaranteed to whip you into shape and energize your day.

ZUMBA TONE

A powerful and calorie-torching fitness class. Target all the training zones by using lightweights to enhance your rhythm, tone your body, and define muscles.

AOUA FITNESS

AQUA HIIT

Get the heart pumping with this full body workout. All the benefits of a cardio workout with the added resistance of water. This class is suitable for all levels.

WATER FIT

Water Fit is a fun, fast-paced water class that combines cardio, core, and strength all while using the waters resistance to create a low impact workout. This class is ideal for all fitness levels.



AOUATICS

CLAUDE MOORE & DULLES SOUTH RECREATION & COMMUNITY CENTER

Facility Hours

Monday-Friday 5:00am-9:30pm • Saturday-Sunday 8:00am-8:00pm Kid Kare

Monday-Friday 8:30am-1:30pm, 4:30pm-8:30pm • Saturday 8:00am-12:00pm **Competition Pool, Leisure Pool & Spa**

Please visit loudoun.gov/PoolHours for the most up-to-date schedule.

Open 11:00am-6:00pm on Easter Sunday, 3/31 Open 11:00am-6:00pm on Memorial Day, 5/27

Spring Pass Sale May 13-June 10

15% off 6-month and annual passes

ADMISSION FEES

All admissions include age-appropriate access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the climbing wall Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase. A 15-percent discount is available for active duty and retired members of the military and first responders on annual, six-month, and monthly passes, as well as daily and 25-admission passes.

Dailv

-	
2 & under	Free (plastic training pants require
Ages 3-17	
Ages 18-54	
Ages 55 & up	
Family	
(Children 11 and under must be supervise	
(ormation in and and or made be dapervise	a by an addit at an arrive morae are

cility. For children 5 and under and/or children wearing a lifejacket, an adult mus be in the water within arms-reach of the child.)

Admission Pass (25 admissions no expiration)

Ages 3-17	\$88
Ages 18-54	
Ages 55 & up	\$88

Monthly Pass (unlimited use)

Single Adult	\$£
	\$8
	\$
Family	\$12
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	\$e
	\$7
	\$ ²
	+

6 Month Pass (unlimited use)

Single Adult	\$250
Two Adults-same household	\$450
Family Dependent	
Family	
Senior	\$200
Senior Couple	\$350
Adult & Senior	\$400
Student	

Annual Pass (unlimited use)

Single Adult	\$450
Two Adults-same household	
Family Dependent	\$125
Family	\$1000
Senior	\$350
Senior Couple	
Adult & Senior	\$700
Student	\$350

GENERAL INFORMATION

SWIM EVALUATIONS

Swim evaluations are recommended prior to a new enrollment in group swim classes. Please email the appropriate Center to request a date and time. At Claude Moore RCC, email Cmrccaquatics@loudoun.gov At Dulles South RCC, sign up for Activity Number: 305292 At Round Hill, email rhac@loudoun.gov

ROUND HILL INDOOR AQUATIC CENTER

	17010 Evening Star Drive
	Round Hill, VA 20141
	571-258-3562 • loudoun.gov/rhac
/e	Monday-Friday 6:30am-9:00pm • Saturday 8:00am-8:00pm • Sunday
ll.	12:00pm-6:00pm
ir-	*Please call or go to loudoun.gov/rhac for lane availability
of	
20	Closed on Memorial Day, 5/27

ADMISSION FEES

Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

red) Daily

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ŧ6	2 & under	Free (plastic training pants required)
рО Фл	Ages 3-17	\$3
р 4 1С	Ages 18-54	\$4
10 fa	Ages 55 & up	\$3
ia- uet	3 • • • • • •	

Admission Pass (25 admissions, no expiration)

	2 & under	Free
	Ages 3-17	\$60
	Ages 18-54	
•	Ages 55 & up	
	5	

BIRTHDAY PARTIES

Swim and party with your guests! Party times are available on Saturday and Sundays for groups of 15 or less. Email rhac@loudoun.gov for more information. Stop \$50 by to secure a date. Full payment is due at time of reservation. \$85

\$15 PRIVATE SWIM LESSONS 25

(All Ages) Email rhac@loudoun.gov for information about private and semi-private 640 swim lessons. 65

\$75 640

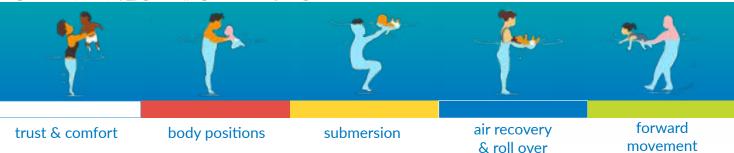
STARFISH SWIMMING curriculum

STARBABIES™ & STARTOTS™

AQUATICS

Please follow this color guide when selecting courses.

STARBABIES[™] & STARTOTS[™]



STARFISH STARKIDS[™] & SWIM SCHOOL[™] Color Fourses





For full Starfish Swimming Curriculum[™] please scan:



Color Fourses

General Registration Begins February 8



STARBABIES

(Ages 6 months-1.5) This parent/child class will focus on building trust and confidence between children and parents in the water. Children will use toys, sing songs, and play games to splash and play as they learn elementary water safety skills and grow comfortable in the water with

Sec	Fee	Day	Date	Time
01	\$68	Tu, Th	3/5-3/21	4:00pm-4:30pm
02	\$90	Tu, Th	4/2-4/25	4:00pm-4:30pm
03	\$68	Tu, Th	5/7-5/23	4:00pm-4:30pm
04	\$90	F	3/8-4/26	10:30am-11:00am

Activity Number: 373575						
	Sec	Fee	Day	Date	Time	
	01	\$68	Tu, Th	3/5-3/21	4:40pm-5	
	02	\$90	Tu, Th	4/2-4/25	4:40pm-5	
	03	\$68	Tu, Th	5/7-5/23	4:40pm-5	
	04	\$90	F	3/8-4/26	11:00am-:	

STARKIDSTM

STARKIDS

(Ages 3-5) Students will practice submersion with recovery to the surface, breath control, jumping in and climbing out, as well as learning important safety skills and behavior around water. No Pre-requisites or swim evaluation need-ed for entry into this class. Progression to the next level is contingent on meeting the pre-requisites of the StarKids Red class.

Location: Claude Moore Rec & Comm Ctr Activity Number: 373576

Sec	Fee	Day	Date	Time
01	\$45	F	3/1-3/22	3:45pm-4:15pm
02	\$45	F	4/5-4/26	3:45pm-4:15pm
03	\$45	F	5/3-5/24	3:45pm-4:15pm
Location: Dulles South Rec & Comm Ctr				

Activity Number: 305275

7641	TLY INGINE	JCI. 0034	L/J	
01	\$45	M, W	4/1-4/10	4:20pm-4:50pm
02	\$45	Tu, Th	3/5-3/14	4:20pm-4:50pm
03	\$45	Tu, Th	4/16-4/25	4:20pm-4:50pm
04	\$45	M, W	5/6-5/15	4:20pm-4:50pm

STARKIDS

(Ages 3-5) Students will practice front and back float, front and back streamline, and rolling by focusing on body positioning and air recovery in the water. Pre-requisites for this class: Go under water comfortably for 5 seconds with assistance, then come up to breathe, or a swim evaluation. Location: Claude Moore Rec & Comm Ctr

Activity Number: 373577

Sec	Fee	Day	Date	Time	
01	\$90	F	3/8-4/26	5:00pm-5:30pm	
Location: Dulles South Rec & Comm Ctr Activity Number: 305276					
01	⁻ \$68	ΜW	3/4-3/20	5.00nm-5.30nm	

01	\$68	M, W	3/4-3/20	5:00pm-5:30pm
02	\$68	M, W	3/4-3/20	5:40pm-6:10pm
03	\$90	M, W	4/1-4/24	5:00pm-5:30pm
04	\$90	M, W	4/1-4/24	5:40pm-6:10pm
05	\$68	M, W	5/6-5/22	5:00pm-5:30pm
06	\$68	Tu. Th	5/7-5/23	5:00pm-5:30pm

STARKIDS

(Ages 3-5) This class focuses on forward movement and changing direction in the water, and will introduce treading water, swimming underwater, streamline kicking, arm pulls, combined kick and pull on front and back, and breath control. Pre-requisites for this class: Jump in, submerge, recover for air, roll onto back for 5 seconds.

	ion: Clau ity Num		ore Rec & Com 578	m Ctr
Sec	Fee	Day	Date	Time
∩1	¢o∩	с ′	3/8-1/26	5·40r

01	\$90	F,	3/8-4/26	5:40pn	n-6:10pm
			th Rec & Comm	Ctr	
Activ	ity Num		52//	= 10	

01	\$68	M, W	3/4-3/20	5:40pm-6:10pm
02	\$68	Tu, Th	3/5-3/21	5:00pm-5:30pm
03	\$90	M, W	4/1-4/24	5:40pm-6:10pm
04	\$90	Tu, Th	4/2-4/25	5:00pm-5:30pm
05	\$68	M, W	5/6-5/22	5:00pm-5:30pm
06	\$68	M, W	5/6-5/22	5:40pm-6:10pm

STARKIDS

(Ages 3-5) This class focuses on rotary and integrated movement in the water. Students will practice kicking, pulling, streamline, side glide, and side breathing with the benchmark of swimming 10 yards with some rotary breath-ing. Pre-requisites for this class: Jump in, submerge, recover for air, kick and pull forward 10 feet on front and back, change direction and return to wall using change direction and return to wall, using swim-roll-swim to breathe technique.

Location: Claude Moore Rec & Comm Ctr Activity Number 272570

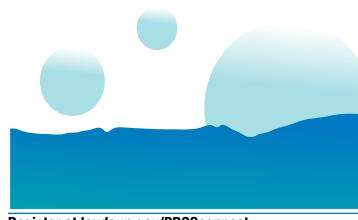
Αςτινι	ty Num	ber: 3/3	3/9	
Sec	Fee	Day	Date	Time
01	\$90	F	3/8-4/26	6:15pm-6:45pm
Locati	ion: Dul	les Soutl	h Rec & Comn	n Ctr
Activi	ty Num	ber: 305	278	
01	\$68	M, W	3/4-3/20	6:20pm-6:50pm
02	\$90	M, W	4/1-4/24	6:20pm-6:50pm
03	\$68	M, W	5/6-5/22	6:20pm-6:50pm



SWI	MSCHOO				SWIN	ASCHOO)L		
(Ages 6-12) This beginner class focuses on creating trust									ward movement and
and confidence in the water through creative, fun activ-									vill introduce treading
				on with recovery to					line kicking, arm pulls,
				n and climbing out, as					back, and breath
well a	as learnin	ig import	ant safety skills	s and behavior around					ump in, submerge,
				luation needed for				o back for 5 se	
entry	into this	class.						re Rec & Com	m Ctr
Location: Claude Moore Rec & Comm Ctr						ity_Numl			
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Sec	Fee	Day	Date	Time	01	\$68	M, W	3/4-3/20	6:00pm-6:30pm
01	\$45	F	3/1-3/22	4:20pm-4:50pm	02	\$90	M, W	4/1-5/29	6:00pm-6:30pm
02	\$45	F	4/5-4/26	4:20pm-4:50pm	03	\$68	M, W		6:00pm-6:30pm
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02	\$45	Tu, Th		4:20pm-4:50pm			M, W	4/1-4/24 4/2-4/25	6:20pm-6:50pm
03	\$45	<u>M, W</u>	4/15-4/24	4:20pm-4:50pm	04 05	\$98 \$68	M, W	5/6-5/22	6:20pm-6:50pm
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			will practice fr	ont and back float,	SWIN	ASCHOO			
				from front to back to				will practice ki	cking, pulling, stream-
				ning and air recovery	line.s	ide glide	and side	e breathing wit	the benchmark of
				ass: Assisted submer-					breathing and over-
				le up to breathe or					and survival floating.
			ed for entry int		Pre-requisites for this class: Jump in, submerge, recover				
			re Rec & Com		for air, kick-and-pull forward 10 feet on front and back,				
	ity Num				change direction and return to wall, using swim-roll-swim				
Sec	Fee	Day	Date	Time	to bre	eathe tec	hnique.		-
01	\$68	M, W	3/4-3/20	5:15pm-5:45pm				re Rec & Com	m Ctr
02	\$90	M, W		5:15pm-5:45pm	Activ	ity Numl	ber: 373	583	
03	\$68	M, W	5/6-5/22	5:15pm-5:45pm	Sec	Fee	Day	Date	Time
Locat	tion: Dul	les Soutl	h Rec & Comm	Ctr	01	\$68	M, W	3/4-3/20	6:40pm-7:10pm
Activ	rity Num	ber: 305	280		02	\$90	M, W	4/1-4/29	6:40pm-7:10pm
01	\$68		3/4-3/20	6:20pm-6:50pm	03	<u>\$68</u>	_ M, W	5/6-5/22	6:40pm-7:10pm
02	\$90		3/5-3/21	5:40pm-6:10pm	Locat	ion: Dull	es South	n Rec & Comm	Ctr
03	\$90	M, W	4/1-4/24	5:00pm-5:30pm		ity Numl		282	((
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06	\$68	Tu, Th	5/7-5/23	5:40pm-6:10pm	03	\$90	M, W	4/1-4/24	6:20pm-6:50pm
					04	\$90	M, W	4/1-4/24	7:00pm-7:30pm
					05	\$68	M, W	5/6-5/22	6:20pm-6:50pm
					06	\$68	M, W	5/6-5/22	7:00pm-7:30pm

SWIN	ASCHO				SWIN	ASCHOO	DL		
						(Ages 6-12) This class focuses on forward movement and			
(Ages									vill introduce treading
									line kicking, arm pulls,
the su	urface, b	reath cor	ntrol, jumping ir	and climbing out, as					back, and breath
well a	as learnir	ng import	ant safety skills	and behavior around					ump in, submerge,
water	r. No Pre	-requisite	es or swim eval	uation needed for				o back for 5 se	
entry	into this	class.						re Rec & Com	m Ctr
	Location: Claude Moore Rec & Comm Ctr					ity Numl	ber: 373	582	
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02	\$45	F	4/5-4/26	4:20pm-4:50pm	03	\$68	M, W		6:00pm-6:30pm
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03	\$45	M, W		4:20pm-4:50pm	04	\$98		4/2-4/25	6:20pm-6:50pm
04	\$45	Tu, Th	5/7-5/16	4:20pm-4:50pm	05	\$68	<u>M, W</u>		5:00pm-5:30pm
					06	\$68	Tu, Th	5/7-5/23	6:20pm-6:50pm
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			will practice fro	ont and back float,		ASCHOO			
				from front to back to	(Ages 6-12) This class will practice kicking, pulling, stream-				
				ing and air recovery	line, side glide, and side breathing with the benchmark of				
				iss: Assisted submer-					breathing and over-
				e up to breathe or	arm pulls. Class will introduce diving and survival floating. Pre-requisites for this class: Jump in, submerge, recover				
			ed for entry into						
			re Rec & Comr	n Ctr	for air, kick-and-pull forward 10 feet on front and back, change direction and return to wall, using swim-roll-swim				
		be <u>r</u> : 373						eturn to wall, t	ising swim-roll-swim
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02	\$90	Tu, Th		5:40pm-6:10pm	Locat	ion: Dull		h Rec & Comm	
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					02	\$68	M, W	3/4-3/20	7:00pm-7:30pm
05	\$68	M, W	5/6-5/22	6:20pm-6:50pm	03	\$90	M, W	4/1-4/24	6:20pm-6:50pm
06	\$68	Tu, Th	5/7-5/23	5:40pm-6:10pm	03	\$90 \$90			
							M, W	4/1-4/24	7:00pm-7:30pm
					05	\$68 \$68	M, W	5/6-5/22	6:20pm-6:50pm 7:00pm-7:30pm

SWIN	ASCHOO	OL .			SWIN	ISCHOO)L		
(Ages 6-12) This beginner class focuses on creating trust					(Ages	6-12) Th	nis class [.]	focuses on for	ward movement and
									vill introduce treading
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				n and climbing out, as					back, and breath
				and behavior around					ump in, submerge,
				uation needed for				o back for 5 se	
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Location: Claude Moore Rec & Comm Ctr							ber: 373		
	ity Num				Sec	Fee	Day	Date	Time
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02	\$45	F	4/5-4/26	4:20pm-4:50pm	03	\$68	M, W	5/6-5/22	6:00pm-6:30pm
03	\$45	F	5/3-5/24	4:20pm-4:50pm	Locat	ion: Dull	es Sout	n Rec & Comm	Ctr
			h Rec & Comm		Activi	ity Numl	ber: 305	281	
	ity Num				01	´ \$68	M, W	3/4-3/20	5:00pm-5:30pm
01	\$45	M, W	3/4-3/13	4:20pm-4:50pm	02	\$90	Tu, Th		6:20pm-6:50pm
02	\$45		4/2-4/11	4:20pm-4:50pm	03	\$90	M, W		6:20pm-6:50pm
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SWIN	ASCHOO							_	
			will practice fro	ont and back float,	SWIN	ASCHOO			
				from front to back to	(Ages 6-12) This class will practice kicking, pulling, stream-				
				ing and air recovery					h the benchmark of
				ass: Assisted submer-					breathing and over-
				e up to breathe or	arm pulls. Class will introduce diving and survival floating.				
			ed for entry into		Pre-requisites for this class: Jump in, submerge, recover				
			re Rec & Com		for air, kick-and-pull forward 10 feet on front and back,				
	ity Num			in ea	change direction and return to wall, using swim-roll-swim				
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02	\$90	M, W	4/1-4/29	5:15pm-5:45pm			ber: 373		
03	\$68	M, W		5:15pm-5:45pm	Sec	Fee	Day	Date	Time
			h Rec & Comm		01	\$68	M, W	3/4-3/20	6:40pm-7:10pm
	ity Num				02	\$90	M, W	4/1-4/29	6:40pm-7:10pm
01	\$68		3/4-3/20	6:20pm-6:50pm	03	\$68	M, W	5/6-5/22	6:40pm-7:10pm
02	\$90	Tu, Th		5:40pm-6:10pm	Locat		es South	n Rec & Comm	Ctr
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06	\$68	Tu, Th		5:40pm-6:10pm	03	\$90	M, W		6:20pm-6:50pm
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Register at loudoun.gov/PRCSconnect

STARFISH SWIMSCHOOLTM

SWIMSCHOOL	
JANIMISCUOOL	

STARFISH SWIMSCHOOL[™]

AQUATICS

TEEN SWIM SCHOOL

(Ages 13-17) This 45-minute beginning swim class for teens focuses on growing comfortable in the water while also learning essential water safety skills. Students will work on submersion with breath control and recovery to the surface, and front and back floating. No Pre-requisites or swim evaluation needed for entry into this class. Location: Claude Moore Rec & Comm Ctr

Activity Number: 373587

ACTIVITY NUMBER: 373367										
Sec	Fee	Day	Date	Time						
01	\$101	M, W	3/4-3/20	7:15pm-8:30pm						
02	\$135	M, W	4/1-4/29	7:15pm-8:30pm						
03	\$101	M, W	5/6-5/22	7:15pm-8:30pm						
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TEEN SWIM SCHOOL (Ages 13-17) This 45-minute intermediate-level class for teens focuses on forward movement in the water through learning gliding, arm and leg movements, and breath control; as well as water safety skills such as a survival float and treading water. Pre-requisites: Jump in, submerge, and recover for air, roll onto back for 5 seconds. Progresses into Teen Stroke Academy.

Location: Claude Moore Rec & Comm Ctr Activity Number: 373588

Sec	Fee	Day	Date	Time
01	\$101	Tu, Th	3/5-3/21	6:45pm-7:30pm
02	\$135	Tu, Th	4/2-4/25	6:45pm-7:30pm
03	\$101	Tu, Th	5/7-5/23	6:45pm-7:30pm

ADULT SWIM SCHOOL

(Ages 18 & up) This 45-minute beginning swim class for adults focuses on growing comfortable in the water while also learning essential water safety skills. Students will work on submersion with breath control and recovery to the surface, and front and back floating. No Pre-requisites or swim evaluation needed for entry into this class.

Location: Claude Moore Rec & Comm Ctr

Activity Number: 373591										
Sec	Fee	Day	Date	Time						
01	\$101	Tu, Th	3/5-3/21	7:45pm-8:30pm						
02	\$135	Tu, Th	4/2-4/25	7:45pm-8:30pm						
03	\$101	Tu, Th	5/7-5/23	7:45pm-8:30pm						
Location: Dulles South Rec & Comm Ctr										

Activity Number: 305575

	TLY INUITIN		J/ J	
01	\$101	M, W	3/4-3/20	7:40pm-8:25pm
02	\$135	M, W	4/1-4/24	7:40pm-8:25pm
03	\$101	M, W	5/6-5/22	7:40pm-8:25pm

ADULT SWIM SCHOOL

(Ages 18 & up) This 45-minute intermediate-level class for adults focuses on forward movement in the water through learning gliding, arm and leg movements, and breath con-trol; as well as water safety skills such as a survival float and treading water. Pre-requisites: Jump in, submerge, and recover for air, roll onto back for 5 seconds. Progresses into Adult Stroke Academy.

Location: Claude Moore Rec & Comm Ctr Activity Number: 373592

Sec	Fee	Day	Date	Time
01	\$101	Tu, Th	3/5-3/21	7:45pm-8:30pm
02	\$135	Tu, Th	4/2-4/25	7:45pm-8:30pm
03	\$101	Tu, Th	5/7-5/23	7:45pm-8:30pm



STARFISH STROKE ACADEMY

(Ages stroke fly. St devel swim ing, o Locat Activ Sec	e, with ar udents v op efficie overarm r pass a s ion: Clau ity Num Fee	his class will focus on f n introduction to breas vill practice drills and le ent strokes. Pre-requisi pulls with kick 30 fee swim evaluation. ude Moore Rec & Con ber: 373584 Day Date	Itstroke and butter- earn techniques to ites: Start in side-glide, t with rotary breath- nm Ctr Time	(Ages of Stroke freesty endura and ra- length: form a Locati Activit	Academ Ale, back ance. Stucing dive s of free t least 4 on: Clau	nis 45-m ny class a stroke, b udents w es. Pre-re style and strokes	and will incorp putterfly, while rill also practic equisites: Able d backstroke d of butterfly in re Rec & Com	m Ctr
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Locat	ion: Dul	Tu, Th 5/7-5/23 les South Rec & Comr	5:15pm-5:45pm n Ctr	01	\$101	M, W	3/4-3/20	7:00pm-7:45pm
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ocat	ion: Clau	ude Moo ber: 373	re Rec & Com	m Ctr	form at least 4 strokes of butterfly in good form. Location: Claude Moore Rec & Comm Ctr				
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stroke, with an introduction to breaststroke and butter- fly. Students will practice drills and learn techniques to develop efficient strokes. Pre-requisites: Start in side-glide, swim overarm pulls with kick 30 feet with rotary breath- ing, or pass a swim evaluation. Location: Claude Moore Rec & Comm Ctr					freesty endura and ra length	Stroke Academy class and will incorporate all four strokes, freestyle, backstroke, butterfly, while working on building endurance. Students will also practice starts and turns and racing dives. Pre-requisites: Able to perform multiple lengths of freestyle and backstroke during class and per-			
ocati Activi	ion: Clau itv Numl	ude Moo ber: 373	re Rec & Com 584	m Ctr	form at least 4 strokes of butterfly in good form. Location: Claude Moore Rec & Comm Ctr				
Sec	Fee	Day	Date	Time	Activi	ty Numb	er: 373	586	
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stroke, with an introduction to breaststroke and butter- fly. Students will practice drills and learn techniques to develop efficient strokes. Pre-requisites: Start in side-glide, swim overarm pulls with kick 30 feet with rotary breath- ing, or pass a swim evaluation. Location: Claude Moore Rec & Comm Ctr					freesty endura and ra length form a	/le, backs ance. Stu cing dive s of frees t least 4	stroke, b dents w s. Pre-re style and strokes	utterfly, while ill also practic equisites: Able backstroke c of butterfly in	porate all four strokes, e working on building te starts and turns e to perform multiple during class and per- n good form.
Activ	ity Num Fee	ber: 373 !	584 Date	Time		on: Clau ty Numb	de Mooi	re Rec & Com	nm Ctr
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STARFISH STROKE ACADEMYTM

AQUATICS

TEEN STROKE CLINIC

(Ages 13-17) These one-hour clinics will provide teenage participants the opportunity to work with an instructor on their lap swimming technique for all four strokes in a class like environment. Each clinic will be dedicated to one stroke, cycling through all four over the course of the month in the following order: freestyle, backstroke, breast-stroke, and butterfly. Pre-requisites: participants need a working knowledge of each stroke and the ability to swim

25 yards of the stroke of the week. Location: Claude Moore Rec & Comm Ctr Activity Number: 373594

Sec	Fee	Day	Date	Time
01	\$23	Sa	3/9	9:00am-10:00am
02	\$23	Sa	3/16	9:00am-10:00am
03	\$23	Sa	3/23	9:00am-10:00am
04	\$23	Sa	3/30	9:00am-10:00am
05	\$23	Sa	4/6	9:00am-10:00am
06	\$23	Sa	4/13	9:00am-10:00am
07	\$23	Sa	4/20	9:00am-10:00am
08	\$23	Sa	4/27	9:00am-10:00am
09	\$23	Sa	5/4	9:00am-10:00am
10	\$23	Sa	5/11	9:00am-10:00am
11	\$23	Sa	5/18	9:00am-10:00am

ADULT STROKE CLINIC

(Ages 18 & up) These one-hour clinics will provide adult participants the opportunity to work with an instructor on their lap swimming technique for all four strokes in a class like environment. Each clinic will be dedicated to one stroke, cycling through all four over the course of the month in the following order: freestyle, backstroke, breast-stroke, and butterfly. Pre-requisites: participants need a working knowledge of each stroke and the ability to swim 25 yards of the stroke of the week.

Location: Claude Moore Rec & Comm Ctr Activity Number: 373595

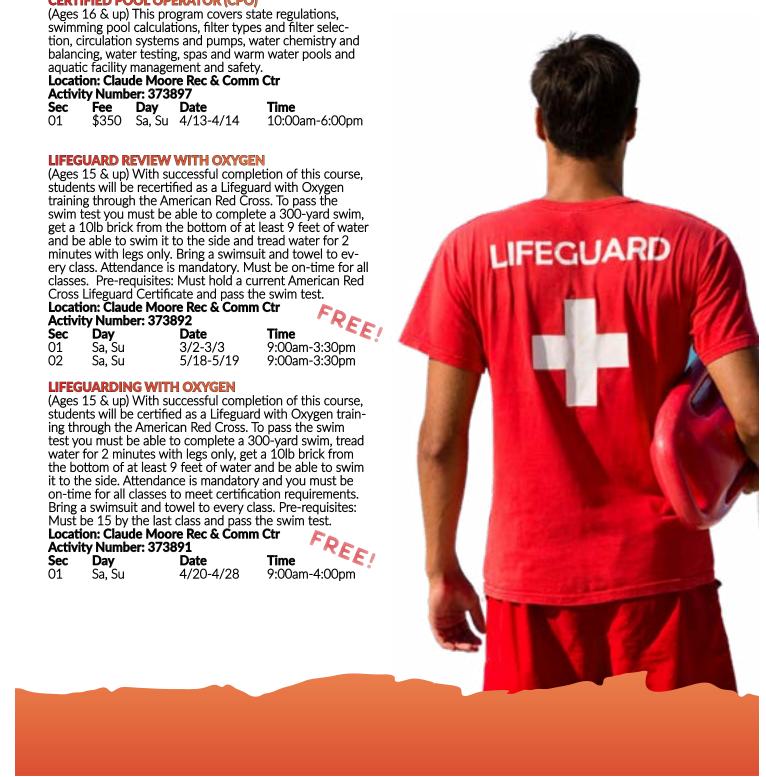
Sec	Fee	Day	Date	Time
01	\$23	Sa	3/9	10:15am-11:15am
02	\$23	Sa	3/16	10:15am-11:15am
03	\$23	Sa	3/23	10:15am-11:15am
04	\$23	Sa	3/30	10:15am-11:15am
05	\$23	Sa	4/6	10:15am-11:15am
06	\$23	Sa	4/13	10:15am-11:15am
07	\$23	Sa	4/20	10:15am-11:15am
08	\$23	Sa	4/27	10:15am-11:15am
09	\$23	Sa	5/4	10:15am-11:15am
10	\$23	Sa	5/11	10:15am-11:15am 🥚
11	\$23	Sa	5/18	10:15am-11:15am 🛹



Time

Sec	Day	Date	
01	Sa, Su	3/2-3/3	9
02	Sa, Su	5/18-5/19	9

Location: Claude Moore Rec & Comm Ctr Activity Number: 373891 Sec Date Time



Register at loudoun.gov/PRCSconnect

LIFEGUARD TRAINING

AQUATICS



ASHBURN SENIOR CENTER

20880 Marblehead Drive, Ashburn, VA 20147 571-367-8340 • loudoun.gov/seniors-ashburn Monday-Friday 9:00am-5:00pm • Saturday 8:00am-12:00pm Closed for Memorial Day 5/27 All classes/activities are subject to change. facebook.com/AshburnSeniorCenter

SENIOR MEMBERSHIP & PROGRAMS

(Ages 55 & up) Senior members and program participants may purchase twelvemonth memberships or attend on a drop-in basis. The cost of many activities is included in the membership or drop-in fee. Any additional fees will be noted in the activity listing. Please note some activities are not open for drop-ins. Memberships are processed during operating hours. Membership fee: \$36 resident, \$54 non-resident, \$3 drop-in fee. All classes/activities are subject to change.

CARDS & GAMES

BINGO

Join us for some Bingo fun! Purchase cards for \$.50 per card at the senior center. No registration necessary. 944601-01 \$.50/card M 12:45pm-1:45pm onaoina

MEXICAN TRAIN

Join us for Me	xican Train. No	o registration	necessary, walk-	ins welcome!
944602-01	Free	W	ongoing	10:00am-11:30am
944602-02	Free	F	ongoing	10:00am-11:30am

PARTY BRIDGE

Join us for Par	ty Bridge. No	registration ne	ecessary, walk-ins	s welcome!
944603-01	Free	Tu	ongoing	1:30pm-4:30pm
944603-02	Free	Th	ongoing	1:30pm-4:30pm

MAH JONG - AMERICAN VERSION

Join us for the A	American	version	of Mah	Jong.	No registration	necessary	and all
are welcome.							
044604 01	Eroo		Tu	or	aoina	1.20nm /	$\cdot 20$ nm

944604-01	Free	Tu	ongoing	1:30pm-4:30pm

CULTURAL & SOCIAL ACTIVITIES

BOOK CLUB #1

Join us for our	ongoing Tues	day book clu	b. No registratio	n necessary and all are
welcome to atte	end.			
944605-01	Free	Tu	ongoing	11:00am-12:00pm

BOOK CLUB #2

Join us for Thu	ursday book cl	ub. No regis	stration necessary	and all are welcome to
attend.				
944606-01	Free	Th	ongoing	11:00am-12:00pm

CONVERSATIONAL SPANISH

For those who would like to practice Spanish skills this free activity offers a great opportunity to converse and discuss current topics while improving grammar skills. Free Th 11:00am-12:00pm 944607-02 ongoing

CREATIVE CORNER

Indulge your creative side with these easy-to-do craft projects. Dates vary and a fee is required for most offerings. Visit the Ashburn Senior Center website or contact us for more information. M-F 944608-01 Free 10:00am-11:00am ongoing

CURRENT EVENTS DISCUSSION

Please bring an article, past or current, to discuss with the group. No registration required and all are welcome to attend. 944609-01 Free F ongoing 10:00am-11:00am

KNITTING & CROCHETING CLUB

Socialize as you work on your own project or contribute to our collection of charitable donations to community hospitals, shelters and services that help those in need. Limited supplies available. No registration required and all are welcome to attend.

944610-01 Free ongoing 10:00am-12:00pm

EDUCATION & INFORMATION

MONTHLY BLOOD PRESSURE CHECK

Monitor your blood pressure and heart rate monthly with these free screenings on the 3rd Tuesday of the month. No registration required. Drop ins welcome. Free 10:00am-12:00pm 944611-01 Tu ongoing

SEWING OPEN STUDIO

Bring a project of your own or choose a pattern from our stock and receive instructions on how to use a sewing machine to create your own look or craft project. No registration necessary. Drop ins welcome.

