

# Are you 18-25 years old, living in Virginia?

## Take the Virginia Young Adult Survey!



**Text *Virginia* to  
888-688-5128 for  
the survey link!**

We want to hear about your experiences and opinions on substance use and mental health in your community. This data will help us develop health and wellness programming that better meets your needs.

Participate and contribute to your community's health.  
An incentive may be available.

**For more information:**



**young  
adult  
survey**

**OMNI**  
**DBHDS**  
Virginia Department of Behavioral Health  
and Developmental Services