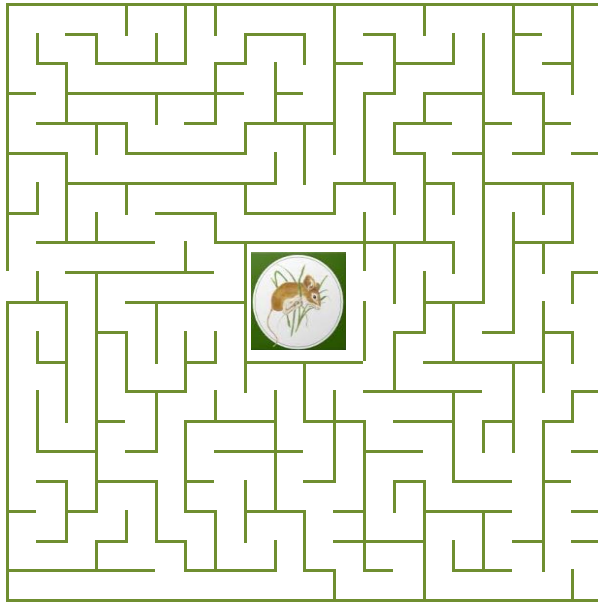




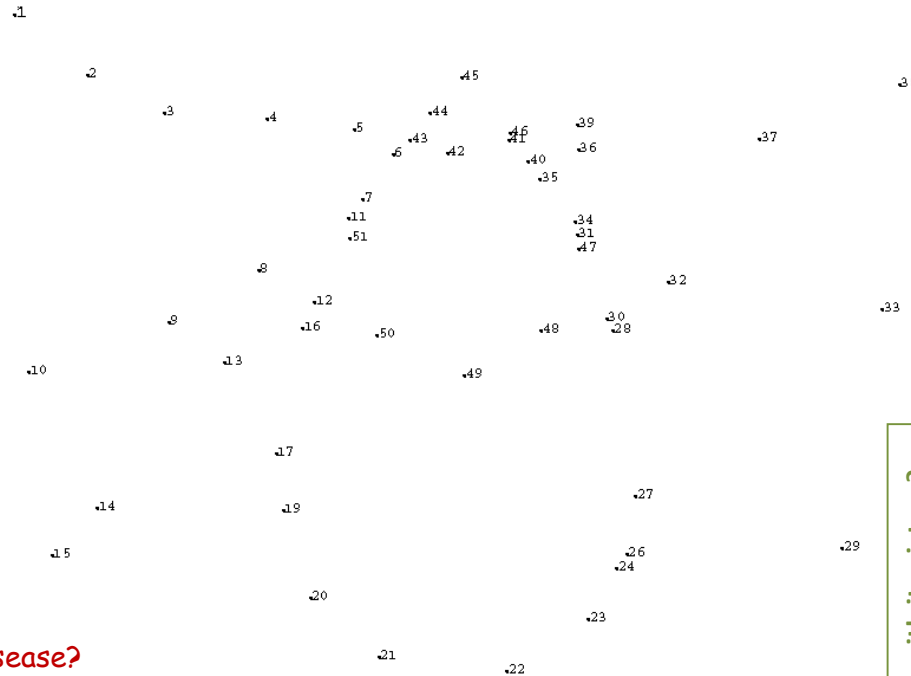
# How Do You Target Lyme Disease?



Mice carry ticks onto your property.  
Can you help get the mouse out of your yard?

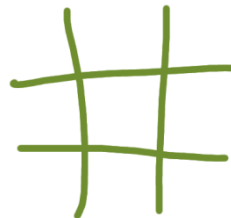


Connect the dots to see what you need to keep off  
you, your pets and your property



Can you find these words associated with Lyme Disease?

D X D Y B B A G T T T	BARRIFR
U E C I E Y M Q E N W	BLACKLEGGED
R P G M S R M Y E E E	BULLSEYE
L E Y G Y E E O D L E	CHECK
R L E H E S A C M L Z	DEER
T A C D L L H S D E E	DEET
I M S L K E K E E P R	DISEASE
C V U H C Y K C E E B	LYME
K B W K J U L I A R S	MICE
H P M Y N M I C E L F	NYMPH
B A R R I E R P U G B	RASH
REPELLENT	TICK
TWEEZER	



**Tic - Tac-Toe**  
*TICK - MUST - GO*



Can you match the tick stage with its picture?

Adult Male Adult Female Larva Nymph



blacklegged  
ticks are shown  
twice their  
actual size

Find the answer at [www.cdc.gov/lyme/transmission](http://www.cdc.gov/lyme/transmission)

### Did You Know

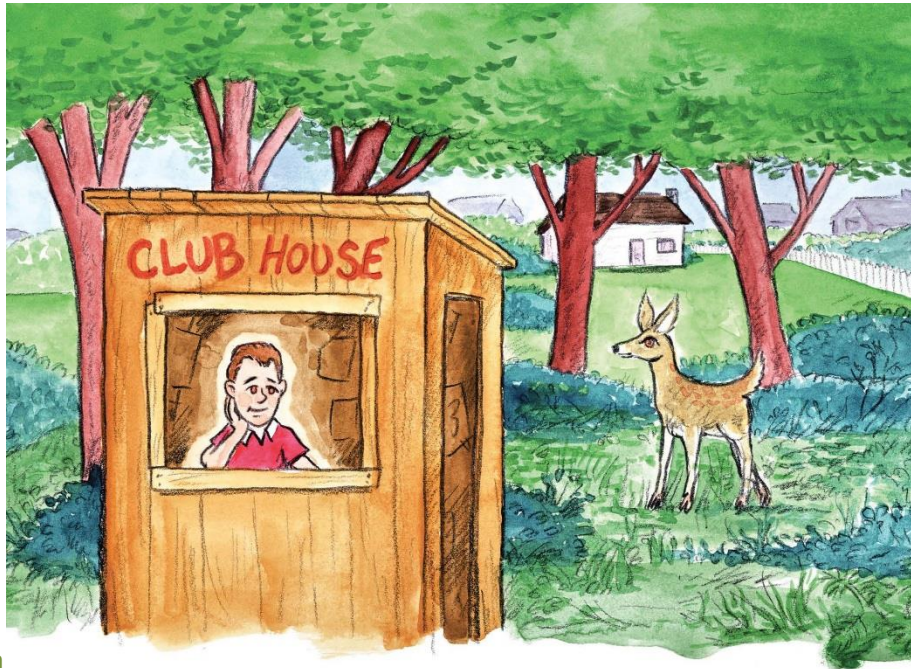
A bulls eye rash and flu-like symptoms are often the first signs of Lyme disease?



### Did You Know

You can find out a lot more about Lyme disease at [www.loudoun.gov/Lyme](http://www.loudoun.gov/Lyme), [www.loudoun.gov/lymecommission](http://www.loudoun.gov/lymecommission) and our Loudoun Targets Lyme Facebook page?

### Circle the Places Where Ticks Like to Hide



### Did You Know

Avoiding areas where ticks live, wearing insect repellent, doing daily tick checks and keeping ticks off your property are the most important steps you can take to stay safe from Lyme disease?



### Did You Know

Having a grown up grasp as close to the skin's surface as possible and pull upward with tipped tweezers is the best way to remove a tick?



### Did You Know

Wearing long sleeves and pants, and tucking your pants legs into your socks, helps keeps ticks off your skin?



Pictures adapted with permission from Fairfax County Health Dept.