944612-01 Free Τи 10:00am-12:00pm onaoina

MINDFUL MEDITATION

It you are I	ooking for peace	and tranquility	, join us for th	is meditation group. No
registration	required. Drop ir	ns welcome.		
944613-0	Free	Th	ongoing	1:00pm-2:00pm

INTERMEDIATE PAINTING

Instructor led painting class. Supply list provided at first class attended. Registration online is not available, this class is drop-in. 944614-01 Free Tu 1:30pm-3:00pm ongoing

SERVICES FOR SENIORS

Elder Resource Case Manager, Lori Stahl, from the Area Agency on Aging is available to offer confidential support and link seniors to community services and resources. She is available the 3rd Monday of each month at the Ashburn Senior Center. Please call or sign up in person for an appointment. 9:00am-12:00pm 944615-01 Free М ongoing

TECH TIME

Learn how to use Uber as your personal chauffeur or how to navigate your personal computer and phone with the guidance of a patient and knowledgeable instructor. No registration required. Drop ins welcome.

Free 944616-01 W ongoing 11:30am-1:00pm

UKULELE INSTRUCTION

Have you always wanted to learn to play a musical instrument? Here's your chance! Bring your own ukulele or borrow one of ours (in class only) for a limited time. Sign up at the front desk. Please check the monthly newsletter on the Ashburn Senior Center website for more information. 944617-01 М 11:00am-12:00pm Free onaoina 944617-02 Free М 1:00pm-2:00pm onaoina

General Registration Begins February 8

	I	EXERCISE A	CTIVITIES						dults improve balar is \$25 for a 12-we
BADMINTON					session. Particip	ants are encou	raged to atte	end 2-3, 60-mi	nute classes per we
lo registration	required. Dro	p-ins welcome							on the Ashburn Ser
44618-01	Free	Tu	ongoing	12:00pm-3:00pm					pants MUST register
					person at the se				10.00 11.00
HINESE FOLK					944633-01	\$25	M-Sa	ongoing	10:00am-11:00a
		limited verbal	instruction. No	o registration necessary.					
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944619-01	Free	Th	ongoing	11:00am-1:00pm					ou a full body worko Participants must re
					ister in person a				
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44620-01		rop-ins welcon		10:00am-11:15am	011001 01	φισσ		0/1 0/20	1.00pm 2.00p
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ADVANCED BE						lower-intensity	version of t	he typical Zum	ba class which utiliz
		rop-ins welcon	10						1. No online registrat
44621-01	Free	W	ongoing	1:00pm-2:00pm					rn Senior Center. Dr
44621-02	Free	F	ongoing	10:00am-11:00am	in fee \$13/class				
	1100		ongoing		344605-01	\$100	Μ	3/4-5/20	10:00am-11:00a
BEGINNER PICI	KLEBALL INS	STRUCTION							
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ootwear.						ŰŰ	FINGS & S	PEAKERS	
44622-01	Free	Th	ongoing	1:00pm-3:00pm	MONTHLY LUNC				
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EGINNER PIC									ere is a small cost
Drop-in players	s rotate after	each game. No	o registration r	ecessary. Drop-ins wel-					y. Sign up at the fr
				pen court time is appro-					ior Center website
				be mindful of skill level.	dates and restau				
44623-01	Free	Tu	ongoing	9:00am-12:00pm	944629-01	M-F	ongoing	10:00am-1:3	30pm
44623-02	Free	Tu	ongoing	3:00pm-5:00pm			- 0- 0		1-
944623-03	Free	Th	ongoing	3:00pm-5:00pm	MARCE CONTRACTOR	A State of Lot		the second	and a second
944623-04	Free	F	ongoing	9:00am-12:00pm	HO	ME DI	ET IVE	RED N	AEALS
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944624-02	Free	Th	ongoing	10:45am-1:00pm					
944624-03	Free	Sa	ongoing	8:00am-12:00pm	1000007560				
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44626-02	Free	W	ongoing	9:00am-11:30am	A SPECT	SERVICE	in the second	1 1000	1-111
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2011					· Sandard and	and the second se		loudoun.gov/	AdultVolunteers
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		EXERCISE A	CTIVITIES						dults improve balance
BADMINTON									is \$25 for a 12-week nute classes per week.
No registration	required. Dro	p-ins welcom	10.		Schedule can be	e found online	in the mo	nthly newsletter of	on the Ashburn Senior
944618-01	Free	Tu	ongoing	12:00pm-3:00pm					ants MUST register in
CHINESE FOLK	DANCE				person at the ser 944633-01	110r center. Ca \$25	II for more M-Sa	information. ongoing	10:00am-11:00am
		limited verba	al instruction. No	registration necessary.	344000 01	ΨΖΟ	W Ou	ongoing	10.00um 11.00um
Drop-ins welco				rogistration nooosary.	FIT MIX				
944619-01	Free	Th	ongoing	11:00am-1:00pm					ou a full body workout.
BEGINNER LIN								stration available. ter. Drop-in fee \$1	Participants must reg-
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ADVANCED BE									ba class which utilizes I. No online registration
No registration 944621-01	Free	weico W	ongoing	1:00pm-2:00pm					n Senior Center. Drop-
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			0 0		344605-01	\$100	М	3/4-5/20	10:00am-11:00am
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				ecessary. Drop-ins wel- pen court time is appro-					. Sign up at the front
				be mindful of skill level.				the Ashburn Sen	ior Center website for
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944623-02	Free	Tu	ongoing	3:00pm-5:00pm	344023 01		ongoing	10.000	Jopin
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				be mindful of skill level.	1		63		
944625-01 944625-02	Free Free	W F	ongoing ongoing	12:00pm-5:00pm 12:00pm-5:00pm	101210	AMORTO AND	A MARKET		
944625-03	Free	Sa	ongoing	8:00am-10:30am	- Taketo		mini	1/25	
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PING PONG					Carlot			1	
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944626-01 944626-02	Free Free	M W	ongoing ongoing	9:00am-11:30am 9:00am-11:30am	2 × 10				
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TAI CHI					112				
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944627-01	Free	W	ongoing	11:00am-12:00pm				CONT	TACT
YOGA					Contra la	19 - I - I		Loudour	County
No registration	necessarv. D	rop-ins welco	me.		A Company				cy on Aging
944628-01	Free	M	ongoing	11:00am-11:50am	X				1-5984
944628-02	Free	W	ongoing	11:00am-11:50am	1 and and	Perfer in		Volunteer4PRC	S@loudoun.gov
CAU					A STATE VI			loudoun.gov/	AdultVolunteers
SAIL			<i>a</i> .		- STATE				3946 (1948) WOMONANYAL

9-01	riee	111	ongoing	11.00am-1.0

No registration	necessary. D	rop-ins welco	ome.	
944620-01	Free	Th	ongoing	10:00am-11:1

	E	XERCISE A	CTIVITIES						dults improve balance
BADMINTON									is \$25 for a 12-week nute classes per week.
No registration	required. Dro	p-ins welcom	е.		Schedule can be	found online	in the mo	nthly newsletter of	on the Ashburn Senior
944618-01	Free	Tu	ongoing	12:00pm-3:00pm	Center website. F				pants MUST register in
CHINESE FOLK	DANCE				944633-01	\$25	M-Sa	ongoing	10:00am-11:00am
	-	limited verba	I instruction. No	registration necessary.		+			
Drop-ins welco	me.			-	FIT MIX				<i>.</i>
944619-01	Free	Th	ongoing	11:00am-1:00pm					ou a full body workout. Participants must reg-
BEGINNER LIN	F DANCING							ter. Drop-in fee \$1	
No registration		op-ins welco	me.		344604-01	\$100	Th	3/7-5/23	1:00pm-2:00pm
944620-01	Free	Th	ongoing	10:00am-11:15am	ZUMBA GOLD				
ADVANCED BE		DANCE				ower-intensity	version of	the typical Zumb	oa class which utilizes
No registration			me.						I. No online registration
944621-01	Free	W	ongoing	1:00pm-2:00pm		ants must reg	gister in per	son at the Ashbur	n Senior Center. Drop-
944621-02	Free	F	ongoing	10:00am-11:00am	in fee \$13/class. 344605-01	\$100	М	3/4-5/20	10:00am-11:00am
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			ome. Please wea	ar appropriate attire and				SPEAKERS	
footwear.	-					00	TINGS &	SPEAKERS	
944622-01	Free	Th	ongoing	1:00pm-3:00pm	MONTHLY LUNC				
BEGINNER PIC	KLEBALL OPI	EN COURT							e than sharing a meal
				ecessary. Drop-ins wel-					ere is a small cost for J. Sign up at the front
				pen court time is appro-	desk. Check the	monthly nev	sletter on		ior Center website for
944623-01	Free	Tu Tu	ongoing	e mindful of skill level. 9:00am-12:00pm	dates and restau 944629-01	rant locations M-F		10.00am 1.0	lonm
944623-02	Free	Tu	ongoing	3:00pm-5:00pm	944029-01	IVI-F	ongoing	10:00am-1:3	орш
944623-03	Free	Th	ongoing	3:00pm-5:00pm		warm hours	A and	Had and a second	and
944623-04	Free	F	ongoing	9:00am-12:00pm	HO	ME-D	ELIV	ERED N	IEALS
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				ecessary. Drop-ins wel-				النے لے جا	ED A
				pen court time is appro- and be mindful of skill				ITE	
level.	noulato playe								
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944624-02 944624-03	Free Free	Th Sa	ongoing ongoing	10:45am-1:00pm 8:00am-12:00pm	and the second second				
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				be mindful of skill level.					
944625-01	Free	W	ongoing	12:00pm-5:00pm	C	A MARKING MARK	ALC: NO.	CONTRACTOR OF STREET, S	1
944625-02 944625-03	Free Free	F Sa	ongoing ongoing	12:00pm-5:00pm 8:00am-10:30am	-Theory		hairan	T Sal	
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No registration 944627-01	Free	W	ongoing	11:00am-12:00pm				CONT	TACT
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YOGA	-				100				cy on Aging
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944628-01 944628-02	Free	W	ongoing	11:00am-11:50am	1				S@loudoun.gov
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SAIL			<i>a</i> .		- TANK				

	E	XERCISE /	ACTIVITIES						dults improve balance
BADMINTON									is \$25 for a 12-week nute classes per week.
No registration	required. Droi	o-ins welcon	ne.						on the Ashburn Senior
944618-01	Free	Tu	ongoing	12:00pm-3:00pm					pants MUST register in
					person at the seni				10.000 - 11.000
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Drop-ins welco		limited verba	al instruction. No	registration necessary.	FIT MIX				
944619-01	Free	Th	ongoing	11:00am-1:00pm		th, balance, an	d cardio exe	rcise will give y	ou a full body workout.
			99		Registration recon	mmended. No o	online registr	ation available.	Participants must reg-
BEGINNER LIN					ister in person at				
No registration		•		10.00 11.15	344604-01	\$100	Th	3/7-5/23	1:00pm-2:00pm
944620-01	Free	Th	ongoing	10:00am-11:15am	ZUMBA GOLD				
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944621-01	Free	W	ongoing	1:00pm-2:00pm		ants must regis	ster in perso	n at the Ashbu	rn Senior Center. Drop-
944621-02	Free	F	ongoing	10:00am-11:00am	in fee \$13/class. 344605-01	\$100	М	3/4-5/20	10:00am-11:00am
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			ome. Please wea	r appropriate attire and					
footwear.	noococa ji Di					OUT	INGS & SP	PEAKERS	
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				ben court time is appro-					y. Sign up at the front
				e mindful of skill level.	dates and restaur		ieller on line	e Ashbum Sen	ior Center website for
944623-01	Free	Tu	ongoing	9:00am-12:00pm	944629-01	M-F	ongoing	10:00am-1:	30pm
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				oen court time is appro- and be mindful of skill				TE	3 CAL
level.	neulate playe	13. 1 15435 3							
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				be mindful of skill level.					
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944628-02	Free	W	ongoing	11:00am-11:50am	and and	AND TO A		/olunteer4PR0	S@loudoun.gov
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	E	XERCISE /	ACTIVITIES						dults improve balance
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No registration r	required Dror	o-ins welcon	ne						on the Ashburn Senior
944618-01	Free	Tu	ongoing	12:00pm-3:00pm	Center website. F	Registration is r	not available	online. Partici	pants MUST register in
			0 0		person at the sen				
CHINESE FOLK					944633-01	\$25	M-Sa	ongoing	10:00am-11:00am
		limited verb	al instruction. No	registration necessary.					
Drop-ins welcor		ть	ongoing	11.00om 1.00om	FIT MIX	ith balanco an	d cardio ovo	preiso will givo y	ou a full body workout.
944619-01	Free	Th	ongoing	11:00am-1:00pm					Participants must reg-
BEGINNER LINE					ister in person at				
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944623-01	Free	Tu	ongoing	9:00am-12:00pm	dates and restaur 944629-01	M-F	ongoing	10:00am-1:	30nm
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944626-02	Free	W	ongoing	9:00am-11:30am	A Contractor	FRANKING	in marte	1	
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YOGA									n County
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944628-01	Free	M	ongoing	11:00am-11:50am	-		-		71-5984 S@loudoun.gov
944628-02	Free	W	ongoing	11:00am-11:50am	Second West	AND I		Volunteer4PR	-Seloncourgov
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	I	EXERCISE AC	TIVITIES						adults improve balan is \$25 for a 12-we
BADMINTON									nute classes per we
-	required. Dro	p-ins welcome.							on the Ashburn Sen
44618-01	Free	Tu	ongoing	12:00pm-3:00pm					pants MUST register
			0 0		person at the se				
HINESE FOLK	DANCE				944633-01	\$25	M-Sa	ongoing	10:00am-11:00a
uided exercise	e/dance with	limited verbal i	instruction. No	o registration necessary.					
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									. Participants must re
EGINNER LINI					ister in person a 344604-01			er. Drop-in tee \$ 3/7-5/23	
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44623-03	Free	Th	ongoing	3:00pm-5:00pm	March 1				
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	E	XERCISE A	ACTIVITIES						adults improve balar is \$25 for a 12-we
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				pen court time is appro-					nior Center website
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944628-02	Free	W	ongoing	11:00am-11:50am	1	A sector		Volunteer4PR	CS@loudoun.gov
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		limited verba	al instruction. No	registration necessary.					
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44621-01	Free	W	ongoing	1:00pm-2:00pm					rn Senior Center. Dro
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AIL					and the second sec				

This evidence-based falls prevention group fitness program combines aerobics, The subscription of the local division of th

OUT ON THE TOWN

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ASHBURN

Join us for scenic drives, picnics, farmers' markets, and other outings about town. There is a small cost for transportation that varies with distance. All activities are SR. self-pay. Please check the monthly newsletter on the Ashburn Senior Center website for more information. Sign up at the front desk in person or call. M-F 944630-01 ongoing 10:00am-1:30pm

SHOPPING SPREE

Shop local area stores like Walmart, Leesburg Premium Outlets, Patel Brothers and more. There is a small cost for transportation that varies with distance. All shopping is self-pay. Sign up at the front desk. Please check the monthly newsletter on the Ashburn Senior Center website for dates and locations. M-F 944631-01 ongoing 10:00am-12:00pm

LUNCH & LEARN

Guest speakers including dieticians, nurses and others provide information on a variety of topics to help keep us informed and engaged. No registration necessary. Drop-ins welcome. Please check the monthly newsletter on the Ashburn Senior Center website for speakers, topics, and dates.

M-F 10:30am-11:30am 944632-01 Free onaoina

EVENTS

CHAIR VOLLEYBALL TOURNAMENT

Practice your volley and get your team together for this fun event. No online registration available. Registration for teams is mandatory. Please contact the Ashburn Senior Center for more information.

344606-01	Free	In	5/23	1:30pm-4:30pm

MOTHER'S DAY FIERCE & FABULOUS FASHION SHOW & LUNCHEON

Join us as we celebrate fierce and fabulous mothers everywhere! Dress to the nines and show off your favorite styles or cheer on others as they show off theirs. Audience members please sign up for lunch 24 hours in advance by calling the Ashburn Senior Center. Participants call the Ashburn Senior Center for more information and to sign up for lunch. Regular lunch donation required.

ASHBURN HEALTH & WELLNESS FAIR

Spring into health and wellness at the Ashburn Senior Center. Learn about resources available in our community and enjoy free screenings, live demos, giveaways, door prizes and more. No registration required. Drop-ins welcome. 344608-01 Free 1:30pm-4:30pm\ Tu 4/9





CARVER SENIOR CENTER

200 Willie Palmer Way, Purcellville, VA 20132 571-258-3400 • loudoun.gov/seniors-carver Monday-Friday 9:00am-5:00pm • Saturday 8:00am-12:00pm Closed for Memorial Day, 5/27 All classes/activities are subject to change. facebook.com/CarverSeniorCenter

SENIOR MEMBERSHIP & PROGRAMS

(Ages 55 & up) Senior members and program participants may purchase twelvemonth memberships or attend on a drop-in basis. The cost of many activities is included in the membership or drop-in fee. Any additional fees will be noted in the activity listing. Please note some activities are not open for drop-ins. Memberships are processed during operating hours. Membership fee: \$36 resident, \$54 non-resident, \$3 drop-in fee. All classes/activities are subject to change.

ARTS & MUSIC

BASIC WATERCOLOR

Learn the basics of watercolor techniques and compositions. All materials provided, instruction by Alice Power. \$100 for members. Must sign up before Friday, March 29th!

330603-01 \$100 4/5-4/26 10:00am-11:30am

INTERMEDIATE WATERCOLOR

Continuation of the beginner watercolor course. Materials provided, must have taken a previous watercolor course. Instruction by Alice Power \$100 for members. Registration deadline is Friday, April 26th before 3:00 PM.

\$100 5/3-5/24 10:00am-11:30am 330613-01 F

ADVANCED WATERCOLOR

Hone your watercolor skills through individual and group critiques. Instruction by Alice Power. No materials provided, must have previous watercolor experience. \$45 for members

330610-01	\$45	W	3/6-3/27	1:15pm-2:45pm
330610-02	\$45	W	4/3-4/24	1:15pm-2:45pm
330610-03	\$45	W	5/1-5/22	1:15pm-2:45pm

ACRYLIC PAINTING

Create a monthly themed painting with acrylics in a relaxed and welcoming atmosphere. All materials provided and open to all ability levels. \$10 for members \$10 330627-01 NЛ 3/25 10:00am-11:30am

330627-02	\$10	М	4/15	10:00am-11:30am
330627-03	\$10	М	5/18	10:00am-11:30am

ART BY DVD

Art instruction through DVD. Must have Previous watercolor experience. No materials provided by the center

330606-01 Free 3/1-5/31 2:15pm-4:00pm

UKULELE JAM SESSION

Laid back group play, other instruments and vocalists welcome! 330691-01 Free 3/1-5/31 1:00pm-3:00pm



)R OLDER

SABII ITIES



The Loudoun County Area Agency on Aging (AAA) is the central point of contact for older adults (55+) and their families. The mission of the Area Agency on Aging is to foster independence and healthy aging, and improve the quality of life for older adults and their caregivers through comprehensive programs and services.

- ADULT DAY CENTERS
- ADVISORY BOARDS
- CAREGIVER SERVICES
- CASE MANAGEMENT SERVICES
- CHORE CORPS
- COMMUNICATION, REFERRAL INFORMATION & ASSISTANCE
- CONGREGATE MEAL PROGRAM
- DISEASE PREVENTION & HEALTH PROMOTION
- ELDER ABUSE PREVENTION & INTERVENTION
- HOME-DELIVERED MEALS

LOUDOUN.GOV/AAA

703-777-0257

AAA@LOUDOUN.GOV

- NORTHERN VIRGINIA LONG-TERM CARE OMBUDSMAN PROGRAM
- OPTIONS COUNSELING
- SENIOR OUTREACH TO SERVICES (S.O.S)
- SENIOR CENTERS
- SENIOR COOL CARE
- SENIOR MEDICARE PATROL
- SENIOR TRIPS
- VIRGINIA INSURANCE **COUNSELING AND ASSISTANCE** PROGRAM (VICAP)
- VOLUNTEER SERVICES

LUNCH & MUSIC

330649-03

330626-03

Enjoy live music from the One Man Dan Band during lunch. No online registration, you must sign up for lunch by calling 571-258-3407 at least 24 hours in advance. 330649-01 Free Tu 3/26 12:00pm-1:00pm 330649-02 Free Tu 4/23 12:00pm-1:00pm

Tu

W

FITNESS & HEALTH

5/28

3/6-5/29

BALANCE & STABILITY

Free

Free

Improve your strength, flexibility, and balance with the upbeat exercise class suitable for all fitness and mobility levels. Video instruction on Wednesdays and afternoon sessions 330626-01 Free M, W, F 3/1-5/31 10:30am-11:15am 330626-02 Free M, F 3/1-5/31 3:15pm-4:00pm

SLOW	&	EASY	LINE	DANCE
0-011	~			DINIOL

Relaxed line da	ancing for the	se with mobili	ty limitations.	
330686-01	Free	Th	3/7-5/30	11:15am-11:45ar

BEGINNER LINE DANCE

For those with no previous line dancing experience. Learn 2 to 3 new dances per						
class in slow paced and welcoming environment.						
330618-01	Free	Th	3/7-5/30	1:00pm-2:00pm		

INTERMEDIATE LINE DANCE

Continuation of beginner line dance class. Learn 3 to 5 dances per class. Must have previous line dancing experience. Instruction by Carolyn Masters.						
330615-01	Free	Μ	3/4-5/27	1:00pm-2:00pm		

ADVANCED LINE DANCE

Faster paced lir	ne dancing, m	iust have previo	ous line dancing e	experience. Instruction
by Dick Sherma	an.			
330689-01	Free	M, Th	3/4-5/30	2:00pm-3:00pm

QIGONG

The gentle practice of aligning breath, movement, and awareness during a series					
of standing mov	vements.				
330634-01	Free	M, W, F	3/1-5/31	10:00am-11:00am	

TAI CHI

Slow motion rou	tines pract	iced in a group	to promote stren	gth, balance, & flexibil-	
ity. New students welcome! Registration not required.					
330647-01	Free	Tu	3/5-5/28	9:00am-10:00am	

BLOOD PRESSURE CHECKS

Free blood pressure checks and advice from an Inova Health representative. 4th Thursday of the month

330633-01	Free	Th	3/28	10:00am-11:30am
330633-02	Free	Th	4/25	10:00am-11:30am
330633-03	Free	Th	5/23	10:00am-11:30am

TEA WITH ANU

Licensed nutrition	nist Anu Kaar	shares nev	w recipes and tips for a second se	or healthier meals.
330635-01	Free	W	4/10	1:00pm-2:00pm

NUTRITION COUNSELING

Licensed nutritionist Anu Kaar meets with members one-on-one to discuss nu-				
trition needs and offer advice. Must sign up for an appointment in person or by				
calling 571-258-3400. No online registrations!				
330635-04	Free	W	4/10	9:00am-12:00pm

SPORTS & GAMES

BRAIN GAMES

Attendees are	challenged	with visual	puzzles a	and group	solved word	games.	Ex-
pect plenty of v	visecracks a	and banter!					
330628-01	Free	Th	(3/7-5/30	10:00an	n-11:00	am

CORNHOLE

12:00pm-1:00pm

1:00pm-1:45pm

Indoor cornhole,	, new player	s always welc	ome!	
330616-01	Free	Tu	3/5-5/28	10:00am-11:30am

PICKLEBALL

Single court, indoor pickleball played round robin style. Must have an active senior center membership to play! 330711-01 Free 2:00pm-4:45pm Tu. Th 3/5-5/30

330711-02	Free	Ŵ	3/6-5/29	2:15pm-4:45pm
330711-03	Free	Sa	3/2-5/25	8:00am-11:45am

PING PONG

New players welcome, paddles and extra ping pong balls available for use. 330623-01 Free 3/6-5/29 W 9:00am-11:00am

BINGO

Monthly theme	d bingo gar	nes. \$1.00 for 1	nembers	
330640-01	\$1	W	3/13	1:00pm-2:00pm
330640-02	\$1	W	4/17	1:00pm-2:00pm
330640-03	\$1	W	5/15	1:00pm-2:00pm

POKENO

Bingo style play	ing card the	emed game. \$1	1.00 for members	
330637-01	\$1	Tu	3/19	1:00pm-2:00pm
330637-02	\$1	Tu	4/23	1:00pm-2:00pm
330637-03	\$1	Tu	5/28	1:00pm-2:00pm

BEGINNER BRIDGE

Learn to play bridge, experier	nced players	also welcome!	
330648-01	Tu	3/5-5/28	1:00pm-4:00pm

PARTY BRIDGE

For more experienced Bridge p	olayers		
330631-01	M, Th	3/4-5/30	1:00pm-4:00pm

PUZZLES & ADULT COLORING

Word puzzles, brain teasers, & coloring pages. Materials provided. 3/1-5/31 330653-01 M-F 9:00am-10:00am

SCRABBLE/BOARD GAMES

Scrabble, Domin	ioes, Uno, &	More!		
330702-01	Free	M-F	3/1-5/31	1:00pm-4:45pm

EDUCATIONAL

TECH TUESDAY

3

Get help with common phone and tablet issues from the Purcellville Library. 1st Tuesday of the month. No registration required.

330668-01	Free	Tu	3/5	11:00am-11:45am
330668-02	Free	Tu	4/2	11:00am-11:45am
330668-03	Free	Tu	5/7	11:00am-11:45am

BOOK CLUB

Monthly book o	club with the I	Purcellville Lib	orary. 2nd Tues	day of the month
330617-01	Free	Tu	3/12	11:00am-11:45am
330617-02	Free	Tu	4/9	11:00am-11:45am
330617-03	Free	Tu	5/14	11:00am-11:45am

MEDICARE COUNSELING

Meet with a representative from Loudoun County's branch of the Virginia Insurance

General Registration Begins February 8

Counseling and Assistance Program to discuss Medicare questions and get advice Most trips require extensive walking on uneven surfaces, stop by the front desk from a non-biased source. Meets the 4th Tuesday of the month. No online regisbefore registering if you have mobility concerns. Purchases are limited to what you sign up via phone or by stopping by the front desk ca Active Senior Center Membership required no day

tration, sign up	via priorite ui	by stopping i		on.	can carry with	Jul assistant	C. AUTING OCI	IOI GEITTEI IMEIT	ibership required, no day
330625-01	Free	Tu	3/26	10:00am-12:00pm	of event registr	ations!			
330625-02	Free	Tu	4/23	10:00am-12:00pm	330638-01	\$4	Tu	3/26	10:15am-2:00pm
330625-03	Free	Tu	5/28	10:00am-12:00pm	330638-02	\$2	Tu	4/30	10:15am-11:45am
					330638-03	\$15	Tu	5/21	10:15am-2:00pm

SERVICES FOR SENIORS

Loudoun County's Area Agency on Aging Case Manager, Lori Stahl offers advice on area resources and services for seniors. In person visits on the first Monday of the month, also available by phone during normal business hours. Sign up in person or via phone at the front desk, no online registrations available.

330614-01	Free	M	3/4	9:00am-12:00p
330614-02	Free	М	4/1	9:00am-12:00p
330614-03	Free	М	5/6	9:00am-12:00p

LIBRARY OUTREACH

The Rust Library	/ brings book	s and movie	es for easy chec	k out and returns. Secc
Wednesday of the	ne month.		-	
220644 01	Free	14/	0/10	11.00 m 11.00

330644-01	Free	W	3/13	11:00am-11:30
330644-02	Free	W	4/10	11:00am-11:30
330644-03	Free	W	5/8	11:00am-11:30

ADVISORY BOARD MEETING

Meets the 2nd	Tuesday of th	e month to di	scuss how to b	est support Carver Ser
Center program	IS.			
330703-01	Free	Tu	3/12	10:00am-11:00a
330703-02	Free	Tu	4/9	10:00am-11:00a
330703-03	Free	Tu	5/14	10:00am-11:00a

SOCIAL & EVENTS

CONGREGATE MEALS

Meals in a group setting., M	Nonday through	n Friday. Must	purchase lunch ticket in
advance at the front desk!	Age 60+ meals	s by donation,	suggested amount of at
least \$1.00 per meal. Mus	t request lunch	before noon o	one business day in ad-
vance by calling 571-258-3	407. No online	registration av	ailable!
330646-01 \$4	M-F	3/1-5/31	12:00pm-12:45pm

MORNING SOCIAL

Enjoy Coffee, tea, & conversation. 330620-01 Free F 3/1-5/31 9:00am-10:00am

LUNCH & MOVIE

	IC				TUUA FUR	SEINIORS WITH J	AIA	
Enjoy a movie v	vith your lunch	n. Must reg	ister for both the	movie and lunch, no day	Exercises i	nclude breathing e	xercises, stanc	ling asanas and chair asanas. Instruc-
of event registra		0			tor: Jaya	J	,	5
330654-01	\$1	F	3/22	12:00pm-2:00pm	Tu	Free	ongoing	10:30am-11:30am
330654-02	\$1	F	4/19	12:00pm-2:00pm	Tu	1100	ongoing	10.00din 11.00din
330654-03	\$1		5/31			CENIODO		
330004-03	φı	Г	0/01	12:00pm-2:00pm	YOGA FOR			
					Enjoy the l	penefits of a life wi	ith yoga. This c	class practices yoga while seated. Im-
APRIL FOOL'S I	MAGIC SHOW				prove you	strength, balance	e, and flexibilit	y. End this class with a good laugh.
Celebrate April	Fool's Day wi	ith our cor	medy magic show	w from Illusions by Vick!	Instructor:	Sudarshana		
Refreshments v	will be provide	d. \$3 for r	nembers, \$6 for	non-members. You must	W	Free	ongoing	10:00am-11:00am
register in adva	•		,		F	Free	ongoing	11:00am-12:00pm
330669-01	\$3/\$6	M	4/1	1:00pm-2:00pm		1100	ongoing	
330003-01	ψυ/ψυ	IVI	1 /1	1:00pm 2:00pm				
	/ TEA					FOR SENIORS		
MOTHER'S DAY					• •			ated mix of chair and mat yoga poses
				med Tea Party! \$1.00 for	for any abi	lity. Instructor: Mar	ylin	
moms, \$3 for r	members. Mus	st sign up	in person for the	\$1.00 fee. Membership	Th	Free	ongoing	10:30am-11:30am
required.		•					0 0	
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LOCAL EXCURS	SIUNG					•		cle, and free weights. Fifteen-minute
						n effect when othe	. 0	
				per game. Must pay for	Daily	Free	ongoing	9:00am-4:30pm
your own purch	nases and lun	ch in the t	food court*. April	- Nall's Farm Market in				
Berryville, bus i	returns to the	center by	11:45am. May -	Picnic and nature walk				
		-	•	oxed lunch, & park entry.				
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					TUGA FUR	SEINIORS MILL D	ATA	
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of event registr				,	tor: Jaya			
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330654-03	\$1	F	5/31	12:00pm-2:00pm	YOGA FOR	SENIORS		
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				v from Illusions by Vick!		Sudarshana		
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LOCAL EXCUR					time limit ir	effect when othe	rs are waiting.	
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				non-members. You must	W	Free	ongoing	10:00am-11:00am	
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Register at loudoun.gov/PRCSconnect

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SENIOR MEMBERSHIP & PROGRAMS

(Ages 55 & up) Senior members and program participants may purchase twelvemonth memberships or attend on a drop-in basis. The cost of many activities is included in the membership or drop-in fee. Any additional fees will be noted in the activity listing. Please note some activities are not open for drop-ins. Memberships are processed during operating hours. Membership fee: \$36 resident, \$54 non-resident, \$3 drop-in fee. All classes/activities are subject to change.

5pm

FITNESS

YOGA FOR SENIORS

Exercise includes a strength band component. Instructor: Marylin Μ Free ongoing 10:30am-11:30am

YOGA FOR SENIORS WITH JAYA

DULLES SOUTH SENIOR CENTER

24950 Riding Center Drive, South Riding, VA 20152 571-258-3883 • loudoun.gov/seniors-dulles Monday-Friday 9:00am-5:00pm • Saturday 8:00am-12:00pm Closed for Memorial Day, 5/27 All classes/activities are subject to change facebook.com/DullesSouthSeniorCenter

TABLE TENNIS

M. W

Enjoy a game of table tennis with friends. Free

Free

Free

Free

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Sa	Free	ongoing	8:30am-11:30am	
Volleyball is stress level	s, cardiovascular	health, joint flex	ill levels. Benefits include im ibility, balance problems, and	1 0
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tone. Not to mention, you will have loads of FUN! M-F dates vary 1:00pm-2:00pm Free

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12:30pm-4:30pm

12:15pm-1:15pm

12:00pm-1:00pm

2:30pm-4:30pm

PICKLEBALL

The fastest growing sport in the U.S. has made its way to Dulles South Senior Center. Come drop in and play this indoor version of tennis played with a paddle and a whiffle ball. All skill levels are welcome to play. Call center or see monthly newsletter for dates. Sa

Free ongoing 8:30am-11:30am

TAI CHI

Tai chi involves a series of slow gentle movements and physical postures, meditation, and focused breathing. Often recommended as good balance exercise. Instructor: Susan or Jim Tu Free onaoina 10:00am-11:00am

DANCE

BEGINNING LINE DANCE

New to line dance	cing? Try this c	class to leari	n some basic line dance routines at a	3
slower pace.				
F	Free	ongoing	10:00am-11:00am	

INTERMEDIATE LINE DANCE

Learn new line dance routines and have some fun. 1:00pm-2:00pm Th Free ongoing

BEGINNER HULA

New to hula and Polynesian Dance? Join this class to learn basic hula steps and movements. Th 10:00am-10:30am Free ongoing

POLYNESIAN DANCE

Improve your hula movements and learn new dances. Get in the aloha spirit, bring a sarong or large scarf, a lei, or hair flower to wear if you have them. Instructor: Josefina 10:30am-11:30am Th Free ongoing

ALOHA LADIES DANCE PERFORMANCE GROUP

Become a part of this Dulles South Senior Center dance group – learn dances and perform at special events at the center and local care facilities. This group is a subset of the Polynesian Dance Class.

Th Free ongoing 10:30am-11:30am

POLYNESIAN FITNESS

Enjoy this 45-minute total body workout. Listen to the music of the islands while performing exercises that isolate your larger muscle groups, increasing strength and definition to your core with specific emphasis on the abs, guads, and arms, Instructor: Josefina

\$15 guarterly ongoing 1:00 pm-1:45pm Tu

DANCE FITNESS

Take your line dance skills to a new level in this class that incorporates a combination of line dancing, salsa, cha-cha, tango, and many other styles. Dance your way to fitness and fun! M, W Free ongoing 11:00am-12:00pm

EDUCATION & INFORMATION

COMPUTER ONE-ON-ONE HELP

Computer help for beginners and more. If you are interested in learning how to use your phone, computer, or tablet to its fullest capacity, get help from different volunteers Call the center to set up an appointment.

COMPUTER CLASS (Taught in Korean)

Learn computer skills in a classroom environment with volunteer instructor. Class does not meet the first week of each month. Th

Free ongoing 10:30am-11:30am

ADVISORY BOARD MEETING

Dulles South Senior Center Advisory Board meets the first Tuesday monthly. 1st Tu Free ongoing 1:00pm

SERVICES FOR SENIORS

See the Elder Resources Case Manager for confidential supportive assistance and questions for aging issues and situations. Sign up at the Dulles South Senior Center desk. 1st & 3rd W ongoing 9:00am-12:00pm Free

MEDICARE COUNSELING

Sign up to meet 1-1 with one of Loudoun County's Area Agency on Aging VICAP (Virginia Insurance Counseling and Assistance Program) counselors to get your questions answered about health insurance. 4th W Free ongoing 9:00am-12:00pm

INOVA MOBILE HEALTH SERVICES

Stop by and have your blood pressure and heart rate monitored by the nurses from Inova Mobile Health Services.

1st Tu	Free	ongoing	9:00am-12:00pm
3rd Th	Free	ongoing	9:00am-12:00pm

BEGINNING ENGLISH

Call center for more details. Material Fee Required. Instructor Deepika Μ \$10 guarterly 1:00pm-2:00pm ongoing

CONVERSATIONAL ENGLISH

Instructor: Jim			
Tu, Th	\$15 quarterly	ongoing	10:00am-12:00pm

INTERMEDIATE ENGLISH

This class is for intermediate English speakers with a focus on civics and US History. Instructor: Naseema 329613-01 \$5 W 3/6-4/3 10:00am-12:00pm 329613-02 \$5 W 5/1-5/29 10:00am-12:00pm

GUM SPRINGS LIBRARY BOOK CLUB

Check out the book of the month from the staff office (or from the leader.) Read and return to discuss at the monthly meeting. 1st Th ongoing 10:30am-11:30am Free

MEMOIR WRITING

Ashburn Librarian leads this monthly memoir writing group at Dulles South Senior Center. 2nd Tu Free 10:00am-11:00am ongoing

CHILDREN'S LITERATURE BOOK CLUB

This club focuses on great youth literature and reads books such as Alice in Wonderland, the Hobbit and more. Club meets monthly for discussions. Instructor: Dave 3rd W ongoing 10:30am-11:30am Free

BIBLE STUDY

M-F Free ongoing 10:00am-11:00am

General Registration Begins February 8

SPANISH BIBLE STUDY

M, W, F ongoing 11:00am-12:00pm

E-COMMENT

Seniors can record a 2-minute video message to the Board of Supervisors for their review. W Free 12:30pm onaoina

GUEST SPEAKERS

Check monthly newsletter for guest speaker presentations on a variety of topics.

FINE ARTS

KNIT 'N' STITCH CLUB

Bring your own supplies. Interested in learning to knit, crochet, or sew? Help is available from the volunteer instructor. Free 11:00am-2:00pm Tu, Th ongoing

CREATIVE WRITING

Creative Writing meets in-person and virtually. Participants are offered a choice of writing prompts to write in class and then share the work with the group. Class does not meet the 3rd Wednesday of the month. W Free ongoing 10:30am-11:30am

ORIGAMI

Learn paper folding to create basic shapes through complex multi-step folding to create beautiful projects. Twice weekly meetings build upon your individual skill level. Leave each class meeting with a new skill set and a yearning to create more. Instructor Minesh

\$5 quarterly ongoing 10:30am-11:30am Tu, Th

UKULELE CLUB

Interested in learning to play the ukulele? Come try it out. Bring your own ukulele or ukulele is available for use on a limited basis for a small fee. Th \$15/quarterly ongoing 1:00pm

SCRAPBOOKING WITH PATTI

Drop in and get assistance with your scrapbooking project from Patti or just come for the company. Bring your own tools, or just your photos. Scrapbooks and page material are also available for a small fee. Dates varv 10:00am-3:00pm Μ

POETRY & SONG RECITATION

This weekly meet up welcomes everyone from any country or any language to practice/recite songs or poems ongoing 10:30am-11:30am Free

SOCIALIZING & ENTERTAINMENT

RUMMIKUB

Join this popular tile game – easy and fun to play. Daily Free ongoing 10:00am-4:30pm

MAHJONG

A fun, tile-based game. Interested in learning how to play? The group will teach you. Daily

Free 10:00am ongoing

SHANGHAI RUMMY

Join the group and play a version of the card game Rummy. Tu, Th Free ongoing 1:00pm

PARTY BRIDGE

Join the group for bridge games. Are your bridge skills rusty? No problem! Skills refreshers offered by other players. Μ 10:00am-12:00pm Free ongoing

	BINGO Enjoy playing Bing	go at the center	r. Cards are S	\$1.			
	W	\$1	Dates vary	ongoing	1:00pm-2:00pm		
	Sa	\$1	Dates vary	ongoing	10:00am-11:00am		
r		more. Call the	e center for ed.		'almart, Ross, Dick's, of specialty shopping 00pm		
	MONTHLY BIRTH Enjoy cake and i month. 3rd W		ng the celet ongoing	pration of mem 12:30pm	bers' birthdays each		
	WEEKLY MOVIESEnjoy a movie with friends at the center. A variety of movies are offered monthly from old classics to new favorites.TuFreeDates vary Dates vary Dates vary1:00pm-3:00pm						
5	Sa	Free	Dates vary	ongoing	10:00am-12:00pm		
			EVENTS	5			
	Please contact the	e Dulles South	Senior Cente	er for more info	rmation about special		

events for seniors.

Please stop by for more information and check out our facility. Schedule Dulles South Senior Center for your next meeting, dance club, birthday party, baby shower, graduation, religious service, or friendly gathering!

Adult Day Centers

Creating Communites For Older Adults & Their Families



Adult day care is ideal for adults 60 and older with cognitive impairments, such as dementia, or for homebound seniors who are isolated and need social interaction and increased physical activity.

All centers are open Monday-Friday from 7:30am-5:30pm. Visit loudoun.gov/AdultDay for more information.



SENIOR CENTER AT CASCADES

21060 Whitfield Place, Sterling, VA 20165 571-258-3280 • loudoun.gov/seniors-cascades Monday-Friday 9:00am-5:00pm • Saturday 8:00am-12:00pm Closed for Memorial Day 5/27

SENIOR MEMBERSHIP & PROGRAMS

(Ages 55 & up) Senior members and program participants may purchase twelvemonth memberships or attend on a drop-in basis. The cost of many activities is included in the membership or drop-in fee. Any additional fees will be noted in the activity listing. Please note some activities are not open for drop-ins. Memberships are processed during operating hours. Membership fee: \$36 resident, \$54 non-resident, \$3 drop-in fee. All classes/activities are subject to change.

CARDS & GAMES					
BINGO					
Fee required pe	er each card.	Fee paid at gar	ne (15 games))	
945600-01	M, Th		10:30am-1		
945600-02	,		12:50pm-1		
O'HECK					
	rd game in w	nich the object	is to take exac	ctly the number of tricks	
945601-01	Free	W	ongoing	10:00am-12:00pm	
PINOCHLE					
Trick-taking, Ac a 48-card deck	•	ame typically fo	r two to four pl	ayers and is played with	
945602-01	Free	Th	ongoing	11:00am-1:00pm	
BUNCO					
				s, divided into groups of e dice in a series of six	

945603-01	Free	1st F	ongoing	2:00pm-4:00pr
GAME TIME				

Participate in bo	bard games o	or card games.		
945604-01	Free	M, Th	ongoing	1:00pm-3:00pm
945604-02	Free	F	ongoing	2:00pm-4:00pm

CULTURAL & SOCIAL ACTIVITIES

BOOK CLUB

Discuss the months book with a group of people. Contact the center to ask about the months current book read. Free 3rd Tu 2:00pm-3 945613-01 ongoing

MORNING COFFEE

Enjoy coffee in the	e morning with	friends in th	e café.	
945614-01	Free	M-F	ongoing	9:30am-10:30am

CURRENT EVENTS DISCUSSION GROUP

Talk about current events happening in the world with other members. 945615-01 Free Th ongoing 1:00pm-2:00pm

INTERMEDIATE CONVERSATIONAL SPANISH

For those who would like to practice their Spanish skills. This activity offers a great opportunity to converse and discuss current topics while improving grammar skills. Designed for the intermediate student. New students are always welcome! Instructor: Ana Mahoney

945616-01 Free Tu 10:00am-11:00pm ongoing

ADVANCED CONVERSATIONAL SPANISH

For those who would like to practice their Spanish skills. This activity offers a great opportunity to converse and discuss current topics while improving grammar skills. Designed for the advanced student. New students are always welcome! Instructor: Ana 945617.01 _ т.,

945617-01	Free	Tu	ongoing	11:00am-12:00pm

KNIT & CROCHET GROUP

Join an active knit & crochet group to work on your own projects or make and donate items to benefit children and adults in the community facing illness or crisis. 945609-01 Free F 9:30am-11:30am ongoing

CROCHET INSTRUCTION ACTIVITY

Get help with crochet patters and different projects that you are currently working on. - 15610-01

945610-01	Free	Μ	ongoing	1:30pm-3:00pm
945610-02	Free	Sa	ongoing	9:30am-11:00am

MOVIE DAY

Recent and classic movies shown on 8-foot screen 945611-01 Free 3rd W 12:30pm-2:30pm ongoing

SENIOR CENTER ADVISORY BOARD

The Advisory Board meets monthly to discuss how to help the center and different ways to help benefit members. All are welcome to attend the meeting and voice their opinions and suggestions. 945612-01

AEROBICS

Richard Simmons DVD is played for in the Aerobics room for members to follow

945631-01	Free	M-F	ongoing	9:00am-10:00am
945631-02	Free	M, W, F	ongoing	10:00am-11:00am
945631-03	Free	Sa	ongoing	8:00am-12:00pm

BALLROOM DANCING

Practice different ballroom dances. 945632-01 Free W onaoina 11:00am-12:00pm

LINE DANCE STEP PREP (LEVEL 1)

Learn the steps that go into Line Dancing. 945633-01 Free Th 9:00am-10:00am onaoina

INTRO TO LINE DANCING (LEVEL 1)

Line Dancing for beginners. Learn your first line dance in class and improve on your line dancing.

10:00am-11:00am

945635-01 Free М ongoing 9:30am-10:30am

HIGH BEGINNER LINE DANCING (LEVEL 2)

A high beginners line dancing class that builds off the beginners line dancing

Class.				
945636-01	Free	W	ongoing	10:15am – 11:3

HAPPY YOGA

Yoga that can be modified for all participants using chairs. Mats are provided. Happy Yoga is both live and virtual. Free 11:00am-11:50am 945637-01 Tu ongoing

••••••	1100		engenig	1110004111 111000
945637-02	Free	F	ongoing	11:00am-11:50a

YOGA WITH TATIS

Join friends and	participate	in a yoga class	that is led b	by a video played o
TV screen. Yoga	that can be	modified for all	participants	using chairs. Mats
provided.				
945638-01	Free	M, Th	ongoing	1:00pm-2:00
945638-02	Free	Th	ongoing	10:00am-11:00

INTRODUCTION TO BEACH BALL VOLLEYBALL

Learn all there is to know about beach ball vollevball. Bring friends to learn the rules to this exciting new game! Registration is required. 345639-01 Free Tu 3/5 1:00pm-2:00pm

BEACH BALL VOLLEYBALL

Join the fun and become a team player in chair volleyball using a beach ball. Great upper body workout. See how long you can keep the ball on volley. Registration in advance.

945640-01	Free	Tu	ongoing	1:00pm-2:00

PICKLE BALL

A paddle sport	in which two	to four players	hit a plastic b	all over a net.
945641-01	Free	Tu, Th	ongoing	2:00pm-4:00
945641-02	Free	Sa	ongoing	8:15am-11:30

BEGINNERS TAI CHI & QI GONG

Meditation in motion. Gentle martial arts for seniors, with breathing concentration exercises for beginners. Instructor: Marlene. Free 945642-01 Τп 11:00am-12:00pm ongoing

TAI CHI & QI GONG

Meditation in m	notion. Gentle	martial	arts for	seniors,	with	breathing	concentra
exercises. Instr	uctor: Marlen	е					
945643-01	Free	F		ongoin	g	11:00	am-12:00

SCOTTISH COUNTRY DANCE

If you enjoy Line Dancing or Aerobics, Scottish Country Dane is a fun exercise activity that will get you stepping. It's broken down into simple steps that are woven into a larger dance group. 945644-01 NЛ 10:30am-11:45am Froo ongoing

945644-02 Free Tu ongoing 12:45pm-2:	ungung			
	ongoing	Tu	Free	945644-02

CARDIO DRUMMING INTRO

Cardio drumming combines cardio exercise and drumming to the rhythm of the music in an easy but effective workout. The intro class is for those who are new to cardio drumming and covers history, basic moves, and safety of cardio drumming. 945611-01 Free W 1/10 3:00pm-4:00pm

CARDIO DRUMMING

Cardio drumming combines cardio exercise and drumming to the rhythm of the music in an easy but effective workout. 945612-01 Free W 1/17-2/21 3:00pm-4:00pm

CASTANETS

Learn to play Castanets; a percussion instrument used in Spanish music. 945645-01 Free Tu ongoing 1:15pm-2:15pm

INTERMEDIATE FLAMENCO DANCE

An ongoing practice of traditional folkloric arm and footwork for those who have taken the beginner's class. 945646-01 Tu 12:15pm-1:15pm ongoing

Page 48

Free 3rd Th Monthly 10:00am-11:30am EXERCISE ACTIVITIES

along with

3:00pm	BEGINNER LINE DANCING (LEVEL 2)						
SK ADUUL	945634-01	Free	Th	ongoing			

Line Dancing for beginners and builds on the intro to line dancing class.

BEGINNERS FLAMENCO DANCE :30am An ongoing practice of traditional folkloric arm and footwork for beginners. 945647-01 Free Tu ongoing 1:15pm-2:00pm **STAY ACTIVE & INDEPENDENT FOR LIFE (SAIL)** SAIL is a program with exercises specifically designed to help maintain and improve balance while listening to great music. Jam 345610-01 \$25 Tu, Th 3/5-5/23 10:00am-11:00am **SELF-HELP & RESOURCES** on a are **INOVA BLOOD PRESSURE CHECK** Loudoun Healthcare provides blood pressure checks and referrals. Նրա 945653-01 10:00am-12:00pm Free 2nd Tu ongoing Jam SERVICES FOR SENIORS Elder Resources Case Manager Lori Stahl from the Area Agency on Aging is available to assist in linking seniors to community services and support. 945654-01 Free 1st, 3rd Tu ongoing 9:00am-12:00pm MINDFUL MEDITATION Meditation has been practiced in cultures all over the world for thousands of years to develop intentional focus and minimize random thoughts about the past or future. Registration required. 945652-01 Free 1st, 3rd Tu ongoing 1:00pm-1:45pm Opm **COMPUTER TECH HELP** Tech help available in the computer lab. Helping our members embrace technology. Call the center to obtain the link to the virtual class. Նոա Free 945655-01 W 10:00am-11:00am ongoing Jam Virtual ESL CLASS English as a Second Language Classes are offered to beginner and advanced members who are learning to speak English for the first time. Basic vocabulary and common phrases, inflection and proper grammar are taught to interested participants. 945656-01 Free Μ 10:00am-11:00am ongoing ation LIFE TRANSITIONS EMPOWERMENT GROUP Նրա Enjoy discussions with peers on various topics important to active seniors (eq: relationships, family, health and wellness, finances, dating, etc). Make new friends, improve self-esteem, ward off depression and anxiety, and come up with strategies for a more meaningful life. Registration required. 945657-01 Free 2nd Sa ongoing 10:30am-11:45pm Opm **EVENTS BIRTHDAY LUNCHEON** Celebrate members birthday each month. Enjoy a special treat and goodie bag for those with a birthday that month, provided by the Advisory Board. Call the center to sign up for lunch. Lunch donation is requested. 345600-01 Free Last W onaoina 12:00pm ST. PATRICK'S DAY LUNCHEON Celebrate St. Patrick's Day with a special Irish meal. Wear green and listen to Irish music provided by Finn McCool. Call the center to sign up for lunch. Lunch donation is requested. 345601-01 Free F 3/15 11:30am-1:00pm WOMEN'S HISTORY MONTH Celebrate women's history and contributions of women to events throughout history. Call the center to learn more about the events happening during Women's History Month.

25th ANNIVERSARY LUNCH

Kick off The Senior Center at Cascades 25th anniversary with a special lunch. Hear from special guest speakers and enjoy live music. Lunch donation is requested. 345603-01 Free М 4/15 12:00pm-1:00pm

25th ANNIVERSARY PARTY

LEESBURG

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CENTER

SENIOR

Celebrate The Senior Center at Cascades silver anniversary. Dance with friends to music by DJ Sky. There will be light refreshments. \$5/\$8 345604-01 F 4/19 2:00pm-4:00pm

CINCO DE MAYO PARTY

Dance with friends to a live mariachi band and celebrate Mexican History. There will be light refreshments. \$5/\$8 5/3 345605-01 2:00pm-4:00pm

MEMORIAL DAY LUNCHEON

Honor those who have passed away serving in the United States Armed Forces. Call the center to sign up for lunch. Lunch donations is requested. Free 5/24 12:00pm-1:00pm 345606-01 F



THE SENIOR CENTER OF LEESBURG

102 North Street, NW, Suite B, Leesburg, VA 20176 703-737-8039 • loudoun.gov/seniors-leesburg Monday-Friday 9:00am-5:00pm • Saturday 8:00am-12:00pm Closed for Memorial Day, 5/27 facebook.com/leesburgsenior

SENIOR MEMBERSHIP & PROGRAMS

(Ages 55 & up) Senior members and program participants may purchase twelvemonth memberships or attend on a drop-in basis. The cost of many activities is included in the membership or drop-in fee. Any additional fees will be noted in the activity listing. Please note some activities are not open for drop-ins. Memberships are processed during operating hours. Membership fee: \$36 resident, \$54 non-resident. \$3 drop-in fee. All classes/activities are subject to change.

ARTS & CRAFTS

CERAMICS HAND-BUILDING

Create your own hand-built art using Ceramic Studio's slab roller, forms, and tools. Kiln fire and glaze using studio supplies. No registration is required. 927670-01 M-F 9:00am-5:00pm Free ongoing

SEWING

For the beginner level. A sewing machine is provided. Bring in your sewing project.							
No registration is required. Assistance provided by Carol.							
927671-01	Free	M, F	ongoing	9:00am-12:00pm			

STITCH 'N B

Sew, knit, crochet, and needlework. Make new friends and share ideas. No registration is required. Assistance provided by Carol. M. F 9:00am-12:00pm 927672-01 Free

ADULT COLORING

Please come join the adult coloring for a relaxing and fun time. All supplies are provided. No registration is required. Instructor: Bob Anderson Free 927673-01 Tu 10:30am-11:30am ongoing

ART STUDIO WITH CAROL

Share techniques and learn new skills from each other. Bring your own supplies and work with expert help from Carol. No registration is required. 927674-01 Free М ongoing 12:30pm-3:00pm

DRAWING WITH KAREN

Learn techniques and tricks as you learn how to draw with Karen. No registration required. 927616-01 Free 2nd, 4th Tu ongoing 12:30pm-1:30pm

SKETCH CLUB

Do you want to do art without commitment, and go at your own pace? Do you need a place to talk and share your artwork? Please join our new sketch club. Materials are provided to start you on your way or bring your own. A volunteer or staff member will be there to provide sketch ideas and materials. New and experienced artists now have a purposeful place and time to gather. Materials provided: Journal, Tombow pencil, black colored pencil, blending stubs, eraser, and small sharpener. No registration is required.

927617-01 Free Τu 11:15pm-12:30pm ongoing

OUILT MAKERS CLUB

Come to chat and exchange ideas. Bring your own project. Make use of the large tables to spread out your project. No registration is required. 1st. 3rd. 4th W 927618-01 Free onaoina 9:30am-12:00pm

CROCHET CLUB

Bring your hooks and yarn. Work together on your own projects. No registration is required. 927619-01 Free 9:00am-12:00pm onaoina

KNITTING & CROCHETING

Bring your knitting needles, crochet hook, and yarn. No registration is required. 927619-02 Free W ongoing 1:00pm-3:00pm

DANCE

LINE DANCE WITH MINDA

Learn new dances from all over the world. No partner is required. No registration is required. 927691-01 Free 2:00pm-3:00pm W. F ongoing

FUN SQUARE DANCING

Experience the joy, camaraderie, and fun of square dancing. Dance to calls in simple patterns. No partner is required. Please check our newsletter for details. No registration is required. Non-Member \$3/class. Instructor: Robert Abdinoor 927605-02 Free/\$3 W onaoina 3:00pm-4:00pm

EDUCATIONAL

ADVISORY BOARD MEETING

The Senior Center of Leesburg Advisory Board will meet on the first Thursday of each month. Providing support to the activities of the Senior Center of Leesburg. No registration is required. 927628-01

1:00pm-2:30pm Free 1st Th

TEEN TECH HELP

Loudoun County High School Students from the CAMPUS program will come to the Senior Center of Leesburg monthly to assist members with technology questions or issues with their devices. Please bring your questions, devices, and passwords with you to the session. Sign up in the lobby or call the front desk at 703-7378030 to be added to the sign up list. No registration is required

8039 to be adde	Ũ		· ·				FITNE	SS	
to learn how to	eeding to declu sort your pers age members t	itter your hoi onal/home it o attend all 8	ems. Registratio	bam our 8-week workshop on is required and we Members will pay a \$3 1:00pm-2:00pm	jing Standard 24 improve general and balance. No 927606-01	o Tai Chi Chi 4 Form. Thes health and a registration i Free	se ancient Ch re especially	ninese discipline valuable for sen	asis on learning the Bei- es have been shown to iors to improve strength 10:30am-11:30am
	about downtow ey will walk bac	n Leesburg h k to the cen	istorical sites. T ter. Extensive w	he bus will drop mem- alking. Members must 10:00am-12:00pm	teach more adva and explore mor 927608-01	ome experier Inced Tai Chi	Chuan (emp	ty hand), introdu	24 form. This class will uce Tai Chi Jian (sword), uired. Instructor: Bill 10:30am-11:30am
BEGINNING SPA Take advantage ning. Instructor: 327600-01	of speaking Sp		native speaker. 3/4-5/20	Learn from the begin- 1:00pm-2:00pm	ibility, balance, la	aughter, and	meditation fo	or mental well-b	rcises for strength, flex- eing. Make new friends lired. Instructor: Kathy 10:30am-11:30am
CONVERSATION Take advantage then paragraphs 327601-01	of speaking Sp	ancisco	native speaker. 3/4-5/20	Create sentences and 3:00pm-4:00pm	SIT & FIT A half-hour danc tion is required. 927611-01			r those with limit ongoing	ed mobility. No registra- 10:30am-11:00am
	explanations in mples and exa	mples and e		ish Grammar followed rovide ample practice.	AEROBIC DANCI Full body workou No registration is 927613-01	it with empha			ng a towel and water. 10:15am-11:00am

327602-01	\$110/\$130	М	3/4-5/20	4:00pm-4:55
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Trips now listed online at loudoun.gov/SeniorTrips

CARDIO DRUMMING

Have fun, increase your energy, and use drumsticks, and exercise balls for these exercises. Improve rhythm, range of motion, and balance. No registration is reauired. 927615-01 Free Sa onaoina 10:00am-11:00am 927615-02 Free W 10:30am-11:30am

CHAIR YOGA

Improve strength, range of motion, and balance. Members will use a chair during Yoga exercises. Please bring a towel and water. Please call the front desk at 703-737-8039 to sign up or if you have any questions. Instructor: Emme

onaoina

927614-01	Free	Th	ongoing	3:30pm-4:30pm
927614-02	Free	Tu	ongoing	2:00pm-3:00pm

SAIL (Stay Active & Independent for Life) FITNESS CLASS

This evidence-based fall prevention group fitness program is designed for adults 55 and older. It combines aerobics, strength, and stretching exercises to help older adults improve balance and mobility while helping to reduce the risk of falls. Class sizes are limited. Please bring water. Pre-Test assessments will be on 12/5 and Post-test assessments will be on 2/29. 0.10

327603-01	\$25	Iu, In F	03/5-5/30 3/8-5/31	9:15am-10:15am 9:15am-10:15am
327604-01	\$25	Tu, Th F	3/5-5/30 3/8-5/31	1:00pm-2:00pm 9:15am-10:15am

HEALTH & WELLNESS

INOVA MOBILE HEALTH SERVICES

INOVA Nurse comes to offer blood pressure checks. Please sign up in the lobby or call the front desk at 703-737-8039. 1 -+ \/ ----10.00 cm 10.00 m

927630-01	Free	I St W	ongoing	10:00am-12:00pm

LET'S TALK CIRCLE OF SUPPORT

We are all in transition. We are all learning how to deal with the challenges of life. Join the Circle of Support. Mary Ellen will guide the discussion. Join online by typing https://global.gotomeeting.com/join/303279485 or by phone 571-317-3122 , access code 303-279-485 10:30am-11:30am 927632-01 3rd M Free ongoing

CASE MANAGEMENT SERVICES FOR SENIORS

Elder Resources Case Manager, Lori Stahl, from the Area Agency on Aging, is available to assist seniors in finding community services and support. Please sign up in the lobby or call the front desk at 703-737-8039 to be added to the list. 927631-01 Free 1st, 3rd Th ongoing 9:00am-11:30am

MEDICARE SERVICES FOR SENIORS

Jane Bretzin from the Area Agency on Aging is available to assist seniors with their Medicare guestions and needed Medicare counseling. Please sign up in the lobby or call the front desk at 703-737-8039 to be added to the list. 927633-01 Free 2nd Th ongoing 9:00am-11:30am

MONTHLY HEALTH & WELLNESS GUEST SPEAKER

Members will learn and benefit from listening to our Monthly Health Guest Speakers. Topics will cover a wide range of various topics. Please sign up in the lobby or call the front desk at 703-737-8039 to sign up. 927634-01 Th 12:45pm-1:45pm Free monthly

LOW VISION EMPOWERMENT GROUP

Come join us and chat with friends living with vision challenges. The group will meet guarterly. Please see the newsletter for more information. Please sign up in the lobby. No registration is required. 927635-01 Free М 11:00am-12:00pm ongoing

			V

UKE GROUP

For the more advanced players, Focusing on challenging songs, strumming patterns, and fingerpicking. This class is instructed by class members. Ukulele Lessons and Ukuleles available for loan. No registration is required. 927636-01 Free Th ongoing 1:00pm-2:30pm

GUITAR WITH KURT

Discover harmonies and tight arrangements while having fun playing together. No								
registration is re	equired.							
927637-01	Free	F	ongoing	1:00pm-2:00pm				

CHIME IN WITH AAA RHYTHM MAKERS

No music experience is needed just the joy of creating music together. Please call 571-233-2583 or email aaasupport@loudoun.gov to register. 927638-01 Free 2nd Tu onaoina 9:45am-11:00am

DRUM CIRCLE - NEW

Feel the rhythms and share the beat. Bring your own drum to share with others. Free See newsletter for details 10:30am-11:45am 927616-01

ONGOING CLUBS & GROUPS

PHOTOGRAPHY CLUB

Interested in taking pictures? Come join our photography club. You never know when that next Kodak moment may be. The photo club meets on the 4th Friday of the Month. No registration is required.

927640-01 Free 4th F ongoing 10:00am-11:30am

LOUDOUN BRIDGE BUFFS

Duplicate Bridge Sanctioned ACBL Game. Registration Required with Loudoun Bridge Buffs. 927641-01 Free ongoing 12:30pm-4:30pm

READING BETWEEN THE SPINES - BOOK CLUB

Come join Susan or Beth from Library Outreach Services and other book club members to engage in stimulating conversation about the monthly book selection. No registration required. 927642-01 Free 2nd M 1:00pm-2:00pm ongoing

A FEW GOOD MEN - MEN'S MEETING CLUB

Come ioin us and have coffee and chat with friends. No registration required. 927644-01 10:00am-11:00am Free Th ongoing

DIABETES SUPPORT GROUP

Come and join us and chat with peers about living with Diabetes. No registration is required. 927639-01 11:00am-12:00pm Free 1st Th ongoing

RECREATION. SOCIAL & GAMES

MONTHLY BIRTHDAY CELEBRATIONS

Please join us to celebrate with friends our member's monthly Birthdays with lunch and cake. Lunch reservations are required one day in advance.

927645-01 Free 4th Th onaoina 12:00pm FUOUDE

EUCHRE Card Game with fi 927646-01	riends old and Free	new. No regi: F	stration is require ongoing	ed. 9:30am-12:00pm
TEXAS HOLD'EM 927647-01	Free	Tu, Th	ongoing	9:00am-11:45am
RUMMIKUB 927648-01	Free	M-F	ongoing	9:00am-4:30pm

General Registration Begins February 8

OH HECK! 927649-01	Free	F	ongoing	10:00am-12:00pm	327625-02 Dutch's Daughter	\$2/\$5	F	4/12	10:30am-1:45pm
MEXICAN TRAIN					327625-03 [˘]	\$3/\$6	F	5/10	10:30am-1:45pm
927650-01	Free	Tu	ongoing	10:00am-12:00pm			EVENT	S	
CANASTA or HA 927651-01	ND & FOOT Free	F	ongoing	10:00am	ST PATRICK'S DA Celebrate St. Patr Kristin Burke Irish	ick's Day wi	-	Irish meal ar	nd performance from The
BINGO WITH BII 927652-01	\$1	F	ongoing	12:45pm-1:45pm	Members: Non/Members:	F \$3/plus Lu	3/15 nch donation nch donation	11:30am- ⁻	I:30pm
POKENO Pokeno is simila members at the 927653-01 BIDWHIST				gh with other ation is required. 12:45pm-1:45pm	SOLAR ECLIPSE I Celebrate the Sol center with variou registered will red	FESTIVAL ar Eclipse F is learning a	estival at our ctivities about	the solar ecli	or join in the fun at our ipse. Members who have the solar eclipse around
Card game with 927654-01	friends old and Free	d new. F	ongoing	1:00pm-3:00pm	3:00pm. 327621-01	Free	М	4/8	2:10pm-4:00pm
BILLIARDS Make use of the 927655-01 PHASE 10 927657-01	Free	M-F	ongoing	9:00am-4:30pm	morning and an i	ay with a s ndoor conce ch. Non-mei	ert from the V mbers will hav	Vorld View Ba e a \$3 drop-i	Master Gardener in the and from Park View High in fee for the day. Special participate. 11:00am-1:45pm
92/03/-01	Free	Tu	ongoing	1:00pm-4:30pm					
ball. Space is Li	/ this indoor ve mited to one c	ourt-4 playe	rs. Please note	a paddle and a whiffle subject to change due y. No registration is re-		we celebra members' i	te our fabulou nternational d	is mothers ev ress and lund	NCHEON verywhere with a special ch. Please register if you 11:30am-12:30pm
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	nited to one co	urt-4 players	s. Please note si ed.	a paddle and a whiffle ubject to change due to 2:00pm-4:45pm 8:30am-11:45am	given out for 1st, will be displayed i 327628-01 MEMORIAL DAY I	2nd, and 3rd n the game \$5/\$8 REMEMBRA	d place shoote room. 5/17 NCE CELEBRA	ers. A wall pla 9:30am-12 ATION PROGE	RAM & LUNCHEON
BADMINTON/BE			ongoing		We will have a sp country. Lunch sig				e fallen in service to our
Play this backya 927662-01			No registration ongoing	is required. 2:00pm-4:30pm	327624-01	Free	F	5/24	11:30am-12:00pm
TABLE TENNIS Regulation Ping- friends. No regis 927663-01			play a fun gan ongoing	ne of table tennis with 10:30am-12:00pm		1			
		OUTIN	GS		# Dec		-	R	
other local shops	s. The bus leav ase sign up in	es the center	at 12:30pm a	Farget, Dollar Tree, and nd returns to the center esk at 703-737-8039. 12:30pm-2:00pm		T		3	SAN
LUNCH BUNCH Going out to lund monthly. The fee drink, tax, and ti Ford's Fish Shad	ch and sharing is for transpo p. k	a meal with rtation. Mem	friends at differ bers pay the re	ent restaurant locations staurant for their meal,					
327625-01	\$2/\$5	F	3/22	10:30am-1:45pm	- Caller	1000.55	News		

927649-01	Free	F	ongoing	10:00am-12:00pm	327023-02 52/55 F 4/12 10:30am-1:45pm Dutch's Daughter
MEXICAN TRAIN	I		0 0		327625-03 \$3/\$6 F 5/10 10:30am-1:45pm
927650-01	Free	Tu	ongoing	10:00am-12:00pm	FUENZO
CANASTA or HAI	ND & FOOT				EVENTS
927651-01	Free	F	ongoing	10:00am	ST PATRICK'S DAY CELEBRATION Celebrate St. Patrick's Day with a traditional Irish meal and performance from The Kristin Burke Irish Dancers.
BINGO WITH BIL 927652-01	LY \$1	F	ongoing	12:45pm-1:45pm	327620-01 F 3/15 11:30am-1:30pm Members: \$3/plus Lunch donation
POKENO					Non/Members: \$6/plus Lunch donation
Pokeno is similar members at the o 927653-01 BIDWHIST				ugh with other ration is required. 12:45pm-1:45pm	SOLAR ECLIPSE FESTIVAL Celebrate the Solar Eclipse Festival at our various parks or join in the fun at our center with various learning activities about the solar eclipse. Members who have registered will receive safety glasses to wear to watch the solar eclipse around
Card game with 1	friends old an	nd new.			3:00pm. 327621-01 Free M 4/8 2:10pm-4:00pm
927654-01	Free	F	ongoing	1:00pm-3:00pm	327621-01 Free M 4/8 2:10pm-4:00pm
BILLIARDS Make use of the 927655-01	two regulation Free	n slate billiard M-F	l tables. ongoing	9:00am-4:30pm	EARTH DAY CELEBRATION Celebrate Earth Day with a special presentation from a Master Gardener in the morning and an indoor concert from the World View Band from Park View High School during lunch. Non-members will have a \$3 drop-in fee for the day. Special Earth Day DIVCO will be held in the dising ream for \$1 to participate.
PHASE 10 927657-01	Free	т.,	ongoing	1.0000 4.2000	Earth Day BINGO will be held in the dining room for \$1 to participate. 327622-01 FreeF4/1911:00am-1:45pm
92/03/-01	Free	Tu	ongoing	1:00pm-4:30pm	MOTHER'S DAY INTERNATIONAL FASHION SHOW & LUNCHEON
ball. Space is Lin to special event of quired.	this indoor v	court-4 player	rs. Please note	a paddle and a whiffle subject to change due ly. No registration is re-	Please join us as we celebrate our fabulous mothers everywhere with a special showcase of our members' international dress and lunch. Please register if you wish to walk in our show. Lunch sign-up is required. 327623-01 FreeM5/1311:30am-12:30pm
927660-01	Free	F	ongoing	2:00pm-4:45pm	8-BALL POOL TOURNAMENT
ball. Space is Lim special event day	nited to one co /s. No registra	ourt-4 players ation is require	ed.	a paddle and a whiffle subject to change due to	1-day double illumination billiards tournament. Official 8-ball rules. Trophies will be given out for 1st, 2nd, and 3rd place shooters. A wall plaque with winners' names will be displayed in the game room. 327628-01 \$5/\$85/179:30am-12:30pm
927661-01 927661-02	Free Free	M, Tu, Th Sa	ongoing ongoing	2:00pm-4:45pm 8:30am-11:45am	MEMORIAL DAY REMEMBRANCE CELEBRATION PROGRAM & LUNCHEON We will have a special luncheon to honor those who have fallen in service to our country lunch airs up is required.
BADMINTON/BE			Ne os sisteratio	- to us as does at	country. Lunch sign-up is required. 327624-01 Free F 5/24 11:30am-12:00pm
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Rotating each we other local shops	. The bus leav se sign up in	ves the center	at 12:30pm a	Target, Dollar Tree, and ind returns to the center desk at 703-737-8039.	
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927649-01	Free	F	ongoing	10:00am-12:00pm	327023-02 \$2/\$5 F 4/12 10:30am-1:45pm Dutch's Daughter
MEXICAN TRAIN			0 0		327625-03 \$3/\$6 F 5/10 10:30am-1:45pm
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CANASTA or HA	ND & F00T				EVENTS
927651-01	Free	F	ongoing	10:00am	ST PATRICK'S DAY CELEBRATION Celebrate St. Patrick's Day with a traditional Irish meal and performance from The Kristin Burke Irish Dancers.
BINGO WITH BIL 927652-01	.LY \$1	F	ongoing	12:45pm-1:45pm	327620-01 F 3/15 11:30am-1:30pm Members: \$3/plus Lunch donation
POKENO					Non/Members: \$6/plus Lunch donation
927653-01				ugn with other ration is required. 12:45pm-1:45pm	SOLAR ECLIPSE FESTIVAL Celebrate the Solar Eclipse Festival at our various parks or join in the fun at our center with various learning activities about the solar eclipse. Members who have registered will receive safety glasses to wear to watch the solar eclipse around
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927654-01	Free	F	ongoing	1:00pm-3:00pm	327621-01 Free M 4/8 2:10pm-4:00pm
BILLIARDS Make use of the 927655-01 PHASE 10	two regulation Free	n slate billiarc M-F	d tables. ongoing	9:00am-4:30pm	EARTH DAY CELEBRATION Celebrate Earth Day with a special presentation from a Master Gardener in the morning and an indoor concert from the World View Band from Park View High School during lunch. Non-members will have a \$3 drop-in fee for the day. Special Earth Day BINGO will be held in the dining room for \$1 to participate.
927657-01	Free	Tu	ongoing	1:00pm-4:30pm	327622-01 Free F 4/19 11:00am-1:45pm
BEGINNING PICI	KLEBALL				MOTHER'S DAY INTERNATIONAL FASHION SHOW & LUNCHEON
Drop in and play ball. Space is Lir	v this indoor v mited to one o	court-4 playe	rs. Please note	a paddle and a whiffle subject to change due ly. No registration is re-	Please join us as we celebrate our fabulous mothers everywhere with a special showcase of our members' international dress and lunch. Please register if you wish to walk in our show. Lunch sign-up is required. 327623-01 FreeM5/1311:30am-12:30pm
927660-01	Free	F	ongoing	2:00pm-4:45pm	8-BALL POOL TOURNAMENT
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927661-01 927661-02	Free Free	M, Tu, Th Sa	ongoing ongoing	2:00pm-4:45pm 8:30am-11:45am	MEMORIAL DAY REMEMBRANCE CELEBRATION PROGRAM & LUNCHEON We will have a special luncheon to honor those who have fallen in service to our
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Play this backyar 927662-01	rd sport in our Free	W W	ongoing	n is required. 2:00pm-4:30pm	
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Rotating each w other local shops by 2:00pm. Plea No registration is	s. The bus leav use sign up in	ves the center	r at 12:30pm a	Target, Dollar Tree, and nd returns to the center lesk at 703-737-8039.	
927664-01	Free	Tu	ongoing	12:30pm-2:00pm	
	is for transpo p.			ent restaurant locations estaurant for their meal, 10:30am-1:45pm	

927649-01	Free	F	ongoing	10:00am-12:00pm	Dutch's Daughter	ΦΖ/ΦΟ	Г	4/12	10:30am-1:45pm
			0 0	·	327625-03	\$3/\$6	F	5/10	10:30am-1:45pm
MEXICAN TRAIN 927650-01	Free	Tu	ongoing	10:00am-12:00pm			EVEN	те	
CANASTA or HA	ND & F00T							13	
927651-01	Free	F	ongoing	10:00am	ST PATRICK'S DA Celebrate St. Patri Kristin Burke Irish	ck's Day wi	-	al Irish meal ai	nd performance from The
BINGO WITH BIL 927652-01	.LY \$1	F	ongoing	12:45pm-1:45pm	327620-01 Members:	F \$3/plus Lu	3/15 nch donation		1:30pm
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Pokeno is simila members at the 927653-01				ugh with other tration is required. 12:45pm-1:45pm	center with various	ar Eclipse F s learning a	ctivities abou	it the solar ecl	s or join in the fun at our ipse. Members who have
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Card game with 927654-01	Free Free	id new. F	ongoing	1:00pm-3:00pm	327621-01	Free	М	4/8	2:10pm-4:00pm
BILLIARDS					EARTH DAY CELE			atation from a	Maatan Candanan in the
Make use of the 927655-01	two regulatio Free	n slate billiaro M-F	d tables. ongoing	9:00am-4:30pm	morning and an ir	ndoor conce ch. Non-mei	ert from the mbers will ha	World View Ba ve a \$3 drop-	Master Gardener in the and from Park View High in fee for the day. Special participate.
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927660-01	Free	F	ongoing	2:00pm-4:45pm	8-BALL POOL TOU				
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BADMINTON/BE					country. Lunch sig 327624-01	n-up is reqi Free	uirea. F	5/24	11:30am-12:00pm
Play this backyar 927662-01	rd sport in oui Free	r dining room. W	. No registratio ongoing	n is required. 2:00pm-4:30pm					
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927650-01	Free	Tu	ongoing	10:00am-12:00pm			EVENT	S	
CANASTA or HAI 927651-01	Free	F	ongoing	10:00am	ST PATRICK'S DA Celebrate St. Patr Kristin Burke Irish	ick's Day wit		Irish meal and	d performance from The
BINGO WITH BIL 927652-01	LY \$1	F	ongoing	12:45pm-1:45pm	327620-01 Members: Non/Members:	F \$3/plus Lu	3/15 nch donation nch donation	11:30am-1	:30pm
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Card game with 1 927654-01	friends old and Free	new. F	ongoing	1:00pm-3:00pm	3:00pm. 327621-01	Free	Μ	4/8	2:10pm-4:00pm
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927657-01	Free	Tu	ongoing	1:00pm-4:30pm					
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327625-01 Olive Garden	\$2/\$5	F	3/22	10:30am-1:45pm	12/2-12	1120 30	Madala		

Register at loudoun.gov/PRCSconnect

Page 52

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SENIOR CENTER OF LEESBURG

Page 53



LOUDOUN COUNTY **AREA AGENCY ON AGING**

742 Miller Drive SE, Leesburg, VA 20175 703-777-0257 • loudoun.gov/AAA Monday-Friday 8:30am-5:00pm Closed for Memorial Day, 5/27

The Loudoun County Area Agency on Aging (AAA) is the central point of contact for seniors, caregivers, and their families. The mission of the agency is to foster independence and healthy aging, and improve the guality of life for older adults and their caregivers through comprehensive programs and services. AAA provides the following programs and services:

Adult Day Centers	Information & Assistance
Caregiver Services	Medicare Counseling
Case Management Services	Senior Centers
Congregate Lunch Programs	Senior Cool Care
Disease Prevention & Health Promotion	Senior Trips
Home Delivered Meals	Volunteer Opportunities
Home Delivered Meals	Volunteer Opportunities

ADULT DAY CENTERS

LOCATIONS

Eastern Loudoun Adult Day Center (Ashburn): 571-258-3232 Loudoun County Adult Day Center at Leesburg: 703-771-5334 Mac Brownell Adult Day Center (Purcellville): 571-258-3402

PARTICIPANTS

Adult Day Centers are open Monday-Friday from 7:30am-5:30pm to provide a safe, social and interactive environment for seniors with cognitive and/or physical disabilities who are unable to be home alone safely. Activities and services, designed to elicit success and enjoyment, include art and music therapy, individualized exercise, mentally stimulating games, assistance with personal needs, medication management. nutritious hot lunches and snacks, and health monitoring. Limited transportation is available to some areas. Fees are based on a sliding scale.

CAREGIVERS

Adult Day Centers provide respite for those needing support and time away from caregiving. Caregiver and early stage support groups are available to provide guidance, companionship, and resources. For more information on support groups, call 703-777-0257 or email aaasupport@loudoun.gov.

CAREGIVER SERVICES

FAMILY CAREGIVER EDUCATION SERIES

Caregiver education programs offer learning opportunities for older adults, caregivers and family members on topics related to aging. These programs enhance the ability of caregivers and family members to provide (informal) care for as long as appropriate. For more information about these programs, call 571-258-3490 or email aaasupport@loudoun.gov.

VIRTUAL CAREGIVER SUPPORT GROUPS

Meets the third Saturday of the month from 10:00am-11:30am. Please pre-register by calling 571-258-3490 or email aaasupport@loudoun.gov.

Meets the first Wednesday of the month from 4:00pm-5:00pm. Please pre-register by calling 703-771-5334.

Meets the fourth Thursday of every month from 3:00pm-4:00pm. Please pre-register by emailing bcarducci@comcast.net.

VIRTUAL EARLY STAGE DEMENTIA SUPPORT GROUP

Meets the second Wednesday of the month from 10:00am-11:00am. Please pre-register by calling at 703-737-8741 or email aaasupport@loudoun.gov.

CHIME IN WITH THE AAA RHYTHM MAKERS

Join the AAA Rhythm Makers and experience the joy of playing the hand chimes. This hand chime group is for individuals with early to moderate stage cognitive impairment and their care partners. Musical ability is not needed - just the willingness to have fun and create music together. This group meets monthly at the Senior Center of Leesburg (102 North Street NW). Must pre-register by calling 571-233-2583 or email aaasupport@loudoun.gov. Free 2nd Tu 10:00am-11:00am

DISEASE PREVENTION & HEALTH PROMOTION

The Area Agency on Aging offers evidence-based disease prevention and health promotion programs and services for older adults, caregivers, and their families. These programs provide information and education to help older adults improve or maintain health-related quality of life through preventing, treating, and reducing the effects of chronic conditions.

INFORMATION & ASSISTANCE

The Elder Resources Information and Assistance program is a confidential service that helps inquirers identify their specific needs through assessment, education, advocacy and assistance. Aging Program Specialists empower individuals, caregivers and allied professionals in the decision making process to determine the best possible options for their particular needs.

SENIOR COOL CARE

Fans and limited summer cooling assistance is available May 1 - Oct 31 for Loudoun County residents aged 60 years and older who are income eligible.

SENIOR CENTERS

ACTIVITIES & FEES

Five full-service senior centers offering a variety of programs and activities for adults 55 and over. The annual membership fee is \$36 resident; \$54 non-resident starting July 1. Members receive reduced rates for trips and classes, a monthly newsletter and membership privileges at all senior centers. There is a cost of \$4/ meal for adults under 60, and a suggested donation for adults 60 and over, for the congregate lunch program.

FACILITY RENTALS

Attractive rental space is available for groups of all ages at five full service senior centers in Ashburn, Dulles South, Leesburg, Sterling and Purcellville for meetings, family reunions, special events, birthday parties and more. Please call the individual senior center for further information.

SENIOR TRIPS

The County offers a diverse selection of day and overnight trips, taking seniors ages 55+ to points of interest and special events near and far. Trips are planned and led by PRCS experienced Tour Managers. New interesting and exciting trips are available guarterly on loudoun.gov/SeniorTrips. For more information, call 571-258-3050 or 571-258-3051. Email SeniorTrips@loudoun.gov to join our email list



ASHBURN PARK

43645 Partlow Road, Ashburn, VA 20175 540-338-7603 • loudoun.gov/parks Monday-Sunday 7:00am - Dusk

NATURE

NATURE BUDDIES

(Ages 2.5-5) Your child, and you will join Ms. Kathi and other families in the great outdoors this winter. Using the Tinkergarten curriculum your child will develop language, strategies, and habits that build strong bodies, minds, and hearts while enjoying all Mother Nature has to offer. This class is held outside so you should be prepared for the weather conditions. The class does require parent or guardian participation. 376707-01 \$25 Sa 4/1-5/4 11:00am-12:00pm

WHO POOPED IN THE PARK?

(Ages 5 & up) Animals can be elusive, but they do leave signs. Learn what clues to look for. Join PRCS staff in the parks to learn more about the signs animals leave everywhere. Discover more about the animals of Loudoun County and their habitat. Participants will have the opportunity to create an animal track mold. 376711-03 \$5 Fr 3:00pm-4:00pm 5/17

FAIRY FOLK TRAIL

(All Ages) Fairy Folk are well known to roam, but they have found Loudoun Parks so lovely they have decided to make the parks their home. Their caravan travels by night to keep out of sight but may be seen when it's light. Take a hike along the park's trails. If you are very clever along your endeavor, the fairy's homes will be revealed. M-Su 4/15-4/22 7:00am-Dusk Free





Discover the signs along the trail to begin your free adventure.



BANSHEE REEKS NATURE PRESERVE

21085 The Woods Road, Leesburg, VA 20175 703-737-8894 • loudoun.gov/bansheereeks

Seasonal Hours March 8:00am-6:00pm

April-Sept 8:00am-8:00pm

Open: Tuesday-Thursday, Saturday & Sunday

Closed: Monday, Friday & County Holidays

facebook.com/BansheeReeksNaturePreserve

PRESCHOOL

(Ages Infant-6) Join us for experiential learning and hands-on fun outdoors! Every

first Thursday of the month we will investigate a different nature theme to explore

along a leisurely trail hike. All ages and experience levels are encouraged to at-

3/7

4/4

5/2

tend. Program fee is per preschool-age participant: parents/guardians are free. Meet in the Education Complex. 367212-01 \$5 Th \$5 367212-02 Th \$5 367212-03 Th

WILDSCHOOLING & NATURE CRAFTS

STORYTIME GONE WILD & NATURE WALK

(Ages Infant-6) There's never been a story time like this! We explore nature stories and wildlife topics each month through interactive hands-on play and crafts. Storvtime takes place outdoors in the children's play area on the 4th Tuesday of each month. After story time, we'll embark on an easy walk in the woods connected to the seasonal stories we share – from frog finding to mushroom hunting, bird calls. and more! In the event of rain, meet in the Education Complex.

367211-01	Free	Tu	4/23	9:30am-11:30am
367211-03	Free	Tu	5/28	9:30am-11:30am

YOUTH

SPRING BREAK MINI CAMP

(Ages 6-11) Drop off your kiddos for a half-day wildlife camp while schools out. Participants will enjoy a visit with live animal ambassadors from Blue Ridge Wildlife Center along with hands-on activities, outdoor adventures, nature crafts, and trail hikes. Spend your spring break staycation exploring local wildlife at Banshee Reeks! Bring your own nut-free snack. Meet at the Education Complex.

367223-01	\$100	Tu, W, Th	3/26-3/28	9:00am-12:00pm

SCHOOLS OUT(SIDE)

(Ages 6-11) This drop-off program invites youth to enjoy the day off from school while exploring local wildlife, hiking along trails, completing outdoor challenges, and creating artfrom nature. Bring your own picnic lunch and snacks. Meet at the Education Complex. 367240-01 \$50 3/5 9:00am-2:00pm 367240-02 \$50 4/10 9:00am-2:00pm W

STONE SOUP FOR KIDS

(Ages 2-8) Learn about sharing, collaboration, and how veggies grow through this playful hands-on class. Meet at the Education complex. Parent participation is required for ages 2-5. 367242-01 Sa 3/9 Free 11:00am-12:00pm

9:30am-10:30am

9:30am-10:30am

9:30am-10:30am

Page 55



DIGGING THROUGH TIME - ARCHAEOLOGY FOR KIDS

(Ages 8-12) Designed for upper elementary students, this program includes a handson dig, a short history hike, and real-world techniques to demonstrate what archaeology has revealed about the history of Banshee Reeks. Meet at the Education Complex. 367241-01 \$5 Sa 5/18 2:00pm-3:00pm

FIELD TRIPS FOR PRESCHOOL, ELEMENTARY & HOMESCHOOL

(All Ages) Have a group interested in nature, science, wildlife, or other outdoor adventures? Our specialized nature instructors provide experiential field trips that can be tailored to themed activities and SOLs. Email BansheeReeks@loudoun.gov for information, prices, and reservations.

ADULT

GUIDED FOREST BATHING

(Ages 16 & up) Relax and recharge by connecting with the natural world under the direction of a Certified Nature and Forest Therapy Guide. Forest bathing research has demonstrated positive health effects including increased immune function, regulation of heart rate and blood pressure, lowered stress levels, and increased mood and mental clarity. Participants will be guided through a series of invitations to connect with nature through the senses. The walk will be nearly one mile and will end with a forest tea, an herbal blend of a locally foraged plant. Each session will have its own theme and unique wild foraged tea. Sessions are geared for mature participants. Meet at the Visitor Center. Section 04 is family focused, all ages are welcome!

367510-01	\$18	Su	3/3	2:00pm–5:00pm
367510-02	\$18	Th	3/21	3:00pm-6:00pm
367510-03	\$18	Su	4/14	3:30pm–6:30pm
367510-04	\$15	Su	5/5	8:30am-10:30am

VIRTUAL GUIDED FOREST BATHING

(Ages 16 & up) You can still enjoy the benefits of forest bathing if you can't get



out to the park! Join a Certified Nature and Forest Therapy Guide to gain access to the rapeutic practices that provide stress reduction, increased immune function. heart rate and blood pressure regulation, and increased mood. After a brief introduction to forest bathing on Zoom, participants will be guided on ways to open their senses and connect with their surroundings. Then participants will be invited to connect with the natural world through a series of sensory explorations (In your backyard, looking out your window, with a potted plant, or whatever works for you and your space). Consider inviting a friend or family member who lives far away to join you. 24-hr advanced registration required.

367511-01	\$12	Su	3/3	9:00am-11:00am
367511-02	\$12	М	4/22	11:00am-1:00pm

NATURE SKETCHING

(Ages 16 & up) Join us for an in-depth nature sketching course from a Virginia Master Naturalist. Learn drawing techniques including color blending, shading, and perspective while practicing your plein-air sketch skills on the trail. Each class is different, and participants are encouraged to attend multiple classes. All art supplies are included in the registration fee. Meet at the Visitor Center.

367703-01	\$10	Su	3/10	10:00am-12:00pm
367703-02	\$10	Su	4/14	10:00am-12:00pm
367703-03	\$10	Su	519	10:00am-12:00pm

ACTIVE ADULTS SEASONED HIKERS LEAGUE

(Ages 50 & up) This monthly series invites active adults to join a Virginia Master Naturalist on a nature hike that blends outdoor exercise, social engagement, and ando on loarni

ling.			
Free	Sa	3/9	10:00am-12:00pm
Free	Sa	4/13	10:00am-12:00pm
Free	Sa	5/4	10:00am-12:00pm
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BACK IN TIME HISTORY HIKE

(Ages 16 & up) Learn about the rich history of Banshee Reeks Nature Preserve through a guided hike to historic landmarks and an up-close look at artifacts recovered on-site. Requires walking 2+ miles over moderate terrain. 1:00pm- 3:00pm

367705-01 Free 5/11 Sa

MULTIAGE

BIRDING FOR BEGINNERS

(Ages 10 & up) Birding can be intimidating, so let us help get you started! Learn the basics of bird identification and what to look for in the field so that you can confidently call yourself a "birder". Binoculars NOT required. Each participant will take home their own field notebook and local bird list. Class includes field time on the trails, rain, or shine. Meet at the Education complex. 367786-01 \$5 Sa 3/2 8:00am-10:00am 367786-02 \$5 Sa 4/6 8:00am-10:00am 367786-03 \$5 Sa 5/4 8:00am-10:00am

VERNAL POOLS TALK

(Ages 12 & up) Vernal pools, also known as ephemeral or seasonal pools, are an important yet often overlooked wetland. Join Loudoun Wildlife Conservancy's Jenny Erickson for a look into the wildlife that utilizes these pools and what we can all do to help protect these sensitive wetlands. Using imagery and stories from the field, Jenny will unveil the secrets of vernal pools that are home to fairy shrimp and dragonfly larvae and serve as critical breeding grounds for several salamander and frog species. This program is co-sponsored with Loudoun Wildlife Conservancy and Loudoun County Public Library. Meet at the Education Complex.

367748-01 Free Śш 3/3 1:00pm-3:00pm

BRANCHING OUT TREE HIKE

(Ages 8 & up) Learn to identify and appreciate local tree species from a Virginia Master Naturalist as you explore different habitats. Expect to hike 1-2 miles over varied terrain. Meet at the M Center, Instructor: Jake

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367741-01	\$5	Sa	3/23	1:00pm-2:30pm
367741-02	\$5	Sa	5/25	1:00pm-2:30pm

PLANTING FOR POLLINATORS

(All Ages) Explore and observe the magic of local plants, then get your hands dirty

General Registration Begins February 8

planting your own native flower, tree, or shrub. Each interactive class includes gardening tips, pest management techniques, and best practices for attracting pollinators. Participants will take home their own pollinator seedling. Meet at the Education Complex and come prepared to get dirty

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367745-01	\$5 ¢5	Su	3/24	1:00pm-2:30pm	367730-01	Free	Su	3/24	9:30am-11:00am
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BANSHEE BLU					N.		Lou	doun .	
to enjoy Virginia them on Bansh	i's most stunni ee's Bluebell T	ng spring er rail! We'll hi	ohemeral when ke the 2.5-mile	re populated hiking trails you can enjoy masses of loop to the Goose Creek in landscape to come! 1:00pm-3:00pm		LA	Tin	loun	×
series offers pa veteran garden preparing and p ing, weeding, or Soil Preparation	own and dirty v rticipants the o ers in the Bans planting beds, s rganic pest cor and Brassica	opportunity hee Reeks o soil amendm strol, and na Planting, N	to learn-by-doin demonstration ganent, pruning an tive plant selecti lay 11-Sowing S	nowledge! This hands-on g as you work alongside arden. Topics will include d propagating, compost- on. Series themes: April- Seeds and Transplanting stration Garden. 10:00am-12:00pm 10:00am-12:00pm	Shenai 102 H Leesbu Sunday	ndoah Buil eritage Wa urg, VA y, May 5 om-5:00pm	ding y NE	Live Music &	s Activities Entertainment Giveaways
	GUIDED HI	KES - 100	OO HOURS OU	TSIDE		By Douglass Come	unity Center		
ment. Banshee join the 1000 H	tside is a glob Reeks will ho ours Outside c	al movemer st monthly t hallenge. Lo	nt designed for a themed hikes (ra	anyone and any environ- ain or shine) to help you	PRO	CS R	100		
	Season" in late	e March is th	·	o learn all about our local	COUNTY OF L	OUDDUN		-	Rector pro NCM over
Register at	loudoun.g	jov/PRC	Sconnect						Page 57

				1.00 0.00		Γ	0	0/04	0.00 11.00
367745-01	\$5	Su	3/24	1:00pm-2:30pm	367730-01	Free	Su	3/24	9:30am-11:00am
367745-02	\$5	Su	4/28	1:00pm-2:30pm			· · · · · · -		
367745-03	\$5	Su	5/19	1:00pm-2:30pm	APRIL WILDFLO				
					(All Ages) It is sp	ring wildflowe	er season on	the trails of Bar	shee! Join us for an easy
FULL MOON HIK	E & CAMPFIR	E			1-2 mile walk in	the woods to	catch the "s	spring ephemera	als" before they disappear
(Ages 5 & up) Ex	perience wild	life after ho	urs during this	magical evening adven-					n's Breeches, Trillium and
				moonlit woodlands while	Trout Lilies, Spri				
				after for a campfire and	367730-02	Free	Su	4/14	9:30am-11:00am
				fter. Contact BansheeR-	307730-02	TIEE	Ju	4/14	9.30am-11.00am
				ILEI. CUITACT DAIISHEEN-			'F		
eeks@loudoun.g				7 00 0 00	MAY FRESH LE	-			
367715-01	\$7	M	3/25	7:30pm-9:00pm					glass of fresh lemonade
367715-02	\$7	Tu	4/23	7:45pm-9:15pm					miles to gorgeous Goose
367715-03	\$7	Th	5/23	8:30pm-9:30pm	Creek for late S	pring wildlife	and wildflow	wer viewing, bef	ore returning to the Visi-
					tor's Center for a	a Spring treat	. We welcom	ne participants to	o sit and enjoy their fresh
WILDFLOWER W	ALK				lemonade on the	e deck rockin	g chairs tha	t overlook the pi	reserve.
(Ages 10 & up) E	niov learning a	about our na	ative wildflower	s and spring ephemerals	367730-03	Free	Su	5/19	9:30am-11:00am
				niles over varied terrain.					
				pace. Meet at the Visitor					
Center.		un.gov to i	coorve group o			N		PROGRAMS	
367746-01	Free	Su	4/7	9:30am-11:00am		••		nounnit	
30//40-01	LIGE	Su	4/7	9.30aiii-11.00aiii	FIRST WEDNES	DAY HIKING	I FAGUE		
								nuclasts for a so	cial hiko along Banchoo's
CREATURES OF									cial hike along Banshee's
				vite you to explore local					les at a moderately brisk
				from Blue Ridge Wildlife		avea aogs m	ay join. Can	iceled when rail	ning. Meet at the Visitor
Center and a sho	ort night hike v	vith a Virgin	ia Master Natu	ralist. Program fee is per	Center.	_			
participant. Meet					967709-01	Free	1st W	10:00am-	11:00am
367748-01	\$7	Su	4/7	7:30pm-9:00pm					
	•								
EXPLORING LICI	HENS - UV LIG	HT NIGHT	HIKF						
				atures that have adapted		~			
						OA.			90.
				ns fluoresce under ultra-		Aro	-		0.
				rmal daylight conditions.	4	Contraction of the second	F CE	LEBRAT	
				ashlights as you explore	-	語の	-	- North	S. S. Harris
the preserve after	er dark. Expect	t to hike 1-	2 miles over va	ried terrain. Meet at the		理論		1000	-
Visitor Center.					0	0	- Bring	The second	
367749-01	\$7	Sa	4/13	8:00pm-9:30pm		2 ¹⁰			
	·				(C)15		1	doun,	
BANSHEE BLUE	RFI I HIKF				Rea		200	den	
		to traval to	the region's mo	re populated hiking trails				mun A	
						1.			- #
				you can enjoy masses of		-	T×B.		CIDE S
				loop to the Goose Creek					The second se
				en landscape to come!	2000				0.00
367744-01	Free	Su	4/14	1:00pm-3:00pm					2
								-	*
GUIDED GARDER	NING						X		2
(All Ages) Get dov	wn and dirty wl	hile arowing	n vour garden ki	nowledge! This hands-on	and the second				1
				g as you work alongside		FES			
				arden. Topics will include					· (270)
				d propagating, compost-					Marson.
									all all
				on. Series themes: April-	Shenar	ndoah Buil	ding		
				Seeds and Transplanting		eritage Wa		Children	A A AL AL
Seedlings, May 1							10000 C		's Activities
367741-01	Free	Sa	4/13	10:00am-12:00pm	Leesbu	rg, VA		Live Music &	Entertainment
367741-02	Free	Sa	5/11	10:00am-12:00pm	Sunday	May 5		Food &	Giveaways
						ACCOUNT OF A			
					12:00p	m-5:00pm			
	GUIDED HIP	(ES - 100	O HOURS OU	TSIDE	Sponsored D	by Douglass Comm	unity Center		
									(CONSTRUCT)
1000 Hours Outs	side is a globa	l movemen	t designed for a	anyone and any environ-	~	2			
				ain or shine) to help you	0	6			
join the 1000 Ho				.,	Tarie	So A	-		Di Artania
,	2 2 3 3 3 4 0		- 3		PRI	THE R		100	10 1AR 22
MARCH ANIMAL					1 110	~	10	State in	Rentran provider Streem
			o porfoot time +	o looro all about cur loo-!	COUNTY OF LO	COULS .		CONTRACT.	Construction of the second sec
(All Ages) TVIUD S	eason in late	iviar Ch IS th	e periect time t	o learn all about our local					
Register at	ioudoun.g	OV/PRCS	connect						Page 57

of nrintel

animal tracks! We'll set out on an easy 1-2 mile walk in search of the preserve's

hopping, bounding, waddling, and zig-zagging track makers. Hikers will learn be-

ginner tips & tricks to identify animal tracks and leave with their own pocket guide

BIRDING BANSHEE

(Ages 12 & up) Join Loudoun Wildlife Conservancy for this regular outing that takes place the second Saturday of every month. Varied habitats including streams, woodlands, and fields makes Banshee a birding hotspot. Bring binoculars if you have them. Advanced registration required at https://loudounwildlife.org/event/ birding-banshee

CLAUDE MOORE 967714-01

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ISHEE

PARK

Free 3/9, 4/13, 5/11 8:00am-10:00am Sa

VOLUNTEER DAYS

(All Ages) Lend your hands to care for our lands! Join us on the third Saturday of every month and help with multiple projects around the preserve. Possible volunteer tasks include invasive plant removal, gardening, painting, trail maintenance, and more. Please dress to work outdoors (closed-toe shoes, long pants, sunscreen, etc.) Minors under 18 years must be accompanied by an adult. Meet at the Visitor Center. Sign up via email: BansheeReeks@loudoun.gov. 967780-01 Free Sa 3/16, 4/20, 5/18 9:00am-12:00pm

ONGOING ACTIVITIES

JUNIOR NATURALIST PROGRAM

(Ages 6 & Up) Learn the secrets and skills of a novice naturalist as you explore Banshee Reeks Nature Preserve. Starting at level one, grab a self-guided activity journal from the Visitor Center before you hit the trails. Receive prizes for every level. When you have finished all four levels, take the Junior Naturalist pledge to receive your official badge and get a special tour from a Master Naturalist. **967212-01** Free Tu-Th. Sa-Su 9:00am-4:00pm

WOODLANDS ROOM EXPLORATION

Stop by the Visitors Center during open hours to explore local wildlife and learn about nature. Displays and activities rotate seasonally. Special crafts and hands-on play available each weekend.

967216-01	Free	Tu-Th, Sa-Su	9:00am-4:00p
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CLAUDE MOORE PARK

Visitor Center: 21544 Old Vestal's Gap Road, Sterling, VA 20164 Athletic Fields: 46150 Loudoun Park Lane, Sterling, VA 20164 571-258-3700 • loudoun.gov/claudemoorepark Visitor Center/Discovery Room: Daily 9:00am-5:00pm Park Hours: Daily 7:00am-Dusk faceook.com/ClaudeMoorePark

DROP OFF PROGRAMS

Children explore the world around them in both outdoor and indoor settings. Play games, make crafts, explore habitats, and more. Dress to be outside!

IMMERSIVE DAY SCHOOL

(Ages 6-12) Enjoy an exciting joint adventure with the Loudoun Heritage Farm Museum and Claude Moore Park as we explore the natural world both past and present. Take part in gardening projects, wilderness survival activities, animal explorations, visit historic sites, and more. Classes every Monday. For more information and to register as to beritageformmuseum ore

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\$80	M	3/4-3/25	10:00am-2:00pm	
\$100	М	4/1-4/29	10:00am-2:00pm	
\$80	Μ	5/6-5/27	10:00am-2:00pm	



OUTDOOR CLASSROOM ADVENTURES

(Ages 6-12) T	ake part in a	fun and excit	ing hands-on lea	rning experience. Take
part in science	ce experiment	s, nature exp	olorations, and h	istoric immersions. All
classes will ta	ke place entire	ely outdoors f	ocusing on nature	e and the environment.
Please remem	ber to dress for	or the weathe	r. Classes take pla	ace every Tuesday.
361106-01	\$40	Tu	3/5-3/26	10:00am-11:30am
361106-02	\$50	Tu	4/2-4/30	10:00am-11:30am
361106-03	\$40	Tu	5/7-5/28	10:00am-11:30am

PARK PALS

(Ages 3-5) Take part in a fun and exciting hands-on learning experience with your grown-up pal! Each class will focus on a different outdoor related topic while exploring the park. Classes are predominantly held outside, please remember to dress for the weather. Children must be accompanied by an adult.

361108-01	\$7.50	W	3/6	10:00am-11:00a
361108-02	\$7.50	W	4/3	10:00am-11:00a
361108-03	\$7.50	W	5/8	10:00am-11:00a

OUTDOOR AFTERSCHOOL ADVENTURES

(All Ages) Take a step through over 200 years of history. Built in 1779, the Lanes-(Ages 6-9) Take part in a fun and exciting outdoor adventure. Unwind in the afterville Ordinary is a nationally registered historic place that has seen Loudoun Counnoon visiting animals, exploring the forests, or visiting historic locations. All classes ty grow but has not lost its charm. Visit Frogshackle Cabin and explore the many will take place entirely outdoors focusing on nature and the environment. Please hands-on nature items. Feel furs, examine bones, and get an up-close look at remember to dress for the weather. many specimens.

Free

Free

Free

		00000		
361109-01	\$7.50	Tu	3/5	3:00pm-4:00
361109-02	\$7.50	Tu	4/2	3:00pm-4:00
361109-03	\$7.50	Tu	5/7	3:00pm-4:00

SCOUT PROGRAMS

Activities are available for all scout levels and multiple scouting organizations such as Girl Scouts, Boy Scouts, Cub Scouts, and American Heritage Girls. These programs can fulfil requirements for many adventures, journeys, badges, etc. Adults must accompany scouts. Leaders and chaperones are free. Minimum fees apply. Call 571-258-3700 for information and to make reservations.

CAMPFIRES

SPRING IS SOON CAMPFIRE

(All Ages) Help welcome spring as we celebrate nature emerging all around us. Search for budding plants, signs of animals, and birds returning to nest. After exploring, return to a warm campfire to roast marshmallows (provided, Halal available). Ages 3 and under free but must be accompanied by a registered adult. Pre-registration required. 15pm

361713-01	\$5	Sa	3/9	6:00pm-7:1

SPRING STORY STROLL AND CAMPFIRE

(All Ages) Enjoy an enchanting story stroll through wooded trails. Stop along the trail to read, interact, and immerse yourself in the exciting story. After the stroll relax at a comfy campfire and roast delicious marshmallows (provided, Halal available). Children must be accompanied by an adult. 361710-01 Free F 4/5 12:30pm-1:45pm

NATURE WALK CAMPFIRE

(All Ages) Take a walk to appreciate the world around you. Check out the serene ponds and majestic forests. Stop by the campfire after the walk for toasted marshmallows (provided, Halal available). Ages 3 & under free but must be accompanied by a registered adult. Pre-registration required. 361724-01 \$5 Sa 5/18

2:30pm-3:45pm

VOLUNTEER OPPORTUNITIES

CMP VOLUNTEER NATURE & HISTORY INTERNS

(Entering 8th grade-12th grade) Interested in nature or in hands-on discovery of life in historic times? Claude Moore Park is looking for students to work with park staff to accomplish assignments in a variety of areas including nature study, habitat restoration, demonstrating daily skills from historic times, and nature and

Register at loudoun.gov/PRCSconnect

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FAMILY FISHING DAY

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and bait. Poles	are availab	le on a first-co	me, first-serve	d basis. Price is per child
ages 4 and up	and must	be accompanie	ed by an adult.	Pre-registration required
for all ages.				
361718-01	\$5	М	3/25	10:00am-12:00pm
361718-02	\$5	F	4/5	10:00am-12:00pm
361718-03	\$5	М	5/27	10:00am-12:00pm

(All Ages) Enjoy a relaxing morning fishing at our stocked ponds. Don't worry if you

don't have equipment or experience. Staff will be available to provide assistance

3/9

4/13

5/11

1:00pm-3:00pm

1:00pm-3:00pm

1:00pm- 3:00pm



MULTIAGE HIKES AND INTERPRETIVE PROGRAMS

history summer camps. Space is limited. Contact 571-258-3700, claudemoore@

loudoun.gov, or check loudoun.gov/claudemoorepark for information and an appli-

cation. New volunteers apply by 4/10; Returning Interns by 3/27.

5/13-8/31

For the following programs, children MUST be accompanied by a REGISTERED adult unless noted. Minimum numbers required to run programs; please register online in advance.

DISCOVERY ROOM ADVENTURE

(All Ages) Stop by the Visitor Center any day of the week between 9:00am and 5:00pm to visit with our live animals and explore a wealth of interesting items. Check out interesting displays, partake in activities, or join in on a Community Science Project. Themes vary so stop by often!

CMP OPEN HOUSES

FAMILY ARCHERY

(Ages 8 & up) Let the arrows fly with friends and family. Practice your aim while playing archery games. Children under 14 must be accompanied by an adult. Adults must be registered to participate. Must be present at start of program for safety session. Pre-registration required for all ages.

\$15	M	3/25	2:00pm-3:30pm
\$15	F	4/5	2:00pm-3:30pm
\$15	М	5/27	2:00pm-3:30pm
	\$15 \$15	\$15 M \$15 F	\$15 F 4/5

FIELD TRIPS FOR PRESCHOOL, ELEMENTARY, & HOMESCHOOL

(All Ages) Have a group looking for some exciting nature, science, or history fun? Join a park naturalist for themed educational and SOL related field trips. Call for information and reservations.



FRANKLIN PARK

17501 Franklin Park Drive, Purcellville, VA 20132 540-338-7603 • loudoun.gov/franklinpark Park hours: 7:00am-Dusk Office hours: Monday-Friday 9:00am-5:00pm Facebook.com/FranklinParkLoudoun

Go to our Events & Trips section for more Franklin Park events.

NATURE

FAMILY NATURE EXPLORERS

(Ages 2.5-5) You and your child will join Ms. Kathi and other families in the great outdoors this spring! Using the Tinkergarten curriculum, your child will develop language, strategies, and habits that build strong bodies, minds, and hearts while enjoying all that Mother Nature has to offer. This class will be held outside so you and your child should come prepared for all weather conditions. This class requires parent or guardian participation.

362113-01	\$25	F	4/12-5/17	9:00am-10:00am

PAWS & PRINTS

(All Ages) Franklin Park is a big park, with lots of life! Come on out for a fun program where you will get to learn about the types of species found on the property. go on a hunt for tracks, and learn how you can plaster cast tracks that you find when exploring!

362705-01	\$10	F	4/12	3:30pm-5:00pm

POLLINATOR PARTY

(Ages 4 & up) It's spring and Mother's Day is right around the corner! Come visit us at Franklin Park for a Pollinator Party where we will celebrate the creatures of spring and craft something fun for our mothers/guardians! This class requires parent or guardian participation.

362706-01	\$5	Sa	5/11	10:00am-12:00pm

ART & MUSIC

PAINT N' CREATE

(Ages 8-12) Follow step-by-step instructions to paint a wonderful work of art on canvas. You will learn tips and tricks along the way and have a finished art piece to take home. No experience necessary and all supplies are included.

362707-01	\$25	Th	3/14	4:30pm-6:00pm
362707-02	\$25	Th	4/11	4:30pm-6:00pm
362707-03	\$25	Th	5/9	4:30pm-6:00pm

ABSTRACT PHOTOGRAPHY

(Ages 12-15) Let's get creative with some indoor, abstract photography. We'll be learning how simple objects at home can be turned into interesting photographs. Digital Camera/Phone with Macro capability required.

362708-01 \$25 Th 5/23 4:30pm-6:00pm

MULTIAGE

THE FRANKLIN PARK TROUT DERBY

(All Ages) Get hooked on fishing at Franklin Park's Spring Trout Fishing Derby! Join us at the pond for a morning of family fun and fishing. Fun and educational booths, practice casting areas and magnet fishing for kids will be available! Volunteers will be on hand to teach you how to bait, cast, and hook your catch. All children under 16 must be accompanied by an adult. Anyone over the age of 16 years must have a valid Virginia State Freshwater fishing license to participate. Limited fishing poles and bait will be available to use. All participants must be registered. ¢7 for kide under 19 000700 04

302709-01						
	Sa	4/13	8:00am-10:30am			
362709-02	\$10 for a	dults over 18				
	Sa	4/13	8:00am-10:30am			



HAL AND BERNI HANSON **REGIONAL PARK**

22831 Hanson Park Dr., Aldie, VA 20105 571-367-8360 loudoun.gov/hansonpark Park Hours Dawn-Dusk Office Hours 9:00am-4:00pm Facebook: @HansonRegionalPark Instagram: @hanson_regional_park

YOUTH DROP OFF PROGRAMS

SCHOOL'S OUT(SIDE)

(Ages 6-9) Enjoy the day off from school while you explore local wildlife, hike along trails, complete outdoor challenges, and create art from nature. Bring your own nicnic lunch and snack. Meet at the Nature Center

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374201-01	\$50	Tu	3/5	9:00am-2:00pm
374201-02	\$50	F	4/5	9:00am-2:00pm
374201-03	\$50	W	4/10	9:00am-2:00pm

SCIENCE MYSTERY CAMP

(Ages 7-9) What do microscopes, circuits, and pH strips all have in common? They

General Registration Begins February 8

				is camp we will learn of scientific "Among			MUL	FIAGE	
Us" on the last of	•	ady, onding	with a giant game	of scientific Among	WELCOME SPE	RING			
374202-01	\$200	M-F	3/25-3/29	9:00am-2:00pm			Park Nature (Center in welco	ming Spring. We will read
					books, create c	crafts, and sw	itch our thei	med wall from V	Ninter to Spring with your
PAINT N' CREA					help.				
				nderful work of art on	374712-01	Free	Sa	3/2	10:00am-11:00am
	•) the way and have I all supplies are ind	a finished art piece to	PLANETARIUM				
374203-01	\$25	Th	4/25	4:30pm-6:00pm				oful program as	we show you the beauty
014200 01	ΨΖΟ		4720						by sitting on a cushion or
									ansonpark@loudoun.gov.
		ADI	JLT		Registration red		•		ansonpark@ioudoun.gov.
					374701-01	\$10 st	F F	3/8	5:30pm-6:30pm
HERE COMES T	HE SUN				374701-02	\$10	F	3/8	6:45pm-7:45pm
(Ages 18 & up)	Join us in thre	e different	Sun Salutations and	d the Moon Salutation	••••••	ψισ		0,0	er tepin i riepin
		the sun. W	e will close with a liv	e Crystal and Tibetan	FREE NATURE	WALK			
Bowl Sound Bat					(All Ages) Join a	a Master Natu	uralist for a fr	ee nature walk t	through our wooded trails.
374504-01	\$15	Su	4/7	5:30pm-7:00pm					nals that make our park a
			_						Ilched trails. This program
OUTDOOR YOG	-	-			begins at the H	anson Park N	lature Cente	r.	
				muscles, with a focus	374714-01	Free	W	3/13	10:30am-11:30am
			axation. Yoga mats		374714-02	Free	W	4/10	10:30am-11:30am
374501-01	\$10	Tu	5/14	5:30pm-6:30pm	374714-03	Free	W	5/8	10:30am-11:30am
OUTDOOR YOG	A WITH JODY				DAWN CHORUS	S BIRDING			
(Ages 18 & up)	A gentle yoga	practice to	b help you unwind	and relax. Yoga mats			so do the hir	ds leading to a	beautiful chorus of song.
are provided.	5 , 5			0					rd and enjoy the park.

about scientific	testing each d			is camp we will learn of scientific "Among			MULT	TIAGE	
Us" on the last 374202-01	\$200	M-F	3/25-3/29	9:00am-2:00pm		the Hanson F			ming Spring. We will read Vinter to Spring with your
	derful work of art on a finished art piece to	help. 374712-01	Free	Sa	3/2	10:00am-11:00am			
take home. No 374203-01	experience nece \$25	essary and a Th	all supplies are ind 4/25	sluded. 4:30pm-6:00pm	of the cosmos.	nd and relax The Planetar	in this peace ium is usual	ly experienced l	we show you the beauty by sitting on a cushion or
		ADU	LT		Registration rec 374701-01				ansonpark@loudoun.gov. 5:30pm-6:30pm
	Join us in three			the Moon Salutation ve Crystal and Tibetan	374701-02	\$10	F	3/8	6:45pm-7:45pm
Bowl Sound Ba 374504-01		Su	4/7	5:30pm-7:00pm		Master Natu			hrough our wooded trails. nals that make our park a
OUTDOOR YOGA FLOW WITH SHARLENE (Ages 18 & up) A full body flow to stretch and strengthen the muscles, with a focus					begins at the H	anson Park N	lature Center		Ilched trails. This program
			ation. Yoga mats 5/14		374714-01 374714-02 374714-03	Free Free Free	W W W	3/13 4/10 5/8	10:30am-11:30am 10:30am-11:30am 10:30am-11:30am
OUTDOOR YOG (Ages 18 & up) are provided.		practice to	help you unwind	and relax. Yoga mats	DAWN CHORUS (All Ages) As th	S BIRDING e sun rises, s	so do the bird	ds, leading to a	beautiful chorus of song. rd and enjoy the park.

									_
				is camp we will learn of scientific "Among			MULT	IAGE	
Us" on the last da 374202-01	•	M-F	3/25-3/29	9:00am-2:00pm		he Hanson P			ning Spring. We will read
PAINT N' CREAT	E				books, create cl help.	rafts, and sw	itch our ther	ned wall from V	Vinter to Spring with your
				nderful work of art on a finished art piece to	374712-01	Free	Sa	3/2	10:00am-11:00am
			all supplies are inc		PLANETARIUM:	COSMIC BE	AUTY		
374203-01	\$25	Th	4/25	4:30pm-6:00pm	of the cosmos.	The Planetar	ium is usuall	ly experienced l	we show you the beauty by sitting on a cushion or ansonpark@loudoun.gov.
		ADU	LT		Registration req				ansonparterioadoan.gov.
HERE COMES TH					374701-01	\$10	F	3/8	5:30pm-6:30pm
		different S	un Salutations and	the Moon Salutation	374701-02	\$10	F	3/8	6:45pm-7:45pm
in honor of this to	tal eclipse of t			ve Crystal and Tibetan	FREE NATURE \	VALK			
Bowl Sound Bath 374504-01	Experience. \$15	Su	4/7	5:30pm-7:00pm	During the walk	, you will lear	rn about the	plants and anin	hrough our wooded trails. hals that make our park a
OUTDOOR YOGA	FLOW WITH S	SHARLENE			begins at the Ha				lched trails. This program
				muscles, with a focus	374714-01	Free	W	3/13	10:30am-11:30am
			kation. Yoga mats		374714-02	Free	W	4/10	10:30am-11:30am
374501-01	\$10	Tu	5/14	5:30pm-6:30pm	374714-03	Free	W	5/8	10:30am-11:30am
OUTDOOR YOGA (Ages 18 & up) A are provided.		practice to	help you unwind	and relax. Yoga mats		e sun rises, s			beautiful chorus of song.
374502-01	\$10	Tu	5/21	5:30pm-6:30pm	Join a Master N 374715-01	Free	nis early moi Sa	rning walk to bi 3/16	rd and enjoy the park. 7:00am-8:30am



FRANKLIN

Page 61

20

BERNI HANSON REG.

PLANETARIUM: ALL ABOUT AURORAS

stories behind	them, and th	e danger tha	t lurks within.	out what auroras are, the The Planetarium is usually
experienced by	/ sitting on a	cushion or l	aying on the f	oor. Chairs available upon
request to hans	sonpark@lou	doun.gov. Re	gistration requ	ired, no drop-ins available.
374711-01	\$10	F	4/5	5:30pm-6:30pm
374711-02	\$10	F	4/5	6:45pm-7:45pm

ECLIPSE OPEN HOUSE

(All Ages) How do you prepare for an eclipse? We'll teach you! Join our Eclipse Open House for activities and information for all ages. The schedule of events will be announced on the Hanson Park social media. 374716-01 Free 1:00pm-4:00pm Sa 4/6

PLANETARIUM: SOLAR ECLIPSE

(All Ages) Missed the solar eclipse? No problem! Travel back in time with us and relive the solar eclipse. The Planetarium is usually experienced by sitting on a cushion or laving on the floor. Chairs available upon request to hansonpark@ loudoun gov Registration required no drop-ins available

	og.ou.uu.o	, qui o u, 110 ui	op	
374718-01	\$5	M	4/8	5:30pm-6:00pm
374718-02	\$5	М	4/8	6:15pm-6:45pm
374718-03	\$5	М	4/8	7:00pm-7:30pm
374718-04	\$5	М	4/8	7:45pm-8:15pm

CHASE THE RAINBOW TRAIL RUN

(All Ages) Spring has spring, and it's time to run! Challenge yourself to a 3K color trail run while embracing the beauty of nature in spring. Registered runners will receive a white race t-shirt to wear on race day that will turn into a colorful display once you've crossed the finish line.

374719-01	\$25	Sa	4/21	8:00am-9:00am

SPRING FLOWER WALK

(All Ages) Some flowers only bloom for a short time in the spring. You will have the chance to learn about and find these flowers on a naturalist-led walk through



For pricing, a list of available pavilions, and instructions on renting online go to loudoun.gov/Pavilions

the woods.				
374705-01	\$5	Sa	4/27	10:30am-11:30am

PLANETARIUM: SOLAR SYSTEM TOUR

(All Ages) Embark on a tour of our very own solar system and learn about the extremes of our neighboring planets. The Planetarium is usually experienced by sitting on a cushion or laving on the floor. Chairs available upon request to hansonpark@loudoun.gov. Registration required, no drop-ins available.

374720-01	\$10	F	5/3	5:30pm-6:30pm
374720-02	\$10	F	5/3	6:45pm-7:45pm

INTRODUCTION TO ARCHERY

(All Ages) Let the arrows fly with new friends and family. Learn range safety, the basic parts of a bow and arrow, and get to shoot compound bows while playing archery games. Children must be accompanied by an adult. Adults must be registered to participate. Section 01 is for ages 8 - 10; section 02 is for ages 11-14; section 03 is for adults and families over 8 years old.

374721-01	\$10	Sa	5/11	8:00am-9:00am
374721-02	\$10	Sa	5/11	9:15am-10:15am
374721-03	\$10	Sa	5/11	10:30am-11:30am

FAMILY FISHING DAY

(All Ages) Enjoy a morning of fishing around Hanson Park's largest pond, located behind the Lodge and Nature Center. Entries receive prizes and there will be optional lessons available to all. Those 16 and up must have a valid VA freshwater fishing license. \$5 374714-01 5/18 10:00am-12:00pm

BIOBLITZ

(All Ages) You can contribute to science! All it takes is a camera/phone/tablet. Come to the Hanson Park Nature Center and learn how you can become a citizen scientist. 374722-01 Free Sa 5/18 11:00am-3:00pm

SPRING BIRDING STROLL

(All Ages) Enjoy a leisurely naturalist-led birding stroll through Hanson Park. Learn the basics of birding and some of the common Spring birds in Hanson Park in this program. Binoculars are available. Sa

374723-01 \$5 10:30am-11:30am 5/25

ONGOING ACTIVITIES

HANSON PARK NATURE CENTER

The Hanson Park Nature Center is open Tuesday-Saturday from 10am-4pm. Inside are our animal ambassadors, exhibits, scavenger hunt, coloring pages, and more. Every month we have a new theme with new information and activities. Feel free to ask the staff which plants are available to harvest in the demonstration garden outside of the nature center.

FIELD TRIPS

At the Hanson Park Nature Center we offer field trips on a variety of topics including herpetology, fire safety, plant growth, habitats, decomposition, pond life, and more. Our field trips are \$5 per student. Email HansonPark@loudoun.gov for more information.

SCOUT PROGRAMS

Activities are available for all scout levels for both girl and boy scouts. These programs can fulfill requirements for many adventures, journeys, badges, etc. Leaders and chaperones are free. Minimum fees apply. Email HansonPark@loudoun. gov for more information.

TRAVELING PLANETARIUM

Bring the wonders of space and time to your school. This inflatable, portable planetarium will provide an interactive experience to make larger than life concepts attainable. Topics include constellations and mythology, solar system, seasons, lunar phases and solar eclipses, orbits, and more, Email HansonPark@loudoun. gov for more information.



LOVETTSVILLE COMMUNITY PARK

39550 Lovettsville Park Drive, Lovettsville, VA 20180 540-338-7603 • loudoun.gov/parks Monday-Sunday 7:00am - Dusk

NATURE

BARK! A GREAT WAY TO IDENTIFY TREES

(Ages 16 & up)	Proper ide	ntification of tre	es is importa	int so we can select the b	
tree for a site, provide good growing conditions, and address any health iss					
with the tree by first knowing what tree we have. Join PRCS staff at Lovettsv					
Community Park to study what characteristics to look for.					
376701-01	\$8	Su	3/3	2:00pm-3:00p	

FAIRY FOLK TRAIL

(All Ages) Fairy Folk are well known to roam, but they have found Loudoun Parks so lovely they have decided to make the parks their home. Their caravan travels by night to keep out of sight but may be seen when it's light. Take a hike along the park's trails. If you are very clever along your endeavor, the fairy's homes will be revealed.

M-Su 3/15-3/29 7:00am-Dusk Free

WHO POOPED IN THE PARK?

FAIRY FOLK TRAIL (Ages 5 & up) Animals can be elusive, but they do leave signs. Learn what clues to look for. Join PRCS staff in the parks to learn more about the signs animals leave (All Ages) Fairy Folk are well known to roam, but they have found Loudoun Parks everywhere. Discover more about the animals of Loudoun County and their habitat. so lovely they have decided to make the parks their home. Their caravan travels Participants will have the opportunity to create an animal track mold. by night to keep out of sight but may be seen when it's light. Take a hike along 376711-01 \$5 Sa 3/16 12:00pm-1:00pm the park's trails. If you are very clever along your endeavor, the fairy's homes will be revealed.

NATURE EXPLORER

(Ages 5-12) Explore the Lovettsville Community Park and let the outdoors lead					
you on an adventure. Join your friends and Miss Kathi in nature-based activities					
as you explore the environment around you. Dress for the weather as this class is					
being held outs	ide.				
376708-01	\$25	Su	4/14-5/5	1:00pm-2:00pm	

CREEK CRITTERS OF LOVETTSVILLE COMMUNITY PARK

(Ages 5 & up) Your PRCS is pleased to welcome Loudoun Wildlife Conservancy to get up close and personal with the creek critters living at Lovettsville Community Park. Loudoun Wildlife Stream Team members will discuss the natural history of these critters, help participants learn how to identify them, and explain how they can help us determine the health of a stream. Children under 13 must be accompanied by an adult.

Free Su 4/14 2:30pm-4:00pm 376702-01

BIRDING IN LOVETTSVILLE COMMUNITY PARK

(Ages 5 & up) Did you know that it is possible to observe over 100 species of birds in Loudoun County in one day? We invite you to join us on a bird walk in Lovettsville Community Park and learn about some of these special residents. Join our staff on a hike through the park and discover the birds that are native to Loudoun County. Children under 13 must be accompanied by an adult. 376704-01 \$8 2:00pm-3:00pm Su 4/28

S PK/ 2

ALL ABOUT MEADOWS

(Ages 5 & up) During this class explore the many benefits provided by a meadow. Take a closer look at the wildflowers in Lovettsville Community Park meadows and learn how to identify them.

376709-01 \$8 Su 5/19 2:00pm-3:00pm



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Dpm

POTOMAC GREENE NEIGHBORHOOD PARK 20750 Marblehead Drive, Ashburn, VA 20147 703-777-7603 • loudoun.gov/parks

Monday-Sunday 7:00am-dusk

NATURE

WHO POOPED IN THE PARK?

(Ages 5 & up) Animals can be elusive, but they do leave signs. Learn what clues to look for. Join PRCS staff in the parks to learn more about the signs animals leave everywhere. Discover more about the animals of Loudoun County and their habitat. Participants will have the opportunity to create an animal track mold. 376711-02 \$5 F 4/5 3:00pm-4:00pm

M-Su 5/10-5/24 7:00am-Dusk Free

SECRET GARDEN RAPTOR SHOW /ities

(All Ages) Your PRCS is pleased to welcome Secret Garden Birds and Bees to ss is Potomac Greene Neighborhood Park for this special Raptor and Ecology program. Meet some of these majestic vertebrates in person. Discover more about Northern Dom Virginia's native raptors and their habitat.

5/4 376710-01 \$15 Sa 3:00pm-4:00pm



Page 63



ADAPTIVE RECREATION

742 Miller Drive SE, Leesburg, VA 20177 703-737-8042 • loudoun.gov/adaptiverec Closed for Memorial Day, 5/27 Call for pick-up and departure times.

ARTS FOR ALL-LOUDOUN

Open to anyone who would like to work with Arts for Loudoun. We encourage people to join us and learn about Arts for All and the many opportunities that exist to volunteer with our programs. Please contact Michelle Waugh for more information. Location: Franklin Park Performing and Visual Arts Center 4th M 7:00pm-9:00pm onaoina

FRIENDS OF ADAPTIVE RECREATION - FAR - ADVISORY BOARD. INC.

Volunteers meet monthly to discuss events, community awareness, fundraising, and sponsorships. Newcomer's welcome. Please call Maria Auger at 703-771-5013 for more information.

Location: 742 Miller Drive SE. Leesburg, VA

4th F onaoina

INTEGRATION OPPORTUNITIES

Individuals with disabilities are entitled to recreation opportunities. Adaptive Recreation encourages its participants to integrate into all Loudoun County PRCS programs. Please call staff for any needed assistance or information. Please see updated program activities on our website, click on the Seasonal Guide link.

LOUDOUN COUNTY SPECIAL OLYMPICS COMMITTEE MEETING

Volunteers, athletes, coaches, committee members meet monthly. New members should call ahead for date, time, and location. Contact Chris.Caesar@loudoun.gov

GENERAL INTEREST

RED MOOSE CABOOSE

(Ages 18 & up, Levels 1,2) Join us for a day and night full of history and excitement on the Strasburg Railroad. We will begin our trip with a unique dining car ride



through the beautiful Amish country. Next, we will make our way to the iconic Red Caboose Inn and spend the night in the picturesque train car motel. All meals are included in this overnight trip. Bring money for souvenirs if you wish. Note: This is an Overnight Trip.

Depart/Return: 742 Miller Drive SE, Leesburg, VA

341716-01	\$225	Sa-Su	3/23-3/24	9:30am-2:30pm

SIP & SHARE SOCIAL

(All Ages, All Levels) We would like to extend a cordial invitation to a Tea Party. Fine teas will be brewed, and delicate finger sandwiches shall be enjoyed. We will end our social with macaroon decorating. Bring money for extra macaroons if you wish. Depart/Return: 742 Miller Drive SE, Leesburg, VA

341712-01 \$75 Sa 1/6 12:00pm-5:00pm

WILD & WOOLY

(All Ages, Levels 1,2) Join us for an amazing experience and hundreds of exciting new exotic animal friends at Catoctin Zoo's fifty-acre park. We will also enjoy tortoise and parakeet feeding. Lunch will be provided. Bring money for souvenirs if you wish.

10:00am-5:00pm

Depart/Return: 742 Miller Drive SE, Leesburg, VA

341711-01 \$80 Sa 4/13

COOKING CLASS

(Ages 16 & up, All levels) Get Inspired with the delights of a classic French meal. One of the most loved cuisines from around the world. Your meal will be a real crowd pleaser. Bon Appetit!

Location: 742 Miller Drive SE. Leesburg, VA

341762-01 Th 5/9-5/23 \$95 4:30pm-6:30pm

DINNER & A MOVIE

(Ages 16 & up, Levels 1,2,3) Join us for a movie night! Before the show enjoy dinner with great friends! Movies will be decided closer to the date of the showing. Dinner will be provided. Movies and dinner will be indoors in the program room. If the weather permits, we may move outdoors.

Location: 742 Miller Drive SE Leesburg VA

	WINCI DIIVC		y, m	
341713-01	\$45	F	3/15	5:30pm-9:00pm
341713-02	\$45	F	3/29	5:30pm-9:00pm
341713-03	\$45	F	4/12	5:30pm-9:00pm
341713-04	\$45	F	4/26	5:30pm-9:00pm
341713-05	\$45	F	5/10	5:30pm-9:00pm
341713-06	\$45	F	5/24	5:30pm-9:00pm

CAVERNS & CHIP TOUR

(All Ages, Level 1) Take a tour with us through Virginia's Most Unique and Beautiful Caverns! It took millions of years to create this natural attraction. And now you can experience the beauty with friends. After the caverns we will take a behind the scenes tour of the Route 11 potato chip factory to see how potato chips are made and we may even get to taste a few. Lunch will be provided. Bring money for souvenirs if you wish.

Depart/Return: 742 Miller Drive SE, Leesburg, VA

341720-01	\$75	Sa	5/4	9:00am–5:00pm

ARTS

FOLLOW THE YELLOW BRICK ROAD

(Ages 16 & up, Levels 1,2) Come with us on a journey down the yellow brick road. When a tornado rips through Kansas, Dorothy and her dog, Toto, are whisked away in their house to the magical land of Oz. They follow the Yellow Brick Road toward the Emerald City to meet the Wizard, and in route they meet a Scarecrow that needs a brain, a Tin Man missing a heart, and a Cowardly Lion who wants courage. We will begin the evening with dinner in the private room at Magnolias and then head to Franklin Park Arts Center for the Davinci Arts Showcase and then we will get whisked away to the magical land of Oz. Please wear "Dressy Casual" clothing. Dinner is included. Bring money for souvenirs if you wish.

Depart/Return: 742 Miller Drive SE, Leesburg, VA 341729-

-01	\$95	Sa	3/9	3:30pm-10:00pm

PUTT-MANIA

341718-01

(All Ages, All Levels) Fun for everyone come enjoy the day with 18-hole miniature golf course at Lighthouse Pointe which features fountains, moguls, and stone traps, and then enjoy the batting cages. We will have lunch at the venue, and it is included.

SPORTS

Depart/Return: 742 Miller Drive SE, Leesburg, VA

\$65

Sa 5/18

SPARE TIME BOWLING

(Ages 16 & up, All Levels) Relax on a Friday afternoon bowling! This program teaches the basics of the game, promotes socialization and community awareness. If you work at ECHO and need transportation to bowling on Friday, please report request while registering. The bus departs at 2:15pm from ECHO on Fridays. No transportation provided AFTER bowling unless registered for Movie Madness. The bus will depart between 5:00pm and 5:15pm for Movie Madness. Participants not registered for Movie Madness must be picked up at the bowling alley.

Location: Bowlero Bowling Alley

341710-01	\$40	F	3/15	2:30pm-5:00pm
341710-02	\$40	F	3/29	2:30pm-5:00pm
341710-03	\$40	F	4/12	2:30pm-5:00pm
341710-04	\$40	F	4/26	2:30pm-5:00pm
341710-05	\$40	F	5/10	2:30pm-5:00pm
341710-06	\$40	F	5/24	2:30pm-5:00pm



SPORTS

PRCS Admin Office 742 Miller Drive SE, Leesburg, VA 20175 703-777-0343 • loudoun.gov/sports Monday-Friday 8:30am-5:00pm Closed for Memorial Day, 5/27

ADULT

Age is just a number and for many adults their glory days are behind them...or are they? Whether your goal is to meet new friends, socialize, or reignite your competitive fire, PRCS offers a variety of adult sports leagues and tournaments for people 18 and up.

Spring	Summer	Fall	Winter
Cricket	Cricket	Cricket	Basketball
Kickball	Softball	Pickleball	Volleyball
Pickleball	Ultimate Frisbee	Softball	
Soccer		Soccer	
Softball		Tennis	
Tennis		Ultimate Frisbee	
Ultimate Frisbee			

Register at loudoun.gov/PRCSconnect

10:00am-3:00pm

YOUTH

ADAPTIVE **REC/SPORTS**

All youth sport camps are co-ed unless otherwise noted.

BASEBALL

BRIAR WOODS FALCONS YOUTH BASEBALL CAMP

(Ages 6-14, Boys) Single Day instructional camp for young players looking to improve their game. Participants will learn from Briar Woods High School coaches and players. Offensive, defensive, and pitching drills will take place. Location: Briar Woods HS

321060-01	\$50	Sa	3/16	9:00am-1:00pm
BASKETBALL				

COREY STITZEL BASKETBALL SHOOTING CLINICS

(Ages 7-18) Join Corey Stitzel who is a shooting instructor that has produced several D1 shooters, and his teams are always ranked as top shooting teams. Skills will include working on form, shooting with range, and shooting off the dribble.

l	Location: Eagle	e Ridge MS		
1	321015-05	\$300	М	4/1-5/13

6:15pm-7:15pm

GIANT BASKETBALL ACADEMY SPRING BREAK CAMP

(Ages 6-13) Join Gheorghe Muresan and our Giant Basketball Academy coaches for a fun and instructional week of basketball. GBA camps are designed to help your child improve his or her game. While they practice ball-handling, defense, and shooting, they will also learn about teamwork and the value of hard work. For questions about the league email: gba@giantbasketball.com

Location: Brambleton MS 32

21021-05	\$215	M-F	3/25-3/29	8:30am-3:00pm
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Connect and enroll in Loudoun County Parks, Recreation and Community Services activities and programs through PRCS Connect.

Enjoy improved search capabilities and mobile viewing while registering yourself or a family member for classes, trips, or an event.

You can also rent a pavilion online!

Connect loudoun.gov/PRCSconnect

Page 65

GIANT BASKETBALL 5V5 SPRING LEAGUE

(Ages 6-12) Join us for former Washington Wizards player Gheorghe Muresan's 5v5 basketball league. This league emphasizes fundamental skill development and team play. The league is 8 weeks long, including 8 practices and 7 games. Sign up for practices at the location/night you prefer, and games will be played on Saturdays at Brambleton Middle School. Games will start on April 13th and last one hour. Game schedules will be released the week of April 8th. For questions about the league email: gba@giantbasketball.com

(Ages 6-8) Location: Legacy ES 321023-09 \$200 Tu 4/2-5/21 \$200 W 321023-10 4/3-5/22 321023-11 \$200 Th 4/4-5/23 Location: Arcola ES 321023-12 \$200 Μ 4/1-5/20 321023-14 \$200 Th 4/4-5/23 Location: Goshen Post ES Tu 321023-13 \$200 4/2-5/21 (Ages 8-10) Location: Legacy ES Μ 321024-10 \$200 4/1-5/20 321024-11 \$200 Tu 4/2-5/21 Th 321024-12 \$200 4/4-5/23 Location: Hillside ES Tu 4/2-5/21 321024-13 \$200 Location: Arcola ES 321024-14 \$200 Μ 4/1-5/20 321024-16 \$200 Th 4/4-5/23 Location: Goshen Post ES 4/3-5/22 321024-15 \$200 W

(Ages 10-12) Location: Legac	v ES			
LUGAUUII. LEYAU	y Lo			
321025-09	\$200	Μ	4/1-5/20	7:00pm-8:00pm
321025-10	\$200	W	4/3-5/22	7:00pm-8:00pm
Location: Hillsid	e ES			
321025-11	\$200	Tu	4/2-5/21	7:00pm-8:00pm
Location: Goshe	n Post ES			
321025-12 321025-13	\$200 \$200	Tu W	4/2-5/21 4/3-5/22	7:00pm-8:00pm 7:00pm-8:00pm

CRICKET

WASHINGTON CRICKET ACADEMY- YOUTH CRICKET SPRING BREAK CAMP

(Ages 8-16) Join us for a Cricket spring break camp that aims to improve the skills and techniques of the participants in various aspects of the game, such as batting, bowling, fielding, and strategy. The Cricket spring break camp also provides an opportunity for the participants to have fun, make new friends, and enjoy the outdoors.

321040-01	\$260	M-F	3/25-3/29	10:00am-3:00pm
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WASHINGTON CRICKET ACADEMY- CRICKET TRAINING

(Ages 8-16) Washington Cricket Academy is an established youth cricket academy in NOVA aiming to grow the game of cricket. This training introduces the game of cricket and develops fundamental skills for the game.

321039-01	\$260	Μ	4/8-6/3	5:00pm-7:00pm
321039-02	\$260	Tu	4/9-6/4	5:00pm-7:00pm
321039-03	\$260	W	4/10-6/5	5:00pm-7:00pm
321039-04	\$260	Th	4/11-6/6	5:00pm-7:00pm
321039-05	\$260	F	4/12-6/7	5:00pm-7:00pm

FLAG FOOTBALL

OVERTIME ATHLETICS NFL FLAG FOOTBALL SPRING BREAK CAMP

(Ages 6-13) Get ready to run, throw, jump and fly! In this game there's a position for everyone. No matter who you are, flag football is a chance to run, throw, jump and fly. This camp will introduce your child to the basic skills needed to play flag football. Individual stations will teach skills that will later be applied each day when kids are split up into teams to play games.

3/25-3/29

9:00am-1:00pm

Location: Farmwell Station MS 321036-01 \$175 M_E

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7:00pm-8:00pm

7:00pm-8:00pm

6:00pm-7:00pm

OVERTIME ATHLETICS NFL FLAG FOOTBALL

(Ages 4-9) Get ready to run, throw, jump and fly! In this game there's a position for everyone. No matter who you are, flag football is a chance to run, throw, jump and fly. Players will be put on teams each weekend to get a chance to learn skills and play a game against each other. This is your chance to get involved in the action and join the flag football movement. (Ages 4-6) Location: Legacy ES 11:00am-12:00pm 321034-01 \$125 Sa 4/6-5/11 Location: Hutchison Farm ES 321034-02 \$125 Sa 4/6-5/11 11:00am-12:00pm

(Ages 7-9)				
Location: Lega	CY ES			
321035-01	\$125	Sa	4/6-5/11	12:00pm-1:00pm
Location: Hutc	hison Farm E	S		
321035-02	\$125	Sa	4/6-5/11	12:00pm-1:00pm

SOCCER

TEKKERS LAB SPRING BREAK SOCCER CAMP

(Ages 5-14) Tekkers Lab is back with their spring break soccer camp! Throughout the week, participants will enjoy skill-boosting sessions led by expert coaches, engaging in friendly water balloon battles for a refreshing end of the week activity, and forming lasting connections with fellow players who share a passion for the game. There will be mini games, daily challenges, and a variety of games will keep the excitement levels high, ensuring each day is filled with memorable moments. This camp is designed for all skill levels, fostering an inclusive and supportive atmosphere.

Location: Dominion Trail ES						
321617-01	\$200	M-F	3/25-3/29	9:00am-12:00pm		
321617-03	\$300	M-F	3/25-3/29	9:00am-3:00pm		

OVERTIME ATHLETICS- SHOOTING STARS SOCCER

(Ages 3-7) GOOOOOOOOOAAAAAAAALLLLLL! Take your game to the next level! Join us for Shooting Stars Soccer and learn to play soccer like the pros! Coaches will teach you skills like dribbling, passing, trapping, shooting and defense. This program emphasizes fitness, teamwork, and sportsmanship. Have a blast and make new friends playing World Cup Tournament, Battle Balls, Trapper 500, Corner Kick Challenge, and Soccer Knockout. Don't miss out on what the rest of the world already knows; it's a beautiful game - sign up today! (Ages 3-5)

Logation, Craighton's Corner FC

Location: Greighton's Corner ES					
321037-01	\$125	Sa	4/6-5/11	11:00am-12:00pm	
Location: Card	inal Ridge E	S			
321037-02	\$125	Sa	4/6-5/11	11:00am-12:00pm	
(Ages 5-7)					
Location: Creig	hton's Corn	er ES			
321038-01	\$125	Sa	4/6-5/11	12:00pm-1:00pm	
Location: Card	inal Ridge E	S			
321038-02	\$125	Sa	4/6-5/11	12:00pm-1:00pm	



Reminisce over the playground glory days! Our kickball league (Coed) is held at Hal and Berni Hanson Regional Park for 8 weeks on Monday nights.

SOCCER

- Reignite your competitive fire! Our 7v7 soccer league on Wednesdays (Men) and Thursdays (Coed) is held at Hal and Berni Hanson Regional Park. A full 11v11 soccer league (Coed) plays on Sunday
- afternoons.

SCAN FOR MORE PROGRAMS



Experience an electric atmosphere in our competitive and social softball league. Games are held Monday-Friday at Potomack Lakes Sportsplex and Philip A. Bolen Memorial Park (Men and Coed).

Join the free agents list for most leagues by contacting: AdultSports@loudoun.gov 703-771-5211

Page 66

General Registration Begins February 8

SPORTS

The 3v3 league consists of 12 games for 6 weeks plus potential playoffs held at Farmwell Station The 5v5 league (Men's, Women's, and 35+) is

KICKBALL

SOFTBA

TEKKERS LAB SPRING SOCCER TRAINING

(Ages 5-10) Elevate your soccer game this season! Our spring program covers footwork, dribbling, first touch, shooting, 1v1's, defending and more! Make this spring season a stepping stone toward becoming a well-rounded and confident soccer player. Whether you aim to fine tune your abilities or embark on your soccer journey, our program promises growth, camaraderie and a solid foundation for success.

Location: Dom (Ages 5-7)	inion Trail ES	5		
321609-01	\$215	F	4/19-5/31	5:00pm-6:00pm
(Ages 8-10) 321609-02	\$215	F	4/19-5/31	6:00pm-7:00pm

TENNIS

TGA TENNIS FOR BEGINNERS

SPORTS

(Ages 5-18) Start or continue your tennis journey the right way with TGA. Master your skills and follow our pathways to achieve your goals with TGA's world-class coaches. Whether you want to play recreationally or compete in tournaments, let TGA coaches help you. The program is held at Ashburn Farm Windmill Tennis Courts.

Location: Windmill Tennis Courts

	ounto		
\$349	М	3/4-4/22	4:00pm-5:00pm
\$349	W	3/6-4/24	4:00pm-5:00pm
\$349	М	3/4-4/22	4:00pm-5:00pm
\$349	W	3/6-4/24	4:00pm-5:00pm
\$349	М	3/4-4/22	5:00pm-6:00pm
\$349	W	3/6-4/24	5:00pm-6:00pm
\$349	М	3/4-4/22	6:00pm-7:00pm
\$349	Tu	3/5-4/23	6:00pm-7:00pm
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TGA TENNIS FOR ADVANCE BEGINNER

(Ages 5-18) Start or continue your tennis journey the right way with TGA. Master your skills and follow our pathways to achieve your goals with TGA's world-class coaches. Whether you want to play recreationally or compete in tournaments, let TGA coaches help you. The program is held at Ashburn Farm Windmill Tennis Courts

Location: Windmill Tennis Courts

(Ages 5-7)				
321055-01	\$349	Tu	3/5-4/23	4:00pm-5:00pm
321055-02	\$349	Th	3/7-4/25	4:00pm-5:00pm
321055-03	\$349	F	3/8-4/26	4:00pm-5:00pm
(Ages 8-10)				
321056-01	\$349	Tu	3/5-4/23	4:00pm-5:00pm
321056-02	\$349	Th	3/7/4/25	4:00pm-5:00pm
321056-03	\$349	F	3/8-4/26	4:00pm-5:00pm
(Ages 10-14)				
321049-01	\$349	M	3/4-4/22	5:00pm-6:00pm
321049-02	\$349	W	3/6-4/24	5:00pm-6:00pm
(Ages 14-18)				
321050-01	\$349	Μ	3/4-4/22	6:00pm-7:00pm
321050-02	\$349	W	3/6-4/24	6:00pm-7:00pm

TGA TENNIS FOR INTERMEDIATE

(Ages 10-18) Start or continue your tennis journey the right way with TGA. Master

your skills and follow our pathways to achieve your goals with TGA's world-class coaches. Whether you want to play recreationally or compete in tournaments, let TGA coaches help you. The program is held at Ashburn Farm Windmill Tennis Courts.

Location: Windmill Tennis Courts

(Ages 10-14)				
321051-01	\$349	Tu	3/5-4/23	5:00pm-6:00pm
321051-02	\$349	Th	3/7-4/25	5:00pm-6:00pm
321051-03	\$349	F	3/8-4/26	5:00pm-6:00pm
(Ages 14-18)				
321052-01	\$349	Th	3/7-4/25	6:00pm-7:00pm
321052-02	\$349	F	3/8-4/26	6:00pm-7:00pm
321052-03	\$349	W	3/6-4/24	6:00pm-7:00pm

TGA TENNIS FOR ADVANCE INTERMEDIATE

(Ages 10-14) Start or continue your tennis journey the right way with TGA. Master your skills and follow our pathways to achieve your goals with TGA's world-class coaches. Whether you want to play recreationally or compete in tournaments, let TGA coaches help you. The program is held at Ashburn Farm Windmill Tennis Courts.

Location: Windmill Tennis Courts

321053-01	\$349	Tu	3/5-4/23	5:00pm-6:00pm
321053-02	\$349	Th	3/7-4/25	5:00pm-6:00pm
321053-03	\$349	F	3/8-4/26	5:00pm-6:00pm

TGA TENNIS TOURNAMENT PREP

(Ages 10-18) Start or continue your tennis journey the right way with TGA. Master your skills and follow our pathways to achieve your goals with TGA's world-class coaches. Whether you want to play recreationally or compete in tournaments, let TGA coaches help you. The program is held at Ashburn Farm Windmill Tennis Courts.

Location: Windmill Tennis Courts

321054-01	\$499	Tu	3/5-4/23	6:00pm-7:30pm
321054-02	\$499	Th	3/7-4/25	6:00pm-7:30pm
321054-03	\$499	F	3/8-4/26	6:00pm-7:30pm

LRTA MS TENNIS LEAGUE-DEVELOPMENT MATCH PLAY

(Ages 9-14) Luis Rosado Tennis Academy (LRTA) is offering Middle School tennis players, boys or girls grades 6-8, an opportunity to play matches every Sunday against players from other middle schools in Loudoun County on high school tennis courts (HS courts will be updated on www.LCTAcademy.net). Development players can serve the ball in the box at less than 50% of the time, know the rules of tennis, can hit and rally ground strokes in the court less than 50% of the time, and have none or very little match play experience (league and tournament matches). For more information go to LCTAcademy.net. No match play 3/31. Register for the school you attend. If your school is not listed, then choose the "Other" section. Matches may be played at John Champe High School, Independence High School, or Stone Bridge High School. \$300 3/24-5/19 2:00pm-4:00pm Su 321611-13 Location: Trailside MS 32

321611-14	Location: Farmwell Station MS
321611-15	Location: Lunsford MS
321611-16	Location: Stone Hill MS
321611-17	Location: Belmont Ridge MS
321611-18	Location: Blue Ridge MS
321611-19	Location: Harmony MS
321611-20	Location: Mercer MS
321611-21	Location: Brambleton MS
321611-22	Location: Eagle Ridge MS
321611-23	Location: Willard MS
321611-24	Location: Other

LRTA MS TENNIS LEAGUE-INTERMEDIATE MATCH PLAY

(Ages 9-14) Luis Rosado Tennis Academy (LRTA) is offering Middle School tennis players, boys or girls grades 6-8, an opportunity to play matches every Sunday against players from other middle schools in Loudoun County on high

school tennis courts. Intermediate players can serve the ball in the box at le 50% of the time, know the rules of tennis, can hit and rally ground strokes in court 50% of the time, and have 2 or more years of match play experience (leag and tournament matches). For more information go to LCTAcademy.net. No ma play 3/31. Register for the school you attend. If your school is not listed, th choose the "Other" section. Matches may be played at John Champe High School.

\$300	Su	3/24-5/19	12:00pm-2:00pn
321612-13	Location	n: Trailside MS	
321612-14	Location	n: Farmwell Stati	on MS
321612-15	Location	: Lunsford MS	
321612-16	Location	: Stone Hill MS	
321612-17	Location	n: Belmont Ridge	MS
321612-18	Location	n: Blue Ridge MS	
321612-19	Location	: Harmony MS	
321612-20	Location	n: Mercer MS	
321612-21	Location	: Brambleton M	S
321612-22	Location	n: Eagle Ridge M	S
321612-23	Location	: Willard MS	
321612-24	Location	1: Other	

LRTA MIDDLE SCHOOL TENNIS LEAGUE-ADVANCED MATCH PLAY

(Ages 9-14) Luis Rosado Tennis Academy (LRTA) is offering Middle Scho tennis players, boys or girls grades 6-8, an opportunity to play matches every St day against players from other middle schools in Loudoun County on High Sch tennis courts. Advanced players can serve the ball in the box consistently (at le 70%), know the rules of tennis, can hit, and rally consistent ground strokes, a have many years of match play experience (league and tournament matches). more information go to LCTAcademy.net. No match play 3/31. Register for the school you attend. If your school is not listed, then choose the "Other" section. Matches may be played at John Champe High School, Independence High School, or Stone Bridge High School.

\$300	Su 3/24-5/19 10:00am-12:00
321613-13	Location: Trailside MS
321613-14	Location: Farmwell Station MS
321613-15	Location: Lunsford MS
321613-16	Location: Stone Hill MS
321613-17	Location: Belmont Ridge MS
321613-18	Location: Blue Ridge MS
321613-19	Location: Harmony MS
321613-20	Location: Mercer MS
321613-21	Location: Brambleton MS
321613-22	Location: Eagle Ridge MS
321613-23	Location: Willard MS
321613-24	Location: Other

LRTA-ORANGE BALL MATCH PLAY LEAGUE

(Ages 7-10) Luis Rosado Tennis Academy Orange ball Tennis League is a opportunity for boys and girls ages 7-10 to participate in match play. Youth levels from intermediate to advanced are encouraged to come and have fun with their friends. Whether your child is an advanced player seeking more opportunities to compete or an advanced beginner seeking to improve matc skills, LRTA Team Tennis has something for everyone. Kids will be grouped according to their level and will play round robin matches. No Session on 3/3 Refer to Ictacademy.net for further details.

321614-02 \$300 Su 3/24-5/19

TGA TENNIS ACADEMY PRE-USTA TOURNAMENTS

(Ages 16 & Under) Welcome to the TGA Tennis Academy Pre-USTA Tournament! Engaging in this event provides an outstanding opportunity to elevate your skills, concentrate on strategic point play, and cultivate your capacity to perform well under pressure. Our goal is to prepare you for the next stage in your tennis progression, opening doors to the USTA Tennis Circuit, where players accrue points, initiating your journey towards national rankings. Play, Improve, and Win! **Location: Riverside HS**

in the box at least	(Ages 10 & und	der, Boys)			
ound strokes in the	321623-01	\$35	Su	3/24	8:00am-2:00pm
experience (league	321623-02	\$35	Su	3/31	8:00am-2:00pm
demy.net. No match	321623-03	\$35	Su	4/14	8:00am-2:00pm
is not listed, then	321623-04	\$35	Su	4/28	8:00am-2:00pm
nampe High School,	321623-05	\$35	Su	3/24	8:00am-2:00pm
iampo mgn oonooi,					
	321623-06	\$35	Su	5/26	8:00am-2:00pm
m					
	(Ages 10 & und	der, Girls)			
	321624-01	\$35	Su	3/24	8:00am-2:00pm
	321624-02	\$35	Su	3/31	8:00am-2:00pm
	321624-03	\$35	Su	4/14	8:00am-2:00pm
	321624-04	\$35	Su	4/28	8:00am-2:00pm
	321624-05	\$35	Su	5/12	8:00am-2:00pm
	321624-06	\$35	Su	5/26	8:00am-2:00pm
	(Ages 12 & und	der. Bovs)			
			Sa	2/00	10,00pm 6,00pm
	321625-01	\$35	Sa	3/23	12:00pm-6:00pm
	321625-02	\$35	Sa	3/30	12:00pm-6:00pm
	321625-03	\$35	Sa	4/13	12:00pm-6:00pm
	321625-04	\$35	Sa	4/27	12:00pm-6:00pm
	321625-05	\$35	Sa	5/11	12:00pm-6:00pm
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	321626-02	\$35	Sa	3/30	12:00pm-6:00pm
round strokes, and	321626-03	\$35	Sa	4/13	12:00pm-6:00pm
ment matches). For	321626-04	\$35	Sa	4/27	12:00pm-6:00pm
31. Register for	321626-05	\$35	Sa	5/11	12:00pm-6:00pm
se the "Other"	321626-06	\$35	Sa	5/25	12:00pm-6:00pm
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	(Ages 14 & und	dor Rove)			
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P	321627-01	\$35	Su	3/24	8:00am-2:00pm
	321627-02	\$35	Su	3/31	8:00am-2:00pm
	321627-03	\$35	Su	4/14	8:00am-2:00pm
	321627-04	\$35	Su	4/28	8:00am-2:00pm
	321627-05	\$35	Su	5/12	8:00am-2:00pm
	321627-06	\$35	Su	5/26	8:00am-2:00pm
	321027-00	φυυ	Su	5/20	0.00am-2.00pm
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	(Ages 14 & und		0	0.10.4	
	321628-01	\$35	Su	3/24	8:00am-2:00pm
	321628-02	\$35	Su	3/31	8:00am-2:00pm
	321628-03	\$35	Su	4/14	8:00am-2:00pm
	321628-04	\$35	Su	4/28	8:00am-2:00pm
	321628-05	\$35	Su	5/12	8:00am-2:00pm
	321628-06	\$35	Su	5/26	8:00am-2:00pm
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nis League is an			0-	0/00	10.00 0.00
ch play. Youth	321629-01	\$35	Sa	3/23	12:00pm-6:00pm
e and have fun	321629-02	\$35	Sa	3/30	12:00pm-6:00pm
seeking more	321629-03	\$35	Sa	4/13	12:00pm-6:00pm
o improve match	321629-04	\$35	Sa	4/27	12:00pm-6:00pm
	321629-05	\$35	Sa	5/11	12:00pm-6:00pm
vill be grouped	321629-06	\$35	Sa	5/25	12:00pm-6:00pm
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4:00pm-6:00pm	321630-01	\$35	Sa	3/23	12:00pm-6:00pm
	321630-02	\$35	Sa	3/30	12:00pm-6:00pm
	321630-03	\$35	Sa	4/13	12:00pm-6:00pm
LICTA Tournament	321630-04	\$35	Sa	4/27	12:00pm-6:00pm
-USTA Tournament!	321630-05	\$35	Sa	5/11	12:00pm-6:00pm
elevate your skills,	321630-06	\$35	Sa	5/25	12:00pm-6:00pm
ity to perform well	J21000-00	ψυυ	οu	5/25	
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SPORTS



EVENTS & TRIPS

MARCH

FAMILY DANCE PARTY

(All Ages) Join the party at the first ever Family Dance Party at Lovettsville Community Center! We will have lots of music, fun interactive games, and light refreshments. The cost is for a family of 4. Each additional participant costs \$2. Call 540-882-5284 for more information.

Location: Lovettsville Community Center

302741-01	\$5/family of 4	F	3/1	6:00pm-8:00pm
302741-02	\$2/addl member	F	3/1	6:00pm-8:00pm

SPRINT TO SPRING 5K

(All Ages) It's been a chilly winter, and we are all ready for the warmth and the colors of spring! It's almost upon us, maybe we can catch it if we run fast enough! Come join us for a timed 5k race, it might still be a little chilly, so dress for the weather! Call 540-338-7603 for more information.

Location: Franklin Park

362723-01	\$35 Early	Registration \$40	Late Registration
	Sa	3/2	9:00am-11:00am

ELEMENTARY SCHOOL TAKEOVER - PRCS ON THE GO

(Ages 5-10) Join us for an afterschool introduction to PRCS. As we engage the children of our community by introducing them to all the things that we offer here at the SCC. We will be creating crafts, playing games full of excitement, laughter, and endless fun. No registration required. Please Call 703-430-9480 for more information, Location; Sugarland Elementary School

303201-01	Free	F	3/8	2:30pm-4:30pm
303201-02	Free	F	4/12	2:30pm-4:30pm
303201-03	Free	F	5/10	2:30pm-4:30pm

DINOSAUR EGG HUNT

(All Ages) Welcome to Hanson Park! Enter the prehistoric world of dinosaurs and search for their eggs. Bring your own basket and return the dinosaur eggs for a prize. This hunt will take place next to the South Side playground. Call 571-367-8360 for more information.

Location: Hal and Berni Hanson Regional Park

374713-01	\$5	Sa	3/9	10:00am-10:15am
374713-02	\$5	Sa	3/9	10:30am-10:45am
374713-03	\$5	Sa	3/9	11:00am-11:15am
374713-04	\$5	Sa	3/9	11:30am-11:45am
374713-05	\$5	Sa	3/9	12:00pm-12:15pm
374713-06	\$5	Sa	3/9	12:30pm-12:45pm

POT 'O GOLD HUNT

(All Ages) Are you feeling the luck of the Irish? You don't need to be at the end of the rainbow to find a pot of gold. Just in time for St. Patrick's Day, try your luck at geocaching to find our multiple pots of gold hidden within Loudoun County Parks. Each cache will reveal a special pot of "gold". Turn in the pot of "gold" to receive a prize. Smart phones with GPS or compass apps will work. Register to receive

the GPS coordinates via email. For more information, please call 540-338-7603. Location: PRCS Parks 376

76705-01	Free	3/15-4/1

ST. PATRICK'S DAY SKATE NIGHT

(All Ages) Immerse vourself in the St. Patrick's Dav spirit as you partake in an exhilarating evening of festive fun on wheels! Glide beneath the glistening lights, carried by the spirited beats of tunes that will transport you to the heart of the holiday. Don your most imaginative St. Patrick's Day attire and join us for an unforgettable night featuring skating, music, and more!

Rental Roller Skates: \$3. Skate Walker: \$5.

Location: Douglass Community Center

3/15 7:00pm-10:00pm Free

10TH ANNUAL BLUEMONT SHAMROCK RACE 5K/10K

(All Ages) Run with the luck of the Irish in one of the most picturesque areas of Northern Virginia. The out and back course winds through scenic country roads and beautiful Western Loudoun County. Offering 5K and 10K distances, this race brings something for everyone. Register early to receive a commemorative shirt at bluemontshamrockrace.com or call 540-554-8643 for more information. Location: Great Country Farms

Sa	3/16	9:00am-11:00am

UNDERWATER EGG HUNT

(All Ages) Come join us for an amazing underwater easter egg hunt filled with fun games and laughter. Hunters under the age of 5 will traverse the vast beach area for their eggs, while older participants will deep dive to discover their loot. The Easter Bunny himself will make an appearance. Hunters under the age of 3 will get free entry. Please adhere to normal pool rules i.e., proper swim attire and children under the age of 6 will need an adult in the water with them. Kids under 3 are free! Location: Dulles South Recreation & Community Center

305712-01

	9:45am
\$5 Sa 3/16 10:00am-1	0:45am

INDOOR MOVIE MANIA

Round up your friends and family for an enchanting cinematic experience, where you can revel in the magic of film while enjoying freshly popped popcorn. candy. and slushies. Join us for an unforgettable spring evening that blends the delight of movies with the warmth of togetherness. Tickets are not required, but capacity may be limited. Call 703-771-5913 for more information.

Location: Douglass Community Center

Movie: Hop	(PG)						
Free	3/22	F	7:00pm-9:00pm				
Movie: The	Lorax (PG)						
Free	4/26	F	7:00pm-9:00pm				
Movie: Moana (PG)							
Free	5/24	F	7:00pm-9:00pm				

TEEN EXPO

(Ages 11-17) Come out and enjoy a teens night out with a DJ, prizes, contest, video games and more. Transportation will be available for people to be picked up at a specific location and dropped off at a specific location. Please call SCC for more information regarding picking up and dropping off. Contact SCC for more information 703-430-9480

Location: Sterling Community Center

	3			
303704-01	Free	F	3/22	5:00pm-9:00pm

EGG-CELLENT GAMES WITH THE BUNNY

(All Ages) Hop into spring fun with 'Egg-cellent Games and Moon Bounces' in our gym! Join the excitement as children bounce, play, and explore festive activities. The Bunny adds an extra touch of joy, creating delightful memories for all. Bring the family for an egg-citing day of laughter and play! Call 703-771-5913 for more information. Location: Douglass Community Center

304702-01	\$5	Sa	3/23	10:00am-12:00pm

WINE & ALE TRAIL EXCURSION

(Ages 21 & up) Join us for a tour of Western Loudoun County Breweries, and Win-

eries on the LoCo Wine and Ale Trail tour. Tour Guide. Daniel Traub. will chauffeur you to and from each Winery/Brewery where you will enjoy a tasting, flight, glass, or food. Please arrive at Loudoun Valley Community Center at 11:15am for check in. We will then depart at 11:30am for our first stop. Price includes transportation to, and from the wineries/breweries (price does not include food/beverage costs).

,				de food/beverage costs). Stop 3: Hillsborough Win-			0,		weather outside. Contact
ery & Brewery. (3444 for inform		LVCC at 571-367-8444 for information on this event. Location: Loudoun Valley Community Center						
Location: Loud		-			301120-01	\$2	F	3/29	7:00pm
301407-01	\$20	Sa	3/23	11:30am-3:30pm	301120-02	\$2	F	5/3	7:00pm
BREAKFAST WI	TH THE BUNNY	,			EGG HUNT & FU	ZZY BUNNY			
(All Ages) Come	down to the OI	d Schoolhou		the Bunny! Enjoy an epic	(Ages 2-10) An	extraordina	ry egg hunt v		ime petting zoo! Parents
				Bring your camera and	don't forget you	r cameras.	Call ahead fo	r allergy-friend	dly eggs. Pre-registration
				advanced registration is					ormation 703-430-9480.
gov	ore information	, call 703-7	/1-5281 01 6	mail Lucketts@loudoun.	Contact SCC for Location: Sterling			0-9480.	
Location: Luck	etts Communit	v Center			303707-01	\$6	Sa	3/30	10:00am-1:00pm
309744-01	\$5	Sa	3/23	8:30am-10:00am		ΨΟ	ou	0/00	
309744-02	\$5	Sa	3/23	10:30am-12:00pm	SPRING COMMU	JNITY YARD	SALE		
	0								the house that you would
PRCS ON THE G		ff school and	1 evnerience c	ur thrilling pop-up event!					nly \$15. Feel free to bring lay, 3/29. Call 703-771-
				lide on scooters, create	5913 for more in			quired by Fill	iay, 5/29. Gall 705-777-
				re! Excitement, laughter,			ling Parking L	.ot, 102 Herita	ge Way NE, Leesburg, VA
	await! No regi	stration requ	uired. Call 703	8-771-5913 for more in-	304707-01	\$15	Sa	3/30	7:00am-12:00pm
formation.		- 1	. 0 - k I D						
Location: France Free	M	3/25	10:00am ⁻¹	-	THE GREAT FRA			a tima hara a	t Franklin Darkl Cama an
Location: Cool				1.00pm					t Franklin Park! Come on Anklin Park fields for eggs
Free	F	4/5	10:00am-	1:00pm					a. Call 540-338-7603 for
					more information	۱.			
PLAYGROUND V			atad waawalaaw	af the Leesburg Delice	Location: Frank		0	0.40.0	0.00 40.00
				s of the Leesburg Police a cookout and immerse	362704-01	\$7	Sa	3/30	9:00am-12:00pm
				tertaining games, crafts,	PRESCHOOL EG	G HUNT			
				ersonally meet and greet			s in the Philo	mont Park fo	r a children/parents only
				ty and well-being of our					marked off for this event.
				and a deeper connection					vill begin at 10:00am. Lite
with those who Location: Doug				or more information.	refreshments to Location: Philor			5882 for more	information
Free	Tu	3/26	11 :00pm-	1 :00pm	311703-02	\$8	Sa	3/30	10:00am-11:30am
EGGCELLENT A		v stations fr	ocueina on Ma	other Nature's egg laying	SOIL SATURDAY		والمعالية والمعالية		
				gciting activities. Stop by					very! We will have a huge the many benefits of soil.
the campfire to	roast marshma	llows (provi	ded, Halal ava	ilable). Activities focused					erosion experiments, and
for ages 2-11. (e Demonstration Garden.
Location: Claud				10.00 11.00	Call 703-737-88				
361719-01 361719-02	\$5 \$5	W W	3/27 3/27	10:00am-11:00am 11:00am-12:00pm	Location: Bansl 367730-01		-		10:00am-2:00pm
361719-03	\$5 \$5	Ŵ	3/27	12:00pm-1:00pm	307730-01	Free	Sa	3/30	10.00am-2.00pm
					SCHOOL-AGED	FLASHLIGH ⁻	F EGG HUNT		
LVCC EGG HUN				<i>.</i>					the dark! Hunt will begin
				fun and surprises, make t! Here's what to expect:					will be separated into age
				ities, arts and crafts, and					ase call for weather deci- 82 for more information.
				guest! Contact LVCC at	Location: Philor			1 040-000-00	
571-367-8444				-	311703-01	\$8	Sa	3/30	8:45pm-9:15pm
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301129-01	\$2	Th	3/28	10:00am-11:00am	BLUEMONT'S E			. f	diale Free Line 1 - 1 - 1
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	i't miss the Love	ettsville Corr	imunity Center	's annual egg hunt at the	BCC Advisory Bc				John Hunney Odiller 5 Stall,
Community Parl	k! The hunt will	have a rollin	g group start l	by age. Participants must	Call 540-554-86				e information.
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to, and from the wineries/breweries (price does not include food/beverage costs). Stop 1:Harvest Gap Brewery. Stop 2: Breaux Vineyards. Stop 3: Hillsborough Winery & Brewery. Contact LVCC at 571-367-8444 for information. Movie will be moved inside in our gym in the case of bad weather out LVCC at 571-367-8444 for information on this event. Location: Loudoun Valley Community Center						weather outside. Contact			
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Location: Luck	etts Commu	nity Center			303707-01	\$6	Sa	3/30	10:00am-1:00pm
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the local heroes community. Joir	s who work n us for a day serve and pr	tirelessly to filled with ca otect! Call 70	ensure the safe amaraderie, fun, 03-771-5913 fe	personally meet and greet ety and well-being of our , and a deeper connection or more information.	hunt for a youn Please bring you refreshments to	ger age. Ag ir own buck be served.	e-appropriate et to collect eq Call 540-338	areas will be n ggs. The hunt w	a children/parents only narked off for this event. Il begin at 10:00am. Lite information
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to, and from the wineries/breweries (price does not include food/beverage costs). Stop 1:Harvest Gap Brewery. Stop 2: Breaux Vineyards. Stop 3: Hillsborough Winery & Brewery. Contact LVCC at 571-367-8444 for information. Movie will be moved inside in our gym in the case of bad weather out LVCC at 571-367-8444 for information on this event. Location: Loudoun Valley Community Center						weather outside. Contact			
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Free	M Conting Flow	3/25	10:00am-						Franklin Park! Come on
Location: Cool Free	F	4/5	10:00am-						nklin Park fields for eggs . Call 540-338-7603 for
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the local heroes community. Joir	s who work n us for a day serve and pr	tirelessly to filled with ca otect! Call 70	ensure the safe amaraderie, fun, 03-771-5913 fe	personally meet and greet ety and well-being of our , and a deeper connection or more information.	hunt for a youn Please bring you refreshments to	ger age. Ag ir own buck be served.	e-appropriate et to collect eq Call 540-338	areas will be n ggs. The hunt w	a children/parents only narked off for this event. Il begin at 10:00am. Lite information
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				the Bunny! Enjoy an epic . Bring your camera and					me petting zoo! Parents Ily eggs. Pre-registration
				l advanced registration is					ormation 703-430-9480.
				email Lucketts@loudoun.	Contact SCC for	more inform	nation 703-43		
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				bersonally meet and greet bety and well-being of our					a children/parents only
				and a deeper connection					narked off for this event. ill begin at 10:00am. Lite
with those who	serve and pro	otect! Call 70)3-771-5913 fo	or more information.	refreshments to	be served. (Call 540-338-		
Location: Doug	-	-		1 ,00pm	Location: Philo		-	0/00	10.00 11.00
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EGGCELLENT /					SOIL SATURDAY				
				other Nature's egg laying gciting activities. Stop by					very! We will have a huge
				ailable). Activities focused					he many benefits of soil. erosion experiments, and
for ages 2-11.	Call 571-258-	-3700 for m	ore information						e Demonstration Garden.
Location: Clau 361719-01	ide Moore Pai \$5	k Discovery W	/ Grove 3/27	10:00am-11:00am	Call 703-737-8				
361719-01	\$5 \$5	W	3/27	11:00am-12:00pm	Location: Bansl 367730-01	Free	Sa	3/30	10:00am-2:00pm
361719-03	\$5	W	3/27	12:00pm-1:00pm				0,00	Toroballi Eroopin
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sure you celeb	rate at Purcell	ville's most	egg-citing even	It! Here's what to expect:	groups. Parents	are not perr	nitted to assis	t children. Plea	ase call for weather deci-
egg hunting, a surprise from a special guest, family activities, arts and crafts, and more! Bring your cameras for pictures with our special guest! Contact LVCC at							540-338-588	32 for more information.	
571-367-8444			nui uui sherid	guool: Uunaul LVUU al	Location: Philo 311703-01	s8	Sa	3/30	8:45pm-9:15pm
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(Ages 1-11) Do				r's annual egg hunt at the	BCC Advisory Bo	bard and Bou	ulder Crest Re	treat.	-
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Location: Love				auvil.	Location: Bould 306705-01	Free	treat, Bluemo Sa	3/30	10:00am
		-							

Location: Lovettsville Community Park								
302702-01	\$7	F	3/29					

·01	\$7	F	3/29	10:30am-11:30

Register at loudoun.gov/PRCSconnect

Page 70

EVENTS & TRIPS	
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(All Ages) Bring the family with a blanket or chair to sit on and enjoy a movie under the stars! All children must be accompanied by a parent. We will have popcorn available for all participants. Movie starts at 7:00pm, movie title TBD closer to date. Movie will be moved inside in our own in the case of bad weather outside. Contact

LVCC MOVIE NIGHT

30am

DCC SPRING SIZZLE

(All Ages) Whether you're a local resident or passing through, our Spring Cookout is an event you won't want to miss. Join us on April 5th for an unforgettable day of delightful snacks, boundless bouncing, and playful adventures, DCC is where springtime memories are made! Bring your family, bring your friends—let's make this Spring Cookout a celebration to remember! See you there! Call 703-771-5913 for more information.

APRIL

Location: Douglass Community Center Pavilion

4/5 Free 2:00pm-6:00pm

BIG TRUCK DAY (NO LCPS DAY)

(All Ages) Are you interested in big trucks and tractors?! Come and have a handson experience at Big Truck Day! You will be able to push buttons, beep horns, enjoy the bells, whistles, and sirens as you climb on and explore various trucks, tractors and more! Lunch provided. Children must be accompanied by a parent. Children 2 & under free. Weather permitting: preregistration required. Call 540-338-5882 for more information.

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311700-01
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                                   4/5
                         F
                                               12:00pm-2:00pm
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LVCC SOLAR ECLIPSE VIEWING PARTY

(Ages 7 & up) A total solar eclipse happens when the Moon passes between the Sun and Earth, completely blocking the face of the Sun. On April 8, 2024, a total solar eclipse will cross North America! The next total solar eclipse will be 2044! Join us at LVCC for a fun viewing party! The eclipse will start at 2:00pm and peaks at 3:15pm. Don't miss this special event. We will provide all participants with solar eclipse glasses. Please note that glasses are one size fits all, limited supply available. You must register by March 18 to guarantee glasses. Please take precautions for children under the age of 7, parental supervision is required and recommended for the safety of all participant's eyes.

Location: Loudoun Valley Community Center

	•	•		
301901-01	Free	Μ	4/8	1:45pm – 3:30pm

COSMIC CELEBRATION AT BCC

(All Ages) Join us for a once-in-a-lifetime cosmic event – a total solar eclipse! Experience the awe as the Moon passes between the Earth and the Sun, turning day into twilight. As the furthest west community center in the County, Bluemont offers a great spot for eclipse watching. We're hosting a viewing party in the field behind the Caboose, with extra eclipse glasses for everyone who stops by. It's the perfect place to see the eclipse clearly, away from city lights. Don't miss out on this amazing sky show - Eclipse peaks at 3:15pm! Call 540-554-8643 or email BCC@loudoun gov for more information

Doo@iouuoun.gov io	i more internation.
Location: Rivemont	Community Center

306704-01	Free	Μ	4/8	2:45pm-4:15pm			

SOLAR ECLIPSE VIEWING PARTY

(All Ages) Experience one of nature's most dramatic and rare sights — a total eclipse of the Sun! Join a viewing party to learn about this thrilling phenomenon through educational activities and hands-on demonstrations while we watch the process unfold. Staff will be conducting wildlife camera monitoring and sound recording during the eclipse as part of a citizen science project. Free viewing glasses and popcorn provided to registered participants, then on a first-come, first-serve basis. Participants should bring their own lawn chairs or blankets. Call 703-737-8894 for more information.

Location: Banshee Reeks Nature Preserve

367731-01	Free	Μ	4/8	
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SOLAR ECLIPSE EXTRAVAGANZA

(All Ages) Round up your family and friends for a Solar Eclipse viewing party at Douglass Community Center! Enjoy treats and other activities before we watch the sky darken as the moon passes between the Sun and Earth, completely blocking the face of the sun! Complimentary protective glasses will be provided for a safe and unforgettable viewing experience. Call 703-771-5913 for more information. Location: Douglass Community Center Pavilion

304708-01	Free	М	4/8	2:00pm-4:30pm
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SOLAR ECLIPSE FESTIVAL

(All Ages) Celebrate the 90% Total Solar Eclipse with us festival style! Join us for a day of arts and crafts, games, eclipse information, and a safe solar eclipse viewing party. Solar glasses are first come, first serve. Call 571-367-8360 for more information.

4/8

Location: Hal and Berni Hanson Regional Park

374717-01 Free М

ECLIPSE WATCH PARTY

(Ages 4 & up) Think spring! On April 8, 2024, a total solar eclipse will cross North America. In Loudoun County the eclipse peaks around 3:15pm, starts at 2:00pm and ends at 4:30pm. A total solar eclipse happens when the Moon passes between the Sun and Earth, completely blocking the face of the Sun. The sky will darken as if it were dawn or dusk. Join PRCS staff at Lovettsville Community Park to safely view this spectacular event. Children under 13 must be accompanied by an adult. Call 540-338-7603 for information.

Locations: Lovettsville Community Park

376502-01 Free Μ 4/8 2:30pm-4:30pm

HISTORIC ENCOUNTERS DAY

(All Ages) Step into the past with Claude Moore Park, Loudoun Heritage Farm Museum, and the Virginia Piedmont Heritage Area Association as you engage in immersive historic activities. Check out some historic cooking, stop by the blacksmith shop, visit historic buildings, and more. Go to heritagefarmmuseum.org to register. Ages 3 & under free. Call 571-258-3700 for more information.

Location: Claude Moore Park Historic Area & Heritage Farm Museum

Per Person	\$10				
Group rate	\$7.50 (4 o	r more), \$5	6 (20 or	more)	
W	4/10	10:00a	m-2:00	pm	

EARTH DAY CLEAN-UP AT CMP

(All Ages) Would you like the chance to help keep the park looking wonderful? Look no further. Join us for the day and lend a helping hand in our continuous effort to keep the park's trails, streams, and fields beautiful and clean. Call 571-258-3700 for more information.

Location: Claude Moore Park Visitor Center

361712-01 Free Sa 4/13 9:30am-12:00p	m						

SPRING FAMILY FAIR

(All Ages) Come out to have some fun at this family festival and support new moms and local moms explore different venders, with entertainment magic show, DJ, face painting, glitter tattoos, balloon animals, fire truck, and Kona Ice. **Location: Sterling Community Center** 303709-01 Free Sa 4/13 10:00am-1:00pm

BATTLE OF THE BRICKS

(Ages 3-17) Calling all LEGO enthusiasts and builders! Gather your LEGO bricks and get ready for the Battle of the Bricks! This is an incredible opportunity for LEGO lovers from ages 3 to 17 to showcase their creativity and skill. The contest is divided into three divisions, ensuring fair competition among participants of similar age and experience. All participants are required to bring their own LEGO bricks for the contest. Winners of each division will be awarded a prize. Call 571-258-3600 for more information.

Location: Claude Moore Recreation & Community Center 4/13 3:00pm-5:00pm

TAKE IT TO THE COURT 2! SPRING SOCCER TOURNAMENT

Sa

(Ages 14-17) Come out and play some 5 on 5 games of indoor soccer. Pick your team and one sub to participate. Prizes, music, and bragging rights. Contact SCC for more information 703-430-9480.

Location: Sterling Community Center

\$10

303710-01	\$2	F	4/19	5:00pm-9:00pm

EARTH DAY LOUDOUN

373749-01

2:00pm-4:00pm

(All Ages) Join Loudoun County PRCS for a celebration of our planet! Connect

areas, and parti	cipate in comi and enjoying n.	munity scien music, crafts	ce! Celebrate w s, and games.	ainably, explore natural ith us by taking part in Call 571-258-3700 for 00pm	Check out the historic and er zation stations Recreation and proud to fill the	main stage for nvironmental c , live animals, I Community C park with load	music and pe lemonstration and much mo center, and th Is of free and	erformances. Take s, moon bounce ore! Claude Moor e Loudoun Herita	e Moore has to offer. e part in craft stations, s, community organi- e Park, Claude Moore ge Farm Museum are s for everyone to enjoy.
EARTH EXPLOR					Call 571-258- Location: Clau			strict	
(All Ages) Bring outdoor skills a passport from t	the whole fan nd smarts in he Visitor Cen	nily for a wa celebration d ter, then follo	of Earth Day. G ow the map to	as you challenge your rab an Earth Explorers find challenge stations a prize! Call 703-737-	Free Star wars e	Sa Scape trail	5/4	10:00am-3:0	Opm ar Wars knowledge at
8894 for more i									tart at the Visitor Cen-
Location: Bans	hee Reeks Na	ture Preserv	ve					m your prize (and	save the galaxy!) Call
367732-01	Free	Sa-Su	4/20-4/21	9:00pm-5:00pm	703-737-8894				
					Location: Ban				
CHASE THE RAI					367733-01	Free	Sa-Su	5/4-5/5	9:00pm-5:00pm
trail run while e receive a white	mbracing the race t-shirt to v ssed the finish	beauty of na wear on race line. Call 57 Regional Pa	ature in spring. day that will tu '1-367-8360 fo rk	e yourself to a 3K color Registered runners will m into a colorful display r more information. am-9:00am	ovated outdoor	e out and unwi amphitheater nd your family	area. Bring ye ! Contact SCC	our own blanket.	ucks at our newly ren- Snacks, and games to ation 703-430-9480.
2nd ANNUAL E	10000 DH 0000009	54 1	/21 0.000		303701-01	Free	Sa	5/4	5:00pm-9:00pm
		riendly fun ru	ın/walk down be	autiful Philomont Road.	303701-02	Free	Sa		-9:00pm (RAIN DATE)
Medals given to	all participant	S.					<u>o</u> u	o, o.oop	0.00pm (11 m 12, 11 2)
Location: Philo 311701-01		Su Su	4/01	11,00om 1,00pm			r Cinco do M	avo opirit with a o	ostume that will share
311/01-01	Free	Su	4/21	11:00am-1:00pm					sic, and food. Dress for
FAMILY MOVIE	NIGHT							call 540-338-76	
-		a blanket or :	a lawn chair an	d enjoy a family friendly	Location: Love				
				by a parent. The movie	376712-01		registration		
				. Contact SCC for more		Su	5/5	8:00am-10:0	0am
information 703									
Location: Sterli		y Center			LOUDOUN LAT	INO FESTIVAL			
fairy houses, a fairy hous	oy a scavenge face painting a e contest! Brir	ind tattoo sta ig a fairy hou	ation, moon bou use you built at l	6:00pm-9:00pm ical trail decorated with inces, whimsical crafts, nome to submit into the ring the event. The best	This free comr live music and have the chance and enjoy child	nunity event is entertainment te to discover le Iren's activities ore! Don't mis	a celebration t, delicious fo ocal business like face pair	of Latino culture od, and exciting es, non-profit and nting, crafts, moo	county Latino Festival! e in the DMV featuring giveaways. You'll also d commercial vendors, n bounces, jumbo cup ganza! Call 703-771-
one made will w	in a special pr	ize! Don't foi	rget to come dre	essed up, costumes are		nandoah Build	ding Parking	Lot, 102 Heritag	je Way NE, Leesburg,
				same day registration.	VA	0		40.00 5.0	
Children 2 and u					Free	Su	5/5	12:00pm-5:0	l0pm
Location: Dulle			•			NICUT			
	e your little or ments, and a . Call 540-882	commemora 2-5284 for m unity Cente	tive photograph hore information	12:00pm-3:00pm per. Dress your best for Participants must reg- 5:30pm-7:30pm	rink! Experience skating joy. Whe glide under the with youthful e	Join us for an ce the warmth ether you're a e stars. Bring fi energy, laughte	of Spring as seasoned ska riends and fai r, and sharec	we light up the ater or a novice, e mily to celebrate I memories. Lace	nt in our inline hockey e rink with music and veryone is welcome to the changing seasons e up your skates for a tes: \$3, Skate Walker:
302706-01	\$25/couple \$10/addl ch		4/27	5:30pm-7:30pm	Location: Dou	alass Commu	nitv Center		
302700-02	φi0/auuici	iliu Ja	4/21	5.50pm-7.50pm	Free	F	5/17	6:00pm-9:00	pm
		MA	Y		DOUGLASS FII	ELD DAY FUN &	& PUTT-PUTT	PALOOZA	
nating blood wit online at redcros Location: Doug	Make a differer h American Re ss.org. Call 70 lass Commun	DD DRIVE Ince in your ca Ind Cross. App 3-771-5913 Ity Center	ommunity and g pointment requin 3 for more inforr		(All Ages) Gath mini-golf cours rience the thril and more! Eng score, creating more informati	er your family a se for National I of moon bour age in friendly enduring men on.	and dive into a Miniature Go nces, engagin competition a nories that wi	a delightful day at If Day! Complete g games, temptir as you challenge	t our inaugural pop-up all 9 holes and expe- ng treats, lively music, each other for the top all 703-771-5913 for
Free	Th	5/2	9:00am-2:0	Upm	Location: Dou	-	-	E (4)	40.00
CLAUDE MOOR	E SPRING FES	т			304704-01	\$5/Golfer	Sa	5/11	10:00am-4:00pm

with environmental groups, discover new ways to live sustainably, explore natural areas, and participate in community science! Celebrate with us by taking part in demonstrations and enjoying music, crafts, and games. Call 571-258-3700 for more information.Location: Claude Moore Park Historic District FreeSa4/2010:00am-2:00pm				Check out the main stage for music and performances. Take part in craft stations,					
EARTH EXPLOR					Location: Clau			strict	
(All Ages) Bring outdoor skills a	the whole fan nd smarts in	nily for a wal	of Earth Day. G	as you challenge your rab an Earth Explorers	Free STAR WARS E	Sa	5/4	10:00am-3:0	00pm
	marked trail. A nformation.	Il successfu	l explorers win	find challenge stations a prize! Call 703-737-	(All Ages) May marked station	the "Fourth" b s to find your v	way through t	he Ewok forest. S	tar Wars knowledge at Start at the Visitor Cen- I save the galaxy!) Call
367732-01	Free	Sa-Su	4/20-4/21	9:00pm-5:00pm	703-737-8894				dive the gulaxy.) built
					Location: Ban			ve	
CHASE THE RA	INBOW TRAIL	RUN			367733-01	Free	Sa-Su	5/4-5/5	9:00pm-5:00pm
trail run while e receive a white	mbracing the race t-shirt to v ssed the finish Berni Hanson	beauty of na vear on race line. Call 57 Regional Pa r	ature in spring. day that will tu '1-367-8360 fo rk	e yourself to a 3K color Registered runners will rn into a colorful display r more information.	ovated outdoor	e out and unwi amphitheater nd your family	area. Bring ye ! Contact SCC	our own blanket.	ucks at our newly ren- Snacks, and games to ation 703-430-9480.
2nd ANNUAL E	12 YO M YO				303701-01	Free	Sa	5/4	5:00pm-9:00pm
Join us at PCC f Medals given to	or this family-fi all participants	S.	ın/walk down be	eautiful Philomont Road.	303701-02	Free	Sa		-9:00pm (RAIN DATE)
Location: Philo 311701-01	Free	nity Center Su	4/21	11:00am-1:00pm		ant to see you			costume that will share
FAMILY MOVIE	NIGHT							ce party with mu call 540-338-76	sic, and food. Dress for
-		a blanket or a	a lawn chair an	d enjoy a family friendly	Location: Love				
				by a parent. The movie	376712-01		registration		
starts at dusk. N	Novie TBD clos			. Contact SCC for more		Su	5/5	8:00am-10:0)0am
information 703		0							
Location: Sterli	-	-	4/00					t the Loudour (County Latino Festival!
303712-01 FAIRY FESTIVA		F	4/26	6:00pm-9:00pm	This free comn live music and	nunity event is entertainment	a celebratior t, delicious fo	of Latino culture	e in the DMV featuring giveaways. You'll also d commercial vendors,
fairy houses, a and a fairy hous	face painting a e contest! Brin	nd tattoo sta g a fairy hou	ation, moon bou use you built at l	ical trail decorated with inces, whimsical crafts, home to submit into the	and enjoy child	ren's activities pre! Don't mis	like face pair	nting, crafts, mod	on bounces, jumbo cup Iganza! Call 703-771-
one made will w	in a special pr	ize! Don't for	rget to come dre	ring the event. The best essed up, costumes are			ding Parking	Lot, 102 Herita	ge Way NE, Leesburg,
Children 2 and I				same day registration. re information.	Free	Su	5/5	12:00pm-5:0)0pm
Location: Dulle						-			
305704-01	\$15	Sa	4/27	12:00pm-3:00pm	YOUTH SKATE				
CMALL O TALL									ht in our inline hockey e rink with music and
SMALL & TALL (Δαρς 3-12) Tak		e out for a r	hight to remain	ber. Dress your best for					everyone is welcome to
				Participants must reg-					the changing seasons
ister in advance					with youthful e	nergy, laughte	r, and shared	I memories. Lace	e up your skates for a
Location: Love			r		fantastic night				ates: \$3, Skate Walker:
302706-01	\$25/couple		4/27	5:30pm-7:30pm	\$5.				
302706-02	\$10/addl ch	iild Sa	4/27	5:30pm-7:30pm	Location: Doug Free	glass Commu F	5/17	6:00pm-9:00	Dpm
		MAY	(DOUGLASS FIE	Ι Ο ΟΔΥ ΕΙΙΝ 3	R PUTT-PUTT	ΡΔΙ 007Δ	
									t our inaugural pop-up
AMERICAN RED					mini-golf cours	e for National	Miniature Go	If Day! Complete	all 9 holes and expe-
				ive the gift of life by do-					ng treats, lively music,
				red. Time slots available					each other for the top
online at redcros Location: Doug			IN THOSE MUTCH	nauun.	score, creating more information		nories that wi	i iast a litetime. (Call 703-771-5913 for
Free	Th	5/2	9:00am-2:0	0pm	Location: Doug		nity Center		
1100		J.L	5.50um 2.0	- Prill	304704-01	\$5/Golfer	Sa	5/11	10:00am-4:00pm
CLAUDE MOOR	E SPRING FES	Т					54		

with environmental groups, discover new ways to live sustainably, explore natural areas, and participate in community science! Celebrate with us by taking part in demonstrations and enjoying music, crafts, and games. Call 571-258-3700 for more information.Location: Claude Moore Park Historic District FreeSa4/2010:00am-2:00pm				Check out the main stage for music and performances. Take part in craft stations,					
FARTH FXPI 0	RERS FAMILY A	DVENTURE			Location: Clau			strict	
(All Ages) Bring outdoor skills passport from	g the whole fam and smarts in c the Visitor Cent marked trail. A	illy for a wa celebration o er, then follo	of Earth Day. Gi	as you challenge your rab an Earth Explorers find challenge stations a prize! Call 703-737-	Free STAR WARS ES (All Ages) May t	Sa CAPE TRAIL the "Fourth" b	5/4 e with you as	10:00am-3:00 s you use your Sta)pm Ir Wars knowledge at art at the Visitor Cen-
	shee Reeks Nat							n your prize (and s	save the galaxy!) Call
367732-01	Free	Sa-Su	4/20-4/21	9:00pm-5:00pm	703-737-8894			10	
					Location: Bans				0.00 pm 5.00 pm
(All Ages) Sprin trail run while receive a white once you've cru Location: Hal & 374719-01	embracing the k race t-shirt to w ossed the finish & Berni Hanson I \$25	nd it's time t beauty of na vear on race line. Call 57 Regional Pa	ature in spring. I day that will tur 1-367-8360 for k	e yourself to a 3K color Registered runners will n into a colorful display r more information. m-9:00am	ovated outdoor entertain you ar Location: Sterl	out and unwi amphitheater nd your family ing Commun i	area. Bring yo ! Contact SCC	our own blanket. S 5 for more informat	9:00pm-5:00pm cks at our newly ren- inacks, and games to tion 703-430-9480.
	ARTH DAY 5K!				303701-01	Free	Sa	5/4	5:00pm-9:00pm
			in/walk down be	autiful Philomont Road.	303701-02	Free	Sa	5/115:00pm-9	9:00pm (RAIN DATE)
	o all participants omont Commur				CINCO K 2024				
311701-01	Free	Su	4/21	11:00am-1:00pm		ant to see you	r Cinco de Ma	ayo spirit with a co	stume that will share
					your mood and	excitement. Er	njoy a post-rad	ce party with music	c, and food. Dress for
FAMILY MOVIE								call 540-338-760	3.
				d enjoy a family friendly	Location: Love				
				by a parent. The movie	376712-01		registration	9.000 ± 10.00)om
information 70		e to the date	e. Rain or snine.	. Contact SCC for more		Su	5/5	8:00am-10:00	Jam
	ling Community	v Center			LOUDOUN LATI	NO FESTIVAL			
303712-01	Free	F	4/26	6:00pm-9:00pm				t the Loudoun Co	ounty Latino Festival!
			., 20	ereepiir ereepiir					in the DMV featuring
						unity ovont io		of Eathlo outland	in the Diviv leaturing
FAIRY FESTIVA	AL!				live music and	entertainment	t, delicious fo	od, and exciting g	jiveaways. You'll also
(Ages 3-12) Er	njoy a scavenger			cal trail decorated with	live music and have the chance	entertainment e to discover le	t, delicious fo	od, and exciting g es, non-profit and	iveaways. You'll also commercial vendors,
(Ages 3-12) Er fairy houses, a	njoy a scavenger face painting a	nd tattoo sta	ation, moon bou	nces, whimsical crafts,	live music and have the chance and enjoy childr	entertainment to discover le en's activities	t, delicious fo ocal business like face pair	od, and exciting g es, non-profit and nting, crafts, moon	jiveaways. You'll also commercial vendors, bounces, jumbo cup
(Ages 3-12) Er fairy houses, a and a fairy hou	ijoy a scavenger face painting al se contest! Bring	nd tattoo sta g a fairy hou	ation, moon bou ise you built at h	nces, whimsical crafts, nome to submit into the	live music and have the chance and enjoy childr stacks, and mo	entertainment e to discover le ren's activities re! Don't mis	t, delicious fo ocal business like face pair	od, and exciting g es, non-profit and nting, crafts, moon	iveaways. You'll also commercial vendors,
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(Ages 3-12) Er fairy houses, a and a fairy hou contest & partie one made will	ijoy a scavenger face painting au se contest! Bring cipants will vote win a special pri	nd tattoo sta g a fairy hou for their fav ze! Don't for	ation, moon bou ise you built at h orite houses dur rget to come dre	nces, whimsical crafts, nome to submit into the ring the event. The best essed up, costumes are	live music and have the chance and enjoy childr stacks, and mo 5913 for more Location: Sher	entertainment e to discover le ren's activities re! Don't mis information.	t, delicious fo ocal business like face pair s out on this	od, and exciting g es, non-profit and nting, crafts, moon cultural extravaga	jiveaways. You'll also commercial vendors, bounces, jumbo cup
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(Ages 3-12) Er fairy houses, a and a fairy hou contest & parti- one made will v encouraged! M Children 2 and	ijoy a scavenger face painting au se contest! Bring cipants will vote win a special pri	nd tattoo sta g a fairy hou for their fav ze! Don't for advance. Th Call 703-77	ation, moon bou use you built at h orite houses dur rget to come dre here will be no '1-5913 for mor	nces, whimsical crafts, nome to submit into the ring the event. The best essed up, costumes are same day registration. re information.	live music and have the chance and enjoy childr stacks, and mo 5913 for more Location: Sher	entertainment e to discover le ren's activities re! Don't mis information.	t, delicious fo ocal business like face pair s out on this	od, and exciting g es, non-profit and nting, crafts, moon cultural extravaga	jiveaways. You'll also commercial vendors, bounces, jumbo cup anza! Call 703-771- Way NE, Leesburg,
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Free	Th	5/2	9:00am-2:00pm
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2:00pm-4:00pm

LoCo FOOD TRUCK FESTIVAL

Join PRCS for the 3rd annual LoCo Food Truck Festival, at Segra Field in Leesburg. This exciting event will feature live music, a variety of local food vendors, beverages for all ages, a corn hole tournament (pre-registration required), and more! The event will be held rain or shine. Find out more by visiting loudoun.gov/prcsevents. Location: Philip A. Bolen Memorial Park - Segra Field

EVENTS & TRIPS/ TEEN Free

SERVICES

Sa 5/11 11:00am-3:00pm

GARDEN PARTY

(Ages 3 & up) Experience an enchanting garden celebration, honoring those who've helped you grow. Join us in celebrating moms, grandmothers, or significant people while enjoying light refreshments. Feel free to dress in special outfits for an extra touch of celebration! Call 571-258-3600 for more information.

Location: Claude Moore Recreation & Community Center

373705-01	\$15	Sa	5/11	1:00pm-3:00pm

FRIENDS OF CMP 5K TRAIL RUN

(All Ages) This rain or shine cross-country run is a great way to enjoy the trails of Claude Moore park. This event is sponsored by the Friends of CMP to help raise money for improvements to our Discovery Grove natural play space and other projects within the park. Visit friendsofclaudemoorepark.org for information. Location: Claude Moore Park Historic Area

Sa	5/11	8:00an

PKU AWARENESS FAMILY FUN DAY

(All Ages) Join us for a joyous Family Fun Event in celebration of PKU Awareness Month! Bring your loved ones for a day of boundless laughter and support. Jump into the excitement with a moon bounce, channel your creativity at our craft stations, and transform into whimsical characters with our talented face painter. This event promises delightful moments for all ages, fostering awareness and unity. Let's bounce, create, and paint smiles together, raising awareness for Phenylketonuria in a fun-filled atmosphere! Call 703-771-5913 for more information.

Location: Douglass Community Center

Free	Sa	5/18	11:00am-2:00pm

VEGAS EXTRAVAGANZA

(Ages 18 & up) Come out and join us for an adult night out with games, DJ, dancing, raffle, and prizes. Vegas is known for its glitz, glamour, and neon lights. So, dress in your fancy, flashy outfit. A costume contest will be taking place. The most creative outfit will win a special prize. Contact SCC for more information 703-430-9480.

Location: Sterling Community Center

303714-01 \$10 5/18 6:00pm-8:00pm

DIRT DAY

(All Ages) Get ready to get dirty with a variety of soil activities in this joint offering by the Loudoun Heritage Farm Museum and Claude Moore Park. Try mud art, explore home composting, grab a handful of worms, plant a flower to take home, and just



onboard.loudoun.gov/board/3496 Questions? Call 571-367-8594

get dirty digging. BE PREPARED TO GET MESSY! Go to heritagefarmmuseum.org to register. Ages 3 and under are free.

Location: Claude Moore Park

\$7.50	
\$5 (4 or more	e)
5/18	10:00am-2:00pm
	\$5 (4 or more

JUNE

END OF THE YEAR SCHOOL BASH

(All Ages) Get ready for the ultimate school bash to wrap up the year! Join us in the gym for a frenzy of fun with moon bounces, scooters, balls, stacking cups, and blocks. Special characters will add a sprinkle of magic. Let laughter echo and memories bloom in this grand celebration of tiny triumphs and big smiles! Call 703-771-5913 for more information.

Location: Douglass Community Center

304701-01	\$5	Sa	6/1	10:00am-12:00pm



TEEN SERVICES

PRCS Admin Office 742 Miller Drive SE, Leesburg, VA 20175 703-737-8042 • loudoun.gov/teens Monday-Friday 8:30am-5:00pm

TEENS OF TOMORROW

(Ages 13-18) Teens of Tomorrow is a series of make and take-style programs for teens that center around building skills including leadership, cooperation, selfcare, and others that are useful beyond the teen years. Teens will be able to come to the program and take home with them a new skill, hobby, or creation. These programs are created with input from teens around the county. If would like more information about the program activities, please contact the Teen Services Specialist at TeenServices@loudoun.gov.

349001-01	\$10	Tu	3/5	11:00am-2:00pm
349001-02	\$10	W	3/20	6:00pm-7:00pm
349001-03	\$10	F	4/5	9:00am-12:00pm
349001-04	\$10	F	4/12	6:00pm-7:00pm
349001-05	\$10	Tu	4/23	6:00pm-7:00pm
349001-06	\$10	Tu	5/7	6:00pm-7:00pm
349001-07	\$10	Sa	5/18	11:00am-2:00pm
349001-08	\$10	W	5/29	6:00pm-7:00pm

YOUTH ADVISORY COUNCIL

Members of the Loudoun Youth Advisory Council have the opportunity to develop leadership skills, meet new people, and be a voice for Loudoun's teens. Members work with local nonprofits to plan special events, (e.g., Loudoun's Battle of the Bands and Step Up), work on community service projects, participate in leadership field trips, and promote teen-centered events. Spaces are limited in this competitive program; applications are accepted on a rolling basis. For more information and applications, please visit loudoun.gov/teens.

TEEN VOLUNTEER PROGRAM

The Teen Volunteer Program provides an opportunity to complete your community service hours in a dynamic setting. Volunteer opportunities vary and may include service hours in children's programs, parks and community centers. Current volunteer opportunities are for high school teens. Visit loudoun.gov/teens to submit the PRCS volunteer application.



- - - Find your activity number, type the six-digit number in the Search/Activity Number box, or search by activity type and click "Search" at the bottom of the screen
 - 5 to register for
 - Click on "Add to Cart" again at the bottom left of your screen
 - Select participating family member(s) and then click "Continue"
 - Answer any applicable program-specific questions and agree to the "Notice to Participants" then click continue





Go to loudoun.gov/PRCSConnect

- Log in with your username and password or create an account
- On the upper left click "Search" and select "Activity Search"
- Click on the "Add to Cart" squares for each session you wish

- Click on "Proceed to Checkout"
- Click "Continue" to initiate the payment authorization process and generate a confirmation receipt

If you need help using PRCS Connect email prcs@loudoun.gov or call 703-777-0343 loudoun.gov/PRCSConnect





Franklin Park

Purchase Tickets Online: franklinparkartscenter.org





SUPERSTAR: THE CARPENTERS REIMAGINED

This show is an original docu-musical created with Richard Carpenter's blessing! This full stage show features the vocal talents of Helen Welch. A native of England, Helen is a critically acclaimed vocalist and entertainer. In Superstar, Ms. Welch does not offer imitations or impersonations of the originals. She has taken their music and reproduced them in a style all her own, or as she likes to call, "reimagined". Revisit the 70's and your own memories of the classic Carpenters song library! Tickets \$25-\$40

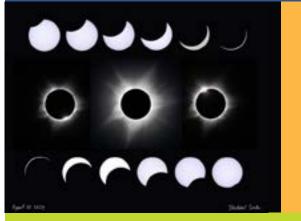
4/13 7:30pm Sa

BOB ROSS PAINTING WORKSHOP

(Ages 16 & up) You have seen Bob Ross create his paintings on PBS and YouTube, now it's time to paint your own masterpiece along with a certified Bob Ross instructor. Complete an original painting through guided instruction. Bring an empty pizza box to take your completed painting home and wear clothes that can get paint on them. Each workshop is limited to 10 people. All materials included in fee. Certified Instructor: Sandra Hill 363755-01 \$85

4/12 4:00pm-7:00pm





SOLAR ECLIPSE FOR ALL EVENT

This event makes the solar eclipse accessible to all abilities with hands on activities inside and outside. Step onto our solar improv stage in the lobby and act out your own eclipse. Visit the planetarium for a short presentation of the science behind the eclipse. Make your own artwork and record your experience. Outside we'll have viewing glasses, special adaptive viewing frames, sun prints and chalk art. An out-of-this-world event for everyone! FREE

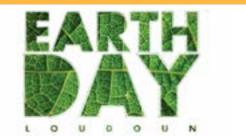
4/8 2:30pm-5:30pm

М

CELEBRATE EARTH DAY

(All ages) In honor of Earth Day, visit Franklin Park Arts Center between 11:00am and 2:00pm and make your own sun print. FREE

Μ 4/22 3:30pm



Arts Center 540-338-7973



Puppet Shows/Camps TANGLEWOOD MARIONETTES: SLEEPING BEAUTY

(Ages 2 & up) A charming tale which with a storybook set and beautiful marionettes. \$5

W 3/27 10:00am

PUPPET SHOW AND MARIONETTE **MANIPULATION WORKSHOP CAMP**

(Ages 8 & up) NEW! After watching Tanglewood Marionettes perform Sleeping Beauty, campers will have a snack break (bring your own snack) at the arts center and then take part in this unique marionette manipulation workshop. \$25

W 3/27 10:00am-12:30pm

GOODLIFE THEATER: RECYCLING PIRATES

Celebrate Earth month with a rollicking musical about puppet characters created from trash. Led by Captain Jack Sparetire, they sail the urban seas looking for things to recycle, reuse, reduce and repair. This show was created under a Commission from the Wolf Trap Foundation and the Henson Foundation.

\$5

W

W 4/10 10:00am

COLUMBIA MARIONETTES: SPACE STATION HARMONY

Space Station: Harmony is a remote outpost located at an intergalactic crossroads. See how they all manage to live, play, and get along in a relatively small space, surrounded by a vast universe. \$5

5/8 10:00am

Register at loudoun.gov/PRCSconnect





Theater

ARTS FOR ALL LOUDOUN: THE WIZARD OF OZ, YOUTH EDITION

(All ages) Arts For All Loudoun provides exceptional opportunities in Loudoun County, for artists and performers with disabilities to participate in a creative, inclusive community.

Celebrating their 35th anniversary with the musical that bloomed into 35 year of success for individuals with disabilities. Young Dorothy Gale and her dog Toto are swept away by a tornado from their Kansas farm to the magical Land of Oz, and embark on a quest with three new friends to see the Wizard, who can return her to her home and also fulfill the wishes of her friends.

Arts For All Loudoun is offering a special sensory-friendly night on March 14 for families with children who may have sensitivity to lights, sound, noises, and crowded areas. There will be a shortened intermission and no concessions offered.

Tickets online - \$15-20, at the door-\$20-25 F 3/8 7:00pm Sa 3/9 7:00pm Su 3/10 3:00pm

7:00pm

7:00pm

3:00pm

Th

F

Sa

Su

3/14

3/15

3/16

3/17

Planetarium

6:00pm (sensory-friendly performance)

PLANETARIUM PROGRAM AND FILM DAY

(Ages 4 & up) Double feature day! Step into out Digitalis Planetarium set up on our stage and be part of an interactive planetarium show on the planets, stars and the Spring Equinox. The second hour will be a 360-degree immersive film, The Cowboy Astronomer, a skillfully woven tapestry of star tales and Native American legends. Explore the stars from a cowboy's point of view! Narrated by cowboy poet and humorist Baxter Black. All children under the age of 8 years must be accompanied by an adult.

Th	3/28	Planetarium only \$10 Planetarium & Film \$16	Film only \$10
Planeta	rium	10:00am, 2:00pm, 6:00pm	ı
Film		11:00am, 3:00pm, 7:00pm	ı





Franklin Park Arts Center Gallery

Gallery Hours: Monday-Friday 9:00am-5:00pm In addition: 60-minutes prior to performance in the Arts Center.

Exhibition On Screen Art Films

Vermeer – The Greatest Exhibition

Exhibition on Screen film invites audiences to a private view of the exhibition, accompanied by the director of the Rijksmuseum and the curators of the show. A truly once-in-a-lifetime opportunity. As well as bringing Vermeer's works together, both the Rijksmuseum and the Mauritshuis in the Hague have conducted research into Vermeer's artistry, his artistic choices and motivations for his compositions, as well as the creative process behind his paintings. \$8 Th 3/21 4:00pm

Matisse from MoMA and Tate Modern

The Museum of Modern Art (MoMA) & Tate Modern's recordbreaking show 'The Cut-Outs' explores the final chapter of Matisse's career when he began 'carving into color,' creating his signature cutouts. Audiences are invited to enjoy an intimate, behind-the-scenes documentary about this blockbuster exhibition with contributions from curators, historians and those who knew Matisse personally.

Beautifully filmed footage of the exhibition is interwoven with Matisse's biography and sequences featuring special guests including Tate director Nicholas Serota; MoMA director Glenn Lowry; jazz musician Courtney Pine and Royal Ballet principal dancer Zenaida Yanowsky. Acclaimed British actor Simon Russell Beale brings insight and emotion to the words of Henri Matisse, while actor Rupert Young narrates.

Th 4/11 5:30pm \$8





Gallery Exhibits

Along The Yellow Brick Road Davinci Art Exhibit

The Davinci Art Studio of Arts For All Loudoun will bring the gallery to life with their colorful artwork completed by adult artists with disabilities, themed around the spring musical, The Wizard of OZ, Youth Edition. Exhibit 3/7-3/17

Metro Washington Chapter of the **Colored Pencil Society of America Exhibit** Exhibit 3/21-4/7

Paper

This exhibit is for all artworks on paper or incorporating paper into their artwork. Exhibit 4/11-5/5

AFTER-SCHOOL PROGRAMS

Early Registration Week 1*

• Returning CASA, CASA Academy, and YAS families with their siblings, and all PRCS CARES families (PRCS CARES Program provides discounted fees for eligible participants).

Tuesday, April 30 at 8:30am to Friday, May 3 at 5:00pm Early Registration Week 2*

 Families from week one. Rising kindergarteners in PRCS Preschool and Child Care.

Tuesday, May 7 at 8:30am to Friday, May 10 at 5:00pm **Open Registration***

- All Families
- Tuesday, May 14 at 8:30am

First month's payment due in full to register.

CASA
County After-School Activities
Algonkian
Arcola
Ashburn
Ball's Bluff
Belmont Station
Buffalo Trail
Cardinal Ridge
Catoctin
Cedar Lane
Cool Spring
Countryside
Creighton's Corner
Kenneth W. Culbert
Discovery
Dominion Trail
Evergreen Mill
 Forest Grove
Frederick Douglass
Goshen Post
Hillside
Horizon

- Horizon Hovatter **Hutchison Farm** Leesburg
- Legacy Liberty Little River

850201 + Loudoun Valley CC 850202 Lovettsville 850203 Lowes Island 850204 Madison's Trust 850205 Meadowland 850206 Mill Run 850207 **Moorefield Station** 850208 Mountain View 850209 Newton-Lee 850210 Pinebrook 850211 Potowmack 850212 Frances Hazel Reid 850213 **Rosa Lee Carter** 850214 Round Hill 850215 Sanders Corner 850216 Seldens Landing 850217 Steuart W. Weller 850218 Sycolin Creek 850219 Elaine E. Thompson 850220 John W. Tolbert Jr. 850221 Waterford 850222 Waxpool 850223 Serving the following elementary schools: 850224 Hamilton 850225 + Guilford & Sully 850226 + Henrietta Lacks 850227 Emerick & Lincoln

All Transportation Requests From LCPS Must Be Made Through ParentVue By Parent/Guardian



loudoun.gov/PRCSconnect 703-737-8042, TTY: 711 | CASA@loudoun.gov

5385 Monthly **\$50** Cancelation Fee

CASA is a fun after-school program for elementary school students (K-5) that provides a safe, activity-based environment for children. From school dismissal until 6:00pm. CASA activities focus on recreation, and developing social and physical skills. Sign up by your child(ren)'s school location.

CASA

 Bluemont CC 	806248
Claude Moore RCC	873250
 Dulles South RCC 	805249

Lucketts CC Philomont CC

5249 809248 811248

- Serving the following elementary schools:
- Round Hill
- Guilford, Sterling, and Sugarland
- Liberty
- Lucketts
- Banneker

For more information visit loudoun.gov/CASA



AFTER-SCHOOL PROGRAMS

2024-25 School Year

Early Registration

YAS

 Returning YAS families and their siblings. Rising sixth graders in CASA and CASA Academy. Tuesday, April 30 at 8:30am to Friday, May 3 at 5:00pm

Tuesday, May 7 at 8:30am to Friday, May 10 at 5:00pm **Open Registration**

 All Families Tuesday, May 14 at 8:30am



Belmont Ridge	812301
*Blue Ridge	812302
Eagle Ridge	812303
Farmwell Station	812304
**Harper Park	812305
***Mercer	812306
River Bend	812307
Seneca Ridge	812308
****Stone Hill	812311
Trailside	812312

Also serving the following middle schools *Harmony **Simpson ****Lunsford & Willard ****Brambleton

\$50 Monthly

From school dismissal until 6:15pm, YAS offers middle school students a wide variety of recreational activities! With guidance and supervision by professional staff members, students will find a safe community with friends. YAS focuses on recreation, team building, and weekly activities designed to help prepare students for high school, higher education, and beyond.

All Transportation Requests From LCPS Must Be Made Through ParentVue By Parent/Guardian

For more information visit loudoun.gov/YAS



loudoun.gov/PRCSConnect 703-737-8042, TTY: 711 | YAS@loudoun.gov



PRESCHOOL PROGRAMS September 3, 2024 - May 30, 2025

SERVICES

Variety of Half-Day **Classes Offered:** Monday-Friday Monday, Wednesday, Friday Tuesday, Thursday

Fall-Spring Enrollment = 36 weeks

Serving Ages 2.5-5 Years

CHILD CARE **SERVICES** LOCATIONS Child Care Hours Bluemont Community Center of Operation: Dulles South Recreation & Monday-Friday **Community Center** 7:00am-6:00pm Loudoun Valley Community Center **Year Round** Lovettsville Community Center Enrollment = 52 weeks Lucketts Community Center **Serving Ages 3-5 Years**



More information at loudoun.gov/PRCS or email ece.programs@loudoun.gov

LOCATIONS

- Bluemont Community Center
- Claude Moore Recreation & Community Center
- Douglass Community Center
- Dulles South Recreation & Community Center
- Loudoun Valley Community Center
- Lovettsville Community Center
- Lucketts Community Center
- Philomont Community Center



GENERAL INFORMATION what you need to know about...

WHERE TO FIND YOUR ACTIVITY GUIDE

Activity Guides are available at PRCS centers, park visitor centers, and the Administrative Office located in Leesburg. Copies are also available at Loudoun County libraries and the County Government Center. The current issue is always available online at loudoun.gov/activityguide.

RECEIVE INFORMATION

Visit loudoun.gov/prcs to sign up to receive text and email messages about PRCS events, program registration dates, and other news. For announcements regarding information about County Government updates sign up for Alert Loudoun at loudoun.gov. For questions related to any PRCS program, event, or reservation, please email prcs@loudoun.gov or call 703-777-0343.

REGISTRATION - NEW TIME

Online and in-person registration for all activities begins at 6:30am on Thursday, 2/8/24 for county residents and begins at 6:30am on Thursday 2/15/24 for out-of-county residents. Walk-in registrations are available during business hours by location. Please note, assistance with registrations over the phone is limited during peak registration times.

Online and in-person Senior Day and Overnight Trips registration begins at 9:00am on Wednesday 2/7/24 for County residents and senior center members (County or out-of-county). Senior Trips registration begins at 9:00am on Thursday 2/15/24 for out-of-county residents (who are not members). There is an additional 50% membership fee for out of county residents who sign up for a senior center membership.

PRCS CONNECT ONLINE REGISTRATION

PRCS Connect is our online registration system for enrolling in PRCS activities, using a household identification number and password. A new household account can be requested online at loudoun.gov/PRCSconnect under "Create a new Account." The first person listed in each household should be an adult. Each household account can host multiple members and will be utilized to register and pay for activities using VISA, Discover, or MasterCard. For forgotten account IDs or passwords select "Login" for assistance. If additional assistance is required, please contact a local PRCS center, park or the Administrative Office before the first day of registration!

REGISTRATION FOR LICENSED PROGRAMS

Additional forms are required for licensed programs. Please refer to loudoun gov/prcslp for specific registration guidelines for Licensed Preschool, CASA, CASA Academy, YAS, Daze and Fest summer camps, Adaptive Recreation camp and licensed camps. Please visit loudoun.gov/PRCSCares to learn how you can apply to receive financial assistance.

PAYMENTS

Registration fees are due at the time of registration, unless otherwise noted. Online registrations must be paid by credit card. In-person payments can be made by cash and credit card, or check and money order, made payable to "County of Loudoun." Payments by check or money order can also be mailed to the PRCS Administrative Office but do not send cash or credit card information by mail. The cost of supplies and materials is included in the class or activity fee unless otherwise indicated. If a separate supply or material fee is listed for an

activity, it must be paid directly to the instructor on the first day of class; do not include supply fees in registration payment.

ANNUAL CHILDCARE STATEMENT

Childcare statements can be run and printed using PRCS Connect at loudoun. gov/PRCSconnect, under "My Account > Reports > Childcare Statement." The report will be sent to the email address associated with your PRCS Connect account, and a statement can be printed for any calendar year but, the desired tax year must be selected.

PROGRAM REFUNDS & CANCELLATIONS

If you need to cancel a class/program registration, and you can make the request 15 or more days before the start date, a full refund will be offered. If you cancel a class/program registration 14 or fewer days before the start date, a 50% refund will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email, fax, or mail directly to the facility or program manager offering the class/program.

If you are dissatisfied with the quality of a class/program in which you are currently enrolled, you may request a refund according to the refund policy or policy provided by the specific program. Our goal is to ensure quality programs.

For Senior Trips: there are no refunds, although a refund minus a 25% administrative fee may be issued if the spot is resold. If a participant needs to forward a spot for medical reasons, please call 571-258-3050 or 571-258-3051 atleast one week prior to the trip.

For Community and Recreation Center Trips: Refunds can be requested 15 or more days before the start date, a 50% refund will be offered, and 14 or less no refunds will be offered.

The Department reserves the right to cancel, postpone or change a class or activity due to insufficient enrollment, inclement weather, public holidays or emergencies or other reasonable causes. A full refund (including any applicable fees) will be offered if PRCS cancels.

NOTICE TO PARTICIPANTS

All activities of a physical nature involve some risk. By registering for a county-sponsored class requiring physical activity, you, as the participant or parent of a participant under the age of 18, assume the risk involved in participating in these activities. The Loudoun County Department of Parks, Recreation and Community Services is dedicated to providing safe facilities and equipment for all participants, as well as qualified instructional staff to enhance your experience.

Unless specifically declined, by registering for or participating in a PRCS-sponsored activity, participants give permission for the Loudoun County Department of Parks, Recreation and Community Services to use photographs and videos of themselves or their children for publicity in publications and other media, including social media, without limitation to increase community awareness of PRCS programs and services.

TRANSPORTATION & TRIPS

There will be no smoking or alcoholic beverages allowed on any vehicles used for Department trips including motor buses. For questions regarding the Senior Trips program please email seniortrips@loudoun.gov.

Rental space is available at most centers and parks including rooms, pavilions, and gyms for private parties, meetings, and other activities. Contact the preferred center or staffed park directly for available dates, times, and cost. Rental rates can be found in the current Fee Schedule at loudoun.gov/prcs. For information about unstaffed facilities, please call 703-777-0343.

VOLUNTEERS

For information on volunteer opportunities, including PRCS advisory boards and councils, Aging Services, and the teen volunteer program call 703-777-0343. Those interested in working with Loudoun residents with disabilities, including Special Olympics and Arts for All Loudoun, should call 703-771-5013 or 703-771-5010.

Questions? Give us a call!

ADMINISTRATIVE OFFICE

Main Number	.703-777-0343
TDD/for deaf or hearing impaired	ТТҮ711
PROGRAMS & SERVICES	
Adaptive Recreation	703-737-8042
After-School Programs	
CASA Grades K-5	. 703-737-8042
YAS Grades 6-8	.703-777-0343
Area Agency on Aging/Senior Services/Adult Da	y Centers
	703-777-0257
Children's Programs and Camps	. 703-737-8042
Facilities Planning & Development	. 703-737-8992
Licensed Childcare/Preschool	. 703-737-8006
Sports, Youth & Adult	703-777-0343
Sports Postponements/Cancelations	.703-777-0456
Youth Services	. 703-777-0343
CENTERS	
Ashburn Senior Center	. 571-367-8340

Ashburn Senior Center	571-367-8340
Bluemont Community Center	540-554-8643
Carver Center	571-258-3400
Claude Moore Recreation & Community Center.	571-258-3600
Douglass Community Center	703-771-5913

GENERAL INFORMATION

PROGRAM ACCESSIBILITY - ADA

The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA).

If you require a reasonable accommodation for any type of disability or need language assistance to participate, please contact adaptrec@loudoun.gov, 703-777-0343, TTY-711. At least three business days of advance notice is requested; some accommodations may require more than three days notice.

Si usted requiere asistencia para cualquier tipo de discapacidad o asistencia en su idioma para participar, comuníquese con adaptrec@loudoun.gov, 703-777-0343, TTY-711. Haga su solicitud con tres días hábiles de anticipación; algunas solicitudes pueden requerir más de tres días.

CLOSINGS/POSTPONEMENTS

In case of inclement weather, public holidays or emergencies, the Department will determine program cancellations or postponements. For more details, visit loudoun.gov/prcs, consult your parent handbook, or call the program location or PRCS Administration at 703-777-0343. For athletic field conditions, visit loudoun.gov/fieldstatus. For up-to-date announcements regarding County Government closings and cancellations, sign up for Alert Loudoun at loudoun.gov.

Dulles South Recreation & Community Center	571-258-3456
Dulles South Senior Center	571-258-3883
Eastern Loudoun Adult Day Center	571-258-3232
Franklin Park Performing & Visual Arts Center	540-338-7973
Leesburg Adult Day Center	703-771-5334
Loudoun Valley Community Center	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Mac Brownell Adult Day Center	571-258-3402
Old Waterford School	540-882-3018
Philomont Community Center	540-338-5882
Senior Center at Cascades	571-258-3280
Sterling Community Center	703-430-9480
The Senior Center of Leesburg	703-737-8039
REGIONAL & STAFFED PARK SITES	
Banshee Reeks Nature Preserve	703-737-8894
Claude Moore Park	



PRCS Administration 742 Miller Drive SE Leesburg, VA 20175 703-777-0343

Ashburn Park 43645 Partlow Road Ashburn, VA 20147 703-777-0343

Banshee Reeks Nature Preserve 21085 The Woods Road Leesburg, VA 20176 703-737-8894

Bazil Newman Riverfront Park 44105 Heron Way Leesburg, VA 20176 703-777-0343

Beth Miller Park 20270 Leier Place Ashburn, VA 20147 703-777-0343

Bles Park 44830 Bles Park Drive Ashburn, VA 20147 703-777-0343

Bluemont Community Center 33846 Snickersville Turnpike Bluemont, VA 20135 540-554-8643

Brambleton Community Park 22388/22389 Belmont Ridge Road Ashburn, VA 20148 703-777-0343

Byrne's Ridge Park 24915 Mineral Springs Circle Aldie, VA 20105 703-777-0343

Carver Center 200 Willie Palmer Way Purcellville, VA 20132 571-258-3400

Chick Ford and Ryan Bickel Fields 43950 Grace Bridge Drive Ashburn, VA 20147 703-777-0343

Mac Brownell Adult Day Center 200 Willie Palmer Way Purcellville, VA 20132 571-258-3402

Page 84

Chick Ford & Ryan Bickel Fields 43950 Grace Bridge Drive Ashburn, VA 20147 703-777-0343

Claude Moore Park 21544 Old Vestals Gap Road Sterling, VA 20164 571-258-3700

Claude Moore Recreation & Community Center 46105 Loudoun Park Lane Sterling, VA 20164 571-258-3600 Lanesville Heritage Area

Conklin Community Park 25701 Donegal Drive Chantilly, VA 20152 703-777-0343

Corner Hall Park (Kirkpatrick West) 41381 Gardenia Dr. Aldie, VA 20105

Countryside Park 20756 Countryside Boulevard Sterling, VA 20164 703-777-0343

Dawson Corner Neighborhood Park 42349 Madturkey Run Place Chantilly, VA 20152 703-777-0343

Douglass Community Center 407 E. Market Street Leesburg, VA 20175 703-771-5913

Dulles South Recreation & Community Center 24950 Riding Center Drive South Riding, VA 20152 571-258-3456

Dulles South Senior Center 24950 Riding Center Drive South Riding, VA 20152 571-258-3883

East Gate Park 43664 Tall Cedars Parkway Chantilly VA, 20152 703-777-0343

Eastern Loudoun Adult Day Center 45140 Bles Park Drive Ashburn, VA 20147 571-258-3232

Edgar Tillett Memorial Park 21561 Belmont Ridge Road Ashburn, VA 20147 703-777-0343

E.E. Lake General Store 18351 Railroad Street Bluemont, VA 20135 703-777-0343

Evergreen Mills Equestrian & Hiking Trail 21332 The Woods Road Leesburg, VA 20176

Evermoore Neighborhood Park 22395 Foundation Drive Ashburn, VA 20147

Franklin Park 17501 Franklin Park Drive Purcellville, VA 20132 540-338-7603

Franklin Park Performing & Visual Arts Center 36441 Blueridge View Lane Purcellville, VA 20132 540-338-7973

Goshen Corner Park 41430 Braddock Road Aldie, VA 20105 703-777-0343

Greg Crittenden Memorial Park 21401 Windmill Drive Ashburn, VA 20147 703-777-0343

Gwen Thompson Briar Patch Park 21660 Sterling Boulevard Sterling, VA 20164 703-777-0343

Hal & Berni Hanson Regional Park 22831 Hanson Park Drive Aldie. VA 20105 571-367-8360

Hampshire Park 21315 Smith Switch Road Ashburn, VA 20147 703-777-0343

General Registration Begins February 8



Keep Loudoun Beautiful Park 43055 Golf Club Road Leesburg, VA 20176 703-777-0343

Riverpoint Drive Trailhead 43942 Riverpoint Drive Leesburg, VA 20176 703-777-0343

Leesburg Adult Day Center 16501 Meadowview Court Leesburg, VA 20175 703-771-5334

Leesburg Annex Ballfield 102 North Street, N.W., Leesburg, VA 20175 703-777-0343

Loudoun Valley Community Center 320 W. School Street Purcellville, VA 20132 540-338-4122

Lovettsville Community Center 57 E. Broad Way Lovettsville, VA 20180 540-822-5284

Lovettsville Community Park 39550 Lovettsville Park Drive Lovettsville, VA 20180 703-777-0343

Lucketts Community Center 42361 Lucketts Road Leesburg, VA 20176 703-771-5281

Lucketts Community Park 14560 James Monroe HighWay Leesburg, VA 20176 703-777-0343

Lvndora Park 43624 Lucketts Bridge Circle Ashburn, VA 20148 703-777-0343

Meadow Glen Park 41574 Coneio Wav Aldie, VA 20105 703-777-0343

Mickie Gordon Memorial Park 23229 Carter's Farm Lane Middleburg, VA 20118 703-777-0343

Moorefield Station Community Park 43240 Clarendon Square, Ashburn, VA 20148

Nations Neighborhood Park 42691 Nations Street Chantilly, VA 20152 703-777-0343

Nell Boone Park 11756 Harper's Ferry Road Purcellville, VA 20132 (Neersville) 703-777-0343

Philip A. Bolen Memorial Park 42405 Claudia Drive Leesburg, VA 20175 571-258-3487

Philomont Community Center 36592 Philomont Road Philomont, VA 20131 540-338-5882

Potomac Green Neighborhood Park 20750 Marblehead Drive Ashburn, VA 20147 703-777-0343

Potomack Lakes Sportsplex 20280 Cascades Parkway Sterling, VA 20164 703-777-0343

Ray Muth Sr. Memorial Park 20971 Marblehead Drive Ashburn, VA 20147 703-777-0343

Round Hill Indoor Aquatic Center 17010 Evening Star Drive Round Hill, VA 20141 571-258-3562

Scott Jenkins Memorial Park 39480 East Colonial Highway Hamilton, VA 20158 703-777-0343

Senior Center at Cascades 21060 Whitfield Place Sterling, VA 20165 571-258-3280

Settle-Dean Cabin (no interior access) 25625 Loudoun County Parkway Chantilly, VA 20152 703-777-0343

Register at loudoun.gov/PRCSconnect

Shale Ridge Neighborhood Park 21335 Shale Ridge Court Ashburn, VA 20147 703-777-0343

(Arcola) Slave Quarters (no interior access)

24837 Evergreen Mills Road Sterling, VA 20166 703-777-0343

Sterling Community Center

120 Enterprise Street Sterling, VA 20164 703-430-9480

Sugarland Run Stream Valley Park

20750 Meadowland Lane Sterling, VA 20165 703-777-0343

The Senior Center of Leesburg 102 North Street, N.W. Leesburg, VA 20175 703-737-8039

Toby Atwell Field 240 Old Waterford Road NW. Leesburg, VA 20175 703-777-0343

Trailhead Park at Belmont Ridge

42555 Sungrove Terrace Ashburn, VA 20148 703-777-0343

Trailside Park 20375 Claiborne Parkway

Ashburn, VA 20147 703-777-0343

Vestals Gap Overlook Park

45335 Century Blvd. Sterling, VA. 20166 703-777-0343

Woodgrove Park

17020 Evening Star Drive Round Hill, VA 20141 703-777-0343



NOW HIRING!

Open Positions

- Camp Supervisors
- Camp Leaders
- Camp Leaders for Adaptive Recreation
- Camp Instructors for Parks
- Summer and Seasonal Assistant Manager for Parks and Outdoor Pools

- Seasonal Maintenance Workers
- Recreation Aide for Outdoor Pools
- Lifeguards

 (Training Provided)
- Swim Instructor (Training Provided)
- Personal Trainers
- Group Fitness Instructors

Facility Attendant

Apply Today At loudoun.gov/PRCSJobs Contact: 703-777-0343 PRCSRecruiting@loudoun.gov



Join our mission to connect all communities through exceptional people, parks and programs.